

COMPANY REGISTRATION NUMBER: 09225444  
CHARITY REGISTRATION NUMBER: 1160516

**UK Smart Recovery**  
**Company Limited by Guarantee**  
**Unaudited Financial Statements**  
**31 March 2023**

**RITSONS**  
Chartered Accountants  
Forbes House  
36 Huntly Street  
Inverness  
IV3 5PR

**UK Smart Recovery**  
**Company Limited by Guarantee**  
**Financial Statements**  
**Year ended 31 March 2023**

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# UK Smart Recovery

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report)

#### Year ended 31 March 2023

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2023.

#### REFERENCE AND ADMINISTRATIVE DETAILS

<b>Registered charity name</b>	UK Smart Recovery
<b>Charity registration number</b>	1160516
<b>Company registration number</b>	09225444
<b>Principal office</b>	Arthur House Chorlton Street Manchester M1 3FH
<b>Registered office</b>	10 Queen Street Place London EC4R 1BE England

#### THE TRUSTEES

	Mr S K Sharma	(Retired 26 October 2022)
	Mrs L McGeoch	
	Mr A J MacLean	
	Mr I Preece	
	Mr J Joseph	(Retired 22 September 2022)
	Miss J R Broadbent	(Appointed 16 June 2022)
	Mr G Aston	(Appointed 26 October 2022)
	Professor S D Heim	(Appointed 1 February 2023)
<b>Independent examiner</b>	Daniel Palombo C.A. Forbes House 36 Huntly Street Inverness IV3 5PR	
<b>Bankers</b>	HSBC 1-3 Bishopsgates London EC2N 3AQ	

# **UK Smart Recovery**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

**Year ended 31 March 2023**

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

The organisation is a Charitable Company, Registered with the Charity Commission 1160516 and the Office of the Scottish Charity Regulator SC046247. The charity operates under its' Articles of Association and a Memorandum of Agreement incorporated on 18 September 2014 and is governed by a board of volunteer trustees.

##### *Recruitment and Appointment of Board of Directors*

The Board of Trustees serve in a voluntary capacity and are drawn from various backgrounds to provide the expertise needed to guide the charity. The Trustees employ an Executive Director and staff to carry out the aims and objectives of the charity on a day to day basis. Trustees meet regularly to guide the development, make strategic and policy decision, hold the Executive Director and staff accountable and manage any major risks to which the charity may be exposed.

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##### *Board Induction and Training*

New Trustees attend several meetings before formal co-option to the board to gain an understanding of the organisation and are required to read policies and procedures as part of their induction. Training is decided on, depending on the skills and experience of the individual trustee, in conjunction with the chair.

##### *Risk Management*

Risk management is a standing agenda item at trustee meetings where any major risks to the organisation are considered and mitigating actions are decided upon.

##### *Organisational Structure*

The board of trustees assume ultimate responsibility for the organisation. The chair manages the executive director, to whom some powers are delegated to ensure the smooth running of the organisation. The executive director manages the staff team, meeting individuals regularly for supervision sessions and annual performance review which includes setting of targets for the coming year. Staff manage volunteers, providing guidance, training and support as necessary.

#### **OBEJECTIVES AND ACTIVITIES**

UK SMART recovery is a science based programme to help people manage their recover from any type of addictive behaviour, providing support meetings both in the community and at some service providers who work in partnership with the charity.

The organisation provides training on line and face to face, manuals and other training materials and support to those who wish to facilitate UK SMART Recovery meetings to support people seeking recovery from addictions.

# **UK Smart Recovery**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

**Year ended 31 March 2023**

#### **OBJECTIVES AND ACTIVITIES *(continued)***

The companies objects, as defined in the Memorandum of Association, and with consideration to the Charity Commission's guidance on public benefit, are for the public benefit to advance health and save lives, including, but not limited to, the relief of person with problems caused by any type of substance or activity dependence by:

- Relieving the sickness and distress of those members of society whose development and participation in society is impaired by such dependence;
- Educating the public about, and promoting a better and more sympathetic understanding of, the causes and effects of such dependence; and
- Advocating for a greater choice in recovery options available to those suffering from problems caused by any type of such dependence.

The organisation meets its aims and objectives through providing a training programme to support people who wish to abstain from an addictive behaviour accessed at mutual aid meetings. Individuals are empowered to build and maintain motivation to abstain, cope with urges, manage thoughts, feelings and behaviours and create a well-balanced life. There are similar programmes aimed at individuals whose addiction has brought them into contact with the criminal justice system, and for the family and friends of the person with an addiction.

#### **ACHIEVEMENTS AND PERFORMANCE**

UKSR has continued to grow in a number of respects over the last 12 months. In January 2023 the organisation welcomed Derek Heim, Professor of Psychology at Edge Hill University, as the new Chair of the Board of Trustees. Professor Heim's research group focuses on social, cultural and contextual influences on substance use and wellbeing. Professor Heim is also the Editor-in-Chief of the cross-disciplinary journal Addiction Research and Theory. In addition, the Board increased its membership with an additional two trustees: Gareth Aston who has expertise in fundraising and is the CEO of the Boparan Trust and Joel Broadbent from Ezy Raise who brings digital marcomms knowledge. Two ex.officio appointments of Ms Kim McCreanor the Executive Director of SMART Recovery International (SRI) and Shiv Sharma representing SMART Facilitators were also made. The Board of Trustees is now complete, and no further appointments are currently planned.

The operational team has also expanded to include three new Community Co-ordinators (Daniel Howell, Emma Sharo-Lau and Colleen Lally) for the following regions: Northwest, West Midlands and London. Our team of seven community co-ordinators also covers supra-regions meaning there is full coverage of all of England, the whole of North Wales and the whole of Scotland. The co-ordinators have taken over the running of the open national online meetings which means that the national online SMART community is now both staff and volunteer led. They have also picked up areas of special interest and as such are leading projects to improve: the UK A4 Handbook, Inside Out materials, Start SMART for young people. Tina Moran has been promoted to Chief Finance Officer. The Director of Operations retired recently, and succession planning is underway.

Kenny Reid has been seconded from Blue Triangle a housing association in Scotland that is a significant partner of UKSR across nine local authorities. This Scottish Government funded secondment means that there is now internal co-ordination of SMART within Blue Triangle. We are also working with Figure 8 on an evaluation project proposal that will launch later in 2023.

The partnership with the North Wales Area Planning Board goes from strength to strength. Surplus funds have been made available from them to translate SMART publications into Welsh – we now have a user guide and our Information Booklet in Welsh. Meetings in Wales, including the Isle of Anglesey, now include Family and Friends and Women only groups.

# **UK Smart Recovery**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

**Year ended 31 March 2023**

#### **ACHIEVEMENTS AND PERFORMANCE *(continued)***

The development of a collegiate recovery programme continues with Dr Ed Day at Birmingham University. This is developing a better understanding of what issues students encounter at University and what support they need.

The appointment of the charities first voluntary ambassador, British club DJ Brandon Block, was made in March 2023. DJ Block has been a SMART Facilitator since 2005. He will launch a new volunteer recognition scheme in 2023 and help to drive campaigns and raise awareness.

This expansion of the team from 'Board to Ward' signals our commitment to continued investment and growth. A new strategy has been developed and agreed that ensures the UKSR has its own clear direction but one that is commensurate with developments at a Global level under the auspices of SMART Recovery International. This has been released as a public facing document on our website. The new strategy sees development projects under the interlinked strategic pillars Grow, Connect, Support and Unlock.

Despite a challenging economic environment, licenced partnerships have continued to grow. As such, there has been an overall increase of 9 to 245 partnerships over the reporting period and the charity has reached financial stability with working capital at any one time equivalent to 5 months overheads.

A post-COVID data review has been undertaken to re-establish with some accuracy the number of SMART Meetings taking place per week. This resulted in 190 meetings being removed from the database as they had either ceased or continue to be paused following the COVID pandemic in 2020. At the end of Q4 UKSR reported 70 mutual aid meetings running per week with an average attendance of six participants. The open online national meetings continue to attract more than 80-100 participants at any one time.

Our CEO, Dr Charlie Orton was a speaker at the National FAVOR conference in Newcastle in September where the theme was veterans (Faces and Voices of Recovery <https://www.favoruk.org/> raining module has been written for the programme and an international SMART Veteran community has been formed facilitated by the Recoverlution platform. Work with veterans within the Scottish Prison Service has continued to grow, particularly in HMP Edinburgh where Johnny Allison, who leads the Veteran Programme, attends regularly and has held meetings with every veteran residing there.

The charity was successful in two patient organisation grant applications to Camurus. One was to help develop the website and has been fed into the global digital project pipeline and the other supported the annual fundraising campaign set for May 2023. The charity continues to work with Camurus in the field of harm reduction of those with opioid dependency.

Morgan Sindall, a construction company, invited UKSR to use one of their sites in Oxford to pilot SMART on site for construction workers who are required to undertake drug and alcohol tests. A positive test results in dismissal and the company want to provide better education and training to contractors.

As part of her continuing professional development, Dr Orton is seeking a non-executive Director appointment on a relevant Board. This will contribute to elevating further UKSR's status and help establish links with a network of organisations and individuals for mutual benefit.

SMART Recovery International is currently undertaking a two-year global digital project. As part of this project UKSR will have an updated website with an improved meeting finder application, a customer relationship management system and a SMART mobile application.

The charity continues to seek funding for: veteran programme staffing infrastructure to deploy the programme in England, development of Start SMART a programme for young people, a 24/7 dedicated crisis line and a volunteer recognition scheme.

# **UK Smart Recovery**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

**Year ended 31 March 2023**

#### **ACHIEVEMENTS AND PERFORMANCE *(continued)***

We continue to seek out corporate relationships to integrate SMART Recovery into businesses by contributing to employee assistance programmes that champion living a balanced life. Work undertaken with RBS/Nat West Group to date is proving to be extremely useful in establishing what is required for working successfully with the corporate sector.

#### **FINANCIAL REVIEW**

UK SMART Recovery has only one major source of income which is earned income from partnership agreements. This not guaranteed from year to year and is dependent on government policy and the economic climate. It is therefore crucial to the sustainability of the organisation to ensure there are sufficient financial reserves to cope with a period of diminished earned income, while fundraising activities are carried out, to ensure the stability of the organisation and most importantly to continue to support people seeking abstinence from addictive behaviours.

To avoid the possibility of closure of the organisation, should the charity's income fall significantly, the UK SMART Recovery Board has agreed to keep a certain level of financial reserves to ensure that main operations can continue for a period of six months. The main concerns of the board are to ensure that the charity can continue to meet its objectives.

Currently funding is stable, but if difficulties were to arise then, it has been calculated that reserves of £108,000 would be needed to continue running for at least six months. The unrestricted reserves for the current year, less fixed assets, were £126,730. Reserves should be built up from the unrestricted income. The level of reserves should be calculated and monitored on a quarterly basis by staff. The reserves fund should be reviewed annually at the end of the financial year by Trustees.

During the period the charity made an overall surplus of £52,713 (2022 - £68,309). This is made up of a surplus in unrestricted of £36,796 (2022 - £53,182) and in restricted of £15,917 (2022 - £15,127). At the year end date the balance on unrestricted funds was £128,998 (2022 - £92,202) and there was a balance of £65,914 (2022 - £49,997) on restricted funds.

# **UK Smart Recovery**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

**Year ended 31 March 2023**

#### **PLANS FOR FUTURE PERIODS**

The Board has developed a clear strategic direction for our organisation. As a Board we are acutely aware of the ever-changing environment of alcohol and drug service commissioning and try to ensure that UKSR responds to such changes by being flexible and fit for purpose. However one thing does not change and that is our product. We remain committed to the provision of an evidenced-based, secular, mutual aid, accessible program based squarely on well-established cognitive behaviour and person centred therapeutic principles. We actively eschew jumping on the bandwagon of new brand named, so called acronym psychological therapies of questionable validity.

#### **TRUSTEES' RESPONSIBILITIES STATEMENT**

The trustees, who are also directors for the purposes of company law, are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the income and expenditure, for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;

prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website.

#### **SMALL COMPANY PROVISIONS**

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.



# **UK Smart Recovery**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

#### **Year ended 31 March 2023**

The trustees' annual report was approved on ..... and signed on behalf of the board of trustees by:

Professor S D Heim  
Trustee

# **UK Smart Recovery**

## **Company Limited by Guarantee**

### **Independent Examiner's Report to the Trustees of UK Smart Recovery** *(continued)*

#### **Year ended 31 March 2023**

I report to the trustees on my examination of the financial statements of UK Smart Recovery ('the charity') for the year ended 31 March 2023.

#### **RESPONSIBILITIES AND BASIS OF REPORT**

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities and Trustee Investment (Scotland) Act 2005 ('the 2005 Act'), the Charities Accounts (Scotland) Regulations 2006 (as amended) and the Companies Act 2006 ('the 2006 Act'). You are satisfied that the accounts of the company are not required by charity or company law to be audited and have chosen instead to have an independent examination.

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts carried out under section 44(1)(c) of the 2005 Act and section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the requirements of Regulation 11 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **INDEPENDENT EXAMINER'S STATEMENT**

Since the charity is required by company law to prepare its accounts on an accruals basis and is registered as a charity in Scotland your examiner must be a member of a body listed in Regulation 11(2) of the Charities Accounts (Scotland) Regulations 2006 (as amended). I can confirm that I am qualified to undertake the examination because I am a registered member of ICAS which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act, section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations; or
2. the financial statements do not accord with those records or with the accounting requirements of Regulation 8 of the Charities Accounts (Scotland) Regulations 2006; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

# **UK Smart Recovery**

## **Company Limited by Guarantee**

### **Independent Examiner's Report to the Trustees of UK Smart Recovery** *(continued)*

**Year ended 31 March 2023**

#### **Other matters**

To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charities' trustees as a body, for our work, for this report, or for the opinions I have formed.

Daniel Palombo C.A.  
Independent Examiner

Forbes House  
36 Huntly Street  
Inverness  
IV3 5PR

**UK Smart Recovery**  
**Company Limited by Guarantee**  
**Statement of Financial Activities**  
**(including income and expenditure account)**  
**Year ended 31 March 2023**

		Unrestricted funds £	2023 Restricted funds £	Total funds £	2022 Total funds £
	Note				
<b>Income and endowments</b>					
Donations and legacies	5	6,520	69,763	<b>76,283</b>	65,479
Charitable activities	6	419,469	—	<b>419,469</b>	422,645
<b>Total income</b>		<u>425,989</u>	<u>69,763</u>	<u><b>495,752</b></u>	<u>488,124</u>
<b>Expenditure</b>					
Expenditure on charitable activities	7,8	(389,193)	(53,846)	<b>(443,039)</b>	(419,815)
<b>Total expenditure</b>		<u>(389,193)</u>	<u>(53,846)</u>	<u><b>(443,039)</b></u>	<u>(419,815)</u>
<b>Net income and net movement in funds</b>		<u>36,796</u>	<u>15,917</u>	<u><b>52,713</b></u>	<u>68,309</u>
<b>Reconciliation of funds</b>					
Total funds brought forward as previously reported		92,202	49,997	<b>142,199</b>	97,500
Prior year adjustment		—	—	<b>—</b>	(23,610)
Total funds brought forward as restated		<u>92,202</u>	<u>49,997</u>	<u><b>142,199</b></u>	<u>73,890</u>
<b>Total funds carried forward</b>		<u>128,998</u>	<u>65,914</u>	<u><b>194,912</b></u>	<u>142,199</u>

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

The notes on pages 12 to 21 form part of these financial statements.

**UK Smart Recovery**  
**Company Limited by Guarantee**  
**Statement of Financial Position**  
**31 March 2023**

	Note	2023 £	£	2022 £
<b>Fixed assets</b>				
Tangible fixed assets	13		<b>2,268</b>	3,792
<b>Current assets</b>				
Debtors	14	<b>114,562</b>		72,360
Cash at bank and in hand		<b>169,987</b>		137,048
		<b>284,549</b>		209,408
<b>Creditors: amounts falling due within one year</b>	15	<b>(91,905)</b>		(71,001)
<b>Net current assets</b>			<b>192,644</b>	138,407
<b>Total assets less current liabilities</b>			<b>194,912</b>	142,199
<b>Net assets</b>			<b>194,912</b>	142,199
<b>Funds of the charity</b>				
Restricted funds			<b>65,914</b>	49,997
Unrestricted funds			<b>128,998</b>	92,202
<b>Total charity funds</b>	18		<b>194,912</b>	142,199

For the year ending 31 March 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on ....., and are signed on behalf of the board by:

Professor S D Heim  
Trustee

Company registration number: 09225444

The notes on pages 12 to 21 form part of these financial statements.

**UK Smart Recovery**  
**Company Limited by Guarantee**  
**Notes to the Financial Statements**  
**Year ended 31 March 2023**

**1. General information**

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England, Wales and Scotland. The address of the registered office is 10 Queen Street Place, London, EC4R 1BE, England.

**2. Statement of compliance**

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

**3. Accounting policies**

**Basis of preparation**

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

**Going concern**

Due to the current level of reserves there are no material uncertainties about the charity's ability to continue.

**Judgements and key sources of estimation uncertainty**

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

**Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

# **UK Smart Recovery**

## **Company Limited by Guarantee**

### **Notes to the Financial Statements** *(continued)*

#### **Year ended 31 March 2023**

#### **3. Accounting policies** *(continued)*

##### **Income**

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

##### **Expenditure**

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

##### **Tangible assets**

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

# UK Smart Recovery

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2023

#### 3. Accounting policies *(continued)*

##### **Tangible assets *(continued)***

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

##### **Depreciation**

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Office equipment	-	15% straight line
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##### **Impairment of fixed assets**

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date. For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

##### **Financial instruments**

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments, which includes debtors, creditors and bank are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

##### **Defined contribution plans**

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.



# UK Smart Recovery

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2023

#### 4. Limited by guarantee

UK Smart Recovery is a company limited by guarantee and accordingly does not have a share capital. Every member of the company undertakes to contribute such amount as may be required not exceeding £1 to the assets of the charitable company in the event of it being wound up while he or she is a member, or within one year after he or she ceases to be a member.

#### 5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
<b>Donations</b>			
Donations	1,827	—	<b>1,827</b>
Donations - Take on Addiction	4,693	—	<b>4,693</b>
<b>Grants</b>			
National Lottery	—	—	<b>—</b>
The Corra Foundation - Grass Roots	—	48,880	<b>48,880</b>
Wrexham slippage fund	—	5,583	<b>5,583</b>
Camurus	—	15,300	<b>15,300</b>
	<u>6,520</u>	<u>69,763</u>	<u><b>76,283</b></u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
<b>Donations</b>			
Donations	4,072	—	4,072
Donations - Take on Addiction	2,395	—	2,395
<b>Grants</b>			
National Lottery	—	10,000	10,000
The Corra Foundation - Grass Roots	—	45,590	45,590
Wrexham slippage fund	—	3,422	3,422
Camurus	—	—	—
	<u>6,467</u>	<u>59,012</u>	<u>65,479</u>

#### 6. Charitable activities

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
North Wales SMART Recovery				
Development	36,500	<b>36,500</b>	37,235	37,235
Publication and merchandise sales	25,194	<b>25,194</b>	29,156	29,156
Partnership fees	346,720	<b>346,720</b>	349,784	349,784
Training provision	11,055	<b>11,055</b>	6,470	6,470
	<u>419,469</u>	<u><b>419,469</b></u>	<u>422,645</u>	<u>422,645</u>

# UK Smart Recovery

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2023

#### 7. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Conferences and training	<u>389,193</u>	<u>53,846</u>	<u>443,039</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Conferences and training	<u>375,930</u>	<u>43,885</u>	<u>419,815</u>

#### 8. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Total funds 2023 £	Total fund 2022 £
Conferences and training	<u>443,039</u>	<u>443,039</u>	<u>419,815</u>

#### 9. Net income

Net income is stated after charging/(crediting):

	2023 £	2022 £
Depreciation of tangible fixed assets	<u>1,524</u>	<u>1,811</u>

#### 10. Independent examination fees

	2023 £	2022 £
Fees payable to the independent examiner for:		
Independent examination of the financial statements	<u>2,434</u>	<u>2,076</u>
Other financial services	<u>1,370</u>	<u>1,262</u>
	<u>3,804</u>	<u>3,338</u>

#### 11. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2023 £	2022 £
Wages and salaries	<u>262,584</u>	<u>237,746</u>
Social security costs	<u>20,894</u>	<u>18,778</u>
Employer contributions to pension plans	<u>15,183</u>	<u>13,919</u>
	<u>298,661</u>	<u>270,443</u>

The average head count of employees during the year was 9 (2022: 8).

# UK Smart Recovery

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2023

#### 11. Staff costs *(continued)*

The number of employees whose remuneration for the year fell within the following bands, were:

	<b>2023</b>	2022
	<b>No.</b>	No.
£60,000 to £69,999	<b>1</b>	1

#### Key Management Personnel

Key management personnel include all persons that have authority and responsibility for planning, directing and controlling the activities of the charity. The total compensation paid to key management personnel for services provided to the charity was £173,473 (2022:£171,860).

#### 12. Trustee remuneration and expenses

The trustees neither received nor waived any emoluments during the year nor were any fees paid to any trustees.

Two (2022 - none) trustees were reimbursed for expenses incurred in the year amounting to £867 (2022 - £nil).

#### 13. Tangible fixed assets

	Fixtures and fittings £	<b>Total £</b>
<b>Cost</b>		
<b>At 1 April 2022 and 31 March 2023</b>	<b>13,025</b>	<b>13,025</b>
<b>Depreciation</b>		
At 1 April 2022	9,233	<b>9,233</b>
Charge for the year	1,524	<b>1,524</b>
<b>At 31 March 2023</b>	<b>10,757</b>	<b>10,757</b>
<b>Carrying amount</b>		
<b>At 31 March 2023</b>	<b>2,268</b>	<b>2,268</b>
At 31 March 2022	3,792	3,792

#### 14. Debtors

	<b>2023</b>	2022
	<b>£</b>	£
Trade debtors	<b>105,553</b>	63,678
Prepayments and accrued income	<b>9,009</b>	8,682
	<b>114,562</b>	72,360

# UK Smart Recovery

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2023

#### 15. Creditors: amounts falling due within one year

	2023	2022
	£	£
Trade creditors	5,371	2,214
Accruals and deferred income	77,376	62,297
Social security and other taxes	9,158	6,490
	<u>91,905</u>	<u>71,001</u>

#### 16. Deferred income

	2023	2022
	£	£
At 1 April 2022	55,696	23,610
Amount released to income	(55,696)	(23,610)
Amount deferred in year	68,138	55,696
<b>At 31 March 2023</b>	<u><b>68,138</b></u>	<u><b>55,696</b></u>

Deferred income comprises grant income which the donor had specified must be used in future accounting periods and partnership licence income which was wholly for the next accounting period.

#### 17. Pensions and other post retirement benefits

##### Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £15,183 (2022: £13,919).

At 31 March 2023 there were outstanding pensions contributions amounting to £2,179 (2022 - £1,699).

#### 18. Analysis of charitable funds

##### Unrestricted funds

	At 1 April 2022	Income	Expenditure	Prior year adjustments	At 31 March 2023
	£	£	£	£	£
General funds	<u>92,202</u>	<u>425,989</u>	<u>(389,193)</u>	<u>—</u>	<u><b>128,998</b></u>

  

	At 1 April 2021	Income	Expenditure	Prior year adjustments	At 31 March 2022
	£	£	£	£	£
General funds	<u>62,630</u>	<u>429,112</u>	<u>(375,930)</u>	<u>(23,610)</u>	<u>92,202</u>

# UK Smart Recovery

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2023

#### 18. Analysis of charitable funds *(continued)*

##### General funds

The General fund represents the unrestricted funds from past operating results. It also represents the free reserves of the charity.

##### Restricted funds

	At 1 April 2022 £	Income £	Expenditure £	Prior year adjustments £	At 31 March 2023 £
North Wales					
Communities Project	—	—	—	—	—
CGL Brighton	16,810	—	(3,953)	—	<b>12,857</b>
Wellbeing fund	—	—	—	—	—
Humankind - Collective					
Voice	—	—	—	—	—
National Lottery -					
Community	10,000	—	—	—	<b>10,000</b>
The Corra Foundation -					
grass roots	20,900	48,880	(44,310)	—	<b>25,470</b>
Slippage fund	2,287	5,583	(1,383)	—	<b>6,487</b>
Camurus	—	15,300	(4,200)	—	<b>11,100</b>
	<u>49,997</u>	<u>69,763</u>	<u>(53,846)</u>	<u>—</u>	<u><b>65,914</b></u>

	At 1 April 2021 £	Income £	Expenditure £	Prior year adjustments £	At 31 March 2022 £
North Wales					
Communities Project	—	—	—	—	—
CGL Brighton	20,000	—	(3,190)	—	16,810
Wellbeing fund	3,164	—	(3,164)	—	—
Humankind - Collective					
Voice	11,706	—	(11,706)	—	—
National Lottery -					
Community	—	10,000	—	—	10,000
The Corra Foundation -					
grass roots	—	45,590	(24,690)	—	20,900
Slippage fund	—	3,422	(1,135)	—	2,287
Camurus	—	—	—	—	—
	<u>34,870</u>	<u>59,012</u>	<u>(43,885)</u>	<u>—</u>	<u><b>49,997</b></u>

# UK Smart Recovery

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2023

#### 18. Analysis of charitable funds *(continued)*

##### **CGL Brighton**

This grant is towards a research project to be undertaken on aspects of addiction.

##### **Wellbeing fund**

This fund covered wages, handbooks, mobile phones and internet for 12 weeks from 18/5/20. These resources provide new methods of delivering service due to the effects of the Coronavirus.

##### **Humankind - Collective Voice**

This is a Covid-19 response fund. This includes distribution of SMART recovery information, new versions of the information and new methods of distribution.

##### **National Lottery - community**

This fund is to pilot the Start Smart programme.

##### **The Corra Foundation - grass roots**

This grant was to be used to fund SMART Recovery Groups in Scotland delivered and supported by a Veteran SMART Recovery Coordinator.

##### **Slippage fund**

To fund translation costs.

##### **Camurus**

To fund website development costs.

#### 19. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Tangible fixed assets	2,268	–	<b>2,268</b>
Current assets	218,635	65,914	<b>284,549</b>
Creditors less than 1 year	(91,905)	–	<b>(91,905)</b>
<b>Net assets</b>	<b>128,998</b>	<b>65,914</b>	<b>194,912</b>

  

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Tangible fixed assets	3,792	–	3,792
Current assets	159,411	49,997	209,408
Creditors less than 1 year	(71,001)	–	(71,001)
<b>Net assets</b>	<b>92,202</b>	<b>49,997</b>	<b>142,199</b>

# UK Smart Recovery

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2023

#### 20. Operating lease commitments

The total future minimum lease payments under non-cancellable operating leases are as follows:

	<b>2023</b>	2022
	<b>£</b>	£
Not later than 1 year	<b>13,084</b>	18,297
Later than 1 year and not later than 5 years	<b>–</b>	13,723
	<b><u>13,084</u></b>	<u>32,020</u>

The operating lease payments recognised as an expense amounted to £30,410 (2022 - £12,266).

#### 21. Related parties

No trustees or other persons related to the charity had any personal interest to any contract or transaction entered into by the charity during the year.

**UK Smart Recovery**  
**Company Limited by Guarantee**  
**Management Information**  
**Year ended 31 March 2023**

**The following pages do not form part of the financial statements.**



# UK Smart Recovery

## Company Limited by Guarantee

### Detailed Statement of Financial Activities

Year ended 31 March 2023

	2023 £	2022 £
<b>Income and endowments</b>		
<b>Donations and legacies</b>		
Donations	1,827	4,072
Donations - Take on Addiction	4,693	2,395
National Lottery	—	10,000
The Corra Foundation - Grass Roots	48,880	45,590
Wrexham slippage fund	5,583	3,422
Camurus - website development grant	15,300	—
	<u>76,283</u>	<u>65,479</u>
<b>Charitable activities</b>		
North Wales SMART Recovery Development	36,500	37,235
Publication and merchandise sales	25,194	29,156
Partnership fees	346,720	349,784
Training provision	11,055	6,470
	<u>419,469</u>	<u>422,645</u>
<b>Total income</b>	<u><u>495,752</u></u>	<u><u>488,124</u></u>

# UK Smart Recovery

## Company Limited by Guarantee

### Detailed Statement of Financial Activities *(continued)*

Year ended 31 March 2023

	2023 £	2022 £
<b>Expenditure</b>		
<b>Expenditure on charitable activities</b>		
Wages and salaries	262,584	237,746
Employer's NIC	20,894	18,778
Pension costs	15,183	13,919
Rent	30,410	12,266
Rates and water	1,044	1,044
Insurance	2,062	1,998
Other motor/travel costs	15,609	13,800
Legal and professional fees	3,804	3,338
Telephone	4,164	4,807
Other office costs	19,944	21,680
Depreciation	1,524	1,811
Interest on HP and finance leases	—	249
General expenses	2,987	2,413
MAP project Wales	7,910	3,913
Bank interest and charges	864	934
Other professional fees	15,449	8,728
Consultancy fees	8,946	7,403
Promotional events and conferences	454	1,477
Staff training	—	118
Subscriptions	237	96
I T supplies and software	20,589	15,902
Volunteer expenses	912	577
Advertising	(10,506)	29,026
CGL research expenses	3,953	3,190
Printing (saleable) and merchandise	14,022	14,602
	<u>443,039</u>	<u>419,815</u>
<b>Total expenditure</b>	<u><u>443,039</u></u>	<u><u>419,815</u></u>
<b>Net income</b>	<u><u>52,713</u></u>	<u><u>68,309</u></u>

# UK Smart Recovery

## Company Limited by Guarantee

### Notes to the Detailed Statement of Financial Activities

Year ended 31 March 2023

	2023 £	2022 £
<b>Expenditure on charitable activities</b>		
<b>Conferences and training</b>		
<i>Activities undertaken directly</i>		
Wages and salaries	262,584	237,746
Employer's NIC	20,894	18,778
Pension costs	15,183	13,919
Rent	30,410	12,266
Rates and water	1,044	1,044
Insurance	2,062	1,998
Other motor/travel costs	15,609	13,800
Accountancy fees	3,804	3,338
Telephone and internet	4,164	4,807
Printing, stationery and postage	19,944	21,680
Depreciation	1,524	1,811
Interest on HP and finance leases	—	249
General expenses	2,987	2,413
MAP project Wales	7,910	3,913
Bank interest and charges	864	934
Other professional fees	15,449	8,728
Consultancy fees	8,946	7,403
Promotional events and conferences	454	1,477
Staff training	—	118
Subscriptions	237	96
I T supplies and software	20,589	15,902
Volunteer expenses	912	577
Advertising	(10,506)	29,026
CGL research expenses	3,953	3,190
Printing (saleable) and merchandise	14,022	14,602
	<u>443,039</u>	<u>419,815</u>
<b>Expenditure on charitable activities</b>	<u><u>443,039</u></u>	<u><u>419,815</u></u>