



WHITBY HIDDEN IMPAIRMENTS SUPPORT AND HELP

ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2025

CHARITY REGISTRATION NUMBER

1160390

(England & Wales)



PREPARED BY

CHAMPLEYS CHARTERED CERTIFIED ACCOUNTANTS
CHAMPLEYS MEWS, MARKET PLACE, PICKERING
YO18 7AE

Trustees

Amy Kate Crabtree
Colin Waller Stonehouse
Katie Elizabeth Harrison-Walker
Laura Anderson
Owen Jonathan Ogram
Stephen Bremner
Tony John Walker

Accountants

Champleys Chartered Certified Accountants
Champleys Mews
Market Place
Pickering
YO18 7AE

Principal Operating Address

St. Hilda's Hub
Waterstead Lane
Whitby
YO21 1PF

The Trustees present their report and accounts for the organisation for the year ended 31st December 2025.

The Charity Structure, Governance and Management

The legal name of the charity is Whitby Hidden Impairments Support and Help. The charity is registered in England & Wales with the Charity Commission in England & Wales (CCEW) with charity number 1160390.

The organisation became a Charitable Incorporated Organisation (CIO) on 9th February 2015 and uses this and other policies and procedures as their governing documents.

Trustees

The following persons served as Trustees during the year ended 31st December 2025:

Trustee	Office	Trustee Appointments/Resignations
Adrian Michael Morris		- Resigned 17th March 2025
Amy Kate Crabtree		
Colin Waller Stonehouse		
Elizabeth Ann Hannington		- Resigned 22nd April 2025
Katie Elizabeth Harrison-Walker		
Laura Anderson		- Appointed 3rd June 2025
Owen Jonathan Ogram		
Stephen Bremner	Chairperson	- Appointed 24th January 2025
Tony John Walker		

Selection of Trustees, Trustee Expenses and Related Party Transactions

The governing document dated 9th February 2015 governs the appointment and election of trustees. The trustees are normally recruited through advertising on VINY and local networking, who support the aims of the Charity.

Any expenses reclaimed from the charity are set out in note 6 to the accounts, and any related party transactions are set out in note 7 to the accounts.

Objects of the Charity

The purposes of the Charity as set out in its governing document are:

- To promote social inclusion for the benefit of the inhabitants of Whitby & District in North Yorkshire and the surrounding area who are socially excluded from society, or parts of society as a result of a hidden impairment, without distinction of sex, sexual orientation, race or of political, religious or other opinions.
- To promote such other charitable purposes for the public benefit as are exclusively charitable according to the laws of England and Wales as the trustees may from time to time determine.

Chairman's Report

It is my pleasure to present this Chairman's Report for the past year.

This report provides an overview of our activities, achievements, and challenges over the reporting period, and reflects on the continued progress of WHISH in delivering support to those who rely on our services.

The past year has been one of significant development and consolidation for WHISH. We have continued to strengthen our services, expand our reach, and invest in our facilities to better support our members.

We are particularly pleased to report the successful completion of several important building and facility improvements. These include the installation of an external lift, a full toilet refit, and a comprehensive overhaul of the kitchen area. These enhancements significantly improve accessibility and usability of our premises for all users.

In addition, the refurbishment of the Community Room has been a major step forward. This space is now not only better suited to the needs of WHISH members but is also available for hire by external organisations. The inclusion of high-speed internet and video conferencing facilities has broadened its functionality and opened up new opportunities for engagement and income generation.

Our work continues to be strengthened by the support of valued partners. We would like to recognise and thank organisations such as Pescados, the Co-op, and Barratt Homes for their ongoing fundraising support.

We would also like to make special mention of Isaac Harrison, a 15 year old student from Whitby, whose individual contribution to fundraising has been truly commendable and greatly appreciated.

I would like to extend my sincere thanks to our staff and volunteers for their continued dedication and commitment. WHISH would simply not function without their hard work and generosity of time and effort.

It is through their collective contribution that WHISH has been recognised with the King's Award for Voluntary Service (KAVS). This is a significant and well deserved honour. I very much hope that everyone involved feels a strong sense of pride in this achievement, and that it serves as motivation to continue building on the excellent work already undertaken and to further extend our reach to those in need.

As with many organisations, we continue to operate within a challenging environment, particularly in relation to funding, resources, and increasing demand for services. These pressures require careful management and ongoing strategic focus. As we move into the coming year, our focus will be on building upon the strong foundations established, making full use of our improved facilities, and continuing to develop partnerships that enhance both our sustainability and impact.

In closing, I would like to thank everyone who has contributed to WHISH over the past year, whether through time, expertise, or financial support. Your contributions make a tangible difference to the lives of those we serve.

The main achievements and performance of the charity during the year

Throughout the year we provided:

Activities

- 335 children's activities with a total of 2930 sessions attended - increase of 17% from the previous year
- 47 sessions for parents with a total of 249 attended
- Teen, Tween, Saturday & Holiday Clubs which provided a total of 150 sessions with a total of 1440 sessions attended
- Introduction & development of our football club for ages 7+
- Development of FEAST (Holiday Activities & Food Programme) provision during school holidays which provided 319 spaces for children
- 585 swimming lessons (group sessions)
- 88 1:1 swimming lessons
- 130 horse riding lessons
- Family trips to Beamish Museum, pantomime, Musicport and Community Quizzes
- Range of guest speakers/providers e.g. Whitby Naturalists, English Heritage, Police Community Support, Thunk it Theatre

The Trustees have had regard to the Charity Commission's guidance on public benefit in managing the activities of the charity.

Performance

- After many years of dedication by our team of volunteers we were successfully awarded The King's Award for Voluntary Service- equivalent to an MBE. KAVS is the highest Award given to local voluntary groups in the UK
- Received the Award from The High Sheriff of North Yorkshire, in recognition of great & valuable services in the community with Strategic Direction for children & Young People
- Completion of refurbished toilets, installation of lift and new kitchen facilities
- Increase in Youth Worker training - a rise of 60% on previous year
- FEAST Award - Being a FEAST Hero from all the FEAST providers across North Yorkshire
- Introduction of Moo Music - Fun, interactive music classes for babies, toddlers and preschool
- In addition to the planned activities and events organised, an average of 66 families visited the Hub every month to collect food, socialise, get information and help - an increase of 29% on previous year
- Neighbourly collections of food that otherwise would have gone to landfill - 15 tonnes of CO2 saved
- Achieved Disability Confident Committed Employer status
- Increased partnership & community working e.g. Carers Plus, Portage, Early Help, Speech & Language, Pescado, Barratt Homes, Whitby Seafoods
- Addition to the North Yorkshire Approved Provider List for Disabled Children's Services

Plans for 2026

- Relax kids -a research-based program designed to improve children's emotional health, mental well-being, and resilience.
- WHISH on Tour - reaching rural communities with music, sensory play & digital sessions
- Increased activities for under 7's
- Increased variety of training opportunities
- A focus on volunteer recruitment, management and retention of these vital team members will enable us to continue and expand activities.
- Introduction of taster sessions for new activities
- Introduction of Deaf Club for young people and adults

The difference the charity's performance during the year has made to the beneficiaries of the charity and to wider society

2025

The Trustees report a successful year of growth and continued delivery of activities supporting children, young people and families in the community.

A total of 335 children's activities were delivered, with 2,930 attendances, representing a 17% increase on the previous year. This reflects strong demand and the organisation's ability to provide safe, engaging opportunities that support children's confidence and social development.

Support for families remained a priority, with 47 parent sessions attended by 249 individuals, alongside a range of family trips and community activities. These initiatives have helped reduce isolation, strengthen relationships and improve overall wellbeing.

Provision for older children and young people continued through Teen, Tween, Saturday and Holiday Clubs, delivering 150 sessions with 1,440 attendances. These sessions provided safe, structured environments, particularly during evenings and school holidays.

The organisation also promoted physical health and skills development through the introduction of a football club for children aged 7+, as well as 585 group swimming lessons, 88 one-to-one swimming lessons, and 130 horse riding sessions. These activities have supported fitness, confidence and the development of key life skills.

Holiday provision was further strengthened through the FEAST programme, which provided 319 places for children, helping to address holiday hunger while offering enriching activities.

Overall, the Trustees believe the organisation has made a positive impact by improving wellbeing, increasing access to opportunities, and strengthening community connections. Continued growth in participation highlights both the success of the provision and the ongoing need for these services.

WHITBY HIDDEN IMPAIRMENTS SUPPORT AND HELP
FINANCIAL REVIEW FOR THE YEAR ENDED 31ST DECEMBER 2025

Summary

The financial position of the Charity as at 31st December 2025 as more fully detailed in the accounts, can be summarised as follows:

	2025	2024
	£	£
Income	225,180	223,549
Expenditure	(237,425)	(191,127)
Net Surplus/(Deficit)	(12,245)	32,422
Unrestricted Funds	85,133	48,288
Restricted Funds	39,028	91,118
Designated Funds	20,000	17,000
Total Funds	144,161	156,406

Financial Review

The above deficit should be interpreted in the context that the accounts are produced on a receipts and payments basis, reflecting amounts received and paid during the year. The Charity received additional funds relating to 2025 grant applications shortly after the year end in January 2026 of £8,760. If the accounts were produced on an accruals/true and fair basis, it is likely that the reported deficit would have been lower.

A significant focus of fundraising throughout the year has ensured the continued delivery of activities and services. In 2025, we were fortunate to receive funding from a diverse range of partners and grant providers. This vital support has enabled us to deliver a broad and high-quality programme of activities, benefiting children, parents, carers, and families within our community.

During the year the Charity implemented the Real Living Wage. While this resulted in higher salary costs, it has also supported improved employee morale and well-being.

Reserves Policy

The reserve fund is set at £20,000 (2024: £17,000). The Trustees consider this adequate to provide for any possible future closure costs that may be incurred by the charity.

Declaration

The Trustees declare they have approved the Trustees' Report and Financial Review as set out on pages 2 to 6.
For and on behalf of all the Trustees:

Stephen Bremner

28 Apr 2026

Stephen Bremner - Chair

Dated

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://rulebook.accaglobal.com/>

I report on the accounts of Whitby Hidden Impairments Support and Help for the year ended 31st December 2025, which are set out on pages 8 to 12.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of the Independent Examiner's Report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; or
 - to prepare accounts which accord with the accounting records; or
 - concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Michael Richmond FCCA
Champleys Chartered Certified Accountants
Champleys Mews
Market Place
Pickering
YO18 7AE

24th April 2026

WHITBY HIDDEN IMPAIRMENTS SUPPORT AND HELP

RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST DECEMBER 2025

	Note	2025 Breakdown By Fund			2025	2024
		Unrestricted	Restricted	Designated	Total	Total
		£	£	£	£	£
Receipts						
Bank Interest		1,904	-		1,904	2,107
Donations and Grants	3	38,782	169,384		208,166	218,654
Fundraising Events		11,798	-		11,798	517
Membership Subscriptions		2,354	-		2,354	1,652
Room and Equipment Hire		958	-		958	580
Sundry Income		-	-		-	39
Total Receipts		55,796	169,384	-	225,180	223,549

Payments						
Activities and Outings		864	45,282		46,146	41,396
Advertising and Promotion		1,480	1,286		2,766	1,956
Bank Charges		153	209		362	213
Cleaning		2,217	676		2,893	3,642
Equipment Expensed		3,116	3,625		6,741	3,201
Fundraising Costs		181	15		196	159
Independent Examiners Fees		-	685		685	600
Insurance		1,462	1,233		2,695	2,497
Legal and Professional		-	-		-	2,600
Office Costs		507	1,679		2,186	1,992
Relocation Costs		2,576	43,012		45,588	41,422
Repairs and Maintenance		118	-		118	299
Rent		1,600	20,382		21,982	19,200
Staff Training and Welfare		74	4,255		4,329	2,184
Subcontractors and Sessional Workers (activities)		602	26,524		27,126	22,530
Subscriptions		253	185		438	406
Sundry Expenses		116	9		125	497
Wages and Salaries		632	72,417		73,049	46,333
Total Payments		15,951	221,474	-	237,425	191,127

Reconciliation of Funds	4					
Total Funds Brought Forward		48,288	91,118	17,000	156,406	123,984
Transfers Between Funds		(3,000)	-	3,000	-	-
Surplus / (Deficit) for the Year		39,845	(52,090)		(12,245)	32,422

Total Funds Carried Forward		85,133	39,028	20,000	144,161	156,406
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WHITBY HIDDEN IMPAIRMENTS SUPPORT AND HELP
STATEMENT OF ASSETS AND LIABILITIES AS AT 31ST DECEMBER 2025

	2025	2024
	£	£
B1 Cash Funds		
Accounts		
Current Accounts	27,322	20,651
Deposit Accounts	116,675	135,531
Cash	164	224
TOTAL FUNDS	144,161	156,406
 Represented by Funds		
Unrestricted	85,133	48,288
Restricted	39,028	91,118
Designated	20,000	17,000
TOTAL FUNDS	144,161	156,406
 B2 Other Monetary Assets	Nil	Nil
 B3 Investment Assets	Nil	Nil
 B4 Assets Retained for the Charity's Own Use	Nil	Nil
 B5 Liabilities		
Accruals	685	600
	685	600

Declaration

The Trustees declare they have approved the financial statements as set out on pages 8 to 9 and the related notes as set out on pages 10 to 12.

For and on behalf of all the Trustees

Stephen Bremner

28 Apr 2026

Stephen Bremner - Chair

Dated

WHITBY HIDDEN IMPAIRMENTS SUPPORT AND HELP

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST DECEMBER 2025

1 Basis of Accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with Section 144(2) of the Charities Act 2011.

2 Nature and Purpose of Funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity. Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

3 Breakdown of Donations, Legacies and Grants

	2025 Breakdown		2025	2024
	Grants £	Donations £	Total £	Total £
Albert Hunt Trust	5,000		5,000	-
Barclays			-	1,000
Barratt Homes		910	910	1,500
Comic Relief			-	1,000
Co-Op	500	2,355	2,855	-
David Solomon	1,000		1,000	-
FEAST Christmas	1,350		1,350	1,800
FEAST Easter	2,350		2,350	932
FEAST Summer	11,100		11,100	10,000
Feeding Britain	720		720	-
Fylingdales Football Club		500	500	-
G Stevenson Trust	4,000		4,000	-
Happy Days	1,055		1,055	-
Hedley Foundation	3,000		3,000	-
Hospital Saturday			-	2,000
Lidl Toy Trust			-	1,000
Masonic Charitable Fund		5,000	5,000	5,000
Sainsburys Neighbourly	1,000		1,000	-
North Yorkshire Police Fund	4,000		4,000	-
NYC Household Fund			-	5,000
Locality Budget Cllr Chance	620		620	-
Stronger Inspire	916		916	-
People's Health Trust	3,993		3,993	14,084
Postcode Lottery		25,000	25,000	25,000
Rotary			-	270
Sport Active Travel			-	16,506
Sport England			-	13,933
Stronger Communities			-	9,583
Three Guineas Trust	13,000		13,000	13,797
The National Lottery	68,174		68,174	43,315
Two Ridings	14,572	1,000	15,572	2,000
Two Ridings Coast Fund		68	68	4,900
Whitby Seafoods		700	700	-
Woodsmith Foundation	5,000		5,000	-
UKSPF			-	16,305
UK SPF Lift			-	22,000
UK SPF Digital	4,384		4,384	4,578
UKSPF Toilet Refurbishments	22,000		22,000	-
Yorkshire Building Society	1,000		1,000	-
Other Small Grants and Donations < £500	650	3,249	3,899	8,151
Total	169,384	38,782	208,166	218,654

WHITBY HIDDEN IMPAIRMENTS SUPPORT AND HELP
NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST DECEMBER 2025

4 Breakdown of Fund Movements

	Note	B/Fwd £	Receipts £	Payments £	Transfers £	C/Fwd £
Restricted						
Albert Hunt Trust			5,000			5,000
Barclays		1,000		1,000		-
Co-Op			500	500		-
Comic Relief		36		36		-
David Solomon			1,000			1,000
Feeding Britain			720	720		-
G Stevenson Trust		511	4,000	511		4,000
Get Going NYCC		7		7		-
Happy Days			1,055	1,055		-
Hedley Foundation			3,000			3,000
Hospital Saturday		2,000		2,000		-
Lidl		1,000		266		734
Locality Budget Cllr Chance			620	370		250
Locality Budget Cllr Swannick			400	400		-
Mayors Fund		395		395		-
Natwest			250	37		213
Neighbourly			1,000			1,000
North Yorkshire Police PFCC Community		375	4,000	3,328		1,047
NYC FEAST		1,438	14,800	14,991		1,247
People's Health Trust		(3,851)	3,993	142		-
Sainsburys Neighbourly		139		139		-
Sport England		13,933		13,933		-
Stronger Community		7,543		7,543		-
Stronger Communities Inspire			916	20		896
Three Guineas Trust		9,368	13,000	11,814		10,554
The National Lottery		25,894	68,174	94,068		-
Two Ridings Coast Fund		4,498	14,572	12,883		6,187
UK Shared Prosperity Fund		26,812	26,384	50,296		2,900
Whirlwind Trust		20		20		-
Woodsmith Foundation			5,000	5,000		-
Yorkshire Building Society			1,000			1,000
Restricted Funds		91,118	169,384	221,474	-	39,028
Designated Funds		17,000			3,000	20,000
Unrestricted Funds		48,288	55,796	15,951	(3,000)	85,133
Total Funds		156,406	225,180	237,425	-	144,161

5 Staff Numbers

There were an average of 5 employed staff workers in 2025 (2024: 4). The highest earning employee in the year earned £25,106 (2024: £18,720)

6 Trustee Expenses

The Trustees have only reimbursed expenses that are legitimate and consistent with the aims of the Charity. There are no other related party transactions or disclosures.

7 Trustee Remuneration

No Trustees were employed by the Charity or received remuneration for their duties as Trustees in the year.