

FOREST OF HEARTS

England & Wales · Charity number 1160589

Details

Status Registered

Legal form CIO

Registered 2015-02-23

Register [View on the Charity Commission register](#)

Contact

Address 15 Ensign
Westwood Way
Coventry
Warks
CV4 8JA

Phone 07774 424404

Email carolelongden@forestofhearts.com

Website www.forestofhearts.com

Activities

Objects: TO PROMOTE FOR THE BENEFIT OF THE PUBLIC THE CONSERVATION, PROTECTION AND IMPROVEMENT OF THE PHYSICAL AND NATURAL ENVIRONMENT THROUGH SUSTAINABLE AND ACCESSIBLE FOREST GARDENS. TO ADVANCE THE EDUCATION OF THE PUBLIC IN THE CONSERVATION, PROTECTION AND IMPROVEMENT OF THE PHYSICAL AND NATURAL ENVIRONMENT.

Activities: We create and maintain natural landscapes which build biodiversity and provide opportunities for employment, volunteering, education and engagement in order to reduce loneliness, isolation and improve health and well-being.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, Disability, Environment/conservation/heritage, Economic/community Development/employment, Recreation
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Warwickshire

Finances

Period end	Income	Expenditure	Assets	Employees
2024-10-31	£183,225	£138,242	-	-
2023-10-31	£91,871	£122,119	-	-
2022-10-31	£180,253	£138,151	-	-
2021-10-31	£64,690	£60,886	-	-
2020-10-31	£77,706	£51,749	-	-

Trustees

Name	Role	Appointed
Alex Drozd		2025-07-07
Daniel Gate		2025-04-24
Teresa Tra My Insua Luu		2025-07-07

FOREST OF HEARTS

England & Wales - Charity number 1160589

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Forest of Hearts Annual Report

2024



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Introduction



It's been another successful and impactful year fulfilling our aims to create places of purpose, build biodiversity, improve mental health and wellbeing and make a difference to protect the environment.

This year we've created community gardens and green spaces, delivered more Green Therapy sessions than ever, supported local individuals with mental health issues and ran a multitude of environmental corporate team building and volunteering events.



2024

Stratford Hospital Garden of Wellbeing



We created a new garden area to provide a peaceful and healing environment for patients and NHS staff to help improve wellbeing. Other aims were to build the biodiversity of the area and create a green space to be enjoyed by the local community.

We officially opened the garden to all of the above beneficiaries during an open day which consisted of garden tours, refreshments and music. It's been fantastic to see the garden being used and enjoyed by so many throughout the year since it's creation.

Nature Reserve



Our dedication to building biodiversity and nurturing nature continues at our nature reserve. We were delighted to welcome three new barn owl chicks to our barn owl box, adding to the charm of our sanctuary. The swallows once again returned to their nest, a testament to the safe haven we are aiming to provide. Our orchard area is thriving, bursting with new growth, and promising a bountiful future. In our ongoing commitment to enhance the reserve, we invested in hard landscaping to improve the facilities for both corporate and community use, ensuring that our space remains inviting and functional for all who visit.

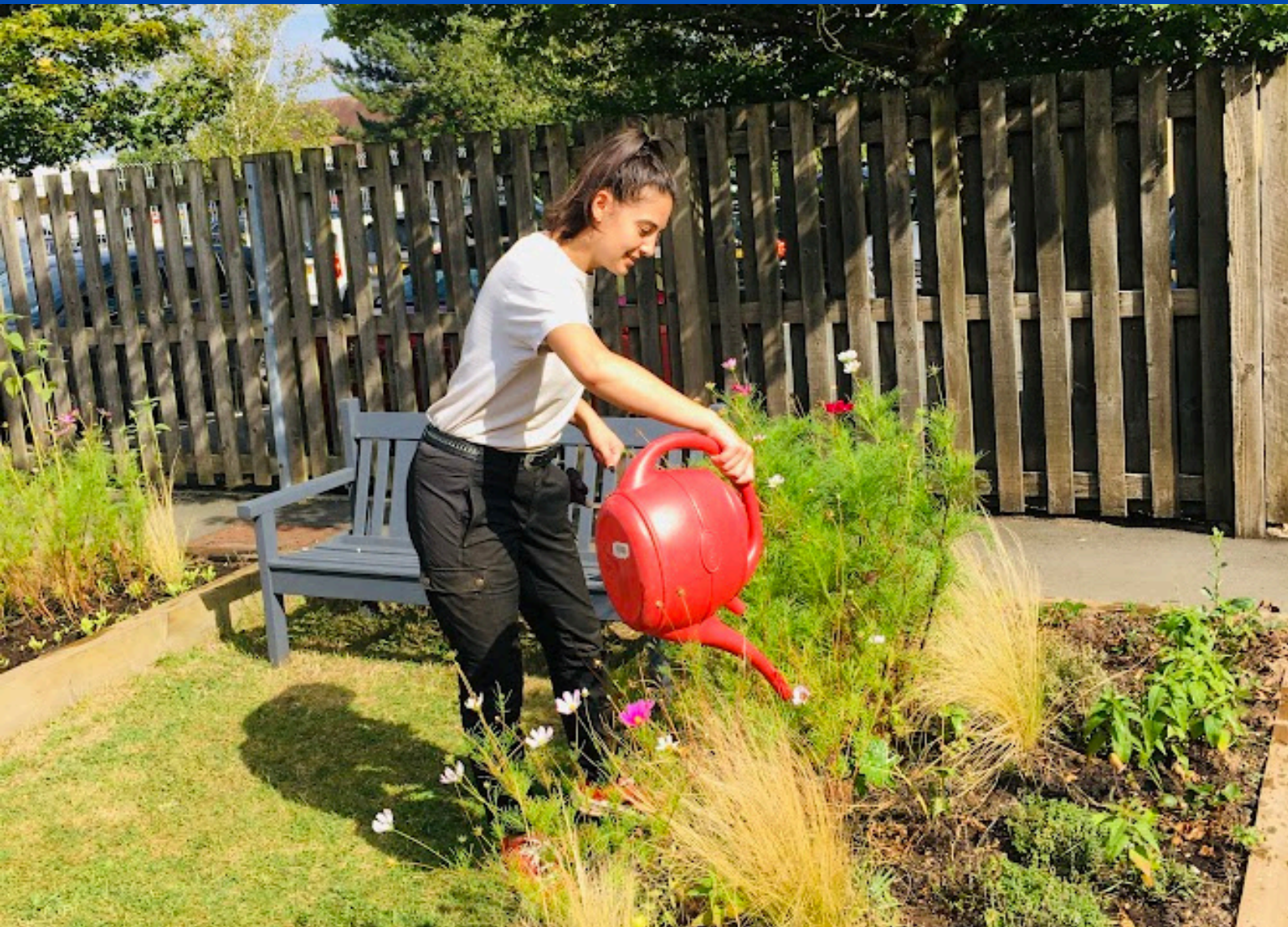
Tree Planting



During this year's tree planting season, we successfully planted 2,024 trees at our nature reserve in Snitterfield, just outside Stratford-upon-Avon.

We planted a variety of fruit trees in the orchard area, a mixed hedgerow around the perimeter of the five-acre plot, and majestic oak trees, enhancing the landscape's biodiversity, promoting local wildlife habitats, and creating a sustainable and beautiful environment for future generations.

Volunteers



With the invaluable contribution of 189 volunteers, who collectively gave 2,668 hours to our charity, we've seen a tremendous positive impact, enhancing our projects and strengthening our community bonds in profound ways.

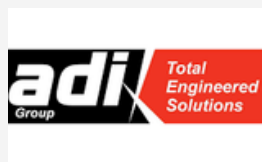
We sincerely thank all our volunteers for their time, effort, and expertise throughout the year.

Corporate Events



This year, 8 companies supported us by involving their staff in 12 of our corporate team-building and volunteering days, aligning with their CSR commitments, ESG strategies, and volunteer programmes.

Their collective efforts have significantly advanced our projects, fostering a stronger community and more sustainable environment. We deeply appreciate their commitment and dedication.



Bishopton Community Centre Secret Garden



We designed and created “The Secret Garden” as an accessible, low-maintenance area, perfect for up to 20 visitors at the community centre to use as an inviting outdoor meeting space.

After visiting the site at the beginning of the year to measure up and plan, we put our designs together to incorporate a smart seating area with an accessible pathway, a retaining wall, raised bed planters, wildflower planting and beautiful biodiverse habitats.

After creating the garden, we enjoyed an open day and set up a Green Therapy group at the location with members of the local community to help maintain the garden and find joy in nurturing plants.

Tudor Grange Academy Growing Hub



This gardening endeavour brought together the Forest of Hearts team, volunteers from BAM Construction, Community Governors and Tudor Grange Primary Academy teachers and students.

Over two productive days, we laid the groundwork for a vibrant vegetable garden right within the school grounds. The aim was to create a growing hub to get children interested in growing vegetables and learning about sustainability. Through hands-on experience and learning the whole growing process, they cultivated crops for the school kitchen and integrate harvesting crops and cooking them into their design and tech classes.

Green Therapy



We delivered 320 hours of Green Therapy this year, marking the beginning of our service expansion to more locations across Warwickshire to include Stratford-upon-Avon Hospital, Bishopton Community Centre, Mary Anne Evans Hospice, Stratford Train Station, Lavender Meadows and Rosalind Court.

Our Green Therapy programme has significantly enhanced individuals' mental health and wellbeing, provided valuable horticultural and environmental education, enhanced new skill development, facilitated meaningful connections, and empowered participants to contribute to their communities.

Talking Therapy



We worked in partnership with **Coventry, Warwickshire, and Solihull NHS Talking Therapies** to signpost and support people in the local community to access and make referrals to their free NHS service to help individuals with mild, moderate and severe symptoms of anxiety and low mood.

We promoted the Talking Therapies service through online platforms, engaging events, interactive workshops, and personalised 1-1 coaching sessions to enhance mental health and provide essential support for those seeking valuable help.

Rosalind Court



As part of a new initiative, we added raised bed planters made from recycled railway sleepers at Rosalind Court in Stratford-upon-Avon. This project marked the beginning of a new Green Therapy group, bringing together staff and residents in a shared effort to create and maintain garden spaces and community spirit.

These planters provided a sturdy and rustic charm, perfect for growing a variety of plants, from vibrant flowers to pollinator friendly plants to attract bees and butterflies. The use of recycled materials also very much aligned with our commitment to sustainability and innovation in gardening practices.

Gardening Club



We continued our Green Therapy Gardening Club at Mary Ann Evans Hospice in Nuneaton to keep offering support to local residents who have experienced bereavement.

This year the group created a sensory garden, grew vegetables, planted and maintained the other garden areas, crafted bug and bee hotels, made a mosaic table and expertly weaved willow bird feeders.

Harvest Share



This year, we successfully grew and harvested vegetables, which were donated to local community groups and Stratford-upon-Avon Hospital Café. These contributions provided fresh, nutritious food to those in need, supported local health initiatives, and created a sense of community wellbeing and sustainability.

We also visited local orchards to pick apples and other fruits, which we donated to care homes in the community, helping to reduce food waste and provide fresh produce to residents.

Funders



Thank you to the following funders who have helped us to continue to do what we do.

- The Simon Rivett Carnac Trust
- The Social Investment Bank
- Heart of England CF
- Postcode Lottery Trust
- Aston University – Social Economic Growth Programme – Grow Grant
- Rethink (Coventry & Warwickshire Partnership NHS Trust)
- Warwickshire County Council Green Shoots
- NHS Coventry & Warwickshire Integrated Care Board (ICB)
- Aviva Community Fund

Financials

FOREST OF HEARTS FINANCIAL REVIEW

**BRIEF STATEMENT OF THE CHARITY'S POLICY ON RESERVES
THE POLICY FOR HOLDING RESERVES IS TO HAVE AT LEAST 6 MONTHS
RUNNING COSTS IN RESERVE**

DETAILS OF ANY FUNDS MATERIALLY IN DEFICIT : N/A

**THE CHARITY IS IN A STRONG POSITION WITH CASH IN THE BANK WHICH
IS NEEDED TO DELIVER THE VARIOUS PROJECTS. WE ARE IN OUR EARLY
YEARS AND ARE TAKING A PRUDENT VIEW OF OUR FINANCES.**

**INCOME: £183,225
EXPENDITURE: £151,091
CASH FUNDS: £109,068**

Acknowledgements



We extend our heartfelt thanks to all of our funders, donors, volunteers, corporate supporters, team members, and trustees for their invaluable contributions and unwavering support, which have made this year a remarkable success.

To read more about our projects visit: forestofhearts.com/blog

Contact

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15 Ensign, Westwood Way
Coventry
CV4 8JA
07774 424404
carolelongden@forestofhearts.com



Forest of Hearts 1160589

CC16a

Receipts and payments accounts

For the period from 01/11/2023 To 31/10/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest£	Endowment funds to the nearest£	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations and Membership	2,488	-	-	2,488	11,021
Interest	489	-	-	489	359
Grants	49,556	-	-	49,556	17,000
Income contract	114,590	-	-	114,590	44,940
income events	16,072	-	-	16,072	18,551
income hire	-	-	-	-	-
income general	30	-	-	30	-
income social investment	-	-	-	-	-
Sub total (Gross income for AR)	183,225	-	-	183,225	91,871
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	183,225	-	-	183,225	91,871
A3 Payments					
Expenses & Maintenance	102	-	-	102	1,483
cost of goods Advertising	41,374	-	-	41,374	28,003
Salaries Travel Training	632	-	-	632	800
Stationery & Rent	55,612	-	-	55,612	19,534
Telephone insurance II	245	-	-	245	401
Costs Professional fee	210	-	-	210	255
Motor Expenses	2	-	-	2	1,017
Subscriptions	170	-	-	170	99
Subcontractors Donations	1,110	-	-	1,110	781
Rates Light, Power, & Heating Bank Charges	4,361	-	-	4,361	3,274
	1,252	-	-	1,252	35
	1,697	-	-	1,697	1,720
	485	-	-	485	426
	30,021	-	-	30,021	57,462
	26	-	-	26	426
	157	-	-	-	-
	99	-	-	-	-
	689	-	-	689	792
Sub total	138,242	-	-	137,986	116,508
A4 Asset and investment					
Van	8,000	-	-	-	-
Office Equipment	-	-	-	-	-
Building Improvements	4,849	-	-	4,849	4,696
Computer Equipment	-	-	-	-	-
Plant and machinery	-	-	-	-	914
Sub total	12,849	-	-	4,849	5,610
Total payments	151,091	-	-	151,091	122,119
Net of receipts/(payments)	32,134	-	-	32,134	- 30,248
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	76,934	-	-	76,934	107,182
Cash funds this year end	109,068	-	-	109,068	76,934

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted to nearest £	Restricted to nearest £	Endowment to nearest £
B1 Cash funds	Cash at Bank	117,696	-	-
	Carole Longden private Funds	361		
	Barclaycard	7,524	-	-
	PayPal	744	-	-
	Total cash funds	109,068	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Van	Unrestricted	12,150	-
	Building Improvements	Unrestricted	14,045	-
	Plant and Machinery	Unrestricted	2,701	-
	Office equipment	Unrestricted	170	-
	Computer Equipment (laptop)	Unrestricted	399	-
				-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Pension Liability	Unrestricted	277	
	PAYE & National Insurance Liability	Unrestricted	850	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>D. Gate</i>	Daniel Gate	25/07/2025



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
FOREST OF HEARTS

**On accounts for the year
ended**

31st OCTOBER 2024

**Charity no
(if any) 1160589**

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/10/2024**

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed: 

Date: **24/06/2025**

Name: **CHLOE BLACKWELL**

**Relevant professional
qualification(s) or body
(if any):**

ACCA

Address: **4 Clews Road, Redditch, B98 7ST**

FOREST OF HEARTS

England & Wales - Charity number 1160589

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2023



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Introduction



2023 has been a year that has seen record numbers of volunteers and volunteer hours with successful community programmes being delivered in the local community to improve wellbeing. We have made great progress at The Hideaway to boost biodiversity in the nature reserve and create the base to deliver our Green Team Events to many corporate clients.

FOREST OF HEARTS

OUR YEAR IN NUMBERS



2023

The Picket Post



A major achievement and investment this year has been at The Hideaway with the refurbishment of The Picket Post building as we transformed it into an off grid meeting and therapy space for both community and corporate use.

Great steps forward were made to insulate the building and install a new ceiling, paint and decorate, lay a new laminate floor, fully furnish the main room and kitchen area and have running water at the sink in the utility room.

Having this space to accompany the compost toilet and our exciting new BBQ hut has progressed the facilities on site brilliantly to create our events venue.

Nature Reserve



We made pleasing progress on the nature reserve at The Hideaway as we continue to build the biodiversity of the area.

After seeding half of the Field of Life with Yellow Rattle, we have now seeded the other half with a wildflower meadow mix which will attract bees, butterflies and other wildlife. 20,000 square metres seeded in total.

We also planted a garden area around the swallows nest with pollinator friendly plants, added to the butterfly bank, helped maintain the pond areas, created a hibernaculum and planted more trees.

Tree Planting



2,023 trees were planted as part of our 'Plant Trees Plant Hope' campaign in a bid to build biodiversity, combat climate change and create greener spaces in our local community.

We planted a variety of trees at our nature reserve to create hedgerow around the outer edge of the Field of Life and fruit trees in the orchard area.

As the trees grow, they will provide sanctuaries to all kinds of wildlife to help nature thrive and sequester carbon.

Volunteers



A record 249 volunteers gave 2,630 hours of their time to help our charity with a number of our horticultural and environmental projects to create positive change and improve their wellbeing..

We thank all our volunteers for offering their time, effort, skills and expertise to give back to our charity and to the local community. .

Corporate Events



13 companies engaged their staff in our Green Team Events and corporate volunteering days as part of their CSR commitments, ESG strategy and volunteering schemes.

Many successful volunteering events helped us create positive change at our nature reserve and at the gardens at Stratford hospital.

Our Green Team Events saw corporate groups enjoy environmental team building activities to create living walls, bug hotels and sustainable planters and take on our new mind bending outdoor escape room 'EcoEscape'.

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carbon**
powering tomorrow

Munich RE 

Cadent
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 **Waterstons**
we're with you

 **CEMEX**


NFU Mutual

Coca-Cola
EUROPACIFIC
PARTNERS

 **Navigator**

ARDEN
UNIVERSITY


EDEN
HOTEL
COLLECTION

nationalgrid

Green Therapy



We delivered 250 hours of Green Therapy during our twice weekly sessions in Stratford-upon-Avon. The horticultural therapy group consists of individuals from the local community who were inactive or long term unemployed, experiencing social isolation and struggling with learning difficulties and/or poor mental health.

Sessions were based both at Stratford hospital and The Hideaway. At Stratford hospital we helped maintain the gardens of wellbeing and grew veg in the Kitchen Garden to donate to the on-site café. At the Hideaway we helped enhance the progress at the nature reserve to boost the biodiversity of the area.

The group enjoyed meeting others, being outdoors in nature and doing such positive community work that made a difference.

Heathcote Garden



We created Heathcote Garden at Royal Leamington Spa Rehabilitation Hospital to accompany the Restaurant Garden we completed there last year.

The garden has provided somewhere enclosed and secluded, for NHS staff to meet, enjoy and relax in the outdoors to boost their wellbeing.

The green space includes a pollinator friendly garden area to improve the biodiversity of the area, living walls to add mini vertical gardens of colour and vibrancy, raised alpine beds full of beautiful low maintenance plants and a range of spaced-out seating areas in both full sun and in the shade.

Gardening Club



We ran a 'Gardening Club' at Mary Ann Evans Hospice in Nuneaton to help plant and maintain the gardens, provide a support group for those in the local community to improve wellbeing and create new habitats to boost biodiversity and support more wildlife.

The Gardening Club project was running every third Tuesday throughout the year to support local people who have experienced bereavement.

The horticultural therapy sessions have so far included the creation of miniature gardens, bulb planting, sowing seeds, growing veg, watering, weeding and making living walls.

Prince's Trust



A community project with Prince's Trust volunteers helped to create 10 new square planter frames for Mary Ann Evans hospice to support our decorative alpine beds.

The project also engaged the wider community with the involvement of volunteers at IAR (Inspiring Addiction Recovery) and another successful partnership programme with Bam Construct UK.

It's was great to facilitate a project that brought so many people together to socialise, develop new skills and create such a positive impact at the hospice.

Allotment Project



Earlier in the summer we created a vegetable plot at Meon Vale Allotment with families and members of the local community to give them the opportunity to grow their own veg just a stone's throw away from their homes.

The project engaged people of all ages where friendships were formed, healthy meals were cooked, sustainable practices were learned and wellbeing was boosted.

12 families in total took ownership of a bed each and we provided them with the seeds to sow to start their veg growing journey. It was a rewarding and successful project with many people growing veg for the first time and so many children taking an interest in growing veg and gardening.

Harvest Share



Our Harvest Share project got volunteers together in the great outdoors to have fun and pick a variety of fruits from local gardens and orchards.

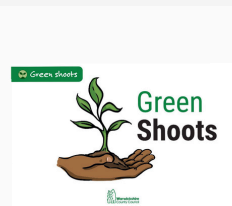
The fruit was donated to care homes in the local community to prevent food from going to waste and any surplus or damaged fruit was juiced by our Green Therapy group and shared amongst hospital visitors.

We also harvested and donated all the vegetables we had grown which saw a total of 750kg of fruit and veg donated to those in need.

Funders



Thank you to all our funders who have helped us to continue to do what we do.



Financials

FINANCIAL REVIEW

**BRIEF STATEMENT OF THE CHARITY'S POLICY ON RESERVES
THE POLICY FOR HOLDING RESERVES IS TO HAVE AT LEAST 6 MONTHS RUNNING
COSTS IN RESERVE**

DETAILS OF ANY FUNDS MATERIALLY IN DEFICIT : N/A

**THE CHARITY IS IN A STRONG POSITION WITH CASH IN THE BANK WHICH IS
NEEDED TO DELIVER THE VARIOUS PROJECTS. WE ARE IN OUR EARLY YEARS AND
ARE TAKING A PRUDENT VIEW OF OUR FINANCES.**

**INCOME £91,870
EXPENDITURE £107,483
CASH FUNDS £76,934**

Acknowledgements

We would like to give thanks to the following people for all their hard work and support over the last year.

Forest of Hearts team: Carole Longden, Tom Donnison, Mark Drummond, Luca Falcomer-Dawson, Dawn Mccarroll, Martin Dempster, Jon Knight, Dan Joyce, Bruno Mason, Peter Shum, David Ball

Trustees and management team: Lani Dines, Ian Burrows, John Bill, Wil Hepworth, Hannah Train



To read more about our projects visit: forestofhearts.com/blog

Contact

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Coventry
CV4 8JA
07774 424404
carolelongden@forestofhearts.com

Forest of Hearts		1160589		CC16a
Receipts and payments accounts				
For the period from	01/11/2022	To	31/10/2023	

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations and Membership	11,021	-	-	11,021	8,788
Interest	359	-	-	359	47
Grants	17,000	-	-	17,000	67,887
Income contract	44,940	-	-	44,940	85,115
income events	18,551	-	-	18,551	18,265
income hire	-	-	-	-	100
income general	-	-	-	-	50
income social investment	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	91,871	-	-	91,871	180,252
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	91,871	-	-	91,871	180,252
A3 Payments					
Expenses & Maintenance	1,483	-	-	1,483	106
cost of goods	28,003	-	-	28,003	36,495
Advertising	800	-	-	800	421
Salaries	19,534	-	-	19,534	13,228
Travel	401	-	-	401	-
Training	255	-	-	255	1,026
Stationery & Rent	1,017	-	-	1,017	89
Telephone	99	-	-	99	-
insurance	781	-	-	781	701
IT Costs	3,274	-	-	3,274	1,214
Professional fee	35	-	-	35	359
Motor Expenses	1,720	-	-	1,720	519
Subscriptions	426	-	-	426	514
Subcontractors	57,462	-	-	57,462	82,775
Donations	426	-	-	426	132
Bank Charges	792	-	-	792	173
	-	-	-	-	-
Sub total	116,508	-	-	116,508	137,752
A4 Asset and investment purchases. (see table)					
Van	-	-	-	-	-
Office Equipment	-	-	-	-	-
Building Improvements	4,696	-	-	4,696	-
Computer Equipment	-	-	-	-	399
Plant and machinery	914	-	-	914	-
	-	-	-	-	-
Sub total	5,610	-	-	5,610	399
Total payments	122,119	-	-	122,119	138,151
Net of receipts/(payments)	- 30,248	-	-	- 30,248	42,101
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	107,182	-	-	107,182	65,081
Cash funds this year end	76,934	-	-	76,934	107,182

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at Bank	78,513	-	-
	Carole Longden private Funds	-	365	-
	Barclaycard	-	1,214	-
		-	-	-
	Total cash funds	76,934	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

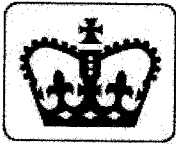
Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Van	Unrestricted	4,150	-
	Building Improvements	Unrestricted	9,196	-
	Plant and Machinery	Unrestricted	2,701	-
	Office equipment	Unrestricted	170	-
	Computer Equipment (laptop)	Unrestricted	399	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Pension Liability	Unrestricted	219	
	PAYE & National Insurance Liability	Unrestricted	1,373	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>Wil Hepworth</i>	Wil Hepworth	01 / 04 / 2024
<i>JL Bill</i>	John Bill	28 / 03 / 2024



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Forest of Heaths

**On accounts for the year
ended**

31st October 2023

**Charity no
(if any)**

1160684

Set out on pages

Remember to include the page numbers of additional sheets

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31st October 2023

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

26/03/2024

Name:

CHLOE BLACKWELL

**Relevant professional
qualification(s) or body
(if any):**

AAT, ACCA

Address:

4 Clews Road, Redditch, B98 7ST

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



FOREST OF HEARTS

England & Wales - Charity number 1160589

Accounts

Forest of Hearts Annual Report

2022



Forest *of* Hearts

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3 Introduction

4 Our year in numbers

5 Tree planting

6 Volunteers

7 CSR

8 The Orchard

9 Great team

10 New Gardens

11 Room for the soul

12 Welcombe Hills

13 Thanks

14 Financials

15 Acknowledgements



Introduction



2022 has proven to be a successful year for Forest of Hearts, where we have been able to deliver more projects, in more places with a new team of enthusiastic and skilled people who really care about boosting biodiversity and improving wellbeing through creating gardens for good.

OUR YEAR IN NUMBERS 2022

FOREST OF HEARTS

192 
Volunteers

2,057
Volunteer
hours 

250 
Hours of
Green Therapy

 **535**
kg of fruit picked
& donated

3 
Community
programmes run

 **76**
Linear metres
of living wall
installed

3 
More Barn Owl
chicks

2,022
Trees planted


 **5**
Gardens
created

12 
Corporate
partners



67,000 
People reached
through social
media

www.forestofhearts.com

We planted 2022 trees



We planted 2,022 trees in 2022 in a bid to build biodiversity, combat climate change and create green spaces in our local community. We planted oak, willow, alder, dog rose, hazel, hawthorn and blackthorn.

We offer a variety of ways your company can get involved with us to plant trees as part of your Corporate Social Responsibility (CSR) commitments or Environmental, Social and Governance (ESG) strategy.

Whatever your aims, we'll work together to devise a mutually-beneficial partnership and plan that helps enhance your brand and helps meet your CSR and sustainability objectives.

2057 volunteer hours given



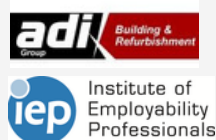
192 volunteers gave 2,057 hours of their time to help our charity with a number of our horticultural and environmental projects to create positive change and improve their wellbeing..

We pay tribute to all our volunteers who give their time and energy so readily which means that we can do ore work to boost biodiversity and give back to local communities.

We held CSR team events



We worked with a number of corporate groups to build teams, boost biodiversity and give back to the local community. Some of the organisations we have worked with in 2022 are below.



We created an orchard



We welcomed The Hershey Company to our five-acre nature reserve just outside Stratford-Upon-Avon to create fruit tree guilds in our recently planted orchard area. The 11 employees joined us as part of their Corporate Social Responsibility and also wanted an event to encourage staff communication and teamwork as well as getting offsite to enjoy the outdoors and offer headspace from busy working days in the office.

Their sustainability strategy outlines their intention to make a difference through investing in places where we live, employee engagement and volunteerism with their 'shared goodness promise' and we were so pleased they chose to volunteer with us.

We have a great team!



We have a wonderful team who manage the projects, plant the trees, run the events, maintain the gardens, keep up with social media and manage to have fun and give back at the same time.

Thanks to the hard work of Tom Donnison, we helped spread the message of health and wellbeing, biodiversity and positive change through our social media channels by reaching over 56,000 people in 2021.

Five new gardens created



5 gardens created to provide places of purpose to improve wellbeing, boost biodiversity, enhance volunteering opportunities and give back to the local community and NHS. Gardens were created at Stratford, Leamington and Warwick hospitals, Birmingham Road in Stratford and at The Dell for the Royal Shakespeare Company

Room for the Soul with RSC



The 'Room for the Soul' art installation was a big hit which saw areas of The Dell transformed into a magical outdoor lounge where plants and flowers overwhelmed furniture. These ephemeral art pieces included portraits of our Green Therapy group who helped design the furniture fabrics during workshops with artist Faye Claridge over the past month. They also helped grow the plants used as part of their horticultural therapy sessions we run twice a week at Stratford-Upon-Avon hospital.

The mood was set perfectly with folk music performed by our very own Luca Falcomer-Dawson. The talented local singer did 3 sets on the live stage in between poetry readings related to Shakespeare, the environment and memories of The Dell.

Welcombe Hills School



We enjoyed a successful community project for 15 individuals with mild to moderate learning difficulties from Welcombe Hills School in Stratford-Upon-Avon alongside ThinkForward. Over the 11 weeks we put on horticultural and environmental sessions in a number of locations in Stratford to help the group strengthen their town links for further volunteering and work opportunities.

The sessions were also designed to improve their soft skills, communication, teamwork, independence and self-confidence, for which we saw a marked improvement in all these areas. As a collective, they helped make a big impact in the local community with many practical activities completed to benefit people, places and the environment.

Thanks to our supporters



Thanks to all our supporters and funders who have helped us to continue and grow.



Financials

FINANCIAL REVIEW

BRIEF STATEMENT OF THE CHARITY'S POLICY ON RESERVES

THE POLICY FOR HOLDING RESERVES IS TO HAVE AT LEAST 6 MONTHS RUNNING COSTS IN RESERVE

DETAILS OF ANY FUNDS MATERIALLY IN DEFICIT : N/A

THE CHARITY IS IN A STRONG POSITION WITH CASH IN THE BANK WHICH IS NEEDED TO DELIVER THE VARIOUS PROJECTS. WE ARE IN OUR EARLY YEARS AND ARE TAKING A PRUDENT VIEW OF OUR FINANCES.

INCOME £180,253
EXPENDITURE £138,151
CASH FUNDS £107,182

Acknowledgements

We would like to thank the following people:

Forest of Hearts team: Tom Donnison, Hes Bradley, Mark Drummond, Luca Falcomer-Dawson, Ann Johnson, Dan Joyce, Richard Edwards, Bruno Mason, Heather Osmond, Charlie Meredith-Owen, Chris Wooll, David Ball.

Trustees and management team: Lani Dines, John Bill, Wil Hepworth, Hannah Train



Thank You!

Contact

Carole Longden
Forest of Hearts
15 Ensign, Westwood Way
Coventry
CV4 8JA
07774 424404
carolelongden@forestofhearts.com

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations and Membership	8,788	-	-	8,788	4,863
Interest	47	-	-	47	33
Grants	67,887	-	-	67,887	32,298
Income contract	85,115	-	-	85,115	22,904
Income events	18,265	-	-	18,265	4,592
Income hire	100	-	-	100	-
Income general	50	-	-	50	-
Income social investment	-	-	-	-	-
Sub total (Gross income for AR)	180,253	-	-	180,253	64,690
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	180,253	-	-	180,253	64,690
A3 Payments					
Expenses & Maintenance	106	-	-	106	452
cost of goods	36,495	-	-	36,495	436
Advertising	421	-	-	421	318
Salaries	13,228	-	-	13,228	-
Travel	-	-	-	-	-
Training	1,026	-	-	1,026	-
Stationery & Rent	89	-	-	89	1,361
Insurance	701	-	-	701	382
IT Costs	1,214	-	-	1,214	-
Professional fee	359	-	-	359	85
Motor Expenses	519	-	-	519	-
Subscriptions	514	-	-	514	1,157
Subcontractors	82,775	-	-	82,775	47,215
Donations	132	-	-	132	99
Bank Charges	173	-	-	173	40
Sub total	137,752	-	-	137,752	51,545
A4 Asset and investment purchases, (see table)					
Van	-	-	-	-	-
Office Equipment	-	-	-	-	-
Buildings	-	-	-	-	-
Computer Equipment	399	-	-	399	-
Plant and machinery	-	-	-	-	-
Sub total	399	-	-	399	-
Total payments	138,151	-	-	138,151	51,545
Net of receipts/(payments)	42,101	-	-	42,101	3,804
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	65,081	-	-	65,081	61,277
Cash funds this year end	107,182	-	-	107,182	65,081

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at Bank	107,581	-	-
	Charity Loughlin private Funds	500	-	-
	Total cash funds	107,182	-	-

(agree balances with receipts and payments account(s))

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Van	4,150	-	-
	Buildings	4,500	-	-
	Plant and Machinery	1,787	-	-
	Chairs and Tables	170	-	-
	Computer Equipment (laptop)	399	-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>Wil Hepworth</i>	Wil Hepworth	17 / 02 / 2023
<i>John Bill</i>	John Bill	15 / 02 / 2023



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Forest of Hearts

**On accounts for the year
ended**

31st October 2022

**Charity no
(if any)**

1160689

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 10 2022.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

06/03/23

Name:

CHLOE BLACKWELL

**Relevant professional
qualification(s) or body
(if any):**

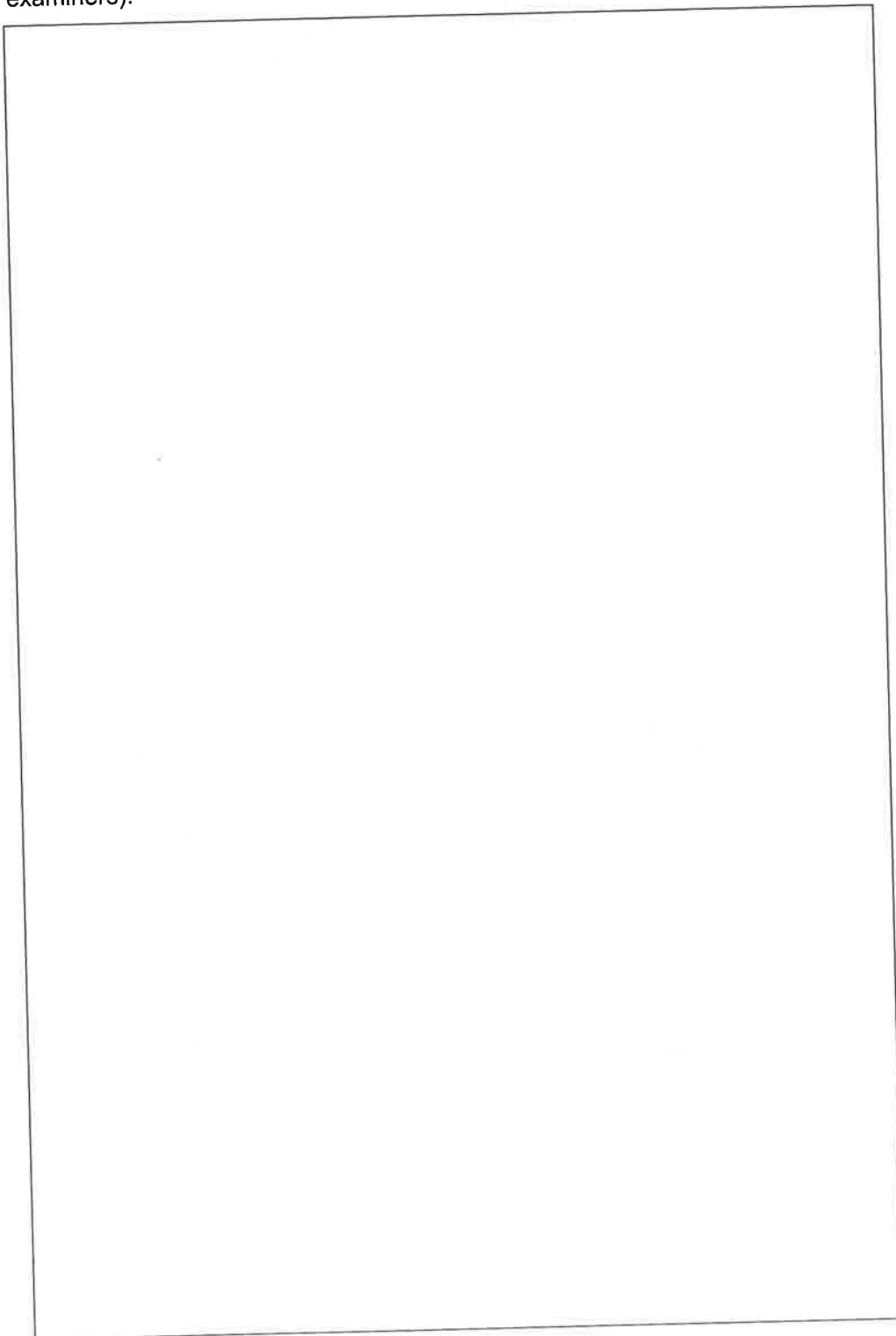
AAT, ACCA

Address:

4 Clews Road, Redditch, B98 7ST

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



FOREST OF HEARTS

England & Wales - Charity number 1160589

Accounts

Forest of Hearts Annual Report

2021



Forest *of* Hearts

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3 Introduction

4 Our year in numbers

5 Tree planting

6 Volunteers

7 CSR

8 Field of Life

9 Great team

10 NHS Green Spaces

11 Living Walls

12 Supporters

13 SDGs

14 Financials

15 Acknowledgements



Forest of Hearts

Introduction



2021 has proven to be a successful year for Forest of Hearts, where we have been able to deliver more projects, in more places with a new team of enthusiastic and skilled people who really care about boosting biodiversity and improving wellbeing through creating gardens for good.

Our year in numbers

1,966 
Volunteer hours

180
Volunteers

250 
Hours of Green Therapy

2,021 
Trees planted

15 
Local unemployed individuals
enhanced employability
through our courses

26
Linear metres of living
walls installed 

1,500 
Plants grown

56,000 
People reached
through social
media

2 
People employed
through Kickstart
scheme

900 
Kilos of fruit
& veg donated

2 
Wildlife ponds created for
Great Crested Newt potential

6 
Barn Owl chicks nested
in our Barn Owl box

 3
NHS hospital gardens
started & maintained



11 
Corporate
partnerships

We planted 2021 trees



Thanks to Wipro for the match funding project



We planted 2,021 trees in 2021 as part of our 'Plant Trees Plant Hope' campaign in a bid to build biodiversity, combat climate change and create green spaces in our local community. We planted oak, willow, alder, dog rose, hazel, hawthorn and blackthorn. We offer a variety of ways your company can get involved with us to plant trees as part of your Corporate Social Responsibility (CSR) commitments or Environmental, Social and Governance (ESG) strategy.

Whatever your aims, we'll work together to devise a mutually-beneficial partnership and plan that helps enhance your brand and helps meet your CSR and sustainability objectives.

1966 volunteer hours given



Our volunteer hours are now tracked through a new system TimeCounts which helps us to keep a record of who has volunteered and when. We now have 180 volunteers across a range of skills and experience. Some come regularly to our Tuesday and Friday Green Therapy sessions and others such as corporate volunteers come and help out with specific tasks such as hedge planting. We also have volunteers such as David Ball and Bill Blincoe who work on specific jobs.

We pay tribute to all our volunteers who give their time and energy so readily which means that we can do ore work to boost biodiversity and give back to local communities. Special thanks to Phil and all at BAM for their continued support.

We held CSR team events



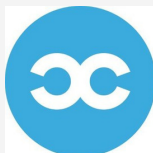
We worked with a number of corporate groups to build teams, boost biodiversity and give back to the local community. Some of the organisations we have worked with in 2021 are below.



SIEMENS



Cadent
Your Gas Network



FOREST OF HEARTS

Trustee Annual Report 2021

We dug two wildlife ponds

Six barn owl chicks were raised
in the box on the oak tree



We have begun the creation of 'The Field of Life', a green space which we are transforming into a biodiverse, wildlife rich area of beauty and tranquillity, with off-grid facilities to improve wellbeing.

We have dug and will manage two wildlife ponds to support great crested newts along with a range of other aquatic species including amphibians, invertebrates and plants.

The site lies in a strategic location for great crested newts as the species has been recorded locally (approximately 250 metres) from the site and there is good habitat connectivity. We have seeded two acres of the field with yellow rattle ready to seed with wildflowers next year.

We have a great team!



We have a wonderful team who manage the projects, plant the trees, run the events, maintain the gardens, keep up with social media and manage to have fun and give back at the same time.

Thanks to the hard work of Tom Donnison, we helped spread the message of health and wellbeing, biodiversity and positive change through our social media channels by reaching over 56,000 people in 2021.

NHS green spaces x 3



We have turned other derelict, overgrown areas of the hospital into beautiful garden spaces by planting colourful plants to add visual beauty and increase the biodiversity of the area by attracting pollinators such as bees and butterflies. We have planted over 1,000 Spring bulbs to bring a burst of colours come the season.

With help from our Green Therapy group we have placed self-watering planters around the hospital on concrete areas which desperately needed greenery and colour. We regularly maintain these self-watering planters by watering them once a week, weeding and replacing plants to suit the season. We have also brought life to some of the outdoor walls with hanging baskets.

We plant living walls



Our 'Warwickshire Living Walls' project will see us design and install 100 linear metres of living walls at hospitals and public access sites across Warwickshire. So far we have installed 26 linear metres.

AIMS OF THE PROJECT

- Create greener spaces in urban environments.
- Improve air purification with species rich plants that absorb Particulate Matter and Nitrogen Dioxide to reduce harmful effects of traffic pollution in the atmosphere.

Thanks to our supporters



Thanks to all our supporters and funders who have helped us to continue and grow in spite of Covid.



Priority SDGs

There are 17 SDGs and 169 targets in total. While they are all important and interrelated, these are the ones that are most relevant to our organisation.

SUSTAINABLE DEVELOPMENT GOALS



We are focusing on four key global goals



Financials

FINANCIAL REVIEW

**BRIEF STATEMENT OF THE CHARITY'S POLICY ON RESERVES
THE POLICY FOR HOLDING RESERVES IS TO HAVE AT 3-6 MONTHS RUNNING
COSTS IN RESERVE**

DETAILS OF ANY FUNDS MATERIALLY IN DEFICIT : N/A

**THE CHARITY IS IN A STRONG POSITION WITH CASH IN THE BANK WHICH IS
NEEDED TO DELIVER THE VARIOUS PROJECTS. WE ARE IN OUR EARLY YEARS AND
ARE TAKING A PRUDENT VIEW OF OUR FINANCES.**

**INCOME £64690
EXPENDITURE £60886
CASH FUNDS £65081**

Acknowledgements

We would like to thank the following people:

Forest of Hearts team: Tom Donnison, Hes Bradley, Mark Drummond, Luca Falcomer-Dawson, Ann Johnson, Jenny Parker, Dan Joyce, Richard Edwards, Bruno Mason, Heather Osmond, Charlie Meredith-Owen, Chris Wooll, David Ball.

Trustees and management team: Lynne Holt, John Bill, Wil Hepworth, Hannah Train

Corporate supporters: Phil Eaves



Thank You!

Contact

Carole Longden
Forest of Hearts
15 Ensign, Westwood Way
Coventry
CV4 8JA
07774 424404
carolelongden@forestofhearts.com



Receipts and payments accounts

CC16a

For the period from

1/11/20

To

31/10/21

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations and Membership	4,863	0	0	4,863	4,838
Interest	33	0	0	33	16
Grants	32,298	0	0	32,298	39,061
Income contract	22,904	0	0	22,904	17,952
income events	4,592	0	0	4,592	14,701
income hire		0	0	0	690
income general		0	0	0	448
income social investment		0	0	0	0
		0	0	0	0
Sub total(Gross income for AR)	64,690	0	0	64,690	77,706
A2 Asset and investment sales, (see table).					
	0	0	0	0	
	0	0	0	0	0
Sub total	0	0	0	0	0
Total receipts	64,690	0	0	64,690	77,706
A3 Payments					
Expenses & Maintenance	452	0	0	452	2,885
cost of goods	9,747	0	0	436	436
Advertising	348	0	0	318	318
Travel	0	0	0	0	20
Training	0	0	0	0	199
Stationery & Rent	1,361	0	0	1,361	2,507
insurance	382	0	0	382	382
Professional fee	85	0	0	85	300
Subscriptions	1,157	0	0	1,157	837
Subcontractors	47,215	0	0	47,215	37,540
Donations	99	0	0	99	0
Bank Charges	40	0	0	40	38
Sub total	60,886	0	0	51,545	45,462
A4 Asset and investment purchases, (see table)					
Van	0	0	0	0	0
Office Equipment	0	0	0	0	170
Buildings	0	0	0	0	4,500
Plant and machinery	0	0	0	0	1,787
Sub total	0	0	0	0	6,457
Total payments	60,886	0	0	60,886	51,919
Net of receipts/(payments)	3,804	0	0	3,804	25,957
A5 Transfers between funds	0	0	0	0	0
A6 Cash funds last year end	61,277	0	0	61,277	35,320
Cash funds this year end	65,081	0	0	65,081	61,277

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at Bank	65,081	0	0
		0	0	0

--

Total cash funds

(agree balances with receipts and payments account(s))

0
65,081

0
0

0
0

Unrestricted funds
to nearest £

Restricted funds
to nearest £

Endowment funds
to nearest £

B2 Other monetary assets

Details

0
0
0
0
0
0

0
0
0
0
0
0

0
0
0
0
0
0

B3 Investment assets

Details

Fund to which asset belongs

Cost (optional)

0
0
0
0
0

Current value (optional)

0
0
0
0
0

B4 Assets retained for the charity's own use

Details

Van
Buildings
Plant and Machinery
chairs and tables

Fund to which asset belongs

4,150
4,500
1,787
170

Cost (optional)

0
0
0
0
0
0
0
0
0

Current value (optional)

0
0
0
0
0
0
0
0
0

B5 Liabilities

Details

Fund to which liability relates

Amount due (optional)

0
0
0
0
0

When due (optional)

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

JOHN BILL F.C.A. 1/4/2022

Date of approval



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Forest of Hearts

**On accounts for the year
ended**

31st October 2021

**Charity no
(if any)**

1160689

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 / 10 / 2021.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

28/06/2022

Name:

Chloe Blackwell

**Relevant professional
qualification(s) or body
(if any):**

AAT, ACCA

Address:

4 Clews Road, Redditch, B98 7ST

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

FOREST OF HEARTS

England & Wales - Charity number 1160589

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	November	2019		31	October	2020

Section A Reference and administration details

Charity name

Forest of Hearts

Other names charity is known by

Registered charity number (if any)

1160589

Charity's principal address

15 Ensign, Westwood Way
Coventry

Postcode CV4 8JA

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Wil Hepworth	Chair		
2	John Bill	Treasurer		
3	Lynne Holt	Secretary		
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Accountant	Hayward Wright	4 The Oaks, Clews Road, Redditch B98 7ST
Solicitor	Lodders	Number Ten, Elm Court, Arden Street, Stratford upon Avon, CV37

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <small>(eg. trust deed, constitution)</small>	Constitution
How the charity is constituted <small>(eg. trust, association, company)</small>	Charitable Incorporated Organisation
Trustee selection methods <small>(eg. appointed by, elected by)</small>	Appointed by management team

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

<p>All policies and procedures are to be found on the resources page on the Forest of Hearts website</p>
--

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

<p>To promote for the benefit of the public the conservation protection and improvement of the physical and natural environment through sustainable and accessible forest gardens. To advance the education of the public in the conservation, protection and improvement of the physical and natural environment.</p>
--

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

WE CREATE AND MAINTAIN EDIBLE AND NATURAL LANDSCAPES WHICH BUILD BIODIVERSITY AND PROVIDE OPPORTUNITIES FOR VOLUNTEERING, EDUCATION AND ENGAGEMENT IN ORDER TO REDUCE LONELINESS, ISOLATION AND IMPROVE HEALTH AND WELL-BEING.

The Forest of Hearts aims to improve the wellbeing, skills and confidence and reduce isolation or anxiety of its beneficiaries, whilst building biodiversity and enhancing the environment. The main activities are Green Therapy, Harvest Share, Gardening, Tree Planting and Propagation.

The trustees are aware that public benefit requirement has two aspects:

The 'benefit aspect' To satisfy this aspect:

- a purpose must be beneficial - this must be in a way that is identifiable and capable of being proved by evidence where necessary and which is not based on personal views
- any detriment or harm that results from the purpose (to people, property or the environment) must not outweigh the benefit - this is also based on evidence and not on personal views

The 'public aspect' To satisfy this aspect the purpose must:

- benefit the public in general, or a sufficient section of the public - what is a 'sufficient section of the public' varies from purpose to purpose
- not give rise to more than incidental personal benefit - personal benefit is 'incidental' where (having regard both to its nature and to its amount) it is a necessary result or by-product of carrying out the purpose

[The Trustees have read the guidance about Public Benefit here.](#)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



Section D Achievements and performance

Summary of the main achievements of the charity during the year

2020 was a year like no other but we adapted to the circumstances and managed to achieve a lot. Here are some of our 2020 highlights:

- Our wonderful team of workers, volunteers and funders who we couldn't have got through the year without. We now have 61 volunteers, many are registered as hospital volunteers.
- Our Green Therapy group for their fantastic work, education and enthusiasm and have been meeting within the Covid restrictions to maintain the garden at Stratford Hospital and get the polytunnel ready for use.
- Tree planting in the local community which saw us plant thousands of trees to build biodiversity, combat climate change and improve wellbeing – this has happened at three sites in Pathlow, Long Marston and Stratford Hospital. Trees are supplied by IDIgTrees and through the Arden Farm Network. We have been supported with tree planting by Siemens and Reckitt Benckiser. Lockdown meant that we had to stop our plans for corporate tree planting.
- Vale Fresco came in just before lockdown and the poly tunnel was constructed so we could grow lots of plants and edibles throughout the year ready to transfer into our raised beds.
- We started the creation of the kitchen garden with the building of two brick raised beds, pathways and planting. This garden has attracted attention from Warwick hospitals and we have been asked to design gardens for them.
- We have maintained the Garden of Wellbeing with regular planting of edibles, weeding and watering. The garden proved to be a very popular place for staff and patients to sit out in the summer in a socially distanced way
- Our 'Sow & Grow at Home Challenge' which saw participants create a show garden for us to judge on VE Day. Each of the 12 participants was sent their own Grid Garden with 9 vegetable seeds and created their own garden at home
- Our 'Harvest Share Project' which got volunteers together in the great outdoors to pick a variety of fruits from gardens and orchards and distribute them to care homes, hospitals and animal sanctuaries in the local community. We collected and distributed over 800 kilos of fruit that would have gone to waste from sites in Long Marston, Aston Cantlow and Snitterfield.
- Our online shop and the sale of our 'Grow Your Own Veg At Home' boxes which were a big success during lockdown and helped us raise funds to support our community work and garden work at Stratford-Upon-Avon hospital to give thanks to NHS staff.
- We ran online exercise classes, walks for wellbeing and completing the 3 Peaks Challenge which saw us collectively walk, run or cycle 1,020km.
- We celebrated Halloween with our Pumpkin Carving Competition which saw so many amazing efforts and lots of prizes for the winners.
- We have created our own composter out of recycled pallets so we can make our own compost advised by Jon Knight and Paul Sawtell.
- Ann Johnson joined us in August from Wave-length Social Marketing CIC to advise and report on social inclusion aspects of all projects and recommend funding to meet accessibility needs.
- Tom Donnison joined us in the New Year of 2020 and is doing a wonderful job involving a wide range of activities including developing our shop which is very successful, running online therapy sessions, supporting those with special needs, improving our social media presence, supporting tree planting and all aspects of gardening including a major tidy up of the drive into the hospital.

Section E

Financial review

Brief statement of the charity's policy on reserves

The policy for holding reserves to have at 3-6 months running costs in reserve

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity is in a strong position with cash in the bank which is needed to deliver the various projects. We are in our early years and are taking a prudent view of our finances.

Income was £77706
Expenditure £51749
Cash Funds £61277

Section F

Other optional information

The charity is growing year on year and the need for our services is clearly now in three main areas:

- **Mental Health and Wellbeing**
- **Conservation of the natural environment**
- **Employment, training and education**

Priorities for 2021 are:

1. Plant 2021 trees. Create Barn Owl Wood, Damselfly Ponds, Wildflower Meadow Butterfly Banks and the Green Space (which was put on hold following the commencement of construction for the holiday lodge park in the summer)
2. Complete the Kitchen Garden at Stratford Hospital and open in the summer. Design and construction of gardens at Warwick hospital including The Quiet Garden, Thomas Ward Garden, The Secret Garden, Physiotherapy Courtyard, Design and Martin's Garden at Leamington Rehab hospital
3. Build on the online offer and presence through the shop and social media
4. Develop an "Instant Garden" offer with BoxGarden to increase traded income
5. Increase the corporate income through events, donations, match funding etc
6. Provide more volunteering, training and employment opportunities
7. Create a plan for the accessible Green Space buildings and facilities and test ideas in the summer

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

W. Hepworth

John Bill

Full name(s)

Wil Hepworth

John Bill

Position (eg Secretary, Chair, etc)

Chair

Treasurer

Date

27th March 2021



CHARITY COMMISSION
FOR ENGLAND AND WALES

Forest of Hearts

FOREST OF HEARTS

1160589

1160589

Receipts and payments accounts

CC16a

For the period from	01/11/2019 01/11/2019	To	31/10/2020 31/10/2020
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations and Membership	4,838	-	-	4,838	5,921
Interest	16	-	-	16	11
Grants	39,061	-	-	39,061	15,300
Income contract	17,952	-	-	17,952	16,435
Income events	14,701	-	-	14,701	2,056
Income hire	690	-	-	690	150
Income general	448	-	-	448	2,502
Income social investment	-	-	-	-	19,000
<i>Sub total (Gross income for AR)</i>	77,706	-	-	77,706	61,375
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
<i>Sub total</i>	-	-	-	-	-
Total receipts	77,706	-	-	77,706	61,375
A3 Payments					
Expenses & Maintenance	2,885	-	-	2,885	1,126
cost of goods	436	-	-	436	-
Advertising	318	-	-	318	307
Travel	20	-	-	20	220
Training	199	-	-	199	500
Stationery & Rent	2,507	-	-	2,507	1,016
insurance	382	-	-	382	382
Professional fee	300	-	-	300	360
Subscriptions	837	-	-	837	173
Subcontractors	37,540	-	-	37,540	51,789
Donations	-	-	-	-	-
Bank Charges	38	-	-	38	39
<i>Sub total</i>	45,462	-	-	45,462	55,912
A4 Asset and investment purchases, (see table)					
Van	-	-	-	-	4,150
Office Equipment	-	-	-	170	-
Buildings	4,500	-	-	4,500	-
Plant and machinery	1,787	-	-	1,787	-
<i>Sub total</i>	6,287	-	-	6,457	4,150
Total payments	51,749	-	-	51,749	60,062
<i>Net of receipts/(payments)</i>	25,957	-	-	25,957	1,313
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	35,320	-	-	35,320	34,007
<i>Cash funds this year end</i>	61,277	-	-	61,277	35,320

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at Bank	61,277	-	-
		-	-	-
		-	-	-
	Total cash funds	61,277	-	-

(agree balances with receipts and payments account(s))


Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Van	4,150	-	-
	Buildings	4,500	-	-
	Plant and Machinery	1,787	-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	<i>William Hepworth</i>	6/4/2021
John Bill	John Bill	06/04/2021



Section A

Independent Examiner's Report

Report to the trustees/ members of

Charity Name
FOREST OF HEARTS

On accounts for the year ended

31/10/2020

Charity no (if any)

1160589

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Hayward Wright Ltd

Date:

14/06/2021

Name:

HAYWARD WRIGHT LTD

Relevant professional qualification(s) or body (if any):

ICAEW

Address:

4 CLEWS RD

REDDITCH

B98 7ST

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

None