

***Paramitha Community
Development Foundation***

Trustees Report

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1. Reference and Administrative details

1.1 Organization Details

Charity/Company Name: Paramitha Community Development Foundation

Address: 6, Hammond close, Brislington, Bristol BS4 5HY

Telephone number: Tel: +44117 977 0465

E-Mail: info@bristolbuddhistvihara.org.uk

Website: www.bristolbuddhistvihara.org.uk

Legal status: Company Limited by Guarantee
Charity commission Registered No 1160561
Companies House No. 08199348

1.1 Members and Trustees

Name	Skills / Qualifications
Ven Pelwatte Dhammananda Thero	Ordained over 34 years and has managed the Bristol Temple (PCDF) for over 12 years. He has taught in schools and has been carrying out spiritual and social work from the day ordained.
Mr Upali Gunathilaka	Over 20 years of experience in printing in a well-known newspaper.
Raymond Anthony Douglas Cole	Retired Media worker. Over 40 years of experience.
Mr. Aruna Duminda Banduseela	Over 20 years of experience in software development
Prof Mahesh Sooriyabandara	Managing director for a multi-national telecommunication research company and PhD in engineering and a chartered engineer

2 Structure, Governance and Management

2.1 Overview

Paramitha Community Development Foundation (PCDF) is a non-profit community organisation under charity number 1160561 and Companies House No: 08199348. It has been established to meet the social and spiritual needs of the community based in Bristol and surrounding South West and Wales region. Through its cultural and educational activities, it now provides services to wider multi-cultural communities from Bristol, Cardiff, Swindon, Southampton and Gloucester, Reading and Worthing. The organisation is fully supported by volunteers and over the years it has grown into a strong organisation with over 800 permanent members from all parts of the community. As a charitable organisation all services that include educational, cultural, advising, counselling, welfare and interfaith activities are offered for free.

2.2 Our Mission Statement

Introduce and advance the Buddhist religion in the UK for the benefit of the public through the holding of prayer meetings, lectures, celebration of religious/cultural festivals, producing and distributing literature on the Buddhist philosophy to enlighten others about the Buddhist way of life and promotion of inter-religious harmony for the benefit of public by promoting knowledge and mutual understanding of the beliefs and practice of different religious faiths.

2.3 Our Activities

Since 2012, the PCDF has been working collaboratively with many culturally diverse community groups and their organisations, to deliver numerous social and cultural services, annual events and support systems in the South West and Wales.

Monthly “Mindfulness and Meditation” sessions conducted organised by PCDF are attended by people belonging to several ethnic groups and the “Sunday” school, which teaches Sri Lankan Language and culture is attended by children belonging to different denominations as well.

The annual multicultural celebration organised by the PCDF is turning into a popular community event in the region which is drawing crowds from neighboring cities such as Cardiff, Gloucester, Swindon and Southampton and has been attended by the Lord Mayor of Bristol.

2.4 Performance and Monitoring

PCDF conducts a range of charitable, educational, wellbeing and entertainment related activities as regular annual events to assist individuals and communities in cultural, spiritual, wellbeing and financial needs. We have been providing services since 2012.

Support/services	Demographic information	No. services	No. assisted/participated
Counselling	Majority aged 20-60y	1/month	50/year
Community awareness (Blood, Organ donation)	Majority adults in all age groups.	1/month	800/year >50 signed up
Multicultural events	multicultural Males ≈ Females	Annual	2000/year
Language and Buddhist School	Children: 5-18y	1/week	150/week
Charity	N/A	SOS	Covid relief and good Friday Attack in Sri Lanka. Support for individuals and families during difficult times
Mindfulness and meditation)	Children	Ad hoc on request	
Multifaith group discussions		Ad hoc as organised	

2.5 Major events, progress and achievements of the Charity throughout the year

We managed to set up, and continue to use, a network of video sessions for spiritual and pastoral events. The monthly Poya (full moon) program has been restarted and a series of Poojas following the “wet season” has been implemented. This will culminate in the major Kathina ceremony to be held in October. We are still running Sunday schools on zoom as this provides an effective method for reaching many younger members of the Community. The major cultural and spiritual events are once again being planned. Please see below for the detailed summary of the activities planned for the year.

Our main focus has been securing a permanent place for the temple and dwelling for the monks. Through the year our volunteers have been organizing one off events and fund raising to secure a deposit needed for the mortgage.

The search for a new Temple nears completion and updates are sent from the steering committee on a regular basis.

2.6 How our activities deliver public benefit

We deliver services to individuals or small groups and classes. We enabled the community to remain connected. It was also enabling to some new members as the distances involved precluded travel at the time so contacting us and joining in with activities was easier. It was significant that maintaining contact helped with minimizing any sense of isolation that was reported from some quarters.



Annual main programs

Date or month	Program
01 January	New Year Blessings Ceremony
14 April	Sri Lankan New year day
April	New year celebration and children cultural show - Cardiff
	New year celebration and children cultural show - Bristol
	New year celebration and children cultural show – Southampton
	New year celebration and children cultural show – Gloucester
	New year celebration and children cultural show - Reading
	New year celebration and children cultural show - Swindon
May	Buddha Day Celebration
	Buddha Day Celebration - Bristol
	Buddha Day Celebration - Cardiff
	Buddha Day Celebration – Gloucester
	Buddha Day Celebration – Southampton
	Buddha Day Celebration - Reading
	Buddha Day Celebration – Swindon
June	Dhamma day Celebration
	Dhamma day Celebration - Bristol
	Dhamma day Celebration - Cardiff
	Dhamma day Celebration – Gloucester
	Dhamma day Celebration – Southampton

	Dhamma day Celebration - Reading
	Dhamma day Celebration – Swindon
	Annual Meditation Retreat
July	Vassana Retreat
August	Vassana Retreat
September	Vassana Retreat
	Interfaith Day
October	Sangha Day Celebration
	Sangha Day Celebration - Bristol
	Sangha Day Celebration - Cardiff
	Sangha Day Celebration – Gloucester
	Sangha Day Celebration – Southampton
	Sangha Day Celebration - Reading
	Sangha Day Celebration – Swindon
November	Annual Robing Ceremony
December	Children Cultural Show
	Christmas Program
31 December	Blessing Ceremony

PARAMITHA COMMUNITY DEVELOPMENT FOUNDATION



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BRISTOL BUDDHIST VIHARA

6, Hammond close,
Bristolington,
Bristol.
BS4 5HY
United Kingdom
Tel: +44 117 977 0465

Weekly Regular activates

Every 1st Saturday

Sunday Dhamma School in Cardiff
Blessing Ceremony

Every 1st Sunday

On line Sunday Dhamma
Sunday Blessing Ceremony

Every 2nd Saturday

Sunday Dhamma School in Southampton
Sunday Dhamma School in Reading
Blessing Ceremony

Every 2nd Sunday

Poya Program in Bristol
Sunday Dhamma School in Bristol

Every 3rd Saturday

Sunday Dhamma School in Gloucester
Blessing Ceremony

Every 3rd Sunday

On line Sunday Dhamma School
Blessing Ceremony

Every 4th Saturday

Sunday Dhamma School in Swindon
Blessing ceremony

Every 4th Sunday

On line Sunday Dhamma School
Blessing Ceremony

PARAMITHA COMMUNITY DEVELOPMENT FOUNDATION



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BRISTOL BUDDHIST VIHARA

6, Hammond close,
Brislington,
Bristol.
BS4 5HY
United Kingdom
Tel: +44 117 977 0465

Daily Activities

Opening hours Every day 07.00AM – 08.30PM

Time	Activity
07.00AM – 08.00AM	Morning Chanting Ceremony (with/without devotees)
08.00AM – 08.30AM	Breakfast Dana (with/without devotees)
09.00AM – 10.30AM	Personal Blessing (meditation and pastoral activities)
10.30AM – 11.30AM	Lunch time Chanting ceremony (with/without devotees)
11.30AM – 12.30PM	Lunch Dana (with/without devotees)
13.00PM – 06.30PM	Personal Blessing (Meditation and pastoral activities both within and outwith the temple)
07.00PM – 08.30PM	Evening Chanting ceremony (with/without devotees)
08.30PM	Close

Daily activities on an ad hoc basis, can include but are not limited to the following: -

- Pastoral visits to devotee's houses
- Responding to invitations to attend houses or other locations to accept Dana offerings or perform other spiritual activities
- Responding to requests to attend hospitals or devotee's houses to give blessings and comfort in times of sickness
- School visits at the request of L.E.A. to introduce Buddhism and meditation to school children
- Attending funerals for Buddhist needs and conducting the Buddhist rituals for the departed
- Attend and give blessings at weddings, birthdays, etc. as requested
- Participate in Interfaith/Multifaith programs as invited by local or National Groups

**PARAMITHA COMMUNITY DEVELOPMENT FOUNDATION
(COMPANY LIMITED BY GUARANTEE) ANNUAL REPORT
FOR THE YEAR ENDED 30 SEPTEMBER 2022**

**PARAMITHA COMMUNITY DEVELOPMENT FOUNDATION
(COMPANY LIMITED BY GUARANTEE) ANNUAL REPORT
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PARAMITHA COMMUNITY DEVELOPMENT FOUNDATION
COMPANY INFORMATION
FOR THE YEAR ENDED 30 SEPTEMBER 2022

Directors Ven Pelwatte Dhammananda Thero
 Biyagama Tennenahalage Upali Gunatilaka
 Prof Mahesh Sooriyabandara
 Raymond Anthony Douglas Cole
 Aruna Duminda Banduseela

Company Number 08199348 (England and Wales)

Registered Office 6 HAMMOND CLOSE
 BRISTOL
 BS4 5HY

Accountants Samanalarisi Solutions
 11 Shubb Leaze
 BRISTOL
 BS16 1WX

PARAMITHA COMMUNITY DEVELOPMENT FOUNDATION
(COMPANY NO: 08199348 ENGLAND AND WALES)
DIRECTORS' REPORT

The directors present their report and accounts for the year ended 30 September 2022.

Principal activity

Religious and Community Services

Directors

The following directors held office during the whole of the period:

Ven Pelwatte Dhammananda Thero
Biyagama Tennenahalage Upali Gunatilaka
Prof Mahesh Sooriyabandara
Raymond Anthony Douglas Cole
Aruna Duminda Banduseela

Statement of directors' responsibilities

The directors are responsible for preparing the report and accounts in accordance with applicable law and regulations.

Company law requires the directors to prepare accounts for each financial year. Under that law, the directors have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these accounts, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small company provisions

This report has been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

Signed on behalf of the board of directors



.....
Ven Pelwatte Dhammananda Thero

Approved by the board on:

**CHARTERED MANAGEMENT ACCOUNTANTS' REPORT TO THE BOARD OF DIRECTORS
ON THE PREPARATION OF THE UNAUDITED STATUTORY ACCOUNTS OF
PARAMITHA COMMUNITY DEVELOPMENT FOUNDATION
FOR THE YEAR ENDED 30 SEPTEMBER 2022**

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of PARAMITHA COMMUNITY DEVELOPMENT FOUNDATION for the year ended 30 September 2022 which comprise of the Profit and Loss Account, the Balance Sheet and the related notes from the company's accounting records and from information and explanations you have given us.

As a CIMA Registered Member in Practice and Practising Certificate holder, I am subject to its ethical and other professional requirements which are detailed at <https://www.cimaglobal.com/Members/Your-Membership-Information/Members-handbook/Licensing-and-monitoring/Members-in-practice/>

Our work has been undertaken in accordance with the requirements of the Chartered Institute of Management Accountants as detailed at <http://www.cimaglobal.com>.

Samanalarisi Solutions
Member in Practice

11 Shubb Leaze
BRISTOL
BS16 1WX

PARAMITHA COMMUNITY DEVELOPMENT FOUNDATION
INCOME STATEMENT
FOR THE YEAR ENDED 30 SEPTEMBER 2022

	2022	2021
	£	£
Turnover	75,305	159,287
Administrative expenses	(24,262)	(21,357)
	<hr/>	<hr/>
Operating profit	51,043	137,930
	<hr/>	<hr/>
Profit on ordinary activities before taxation	51,043	137,930
Tax on profit on ordinary activities	4 -	-
	<hr/>	<hr/>
Profit for the financial year	<u>51,043</u>	<u>137,930</u>

PARAMITHA COMMUNITY DEVELOPMENT FOUNDATION
STATEMENT OF FINANCIAL POSITION
AS AT 30 SEPTEMBER 2022

	Notes	2022 £	2021 £
Current assets			
Debtors	5	21,000	-
Cash at bank and in hand		225,749	195,706
		<u>246,749</u>	<u>195,706</u>
Net current assets		<u>246,749</u>	<u>195,706</u>
Net assets		<u>246,749</u>	<u>195,706</u>
Capital and reserves			
Profit and loss account		246,749	195,706
Shareholders' funds		<u>246,749</u>	<u>195,706</u>

For the year ending 30 September 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities.

The financial statements were approved by the Board of Directors and authorised for issue on and were signed on its behalf by

Director

Company Registration No. 08199348

PARAMITHA COMMUNITY DEVELOPMENT FOUNDATION
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 30 SEPTEMBER 2022

1 Statutory information

PARAMITHA COMMUNITY DEVELOPMENT FOUNDATION is a private company, limited by guarantee, registered in England and Wales, registration number 08199348. The registered office is 6 HAMMOND CLOSE, BRISTOL, BS4 5HY.

2 Compliance with accounting standards

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

3 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

Basis of preparation

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

Presentation currency

The accounts are presented in £ sterling.

4 Taxation

The company is exempt from Income Tax

5 Debtors

	2022	2021
	£	£
Amounts falling due after more than one year		
Other debtors	21,000	-

6 Average number of employees

During the year the average number of employees was 0 (2021: 0).

PARAMITHA COMMUNITY DEVELOPMENT FOUNDATION
DETAILED PROFIT AND LOSS ACCOUNT
FOR THE YEAR ENDED 30 SEPTEMBER 2022

This schedule does not form part of the statutory accounts.

	2022	2021
	£	£
Turnover		
Sales	54,305	45,431
Fees	21,000	113,856
	<u>75,305</u>	<u>159,287</u>
Administrative expenses		
Travel and subsistence	4,210	4,000
Rent	12,950	12,000
Rates	3,237	1,894
Service charges	1,250	1,250
Telephone and fax	1,039	-
Subscriptions	539	539
Bank charges	52	-
Insurance	985	646
Advertising and PR	-	1,028
	<u>24,262</u>	<u>21,357</u>
Operating profit	<u>51,043</u>	<u>137,930</u>
Profit on ordinary activities before taxation	<u>51,043</u>	<u>137,930</u>