

ALAG/Autism Hub

Registered Charity No. 1160477

TRUSTEES' REPORT AND FINANCIAL STATEMENTS **FOR THE YEAR ENDED 31 MARCH 2024**

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ALAG/Autism Hub (Asperger London Area Group)

Registered Charity No.

1160477

ORGANISATIONAL PROFILE

FOR THE YEAR ENDED 31 MARCH 2024

TRUSTEES

Chair	John Harrison	
Vice Chair	Jason Crabtree	
Secretary	Nick Stone	
Treasurer	Jennifer Barker	resigned 2024
	Ricki Rittstieg	

REGISTERED OFFICE:

C/o VAL, 200A Pentonville Road
London
N1 9JP

BANKERS:

National Westminster Bank Plc
490 Holloway Road
London
N7 6HN

ACCOUNTANT/ INDEPENDENT EXAMINER:

Charles Osei, BSc (Hons), MSc, ACIE, AFA, ATA, MCIPP
Flat 3, 11 Rochdale Way
Deptford London
SE8 4LY



Trustees' Annual Report for ALAG/Autism Hub

From 1 April 2023 to 31 March 2024

Charity name: ALAG (Asperger London Area Group)

Charity registration number: 1160477

The Trustees of ALAG (Asperger London Area Group) and its affiliate, the Autism Hub have taken regard of the guidance issued by the Charity Commission on public benefit in operating this charity. ALAG/Autism Hub continues to be a user-led organisation providing valuable social and emotional support to autistic adults (and their families) to build confidence, resilience, to help improve their sense of wellbeing and live more fulfilled lives.

Over the last financial year ALAG/Autism Hub has managed to gain a stronger footing with local authority funding. These successful funding applications have resulted in our services now operating with paid members of staff working alongside our volunteers. We now are able to provide a wider range of support for our members and to offer these much-needed services to more autistic adults who do not have a learning disability. The board of trustees have, with the chief executive, continued to put in place policies and procedures to ensure the quality of the services we provide meets our funders' expectations.

The ALAG/Autism Hub trustees are pleased that local authorities recognise the value of our work, and we are grateful to everyone who has helped to make this funding breakthrough happen. As trustees, we are committed to being responsible custodians of public funds and are committed to deliver our services in line with the agreed purpose of the funding.

ALAG/Autism Hub Governance

ALAG/Autism Hub has a clearly defined management structure ensuring effective decisions are being made within the organisation. As a general rule, we aim to have trustees' meetings approximately four times a year as a minimum. We continue to hold our meetings online rather than in person. This has been approved by the Charity Commission.

The ALAG/Autism Hub board of trustees is currently made up of five trustees:

John Harrison - Chair
Jason Crabtree - Vice Chair
Jennifer Barker - Treasurer (resigned 29 February 2024)
Nick Stone - Secretary
Ricki Rittstiege – Trustee

During this reporting period, our Treasurer made a decision to resign from their position due to health reasons. We are currently in the process of recruiting a new Treasurer to post and hope to recruit additional trustees in the near future.



ALAG/Autism Staff & Volunteers

ALAG/Autism Hub operations and services have continued to expand and grow in 2023/2024. Since the last reporting period, ALAG/Autism Hub has recruited new members to the team and increased current staff hours. ALAG/Autism Hub aim to continue to expand the staff team and recruit people into new roles. The staff team consists of a mix of employed and self-employed specialists to deliver autism specific services.

Staff team:

Zainab Rahemtulla – Chief Executive
Jill Bradford – Volunteer & Projects Coordinator + HR Coordinator
Rebecca Lee – Service Coordinator
Nick Stone – ALAG/Autism Hub Peer Facilitator
Ange Nzitonda – Autism Hub Peer Facilitator
Guy Eaton – Advocate
Nasima Roman – Referrals Assessor & Benefits Advisor

Autism specialist counsellors/therapists:

Sue Burchett
Rebecca Whitcher
Lorna Aher
Dr. Ruth Millman
Jennifer Snow
Anna Hayward

The Autism Hub's counselling service consists of six self-employed counsellors – all of whom are now fully qualified counsellors and registered with the British Association for Counselling and Psychotherapy (BACP) or the National Counselling and Psychotherapy Society (NCPS). When the counselling offer was initially set-up, we started with 3 trainee counsellors who finished their qualifications whilst they were on a student placement with the Autism Hub. Our counsellors, most of whom are autistic themselves, have lived experience, or have an autism specialism, provide autism informed therapy which considers any adjustments required during the sessions. Our counselling service supports individuals to process their diagnosis, understand their autism, and manage anxiety. We initially offer 10 sessions of free counselling to individuals under the Autism Hub.

Volunteers:

We have a range of volunteers that offer their support to ALAG/Autism Hub. Most of our volunteers are autistic or neurodiverse and often started their journey with us as individuals accessing support or services from us.

We are incredibly fortunate that our volunteers have a range of skills which truly make the service user-led. Our volunteers and staff team support with website content, marketing and promotional material design, autism training development and delivery, technical support and administrative support to name a few. We aim to create a working environment that enables our team to develop their professional skills in a safe space that is autism informed.



We continue to build our capacity, by expanding our staff team and volunteers. However, as we are a user-led service, we require to do this at an appropriate pace to ensure reasonable adjustments are made and adequate supports are in place to support wellbeing and reduce turnover.

ALAG/Autism Hub Funding and Finance

ALAG/Autism Hub's financial position has steadily grown over the last few years. We have secured multi-year grant funding from the local authorities and other local community grant funders.

As mentioned in the previous reporting period, we have been working collaboratively with Camden and Islington Local Authorities to build a business case for ongoing grant funding to sustain the service and build the required infrastructure

See table.

Income Source 2022/2023	Amount	Comment
Autism Hub – Funding and Projects		
London Borough of Islington (LBI)- VCS grants programme	£17,500	VCS grant of £17,500 per year over three years to cover our core costs. Year 3/3
London Borough of Camden (LBC)- Better Care Fund	£231,000	Multi-year grant to support the Autism Hub's core offer, build capacity and infrastructure to sustain the service. This grant has been approved through Cabinet. Year 2/3
London Borough of Camden (LBC)- Race and equality (project)	£3,200	Race & Equality collaboration and co-chair project fund with LBC.
Islington Cripplegate Foundation	£15,000	Community grant- £15,000 per year for three years to build capacity and cover core costs. Year 2/3
Autism Hub- unrestricted income	£1,750	Donations made by regular donors, organisations and corporates and income generated by delivery of Autism Awareness Training workshops.
ALAG- Funding and Projects		
NHS England	£5,760	Project grant to facilitate and support coproduction, co-chair role, community of practice forum, and consultation as part of NHS England Learning Disability and Autism Programme.
ALAG- unrestricted income	£1,053.24	Membership fees and donations made by regular donors, members, organisations and corporates.
Total Income	£273,685.24	



ALAG/Autism Hub holds cash reserves as a means of ensuring that it is able to respond to emergencies in a timely manner. Due to the increased grant funding, we are also building our non-committed reserves at a pace in line with increased expenditure to ensure we are able to manage any risks. This is reviewed quarterly.

We aim to increase our income revenue by delivering bespoke autism training led by autistic staff and volunteers as well as engaging in specialist consultation with external partners. The staff team and volunteers have delivered a series of training sessions to various organisations. We continue to build this portfolio and expand our training offer to various organisations, businesses, institutions and charities.

Banking –

We have opened three additional accounts during this reporting period as the organisation is expanding and various projects are funded. This is to support organisation of various funding streams under ALAG as the over-arching charity and support services delivered by the Autism Hub.

Previously, all the funds were held under one account at Nat West. This included the Autism Hub projects, other restricted funds and unrestricted funds. Holding all the funding in one place without distinction was no longer a viable practice to manage various budgets. We have since opened two accounts at Metro Bank that separate ALAG funds and Autism Hub funds. We are looking to open a further account at Metro Bank specifically for unrestricted reserves. We also opened an online Wise account specifically to make payments such as staff payroll that our Financial Officer has access to for this purpose. The Wise payment system is also connected with the Xero accounting system which is a helpful tool and also supports risk management as users are restricted and have access to limited funds that are moved over monthly.

ALAG/Autism Hub Services

ALAG/Autism Hub continues to offer specialist counselling, peer support, peer-led activities, workshops, and advocacy support. In turn, we have supported autistic individuals to live healthier, more fulfilled lives. Providing the social and emotional support essential to their well-being by enabling them to be connected to their communities. We have also supported individuals to understand and come to terms with their diagnosis through counselling and peer-support groups.

Monthly meetings –

ALAG/Autism Hub have delivered 12 peer-led meetings- 8 online webinars and 4 in-person events moderated by our Peer-Facilitator. Meeting themes are selected by our members. Over the reporting period there has been focus on mental health and wellbeing factors, coping strategies, relevant research, and navigating services. The monthly meetings offer a safe space for discussion, to socialise amongst peers, receive peer support, share experiences of what has been helpful and what has not, ask questions and find out what is available locally and London wide. Sometimes we have guest speakers that present at the meetings, and panel speakers with lived experience.



Peer-Support- Drop-in Service –

The Autism Hub offers 2 weekly drop-in sessions to meet people's various schedules and access needs.

1. Online – Monday Drop-in 11:00-13:00:
Weekly peer-led drop-in sessions for 2hrs every Monday between 11:00-13:00. Led by two peer facilitators. First half of the session is less structured and provides an opportunity for people to meet, raise topics they would like to discuss, and ask questions. Second half is more structured with an activity e.g 'my rights' quiz, mindfulness. It is a forum for peer-support in a small group setting, to keep users informed of relevant and upcoming events, to voice what matters to them, and what they may need support with.
2. In-person – Wednesday Drop-in 16:00-18:00
Started 01 February 2023 at a local Community Centre, we continue to hold weekly informal peer-led drop-in sessions for 2hrs in the evening to accommodate those who are in employment. Open to anyone who either prefers in-person meet-ups, just wanting a safe space to come to or has any questions, including members of the public, organisations, and professionals. These sessions have allowed people who struggle to initiate contact via email/telephone, or where appointments are too anxiety provoking, to come to without any expectations or pressure.

Wellbeing activities –

ALAG/Autism Hub have developed a range of activities delivered monthly that our members have suggested. These include: boardgames afternoon, art workshops, photography sessions, cartoon making. We have also organised a variety of visits to relaxed spaces at the Science Museum, Barbican relaxed screenings, Nutcracker performance at the Royal Opera House, London Zoo, Transport Museum to name a few. These have emerged from our Relaxed Spaces newsletter (see further details below).

The aim of the activities is to reduce social isolation and improve mental health and wellbeing outcomes.

Relaxed spaces newsletter –

Monthly newsletter launched in October 2022. One of the aims especially in the midst of the cost-of-living crisis, has been to support our users to access their community to reduce consumption of heating/electric costs but most importantly reduce isolation and the impact this has on mental health and wellbeing. With the support of our volunteers, we have now launched a monthly newsletter that inform our users of autism friendly and relaxed spaces geared towards adults all around London. This includes theatres, museums, cinemas, exhibitions, performances etc. Often these are either free or concessionary fee applies. We continue to expand the newsletter and work in collaboration with the various vendors to ensure they receive constructive feedback to improve user access and experience.



Autism specific counselling –

The Autism Hub have delivered over 500 counselling sessions during the reporting period. We initially offer 10 weekly sessions per client. We have increased the number sessions delivered as well as our capacity by increasing number of counselling slots available and sessions offered. Following the pandemic, we have received an increased number of self-referrals, as well as referrals from mental health services and have been dealing with cases of increased complexity which require additional sessions and support.

Casework & advocacy support –

We provide advocacy for individuals who require support to navigate and liaise with external services and systems ie. Benefit claims, housing, adult social care etc. Unfortunately, there is little advocacy support available and accessible to our members, and who often do not receive support they are entitled to by statutory services. Our aim is to work with external agencies to make reasonable adjustments, offer consultation on creating autism-informed pathways for our users to access, and educating our users as well as other professionals, rights of autistic people under the Autism Act 2009.

Autism training –

The Autism Hub/ALAG have delivered bespoke autism-led training to various organisations, services, community groups to increase basic autism knowledge and support their services to become accessible to autistic people as well as other neurodivergent individuals. We have delivered training to the London Borough of Camden staff, King's College libraries, Bloomsbury Football Club, Young Camden Foundation, City University, Re-Think Advocacy to name a few.

We have also been funded by Camden Council to deliver further tailored training to practitioners, and relevant staff in 2024.

Consultancy –

ALAG/Autism Hub work with different organisations to consult on projects and services to make them more autism informed. Consultants are remunerated for their invaluable input and feedback. We have consulted on co-production projects with NHS England, with Camden and Islington Council's commissioned services, Camden's Autism Strategy, The Autism Partnership Board, as well as the Barbican and Tate Modern.

Collaborations –

We have partnered with various corporates to co-produce 'A Day in the Life...' events to broaden employment opportunities and consulting on autism informed practice with: Take Two, Mastercard and Google.



Emerging Themes –

As previously reported, during the height of the pandemic, many autistic adults reported increased levels of anxiety, isolation, bereavement, disruption to routines, difficulty accessing health and mental health services, housing issues, and employment issues. In response, ALAG/Autism Hub initiated the Covid Response Project supported by Camden and Islington local authorities and adapted all its services to be delivered virtually or by telephone in order to reach our users during lockdown.

In the years following the pandemic, these issues and themes still remain very relevant and continue to be compounded by the cost-of-living crisis. The growing complexity and mental health deterioration is more so prevalent in our membership during this reporting period, than previous. We have noted an increase in hospital admissions, severe social isolation, negative impact on physical health conditions, and complex presentations. Our counsellors report that many autistic individuals are struggling with their anxiety and uncertainty around finances, housing, social care needs, mental health and physical health needs. This is exacerbated by increased backlogs with long waiting times, and under-resourced statutory services. We also note many autistic people are being turned away from statutory support such as crisis services, and mental health services purely on the basis that they are autistic.

This has a residual impact on community sector services, who tend to support individuals whilst they are waiting for statutory services or have been denied support. This increases the risk we carry including staff burnout, and safeguarding concerns/risks that we must manage.

There are significant inequalities autistic people face when it comes to services especially statutory services available and accessible to autistic people. ALAG and the Autism Hub aim to work closely with statutory commissioners and service providers to address issues around equity for autistic people.

ALAG/Autism Hub continues to raise the autism profile in local communities and across London. As we grow and expand, we hope to broaden our reach, and build capacity to carry out this important work.

The ALAG/Autism Hub trustees are pleased with the successes and achievements through April 2023 to March 2024. The expansion of services despite the challenges post pandemic and the cost-of-living crisis, is a testament of the hard work, dedication and commitment of our staff team, counsellors and volunteers who have gone the extra mile in all areas to ensure this excellent service continues to have a positive impact on individual lives and the community as a whole. We believe we are well placed to continue delivering our services in the coming year 2024/25 and sustaining our service going forward.



ALAG
Asperger London Area Group

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Signed on behalf of the ALAG/Autism Hub trustees

Signature:

A handwritten signature in black ink, appearing to read 'John Harrison', is written over a horizontal line.

Full name: Mr John Harrison

Position: Chair of Trustees

Date: 23/07/2024

Trustees' Annual Report for ALAG/Autism Hub

From 1 April 2023 to 31 March 2024

Charity name: ALAG (Asperger London Area Group)

Charity registration number: 1160477

The ALAG/Autism Hub Trustees for April 2023 to March 2024 are as follows:

Mr John Harrison - Chair

Dr Jason Crabtree - Vice Chair

Ms Jennifer Barker - Treasurer (resigned Feb 2024)

Mr Nick Stone – Secretary

Ms Ricki Rittstieg – Trustee

Charity Registered Address: ALAG, C/o VAI, 200A Pentonville Road, London N1 9JP

Bank details:

National Westminster Bank Plc- Asperger London Area Group (ALAG)

Sort code: 60-08-22

Account number: 60696257

Wise- Asperger London Area Group (ALAG)

Sort code: 23-14-70

Account number: 50287480



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Asperger London Area Group

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Metro Bank- Asperger London Area Group ALAG/TA

Sort code: 23-05-80

ALAG- Account number: 52969719

Autism Hub- Account number: 52969707

ALAG/Autism Hub (Asperger London Area Group)

Registered Charity No. 1160477

INDEPENDENT EXAMINER'S REPORT ON THE FINANCIAL STATEMENTS TO THE TRUSTEES OF ALAG/AUTISM HUB

I report on the financial statements for the year ended 31 March 2024 set out on pages 13 - 20.

This report is made solely to the Trustees of ALAG/Autism Hub, as a body, in accordance with regulations made under section 145 of the Charities Act 2011 and Charity SORP (frsse). My work has been undertaken so that I might state to the Trustees matters I am required to state to them in an Independent Examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and Charity's trustees for my independent examination work, for this report, or for the statement I have given below.

Respective responsibilities of Trustees and independent examiner

As charity trustees, for the purposes of charity law, are responsible for the preparation of the financial statements, the Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Act) and that an independent examination is needed.

Having satisfied myself that the Charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- a) examine the accounts under section 145 of the 2011 Act;
- b) follow the procedures laid down in the general Directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act; and
- c) state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity, and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the reports limited to those matters set out in the statement on the next page.

ALAG/Autism Hub (Asperger London Area Group)

Registered Charity No. 1160477

INDEPENDENT EXAMINER'S REPORT ON THE FINANCIAL STATEMENTS TO THE TRUSTEES OF ALAG/AUTISM HUB (Cont'd)

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that in any material respect the requirements
 - a) to keep accounting records in accordance with Section 130 of the Charities Act; and
 - b) to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Charles Osei, BSc (Hons), MSc, ACIE, AFA, ATA, MCIPP
Flat 3, 11 Rochdale Way
Deptford London
SE8 4LY

30/07/24
Date

ALAG/Autism Hub (Asperger London Area Group)

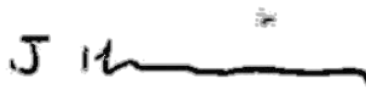
Registered Charity No. 1160477

BALANCE SHEET AS AT 31 MARCH 2024

	Notes	2023/24 £	2022/23 £
Fixed Assets		-	-
Current Assets			
Cash at Bank and in hand	4	351,779	117,297
Accrued Income	5	300	141,000
		<u>352,079</u>	<u>258,297</u>
Creditors: Amount due within One Year	6	(3,436)	(2,786)
Net Assets/Liabilities		<u><u>348,643</u></u>	<u><u>255,511</u></u>
Reserves			
General Funds		121,988	69,763
Restricted Funds:		226,655	185,748
		<u><u>348,643</u></u>	<u><u>255,511</u></u>

Approved by the Management Committee on

and signed on their behalf by:


.....
John Harrison
Chair

Date 23/07/2024

ALAG/Autism Hub (Asperger London Area Group)

Registered Charity No. 1160477

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2024

				2023/24	2022/23
	Notes	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
		£	£	£	£
Resources Arising					
Income from Charitable Activities	2	52,225	221,460	273,685	250,550
Grants			0	-	-
Other Income			0	-	0
Total Income		52,225	221,460	273,685	250,550
 Direct Charitable Expenditure	 3	 -	 180,553	 180,553	 144,473
Total Expenditure		-	180,553	180,553	144,473
Resources retained for further use		52,225	40,907	93,132	106,077
Transfer between Funds					
Net Movement in Funds					
Reconciliations of Funds					
Brought forward 01/04/2023		69,763	185,748	255,511	149,434
 Carried forward 31/03/2024		 121,988	 226,655	 348,643	 255,511

ALAG/Autism Hub (Asperger London Area Group)

Registered Charity No. 1160477

STATEMENT OF CASHFLOWS FOR THE YEAR ENDED 31 MARCH 2024

	Notes	2023/24 £	2022/23 £
Cash flows from operating activities			
Cash generated from operations	10	234,482	(32,137)
		<hr/>	<hr/>
Net cash (used in)/provided by operating activities		234,482	(32,137)
		<hr/>	<hr/>
Change in cash and cash equivalents in the reporting period		234,482	(32,137)
Cash and cash equivalents at the beginning of the reporting period		117,297	149,434
		<hr/>	<hr/>
Cash and cash equivalents at the end of the reporting period		<u>351,779</u>	<u>117,297</u>

ALAG/Autism Hub (Asperger London Area Group)

Registered Charity No. 1160477

NOTES TO THE ACCOUNTS **FOR THE YEAR ENDED 31 MARCH 2024**

1. Accounting Policies

Basis of Preparation.

These accounts have been prepared on an accrual basis and include income and expenditure as they are earned or incurred, rather than as cash received or paid. The recommendations of the Financial Reporting Standard applicable in the UK and Republic of Ireland (frs) and Charities Act 2011 have been followed.

Fund Accounting.

The general funds consist of funds that the Trustees may use for ALAG/Autism's charitable purposes at their discretion.

The restricted funds are those where the donor has imposed restrictions on the use of the funds, which are legally binding. Restricted funds held in reserve at the end of the year represent income received from donors to be spent within the following year. Details of these funds are set out on the separate schedule in Note 5.

Direct Charitable Expenditure.

Direct charitable expenditure comprises all costs incurred in running the Charity that are directly attributable to the Charity's projects.

Exceptional transaction

Exceptional transaction of amount £1,578 occurred in prior year accounts on charitable donations and omitted but it has been taken into account and rectified in the current year account.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Pension costs

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Voluntary Contribution

All voluntary income and donations are recognised and included in the accounts as they are received.

Governance Costs

Include those costs associated with meeting the constitutional and statutory requirements of the charity.

ALAG/Autism Hub (Asperger London Area Group)

Registered Charity No. 1160477

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

2 Income

	Unrestricted	Restricted	2023/24	2022/23
	£	£	£	£
HUB -LB Camden Projects	-	-	-	5,200
HUB - Cripplegate	-	15,000	15,000	19,500
HUB - LB Islington	-	17,500	17,500	17,500
HUB - LBC Core Offer	51,000	180,000	231,000	141,000
HUB - Ad Hoc	1,053	-	1,053	51,000
ALAG - NHS England	-	5,760	5,760	9,999
ALAG -Ad Hoc & Membership	1,750	-	1,750	6,351
Prior year error - Donations/Grants	(1,578)	-	(1,578)	-
HUB - LBC Race & Equality	-	3,200	3,200	-
Totals	52,225	221,460	273,685	250,550

3 Resources Expended

	Unrestricted	Restricted	2023/24	2022/23
	£	£	£	£
IT & Communication	-	3,874	3,874	1,140
Staff - Client Facing Hub	-	53,013	53,013	116,174
Staff - Salaries ALAG	-	102,393	102,393	15,047
Nl ers	-	4,810	4,810	6,176
Pension	-	2,976	2,976	87
Printing & Stationery	-	243	243	307
Insurance	-	599	599	473
Counselling	-	-	-	-
Rent	-	1,587	1,587	912
Ptprofessional fee & Accountancy	-	4,477	4,477	-
Training costs	-	-	-	200
Travel	-	-	-	177
Sundry -Esrvce Expenses	-	748	748	231
Entertainment	-	-	-	366
Bank charges	-	54	54	1
Canteen expenses	-	-	-	9
Administration costs -Volunteers & Staff	-	4,518	4,518	2,744
Recruitment Expenses	-	272	272	429
Wellbeing Expenses	-	990	990	-
Totals	-	180,553	180,553	144,473

ALAG/Autism Hub (Asperger London Area Group)

Registered Charity No. 1160477

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

4 Cash at bank and in Hand	Amounts Due within One Year	2023/24	2022/23
		£	£
	ALAG Asperger London	319,161	102,247
	WISE - Asperger London Area Group	12,790	15,050
	Metro - ALAG	19,828	-
		<u>351,779</u>	<u>117,297</u>
5 Accrued Income	Amounts Due within One Year	2023/24	2022/23
		£	£
	Accruals	0	141,000
	Debtors	300	0
		<u>300</u>	<u>141000</u>
6 Creditors	Amounts Due within One Year	2023/24	2022/23
		£	£
	Prepaid income	0	132
	Creditors Control	1,083	674
	P.A.Y.E./NIC	1,807	1,981
	Pension	546	-
		<u>3,436</u>	<u>2,786</u>
	Deferred Income	2023/24	2022/23
		£	£
	Grants received in advance	<u>-</u>	<u>-</u>

ALAG/Autism Hub (Asperger London Area Group)

Registered Charity No. 1160477

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

7 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	2024 funds	2023/24 Total funds	2022/23 Total funds
	£	£	£
Fixed assets		0	0
Current assets	352,079	352,079	258,297
Current Liabilities	(3,436)	(3,436)	(2,786)
	<u>348,643</u>	<u>348,643</u>	<u>255,511</u>

8 MOVEMENT IN FUNDS

	At 1.4.23	Net movement in funds	At 31.3.24
	£	£	£
Unrestricted funds			
General fund	69,763	52,225	121,988
Restricted funds			
Restricted fund	185,748	40,907	226,655
	<u>255,511</u>	<u>93,132</u>	<u>348,643</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	52,225	-	52,225
Restricted funds			
Restricted fund	221,460	180,553	40,907
TOTAL FUNDS	<u>273,685</u>	<u>180,553</u>	<u>93,132</u>

ALAG/Autism Hub (Asperger London Area Group)

Registered Charity No. 1160477

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

9 RELATED PARTY DISCLOSURES

There were no related party transactions for the year 31st March 2024.

10 RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2023/24	2022/23
	£	£
Net (expenditure)/income for the reporting period (as per the Statement of financial activities)	93,132	106,077
Adjustment for:		
Depreciation charges	-	-
(Increase)/decrease in debtors	140,700	(141,000)
Increase/(decrease) in creditors	650	2,786
Net cash (used in)/provided by operations	<u>234,482</u>	<u>(32,137)</u>

11 ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.23	Cash flow	At 31.3.24
	£	£	£
Net Cash			
Cash at Bank and in hand	<u>117,297</u>	<u>234,482</u>	<u>351,779</u>
	<u>117,297</u>	<u>234,482</u>	<u>351,779</u>
Total	<u>117,297</u>	<u>234,482</u>	<u>351,779</u>