

SEFTON CHOICES

England & Wales · Charity number 1160520

Details

Status Registered

Legal form CIO

Registered 2015-02-17

Register [View on the Charity Commission register](#)

Contact

Address 25 Kings Road
Crosby
Liverpool
L23 7TN

Phone 07721504884

Email seftonchoices@hotmail.co.uk

Activities

Objects: 1. TO PROMOTE AND PROTECT THE MENTAL HEALTH OF THE PUBLIC IN THE BOROUGH OF SEFTON AND THE NEIGHBOURHOOD IN PARTICULAR BUT NOT EXCLUSIVELY BY THE PROVISION OF COUNSELLING, ADVICE AND SUPPORT.2. TO ADVANCE THE EDUCATION OF THE PUBLIC IN PARTICULAR BUT NOT EXCLUSIVELY THOSE WITH AN INTEREST IN MENTAL HEALTH BY THE PROVISION OF TRAINING COURSES AND WORK PLACEMENTS.

Activities: The provision of free to access psychological support for adults, children, couples and families living or working in the borough of Sefton. Therapy is provided by qualified and in-training volunteer clinicians. The charity will shortly begin delivering counselling training courses to achieve financial self sufficiency.

Classification

- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- Sefton

Finances

Period end	Income	Expenditure	Assets	Employees
2025-08-25		£0	£0	-
2024-08-25		£0	£0	-
2023-08-25		£0	£0	-
2022-08-25		£0	£0	-
2021-08-25		£0	£0	-

Trustees

Name	Role	Appointed
JULIE WAUGH	Chair	2013-10-17
Douglas John Hunt		2015-08-01
EMMA JANE WAUGH BA HONS		2013-10-17
VICKY WILSON		2013-10-17

Accounts

SEFTON Choices

Charity No 1160520

Trustees Annual Report

For the Year Ending 25 AUGUST 2025

The Charity was set up with the aim to commence delivering a community based counselling service.

The first stage was to secure National Lottery 5 year grant funding to enable the charity to commence service delivery and move to being financially self-sufficient by the end of the funding period.

Following a community consultation process to confirm the need for the services we intend to offer as National Lottery Reaching Communities Stage One funding application was submitted. We were invited to submit a more detailed Stage Two funding request. This was unsuccessful. We were however given guidance as to how a further application may be improved and increase our chances of being funded if we try again. We intend to do this.

Trustees funded costs associated with preparing the grant application and have agreed to do so for the second application.



Julie Waugh Trustee

27th August 2025

SEFTON Choices
Charity No 1160520
RECEIPTS & PAYMENTS ACCOUNT
FOR THE YEAR ENDING 25 AUGUST 2025

	General Fund £	Restricted Fund £	Total £
<u>Income</u>			
Donations received client	0	0	0
Donations received general	0	0	0
Donations in kind	0	0	0
Interest & Bank Fees	0	0	0
Grants received	0	0	0
Service Funding Income	0	0	0
Supervision Fee Income	<u>0</u>	<u>0</u>	<u>0</u>
Total Receipts	<u>0</u>	<u>0</u>	<u>0</u>
<u>Expenditure</u>			
Charitable donations made	0	0	0
Cleaning	0	0	0
Communication Costs - Tel & Internet	0	0	0
Consumables - tea, milk etc.	0	0	0
Electricity & Gas	0	0	0
General Repairs & Maintenance	0	0	0
Insurance Policies	0	0	0
Legal, Professional and Membership Fees	0	0	0
Management Consultancy Fees	0	0	0
Office Equipment	0	0	0
Postage	0	0	0
Rent, Rates & Electricity	0	0	0
Room Hire costs	0	0	0
Staff Salaries inc NI and IR payments	0	0	0
Staff/Volunteer Training Costs	0	0	0
Stationary & Consumables	0	0	0
Supervision fees paid	0	0	0
Trustee Expenses	0	0	0
Volunteer Supervision Expenses reimbursed	0	0	0
Volunteer Travelling Expenses reimbursed	<u>0</u>	<u>0</u>	<u>0</u>
<u>TOTAL PAYMENTS</u>	<u>0</u>	<u>0</u>	<u>0</u>
NET RECEIPTS FOR THE YEAR	<u>0</u>	<u>0</u>	<u>0</u>
OPENING BANK BALANCE			
AT 24 AUGUST 2024	<u>0</u>	<u>0</u>	<u>0</u>
BANK BALANCE AT 25 AUGUST 2025	<u>0</u>	<u>0</u>	<u>0</u>

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NET RECEIPTS FOR THE YEAR	<u>0</u>	<u>0</u>	<u>0</u>
OPENING BANK BALANCE			
AT 24 AUGUST 2019	<u>0</u>	<u>0</u>	<u>0</u>
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Trustees Annual Report

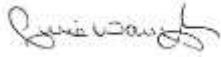
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OPENING BANK BALANCE			
 AT 24 AUGUST 2021	 <u>0</u>	 <u>0</u>	 <u>0</u>
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