

**Charity registered number 1160531**

**North Wales Recovery Communities**

**Trustees' report and accounts**

**for the year ended 28 February 2021**



**NWRC**

**Registered Charity No. 1160531**

## **North Wales Recovery Communities**

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## **North Wales Recovery Communities**

### **Report of the trustees**

The trustees present their report along with the financial statements of the charity for the year ended 28 February 2021 and confirm they comply with the requirements of the Charities Act 2011, the Charitable Incorporated Organisations (General) Regulations 2012 and the charity's constitution.

The charity is registered with the Charity Commission under number 1160531.

#### **Legal and administrative information**

The trustees who served during the period are stated below:

James Gareth Deakin  
Mohammed Olanrewagu Peter Salami  
Sarah Frances Flynn

#### **Principal office**

Penrhyn House  
Llandegai Road  
Bangor  
Gwynedd  
LL57 1PZ

#### **Structure, governance and management**

The charity was established as a foundation charitable incorporated organisation on 17 February 2015.

#### **Objectives and activities**

To provide relief and support to vulnerable people and in particular those who are in recovery from substance misuse and have been affected by offending, homelessness & mental health issues in the areas of Conwy, Flintshire, Gwynedd and the Isle of Anglesey.

The charity achieves its objectives by the provision of abstinence based housing, open access therapeutic programmes, the promotion of health and well-being, practical support and promoting personal development.

#### **Achievements and performance**

In presenting this report it is impossible to start anywhere other than with the global pandemic that has affected us all so greatly during 2020.

NWRC first became aware of the growing pandemic in January 2020 and began to track its progress as it reached mainland Europe.

We recognised very early on that this was going to have a significant impact on individuals seeking recovery and also for the strong and vibrant recovery community already established at Penrhyn House. As such we took steps early in the crisis to ensure that we could continue to operate face-to-face mutually meetings for as long as possible whilst ensuring the safety of all our community members remained paramount in our decision making process.

However, we had to close our doors sadly in late March when the national lock-down was announced. It was hoped at this point that this would've only been a short-term situation but it quickly became apparent that these were unprecedented times and that as such normal operational services, groups, meetings etcetera were all going to be heavily affected long-term.

At this point we took the decision to move all of our meetings/groupings online via zoom and made the decision to close the main building at Penrhyn House all visitors with the exception of residents and designated volunteers.

In the first week of lock-down we were inundated with requests for support for individuals who are unable to shield or isolate safely due to issues with active addiction and the lack of support available at this point. Whilst NWRC only has a limited pot of money we recognised quickly that these individuals were falling through the gaps and that if we were unable to help then individuals were likely to struggle. We therefore launched a crowd funding page that quickly raised several thousand pounds and soon began to seek grant funding that was being made available to organisations like ours willing to help their communities in their greatest hour of need.

As such we quickly linked in with our local councillor and a local community project called Maes Ni and began to provide food parcels and emergency gas and electric top ups for individuals who'd been identified by the local housing warden as being most vulnerable in terms of either physical or mental issues or those still struggling with active addiction.

This quickly grew in number as more and more individuals began to be affected and at its peak we were providing thrice weekly food parcels to over 80 individuals and families.

At the time of writing this report NWRC have provided over 8000 meals to the wider community and currently support 60 individuals and families long term with weekly food parcels etc.

Whilst this was initially done on a temporary/voluntary basis it soon became a substantial piece of work in its own right that required a full time dedicated team of volunteers to carry out. Whilst all volunteers originally became involved simply in order to "be of service" to their wider community, we have been able to create three part time grant funded positions for the most dedicated volunteers and as such have been able to commit to keeping our relief efforts ongoing until March 2021 at least.

One of the biggest positives in our response to the pandemic has been the ability to tackle the stigma surrounding addiction and to prove what a positive part that individuals in recovery can play in our wider community when faced with hardship. Alongside this NWRC have built strong lasting links with a number of like minded individuals and organisations operating within our local area that will stand us in good stead for years to come.

### **Therapeutic programme**

N.W.R.C have continued to deliver the "gateway programme" that was originally created under the grant provision received from the DWP. The success of the programme meant that NWRC has continued to deliver a therapeutic programme that comprises of a series of psycho social group programmes, mutual aid groups and physical activities aimed at addressing addiction. The programme aims to equip its participants with the skills to cope with a life substance free, as well as addressing any long term barriers to employment and increasing physical health and enhancing health and well being.

Now into its sixth year of delivery, the programme has remained incredibly successful with participants attending from a wide catchment area. It has been recognised as being unique in its approach to supporting recovery and has continued to receive regular coverage in both the written press, television and radio, with participants being regularly invited to discuss their positive and often life changing experiences.

The project continues to include a number of Mutual aid based recovery programmes including "Moving on in my Recovery" (An A.C.T based programme) and access to on-site 12 step fellowship & SMART recovery meetings. Alongside therapeutic and skill based courses, individuals have also been able to access a variety of diversionary activities, developing new skills and interests in an attempt to "fill the

void" left by their addictions.

These sessions focus upon enhancing health & well-being and include Mindfulness, Yoga, 5 a side football, Boxing, running, walking etc.

Over the course of the past 12 months NWRC have continued to offer a more creative outlet for participants with a creative writing course, Art therapy and the establishment of a long term partnership with Eternal Media which allows individuals to learn and develop film making skills.

In September of this year the project lead and several peers from NWRC were again invited to present at the on line FAVOR conference in Newcastle on the multi pathway approach to recovery provided by NWRC.

As with anything else this year, the "Gateway" programme was heavily effected by the Covid pandemic. Again in an attempt to operate as "normally" as possible NWRC retained face to face mutual aid meeting for residents and those within our "extended bubble" and moved all meetings "on-line" via the Zoom platform. Whilst the lack of "face to face" meetings have undoubtedly impacted upon many in a negative fashion it has none the less made many of the mutual aid fellowships more accessible to newcomers. As such NWRC have seen a surge in the growth of the numbers accessing mutual aid fellowships with a significant number of individuals now classing Penrhyn House a their "Home meeting" despite never having physically attended.

In late summer of this year a number of Penrhyn House residents and staff members recognizing the impact that a lack of "face to face" was having on certain members of our wider community decided to build an outdoor meeting space. This quickly picked up pace and with the kind support of our local area planning board (APB) we where able to construct a large covered meeting space that allowed for socially distanced face to face meetings to safely take place. As such Penrhyn House was one of the first sites in the UK to be able to recommence face to face meetings and have seen a surge in the number of mutual aid groups requesting to make use of the space.

This has proven to be extremely fortuitous given the increased demand for recovery support that seems to have resulted from the pandemic and its associated lock downs.

### **Therapeutic uptake**

One of the main positives to have been made over the past five years has been the exponential growth in abstinence based recovery within North West Wales. We have fought hard to establish a genuinely recovery orientated system of care and as a result are seeing an increasing number of our peers reaching personal milestones in recovery and as a result we are beginning to reap the rewards this brings to our community in terms of long term sobriety and the ability to offer service to others.

When we first began in May 2015, Staff had to prop up all therapeutic delivery due to a lack of recovery orientation and long term sobriety amongst its participants. Now we have a scenario where the majority of delivery is facilitated by a large group of peers in established long term recovery. N.W.R.C peers now facilitate mutual aid groups throughout North West Wales and as such we are recognised as one of the leading providers of mutual aid and abstinence based recovery within Wales. Offering a multi pathway approach to recovery, Penrhyn house have been able to develop a menu of options for individuals seeking recovery and has regularly been highlighted as a centre of good practice that should replicated elsewhere "as there should be Penrhyn House every county" in North Wales.

- Moving on in my Recovery- This A.C.T based (Acceptance & Commitment therapy) programme has become the bedrock of the mutual aid on offer at Penrhyn. Designed for individuals coming to the end of their formal treatment journey, it aims to equip participants with the skills necessary to cope with a life substance free. An integral part of the programme on offer, NWRC have continued to consistently deliver MOIMR through a strong network of peer facilitators and have worked closely with the programmes therapeutic developer to adapt

the programme to be delivered with “secure hospital” settings. Delivery of this version will begin in early January 2020

- Alcoholics Anonymous- An independent 12 step fellowship that holds a weekly meeting at Penrhyn House. By its nature AA is an anonymous fellowship that does not record the number of attendees, however this has proved to be an extremely popular meeting within North West Wales and averages between 25-30 members per week. Since this meeting started at Penrhyn House, we have seen a significant increase in the appetite for 12 step recovery amongst our peers, with a number of them now participating in meetings taking place outside of Penrhyn.
- Narcotics Anonymous - Similar in structure and traditions to AA, this is an anonymous 12 step fellowship that holds twice weekly meetings at Penrhyn House. The meeting has gone from strength to strength with a second meeting now being held on a Monday lunch time. As a result of these meetings there has again been an increase in 12 step recovery and NWRC peers are regularly able to support other fledgling meetings within the Flintshire & Conwy areas.
- Cocaine Anonymous- NWRC now hold a weekly CA meeting/“big book” study group that have proved to be extremely popular from the outset. As a result several of our peers have been able to support the opening of fledgling CA meeting back in their home areas once they had left Penrhyn House which again supports NWRC’s long term aim of growing recovery across the whole of North Wales
- Over eaters anonymous (OA)- a twelve step fellowship for individuals who have a poor relationship with food. This has been a recent addition to the therapeutic programme on offer at Penrhyn House.
- SMART Recovery- (Self Management & Recovery Techniques)- Over the course of the past 12 months a number of participants have undertaken the accredited training necessary to facilitate SMART recovery sessions and as such have been able to facilitate this meeting.. Based on the principles of Cognitive Behavioural Therapy, SMART focuses upon the thinking that leads to problematic substance misuse and offers a real alternative to 12 step recovery.
- Bangor Recovery Project (BRP)- A mutual aid facilitation project that was originally commissioned by the Area planning board to be delivered throughout North Wales. The project aims to explain how and why recovery works for individuals and takes them through the various options available. Despite poor uptake in other areas the project proved to be extremely popular and successful with participants coming from all over North Wales to take part. The recovery orientation and success rates of the participants have proved to be way above the normal average and as a result NWRC have continued to commission the group on a consistent basis
- Mindfulness - A peer led session has proved to be extremely popular amongst the local recovery community and has become a regular feature on the therapeutic programme. This group supports individuals taking part in the Moving on in my recovery programme, as mindfulness is referred to on numerous occasions and the facilitator tailors each week’s session to compliment the moving on session.

It is felt that Mindfulness helps its participants significantly in terms of building “emotional sobriety”.

#### **Abstinence based housing**

N.W.R.C have continued to deliver abstinence based multi occupancy housing from the Penrhyn House site in Bangor.

Housing up to 17 individuals at a time the project at Penrhyn House has gone from strength to strength with the average residency now lasting just over 12 months and the average period of abstinence being 9 months (figures taken in November 2019). Given that new residents are encouraged to target six months of sobriety, then this figure must be viewed as extremely encouraging when considering the efficacy of the project.

There is no doubt that while it took a tremendous effort to get to this point, we have been able to establish a genuine self sustaining community of recovery.

As a result of this success Penrhyn House continue to operate at full capacity, with a waiting list of up to 8 individuals at any one time. Due to the high demand for a placement, NWRC are able to offer places to the individuals who appear most motivated and often ask perspective residents to engage on a day basis whilst awaiting a room in order to judge levels of commitment and suitability. This also allows the individual the opportunity to develop positive relationships with existing residents ahead of moving in which often increases the chances of success once a tenancy commences.

Whilst individuals that secure a place now have a greatly increased chance of success, the demand for places at Penrhyn House highlights further the need for the housing model developed by NWRC and in particular for those in early recovery who desperately need the foundation of a sober living space in order to develop their recovery further.

Due to the success of the project at Penrhyn house and the continuing lack of sober housing within North Wales, 2020 has continued to see a huge increase in the number of referrals being made from referring agencies throughout all six counties of North Wales. As mentioned earlier in this report NWRC have continued to receive referrals throughout the Pandemic as increasing numbers of individuals appear to have turned to the problematic use of substances in order to manage the pressures of isolation etc.

Individuals wishing to secure a placement at Penrhyn House are required to provide a negative testing sample at the point of entry and are then tested on a twice weekly basis in order to evidence their ongoing abstinence.

Residents are encouraged to adopt a “working week” and have to satisfy a minimum of 20-30 hours of positive pro social activity a week in order to maintain their tenancies. These hours can consist of voluntary work, treatment or further education and can be sourced externally or satisfied within the in house therapeutic programme currently on offer.

Abstinence based housing continues to account for approximately 80% of the charity's total income.

#### **Move on accommodation.**

The charity has continued to develop “Oxford house” style move on accommodation for individuals who have been able to evidence a minimum of 12 months abstinence.

Whilst we are currently operating five “move on” units, housing up to nine individuals at any one time, we have been able to sign another tenancy over to one of our peers who has recently joined the staffing team at Penrhyn House. As recovery continues to grow at Penrhyn House there will be an increasing need for further dispersed “move on” units.

The start of 2020 saw us looking to develop a larger move on unit capable of housing up half a dozen residents. We have identified a suitable property and landlord located close to the main site at Penrhyn House and negotiated a lease that was due to start in April 2020. However due to the Corona Pandemic this start date has had to be repeatedly pushed with a start date still no nearer in sight.

It's hoped that the roll out of any vaccine will help to speed up this process and as such NWRC hope to be able to commence this project early in the new financial year.

### **Potential future developments**

Due to the success of the project at Penrhyn House, NWRC had looked to develop a similar project within the Wrexham area. However the impact of the pandemic and a lack of suitable revenue funding means that this project is no longer classed as viable and as such has been placed on the “back burner”

NWRC also continue to look at developing a “tier 1” assessment unit in the Bangor area over the coming 12 months. Ideally this would be a 3-4 bed unit where individuals could be assessed ahead of being offered a placement at Penrhyn House, whilst we have found a landlord and a property to work with, this has again had to be “pushed back” due to the ongoing pandemic.

During 2020 NWRC have also continued to work in collaboration with Capacity: The Public Services Lab.

This ongoing collaboration has continued to strengthen the governance of NWRC and continues to look at securing additional revenue funding. Work with Capacity on strengthening the public profile of NWRC has also seen the successful development of a new website, logo and branding etc.

As 2020 draws to an end NWRC have been approached on partnering on a couple of really exciting initiatives that are hoping to get off the ground in 2021. Whilst it is still extremely early on in the process, the projects if successfully funded would see NWRC develop more work and training opportunities for individuals in sustainable recovery and allow us to access new revenue streams that sit outside of the traditional substance misuse funds we normally access.

### **Current challenges**

2019 saw NWRC face major challenges with the roll out of Universal credit (U.C) and in particular its impact upon “Exempt accommodation”. Whilst this still remains a significant issue for us, strong partnership working with our colleagues at the DWP has seen the impact of the UC roll out minimised for the vast majority of our residents/community members. However until this matter is fully resolved NWRC will still have to limit the amount of prison leavers we can accept due to their higher drop out rates in terms of relapse and recidivism, which can often see them leaving Penrhyn House with substantial rent arrears ahead of undertaking their LCFW assessment.

The commissioning process within North Wales continues to be of significant concern for us, particularly when it comes to competing with some of the more established providers for suitable contracts/tenders etc.. It's our belief that there is a level of “risk aversion” that exists within the commissioning process that will always inadvertently discriminate against “Lived experience” organisations like ours no matter how strong our models of governance may be. This was born out by our failure to secure a “Recovery day programme” that was placed out for tender earlier in 2020. Despite submitting an extremely strong tender and being recognised as the leading specialists in providing recovery support within North West Wales the tender was awarded to one of the larger established providers after tendering a much lower price, despite being assured that price only accounted for 20% of the scoring.

The significant amount of time, money and effort that went into submitting this unsuccessful tender has to be taken into account when looking forwards to any additional tenders that may be placed out for contract. As NWRC simply do not have the financial capacity to tender again unsuccessfully particularly if we are having to compete on an “uneven playing field”.

As such any and all additional tenders will have to be looked at closely before we decide to commit again in the future as the likelihood of success would appear minimal when the cost is taken into account.

### **Therapeutic grant funding**

As mentioned in last year's report, adequate therapeutic funding for NWRC remains a significant concern.

After meeting with senior members of the WAG in early 2020, NWRC were able to secure an additional £25,000 to meet the shortfall in core costs for 2019-2020. It was hoped that this could then be formally included into NWRC's contract with the APB, increasing our contract value to the level needed to meet



our core costs.

This has however again been affected by the Pandemic and despite a verbal commitment to again meet this year's financial shortfall from slippage, funding is still yet to be secured. In effect this means that the organisational lead has once again been unable to receive a salary for 2020-2021 and is now owed a total of three years worth of salary.

Whilst the impact of the pandemic cannot be underestimated, it's extremely disappointing that this matter is no closer to being resolved despite repeated assurances that it would be. The reality is that this situation cannot be endured financially for much longer and that failure to resolve this issue by the start of the new financial year could see NWRC have to significantly restructure its staffing and senior management team.

### **Evidence base**

NWRC have continued to take part in a joint research project this with the CSARS group (Chester Studies of Addiction, Recovery and Spirituality) from Chester University. The initial paper entitled "The Impact of Group Engagement on Recovery Outcomes" looked at the recovery outcomes for a group of 75 participants who engaged within the recovery programme at Penrhyn House over a three year period and suggested that there was an exceptionally strong link between ongoing attendance at mutual aid meetings and the sustainment of long term recovery, with roughly two thirds of all attendees at Penrhyn House having a sustainable recovery journey. The project is now being broadened out to become a more longer term study similar in type to "Project Match" in the United States or the "Life in Recovery" study being undertaken by Sheffield University.

This year's (2020) paper has seen the CSARS team study the "Impact of the pandemic upon community recovery".

This project continues to be one of the first of its kind in the UK and supports the work carried out by leading lights in the the Recovery Field such as Drs David Best and Ed Day and offers the opportunity to study long term the impact that mutual aid can have on overcoming addiction.

NWRC have also been asked to take part in a new research project in 2021 championed by the likes of David Best and Ed Day looking at the impact of "LERO'S" (lived experience recovery organisations).

### **Financial review**

The charity's income was £554,050 and net income for the year was £11,351. The charity aims to maintain cash reserves of £10,000.

This report was approved by the trustees on 20 December 2021 and signed on their behalf by

James Gareth Deakin  
**Trustee**

## **North Wales Recovery Communities**

### **Independent Examiner's Report to the Trustees of North Wales Recovery Communities**

I report on the accounts of the charity for the year ended 28 February 2021.

#### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this period under section 144(2) of the Charities Act 2011 and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act 2011,
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011 and
- state whether particular matters have come to my attention.

#### **Basis of the independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the accounts.

#### **Independent examiner's report**

In the course of my examination no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the trustees have not met the requirements to ensure:
  - proper accounting records are kept in accordance with section 130 of the Charities Act 2011 and
  - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Charities Act 2011 or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

#### **Mr N A Christian FCPA**

Christian Sykes & Co Ltd  
333/335 High Street  
Bangor  
Gwynedd  
LL57 1YA

Dated: 20 December 2021

# North Wales Recovery Communities

## Statement of financial activities for the year ended 28 February 2021

	note	Unrestricted funds £	Prior year funds £
<b>Incoming resources</b>			
<b>Income and endowments from:</b>			
Donations and legacies		63,160	14,040
Charitable activities			
<i>Central and local government grants for the provision of care</i>	3	490,890	440,413
<i>Trading activities</i>		-	78
<b>Total</b>		<u>554,050</u>	<u>454,531</u>
<b>Resources expended</b>			
<b>Expenditure on:</b>			
Charitable activities			
<i>Expenditure on the provision of care</i>	4	542,699	433,987
<b>Total</b>		<u>542,699</u>	<u>433,987</u>
<b>Net income</b>		11,351	20,544
<b>Transfers between funds</b>		-	-
<b>Net movement in funds</b>		11,351	20,544
<b>Reconciliation of funds:</b>			
Total funds brought forward		62,335	41,791
<b>Total funds carried forward</b>		<u>73,686</u>	<u>62,335</u>

# North Wales Recovery Communities

## Balance sheet as at 28 February 2021

	note	Unrestricted funds £	Prior year funds £
<b>Fixed assets</b>			
Tangible assets	9	25,825	26,444
Total fixed assets		<b>25,825</b>	<b>26,444</b>
<b>Current assets</b>			
Debtors	10	40,916	12,529
Cash at bank and in hand	12	20,748	31,269
Total current assets		<b>61,664</b>	<b>43,799</b>
<b>Creditors:</b> amounts falling due within one year	11	13,803	7,907
<b>Net current assets</b>		<b>47,861</b>	<b>35,891</b>
<b>Total net assets</b>		<b>73,686</b>	<b>62,335</b>
<b>Funds of the charity</b>			
Unrestricted funds		73,686	62,335
<b>Total funds</b>		<b>73,686</b>	<b>62,335</b>

## **North Wales Recovery Communities**

### **Notes to the accounts for the year ended 28 February 2021**

#### **1 Basis of preparation**

##### **1.1 Basis of accounting**

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014,
- the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and
- the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

##### **1 Going Concern**

There are no material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern.

#### **2 Accounting policies**

##### **2.1 Income**

###### **Recognition of income**

Income is included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

###### **Offsetting**

There has been no offsetting of assets and liabilities or income and expenses unless required or permitted by the FRS 102 SORP or FRS 102.

###### **Grants and donations**

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS 102 SORP).

In the case of performance related grants, income is only recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).

###### **Contractual income and performance related grants**

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

## North Wales Recovery Communities

### Notes to the accounts (cont) for the year ended 28 February 2021

#### 2.1 Income (cont)

##### Support costs

The charity has incurred expenditure on support costs.

#### 2.2 Expenditure and liabilities

##### Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

##### Governance and support costs

Support costs have been allocated between governance cost and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

##### Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

##### Provisions for liabilities

A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date.

#### 2.3 Assets

##### Tangible fixed assets for use by the charity

These are capitalised if they can be used for more than one year and cost at least £100.

They are valued at cost and the depreciation rates and methods are disclosed in note 7.

##### Debtors

Debtors, including trade debtors and loans receivable, are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity.

Subsequently, they are measured at the cash or other consideration expected to be received.

#### 3 Analysis of income

##### Charitable activities

Income from charitable activities

	Unrestricted funds £	Last year £
Abstinence based housing	348,336	374,570
Physical diversity activity	71,277	32,922
Complimentary therapies	71,277	32,922
	<hr/> 490,890	<hr/> 440,413

## North Wales Recovery Communities

### Notes to the accounts (cont) for the year ended 28 February 2021

#### 4 Analysis of expenditure

##### Expenditure on charitable activities

Activity	Activities undertaken £	Support costs £	Total £	Last year £
Abstinence based housing	429,612	1,931	431,544	355,849
Physical diversity activity	105,870	1,931	107,801	70,837
Complimentary therapies	1,423	1,931	3,355	7,301
	536,905	5,794	542,699	433,987

Total support costs have been apportioned equally between the three principal activities undertaken by the charity shown above.

#### 5 Support costs

	This year £	Last year £
Office	4,924	3,647
Professional fees	40	14,080
Finance	206	215
Governance	624	588
	5,794	18,530

#### 6 Details for certain items of expenditure

##### 6.1 Fees for examination of the accounts

Independent examiner's fees £624 (2020: £588).

No fees were paid for assurance services, tax advisory fees or other fees either for this year or last year.

#### 7 Paid employees

##### 7.1 Staff costs

	This year £	Last year £
Salaries and wages	31,312	16,500
Social security costs	-	-
Pension costs (defined contribution scheme)	473	198
Total staff costs	31,785	16,698

##### 7.2 Average head count in the year

	This year Number	Last year Number
The parts of the charity in which the employees work		
Physical diversity activity	2	1

## North Wales Recovery Communities

### Notes to the accounts (cont) for the year ended 28 February 2021

8 Defined contribution pension scheme	This year £	Last year £
Amount of contributions recognised in the SOFA as an expense	473	198

#### 9 Tangible fixed assets

	Fixtures, fittings and equipment £	Total £
<b>Cost or valuation</b>		
At the beginning of the year	41,842	41,842
Disposals	-	-
Additions	3,914	3,914
At the end of the year	45,757	45,757
<b>Depreciation</b>		
At the beginning of the year	15,398	15,398
Disposals	-	-
Depreciation	4,533	4,533
At the end of the year	19,932	19,932
<b>Net book value</b>		
At the beginning of the year	26,444	26,444
At the end of the year	25,825	25,825

Tangible fixed assets are depreciated as follows:

Fixtures, fittings and equipment - 15% on the reducing balance basis  
Motor vehicles - 25% on the reducing balance basis

#### 10 Debtors and prepayments

10.1 Analysis of debtors	This year £	Last year £
Trade debtors	39,517	11,131
Other debtors	1,399	1,399
	40,916	12,529



## North Wales Recovery Communities

### Notes to the accounts (cont) for the year ended 28 February 2021

#### 11 Creditors and accruals

##### 11.1 Analysis of creditors and accruals

	This year £	Last year £
Trade creditors	7,459	1,516
Taxation and social security	853	116
Accruals and deferred income	5,400	4,787
Other creditors	91	1,489
	13,803	7,907

##### 11.2 Deferred income

Income received in advance of the provision of the contracted service has been deferred this year and last year.

	This year £	Last year £
Movement in deferred income account		
Balance at the start of the reporting period	4,167	14,756
Amounts added in current period	4,167	4,167
Amounts released to income from previous periods	(4,167)	(14,756)
Balance at the end of the reporting period	4,167	4,167

#### 12 Cash at bank and in hand

	This year £	Last year £
Cash at bank and on hand	20,748	31,269

#### 13 Trustee remuneration and benefits

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity.

#### 14 Trustee's expenses

	This year £	Last year £
Type of expenses reimbursed		
Travel and subsistence	966	4,894
Office costs	1,125	-
	2,091	4,894

The number of trustees paid expenses was 1 (2020: 2).

## **North Wales Recovery Communities**

### **Notes to the accounts (cont) for the year ended 28 February 2021**

#### **15 Transactions with related parties**

During the year the charity was invoiced £203,136 (2020: £181,007) by North Wales Recovery Communities Cyf, a company controlled by Mr J G Deakin, for providing supervisory care of the charity's beneficiaries.

At the 28/02/21 the charity owed North Wales Recovery Communities Cyf £7,459 (2020: £nil).

During the year the charity was invoiced £25,000 (2020: £nil) by North Wales Recovery Support Services Ltd, a company controlled by Mr J G Deakin, for providing management services. No amount was owed at 28/02/21 (2020: £nil).