

ALAG/Autism Hub

Registered Charity No.

1160477

TRUSTEES' REPORT AND FINANCIAL STATEMENTS **FOR THE YEAR ENDED 31 MARCH 2025**

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ALAG/Autism Hub (Asperger London Area Group)

Registered Charity No.

1160477

ORGANISATIONAL PROFILE

FOR THE YEAR ENDED 31 MARCH 2025

TRUSTEES

Chair	John Harrison	
Vice Chair	Jason Crabtree	
Secretary	Nick Stone	
Treasurer	Chrsitian Leibl	
	Jennifer Barker	resigned 2024
	Ricki Rittstieg	resigned 2024

REGISTERED OFFICE:

C/o VAL, 200A Pentonville Road
London
N1 9JP

BANKERS:

National Westminster BankPlc
490 Holloway Road
London
N7 6HN

ACCOUNTANT/ INDEPENDENT EXAMINER:

Charles Osei, BSc (Hons), MSc, FCIE, AFA, ATA, MCIPP
Flat 3, 11 Rochdale Way
Deptford London
SE8 4LY



ALAG

Asperger London Area Group

**autism
hub** ...

ALAG/Autism Hub –
Trustees' Annual Report

From 1 April 2024 to 31 March 2025

Charity name: ALAG (Asperger London Area Group)

Charity registration number: 1160477



About ALAG and the Autism Hub

ALAG (Asperger London Area Group) has been a registered charity since 2015, providing vital support to autistic adults without a learning disability across London. As a pan-London membership organisation, we collaborate with statutory services and the voluntary sector to advocate for this often-overlooked group and to ensure their needs are recognised and addressed.

Our mission is to improve the wellbeing, confidence, and independence of autistic adults through tailored, practical support. A cornerstone of this work is the Autism Hub, established in 2018 in the London Boroughs of Islington and Camden. The Hub is a user-led service, designed by and for autistic adults who frequently fall through gaps in mainstream provision. Many are told they do not meet eligibility criteria, leaving them without the essential support they require. The Hub bridges this gap, connecting individuals to resources, services, and opportunities that enhance quality of life.

The Autism Hub delivers a wide range of services, including advocacy, peer support, specialist advice, information, and signposting for service users, families, carers, and professionals. In addition, the Hub offers autism-informed counselling and bespoke, autism-led training to external partners, organisations, and professionals. These services not only provide direct support to autistic adults but also build wider awareness, capacity, and expertise within the community, creating a sustainable, positive impact across London.

Overview

The Trustees of ALAG (Asperger London Area Group) and its affiliate, the Autism Hub have considered the guidance issued by the Charity Commission on public benefit in the operation of this charity.

Over the past financial year, ALAG/Autism Hub has strengthened its financial position through successful local authority funding applications and focusing expenditure/ investments. This has allowed the recruitment of paid staff to work alongside our volunteers, enabling the delivery of a broader range of services and extending support to autistic adults who do not have a learning disability.

The Board of Trustees, in collaboration with the Chief Executive, has continued to implement policies and procedures designed to maintain high standards of service delivery and ensure compliance with funders' expectations. Trustees are pleased that local authorities recognise the value of our work, and express their gratitude to all those who contributed to securing this funding.

As responsible custodians of public funds, the Board of Trustees remains committed to ensuring that all services are delivered in accordance with the agreed purposes of the funding, with robust oversight, governance, and accountability measures in place.

Governance

ALAG/Autism Hub operates with a clearly defined management structure, ensuring that strategic and operational decisions are made effectively and with appropriate oversight. Trustees' meetings are scheduled a minimum of four times per year, and, in line with our approved governance framework, meetings continue to be held online, as authorised by the Charity Commission.

The Board of Trustees currently comprises five members. During this reporting period, a new Treasurer was appointed following the resignation of the previous postholder in February 2024. In the interim, the Chair and Vice-Chair assumed additional responsibilities to ensure that the organisation continued to meet its statutory and regulatory obligations. External advice was sought from professionals with expertise in finance and the charitable sector to support continuity and maintain robust governance during this transition.

Additionally, one long-standing trustee stepped down during the year for health reasons. The organisation has since begun recruiting additional trustees, with a particular focus on strengthening oversight of service operations. Expanding the board's skills and experience will further enhance its effectiveness and ensure continued strategic leadership. Trustees remain actively engaged in governance, safeguarding, and compliance, providing assurance that the organisation's management and decision-making processes are robust and well-maintained.

The ALAG/Autism Hub Board of Trustees:

John Harrison - Chair

Jason Crabtree - Vice Chair

Christian Leibl - Treasurer (appointed 19 December 2024)

Nick Stone - Secretary

Ricki Rittstiegl - Trustee (resigned 01 September 2024)

Staff & Volunteers

ALAG/Autism Hub's operations and service provision have continued to expand during the 2024/2025 reporting period. Since the last reporting cycle, we have recruited an additional member of staff, increased contracted hours for existing staff from part-time to full-time, and supported internal progression through role development. ALAG/Autism Hub intends to continue expanding its workforce in line with service demand and strategic priorities.

Our staffing model comprises a combination of employed and self-employed specialist practitioners to ensure the delivery of high-quality, autism-specific services. Trustees are satisfied that workforce development is being managed responsibly and at a sustainable pace, with appropriate oversight in place to maintain service quality and continuity.

During this reporting period, the Chief Executive Officer commenced maternity leave in November 2024, maintaining regular engagement with the organisation through Keeping in Touch (KIT) days. To ensure continuity of leadership and the safe and effective delivery of services, the organisation expanded the role of senior staff and appointed an Operational Lead on a one-year contract to assume key responsibilities previously overseen by the CEO.

Additional adjustments to staff roles were implemented, with team members taking on expanded responsibilities in a structured and supported manner. Trustees are satisfied that



these arrangements have been managed with appropriate oversight, ensuring that safeguarding, service quality, and operational continuity remain uncompromised throughout the period of leadership transition.

Autism specific counsellors:

The Autism Hub's counselling service is delivered by six self-employed counsellors, all of whom are fully qualified and registered with either the British Association for Counselling and Psychotherapy (BACP) or the National Counselling and Psychotherapy Society (NCPS). The service was initially established with three trainee counsellors, who completed their qualifications while undertaking student placements with the organisation.

The counselling team includes individuals who are autistic, have lived experience, or possess an autism specialism. This expertise ensures that therapy is autism-informed, with appropriate adjustments implemented to meet the needs of each client. The service provides support for individuals to process their diagnosis, understand their autism, and develop strategies to manage anxiety.

All clients are initially offered a package of up to ten sessions of free counselling. Trustees are assured that robust quality assurance measures are in place, including adherence to professional standards, supervision requirements, and safeguarding protocols, to ensure safe and effective service delivery.

Volunteers & Sessional workers:

ALAG/Autism Hub benefits from a diverse cohort of volunteers who contribute substantial skills and experience. Many are autistic or neurodivergent and initially engaged with us as service users, reflecting the strength and authenticity of our user-led approach.

Volunteers and staff provide support across key operational functions, including website content development, marketing and promotional design, autism training design and delivery, technical support, and administrative tasks. We maintain an autism-informed working environment that prioritises wellbeing, professional growth, and accessible development pathways.

We also engage paid sessional workers to deliver defined activities such as workshops, training sessions, consultations, classes, and public speaking engagements. A number of these individuals first joined us as volunteers and have since transitioned into paid roles as their skills, confidence, and readiness developed. This progression pathway enables participants to access training, build transferable skills, and improve future employment prospects and personal independence.

To ensure we can meet demand and sustain service quality, we continue to expand our delivery capacity through the growth of our staff team, volunteer base, and sessional workforce. As a user-led organisation, we implement growth at a measured and considered pace, ensuring the reasonable adjustments, supervision structures, and wellbeing supports necessary to maintain retention, safeguard staff and volunteers, and ensure long-term sustainability, as well as sustained financial flexibility of our Charity overall

Funding and Finance

ALAG/Autism Hub's financial position has continued to strengthen over recent years. The organisation has maintained strong cash levels, managing expenditures and investments in a way that negate the need for external debt funding. We have successfully secured multi-year grant funding from local authorities, alongside additional support from local community grant funders, contributing to greater financial resilience and improved forward planning.

As outlined in the previous reporting period, trustees and senior leadership have continued to work collaboratively with Camden and Islington Local Authorities to develop a robust business case for ongoing grant funding. This work is intended to ensure the long-term sustainability of the service and support the development of the infrastructure required to meet increasing demand. Trustees remain engaged in oversight of this process and are satisfied that progress continues in line with strategic objectives.

See table.

Income Source 2024/2025	Amount	Comment
Autism Hub – Funding and Projects		
London Borough of Islington (LBI)- VCS grants programme	£20,000	VCS grant of £20,000 was secured per year over three years to cover our core costs. Year 1/3
London Borough of Camden (LBC)- Better Care Fund	£231,200	Multi-year grant to support the Autism Hub's core offer, build capacity and infrastructure to sustain the service. This grant has been approved through Cabinet. Year 3/3
Islington Cripplegate Foundation	£15,000	Community grant- £15,000 per year for three years to build capacity and cover core costs. Year 3/3
Autism Hub- unrestricted income	£2,852.34	Donations made by regular donors, organisations and corporates and income generated by delivery of Autism Awareness Training workshops.
ALAG- Funding and Projects		
NHS England	£6,970	Project grant to facilitate and support coproduction, co-chair role, community of practice forum, and consultation as part of NHS England Learning Disability and Autism Programme.
ALAG- unrestricted income	£1,658.51	Donations made by regular donors, members, organisations and corporates. This includes donations received from specialist consultancy, and speaking at events.
ALAG- Membership fees	£1,390	Membership fees.
Total Income	£279,070.85	



Grant Funding Position

As indicated in the chart, two of our multi-year grants—the LBC Better Care Fund and the Islington Cripplegate Foundation—came to an end during this reporting period, together representing over 88% of our income. We are pleased to report that, following constructive work with LBC commissioners on a new report and funding application, we successfully secured a seven-year grant commencing on 1 April 2025. We also met with our funders at Cripplegate, who expressed strong confidence in our progress and offered a new three-year multi-grant. Final figures for both funding awards will be confirmed in the next reporting period.

In the previous reporting period, we successfully reapplied for the LBI VCS multi-year grant and were awarded an increased amount compared with previous years.

However, funding previously anticipated from the LBI Adult Social Care Commissioning team was not received, resulting in some disruption to services available to Islington residents. Through continued advocacy, combined with the demonstrable needs of local autistic adults and the disparity in available funding between the London Boroughs of Camden and Islington, the Islington Adult Social Care Commissioning team has now committed to awarding £200,000 over a three-year period for support to Islington residents. This funding will begin on 1 April 2025.

Reserves and Income revenue –

ALAG/Autism Hub maintains six months of unrestricted cash reserves to ensure our capacity to respond to any operational emergencies in a timely and effective manner. In the event that all funding ceased or restricted funds were withdrawn, we would be able to continue delivering core services for a minimum of six months. As grant funding has increased, we are also building our non-committed reserves proportionately with expenditure to ensure effective risk management. This position is reviewed on a quarterly basis.

The organisation does not have any external debt funding in place.

We continue to diversify and increase our income through donations, the delivery of bespoke autism training led by autistic facilitators, and specialist consultation with external partners. ALAG/Autism Hub is actively expanding this portfolio and broadening our training offer to a wide range of organisations, businesses, institutions, and charities.

Emerging Themes

As previously reported, the impact of the pandemic continues to be felt acutely by autistic adults. Heightened anxiety, increased social isolation, bereavement, disrupted routines, and reduced access to health and mental health services have combined with ongoing challenges in housing and employment. Rather than diminishing, these pressures have persisted in the years following the pandemic and have been further exacerbated by the cost-of-living crisis and reductions in welfare support.

During this reporting period, we have observed a significant rise in complex housing issues, including affordability concerns, disrepair, and homelessness. Multiple health conditions and co-occurring needs are becoming more visible, with a noticeable deterioration in mental health across our membership compared with previous years. We have also seen increased hospital admissions, worsening physical health outcomes, severe social isolation, and more complex support requirements. Our counsellors report that many autistic adults continue to experience high levels of anxiety and uncertainty related to finances, housing stability, social care provision, and both physical and mental health needs. These difficulties are compounded by lengthy waiting lists, service backlogs, and under-resourced statutory provision. Alarming, we have encountered instances where autistic adults have been denied access to crisis or mental health support solely on the basis of their diagnosis.

As a result, community-based, user-led organisations such as ALAG/Autism Hub are increasingly required to support individuals while they await statutory intervention or after support has been declined. This places greater demand on the voluntary and community sector and highlights the importance of ensuring sufficient resources, safeguarding oversight, and staff wellbeing to maintain safe, sustainable services.

Persistent inequalities in access to statutory services remain a significant challenge for autistic people. ALAG/Autism Hub is committed to advocating for improved pathways and working collaboratively with commissioners and service providers to address these inequities and enhance service accessibility.

Despite these challenges, ALAG/Autism Hub continues to raise awareness of autism within local communities and across London. As we grow, we aim to further expand our reach, strengthen partnerships, and build capacity to sustain and develop this vital work.

Our Work and Impact

Over the past year, our charity has continued to provide a comprehensive range of specialist services, including counselling, peer support, peer-led activities, workshops, and advocacy. Through these initiatives, we have empowered autistic individuals to lead healthier, more fulfilling lives. Our focus remains on promoting social and emotional well-being by fostering meaningful connections within local communities.

We have also supported individuals in understanding and coming to terms with their diagnosis through targeted counselling and structured peer-support groups. These services play a vital role in reducing isolation, enhancing self-awareness, and improving overall quality of life.

Monthly Peer Meetings –

During the reporting period, our organisation delivered 12 peer-led meetings — comprising 8 online webinars and 4 in-person sessions — all facilitated by our dedicated Peer Facilitator. Meeting topics were chosen collaboratively by our members, reflecting the issues most relevant to their lived experiences.

Themes explored throughout the year included mental health and well-being, coping strategies, current research, and navigating support services. These meetings provided a safe and inclusive space for open discussion, peer connection, and shared learning. Participants were able to exchange insights, offer mutual support, and access information about local and London-wide resources.

Guest speakers and lived-experience panels also enriched several sessions, offering valuable perspectives and enhancing the learning experience for all attendees.

Peer Support and Drop-In Services –

The Autism Hub continues to deliver two weekly drop-in sessions designed to meet the diverse access needs and schedules of our members. These peer-led spaces provide vital opportunities for connection, discussion, and mutual support.

Online Drop-In – Mondays, 11:00–13:00

Held weekly via Zoom and facilitated by two trained Peer Facilitators, these sessions combine open discussion with structured activities such as *'Know Your Rights'* quizzes and mindfulness exercises. The first half of each session encourages participants to raise topics, share experiences, and ask questions, while the second half focuses on guided group activities. These sessions provide a safe, welcoming environment for members to stay informed about community events, express their needs, and receive timely peer support.

In-Person Drop-In – Wednesdays, 16:00–18:00

Since launching in February 2023 at a local community centre, our evening drop-in has become a key part of our weekly offer. It caters to those who prefer face-to-face interaction or who may find virtual or formal settings anxiety-provoking. The sessions are open to autistic individuals, the wider community, and professionals seeking to learn more about lived experience. This informal, pressure-free space enables individuals to connect, ask questions, and access support without barriers or expectations.

Wellbeing Activities –

In response to member feedback, our organisation has developed a varied programme of monthly wellbeing activities aimed at reducing social isolation and improving mental health outcomes. Activities include board game afternoons, art workshops, photography sessions, and monthly walks at Kew Gardens.

We have also organised group visits to relaxed or autism-friendly events such as the Science Museum, the Barbican's relaxed screenings, the *Nutcracker* performance at the Royal Opera House, London Zoo, and the Transport Museum. These activities emerged through our *Relaxed Spaces* initiative and have been instrumental in helping participants build confidence, social connections, and a sense of belonging within their communities.

Relaxed Spaces Newsletter –

Launched in October 2022, our *Relaxed Spaces Newsletter* has become a cornerstone of our community engagement work. Developed in response to the cost-of-living crisis, its purpose is to help autistic adults access welcoming community spaces, reduce social isolation, and manage the emotional and financial impact of spending more time at home.

Produced monthly with support from our volunteers, the newsletter highlights autism-friendly and relaxed venues across London — including theatres, museums, cinemas, and exhibitions — many of which are free or offer concessionary rates. We continue to work collaboratively with participating venues, providing constructive feedback to improve accessibility and the overall experience for autistic visitors.

Autism-Specific Counselling –

Over the reporting period, the Autism Hub delivered approximately 472 counselling sessions. Each client is initially offered ten weekly sessions, with extensions provided based on individual need. To meet growing demand, we have expanded both the number of counselling slots and the overall capacity of the service.

Since the pandemic, we have seen an increase in both self-referrals and referrals from mental health services, often involving more complex cases requiring additional sessions. Our counsellors continue to provide specialist, autism-informed therapeutic support that helps individuals understand their diagnosis, manage anxiety, and develop tools for emotional resilience.

Casework and Advocacy Support –

Our advocacy service provides vital one-to-one support to individuals navigating complex systems such as benefits, housing, and adult social care. Many autistic adults struggle to access the statutory support to which they are entitled, and we play an essential role in ensuring their voices are heard and their rights upheld.

We work closely with external agencies and commissioned advocacy services to promote reasonable adjustments, contribute to the development of autism-informed pathways, and provide guidance to professionals. We also raise awareness of autistic people's rights under the *Autism Act 2009*, empowering both service users and service providers to create more equitable systems.

Autism Training –

The Autism Hub and ALAG have continued to deliver bespoke, autism-led training to a wide range of organisations, services, charities, and community groups. These sessions are designed to increase understanding of autism and neurodiversity, improve accessibility, and equip participants with practical strategies to create more inclusive environments.

Over the reporting period, we have delivered training to professionals from the London Borough of Camden (including social workers and practitioners), the Young Kensington and Chelsea Foundation, and the Stuart Low Trust/Theatre Group, among others.



Our training programmes are developed and delivered by autistic trainers with lived experience, ensuring authenticity and relevance. Feedback continues to highlight the positive impact of these sessions in increasing awareness, challenging misconceptions, and encouraging organisational change. This ensures that more services across the borough are informed by autistic perspectives.

Consultancy –

ALAG and the Autism Hub provide specialist consultancy services to organisations seeking to make their projects, services, and environments more autism-informed. Our consultants — all of whom have lived experience — are appropriately remunerated for their expertise and insights, recognising the value of authentic co-production.

Over the past year, we have contributed to a range of high-impact projects, including collaborations with NHS England, Camden and Islington Council's commissioned services, Camden's Autism Strategy, The Autism Partnership Board, and the Royal Opera House.

Through this consultancy work, we continue to influence systemic change, ensuring that autistic voices are embedded in service design, delivery, and policy development at every stage.

Collaborations –

Our organisation has developed strong and meaningful partnerships across a range of sectors. Through our '*A Day in the Life...*' initiative, we have worked with corporate partners including Take Two, Mastercard, and Sage to promote autism-informed workplace practices and broaden employment opportunities for autistic individuals.

We also collaborate with community partners to deliver projects that foster inclusion and belonging. For example, as part of Google's annual Google Serve programme, volunteers worked alongside our team at Jean Stokes Community Centre to repaint the centre's main hall in preparation for a community exhibition.

These collaborations not only strengthen relationships between autistic and non-autistic communities but also demonstrate the positive impact of collective action in creating more inclusive, understanding, and supportive spaces across society.

Overall Impact

Collectively, these initiatives demonstrate our ongoing commitment to improving the lives of autistic adults through person-centred, accessible, and empowering support. Across our counselling, peer support, wellbeing activities, and advocacy work, we have created safe and inclusive spaces where individuals feel valued, understood, and connected. Our training, consultancy, and partnership initiatives have extended our influence beyond direct service delivery — driving systemic change, raising awareness, and building more autism-informed communities.



Through these combined efforts, we continue to champion autistic voices, reduce isolation, and promote equality, ensuring that every individual we support is equipped to live a healthier, more confident, and fulfilling life.

The trustees are pleased with the progress achieved between April 2024 and March 2025. The successful expansion of services, despite post-pandemic pressures and the cost-of-living crisis, reflects the dedication, professionalism, and lived-experience insight of our staff team, counsellors, and volunteers. Their commitment ensures meaningful and measurable improvements in the lives of autistic individuals and contributes to stronger, more inclusive communities. We believe we are well-positioned to continue delivering sustainable, user-led support in 2025/26 and beyond.



Signed on behalf of the ALAG/Autism Hub trustees

Signature: *Christian Leibl*

Full name: Christian Leibl

Position: Trustee, Treasurer

Date: 26 November 2025

Trustees' Annual Report for ALAG/Autism Hub

From 1 April 2024 to 31 March 2025

Charity name: ALAG (Asperger London Area Group)

Charity registration number: 1160477

Charity Registered Address: ALAG, C/o VAI, 200A Pentonville Road, London N1 9JP

The ALAG/Autism Hub Trustees for April 2024 to March 2025 are as follows:

Mr John Harrison - Chair

Dr Jason Crabtree - Vice Chair

Mr Christian Leibl - Treasurer

Mr Nick Stone – Secretary

Ms Ricki Rittstieg – Trustee (resigned September 2024)

ALAG/Autism Hub (Asperger London Area Group)

Registered Charity No. 1160477

INDEPENDENT EXAMINER'S REPORT ON THE FINANCIAL STATEMENTS TO THE TRUSTEES OF ALAG/AUTISM HUB

I report on the financial statements for the year ended 31 March 2025 set out on pages 16 - 23.

This report is made solely to the Trustees of ALAG/Autism Hub, as a body, in accordance with regulations made under section 145 of the Charities Act 2011 and Charity SORP (frs). My work has been undertaken so that I might state to the Trustees matters I am required to state to them in an Independent Examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and Charity's trustees for my independent examination work, for this report, or for the statement I have given below.

Respective responsibilities of Trustees and independent examiner

As charity trustees, for the purposes of charity law, are responsible for the preparation of the financial statements, the Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Act) and that an independent examination is needed.

Having satisfied myself that the Charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- a) examine the accounts under section 145 of the 2011 Act;
- b) follow the procedures laid down in the general Directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act; and
- c) state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity, and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the reports limited to those matters set out in the statement on the next page.

ALAG/Autism Hub (Asperger London Area Group)

Registered Charity No. 1160477

INDEPENDENT EXAMINER'S REPORT ON THE FINANCIAL STATEMENTS TO THE TRUSTEES OF ALAG/AUTISM HUB (Cont'd)

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that in any material respect the requirements
 - a) to keep accounting records in accordance with Section 130 of the Charities Act; and
 - b) to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Charles Osei, BSc (Hons), MSc, FCIE, AFA, ATA , MCIPP
Flat 3, 11 Rochdale Way
Deptford London
SE8 4LY

Date: 06/12/2025

ALAG/Autism Hub (Asperger London Area Group)

Registered Charity No. 1160477

BALANCE SHEET AS AT 31 MARCH 2025

	Notes	2024/25 £	2023/24 £
Fixed Assets		-	-
Current Assets			
Cash at Bank and in hand	5	396,321	351,779
Accrued Income	6	600	300
		<u>396,921</u>	<u>352,079</u>
Creditors: Amount due within One Year	7	(9,651)	(3,436)
Net Assets/Liabilities		<u><u>387,270</u></u>	<u><u>348,643</u></u>
Reserves			
General Funds		124,607	121,988
Restricted Funds:		262,663	226,655
		<u><u>387,270</u></u>	<u><u>348,643</u></u>

Approved by the Management Committee on

and signed on their behalf by:

Christian Leibl

Christian Leibl
Treasurer

Date 26 November 2025

ALAG/Autism Hub (Asperger London Area Group)

Registered Charity No. 1160477

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted Funds £	Restricted Funds £	2024/25 Total Funds £	2023/24 Total Funds £
Resources Arising					
Income from Charitable Activities	2	5,900	273,170	279,070	273,685
Other Income	3	624	0	624	0
Total Income		<u>6,524</u>	<u>273,170</u>	<u>279,694</u>	<u>273,685</u>
 Direct Charitable Expenditure	 4	 2,515	 238,552	 241,067	 180,553
 Total Expenditure		 <u>2,515</u>	 <u>238,552</u>	 <u>241,067</u>	 <u>180,553</u>
Resources retained for further use		4,009	34,618	38,627	93,132
Transfer between Funds					
Net Movement in Funds					
Reconciliations of Funds					
Brought forward 01/04/2024		121,988	226,655	348,643	255,511
 Carried forward 31/03/2025		 <u><u>125,997</u></u>	 <u><u>261,273</u></u>	 <u><u>387,270</u></u>	 <u><u>348,643</u></u>

ALAG/Autism Hub (Asperger London Area Group)

Registered Charity No. 1160477

STATEMENT OF CASHFLOWS FOR THE YEAR ENDED 31 MARCH 2025

	Notes	2024/25 £	2023/24 £
Cash flows from operating activities			
Cash generated from operations	11	44,542	234,482
		<hr/>	<hr/>
Net cash (used in)/provided by operating activities		44,542	234,482
		<hr/>	<hr/>
Change in cash and cash equivalents in the reporting period		44,542	234,482
		<hr/>	<hr/>
Cash and cash equivalents at the beginning of the reporting period		351,779	117,297
		<hr/>	<hr/>
Cash and cash equivalents at the end of the reporting period		396,321	351,779

ALAG/Autism Hub (Asperger London Area Group)

Registered Charity No. 1160477

NOTES TO THE ACCOUNTS **FOR THE YEAR ENDED 31 MARCH 2025**

1. Accounting Policies

Basis of Preparation.

These accounts have been prepared on an accrual basis and include income and expenditure as they are earned or incurred, rather than as cash received or paid. The recommendations of the Financial Reporting Standard applicable in the UK and Republic of Ireland (frsre) and Charities Act 2011 have been followed.

Fund Accounting.

The general funds consist of funds that the Trustees may use for ALAG/Autism's charitable purposes at their discretion.

The restricted funds are those where the donor has imposed restrictions on the use of the funds, which are legally binding. Restricted funds held in reserve at the end of the year represent income received donors to be spent within the following year. Details of these funds are set out on the separate schedule in Note 2.

Direct Charitable Expenditure.

Direct charitable expenditure comprises all costs incurred in running the Charity that are directly attributable to the Charity's projects.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Pension costs

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pensions scheme are charged to the Statement of Financial Activities in the period to which they relate.

Voluntary Contribution

All voluntary income and donations are recognised and included in the accounts as they are received.

Governance Costs

Include those costs associated with meeting the constitutional and statutory requirements of the charity.

ALAG/Autism Hub (Asperger London Area Group)

Registered Charity No. 1160477

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025

2 Income

	Unrestricted	Restricted	2024/25	2023/24
	£	£	£	£
HUB - Cripplegate	-	15,000	15,000	15,000
HUB - LB Islington	-	20,000	20,000	17,500
HUB - LBC Core Offer	-	231,200	231,200	231,000
HUB - Ad Hoc	2,852	-	2,852	1,053
ALAG - Membership	1,390	-	1,390	-
ALAG - NHS England	-	6,970	6,970	5,760
ALAG -Ad Hoc	1,658	-	1,658	1,750
Prior year error - Donations/Grants	-	-	-	(1,578)
HUB - LBC Race & Equality	-	-	-	3,200
Totals	5,900	273,170	279,070	273,685

3 Other Income

Donation	112	-	112	-
Bank Interest	512	-	512	-
Totals	624	-	624	-

4 Resources Expended

	Unrestricted	Restricted	2024/25	2023/24
	£	£	£	£
IT & Communication	-	5,652	5,652	3,874
Staff - Client Facing Hub	-	57,854	57,854	53,013
Staff - Salaries ALAG	-	135,905	135,905	102,393
NI ers	-	13,127	13,127	4,810
Pension	-	3,661	3,661	2,976
Printing & Stationery	102	-	102	243
Insurance	600	-	600	599
Counselling	-	-	-	-
Rent	-	3,083	3,083	1,587
Professional fee & Accountancy	-	6,165	6,165	4,477
Sundry -Services Expenses	1,377	-	1,377	748
Entertainment	-	-	-	-
Bank charges	49	-	49	54
Sundry Costs/Fees	58	-	58	-
Administration costs -Volunteers & Staff	-	9,659	9,659	4,518
Recruitment Expenses	329	-	329	272
Wellbeing Expenses	-	3,448	3,448	990
Totals	2,515	238,552	241,067	180,553

ALAG/Autism Hub (Asperger London Area Group)

Registered Charity No. 1160477

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025

5 Cash at bank and in Hand	Amounts Due within One Year	2024/25	2023/24
		£	£
	ALAG Asperger London	23,717	319,161
	WISE - Asperger London Area Group	29	12,790
	Metro - ALAG	-	19,828
	HUB - Restricted	255,718	-
	HUB - Unrestricted	116,857	-
		<u>396,321</u>	<u>351,779</u>
6 Accrued Income	Amounts Due within One Year	2024/25	2023/24
		£	£
	Accruals	0	0
	Debtors	600	300
		<u>600</u>	<u>300</u>
7 Creditors	Amounts Due within One Year	2024/25	2023/24
		£	£
	Creditors	9,651	3,436
		<u>9,651</u>	<u>3,436</u>

ALAG/Autism Hub (Asperger London Area Group)

Registered Charity No. 1160477

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025

8 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	2024/25 funds	2024/25 Total funds	2023/24 Total funds
	£	£	£
Current assets	396,921	396,921	352,079
Current Liabilities	(9,651)	(9,651)	(3,436)
	<u>387,270</u>	<u>387,270</u>	<u>348,643</u>

9 MOVEMENT IN FUNDS

	At 1.4.24	Net movement in funds	At 31.3.25
	£	£	£
Unrestricted funds			
General fund	121,988	4,009	125,997
Restricted funds			
Restricted fund	<u>226,655</u>	<u>34,618</u>	<u>261,273</u>
	<u>348,643</u>	<u>38,627</u>	<u>387,270</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	6,524	2,515	4,009
Restricted funds			
Restricted fund	<u>273,170</u>	<u>238,552</u>	<u>34,618</u>
TOTAL FUNDS	<u>279,694</u>	<u>241,067</u>	<u>38,627</u>

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NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025

10 RELATED PARTY DISCLOSURES

There were no related party transactions for the year 31st March 2025.

11 RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2024/25	2023/24
	£	£
Net (expenditure)/income for the reporting period (as per the Statement of financial activities)	38,627	93,132
Adjustment for:		
Depreciation charges	-	-
(Increase)/decrease in debtors	(300)	140,700
Increase/(decrease) in creditors	6,215	650
Net cash (used in)/provided by operations	44,542	234,482

12 ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.24	Cash flow	At 31.3.25
	£	£	£
Net Cash			
Cash at Bank and in hand	351,779	44,542	396,321
	351,779	44,542	396,321
Total	351,779	44,542	396,321