

SUPPORT A SURVIVOR OF TORTURE

England & Wales · Charity number 1160787

Details

Other names SAST

Status Registered

Legal form CIO

Company number [CE003653](#)

Registered 2015-03-09

Register [View on the Charity Commission register](#)

Contact

Address Suite 94
95 Wilton Road
London
SW1V 1BZ

Phone 07946488089

Email torturesurvivors@yahoo.co.uk

Website <https://survivoroftorture.org.uk>

Activities

Objects: 1) TO PROMOTE HUMAN RIGHTS (AS SET OUT IN THE UNIVERSAL DECLARATION OF HUMAN RIGHTS AND SUBSEQUENT UNITED NATIONS CONVENTIONS AND DECLARATIONS) AMONG TORTURE SURVIVORS THROUGHOUT THE WORLD BY ALL OR ANY OF THE FOLLOWING MEANS:•MONITORING ABUSES OF HUMAN RIGHTS;•OBTAINING REDRESS FOR THE VICTIMS OF HUMAN RIGHTS ABUSE;•RELIEVING NEED AMONG THE VICTIMS OF HUMAN RIGHTS ABUSE;•RESEARCH INTO HUMAN RIGHTS ISSUES;•EDUCATING THE PUBLIC ABOUT HUMAN RIGHTS;•PROVIDING TECHNICAL ADVICE TO GOVERNMENT AND OTHERS ON HUMAN RIGHTS MATTERS;•CONTRIBUTING TO THE SOUND ADMINISTRATION OF HUMAN RIGHTS LAW;•COMMENTING ON PROPOSED HUMAN RIGHTS LEGISLATION;•RAISING AWARENESS OF HUMAN RIGHTS ISSUES;•PROMOTING PUBLIC SUPPORT FOR HUMAN RIGHTS;•PROMOTING RESPECT FOR HUMAN RIGHTS AMONG INDIVIDUALS AND CORPORATIONS;•INTERNATIONAL ADVOCACY OF HUMAN RIGHTS;•ELIMINATING INFRINGEMENTS OF HUMAN RIGHTS.IN FURTHERANCE OF THAT OBJECT BUT NOT OTHERWISE, THE TRUSTEES SHALL HAVE POWER:TO ENGAGE IN POLITICAL ACTIVITY PROVIDED THAT THE TRUSTEES ARE SATISFIED THAT THE PROPOSED ACTIVITIES WILL FURTHER THE PURPOSES OF THE CHARITY TO AN EXTENT JUSTIFIED BY THE RESOURCES COMMITTED AND THE ACTIVITY IS NOT THE DOMINANT MEANS BY WHICH THE CHARITY CARRIES OUT ITS OBJECTS.2) THE RELIEF OF TORTURE SURVIVORS WHO ARE IN CONDITIONS OF NEED DUE TO FINANCIAL HARDSHIP, PHYSICAL AND/OR MENTAL HEALTH PROBLEMS OR OTHER DISADVANTAGE BY THE PROVISION OF PRACTICAL SUPPORT AND FINANCIAL ASSISTANCE.FOR THE PURPOSE OF THIS CLAUSE, A "TORTURE SURVIVOR" IS DEFINED AS SOMEONE WHO HAS MADE A CLAIM OF TORTURE ARISING FROM THEIR POLITICAL ACTIVITIES OR VIEWS, ETHNIC, NATIONAL OR RELIGIOUS PROFILE OR SEXUAL ORIENTATION.

Activities: We have been offering group support to survivors of torture - offering group counselling in their mother tongue, english classes and therapeutic art classes, as well as trying to enroll them in existing services.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** General Charitable Purposes, Education/training, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Other Defined Groups

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-02-25	£209,537	£244,828	-	-
2024-02-25	£195,210	£304,417	-	-
2023-02-25	£223,043	£165,316	-	-
2022-02-25	£211,805	£175,195	-	-
2021-02-25	£272,409	£224,750	-	-

Trustees

Name	Role	Appointed
Madeleine Crowther	Chair	2021-08-02
FREDERIC CARVER		2014-10-13
KARUNAKHARAN PATHMANATHAN		2014-10-03
Susan Mary Wates MBE		2024-05-20

SUPPORT A SURVIVOR OF TORTURE

England & Wales - Charity number 1160787

Accounts

REGISTERED CHARITY NUMBER: 1160787

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 25 February 2025
for
Support A Survivor of Torture

Support A Survivor of Torture

Contents of the Financial Statements
for the Year Ended 25 February 2025

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Support A Survivor of Torture

Report of the Trustees for the Year Ended 25 February 2025

The trustees present their report with the financial statements of the charity for the year ended 25 February 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Public Benefit

Our work is of public benefit because it supports asylum seekers and refugees who have experienced torture and/or sexual abuse and are in conditions of need due to financial hardship, physical and/or mental health problems or other disadvantage.

More specifically, the charity assists with access to medical and legal services, emergency funding and therapeutic support. The aim is to help victims turn the corner into survivors who can imagine a future. Intervening at an early stage prevents decades of despair, self harm and dependency.

Furthermore, the charity looks for structural ways to improve the experience of asylum seekers, including failed asylum seekers.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Support A Survivor of Torture (SAST) takes a holistic, survivor-led approach, offering assistance that helps to break the cycle of stigma experienced by survivors of torture and abuse, and creates a supportive environment for recovery.

Over the last 12 months SAST has continued to be a weekly lifeline for very isolated and traumatised individuals, addressing mental health and physical problems in the aftermath of conflict and torture in detention. When they come to us they are often suicidal, without warm clothes and unable to access services because they don't speak English. We offer English classes, group counselling, therapeutic art, a hot meal - and a chance to make friends.

During 2024, SAST ran its weekly psycho-social support group for approximately 50 male and female torture survivors. The offering involved basic English classes, group and individual counselling sessions in the survivors' mother tongue, therapeutic art lessons and a hot meal, as well as reimbursement for travel costs. In addition to this, a part time case worker supplied other kinds of support, such as facilitating access to medical services, housing services and help to fill in HC2 forms for free medical prescriptions.

Between 26 February 2024 and 25 February 2025 SAST delivered

- 41 weekly group meet-ups including 03 workshops for around 50 survivors, with hot food provided and travel costs covered. In addition to the 41 group meetings, we had 01 online session due to the suspension of funding and 4 outings during this period. 01 & 15 August 2024, we closed our activities in the church so that all the staff and participants could have a break during the summer.

- 101 English lessons
- 107 therapeutic art sessions
- 225 individual counselling sessions
- 121 group counselling sessions.

The charity

- Assisted individuals with 42 HC2 forms
- Supported 1 individual with legal help
- Provided 11 survivors with emergency funding
- Assisted individual with 22 NASS Applications
- 46 Participants were given cash gifts for Diwali festival from an individual donor
- 49 Participants were given cash gifts for Christmas from an individual donor.
- 01 participant was provided with financial support to cover the funeral cost of his mother in SL

Support A Survivor of Torture

Report of the Trustees for the Year Ended 25 February 2025

SAST's inclusive environment has provided survivors with a safe space, enabling them to address their issues without feeling guilt or shame. Participants feel supported in their journey towards recovery and finding understanding and comfort together. We regularly ask for feedback from participants and overall, they report that SAST has created a safe environment where they are free from judgement and all the activities have contributed to their resilience in overcoming daily life challenges.

SAST staff and volunteers

One trustee left and one joined.

Other changes were implemented as a result of the US Government aid cuts, which did affect us. As a result of a change in how we are funded, we pared back our programme to lower our monthly running costs, and this meant reducing the hours of PAYE and contracted staff.

We have however, been able to do more work online, rather than in person, and been able to call on volunteers to assist us with running the programme such as teaching English, and in the preparation of accounts, and in helping to run events.

Funders and donors

In the light of disruption of funding, the charity has intensified its fundraising efforts and identified new sources and secured sufficient funding to continue operations. We are extremely grateful to the trusts and foundations and individuals that now support our work.

Plans for 2025-26

We will continue to fundraise and provide essential support for our participants. In addition to our regular once weekly meetings, we have planned several celebrations, workshops and celebration events.

An art and music workshop is planned in May 2025.

A visit to a London art exhibition, with a workshop, is being prepared in conjunction with refugee week in June 2025.

Trips to Hampton Court and Brighton are also being planned for late summer 2025.

Private donors give financial support to allow for celebrations for New Year, Harvest festival, Diwali festival, and remembrance events.

Support A Survivor of Torture

Report of the Trustees for the Year Ended 25 February 2025

FINANCIAL REVIEW

Financial position

Income received for the financial year was £209,537. Of this, grant income totalled £175,731. The grants are unrestricted. Private donations totalling £33,329 with gift aid, are also unrestricted and tend to be used to support survivors and their families in emergencies or for celebrations and special days of remembrance.

We enjoy tax exemption on our activities as all funds are spent on our charitable aims. We are unable to reclaim VAT input tax on our costs as we are exempt for VAT purposes. We pay tax as an employer through the national insurance contributions we make. We make contributions to Nest pension scheme based on the requirements of the Pensions Regulator for automatic enrolment of all staff.

Reserves policy

The charity has been able to build up reserves due to unrestricted and generous support from private donors. The policy has been to ensure that there would be a minimum of 3 months of running costs (average £21,000 per month) at any one time to be able to continue services and to assist individuals in emergencies while searching for additional funding. This was a valuable policy when the charity was impacted by the stop work orders issued by the US Government at the end of January 2025. The charity had sufficient reserves at the end of the year to be able to continue operating while applications were made and appeals sent out to private donors.

Going concern

The charity is a going concern given its current level of funding and reserves.

The Trustees have an open invitation to attend the weekly meetings and celebrations and spend time with the survivors and see the work of the project on a regular basis.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is a Charitable Incorporated Organisation controlled by its governing document, a deed of trust.

All participants sign a code of conduct and a privacy notice that is GPDR compliant.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1160787

Principal address

Suite 94
95 Wilton Road
London
SW1V 1BZ

Trustees

F Carver
Ms M Crowther – Chair from 18 September 2024
K Pathmanathan
Mrs L White – resigned 18 September 2024
Susan Mary Wates MBE – appointed 20 May 2024

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Louise Hallsworth FCA

Approved by order of the board of trustees on 1 August 2025 and signed on its behalf by:



Madeleine Crowther - Trustee

Independent Examiner's Report to the Trustees of
Support A Survivor of Torture

Independent examiner's report to the trustees of Support A Survivor of Torture

I report to the charity trustees of the Trust on my examination of the accounts of Support A Survivor of Torture (the Trust) for the year ended 25 February 2025.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Louise Hallsworth FCA (Senior Statutory Auditor)
For and on Behalf of Affinia
Chartered Accountants
Lynwood House
Crofton Road
Orpington
BR6 8QE

Date: 7 August 2025

Support A Survivor of Torture

Statement of Financial Activities
for the Year Ended 25 February 2025

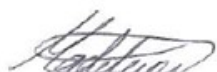
	Notes	25.2.25 Unrestricted fund £	25.2.24 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations, legacies and other income		<u>209,537</u>	<u>195,210</u>
EXPENDITURE ON			
Charitable activities			
Psychological		65,743	97,950
Social Work		108,072	85,478
General Expenses		<u>71,013</u>	<u>120,989</u>
Total		<u>244,828</u>	<u>304,417</u>
NET INCOME/(EXPENDITURE)		(35,291)	(109,207)
RECONCILIATION OF FUNDS			
Total funds brought forward		93,818	203,025
TOTAL FUNDS CARRIED FORWARD		<u><u>58,527</u></u>	<u><u>93,818</u></u>

Support A Survivor of Torture

Balance Sheet
25 February 2025

	Notes	25.2.25 Unrestricted fund £	25.2.24 Total funds £
CURRENT ASSETS			
Debtors	4	4,126	2,495
Cash in hand		<u>62,492</u>	<u>109,370</u>
		66,618	111,865
CREDITORS			
Amounts falling due within one year	5	(8,091)	(18,047)
		<u> </u>	<u> </u>
NET CURRENT ASSETS		<u>58,527</u>	<u>93,818</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>58,527</u>	<u>93,818</u>
NET ASSETS		<u>58,527</u>	<u>93,818</u>
FUNDS			
Unrestricted funds	6	<u>58,527</u>	<u>93,818</u>
TOTAL FUNDS		<u>58,527</u>	<u>93,818</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 1 August 2025 and were signed on its behalf by:



Madeleine Crowther - Trustee

Support A Survivor of Torture

Notes to the Financial Statements for the Year Ended 25 February 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

There are no restricted funds.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 25 February 2025 nor for the year ended 25 February 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 25 February 2025 nor for the year ended 25 February 2024.

3. STAFF COSTS

	£
Wages	66,055
Social Security Costs	349
Pension	<u>1,420</u>
Total	<u>67,824</u>

Support A Survivor of Torture

Notes to the Financial Statements - continued
for the Year Ended 25 February 2025

4. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	25.2.25	25.2.24
	£	£
Other debtors	<u>4,126</u>	<u>2,495</u>

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	25.2.25	25.2.24
	£	£
Other creditors	<u>8091</u>	<u>18,047</u>

6. MOVEMENT IN FUNDS

	At 26.2.24 £	Net movement in funds £	At 25.2.25 £
Unrestricted funds			
General fund	93,818	(35,291)	58,527
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>93,818</u>	<u>(35,291)</u>	<u>58,527</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	209,537	(244,828)	(35,291)
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>209,537</u>	<u>(244,828)</u>	<u>(35,291)</u>

Support A Survivor of Torture

Notes to the Financial Statements - continued
for the Year Ended 25 February 2025

6. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 26.2.23 £	Net movement in funds £	At 25.2.24 £
Unrestricted funds			
General fund	203,025	(109,207)	93,818
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>203,025</u>	<u>(109,207)</u>	<u>93,818</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	195,210	(304,417)	(109,207)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>195,210</u>	<u>(304,417)</u>	<u>(109,207)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 26.2.23 £	Net movement in funds £	At 25.2.25 £
Unrestricted funds			
General fund	203,025	(144,498)	58,527
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>203,025</u>	<u>(144,498)</u>	<u>58,527</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	404,747	(549,245)	(144,498)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>404,747</u>	<u>(549,245)</u>	<u>(144,498)</u>

Support A Survivor of Torture

Notes to the Financial Statements - continued
for the Year Ended 25 February 2025

7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 25 February 2025.

Support A Survivor of Torture

Detailed Statement of Financial Activities
for the Year Ended 25 February 2025

	25.2.25 £	25.2.24 £
INCOME AND ENDOWMENTS		
Donations, legacies and other income		
Donations	29,203	17,655
Gift aid	4,126	2,516
Grants	175,731	175,039
Other income	477	0
	<u>209,537</u>	<u>195,210</u>
Total incoming resources	209,537	195,210
EXPENDITURE		
Charitable activities		
Survivors Travel	59,263	68,122
Training and supervision	22,755	34,230
Rent, light and heat	4,095	6,290
Food	22,331	23,209
Fees	63,960	85,514
Project management	27,643	29,639
General Expenses	13,407	32,378
	<u>213,454</u>	<u>279,382</u>
Support costs		
Finance		
Administration	12,400	12,911
Accountant's work	6,567	8,569
	<u>18,967</u>	<u>21,480</u>
Information technology		
Online services	1,278	2,235
Governance costs		
Auditors' remuneration	1,380	1,320
Legal Expenses	9,749	-
	<u>11,129</u>	<u>1,320</u>
Total resources expended	<u>244,828</u>	<u>304,417</u>
Net expenditure	<u>(35,291)</u>	<u>(109,207)</u>

This page does not form part of the statutory financial statements

SUPPORT A SURVIVOR OF TORTURE

England & Wales - Charity number 1160787

Accounts

REGISTERED CHARITY NUMBER: 1160787

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 25 February 2024
for
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Support A Survivor of Torture

Contents of the Financial Statements
for the Year Ended 25 February 2024

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Support A Survivor of Torture
Report of the Trustees
for the Year Ended 25 February 2024

The trustees present their report with the financial statements of the charity for the year ended 25 February 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Public Benefit

Support a Survivor of Torture (SAST) provides critical support for survivors of torture and/or sexual abuse, who are seeking asylum in the UK. We help victims with counselling, English and therapeutic art lessons, social events and practical support to access services.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Support A Survivor of Torture (SAST) takes a holistic, survivor-led approach, offering assistance that helps to break the cycle of stigma experienced by survivors of torture and abuse, and creates a supportive environment for recovery.

Over the last 12 months SAST has been a weekly lifeline for very isolated and traumatised individuals, addressing mental health and physical problems in the aftermath of conflict and torture in detention. We offered basic English classes, group and individual counselling sessions in the survivors' mother tongue, therapeutic art lessons and a hot meal, as well as reimbursement for travel costs. In addition, a part time case worker supplied other kinds of support, such as facilitating access to medical services, housing services and help to fill in HC2 forms for free medical prescriptions. Emergency counselling was available to those who needed guidance through times of severe distress and suicide ideation.

The number of participants rose from 45 to 64 as a result of new referrals. We worked with the Global Survivors Fund, initiating group discussions around Conflict-Related Sexual Violence (CRSV) with 50 participants - both male and female. In addition, survivors from the project were interviewed by the United Nations who visited. Additionally, two survivors went to a meeting in the Hague where they participated in a government consultation on their views on rehabilitation of sexual violence survivors.

Due to the receipt of a one-off grant, we provided additional weekly in-person meetings in the year. These were for individual counselling sessions provided by two counsellors and on average 6 people attended each week. With the increase in the number of participants coming to Thursday meetings and the individual counselling sessions plus inflation costs, travel and food costs more than doubled in the year. The one-off grant allowed for staff to receive additional training and clinical supervision in the year which has enhanced their counselling skills.

Support A Survivor of Torture
Report of the Trustees
for the Year Ended 25 February 2024

Between 26 February 2023 and 25 February 2024 SAST delivered:

- 50 weekly group meetings for approximately 64 survivors, with hot food provided and travel costs covered. In addition, we had 2 online sessions due to the train strikes and 4 group trips to sights in London during this period.
- 96 English lessons
- 95 therapeutic art sessions
- 263 individual counselling sessions
- 135 group counselling sessions.
- 9 consultation sessions in Tamil on sexual violence.

The charity:

- Assisted individuals with the filling in of 47 HC2 forms
- Assisted 1 individual to access legal help
- Provided 44 survivors with emergency support
- Provided financial support for 4 families of survivors
- 52 Participants were given cash gifts for Diwali festival from an individual donor
- 64 Participants were given cash gifts for Christmas from an individual donor.
- 5 NASS support applications were done
- 54 participants were given winter clothing (coats, hats, scarves, gloves, jumpers, thermal socks and vests)
- 4 participants were given monthly mobile phone top ups.

SAST staff and volunteers

The charity employs part-time the Project Manager, one counsellor and a bookkeeper and has freelance consultants and volunteers. SAST staff have access to regular counselling for the purposes of de-briefing as well as weekly clinical supervision online for the team. During the year there was additional support for staff in terms of training, supervision and capacity building.

Volunteers have also assisted the charity in the preparation of accounts, in helping arranging birthday cards and celebrations when someone gets asylum. One of the lead counsellors is also a volunteer. We work with a local school who also sends volunteers to help with English and Art lessons for the participants.

Funders and donors

In 2023, SAST received £175,038 in grant funds, mostly from multi-year grants, £17,670 in donations and £2,495 in Gift Aid.

Plans for 2024

We have been placing survivors one by one in council-run English courses when they are ready. Additionally, we added classes in hand quilting which have been popular.

Although sexual violence discussions have increased openness amongst participants who joined the programme in 2023, this now needs to be passed on to the more recently enrolled.

Inter-generational trauma is an emerging issue that needs addressing.

We would like to continue to provide professional development for our staff.

Support A Survivor of Torture
Report of the Trustees
for the Year Ended 25 February 2024

FINANCIAL REVIEW

Financial position

The charity is backed by three major funders with grant payments totalling £175,039 in the year. The grants are unrestricted. Private donations totalling £20,172 with gift aid, are also unrestricted and tend to be used to support survivors and their families in emergencies or for celebrations and special days of remembrance.

We benefit from tax exemption on our activities as all funds are spent on our charitable aims. We are unable to reclaim VAT input tax on our costs as we are exempt for VAT purposes. We pay tax as an employer through the national insurance contributions we make. We make contributions to Nest pension scheme based on the requirements of the Pensions Regulator for automatic enrolment of all staff.

Reserves policy

We seek to build up a reserve to be able to continue services and to assist individuals in emergencies. The reserves held at the end of the financial year have decreased compared to the prior year due to a large grant that was received in November 2022 to pay for programme running costs up until March 2024. Current reserves will support the project work for five months.

Going concern

The director reviews the cash flow forecast of the charity on a monthly basis and communicates any concerns to the Trustees. This review along with the reserves held help the Trustees assess going concern. These Trustee reviews are annual at the moment as reserves are secure but would be quarterly at least if the funding situation changed. It has been decided to explore other funding sources as we have increased the number of survivors we helped in 2023 and we would like to ensure this continues. The Trustees have an open invitation to attend the weekly meetings and celebrations and spend time with the survivors and see the work of the project on a regular basis.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is a Charitable Incorporated Organisation controlled by its governing document, a deed of trust.

All participants sign a code of conduct and a privacy notice that is GPDR compliant.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1160787

Principal address

Suite 94
95 Wilton Road
London
SW1V 1BZ

Trustees

F Carver
Ms M Crowther
K Pathmanathan
Mrs L White
Susan Mary Wates, MBE (appointed 20 May 2024)

Support A Survivor of Torture

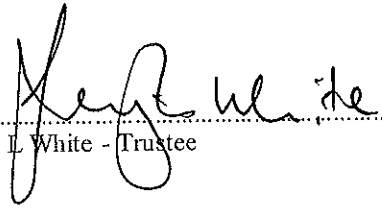
Report of the Trustees
for the Year Ended 25 February 2024

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Louise Hallsworth FCA
For and on behalf of Baxter & Co.
Lynwood House
Crofton Road
Orpington
Kent BR6 8QE

Approved by order of the board of trustees on 30 July 2024 and signed on its behalf by:


.....
Mrs L White - Trustee

**INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF Support a Survivor of Torture (SAST)**

I report to the Trustees on my examination of the financial statements of Support a Survivor of Torture (the "Trust") for the year ended 25 February 2024.

Responsibilities and basis of report

As the Trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the "Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Louise Hallsworth FCA (Senior Statutory Auditor)

For and on behalf of Baxter & Co.
Chartered Certified Accountants
Lynwood House
Crofton Road
Orpington
Kent BR6 8QE

Date: 3 September 2024

Support A Survivor of Torture

Statement of Financial Activities
for the Year Ended 25 February 2024

	Notes	25.2.24 Unrestricted fund £	25.2.23 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		<u>195,210</u>	<u>223,043</u>
EXPENDITURE ON			
Charitable activities			
Psychological		97,950	53,846
Social Work		85,478	61,194
General Expenses		<u>120,989</u>	<u>50,276</u>
Total		<u>304,417</u>	<u>165,316</u>
NET INCOME/(EXPENDITURE)		(109,207)	57,727
RECONCILIATION OF FUNDS			
Total funds brought forward		203,025	145,298
TOTAL FUNDS CARRIED FORWARD		<u>93,818</u>	<u>203,025</u>

The notes form part of these financial statements

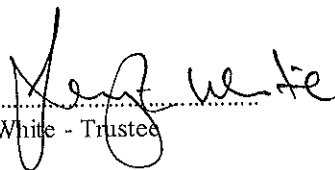
Support A Survivor of Torture

Balance Sheet
25 February 2024

	Notes	25.2.24 Unrestricted fund £	25.2.23 Total funds £
CURRENT ASSETS			
Debtors	4	2,495	2,933
Cash in hand		<u>109,370</u>	<u>209,359</u>
		111,865	212,292
CREDITORS			
Amounts falling due within one year	5	(18,047)	(9,267)
		<u>93,818</u>	<u>203,025</u>
NET CURRENT ASSETS			
		93,818	203,025
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>93,818</u>	<u>203,025</u>
NET ASSETS		<u>93,818</u>	<u>203,025</u>
FUNDS	6		
Unrestricted funds		<u>93,818</u>	<u>203,025</u>
TOTAL FUNDS		<u>93,818</u>	<u>203,025</u>

The financial statements were approved by the Board of Trustees and authorised for issue on
and were signed on its behalf by:

30 July 2024


.....
L. White - Trustee

Support A Survivor of Torture

Notes to the Financial Statements
for the Year Ended 25 February 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

There are no restricted funds.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 25 February 2024 nor for the year ended 25 February 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 25 February 2024 nor for the year ended 25 February 2023.

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES FOR 2022 - 2023

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	<u>223,043</u>
EXPENDITURE ON	
Charitable activities	
Psychological	53,846
Social Work	61,194
General Expenses	<u>50,276</u>
Total	<u>165,316</u>

Support A Survivor of Torture

Notes to the Financial Statements - continued
for the Year Ended 25 February 2024

3.	COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued	Unrestricted fund £
	NET INCOME	57,727
	RECONCILIATION OF FUNDS	
	Total funds brought forward	145,298
	TOTAL FUNDS CARRIED FORWARD	<u>203,025</u>

4.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	25.2.24 £	25.2.23 £
	Other debtors	<u>2,495</u>	<u>2,933</u>

5.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	25.2.24 £	25.2.23 £
	Other creditors	<u>18,047</u>	<u>9,267</u>

6.	MOVEMENT IN FUNDS	At 26.2.23 £	Net movement in funds £	At 25.2.24 £
	Unrestricted funds			
	General fund	203,025	(109,207)	93,818
	TOTAL FUNDS	<u>203,025</u>	<u>(109,207)</u>	<u>93,818</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	195,210	(304,417)	(109,207)
TOTAL FUNDS	<u>195,210</u>	<u>(304,417)</u>	<u>(109,207)</u>

Support A Survivor of Torture

Notes to the Financial Statements - continued
for the Year Ended 25 February 2024

6. **MOVEMENT IN FUNDS - continued**

Comparatives for movement in funds

	At 26.2.22 £	Net movement in funds £	At 25.2.23 £
Unrestricted funds			
General fund	145,298	57,727	203,025
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>145,298</u>	<u>57,727</u>	<u>203,025</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	223,043	(165,316)	57,727
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>223,043</u>	<u>(165,316)</u>	<u>57,727</u>

Support A Survivor of Torture

Notes to the Financial Statements - continued
for the Year Ended 25 February 2024

7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 25 February 2024.

Support A Survivor of Torture

Detailed Statement of Financial Activities
for the Year Ended 25 February 2024

	25.2.24 £	25.2.23 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	17,655	17,322
Gift aid	2,516	2,902
Grants	<u>175,039</u>	<u>202,819</u>
	<u>195,210</u>	<u>223,043</u>
Total incoming resources	195,210	223,043
EXPENDITURE		
Charitable activities		
Survivors Travel	68,122	25,295
Training and supervision	34,230	10,263
Rent, light and heat	6,290	3,140
Food	23,209	11,084
Fees	85,514	53,335
Project management	29,639	28,665
General Expenses	<u>32,378</u>	<u>12,771</u>
	279,382	144,553
Support costs		
Finance		
Administration	12,911	12,598
Accountant's work	<u>8,569</u>	<u>3,613</u>
	21,480	16,211
Information technology		
Online services	2,235	3,352
Governance costs		
Independent examiner's fees	<u>1,320</u>	<u>1,200</u>
Total resources expended	<u>304,417</u>	<u>165,316</u>
Net (expenditure)/income	<u>(109,207)</u>	<u>57,727</u>

SUPPORT A SURVIVOR OF TORTURE

England & Wales - Charity number 1160787

Accounts

REGISTERED CHARITY NUMBER: 1160787

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 25 February 2023
for
Support A Survivor of Torture

Support A Survivor of Torture

Contents of the Financial Statements
for the Year Ended 25 February 2023

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Support A Survivor of Torture
Report of the Trustees
for the Year Ended 25 February 2023

The trustees present their report with the financial statements of the charity for the year ended 25 February 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Public Benefit

Our work is of public benefit because it supports asylum seekers and refugees who have experienced torture and/or sexual abuse and are in conditions of need due to financial hardship, physical and/or mental health problems or other disadvantage.

More specifically, the charity assists with access to medical and legal services, emergency funding and therapeutic support. The aim is to help victims turn the corner into survivors who can imagine a future. Intervening at an early stage prevents decades of despair, self harm and dependency.

Furthermore, the charity looks for structural ways to improve the experience of asylum seekers, including failed asylum seekers

Support A Survivor of Torture
Report of the Trustees
for the Year Ended 25 February 2023

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Support A Survivor of Torture (SAST) takes a holistic, survivor-led approach, offering assistance that helps to break the cycle of stigma experienced by survivors of torture and abuse, and creates a supportive environment for recovery.

Over the last 12 months SAST has continued to be a weekly lifeline for very isolated and traumatised individuals, addressing mental health and physical problems in the aftermath of conflict and torture in detention. When they come to us they are often suicidal, without warm clothes and unable to access services because they don't speak English. We offer English classes, group counselling, therapeutic art, a hot meal - and a chance to make friends.

During 2022, SAST ran its weekly psycho-social support group for approximately 45 male and female torture survivors. The offering involved basic English classes, group and individual counselling sessions in the survivors' mother tongue, therapeutic art lessons and a hot meal, as well as reimbursement for travel costs. In addition to this, a part time case worker supplied other kinds of support, such as facilitating access to medical services, housing services and help to fill in HC2 forms for free medical prescriptions.

Between 26 February 2022 and 25 February 2023 SAST delivered

- 45 weekly group meet-ups for around 45 survivors, with hot food provided and travel costs covered. In addition to the 45 group meetings, we had 5 online sessions due to the train strikes and 3 outings during this period.
- 85 English lessons
- 85 therapeutic art sessions
- 164 individual counselling sessions
- 108 group counselling sessions.

The charity

- Assisted individuals with 26 HC2 forms
- Supported 2 individuals with legal help
- Provided 6 survivors with emergency funding
- Provided compassionate grants to 15 UK based individuals to determine for their own use
- 39 Participants were given cash gifts for Diwali festival from an individual donor
- 49 Participants were given cash gifts for Christmas from an individual donor.

SAST's inclusive environment has provided survivors with a safe space, enabling them to address their issues without feeling guilt or shame. Participants feel supported in their journey towards recovery and finding understanding and comfort together. We regularly ask for feedback from participants and overall, they report that SAST has created a safe environment where they are free from judgement and all the activities have contributed to their resilience in overcoming daily life challenges.

SAST staff and volunteers

There have been no staff changes and the charity employs part-time 1 counsellor and a bookkeeper, while the Project Manager and the Social Worker are freelance but key members of the team. We contracted external counselling supervision as needed. SAST counsellors have access to regular counselling for the purposes of de-briefing as well as weekly clinical supervision online for the team.

We are helping two of the employees to access training which will develop their professional counselling practice.

Some volunteers have also assisted the charity in the preparation of accounts, in helping arranging birthday cards and celebrations when someone gets asylum. One of the lead counsellors is also a volunteer.

Funders and donors

We are extremely grateful to the grant-givers and individuals that make our work possible. In 2022 SAST received £202,819 in grant funds - mostly from multi-year grants, £17,322 in donations and £2,902 in Gift Aid. Our fundraising efforts will continue in 2023.

Support A Survivor of Torture

Report of the Trustees for the Year Ended 25 February 2023

Plans for 2023

The charity is working on a consultation with Global Survivors Fund regarding their views on reparations for Conflict Related Sexual Violence. The charity's survivors have participated in large group discussion sessions and a report will be produced later in the year with the results.

Due to an extra grant, we are expanding our work to include more one-to-one in person sessions with survivors and also extra online sessions for survivors who live too far to attend the Thursday meetings on a regular basis.

FINANCIAL REVIEW

Financial position

The charity is backed by three major funders with grant payments totalling £202,819 in the year. The grants are unrestricted. Private donations totalling £20,224 with gift aid, are also unrestricted and tend to be used to support survivors and their families in emergencies or for celebrations and special days of remembrance.

We enjoy tax exemption on our activities as all funds are spent on our charitable aims. We are unable to reclaim VAT input tax on our costs as we are exempt for VAT purposes. We pay tax as an employer through the national insurance contributions we make. We make contributions to Nest pension scheme based on the requirements of the Pensions Regulator for automatic enrolment of all staff.

Reserves policy

We seek to build up a reserve to be able to continue services and to assist individuals in emergencies. The reserves held at the end of the financial year are due to a large grant that has been awarded to be spent from November 2022 to March 2024

Going concern

The administrator and the accountant review the cash flow forecast of the charity on a monthly basis and communicates any concerns to the Trustees. This review along with the reserves held help the Trustees assess going concern. These Trustee reviews are annual at the moment as reserves are secure but would be quarterly at least if the funding situation changed. It has been decided to explore other funding sources as we have increased the number of survivors we help in 2023 and we would like to ensure this continues. The Trustees have an open invitation to attend the weekly meetings and celebrations and spend time with the survivors and see the work of the project on a regular basis.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is a Charitable Incorporated Organisation controlled by its governing document, a deed of trust.

All participants sign a code of conduct and a privacy notice that is GPDR compliant.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1160787

Principal address

Suite 94
95 Wilton Road
London
SW1V 1BZ

Trustees

F Carver
Ms M Crowther
K Pathmanathan
Mrs L White

Support A Survivor of Torture

Report of the Trustees
for the Year Ended 25 February 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Louise Hallsworth FCA

For and on behalf of Baxters & Co.

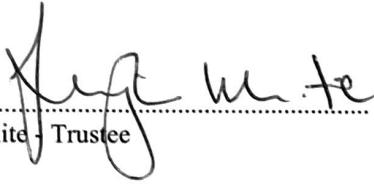
Lynwood House

Crofton Road

Orpington

Kent BR6 8QE

Approved by order of the board of trustees on 25th September 2023 and signed on its behalf by:



.....
Mrs L White - Trustee

Independent Examiner's Report to the Trustees of
Support A Survivor of Torture

Independent examiner's report to the trustees of Support A Survivor of Torture

I report to the Trustees on my examination of the financial statements of Support a Survivor of Torture (the "Trust") for the year ended 25 February 2023.

Responsibilities and basis of report

As the Trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the "Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Louise Hallsworth FCA (Senior Statutory Auditor)

For and on Behalf of Baxter & Co

Chartered Certified Accountants

Lynwood House

Crofton Road

Orpington

Kent

BR6 8QE

Date: 20 October 2023

Support A Survivor of Torture

Statement of Financial Activities
for the Year Ended 25 February 2023

	Notes	25.2.23 Unrestricted fund £	25.2.22 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		<u>223,043</u>	<u>211,805</u>
EXPENDITURE ON			
Charitable activities			
Psychological		53,846	50,893
Social Work		61,194	80,733
Miscellaneous		<u>50,276</u>	<u>43,569</u>
Total		<u>165,316</u>	<u>175,195</u>
NET INCOME		57,727	36,610
RECONCILIATION OF FUNDS			
Total funds brought forward		145,298	108,688
TOTAL FUNDS CARRIED FORWARD		<u>203,025</u>	<u>145,298</u>

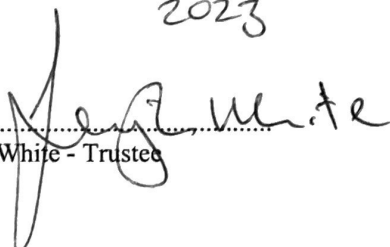
The notes form part of these financial statements

Support A Survivor of Torture

Balance Sheet
25 February 2023

		25.2.23 Unrestricted fund £	25.2.22 Total funds £
CURRENT ASSETS	Notes		
Debtors	4	2,933	2,808
Cash in hand		<u>209,359</u>	<u>151,082</u>
		212,292	153,890
CREDITORS			
Amounts falling due within one year	5	(9,267)	(8,592)
		<u>203,025</u>	<u>145,298</u>
NET CURRENT ASSETS			
		<u>203,025</u>	<u>145,298</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>203,025</u>	<u>145,298</u>
NET ASSETS		<u>203,025</u>	<u>145,298</u>
FUNDS	6		
Unrestricted funds		<u>203,025</u>	<u>145,298</u>
TOTAL FUNDS		<u>203,025</u>	<u>145,298</u>

The financial statements were approved by the Board of Trustees and authorised for issue on
25th September 2023 and were signed on its behalf by:


.....
L White - Trustee

Support A Survivor of Torture

Notes to the Financial Statements
for the Year Ended 25 February 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

There are no restricted funds.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 25 February 2023 nor for the year ended 25 February 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 25 February 2023 nor for the year ended 25 February 2022.

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES FOR 2021 - 2022

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	<u>211,805</u>
EXPENDITURE ON	
Charitable activities	
Psychological	50,893
Social Work	80,733
Miscellaneous	<u>43,569</u>
Total	175,195

Support A Survivor of Torture

Notes to the Financial Statements - continued
for the Year Ended 25 February 2023

3.	COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued			Unrestricted fund £
				36,610
	RECONCILIATION OF FUNDS			
	Total funds brought forward			108,688
	TOTAL FUNDS CARRIED FORWARD			<u>145,298</u>
4.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR			
		25.2.23	25.2.22	
		£	£	
	Other debtors	<u>2,933</u>	<u>2,808</u>	
5.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR			
		25.2.23	25.2.22	
		£	£	
	Other creditors	<u>9,267</u>	<u>8,592</u>	
6.	MOVEMENT IN FUNDS			
		At	Net	At
		26.2.22	movement	25.2.23
		£	in funds	£
	Unrestricted funds			
	General fund	145,298	57,727	203,025
		<u>145,298</u>	<u>57,727</u>	<u>203,025</u>
	TOTAL FUNDS			
		<u>145,298</u>	<u>57,727</u>	<u>203,025</u>
	Net movement in funds, included in the above are as follows:			
		Incoming	Resources	Movement
		resources	expended	in funds
		£	£	£
	Unrestricted funds			
	General fund	223,043	(165,316)	57,727
		<u>223,043</u>	<u>(165,316)</u>	<u>57,727</u>
	TOTAL FUNDS			
		<u>223,043</u>	<u>(165,316)</u>	<u>57,727</u>

Support A Survivor of Torture

Notes to the Financial Statements - continued
for the Year Ended 25 February 2023

6. **MOVEMENT IN FUNDS - continued**

Comparatives for movement in funds

	At 26.2.21 £	Net movement in funds £	At 25.2.22 £
Unrestricted funds			
General fund	108,688	36,610	145,298
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>108,688</u>	<u>36,610</u>	<u>145,298</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	211,805	(175,195)	36,610
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>211,805</u>	<u>(175,195)</u>	<u>36,610</u>

Support A Survivor of Torture

Notes to the Financial Statements - continued
for the Year Ended 25 February 2023

7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 25 February 2023.

Support A Survivor of Torture
Detailed Statement of Financial Activities
for the Year Ended 25 February 2023

	25.2.23	25.2.22
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Gifts	1	-
Donations	17,321	18,285
Gift aid	2,902	2,633
Grants	<u>202,819</u>	<u>190,887</u>
	<u>223,043</u>	<u>211,805</u>
Total incoming resources	223,043	211,805
EXPENDITURE		
Charitable activities		
Survivors Travel	25,295	16,306
Training and supervision	10,263	11,101
Rent, light and heat	3,140	2,360
Food	11,084	29,159
Fees	53,335	56,250
Project management	28,665	29,482
Miscellaneous	<u>12,771</u>	<u>12,095</u>
	144,553	156,753
Support costs		
Finance		
Administration	12,598	9,240
Accountant's work	<u>3,613</u>	<u>3,735</u>
	16,211	12,975
Information technology		
Online services	3,352	4,717
Governance costs		
Independent examiner's fees	<u>1,200</u>	<u>750</u>
Total resources expended	<u>165,316</u>	<u>175,195</u>
Net income	<u><u>57,727</u></u>	<u><u>36,610</u></u>

This page does not form part of the statutory financial statements

SUPPORT A SURVIVOR OF TORTURE

England & Wales - Charity number 1160787

Accounts

REGISTERED COMPANY NUMBER: CE003653 (England and Wales)
REGISTERED CHARITY NUMBER: 1160787

Trustees' Report and
Unaudited Financial Statements for the Year Ended 25 February 2022
for
Support A Survivor of Torture
(A Company Limited by Guarantee)

Support A Survivor of Torture

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for the Year Ended 25 February 2022**

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Support A Survivor of Torture
Trustees' Report
for the Year Ended 25 February 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 25 February 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

A To promote human rights (as set out in the Universal Declaration of Human Rights and subsequent UN conventions and declarations) among torture survivors throughout the world.

B The relief of torture survivors who are in conditions of need due to financial hardship, physical and/or mental health problems or other disadvantage by the provision of practical support and financial assistance.

Significant activities

The project has been weekly lifeline for very isolated and traumatised individuals during and after the Covid crisis, addressing mental health and physical problems resulting from torture and exile.

Public benefit

During the first half of 2021, SAST continued to run online psycho-social support groups for approximately at any time 65 torture survivors. From mid 2021 the service returned, for the most part, to the physical space with a break over Christmas 2021 when the virus returned. The offering involved basic English classes, group and some individual counselling sessions, therapeutic art, food as well as when relevant, assistance in accessing vaccines and test kits. In addition to this, a part time case worker supplied other kinds of support, such as facilitating access to medical services, housing services and help to fill in HC2 forms for free medical prescriptions and assistance with other items such as eye glasses. All staff have access to regular counselling for the purposes of de-briefing as well as weekly clinical supervision online for the team.

The charity received the assistance of some volunteers who have assisted in the preparation of accounts, in helping individuals with accessing food, arranging birthday cards, organising poetry sessions, and in other ways. One of the lead counsellors is also a volunteer.

We confirm that the Trustees have had regard to the Charity Commission's guidance on public benefit.

FINANCIAL REVIEW

Reserves policy

We seek to build up a reserve to be able to continue services and to assist individuals in emergencies.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

All participants sign a code of conduct and a privacy notice that is GDPR compliant.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
CE003653 (England and Wales)

Support A Survivor of Torture
Trustees' Report
for the Year Ended 25 February 2022

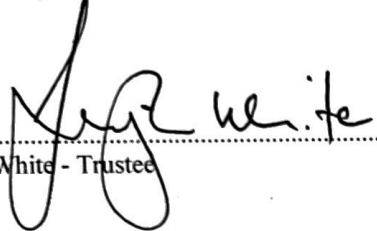
Registered Charity number
1160787

Registered office
Suite 94
95 Wilton Road
London
SW1V 1BZ

Trustees
F Carver
Ms M Crowther (appointed 2.8.21)
K Pathmanathan
Mrs L White

Independent Examiner
Steffanie Hartley
Accountant member of ICAEW
9A Tufton Street
London
SW1P 3QB

Approved by order of the board of trustees on 26 July 2022 and signed on its behalf by:


.....
Mrs L White - Trustee

Independent Examiner's Report to the Trustees of
Support A Survivor of Torture

Independent examiner's report to the trustees of Support A Survivor of Torture ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 25 February 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Steffanie Hartley
Accountant member of ICAEW

Date: 18 August 2022

Support A Survivor of Torture

Statement of Financial Activities
for the Year Ended 25 February 2022

	Notes	Unrestricted fund £	Restricted fund £	25.2.22 Total funds £	25.2.21 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		211,805	-	211,805	272,409
EXPENDITURE ON					
Charitable activities					
Psychological		50,893	-	50,893	63,711
Social		80,733	-	80,733	136,134
Miscellaneous		43,569	-	43,569	24,905
Total		<u>175,195</u>	<u>-</u>	<u>175,195</u>	<u>224,750</u>
NET INCOME		36,610	-	36,610	47,659
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>108,688</u>	<u>-</u>	<u>108,688</u>	<u>61,029</u>
TOTAL FUNDS CARRIED FORWARD		<u>145,298</u>	<u>-</u>	<u>145,298</u>	<u>108,688</u>

The notes form part of these financial statements

Support A Survivor of Torture

Balance Sheet
25 February 2022

	Notes	Unrestricted fund £	Restricted fund £	25.2.22 Total funds £	25.2.21 Total funds £
CURRENT ASSETS					
Debtors	6	2,807	-	2,807	4,335
Cash in hand		<u>151,082</u>	<u>-</u>	<u>151,082</u>	<u>115,378</u>
		153,889	-	153,889	119,713
CREDITORS					
Amounts falling due within one year	7	(8,591)	-	(8,591)	(11,025)
		<u>145,298</u>	<u>-</u>	<u>145,298</u>	<u>108,688</u>
NET CURRENT ASSETS					
		<u>145,298</u>	<u>-</u>	<u>145,298</u>	<u>108,688</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>145,298</u>	<u>-</u>	<u>145,298</u>	<u>108,688</u>
NET ASSETS					
		<u>145,298</u>	<u>-</u>	<u>145,298</u>	<u>108,688</u>
FUNDS	8				
Unrestricted funds				<u>145,298</u>	<u>108,688</u>
TOTAL FUNDS				<u>145,298</u>	<u>108,688</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 25 February 2022.


The members have not required the company to obtain an audit of its financial statements for the year ended 25 February 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 26/7/22 and were signed on its behalf by:


.....
L White - Trustee

The notes form part of these financial statements

Support A Survivor of Torture

Notes to the Financial Statements for the Year Ended 25 February 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	25.2.22	25.2.21
Auditors' remuneration for non audit work	£	£
	<u>4,485</u>	<u>5,151</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 25 February 2022 nor for the year ended 25 February 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 25 February 2022 nor for the year ended 25 February 2021.

Support A Survivor of Torture

Notes to the Financial Statements - continued
for the Year Ended 25 February 2022

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES FOR 2020-2021

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	272,409	-	272,409
 EXPENDITURE ON			
Charitable activities			
Psychological	63,711	-	63,711
Social Work	136,134	-	136,134
Miscellaneous	24,905	-	24,905
 Total	<hr/> 224,750 <hr/>	<hr/> - <hr/>	<hr/> 224,750 <hr/>
 NET INCOME	47,659	-	47,659
 RECONCILIATION OF FUNDS			
Total funds brought forward	<hr/> 61,029 <hr/>	<hr/> - <hr/>	<hr/> 61,029 <hr/>
 TOTAL FUNDS CARRIED FORWARD	<hr/> <u>108,688</u> <hr/>	<hr/> <u>-</u> <hr/>	<hr/> <u>108,688</u> <hr/>

5. COVID-19

From May 2021 activities for the participants were returned to in-person from online with necessary restrictions..

Due to this survivors travel expenses and premises charges increased during the year.

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	25.2.22	25.2.21
	£	£
Other debtors	<u>2,807</u>	<u>4,335</u>

Support A Survivor of Torture

Notes to the Financial Statements - continued
for the Year Ended 25 February 2022

7. **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	25.2.22	25.2.21
	£	£
Other creditors	<u>8,591</u>	<u>11,025</u>

8. **MOVEMENT IN FUNDS**

	At 26.2.21 £	Net movement in funds £	At 25.2.22 £
Unrestricted funds			
General fund	108,688	36,610	145,298
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>108,688</u>	<u>36,610</u>	<u>145,298</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	211,805	(175,195)	36,610
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>211,805</u>	<u>(175,195)</u>	<u>36,610</u>

Comparatives for movement in funds

	At 26.2.20 £	Net movement in funds £	At 25.2.21 £
Unrestricted funds			
General fund	61,029	47,659	108,688
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>61,029</u>	<u>47,659</u>	<u>108,688</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	272,409	(224,750)	47,659
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>272,409</u>	<u>(224,750)</u>	<u>47,659</u>

Support A Survivor of Torture

Notes to the Financial Statements - continued
for the Year Ended 25 February 2022

8. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 26.2.20 £	Net movement in funds £	At 25.2.22 £
Unrestricted funds			
General fund	61,029	84,269	145,298
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>61,029</u>	<u>84,269</u>	<u>145,298</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	484,214	(399,945)	84,269
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>484,214</u>	<u>(399,945)</u>	<u>84,269</u>

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 25 February 2022.

Support A Survivor of Torture
Detailed Statement of Financial Activities
for the Year Ended 25 February 2022

	25.2.22 £	25.2.21 £
INCOME AND ENDOWMENTS		
Donations and legacies	18,285	22,306
Donations	2,633	7,020
Gift aid	<u>190,887</u>	<u>243,083</u>
Grants		
	<u>211,805</u>	<u>272,409</u>
Total incoming resources	211,805	272,409
EXPENDITURE		
Charitable activities		
Survivors Travel	16,306	2,637
Training and supervision	11,101	13,030
Rent, light and heat	2,360	910
Food	29,159	60,008
Fees	56,250	65,397
Project management	29,482	31,031
Miscellaneous	<u>12,095</u>	<u>23,083</u>
	156,753	196,096
Support costs		
Finance		
Administration	9,240	10,484
Information technology		
Online services	4,717	13,019
Governance costs		
Auditors' remuneration for non audit work	<u>4,485</u>	<u>5,151</u>
Total resources expended	<u>175,195</u>	<u>224,750</u>
Net income	<u><u>36,610</u></u>	<u><u>47,659</u></u>

SUPPORT A SURVIVOR OF TORTURE

England & Wales - Charity number 1160787

Accounts

REGISTERED COMPANY NUMBER: CE003653 (England and Wales)
REGISTERED CHARITY NUMBER: 1160787

Trustees' Report and
Unaudited Financial Statements for the Year Ended 25 February 2021
for
Support A Survivor of Torture
(A Company Limited by Guarantee)

Support A Survivor of Torture

Trustees' Report for the Year Ended 25 February 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 25 February 2021. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE003653 (England and Wales)

Registered Charity number

1160787

Registered office

Suite 94
95 Wilton Road
London
SW1V 1BZ

Trustees

F Carver
K Pathmanathan
Mrs L White

Independent examiner

Steffanie Hartley
Accountant member of ICAEW
9A Tufton Street
London
SW1P 3QB

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

All participants sign a code of conduct and a privacy notice that is GDPR compliant.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

OBJECTIVES AND ACTIVITIES

Objectives and aims

A To promote human rights (as set out in the Universal Declaration of Human Rights and subsequent UN conventions and declarations) among torture survivors throughout the world.

B The relief of torture survivors who are in conditions of need due to financial hardship, physical and/or mental health problems or other disadvantage by the provision of practical support and financial assistance.

Significant activities

The project has been weekly lifeline for very isolated and traumatised individuals during the Covid crisis, addressing mental health and physical problems exacerbated by the lockdown.

Support A Survivor of Torture

Contents of the Financial Statements
for the Year Ended 25 February 2021

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Statement of Financial Activities	4
Balance Sheet	5 to 6
Notes to the Financial Statements	7 to 9
Detailed Statement of Financial Activities	10

Support A Survivor of Torture

Trustees' Report
for the Year Ended 25 February 2021

OBJECTIVES AND ACTIVITIES

Public benefit

During 2020 and the Covid pandemic, SAST continued to run online psycho-social support groups for approximately at any time 65 torture survivors. The offering involved offering basic English classes, group and some individual counselling sessions, therapeutic art, social events, poetry and sewing sessions, emergency food supplies and pandemic equipment such as Covid masks, gloves and antibacterial gels. In order to run the sessions online, it was necessary to assist some of the survivors with mobile data packages.

In addition to this, a part time case worker supplied other kinds of support, such as facilitating access to online medical services, housing services and help to fill in HC2 forms for free medical prescriptions and assistance with other items such as eye glasses.

The charity received the assistance of some volunteer professional tutors to help family members of survivors in basic English. Other volunteers have assisted in the preparation of accounts, in helping individuals with accessing food, arranging birthday cards, organising poetry sessions, and in other ways. A volunteer psychiatrist has assisted the counsellors and one of the lead counsellors is a volunteer.

All staff have access to regular counselling for the purposes of de-briefing but we also introduced weekly clinical supervision online for the team who found themselves dealing with complex social and mental health issues during lockdown.

We commissioned an independent expert to write a report on the impact of lockdown on the beneficiaries. This was translated into the language of the survivors. It found that lockdown had seriously increased the needs of the group – several of whom were at times suicidal and also hungry.

We confirm that the Trustees have had regard to the Charity Commission's guidance on public benefit.

FINANCIAL REVIEW

Reserves policy

We seek to build up a reserve to be able to continue services and to assist individuals in emergencies.

Approved by order of the board of trustees on 21 June 21 and signed on its behalf by:

.....
Mrs L White - Trustee 21/6/21

Independent Examiner's Report to the Trustees of
Support A Survivor of Torture

I report on the accounts of the company for the year ended 25 February 2021, which are set out on pages four to nine.

Responsibilities and basis of report

As the charity's trustees (and also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, I have examined your charity's accounts as required under section 145 of the Charities Act 2011 ('the Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

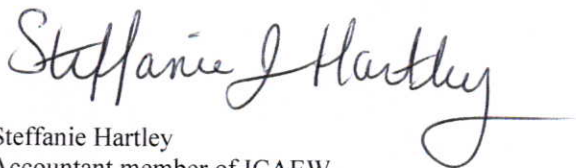
My role is to state whether any material matters have come to my attention giving me cause to believe:

1. that accounting records were not kept as required by section 386 of the Companies Act 2006; or
2. that the accounts do not accord with those records; or
3. that the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; or
4. that there is further information needed for a proper understanding of the accounts.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Accountant member of ICAEW which is one of the listed bodies.

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission I have found no matters that require drawing to your attention.



Steffanie Hartley
Accountant member of ICAEW

Date: 30 June 2021

Support A Survivor of Torture

Statement of Financial Activities
for the Year Ended 25 February 2021

	Unrestricted fund	Restricted fund	25.2.21 Total funds	25.2.20 Total funds
Not es	£	£	£	£
INCOMING RESOURCES				
Incoming resources from generated funds				
Voluntary income	272,409	-	272,409	140,374
RESOURCES EXPENDED				
Charitable activities				
Psychological	63,711	-	63,711	58,724
Social	136,134	-	136,134	44,321
Miscellaneous	19,754	-	19,754	2,366
Governance costs	<u>5,151</u>	<u>-</u>	<u>5,151</u>	<u>-</u>
Total resources expended	<u>224,750</u>	<u>-</u>	<u>224,750</u>	<u>105,411</u>
NET INCOMING RESOURCES	47,659	-	47,659	34,963
RECONCILIATION OF FUNDS				
Total funds brought forward	<u>61,029</u>	<u>-</u>	<u>61,029</u>	<u>26,066</u>
TOTAL FUNDS CARRIED FORWARD	<u><u>108,688</u></u>	<u><u>-</u></u>	<u><u>108,688</u></u>	<u><u>61,029</u></u>

The notes form part of these financial statements

Support A Survivor of Torture

Balance Sheet
At 25 February 2021

		Unrestricted fund	Restricted fund	25.2.21 Total funds	25.2.20 Total funds
	Not es	£	£	£	£
CURRENT ASSETS					
Debtors	4	4,335	-	4,335	-
Cash in hand		<u>115,378</u>	<u>-</u>	<u>115,378</u>	<u>61,029</u>
		119,713	-	119,713	61,029
CREDITORS					
Amounts falling due within one year	5	<u>(11,025)</u>	<u>-</u>	<u>(11,025)</u>	<u>-</u>
NET CURRENT ASSETS		<u>108,688</u>	<u>-</u>	<u>108,688</u>	<u>61,029</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>108,688</u>	<u>-</u>	<u>108,688</u>	<u>61,029</u>
NET ASSETS		<u><u>108,688</u></u>	<u><u>-</u></u>	<u><u>108,688</u></u>	<u><u>61,029</u></u>
FUNDS	6				
Unrestricted funds				<u>108,688</u>	<u>61,029</u>
TOTAL FUNDS				<u><u>108,688</u></u>	<u><u>61,029</u></u>

The notes form part of these financial statements

Support A Survivor of Torture

Balance Sheet - continued
At 25 February 2021

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 25 February 2021.

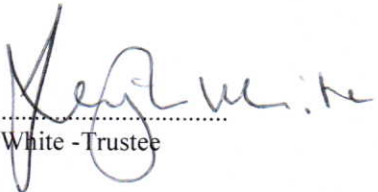
The members have not required the company to obtain an audit of its financial statements for the year ended 25 February 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2015).

The financial statements were approved by the Board of Trustees on21/6/21..... and were signed on its behalf by:

 21/6/21
.....
Mrs L White - Trustee

Support A Survivor of Torture

Notes to the Financial Statements for the Year Ended 25 February 2021

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 25 February 2021 nor for the year ended 25 February 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 25 February 2021 nor for the year ended 25 February 2020.

3. COVID-19

Due to Covid-19 and the lockdown restrictions the method of delivering our services was changed and this affected the amount spent on support services. All activities moved to online.

Survivors travel - there was no travelling except during March 2020.

Training and supervision - provided additional support to staff.

Food - food boxes from supermarkets were delivered to survivors.

Fees - extra time was spent on providing services.

Project management - additional time was spent.

Miscellaneous - additional support to survivors including covid related medical supplies.

Online services - additional facilities to provide all the activities online.

4. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	25.2.21	25.2.20
	£	£
Other debtors	<u>4,335</u>	<u>-</u>

Support A Survivor of Torture

Notes to the Financial Statements - continued
for the Year Ended 25 February 2021

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	25.2.21	25.2.20
	£	£
Other creditors	<u>11,025</u>	<u>-</u>

6. MOVEMENT IN FUNDS

	At 26.2.20	Net movement	At 25.2.21
	£	in funds	£
		£	
Unrestricted funds			
General fund	61,029	47,659	108,688
	-----	-----	-----
TOTAL FUNDS	<u>61,029</u>	<u>47,659</u>	<u>108,688</u>

Net movement in funds, included in the above are as follows:

	Incoming	Resources	Movement in
	resources	expended	funds
	£	£	£
Unrestricted funds			
General fund	272,409	(224,750)	47,659
	-----	-----	-----
TOTAL FUNDS	<u>272,409</u>	<u>(224,750)</u>	<u>47,659</u>

Comparatives for movement in funds

	At 26.2.19	Net movement	At 25.2.20
	£	in funds	£
		£	
Unrestricted Funds			
General fund	26,066	34,963	61,029
	-----	-----	-----
TOTAL FUNDS	<u>26,066</u>	<u>34,963</u>	<u>61,029</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming	Resources	Movement in
	resources	expended	funds
	£	£	£
Unrestricted funds			
General fund	140,374	(105,411)	34,963
	-----	-----	-----
TOTAL FUNDS	<u>140,374</u>	<u>(105,411)</u>	<u>34,963</u>

Support A Survivor of Torture

Notes to the Financial Statements - continued
for the Year Ended 25 February 2021

6. **MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined position is as follows:

	At 26.2.19 £	Net movement in funds £	At 25.2.21 £
Unrestricted funds			
General fund	<u>26,066</u>	<u>82,622</u>	<u>108,688</u>
TOTAL FUNDS	<u>26,066</u>	<u>82,622</u>	<u>108,688</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	<u>412,783</u>	<u>(330,161)</u>	<u>82,622</u>
TOTAL FUNDS	<u>412,783</u>	<u>(330,161)</u>	<u>82,622</u>

Support A Survivor of Torture

Detailed Statement of Financial Activities
for the Year Ended 25 February 2021

	25.2.21 £	25.2.20 £
INCOMING RESOURCES		
Voluntary income		
Donations	22,306	19,060
Gift aid	7,020	3,111
Grants	<u>243,083</u>	<u>118,203</u>
	<u>272,409</u>	<u>140,374</u>
Total incoming resources	272,409	140,374
RESOURCES EXPENDED		
Charitable activities		
Survivors Travel	2,637	26,869
Training and supervision	13,030	3,510
Rent, light and heat	910	2,770
Food	60,008	9,602
Fees	65,397	42,954
Project management	31,031	10,000
Miscellaneous	<u>23,083</u>	<u>6,956</u>
	196,096	102,661
Governance costs		
Accountancy	5,151	-
Support costs		
Finance		
Administration	10,484	2,750
Information technology		
Online services	<u>13,019</u>	<u>-</u>
Total resources expended	224,750	105,411
	<u> </u>	<u> </u>
Net income	<u>47,659</u>	<u>34,963</u>