

CARE PLUS GROUP CHARITABLE TRUST

England & Wales · Charity number 1160456

Details

Status	Registered
Legal form	Charitable company
Company number	09402014
Registered	2015-02-12
Register	View on the Charity Commission register

Contact

Address	Westgate Park Charlton Street Grimsby North East Lincolnshire DN31 1SQ
Phone	01472256746
Email	CPG.CharitableTrust@nhs.net
Website	https://www.cpgcharitabletrust.org/

Activities

Objects: TO PROTECT AND PRESERVE GOOD HEALTH, FOR THE PUBLIC BENEFIT, THROUGH THE PROVISION OF SOCIAL CARE SERVICES AMONG PEOPLE RESIDING PERMANENTLY OR TEMPORARILY IN NORTH EAST LINCOLNSHIRE BY ASSISTING IN THE TREATMENT AND CARE OF PERSONS SUFFERING FROM MENTAL AND PHYSICAL ILLNESS OF ANY DESCRIPTION OR IN NEED OF REHABILITATION AS A RESULT OF SUCH ILLNESS BY THE APPLICATION OF CHARITABLE FUNDS, SUPPORT, EDUCATION OF HEALTH CARE PROFESSIONALS AND PRACTICAL ADVICE.

Activities: To protect and preserve good health, for the public benefit, through the provision of social care services among people residing permanently or temporarily in N E Lincs by assisting in the treatment and care of persons suffering from mental and physical illness of any description or in need of rehabilitation as a result of such illness by the application of charitable funds, support and education.

Classification

- **How:** Provides Other Finance, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- Lincolnshire
- North East Lincolnshire
- North Lincolnshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£39,032	£48,135	-	-
2024-03-31	£54,724	£38,705	-	-
2023-03-31	£42,027	£63,751	-	-
2022-03-31	£54,711	£34,596	-	-
2021-03-31	£36,955	£10,689	-	-

Trustees

Name	Role	Appointed
Angela Smith		2020-02-26
Catherine Young		2021-07-12
Sylvia Smith		2023-07-07

CARE PLUS GROUP CHARITABLE TRUST

England & Wales - Charity number 1160456

Accounts

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)
UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

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CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2025

Trustees	Mrs Julie Grimmer Ms Angela Smith Ms Susan Youle Ms Catherine Young Ms Sylvia Smith Ms Amanda Matthews (resigned 21 June 2024) Ms Nikki Rimmer (resigned 21 June 2024)
Company registered number	09402014
Charity registered number	1160456
Registered office	Westgate Park Charlton Street Grimsby DN31 1SQ
Independent Examiner	Nicola O'Sullivan FCA DChA BHP Chartered Accountants One Waterside Place Basin Square Brimington Road Chesterfield S41 7FH
Bankers	National Westminster Bank 66 Victoria Street Grimsby DN31 1GA

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report together with the financial statements of the Charity for the year 1 April 2024 to 31 March 2025. The annual report serves the purposes of both a trustees' report and a directors' report under company law. The trustees confirm that the annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (issued in October 2019).

Since the charity qualifies as small under section 382 of the Companies Act 2006, the strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

As per the Articles of Association the object for which the charitable company is established is - to protect and preserve good health, for the public benefit, through the provision of social care services among people residing permanently or temporarily in North East Lincolnshire by assisting in the treatment and care of persons suffering from mental and physical illness of any description or in need of rehabilitation as a result of such illness by the application of charitable funds, support, education of health care professionals and practical advice.

In setting objectives and planning for activities, the trustees have given due consideration to the general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

b. Main activities undertaken to further the Charity's purposes for the public benefit

As a grant making organisation, during the year grant applications have been approved in-line with the above objectives. Details of the activities for which grants were given can be found below.

Achievements and performance

a. Review of activities

In line with the objects of the Care Plus Group Charitable Trust, funds have been used to support the health and wellbeing of individuals and groups throughout our local community. During the year grants have been awarded for a range of activities including, but not limited to:

- Care packages for patients referred to the Haven team
- Specialist seating for a community inpatient unit
- Upgrading of inpatient bedrooms at the local hospice
- Provided financial support to enable CPG staff to attend specialist training sessions

Further details can be found on the Charity website <https://www.cpgcharitabletrust.org/news>

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

Financial review

a. Going concern

After making appropriate enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

The Board of Trustees have agreed that between £5k to £10k would need to remain in free reserves to cover the costs of managing the trust. At 31 March 2025, free reserves amounted to £28,100 (2024: £31,401). The excess of reserves over the management costs will be spent down on applied for grants in future periods.

c. Results for the year

Total income for the year was £39,032 (2024: £54,724) and total expenditure was £48,135 (2024: £38,705) giving net expenditure of £9,103 (2024: £16,019 net income).

Total funds carried forward as at 31 March 2025 are £171,546 (2024: £180,649) of which £143,446 (2024: £149,248) are restricted and £28,100 (2024: £31,401) are unrestricted.

Structure, governance and management

a. Constitution

The Charity is registered as a charitable company limited by guarantee and was set up by a Memorandum and Articles of Association on 22 January 2015. It is registered charity number 1160456.

b. Methods of appointment or election of Trustees

The management of the Charity is the responsibility of the trustees who are elected and co-opted under the terms of the Memorandum of Association.

c. Organisational structure and decision-making policies

The Board of Trustees have agreed, that there would need to be a majority decision when awarding grant funding.

An application form has to be completed and submitted via the Charitable Trust email address, applications are then circulated to trustees, majority approval is required, meetings are held quarterly, any outstanding applications are reviewed at the trustees' meetings.

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

Structure, governance and management (continued)

d. Policies adopted for the induction and training of Trustees

All trustees will need to attend the Care Plus Group induction to give an overview of the community services that are provided, there will also be an overview given by the existing trustees as to the structure and responsibilities involved in being a trustee.

e. Risk management

The Trustees have assessed the major risks to which the Charity is exposed, in particular those related to the operations and finances of the Charity, and are satisfied that systems and procedures are in place to mitigate our exposure to the major risks. The main risk to the charity would be that the funds are inappropriately used, even if money is ring-fenced for specific services a process has to be followed, an application form has to be completed detailing certain criteria i.e. position held within organisation, purpose of the application, who will benefit, has any other funding been applied for etc., the application is then circulated to all of the trustees for comment/approval and a majority approval is required. The finance team are also involved in processing payments etc. to allow for segregation of duties.

Statement of Trustees' responsibilities

The trustees (who are also the directors of the Charity for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial . Under company law, the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of trustees and signed on their behalf by:



Signer ID: KGJUCDCAVQ...
Ms Angela Smith

Date: 24/09/2025 GMT

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2025

Independent Examiner's Report to the Trustees of Care Plus Group Charitable Trust

I report to the charity on my examination of the accounts of the company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of the company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: Nicola O'Sullivan
Signer ID: MMITLPRPJQ...

Dated: 24/09/2025 GMT

Nicola O'Sullivan FCA DChA
BHP LLP
One Waterside Place Basin Square,
Brimington Road,
Chesterfield
S41 7FH

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2025

	Note	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Income from:					
Donations and legacies	4	6,538	32,494	39,032	54,724
Total income		6,538	32,494	39,032	54,724
Expenditure on:					
Charitable activities	5	9,839	38,296	48,135	38,705
Total expenditure		9,839	38,296	48,135	38,705
Net movement in funds		(3,301)	(5,802)	(9,103)	16,019
Reconciliation of funds:					
Total funds brought forward		31,401	149,248	180,649	164,630
Net movement in funds		(3,301)	(5,802)	(9,103)	16,019
Total funds carried forward	9	28,100	143,446	171,546	180,649

The Statement of financial activities complies with the requirements for an income and expenditure account under Companies Act 2006 and includes all gains and losses recognised in the year.

All income and expenditure is from continuing activities.

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)
REGISTERED NUMBER: 09402014

BALANCE SHEET
AS AT 31 MARCH 2025

	Note	2025 £	2024 £
Current assets			
Cash at bank and in hand		174,358	189,030
		<u>174,358</u>	<u>189,030</u>
Current liabilities			
Creditors: amounts falling due within one year	8	(2,812)	(8,381)
		<u>171,546</u>	<u>180,649</u>
Net current assets			
		<u>171,546</u>	<u>180,649</u>
Total assets less current liabilities			
		<u>171,546</u>	<u>180,649</u>
Total net assets		<u>171,546</u>	<u>180,649</u>
Charity funds			
Restricted funds	9	143,446	149,248
Unrestricted funds	9	28,100	31,401
		<u>171,546</u>	<u>180,649</u>
Total funds		<u>171,546</u>	<u>180,649</u>

The Charity was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:


.....
Signer ID: KGJUCDCAVQ.....
Ms Angela Smith

Date: 24/09/2025 GMT

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

1. General information

Care Plus Group Charitable Trust is a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities are to protect and preserve good health, for the public benefit.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (issued in October 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Companies Act 2006.

Care Plus Group Charitable Trust meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are presented in £ sterling which is the functional currency of the charity and rounded to the nearest £1.

2.2 Going concern

The financial statements have been prepared on a going concern basis as the Trustees believe that no material uncertainties exist. The Trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from approving these financial statements. The budgeted income and expenditure is sufficient together with the level of reserves for the charity to be able to continue as a going concern.

2.3 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

2. Accounting policies (continued)

2.4 Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

Grants payable are charged to the income and expenditure account in the year when the offer is made except in those cases where the offer is conditional, such grants being recognised as expenditure when the conditions attaching are fulfilled. Grants offered subject to conditions which have not been met at the year end are noted as a commitment, but not accrued as expenditure.

All expenditure is inclusive of irrecoverable VAT.

2.5 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.6 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of Financial Activities as a finance cost.

2.7 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2. Accounting policies (continued)

2.8 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

3. Critical accounting estimates and areas of judgment

Estimates and judgments are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The Charity makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. There are no estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

4. Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
General	6,538	-	6,538	5,058
Community Nursing Fund	-	1,630	1,630	15
Collaboratives - Innovation	-	74	74	1,140
Macmillan Charitable Fund	-	17,196	17,196	19,932
Open Door Outreach	-	-	-	83
Haven Charitable Fund	-	7,220	7,220	10,305
Day Service	-	-	-	1,083
Hope Street	-	720	720	11,410
PEMS	-	150	150	698
Sports England	-	5,504	5,504	5,000
	6,538	32,494	39,032	54,724
Total 2024	5,058	49,666	54,724	

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

5. Analysis of expenditure on charitable activities

Summary by fund type

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Total 2024 £
Haven charitable costs	-	2,003	2,003	2,070
Macmillan charitable costs	-	24,424	24,424	13,778
Physiotherapy active costs	-	4,550	4,550	-
Independent Examiner's fees	2,778	-	2,778	2,892
Innovation costs	-	553	553	1,154
Community nursing	-	637	637	-
Grants paid out	-	2,078	2,078	2,000
Miscellaneous equipment	7,061	-	7,061	16,811
Openreach costs	-	157	157	-
Sports and trip costs	-	664	664	-
Cleaning costs	-	569	569	-
Donations	-	2,661	2,661	-
	9,839	38,296	48,135	38,705
Total 2024	20,655	18,050	38,705	

6. Independent examiner's remuneration

	2025 £	2024 £
Fees payable to the charity's independent examiner for the independent examination of the charity's annual accounts	2,300	2,190

7. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2024 - £NIL).

During the year ended 31 March 2025, no Trustee expenses have been incurred (2024 - £NIL).

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

8. Creditors: Amounts falling due within one year

	2025	2024
	£	£
Amounts owed to parent company	34	5,735
Accruals and deferred income	2,778	2,646
	2,812	8,381

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

9. Statement of funds

Statement of funds - current year

	Balance at 1 April 2024 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2025 £
<i>Unrestricted funds</i>					
General funds	31,401	6,538	(9,839)	-	28,100
<i>Restricted funds</i>					
Haven Charitable Fund	46,988	7,220	(2,003)	(8,405)	43,800
Macmillan Charitable Fund	54,850	17,196	(22,507)	8,405	57,944
Physiotherapy Active (ALD)	6,710	-	(4,550)	-	2,160
Rapid Charitable Fund	580	-	-	-	580
Parkinson's Fund	569	-	(569)	-	-
Community Nursing Fund	18,765	1,630	(637)	-	19,758
Collaboratives - Innovation	6,469	74	(553)	-	5,990
Open Door Outreach	157	-	(157)	-	-
Intermediate Care	1,917	-	(1,917)	-	-
Cardiology	100	-	-	-	100
Autism Day Services	698	-	(664)	-	34
Day Services	35	-	-	-	35
Hope Street	11,410	720	(2,661)	-	9,469
PEMS	-	150	-	-	150
Sports England	-	5,504	(2,078)	-	3,426
	149,248	32,494	(38,296)	-	143,446
<i>Total of funds</i>	180,649	39,032	(48,135)	-	171,546

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

9. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2023 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2024 £
<i>Unrestricted funds</i>					
General funds	43,247	5,058	(20,655)	3,751	31,401
<i>Restricted funds</i>					
Haven Charitable Fund	38,753	10,305	(2,070)	-	46,988
Macmillan Charitable Fund	48,696	19,932	(13,778)	-	54,850
Physiotherapy Active (ALD)	1,710	5,000	-	-	6,710
Rapid Charitable Fund	580	-	-	-	580
Parkinson's Fund	569	-	-	-	569
Community Nursing Fund	18,750	15	-	-	18,765
Collaboratives - Innovation	6,483	1,140	(1,154)	-	6,469
Open Door Outreach	74	83	-	-	157
Intermediate Care	1,917	-	-	-	1,917
Cardiology	100	-	-	-	100
Sensory Room	3,751	-	-	(3,751)	-
Autism Day Services	-	698	-	-	698
Day Services	-	1,083	(1,048)	-	35
Hope Street	-	11,410	-	-	11,410
	121,383	49,666	(18,050)	(3,751)	149,248
<i>Total of funds</i>	164,630	54,724	(38,705)	-	180,649

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

9. Statement of funds (continued)

The purpose of the restricted funds are as follows:

Haven Charitable Fund - to be spent within the Haven Team Service (End of Life).

Macmillan Charitable Fund - to be spent within the Macmillan Team Service (End of Life).

Physiotherapy Active (ALD) - to be spent within the particular projects that the money was raised for referencing ALD (adult learning disability) i.e. Health Walk Monies, Trampolining Group, Swimming Group, Cycling Group & Hyrdro-therapy.

Rapid Charitable Fund - to be spent within the Rapid Team Service.

Parkinson's Fund - to spent on a specific Parkinson's group.

Community Nursing Fund - to be spent within the Community Nursing Service.

Collaboratives - Innovation - this fund is for holding events within the community, supporting volunteers, campaigns etc. e.g. cancer champions, diabetes, good neighbours.

Open Door Outreach - a fund from Amazon Smile donations. The outreach fund is restricted for spend to purchase items for the homeless and vulnerable and will be managed by our GP Practice 'Open Door'.

Intermediate Care - donations from service users and family members who have been cared for in our rehabilitation and reablement unit. They are restricted and will be used for the unit on receipt of application for any items that improve the service or make life better for staff or service user.

Cardiology - donations and will be used as above, restricted for cardiology use.

Autism Day Services- restricted for use in the Autism day services.

Day Services- restricted for use within day services.

Hope Street fund- funding was transferred to us on the closure of Hope Street Trust charity.

PEMS - donations to the CPG Patient Transport Service, restricted for use by the PEMS team.

Sports England - grant application for use by the Adult Autism Team, restricted to use by this team as per the application.

Sensory Room - a number of fundraising events were held to raise funds for a new Sensory Room at Cromwell Road Resource Centre, a day centre for adults with learning and physical disabilities.

Transfers

A transfer was made in the year to move monies from Haven to Macmillan funds totalling £8,405 due to changes in circumstances. In the prior year, a transfer was made to move funds from restricted to unrestricted funds on completion of the sensory room project.

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

10. Summary of funds

Summary of funds - current year

	Balance at 1 April 2024 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2025 £
General funds	31,401	6,538	(9,839)	-	28,100
Restricted funds	149,248	32,494	(38,296)	-	143,446
	<u>180,649</u>	<u>39,032</u>	<u>(48,135)</u>	<u>-</u>	<u>171,546</u>

Summary of funds - prior year

	Balance at 1 April 2023 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2024 £
General funds	43,247	5,058	(20,655)	3,751	31,401
Restricted funds	121,383	49,666	(18,050)	(3,751)	149,248
	<u>164,630</u>	<u>54,724</u>	<u>(38,705)</u>	<u>-</u>	<u>180,649</u>

11. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £
Current assets	30,912	143,446	174,358
Creditors due within one year	(2,812)	-	(2,812)
Total	<u>28,100</u>	<u>143,446</u>	<u>171,546</u>

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

11. Analysis of net assets between funds (continued)

Analysis of net assets between funds - prior year

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Current assets	39,782	149,248	189,030
Creditors due within one year	(8,381)	-	(8,381)
Total	31,401	149,248	180,649

12. Related party transactions

At the year end £34 (2024: £5,735) was due to Care Plus Group (North East Lincolnshire) Limited.

There were no other related party transactions during the period.

CARE PLUS GROUP CHARITABLE TRUST

England & Wales - Charity number 1160456

Accounts

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)
UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

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CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2024

Trustees	Mrs Julie Grimmer Ms Angela Smith Ms Susan Youle Ms Catherine Young Ms Sylvia Smith (appointed 7 July 2023) Ms Amanda Matthews (resigned 21 June 2024) Ms Nikki Rimmer (resigned 21 June 2024)
Company registered number	09402014
Charity registered number	1160456
Registered office	Westgate Park Charlton Street Grimsby DN31 1SQ
Independent Examiner	Nicola Adams ACA DChA BHP Chartered Accountants One Waterside Place Basin Square Brimington Road Chesterfield S41 7FH
Bankers	National Westminster Bank 66 Victoria Street Grimsby DN31 1GA

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their annual report together with the financial statements of the Charity for the year 1 April 2023 to 31 March 2024. The annual report serves the purposes of both a trustees' report and a directors' report under company law. The trustees confirm that the annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (issued in October 2019).

Since the charity qualifies as small under section 382 of the Companies Act 2006, the strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

As per the Articles of Association the object for which the charitable company is established is - to protect and preserve good health, for the public benefit, through the provision of social care services among people residing permanently or temporarily in North East Lincolnshire by assisting in the treatment and care of persons suffering from mental and physical illness of any description or in need of rehabilitation as a result of such illness by the application of charitable funds, support, education of health care professionals and practical advice.

In setting objectives and planning for activities, the trustees have given due consideration to the general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

b. Main activities undertaken to further the Charity's purposes for the public benefit

As a grant making organisation, during the year grant applications have been approved in-line with the above objectives. Details of the activities for which grants were given can be found below.

Achievements and performance

a. Review of activities

In line with the objects of the Care Plus Group Charitable Trust, funds have been used to support the health and wellbeing of individuals and groups throughout our local community. During the year grants have been awarded for a range of activities including, but not limited to:

- Care packages for patients referred to the Haven team
- Funding towards a community men's mental health group
- Workshops to improve Mental Health & Wellbeing

Further details can be found on the Charity website <https://www.cpgcharitabletrust.org/news>

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

Financial review

a. Going concern

After making appropriate enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

The Board of Trustees have agreed that between £5k to £10k would need to remain in free reserves to cover the costs of managing the trust. At 31 March 2024, free reserves amounted to £31,401 (2023: £43,247). The excess of reserves over the management costs will be spent down on applied for grants in future periods.

c. Results for the year

Total income for the year was £54,724 (2023: £42,027) and total expenditure was £38,705 (2023: £63,751) giving net income of £16,019 (2023: £21,724 net expenditure).

Total funds carried forward as at 31 March 2024 are £180,649 (2023: £164,630) of which £149,248 (2023: £121,383) are restricted and £31,401 (2023: £43,247) are unrestricted.

Structure, governance and management

a. Constitution

The Charity is registered as a charitable company limited by guarantee and was set up by a Memorandum and Articles of Association on 22 January 2015. It is registered charity number 1160456.

b. Methods of appointment or election of Trustees

The management of the Charity is the responsibility of the trustees who are elected and co-opted under the terms of the Memorandum of Association.

c. Organisational structure and decision-making policies

The Board of Trustees have agreed, that there would need to be a majority decision when awarding grant funding.

An application form has to be completed and submitted via the Charitable Trust email address, applications are then circulated to trustees, majority approval is required, meetings are held quarterly, any outstanding applications are reviewed at the trustees' meetings.

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

Structure, governance and management (continued)

d. Policies adopted for the induction and training of Trustees

All trustees will need to attend the Care Plus Group induction to give an overview of the community services that are provided, there will also be an overview given by the existing trustees as to the structure and responsibilities involved in being a trustee.

e. Risk management

The Trustees have assessed the major risks to which the Charity is exposed, in particular those related to the operations and finances of the Charity, and are satisfied that systems and procedures are in place to mitigate our exposure to the major risks. The main risk to the charity would be that the funds are inappropriately used, even if money is ring-fenced for specific services a process has to be followed, an application form has to be completed detailing certain criteria i.e. position held within organisation, purpose of the application, who will benefit, has any other funding been applied for etc., the application is then circulated to all of the trustees for comment/approval and a majority approval is required. The finance team are also involved in processing payments etc. to allow for segregation of duties.

Statement of Trustees' responsibilities

The trustees (who are also the directors of the Charity for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial . Under company law, the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP 2019 (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of trustees and signed on their behalf by:



.....
Signer ID: KCJUCDGAVQ...
Ms Angela Smith

Date: 01/10/2024 GMT

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2024

Independent Examiner's Report to the Trustees of Care Plus Group Charitable Trust

I report to the charity on my examination of the accounts of the company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of the company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 
Signer ID: CZYRUVFAHR...

Dated: 01/10/2024 GMT

Nicola Adams ACA DChA
BHP LLP
One Waterside Place Basin Square,
Brimington Road,
Chesterfield
S41 7FH

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2024

	Note	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Income from:					
Donations and legacies	4	5,058	49,666	54,724	42,027
Total income		5,058	49,666	54,724	42,027
Expenditure on:					
Charitable activities	5	20,655	18,050	38,705	63,751
Total expenditure		20,655	18,050	38,705	63,751
Net (expenditure)/income		(15,597)	31,616	16,019	(21,724)
Transfers between funds	9	3,751	(3,751)	-	-
Net movement in funds		(11,846)	27,865	16,019	(21,724)
Reconciliation of funds:					
Total funds brought forward		43,247	121,383	164,630	186,354
Net movement in funds		(11,846)	27,865	16,019	(21,724)
Total funds carried forward		31,401	149,248	180,649	164,630

The Statement of financial activities complies with the requirements for an income and expenditure account under Companies Act 2006 and includes all gains and losses recognised in the year.

All income and expenditure is from continuing activities.

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)
REGISTERED NUMBER: 09402014

BALANCE SHEET
AS AT 31 MARCH 2024

	Note	2024 £	2023 £
Current assets			
Cash at bank and in hand		189,030	168,345
		<u>189,030</u>	<u>168,345</u>
Creditors: amounts falling due within one year	8	(8,381)	(3,715)
		<u></u>	<u></u>
Net current assets		180,649	164,630
		<u></u>	<u></u>
Total assets less current liabilities		180,649	164,630
		<u></u>	<u></u>
Total net assets		180,649	164,630
		<u></u>	<u></u>
Charity funds			
Restricted funds	9	149,248	121,383
Unrestricted funds	9	31,401	43,247
		<u></u>	<u></u>
Total funds		180,649	164,630
		<u></u>	<u></u>

The Charity was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:



.....
Signer ID: KGJUCDCAVQ...
Ms Angela Smith

Date: 01/10/2024 GMT

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

1. General information

Care Plus Group Charitable Trust is a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities are to protect and preserve good health, for the public benefit.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (issued in October 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Companies Act 2006.

Care Plus Group Charitable Trust meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are presented in £ sterling which is the functional currency of the charity and rounded to the nearest £1.

2.2 Going concern

The financial statements have been prepared on a going concern basis as the Trustees believe that no material uncertainties exist. The Trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from approving these financial statements. The budgeted income and expenditure is sufficient together with the level of reserves for the charity to be able to continue as a going concern.

2.3 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

2. Accounting policies (continued)

2.4 Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

Grants payable are charged to the income and expenditure account in the year when the offer is made except in those cases where the offer is conditional, such grants being recognised as expenditure when the conditions attaching are fulfilled. Grants offered subject to conditions which have not been met at the year end are noted as a commitment, but not accrued as expenditure.

All expenditure is inclusive of irrecoverable VAT.

2.5 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.6 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of Financial Activities as a finance cost.

2.7 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2. Accounting policies (continued)

2.8 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

3. Critical accounting estimates and areas of judgment

Estimates and judgments are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The Charity makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. There are no estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

4. Income from donations and legacies

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
General	5,058	-	5,058	7,419
Community Nursing Fund	-	15	15	459
Care Plus Group (North East Lincolnshire Limited)	-	-	-	10,000
Collaboratives - Innovation	-	1,140	1,140	-
Macmillan Charitable Fund	-	19,932	19,932	18,977
Open Door Outreach	-	83	83	121
Haven Charitable Fund	-	10,305	10,305	5,051
Day Service	-	1,083	1,083	-
Hope Street	-	11,410	11,410	-
Autism Day Service	-	698	698	-
Physiotherapy	-	5,000	5,000	-
	5,058	49,666	54,724	42,027
Total 2023	16,242	25,785	42,027	

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

5. Analysis of expenditure on charitable activities

Summary by fund type

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Total 2023 £
Haven charitable costs	-	2,070	2,070	2,680
Macmillan charitable costs	-	13,778	13,778	12,261
Physiotherapy active costs	-	-	-	794
Independent Examiner's fees	2,892	-	2,892	2,274
Innovation costs	-	1,154	1,154	-
Community nursing	-	-	-	773
Grants paid out	2,000	-	2,000	16,975
Miscellaneous equipment	15,763	1,048	16,811	27,726
Openreach costs	-	-	-	268
	<u>20,655</u>	<u>18,050</u>	<u>38,705</u>	<u>63,751</u>
Total 2023	<u>46,668</u>	<u>17,083</u>	<u>63,751</u>	

6. Independent examiner's remuneration

	2024 £	2023 £
Fees payable to the charity's independent examiner for the independent examination of the charity's annual accounts	<u>2,190</u>	<u>1,892</u>

7. Trustees' remuneration and expenses

During the year, no trustees received any remuneration or other benefits (2023 - £NIL).

During the year ended 31 March 2024, no trustee expenses have been incurred (2023 - £NIL).

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

8. Creditors: Amounts falling due within one year

	2024	2023
	£	£
Amounts owed to parent company	5,735	1,032
Accruals and deferred income	2,646	2,683
	8,381	3,715

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

9. Statement of funds

Statement of funds - current year

	Balance at 1 April 2023 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2024 £
<i>Unrestricted funds</i>					
General funds	43,247	5,058	(20,655)	3,751	31,401
<i>Restricted funds</i>					
Haven Charitable Fund	38,753	10,305	(2,070)	-	46,988
Macmillan Charitable Fund	48,696	19,932	(13,778)	-	54,850
Physiotherapy Active (ALD)	1,710	5,000	-	-	6,710
Rapid Charitable Fund	580	-	-	-	580
Parkinson's Fund	569	-	-	-	569
Community Nursing Fund	18,750	15	-	-	18,765
Collaboratives - Innovation	6,483	1,140	(1,154)	-	6,469
Open Door Outreach	74	83	-	-	157
Intermediate Care	1,917	-	-	-	1,917
Cardiology	100	-	-	-	100
Sensory Room	3,751	-	-	(3,751)	-
Autism Day Services	-	698	-	-	698
Day Services	-	1,083	(1,048)	-	35
Hope Street	-	11,410	-	-	11,410
	121,383	49,666	(18,050)	(3,751)	149,248
<i>Total of funds</i>	164,630	54,724	(38,705)	-	180,649

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

9. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2022 £	Income £	Expenditure £	Balance at 31 March 2023 £
<i>Unrestricted funds</i>				
General funds	73,673	16,242	(46,668)	43,247
<i>Restricted funds</i>				
Haven Charitable Fund	36,382	5,051	(2,680)	38,753
Macmillan Charitable Fund	41,980	18,977	(12,261)	48,696
Physiotherapy Active (ALD)	2,504	-	(794)	1,710
Rapid Charitable Fund	500	80	-	580
Parkinson's Fund	569	-	-	569
Community Nursing Fund	19,064	459	(773)	18,750
Collaboratives - Innovation	6,408	75	-	6,483
Open Door Outreach	221	121	(268)	74
Intermediate Care	1,495	422	-	1,917
Cardiology	100	-	-	100
Sensory Room	3,458	600	(307)	3,751
	112,681	25,785	(17,083)	121,383
<i>Total of funds</i>	186,354	42,027	(63,751)	164,630

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

9. Statement of funds (continued)

The purpose of the restricted funds are as follows:

Haven Charitable Fund - to be spent within the Haven Team Service (End of Life).

Macmillan Charitable Fund - to be spent within the Macmillan Team Service (End of Life).

Physiotherapy Active (ALD) - to be spent within the particular projects that the money was raised for referencing ALD (adult learning disability) i.e. Health Walk Monies, Trampolining Group, Swimming Group, Cycling Group & Hyrdro-therapy.

Rapid Charitable Fund - to be spent within the Rapid Team Service.

Parkinson's Fund - to spent on a specific Parkinson's group.

Community Nursing Fund - to be spent within the Community Nursing Service.

Collaboratives - Innovation - this fund is for holding events within the community, supporting volunteers, campaigns etc. e.g. cancer champions, diabetes, good neighbours.

Open Door Outreach - a fund from Amazon Smile donations. The outreach fund is restricted for spend to purchase items for the homeless and vulnerable and will be managed by our GP Practice 'Open Door'.

Intermediate Care - donations from service users and family members who have been cared for in our rehabilitation and reablement unit. They are restricted and will be used for the unit on receipt of application for any items that improve the service or make life better for staff or service user.

Cardiology - donations and will be used as above, restricted for cardiology use.

Sensory Room - a number of fundraising events were held to raise funds for a new Sensory Room at Cromwell Road Resource Centre, a day centre for adults with learning and physical disabilities.

Autism Day Services- restricted for use in the Autism day services.

Day Services- restricted for use within day services.

Hope Street fund- funding was transferred to us on the closure of Hope Street Trust charity.

Transfers

A transfer was made to move funds from restricted to unrestricted funds on completion of the sensory room project.

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

10. Summary of funds

Summary of funds - current year

	Balance at 1 April 2023 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2024 £
General funds	43,247	5,058	(20,655)	3,751	31,401
Restricted funds	121,383	49,666	(18,050)	(3,751)	149,248
	<u>164,630</u>	<u>54,724</u>	<u>(38,705)</u>	<u>-</u>	<u>180,649</u>

Summary of funds - prior year

	Balance at 1 April 2022 £	Income £	Expenditure £	Balance at 31 March 2023 £
General funds	73,673	16,242	(46,668)	43,247
Restricted funds	112,681	25,785	(17,083)	121,383
	<u>186,354</u>	<u>42,027</u>	<u>(63,751)</u>	<u>164,630</u>

11. Analysis of net assets between funds

Analysis of net assets between funds - current period

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Current assets	39,782	149,248	189,030
Creditors due within one year	(8,381)	-	(8,381)
Total	<u>31,401</u>	<u>149,248</u>	<u>180,649</u>

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

11. Analysis of net assets between funds (continued)

Analysis of net assets between funds - prior period

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Current assets	46,962	121,383	168,345
Creditors due within one year	(3,715)	-	(3,715)
Total	43,247	121,383	164,630

12. Related party transactions

During the prior year, the charity received an unrestricted donation of £10,000 from Care Plus Group (North East Lincolnshire) Limited, a company who is the sole member of the charity. This year no such donation was received.

At the year end £5,735 (2023: £1,032) was due to Care Plus Group (North East Lincolnshire) Limited.

There were no other related party transactions during the period.

CARE PLUS GROUP CHARITABLE TRUST

England & Wales - Charity number 1160456

Accounts

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)
UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

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CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2023

Trustees

Mr Neil Cartwright (resigned 17 August 2022)
Mrs Julie Grimmer
Ms Angela Smith
Mr Russell Collins (resigned 8 January 2023)
Ms Amanda Matthews
Ms Nikki Rimmer
Ms Stephanie Wilford (resigned 14 November 2022)
Ms Susan Youle
Ms Catherine Young
Ms Sylvia Smith (appointed 7 July 2023)

Company registered number 09402014

Charity registered number 1160456

Registered office 41-43 Kent Street
Grimsby
South Humberside
DN32 7DH

Independent Examiner Mr A C D Staniforth FCA
BHP LLP
Statutory Auditor
One Waterside Place Basin Square
Brimington Road
Chesterfield
S41 7FH

Bankers National Westminster Bank
66 Victoria Street
Grimsby
DN31 1GA

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their annual report together with the financial statements of the Charity for the year 1 April 2022 to 31 March 2023. The annual report serves the purposes of both a trustees' report and a directors' report under company law. The trustees confirm that the annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (issued in October 2019).

Since the charity qualifies as small under section 382 of the Companies Act 2006, the strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

As per the Articles of Association the object for which the charitable company is established is - to protect and preserve good health, for the public benefit, through the provision of social care services among people residing permanently or temporarily in North East Lincolnshire by assisting in the treatment and care of persons suffering from mental and physical illness of any description or in need of rehabilitation as a result of such illness by the application of charitable funds, support, education of health care professionals and practical advice.

In setting objectives and planning for activities, the trustees have given due consideration to the general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

b. Main activities undertaken to further the Charity's purposes for the public benefit

As a grant making organisation, during the year several grant applications have been approved in-line with the above objectives. Details of the grants given can be found below.

Achievements and performance

a. Review of activities

Having reviewed the surplus of funds that have accumulated, the trustees have agreed to pursue a more pro-active approach to promoting the charity and to seeking out potential beneficiaries. This strategy has been reflected in the increased grants detailed in the expenditure section.

Inline with the objects of the Care Plus Group Charitable Trust, funds have been used to support the health and wellbeing of individuals and groups throughout our local community. During the year grants have been awarded for a range of activities including, but not limited to:

- End of life support gifts for those coping with recent loss 'The Little Box of Loves and Hugs'
- Sports equipment for free sessions which promote socialisation, self-esteem and personal growth
- Funding for a community environmental project to educate children on river pollution
- Workshops to improve Mental Health & Wellbeing

Further details can be found on the Charity website <https://www.cpgcharitabletrust.org/news>.

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Financial review

a. Going concern

After making appropriate enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

The Board of Trustees have agreed that between £5k to £10k would need to remain in free reserves to cover the costs of managing the trust. At 31 March 2023, free reserves amounted to £43,247 (2022: £73,673). The excess of reserves over the management costs will be spent down on applied for grants in future periods.

c. Results for the year

Total income for the year was £42,027 (2022: £54,711) and total expenditure was £63,751 (2022: £34,596) giving net expenditure of £21,724 (2022: £20,115 net income).

Total funds carried forward as at 31 March 2023 are £164,630 (2022: £186,354) of which £121,383 (2022: £112,681) are restricted and £43,247 (2022: £73,673) are unrestricted.

Structure, governance and management

a. Constitution

The Charity is registered as a charitable company limited by guarantee and was set up by a Memorandum and Articles of Association on 22 January 2015. It is registered charity number 1160456.

b. Methods of appointment or election of Trustees

The management of the Charity is the responsibility of the trustees who are elected and co-opted under the terms of the Memorandum of Association.

c. Organisational structure and decision-making policies

The Board of Trustees have agreed, that there would need to be a majority decision when awarding grant funding.

An application form has to be completed and submitted via the Charitable Trust email address, applications are then circulated to trustees, majority approval is required, meetings are held quarterly, any outstanding applications are reviewed at the trustees' meetings.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Structure, governance and management (continued)

d. Policies adopted for the induction and training of Trustees

All trustees will need to attend the Care Plus Group induction to give an overview of the community services that are provided, there will also be an overview given by the existing trustees as to the structure and responsibilities involved in being a trustee.

e. Risk management

The Trustees have assessed the major risks to which the Charity is exposed, in particular those related to the operations and finances of the Charity, and are satisfied that systems and procedures are in place to mitigate our exposure to the major risks. The main risk to the charity would be that the funds are inappropriately used, even if money is ring-fenced for specific services a process has to be followed, an application form has to be completed detailing certain criteria i.e. position held within organisation, purpose of the application, who will benefit, has any other funding been applied for etc., the application is then circulated to all of the trustees for comment/approval and a majority approval is required. The finance team are also involved in processing payments etc. to allow for segregation of duties.

Statement of Trustees' responsibilities

The trustees (who are also the directors of the Charity for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial . Under company law, the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP 2019 (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of trustees and signed on their behalf by:



.....
Ms Angela Smith

Date: Sep 28, 2023

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2023

Independent Examiner's Report to the Trustees of Care Plus Group Charitable Trust

I report to the charity on my examination of the accounts of the company for the year ended 31 March 2023.

Responsibilities and Basis of Report

As the charity trustees of the company (and also its directors for the purposes of the company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

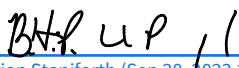
Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


Adrian Staniforth (Sep 28, 2023 12:21 GMT+1)

Signed:

Dated: Sep 28, 2023

Mr A C D Staniforth FCA
BHP LLP
One Waterside Place Basin Square,
Brimington Road,
Chesterfield
S41 7FH

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2023

	Note	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Income from:					
Donations and legacies	4	16,242	25,785	42,027	54,711
Total income		16,242	25,785	42,027	54,711
Expenditure on:					
Charitable activities	5	46,668	17,083	63,751	34,596
Total expenditure		46,668	17,083	63,751	34,596
Net movement in funds		(30,426)	8,702	(21,724)	20,115
Reconciliation of funds:					
Total funds brought forward		73,673	112,681	186,354	166,239
Net movement in funds		(30,426)	8,702	(21,724)	20,115
Total funds carried forward		43,247	121,383	164,630	186,354

The Statement of Financial Activities complies with the requirements for an income and expenditure account under Companies Act 2006 and includes all gains and losses recognised in the year.

All income and expenditure is from continuing activities.

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)
REGISTERED NUMBER: 09402014

BALANCE SHEET
AS AT 31 MARCH 2023

	Note	2023 £	2022 £
Current assets			
Cash at bank and in hand		168,345	189,576
		<u>168,345</u>	<u>189,576</u>
Creditors: amounts falling due within one year	8	(3,715)	(3,222)
		<u></u>	<u></u>
Net current assets		164,630	186,354
		<u></u>	<u></u>
Total assets less current liabilities		164,630	186,354
		<u></u>	<u></u>
Total net assets		164,630	186,354
		<u></u>	<u></u>
Charity funds			
Restricted funds	9	121,383	112,681
Unrestricted funds	9	43,247	73,673
		<u></u>	<u></u>
Total funds		164,630	186,354
		<u></u>	<u></u>

The Charity was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:



.....
Ms Angela Smith

Date: Sep 28, 2023

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

1. General information

Care Plus Group Charitable Trust is a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities are to protect and preserve good health, for the public benefit.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (issued in October 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Companies Act 2006.

Care Plus Group Charitable Trust meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are presented in £ sterling which is the functional currency of the charity and rounded to the nearest £1.

2.2 Going concern

The financial statements have been prepared on a going concern basis as the Trustees believe that no material uncertainties exist. The Trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from approving these financial statements. The budgeted income and expenditure is sufficient together with the level of reserves for the charity to be able to continue as a going concern.

2.3 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

2. Accounting policies (continued)

2.4 Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

Grants payable are charged to the income and expenditure account in the year when the offer is made except in those cases where the offer is conditional, such grants being recognised as expenditure when the conditions attaching are fulfilled. Grants offered subject to conditions which have not been met at the year end are noted as a commitment, but not accrued as expenditure.

All expenditure is inclusive of irrecoverable VAT.

2.5 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.6 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of Financial Activities as a finance cost.

2.7 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

2. Accounting policies (continued)

2.8 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

3. Critical accounting estimates and areas of judgment

Estimates and judgments are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The Charity makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. There are no estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

4. Income from donations and legacies

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
General	6,242	1,177	7,419	9,130
Community Nursing Fund	-	459	459	1,849
Care Plus Group (North East Lincolnshire Limited)	10,000	-	10,000	20,000
Collaboratives - Innovation	-	-	-	1,020
Macmillan Charitable Fund	-	18,977	18,977	9,794
Open Door Outreach	-	121	121	184
Haven Charitable Fund	-	5,051	5,051	12,734
	16,242	25,785	42,027	54,711
Total 2022	24,367	30,344	54,711	

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

5. Analysis of expenditure on charitable activities

Summary by fund type

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Total 2022 £
Haven charitable costs	-	2,680	2,680	3,792
Macmillan charitable costs	-	12,261	12,261	3,112
Physiotherapy active costs	-	794	794	-
Independent Examiner's fees	2,274	-	2,274	2,364
Community nursing	-	773	773	-
Grants paid out	16,975	-	16,975	19,319
Miscellaneous equipment	27,419	307	27,726	6,009
Openreach costs	-	268	268	-
	<u>46,668</u>	<u>17,083</u>	<u>63,751</u>	<u>34,596</u>
Total 2022	<u>27,692</u>	<u>6,904</u>	<u>34,596</u>	

6. Independent examiner's remuneration

	2023 £	2022 £
Fees payable to the charity's independent examiner for the independent examination of the charity's annual accounts	<u>2,274</u>	<u>2,364</u>

7. Trustees' remuneration and expenses

During the year, no trustees received any remuneration or other benefits (2022 - £NIL).

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

7. Trustees' remuneration and expenses (continued)

During the year ended 31 March 2023, no trustee expenses have been incurred (2022 - £NIL).

8. Creditors: Amounts falling due within one year

	2023	2022
	£	£
Amounts owed to parent company	1,032	948
Accruals and deferred income	2,683	2,274
	3,715	3,222

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

9. Statement of funds

Statement of funds - current year

	Balance at 1 April 2022 £	Income £	Expenditure £	Balance at 31 March 2023 £
<i>Unrestricted funds</i>				
General funds	73,673	16,242	(46,668)	43,247
<i>Restricted funds</i>				
Haven Charitable Fund	36,382	5,051	(2,680)	38,753
Macmillan Charitable Fund	41,980	18,977	(12,261)	48,696
Physiotherapy Active (ALD)	2,504	-	(794)	1,710
Rapid Charitable Fund	500	80	-	580
Parkinson's Fund	569	-	-	569
Community Nursing Fund	19,064	459	(773)	18,750
Collaboratives - Innovation	6,408	75	-	6,483
Open Door Outreach	221	121	(268)	74
Intermediate Care	1,495	422	-	1,917
Cardiology	100	-	-	100
Sensory Room	3,458	600	(307)	3,751
	112,681	25,785	(17,083)	121,383
<i>Total of funds</i>	186,354	42,027	(63,751)	164,630

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

9. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2022 £
<i>Unrestricted funds</i>					
General funds	77,335	24,367	(27,692)	(337)	73,673
<i>Restricted funds</i>					
Haven Charitable Fund	27,440	12,734	(3,792)	-	36,382
Macmillan Charitable Fund	35,398	9,794	(3,112)	(100)	41,980
Physiotherapy Active (ALD)	2,504	-	-	-	2,504
Rapid Charitable Fund	480	20	-	-	500
Parkinson's Fund	569	-	-	-	569
Community Nursing Fund	17,125	1,849	-	90	19,064
Collaboratives - Innovation	5,388	1,020	-	-	6,408
Open Door Outreach	-	184	-	37	221
Intermediate Care	-	1,285	-	210	1,495
Cardiology	-	-	-	100	100
Sensory Room	-	3,458	-	-	3,458
	88,904	30,344	(6,904)	337	112,681
<i>Total of funds</i>	166,239	54,711	(34,596)	-	186,354

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

9. Statement of funds (continued)

The purpose of the restricted funds are as follows:

Haven Charitable Fund - to be spent within the Haven Team Service (End of Life).

Macmillan Charitable Fund - to be spent within the Macmillan Team Service (End of Life).

Physiotherapy Active (ALD) - to be spent within the particular projects that the money was raised for referencing ALD (adult learning disability) i.e. Health Walk Monies, Trampolining Group, Swimming Group, Cycling Group & Hyrdro-therapy.

Rapid Charitable Fund - to be spent within the Rapid Team Service.

Parkinson's Fund - to spent on a specific Parkinson's group.

Community Nursing Fund - to be spent within the Community Nursing Service.

Collaboratives - Innovation - this fund is for holding events within the community, supporting volunteers, campaigns etc. e.g. cancer champions, diabetes, good neighbours.

Open Door Outreach - a fund which we have created from Amazon Smile donations. The outreach fund is restricted for spend to purchase items for the homeless and vulnerable and will be managed by our GP Practice 'Open Door'.

Intermediate Care - donations from service users and family members who have been cared for in our rehabilitation and reablement unit. They are restricted and will be used for the unit on receipt of application for any items that improve the service or make life better for staff or service user.

Cardiology - donations and will be used as above, restricted for cardiology use.

Sensory Room - a number of fundraising events were held to raise funds for a new Sensory Room at Cromwell Road Resource Centre, a day centre for adults with learning and physical disabilities.

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

10. Summary of funds

Summary of funds - current year

	Balance at 1 April 2022 £	Income £	Expenditure £	Balance at 31 March 2023 £
General funds	73,673	16,242	(46,668)	43,247
Restricted funds	112,681	25,785	(17,083)	121,383
	186,354	42,027	(63,751)	164,630

Summary of funds - prior year

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2022 £
General funds	77,335	24,367	(27,692)	(337)	73,673
Restricted funds	88,904	30,344	(6,904)	337	112,681
	166,239	54,711	(34,596)	-	186,354

11. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Current assets	46,962	121,383	168,345
Creditors due within one year	(3,715)	-	(3,715)
Total	43,247	121,383	164,630

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

11. Analysis of net assets between funds (continued)

Analysis of net assets between funds - prior year

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Current assets	76,895	112,681	189,576
Creditors due within one year	(3,222)	-	(3,222)
Total	73,673	112,681	186,354

12. Related party transactions

During the year the charity received an unrestricted donation of £10,000 (2022: £20,000) from Care Plus Group (North East Lincolnshire) Limited, a company who is the sole member of the charity.

At the year end £242 (2022: £948) was due to Care Plus Group (North East Lincolnshire) Limited.

There were no other related party transactions during the period.

Care Plus Group Charitable Trust

Val Waterhouse Centre
41-43 Kent Street
Grimsby
North East Lincolnshire
DN32 7DH

Tel: 01472 266999
angela.smith126@nhs.net

Dominic Staniforth FCA
BHP LLP
One Waterside Place Basin Square
Brimington Road
Chesterfield
S41 7FH

Dear Sir,

The following representations are made on the basis of enquiries of management and staff with relevant knowledge and experience such as we consider necessary in connection with your independent examination of the charity's financial statements for the year ended 31 March 2023. These enquiries have included inspection of supporting documentation where appropriate. All representations are made to the best of our knowledge and belief.

General

- 1 We acknowledge that the work performed by you is substantially less in scope than an audit performed in accordance with International Standards on Auditing (UK) and that you do not express an audit opinion.
- 2 We confirm that the charity was entitled to exemption under section 144 of the Charities Act 2011 the requirement to have its financial statements for the financial year ended 31 March 2023 audited.
- 3 We have fulfilled our responsibilities as trustees as set out in the terms of your engagement letter dated 13 December 2019, under the Charities Act 2011 for preparing financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), for being satisfied that they give a true and fair view and for making accurate representations to you.
- 4 All the transactions undertaken by the charity have been properly reflected and recorded in the accounting records.
- 5 All the accounting records have been made available to you for the purpose of your independent examination. We have provided you with unrestricted access to all appropriate persons within the charity, and with all other records and related information requested, including minutes of all management and trustee meetings and correspondence with The Charity Commission.

- 6 The financial statements are free of material misstatements, including omissions.

Assets and liabilities

- 7 The charity has satisfactory title to all assets and there are no liens or encumbrances on the charity's assets, except for those that are disclosed in the notes to the financial statements.
- 8 All actual liabilities, contingent liabilities and guarantees given to third parties have been recorded or disclosed as appropriate.
- 9 We have no plans or intentions that may materially alter the carrying value and where relevant the fair value measurements or classification of assets and liabilities reflected in the financial statements.

Accounting estimates

- 10 Significant assumptions used by us in making accounting estimates, including those measured at fair value, are reasonable.

Legal claims

- 11 We have disclosed to you all claims in connection with litigation that have been, or are expected to be, received and such matters, as appropriate, have been properly accounted for, and disclosed in, the financial statements.

Laws and regulations

- 12 We have disclosed to you all known instances of non-compliance or suspected non-compliance with laws and regulations whose effects should be considered when preparing the financial statements.

Related parties

- 13 Related party relationships and transactions have been appropriately accounted for and disclosed in the financial statements. We have disclosed to you all relevant information concerning such relationships and transactions and are not aware of any other matters which require disclosure in order to comply with legislative and accounting standards requirements.

Subsequent events

- 14 All events subsequent to the date of the financial statements which require adjustment or disclosure have been properly accounted for and disclosed.

Going concern

- 15 We believe that the charity's financial statements should be prepared on a going concern basis on the grounds that current and future sources of funding or support will be more than adequate for the charity's needs. We have considered a period of twelve months from the date of approval of the financial statements. We believe that no further disclosures relating to the charity's ability to continue as a going concern need to be made in the financial statements.

Grants and donations

- 16 All grants, donations and other income, the receipt of which is subject to specific terms or conditions, have been notified to you. There have been no breaches of terms or conditions in the application of such income.

Yours faithfully



.....
Signed on behalf of the board of trustees

Date: Sep 28, 2023

Care Plus Group Charitable Trust 2023 - accounts 29.08.2023

Final Audit Report

2023-09-28

Created:	2023-09-28
By:	Jade Boam (jade.boam@bhp.co.uk)
Status:	Signed
Transaction ID:	CBJCHBCAABAbaBSFn9Dx97ta4TwNm1JPHLy8DvwkU0

"Care Plus Group Charitable Trust 2023 - accounts 29.08.2023" History

-  Document created by Jade Boam (jade.boam@bhp.co.uk)
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CARE PLUS GROUP CHARITABLE TRUST

England & Wales - Charity number 1160456

Accounts

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)
UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

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CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2022

Trustees

Mr Neil Cartwright
Mrs Julie Grimmer
Ms Angela Smith
Mr Russell Collins (appointed 12 July 2021)
Ms Amanda Matthews (appointed 12 July 2021)
Ms Nikki Rimmer (appointed 12 July 2021)
Ms Stephanie Wilford (appointed 12 July 2021)
Ms Susan Youle (appointed 12 July 2021)
Ms Catherine Young (appointed 12 July 2021)
Ms Lisa Revell (resigned 28 June 2021)

Company registered number 09402014

Charity registered number 1160456

Registered office 41-43 Kent Street
Grimsby
South Humberside
DN32 7DH

Independant Examiner Jane Marshall FCA DChA
BHP LLP
57-59 Saltergate
Chesterfield
S40 1UL

Bankers National Westminster Bank
66 Victoria Street
Grimsby
DN31 1GA

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2022

The trustees present their annual report together with the financial statements of the Charity for the year 1 April 2021 to 31 March 2022. The annual report serves the purposes of both a trustees' report and a directors' report under company law. The trustees confirm that the annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (issued in October 2019).

Since the charity qualifies as small under section 382 of the Companies Act 2006, the strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

As per the Articles of Association the object for which the charitable company is established is - to protect and preserve good health, for the public benefit, through the provision of social care services among people residing permanently or temporarily in North East Lincolnshire by assisting in the treatment and care of persons suffering from mental and physical illness of any description or in need of rehabilitation as a result of such illness by the application of charitable funds, support, education of health care professionals and practical advice.

In setting objectives and planning for activities, the trustees have given due consideration to the general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

b. Main activities undertaken to further the Charity's purposes for the public benefit

As a grant making organisation, during the year several grant applications have been approved in-line with the above objectives. Details of the grants given can be found below.

Achievements and performance

a. Review of activities

Having reviewed the surplus of funds that have accumulated during the last two years, the trustees have agreed to pursue a more pro-active approach to promoting the charity and to seeking out potential beneficiaries. This strategy has been reflected in the increased grants detailed in the expenditure section.

Inline with the objects of the Care Plus Group Charitable Trust, funds have been used to support the health and wellbeing of individuals and groups throughout our local community. During the year grants have been awarded for a range of activities including, but not limited to:

- Equipment for Community Cardiology service
- Care packages and essential item packages for patients
- Equipment for remote rehabilitation service
- Community inclusion group

Further details can be found on the Charity website <https://www.cpgcharitabletrust.org/news>.

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Financial review

a. Going concern

After making appropriate enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

The Board of Trustees have agreed that between £5k to £10k would need to remain in free reserves to cover the costs of managing the trust. At 31 March 2022, free reserves amounted to £73,673 (2021: £77,335). The excess of reserves over the management costs will be spent down on applied for grants in future periods.

c. Results for the year

Total income for the year was £54,711 (2021: £36,955) and total expenditure was £34,596 (2021: £10,689) giving net income of £20,115 (2021: £26,266).

Total funds carried forward as at 31 March 2022 are £186,354 (2021: £166,239) of which £112,681 (2021: £88,904) are restricted and £73,673 (2021: £77,335) are unrestricted.

Structure, governance and management

a. Constitution

The Charity is registered as a charitable company limited by guarantee and was set up by a Memorandum and Articles of Association on 22 January 2015. It is registered charity number 1160456.

b. Methods of appointment or election of Trustees

The management of the Charity is the responsibility of the trustees who are elected and co-opted under the terms of the Memorandum of Association.

c. Organisational structure and decision-making policies

The Board of Trustees have agreed, that there would need to be a majority decision when awarding grant funding.

An application form has to be completed and submitted via the Charitable Trust email address, applications are then circulated to trustees, majority approval is required, meetings are held quarterly, any outstanding applications are reviewed at the trustees' meetings.

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Structure, governance and management (continued)

d. Policies adopted for the induction and training of Trustees

All trustees will need to attend the Care Plus Group induction to give an overview of the community services that are provided, there will also be an overview given by the existing trustees as to the structure and responsibilities involved in being a trustee.

e. Risk management

The Trustees have assessed the major risks to which the Charity is exposed, in particular those related to the operations and finances of the Charity, and are satisfied that systems and procedures are in place to mitigate our exposure to the major risks. The main risk to the charity would be that the funds are inappropriately used, even if money is ring-fenced for specific services a process has to be followed, an application form has to be completed detailing certain criteria i.e. position held within organisation, purpose of the application, who will benefit, has any other funding been applied for etc., the application is then circulated to all of the trustees for comment/approval and a majority approval is required. The finance team are also involved in processing payments etc. to allow for segregation of duties.

Statement of Trustees' responsibilities

The trustees (who are also the directors of the Charity for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial . Under company law, the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP 2019 (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of trustees and signed on their behalf by:



.....
Ms Angela Smith

Date: **Aug 18, 2022**

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2022

Independent Examiner's Report to the Trustees of Care Plus Group Charitable Trust

I report to the charity on my examination of the accounts of the company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of the company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jane Marshall (Aug 18, 2022 16:50 GMT+1)

Signed: Jane Marshall FCA DChA

Dated: Aug 18, 2022

BHP LLP
57-59 Saltergate
Chesterfield
S40 1UL

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2022

	Note	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income from:					
Donations and legacies		24,367	30,344	54,711	36,755
Charitable activities	5	-	-	-	200
Total income		24,367	30,344	54,711	36,955
Expenditure on:					
Charitable activities	6	27,692	6,904	34,596	10,689
Total expenditure		27,692	6,904	34,596	10,689
Net (expenditure)/income		(3,325)	23,440	20,115	26,266
Transfers between funds	10	(337)	337	-	-
Net movement in funds		(3,662)	23,777	20,115	26,266
Reconciliation of funds:					
Total funds brought forward		77,335	88,904	166,239	139,973
Net movement in funds		(3,662)	23,777	20,115	26,266
Total funds carried forward		73,673	112,681	186,354	166,239

The Statement of financial activities includes all gains and losses recognised in the year.

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)
REGISTERED NUMBER: 09402014

BALANCE SHEET
AS AT 31 MARCH 2022

	Note	2022 £	2021 £
Current assets			
Cash at bank and in hand		189,576	168,219
		<u>189,576</u>	<u>168,219</u>
Creditors: amounts falling due within one year	9	(3,222)	(1,980)
		<u></u>	<u></u>
Net current assets		186,354	166,239
		<u></u>	<u></u>
Total assets less current liabilities		186,354	166,239
		<u></u>	<u></u>
Total net assets		186,354	166,239
		<u><u></u></u>	<u><u></u></u>
Charity funds			
Restricted funds	10	112,681	88,904
Unrestricted funds	10	73,673	77,335
		<u></u>	<u></u>
Total funds		186,354	166,239
		<u><u></u></u>	<u><u></u></u>

The Charity was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:



.....
Ms Angela Smith

Date: **Aug 18, 2022**

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1. General information

Care Plus Group Charitable Trust is a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities are to protect and preserve good health, for the public benefit.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (issued in October 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Companies Act 2006.

Care Plus Group Charitable Trust meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are presented in £ sterling which is the functional currency of the charity and rounded to the nearest £1.

2.2 Going concern

The financial statements have been prepared on a going concern basis as the Trustees believe that no material uncertainties exist. The Trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from approving these financial statements. The budgeted income and expenditure is sufficient together with the level of reserves for the charity to be able to continue as a going concern.

2.3 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

2. Accounting policies (continued)

2.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

Grants payable are charged in the year when the offer is made except in those cases where the offer is conditional, such grants being recognised as expenditure when the conditions attaching are fulfilled. Grants offered subject to conditions which have not been met at the year end are noted as a commitment, but not accrued as expenditure.

All expenditure is inclusive of irrecoverable VAT.

2.5 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.6 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of Financial Activities as a finance cost.

2.7 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

2. Accounting policies (continued)

2.8 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

3. Critical accounting estimates and areas of judgment

Estimates and judgments are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The Charity makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. There are no estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

4. Income from donations and legacies

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
General	4,367	4,763	9,130	4,950
Community Nursing Fund	-	1,849	1,849	2,598
Care Plus Group (North East Lincolnshire Limited)	20,000	-	20,000	20,000
Collaboratives - Innovation	-	1,020	1,020	1,092
Macmillan Charitable Fund	-	9,794	9,794	5,916
Open Door Outreach	-	184	184	-
Haven Charitable Fund	-	12,734	12,734	2,199
	24,367	30,344	54,711	36,755
Total 2021	24,950	11,805	36,755	

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

5. Income from charitable activities

	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Physiotherapy	-	-	200
Total 2021	200	200	

6. Analysis of expenditure on charitable activities

Summary by fund type

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Total 2021 £
Haven charitable costs	-	3,792	3,792	-
Macmillan charitable costs	-	3,112	3,112	140
Independant Examiner's fees	2,364	-	2,364	1,680
Community nursing	-	-	-	1,860
Grants paid out	19,319	-	19,319	7,009
Miscellaneous equipment	6,009	-	6,009	-
	27,692	6,904	34,596	10,689
Total 2021	8,689	2,000	10,689	

7. Independent examiner's remuneration

	2022 £	2021 £
Fees payable to the charity's independent examiner for the independent examination of the charity's annual accounts	2,364	1,680

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

8. Trustees' remuneration and expenses

During the year, no trustees received any remuneration or other benefits (2021 - £NIL).

During the year ended 31 March 2022, no trustee expenses have been incurred (2021 - £NIL).

9. Creditors: Amounts falling due within one year

	2022	2021
	£	£
Amounts owed to group undertakings	948	-
Accruals and deferred income	2,274	1,980
	3,222	1,980

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

10. Statement of funds

Statement of funds - current year

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2022 £
<i>Unrestricted funds</i>					
General funds	77,335	24,367	(27,692)	(337)	73,673
<i>Restricted funds</i>					
Haven Charitable Fund	27,440	12,734	(3,792)	-	36,382
Macmillan Charitable Fund	35,398	9,794	(3,112)	(100)	41,980
Physiotherapy Active (ALD)	2,504	-	-	-	2,504
Rapid Charitable Fund	480	20	-	-	500
Parkinson's Fund	569	-	-	-	569
Community Nursing Fund	17,125	1,849	-	90	19,064
Collaboratives - Innovation	5,388	1,020	-	-	6,408
Open Door Outreach	-	184	-	37	221
Intermediate Care	-	1,285	-	210	1,495
Cardiology	-	-	-	100	100
Sensory Room	-	3,458	-	-	3,458
	88,904	30,344	(6,904)	337	112,681
<i>Total of funds</i>	166,239	54,711	(34,596)	-	186,354

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
 FOR THE YEAR ENDED 31 MARCH 2022

10. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2020 £	Income £	Expenditure £	Balance at 31 March 2021 £
<i>Unrestricted funds</i>				
General funds	61,074	24,950	(8,689)	77,335
<i>Restricted funds</i>				
Haven Charitable Fund	25,241	2,199	-	27,440
Macmillan Charitable Fund	29,622	5,916	(140)	35,398
Physiotherapy Active (ALD)	2,304	200	-	2,504
Rapid Charitable Fund	480	-	-	480
Parkinson's Fund	569	-	-	569
Community Nursing Fund	16,387	2,598	(1,860)	17,125
Collaboratives - Innovation	4,296	1,092	-	5,388
	78,899	12,005	(2,000)	88,904
<i>Total of funds</i>	139,973	36,955	(10,689)	166,239

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

10. Statement of funds (continued)

The purpose of the restricted funds are as follows:

Haven Charitable Fund - to be spent within the Haven Team Service (End of Life).

Macmillan Charitable Fund - to be spent within the Macmillan Team Service (End of Life).

Physiotherapy Active (ALD) - to be spent within the particular projects that the money was raised for referencing ALD (adult learning disability) i.e. Health Walk Monies, Trampolining Group, Swimming Group, Cycling Group & Hyrdro-therapy.

Rapid Charitable Fund - to be spent within the Rapid Team Service.

Parkinson's Fund - to spent on a specific Parkinson's group.

Community Nursing Fund - to be spent within the Community Nursing Service.

Collaboratives - Innovation - this fund is for holding events within the community, supporting volunteers, campaigns etc. e.g. cancer champions, diabetes, good neighbours.

Open Door Outreach - a fund which we have created from Amazon Smile donations. The outreach fund is restricted for spend to purchase items for the homeless and vulnerable and will be managed by our GP Practice 'Open Door'.

Intermediate Care - donations from service users and family members who have been cared for in our rehabilitation and reablement unit. They are restricted and will be used for the unit on receipt of application for any items that improve the service or make life better for staff or service user.

Cardiology - donations and will be used as above, restricted for cardiology use.

Sensory Room - a number of fundraising events were held to raise funds for a new Sensory Room at Cromwell Road Resource Centre, a day centre for adults with learning and physical disabilities.

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

11. Summary of funds

Summary of funds - current year

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2022 £
General funds	77,335	24,367	(27,692)	(337)	73,673
Restricted funds	88,904	30,344	(6,904)	337	112,681
	<u>166,239</u>	<u>54,711</u>	<u>(34,596)</u>	<u>-</u>	<u>186,354</u>

Summary of funds - prior year

	Balance at 1 April 2020 £	Income £	Expenditure £	Balance at 31 March 2021 £
General funds	61,074	24,950	(8,689)	77,335
Restricted funds	78,899	12,005	(2,000)	88,904
	<u>139,973</u>	<u>36,955</u>	<u>(10,689)</u>	<u>166,239</u>

12. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Current assets	76,895	112,681	189,576
Creditors due within one year	(3,222)	-	(3,222)
Total	<u>73,673</u>	<u>112,681</u>	<u>186,354</u>

CARE PLUS GROUP CHARITABLE TRUST
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

12. Analysis of net assets between funds (continued)

Analysis of net assets between funds - prior year

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Current assets	79,315	88,904	168,219
Creditors due within one year	(1,980)	-	(1,980)
Total	77,335	88,904	166,239

13. Related party transactions

During the year the charity received an unrestricted donation of £20,000 (2021: £20,000) from Care Plus Group (North East Lincolnshire) Limited, a company who is the sole member of the charity.

At the year end £948 (2021: £Nil) was due to Care Plus Group (North East Lincolnshire) Limited.

There were no other related party transactions during the period.

Care Plus Group Charitable Trust 2022 - Final Accounts

Final Audit Report

2022-08-18

Created:	2022-08-18
By:	Laura Green (laura.green@bhp.co.uk)
Status:	Signed
Transaction ID:	CBJCHBCAABAAKx91jcrJBnHW7BhvPvh75GKVYrpX73s-

"Care Plus Group Charitable Trust 2022 - Final Accounts" History

-  Document created by Laura Green (laura.green@bhp.co.uk)
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-  Document emailed to angela.smith126@nhs.net for signature
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-  Signer angela.smith126@nhs.net entered name at signing as Angela Smith
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-  Document emailed to Jane Marshall (jane.marshall@bhp.co.uk) for signature
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Signature Date: 2022-08-18 - 3:50:38 PM GMT - Time Source: server- IP address: 109.156.12.67
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2022-08-18 - 3:50:38 PM GMT

CARE PLUS GROUP CHARITABLE TRUST

England & Wales - Charity number 1160456

Accounts

CARE PLUS GROUP CHARITABLE TRUST
(A company limited by guarantee)
UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

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CARE PLUS GROUP CHARITABLE TRUST
(A company limited by guarantee)

**REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2021**

Trustees

Mr Neil Cartwright
Mrs Julie Grimmer
Ms Angela Smith
Mr Russell Collins (appointed 12 July 2021)
Ms Amanda Matthews (appointed 12 July 2021)
Ms Nikki Rimmer (appointed 12 July 2021)
Ms Stephanie Wilford (appointed 12 July 2021)
Ms Susan Youle (appointed 12 July 2021)
Ms Catherine Young (appointed 12 July 2021)
Ms Lisa Revell (resigned 28 June 2021)

**Company registered
number** 9402014

Charity registered number 1160456

Registered office 41-43 Kent Street
Grimsby
South Humberside
DN32 7DH

Independant Examiner BHP LLP
57-59 Saltergate
Chesterfield
S40 1UL

Bankers National Westminster Bank
66 Victoria Street
Grimsby
DN31 1GA

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2021

The Trustees present their annual report together with the financial statements of the Charity for the year 1 April 2020 to 31 March 2021. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (issued in October 2019).

Since the Charity qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

As per the Articles of Association the object for which the charitable company is established is - to protect and preserve good health, for the public benefit, through the provision of social care services among people residing permanently or temporarily in North East Lincolnshire by assisting in the treatment and care of persons suffering from mental and physical illness of any description or in need of rehabilitation as a result of such illness by the application of charitable funds, support, education of health care professionals and practical advice.

In setting objectives and planning for activities, the Trustees have given due consideration to the general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

b. Main activities undertaken to further the Charity's purposes for the public benefit

As a grant making organisation, during the year several grant applications have been approved in-line with the above objectives. Details of the grants given can be found below.

Achievements and performance

a. Review of activities

Having reviewed the surplus of funds that have accumulated during the last two years, the Trustees have agreed to pursue a more pro-active approach to promoting the Charity and to seeking out potential beneficiaries. This strategy has been reflected in the increased grants detailed in the expenditure section.

Inline with the objects of the Care Plus Group Charitable Trust, funds have been used to support the health and wellbeing of individuals and groups throughout our local community. During the year grants have been awarded for a range of activities including, but not limited to:

- Equipment for Community Cardiology service
- Care packages and essential item packages for patients
- Equipment for remote rehabilitation service
- Community inclusion group

Further details can be found on the Charity website <https://www.careplusgroup.org/care-plus-group-charitable-trust/>.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

The Board of Trustees have agreed that between £5k to £10k would need to remain in free reserves to cover the costs of managing the trust. At 31 March 2021, free reserves amounted to £77,335. The excess of reserves over the management costs will be spent down on applied for grants in future periods.

c. Results for the year

Total income for the year was £36,955 (2020: £34,654) and total expenditure was £10,689 (2020: £31,499) giving net income of £26,266 (2020: £3,155).

Total funds carried forward as at 31 March 2021 are £166,239 (2020: £139,973) of which £88,904 (2020: £78,899) are restricted and £77,335 (2020: £61,074) are unrestricted.

Structure, governance and management

a. Constitution

The Charity is registered as a charitable company limited by guarantee and was set up by a Memorandum and Articles of Association on 22 January 2015. It is registered charity number 1160456.

b. Methods of appointment or election of Trustees

The management of the Charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Memorandum of Association.

c. Organisational structure and decision-making policies

The Board of Trustees have agreed, that there would need to be a majority decision when awarding grant funding.

An application form has to be completed and submitted via the Charitable Trust email address, applications are then circulated to trustees, majority approval is required, meetings are held quarterly, any outstanding applications are reviewed at the trustees' meetings.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Structure, governance and management (continued)

d. Policies adopted for the induction and training of Trustees

All trustees will need to attend the Care Plus Group induction to give an overview of the community services that are provided, there will also be an overview given by the existing trustees as to the structure and responsibilities involved in being a trustee.

e. Risk management

The Trustees have assessed the major risks to which the Charity is exposed, in particular those related to the operations and finances of the Charity, and are satisfied that systems and procedures are in place to mitigate our exposure to the major risks. The main risk to the charity would be that the funds are inappropriately used, even if money is ring-fenced for specific services a process has to be followed, an application form has to be completed detailing certain criteria i.e. position held within organisation, purpose of the application, who will benefit, has any other funding been applied for etc., the application is then circulated to all of the trustees for comment/approval and a majority approval is required. The finance team are also involved in processing payments etc. to allow for segregation of duties.

Statement of Trustees' responsibilities

The Trustees (who are also the directors of the Charity for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial . Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees and signed on their behalf by:

CARE PLUS GROUP CHARITABLE TRUST
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021



.....
Mr Neil Cartwright

Date: Aug 20, 2021

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2021

Independent Examiner's Report to the Trustees of Care Plus Group Charitable Trust

I report to the charity on my examination of the accounts of the company for the year ended 31 March 2021.

Responsibilities and Basis of Report

As the charity trustees of the company (and also its directors for the purposes of the company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jane Marshall (Sep 13, 2021 14:11 GMT+1)

Signed: Jane Marshall FCA DChA

Dated: Sep 13, 2021

BHP LLP

57-59 Saltergate
Chesterfield
S40 1UL

CARE PLUS GROUP CHARITABLE TRUST
(A company limited by guarantee)

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2021

	Note	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Income from:					
Donations and legacies	4	24,950	11,805	36,755	32,131
Charitable activities	5	-	200	200	2,523
Total income		24,950	12,005	36,955	34,654
Expenditure on:					
Charitable activities	6	8,689	2,000	10,689	31,499
Total expenditure		8,689	2,000	10,689	31,499
Net movement in funds		16,261	10,005	26,266	3,155
Reconciliation of funds:					
Total funds brought forward		61,074	78,899	139,973	136,818
Net movement in funds		16,261	10,005	26,266	3,155
Total funds carried forward		77,335	88,904	166,239	139,973

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 9 to 18 form part of these financial statements.

CARE PLUS GROUP CHARITABLE TRUST
(A company limited by guarantee)
REGISTERED NUMBER: 9402014

BALANCE SHEET
AS AT 31 MARCH 2021

	Note	2021 £	2020 £
Current assets			
Cash at bank and in hand		168,219	144,758
		<u>168,219</u>	<u>144,758</u>
Creditors: amounts falling due within one year	9	(1,980)	(4,785)
		<u></u>	<u></u>
Net current assets		166,239	139,973
Total assets less current liabilities		166,239	139,973
Net assets excluding pension asset		166,239	139,973
Total net assets		166,239	139,973
		<u><u>166,239</u></u>	<u><u>139,973</u></u>
Charity funds			
Restricted funds	10	88,904	78,899
Unrestricted funds	10	77,335	61,074
		<u></u>	<u></u>
Total funds		166,239	139,973
		<u><u>166,239</u></u>	<u><u>139,973</u></u>

The Charity was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:



Mr Neil Cartwright

Date: Aug 20, 2021

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

1. General information

Care Plus Group Charitable Trust is a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities are to protect and preserve good health, for the public benefit.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (issued in October 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Companies Act 2006.

Care Plus Group Charitable Trust meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are presented in £ sterling which is the functional currency of the charity and rounded to the nearest £1.

2.2 Going concern

The financial statements have been prepared on a going concern basis as the Trustees believe that no material uncertainties exist. The Trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from approving these financial statements. The budgeted income and expenditure is sufficient together with the level of reserves for the charity to be able to continue as a going concern.

2.3 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

2. Accounting policies (continued)

2.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

Grants payable are charged in the year when the offer is made except in those cases where the offer is conditional, such grants being recognised as expenditure when the conditions attaching are fulfilled. Grants offered subject to conditions which have not been met at the year end are noted as a commitment, but not accrued as expenditure.

All expenditure is inclusive of irrecoverable VAT.

2.5 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.6 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.7 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

2. Accounting policies (continued)

2.8 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

3. Critical accounting estimates and areas of judgment

Estimates and judgments are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The Charity makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. There are no estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

4. Income from donations and legacies

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
General	4,950	-	4,950	2,095
Community Nursing Fund	-	2,598	2,598	400
Care Plus Group (North East Lincolnshire) Limited	20,000	-	20,000	20,000
Collaboratives - Innovation	-	1,092	1,092	1,879
Macmillan Charitable Fund	-	5,916	5,916	6,686
Haven Charitable Fund	-	2,199	2,199	1,071
Total 2021	24,950	11,805	36,755	32,131
Total 2020	22,095	10,036	32,131	

CARE PLUS GROUP CHARITABLE TRUST
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

5. Income from charitable activities

	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Physiotherapy	200	200	2,523
Total 2020	2,523	2,523	

6. Analysis of expenditure on charitable activities

Summary by fund type

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Haven charitable costs	-	-	-	70
Macmillan charitable costs	-	140	140	1,885
Physiotherapy active costs	-	-	-	1,544
Independant Examiner's fees	1,680	-	1,680	1,680
Innovation costs	-	-	-	2,159
Community nursing	-	1,860	1,860	5,068
Grants paid out	7,009	-	7,009	19,075
Bank charges	-	-	-	18
	8,689	2,000	10,689	31,499
Total 2020	20,773	10,726	31,499	

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

7. Independent examiner's remuneration

	2021	2020
	£	£
Fees payable to the Charity's independent examiner for the independent examination of the Charity's annual accounts	1,680	1,680

8. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2020 - £NIL).

During the year ended 31 March 2021, no Trustee expenses have been incurred (2020 - £NIL).

9. Creditors: Amounts falling due within one year

	2021	2020
	£	£
Accruals and deferred income	1,980	4,785

CARE PLUS GROUP CHARITABLE TRUST
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

10. Statement of funds

Statement of funds - current year

	Balance at 1 April 2020 £	Income £	Expenditure £	Balance at 31 March 2021 £
<i>Unrestricted funds</i>				
General funds	61,074	24,950	(8,689)	77,335
<i>Restricted funds</i>				
Haven Charitable Fund	25,241	2,199	-	27,440
Macmillan Charitable Fund	29,622	5,916	(140)	35,398
Physiotherapy Active (ALD)	2,304	200	-	2,504
Rapid Charitable Fund	480	-	-	480
Parkinson's Fund	569	-	-	569
Community Nursing Fund	16,387	2,598	(1,860)	17,125
Collaboratives - Innovation	4,296	1,092	-	5,388
	78,899	12,005	(2,000)	88,904
<i>Total of funds</i>	139,973	36,955	(10,689)	166,239

CARE PLUS GROUP CHARITABLE TRUST
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

10. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2019 £	Income £	Expenditure £	Balance at 31 March 2020 £
<i>Unrestricted funds</i>				
General Funds	59,752	22,095	(20,773)	61,074
<i>Restricted funds</i>				
Haven Charitable Fund	24,240	1,071	(70)	25,241
Macmillan Charitable Fund	24,821	6,686	(1,885)	29,622
Physiotherapy Active (ALD)	1,325	2,523	(1,544)	2,304
Rapid Charitable Fund	480	-	-	480
Parkinson's Fund	569	-	-	569
Community Nursing Fund	21,055	400	(5,068)	16,387
Collaboratives - Innovation	4,576	1,879	(2,159)	4,296
	77,066	12,559	(10,726)	78,899
<i>Total of funds</i>	136,818	34,654	(31,499)	139,973

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

10. Statement of funds (continued)

The purpose of the restricted funds are as follows:

Haven Charitable Fund - to be spent within the Haven Team Service (End of Life).

Macmillan Charitable Fund - to be spent within the Macmillan Team Service (End of Life).

Physiotherapy Active (ALD) - to be spent within the particular projects that the money was raised for referencing ALD (adult learning disability) i.e. Health Walk Monies, Trampolining Group, Swimming Group, Cycling Group & Hyrdro-therapy.

Rapid Charitable Fund - to be spent within the Rapid Team Service.

Parkinson's Fund - to spent on a specific Parkinson's group.

Community Nursing Fund - to be spent within the Community Nursing Service.

Collaboratives - Innovation - this fund is for holding events within the community, supporting volunteers, campaigns etc. e.g. cancer champions, diabetes, good neighbours.

CARE PLUS GROUP CHARITABLE TRUST
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

11. Summary of funds

Summary of funds - current year

	Balance at 1 April 2020 £	Income £	Expenditure £	Balance at 31 March 2021 £
General funds	61,074	24,950	(8,689)	77,335
Restricted funds	78,899	12,005	(2,000)	88,904
	139,973	36,955	(10,689)	166,239

Summary of funds - prior year

	Balance at 1 April 2019 £	Income £	Expenditure £	Balance at 31 March 2020 £
General funds	59,752	22,095	(20,773)	61,074
Restricted funds	77,066	12,559	(10,726)	78,899
	136,818	34,654	(31,499)	139,973

12. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Current assets	79,315	88,904	168,219
Creditors due within one year	(1,980)	-	(1,980)
Total	77,335	88,904	166,239

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

12. Analysis of net assets between funds (continued)

Analysis of net assets between funds - prior year

	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £
Current assets	65,859	78,899	144,758
Creditors due within one year	(4,785)	-	(4,785)
Total	61,074	78,899	139,973

13. Related party transactions

During the year the charity received an unrestricted donation of £20,000 (2020: £20,000) from Care Plus Group (North East Lincolnshire) Limited, a company who is the sole member of the charity.

At the year end £Nil (2020: £Nil) was due to Care Plus Group (North East Lincolnshire) Limited.

There were no other related party transactions during the period.

Care Plus Group Charitable Trust

Val Waterhouse Centre
41-43 Kent Street
Grimsby
North East Lincolnshire
DN32 7DH

Tel: 01472 256739

CPG.CharitableTrust@nhs.net

BHP LLP
57-59 Saltergate
Chesterfield
S40 1UL

Dear Sirs

Care Plus Group Charitable Trust

The following representations are made on the basis of enquiries of management and staff with relevant knowledge and experience such as we consider necessary in connection with your independent examination of the charitable company's financial statements for the year ended 31 March 2021. These enquiries have included inspection of supporting documentation where appropriate. All representations are made to the best of our knowledge and belief.

General

- 1 We acknowledge that the work performed by you is substantially less in scope than an audit performed in accordance with International Standards on Auditing (UK) and that you do not express an audit opinion.
- 2 We confirm that the charitable company qualifies as small in accordance with the conditions set out in chapter 1 of part 15 of the Companies Act 2006.
- 3 We confirm that the charitable company was entitled to exemption under section 144 of the Charities Act 2011 the requirement to have its financial statements for the financial year ended 31 March 2021 audited. We also confirm that the members have not required the company to obtain an audit of its financial statements for the financial year in accordance with section 476 of the Companies Act 2006.
- 4 We have fulfilled our responsibilities as trustees as set out in the terms of your engagement letter dated 13 December 2019, under the Charities Act 2011 for preparing financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), for being satisfied that they give a true and fair view and for making accurate representations to you.
- 5 All the transactions undertaken by the charitable company have been properly reflected and recorded in the accounting records.

- 6 All the accounting records have been made available to you for the purpose of your independent examination. We have provided you with unrestricted access to all appropriate persons within the charitable company and with all other records and related information requested, including minutes of all management and trustee meetings and correspondence with The Charity Commission.
- 7 The financial statements are free of material misstatements, including omissions.

Assets and liabilities

- 8 The charitable company has satisfactory title to all assets and there are no liens or encumbrances on the charitable company's assets, except for those that are disclosed in the notes to the financial statements.
- 9 All actual liabilities, contingent liabilities and guarantees given to third parties have been recorded or disclosed as appropriate.
- 10 We have no plans or intentions that may materially alter the carrying value and where relevant the fair value measurements or classification of assets and liabilities reflected in the financial statements.

Accounting estimates

- 11 Significant assumptions used by us in making accounting estimates, including those measured at fair value, are reasonable.

Loans and arrangements

- 12 The charitable company has not granted any advances or credits to, or made guarantees on behalf of, directors other than those disclosed in the financial statements.

Legal claims

- 13 We have disclosed to you all claims in connection with litigation that have been, or are expected to be, received and such matters, as appropriate, have been properly accounted for, and disclosed in, the financial statements.

Laws and regulations

- 14 We have disclosed to you all known instances of non-compliance or suspected non-compliance with laws and regulations whose effects should be considered when preparing the financial statements.

Related parties

- 15 Related party relationships and transactions have been appropriately accounted for and disclosed in the financial statements. We have disclosed to you all relevant information concerning such relationships and transactions and are not aware of any other matters which require disclosure in order to comply with legislative and accounting standards requirements.

Subsequent events

- 16 All events subsequent to the date of the financial statements which require adjustment or disclosure have been properly accounted for and disclosed.

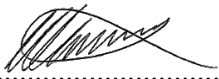
Going concern

- 17 We believe that the charitable company's financial statements should be prepared on a going concern basis on the grounds that current and future sources of funding or support will be more than adequate for the charitable company's needs. We have considered a period of twelve months from the date of approval of the financial statements. We believe that no further disclosures relating to the charitable company's ability to continue as a going concern need to be made in the financial statements.

Grants and donations

- 18 All grants, donations and other income, the receipt of which is subject to specific terms or conditions, have been notified to you. There have been no breaches of terms or conditions in the application of such income.

Yours faithfully



Signed on behalf of the board of trustees

Date: Aug 20, 2021

Care Plus Group Charitable Trust 2021

Final Audit Report

2021-09-13

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