



WHITBY HIDDEN IMPAIRMENTS SUPPORT AND HELP

ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2023

CHARITY REGISTRATION NUMBER

1160390

(England & Wales)



CHAMPLEYS
Chartered Certified Accountants

Trustees

Adrian Michael Morris
Amy Kate Crabtree
Katie Elizabeth Harrison-Walker
Owen Jonathan Ogram
Tony John Walker
Victoria Smith

Accountants

Champleys Chartered Certified Accountants
Champleys Mews
Market Place
Pickering
YO18 7AE

Bankers

TSB

Principal Operating Address

St. Hilda's Hub
Waterstead Lane
Whitby
YO21 1PF

The Trustees present their report and accounts for the organisation for the year ended 31st December 2023.

The Charity Structure, Governance and Management

The legal name of the charity is Whitby Hidden Impairments Support and Help. The charity is registered in England & Wales with the Charity Commission in England & Wales (CCEW) with charity number 1160390.

The organisation became a Charitable Incorporated Organisation (CIO) on 9th February 2015 and uses this and other policies and procedures as their governing documents.

Trustees

The following persons served as Trustees during the year ended 31st December 2023:

| Trustee | Office | Trustee Appointments/Resignations |
|---------------------------------|---------------|--|
| Adrian Michael Morris | | - Appointed 7th November 2023 |
| Amy Kate Crabtree | | - Appointed 31st July 2023 |
| Brenda Lyth | | - Resigned 31st January 2023 |
| Charlotte Knight | | - Resigned 30th September 2023 |
| Cheryl Newton | | - Resigned 30th April 2023 |
| Christine Mary Ward | | - Resigned 30th November 2023 |
| Katie Elizabeth Harrison-Walker | | |
| Ken Newton | | - Resigned 30th April 2023 |
| Lynda Attridge | | - Resigned 30th April 2023 |
| Michelle Breckon | | - Resigned 30th April 2023 |
| Nikki Summers | | - Appointed 26th July 2023 - Resigned 28th February 2024 |
| Owen Jonathan Ogram | | - Appointed 13th November 2023 |
| Tony John Walker | Chairperson | |
| Victoria Smith | | - Appointed 26th July 2023 |

Selection of Trustees, Trustee Expenses and Related Party Transactions

The governing document dated 9th February 2015 governs the appointment and election of trustees. The trustees are normally recruited through personal approaches to people known to members and who support the aims of the Charity.

Any expenses reclaimed from the charity are set out in note 6 to the accounts, and any related party transactions are set out in note 7 to the accounts.

Objects of the Charity

The purposes of the Charity as set out in its governing document are:

- To promote social inclusion for the benefit of the inhabitants of Whitby & District in North Yorkshire and the surrounding area who are socially excluded from society, or parts of society as a result of a hidden impairment, without distinction of sex, sexual orientation, race or of political, religious or other opinions.
- To promote such other charitable purposes for the public benefit as are exclusively charitable according to the laws of England and Wales as the trustees may from time to time determine.

The main activities undertaken during the year to further the charity's purpose for the public benefit

- Providing education and information to support and enable parents and carers to maximise educational opportunities for their children
- Raising public awareness of the issues affecting individuals, parents / carers and their children with hidden impairments both generally and in relation to their social exclusion
- Providing workshops, forums, and general support
- Providing recreational and leisure time activities and opportunities for individuals, parents /carers and children with hidden impairments
- Providing recreational facilities and opportunities which develop skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.

The Trustees have had regard to the Charity Commission's guidance on public benefit in managing the activities of the charity.

The main achievements and performance of the charity during the year

We can look back over the year with a number of successes for WHISH:

- Opening our new, larger facilities, with a larger sensory room, and outside space for the first time – developing our sensory garden and opportunities to grow flowers, herbs and vegetables.
- A substantial grant from Sport England, enabling us to offer small group and one to one swimming lessons for children – with a special thanks to Clare Keates who organises this as a volunteer.
- Regular surplus food (and other items) received from Aldi & Lidl, supporting the reduction of food waste and helping WHISH families with the cost of living.
- Grants for new cooking and gardening projects – it was great to see the "Big Dig" kick off the sensory garden. Children, teens and parents have enjoyed a variety of food and cooking sessions.
- Recruitment of a number of Trustees with a wide range of relevant experience, to strengthen the leadership of the charity.
- The two new part time members of staff to support the Trustees and volunteers to make all of this happen

A snapshot of the type of the hundreds of activities WHISH provided for local families in 2023:

- A range of out of school provision - weekly Saturday Club, teens after school and holiday clubs
- Music/art & crafts, Krash Labs/computing, and animal therapy sessions including birds, dogs and reptiles
- Parties, puppet shows, riding, pool splash sessions and swimming lessons
- Sports including archery, laser tag, sailing, surfing and rock climbing
- Wetwheels boat and fishing trips, surfing, body boarding, rock climbing and sailing
- Seventeen family outings including the cinema, theatre, panto, dance show, historic houses, parks and a train trip
- A range of activities for parents: e.g. coffee mornings, cookery, craft, Tai Chi and relaxation sessions

It should be noted that the Hub was closed in January whilst we moved premises, and that for 5 months of 2023 the charity was run completely by volunteers until staff were appointed.

The difference the charity's performance during the year has made to the beneficiaries of the charity and to wider society

WHISH provides activities and outings where children and young people can mix with their peers, form friendships and strengthen social bonds. Life for a child with hidden impairments can be very difficult; WHISH gives them a space where they fit in, can be themselves and be accepted, make friends and have fun.

Families not only need to feel listened to; families also need to feel a part of their community. WHISH fosters a positive and compassionate environment where families can have positive social interactions with other members of their community. By safely bringing people together through activities and events, families come together creating a sense of belonging and support that benefits parents, carers and children alike. This is achieved through activities such as coffee mornings, play sessions, after school clubs, using the sensory room, and whole family accessible outings. Time together as a family and as a community builds confidence and skills, helping our members feel valued and accomplished.

Feedback from both informal discussions and formal consultations with members identify the impact WHISH has on the lives of families. This includes increased wellbeing, improved mental health, a reduction in feelings of social isolation, and the building of confidence and skills. Parents also gain confidence to volunteer at WHISH or in the community.

The future of the Charity

In 2024 we can look forward to:

- Longer opening hours, including all day Saturday opening.
- Continuing and developing a wide range of activities, outings and services for parents and children. Additional staff joining the team.
- The continuation of current services and the expansion of WHISH is due to our successful application to the National Lottery for a 2 year grant.

Summary

The financial position of the Charity as at 31st December 2023 as more fully detailed in the accounts, can be summarised as follows:

| | 2023 | 2022 |
|-----------------------|----------------|---------------|
| | £ | £ |
| Income | 126,046 | 94,682 |
| Expenditure | (95,113) | (62,040) |
| Net Surplus/(Deficit) | <u>30,933</u> | <u>32,642</u> |
| Unrestricted Funds | 8,307 | 4,434 |
| Restricted Funds | 98,677 | 71,617 |
| Designated Funds | 17,000 | 17,000 |
| Total Funds | <u>123,984</u> | <u>93,051</u> |

Financial Review

A substantial effort from our volunteer fundraiser, Yvonne Harrison, resulted in a wide range of funding partners and grants for 2023, which has returned income to pre-Covid levels. This has enabled us to provide an amazing range of activities for children, parents / carers and families. Income from donations, fundraising events and room hire did not reach expected levels and the Trustees are anticipating an improvement in 2024.

Reserves Policy

The reserve fund is set at £17,000 (2022: £17,000). The Trustees consider this adequate to provide for any possible future closure costs that may be incurred by the charity.

Declaration

The Trustees declare they have approved the Trustees' Report and Financial Review as set out on pages 2 to 5.

For and on behalf of all the Trustees:



22 Mar 2024

 Tony Walker - Chair

 Date

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://rulebook.accaglobal.com/>

I report on the accounts of Whitby Hidden Impairments Support and Help for the year ended 31st December 2023, which are set out on pages 7 to 11.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of the Independent Examiner's Report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; or
 - to prepare accounts which accord with the accounting records; or
 - concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Michael Richmond FCCA
Champleys Chartered Certified Accountants
Champleys Mews
Market Place
Pickering
YO18 7AE

26th March 2024

WHITBY HIDDEN IMPAIRMENTS SUPPORT AND HELP

RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST DECEMBER 2023

| | Note | 2023 Breakdown By Fund | | | 2023 | 2022 |
|------------------------------|------|------------------------|-----------------|-----------------|----------------|---------------|
| | | Unrestricted £ | Restricted £ | Designated £ | Total £ | Total £ |
| Receipts | | | | | | |
| Bank Interest | | 223 | - | | 223 | 116 |
| Donations and Grants | 3 | 4,473 | 119,150 | | 123,623 | 92,275 |
| Fees for Charitable Services | | - | - | | - | 283 |
| Fundraising Events | | 580 | - | | 580 | 598 |
| Membership Subscriptions | | 998 | - | | 998 | 194 |
| Room and Equipment Hire | | 420 | - | | 420 | 1,216 |
| Sundry Income | | 202 | - | | 202 | - |
| Total Receipts | | 6,896 | 119,150 | - | 126,046 | 94,682 |

| | | | | | | |
|----------------------------|--|--------------|---------------|----------|---------------|---------------|
| Payments | | | | | | |
| Activities and Outings | | 298 | 33,312 | | 33,610 | 10,362 |
| Advertising and Promotion | | - | 102 | | 102 | 312 |
| Bank Charges | | 131 | 73 | | 204 | 184 |
| Cleaning | | 456 | 1,129 | | 1,585 | - |
| Equipment Expensed | | 102 | 9,492 | | 9,594 | 4,084 |
| Fundraising Costs | | 95 | - | | 95 | 162 |
| Independent Examiners Fees | | - | - | | - | 450 |
| Insurance | | - | - | | - | 1,154 |
| Legal and Professional | | 180 | - | | 180 | 510 |
| Office Costs | | 1,085 | 2,447 | | 3,532 | 1,922 |
| Relocation Costs | | - | 1,189 | | 1,189 | 3,249 |
| Rent | | 500 | 18,700 | | 19,200 | 14,637 |
| Software | | - | - | | - | 180 |
| Staff Training and Welfare | | 76 | 2,096 | | 2,172 | 139 |
| Subscriptions | | 71 | 294 | | 365 | 213 |
| Sundry Expenses | | 29 | 121 | | 150 | 283 |
| Travel and Subsistence | | - | 183 | | 183 | - |
| Wages and Salaries | | - | 22,952 | | 22,952 | 24,199 |
| Total Payments | | 3,023 | 92,090 | - | 95,113 | 62,040 |

| | | | | | | |
|---|---|--------------|---------------|----------|---------------|---------------|
| Reconciliation of Funds | 4 | | | | | |
| Total Funds Brought Forward | | 4,434 | 71,617 | 17,000 | 93,051 | 60,409 |
| Transfers Between Funds | | - | - | - | - | - |
| Surplus / (Deficit) for the Year | | 3,873 | 27,060 | - | 30,933 | 32,642 |

| | | | | | | |
|-----------------------------|--|-------|--------|--------|---------|--------|
| Total Funds Carried Forward | | 8,307 | 98,677 | 17,000 | 123,984 | 93,051 |
|-----------------------------|--|-------|--------|--------|---------|--------|

WHITBY HIDDEN IMPAIRMENTS SUPPORT AND HELP
STATEMENT OF ASSETS AND LIABILITIES AS AT 31ST DECEMBER 2023

| | <u>2023</u> | <u>2022</u> |
|---|-----------------------|----------------------|
| | £ | £ |
| B1 Cash Funds | | |
| Accounts | | |
| Current Account | 98,805 | 72,962 |
| Deposit Account | 25,025 | 20,062 |
| Cash | 154 | 27 |
| TOTAL FUNDS | <u>123,984</u> | <u>93,051</u> |
| Represented by Funds | | |
| Unrestricted | 8,307 | 4,434 |
| Restricted | 98,677 | 71,617 |
| Designated | 17,000 | 17,000 |
| TOTAL FUNDS | <u>123,984</u> | <u>93,051</u> |
| B2 Other Monetary Assets | | |
| Gift Aid Claim | - | - |
| | <u>-</u> | <u>-</u> |
| B3 Investment Assets | Nil | Nil |
| B4 Assets Retained for the Charity's Own Use | Nil | Nil |
| B5 Liabilities | | |
| Creditors | - | - |
| Accruals | 600 | 450 |
| | <u>600</u> | <u>450</u> |

Declaration

The Trustees declare they have approved the financial statements as set out on pages 7 to 8 and the related notes as set out on pages 9 to 11.

For and on behalf of all the Trustees



22 Mar 2024

Tony Walker - Chair

Date

1 Basis of Accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with Section 144(2) of the Charities Act 2011.

2 Nature and Purpose of Funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity. Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

3 Breakdown of Donations, Legacies and Grants

| | 2023 Breakdown | | 2023 | 2022 |
|--|-----------------------|------------------|----------------|---------------|
| | Grants | Donations | Total | Total |
| | £ | £ | £ | £ |
| Adam Lyth | | | - | 3,000 |
| Aldi via Neighbourly | 1,000 | | 1,000 | - |
| Albert Hunt Trust | | | - | 2,000 |
| Anton Jurgens Trust | | | - | 5,000 |
| Boshier Hinton Foundation | 2,000 | | 2,000 | - |
| Brunton Trust | | | - | 3,000 |
| CIN Anna Freud Fund | | | - | 250 |
| Cleveland Potash | | | - | 2,000 |
| Comic Relief | 9,000 | | 9,000 | - |
| Darlington Building Society | 5,000 | | 5,000 | - |
| Finnis Scott Foundation | 2,780 | | 2,780 | - |
| Foyle Foundation | | | - | 5,000 |
| G Stevenson Trust | 3,940 | | 3,940 | - |
| Get Going Fund NYCC | 925 | | 925 | - |
| Hedley Foundation | | | - | 2,000 |
| Lidl Toy Trust | 555 | | 555 | - |
| Marshall Viggars Charitable Trust | 550 | | 550 | - |
| Whitby Mayor's Fund | | | - | 750 |
| NFU Mutual | 6,443 | | 6,443 | - |
| National Gardens Scheme | 2,260 | | 2,260 | - |
| North Yorkshire County Council - PT | 500 | | 500 | - |
| North Yorkshire County Council SEMH | | | - | 10,000 |
| North Yorkshire Police PFCC Community Fund | | | - | 3,024 |
| People's Health Trust | 9,982 | | 9,982 | 11,977 |
| Sainsbury's via Neighbourly | 1,000 | | 1,000 | - |
| Screwfix Foundation | | | - | 5,000 |
| Scurrah Wainwright Charity | 4,740 | | 4,740 | - |
| Sirus Minerals | | | - | 5,000 |
| Sport England | | | - | 9,962 |
| Spoted Foundation | 5,080 | | 5,080 | - |
| Stronger Communities | 1,000 | | 1,000 | - |
| Three Guineas Trust | 5,760 | | 5,760 | 5,925 |
| The National Lottery | 43,315 | | 43,315 | - |
| Two Ridings Community Foundation | 3,000 | | 3,000 | 4,500 |
| Wakeham Trust | | | - | 1,200 |
| Wharfedale Foundation | | | - | 2,500 |
| Whirlwind Trust | 4,320 | | 4,320 | - |
| Woodsmith Foundation | 6,000 | | 6,000 | - |
| Individual Donations of over £1,000 | | 2,000 | 2,000 | 2,500 |
| Other Small Grants and Donations | | 2,473 | 2,473 | 7,687 |
| Total | 119,150 | 4,473 | 123,623 | 92,275 |

WHITBY HIDDEN IMPAIRMENTS SUPPORT AND HELP

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST DECEMBER 2023

4 Breakdown of Fund Movements

| | Note | B/Fwd £ | Receipts £ | Payments £ | Transfers £ | C/Fwd £ |
|--|------|------------|---------------|---------------|----------------|------------|
| Restricted | | | | | | |
| Aldi via Neighbourly | | | 1,000 | 610 | | 390 |
| Anton Jurgens | | 2,220 | | 1,636 | | 584 |
| Boshier Hinton | | | 2,000 | 2,000 | | - |
| Brunton Trust | | 3,000 | | | | 3,000 |
| Cleveland Potash | | 2,000 | | | | 2,000 |
| Comic Relief | | | 9,000 | 6,058 | | 2,942 |
| Darlington | | | 5,000 | 5,000 | | - |
| Finnis Scott | | | 2,780 | 1,349 | | 1,431 |
| Foyle Foundation | | 2,938 | | 2,451 | | 487 |
| G Stevenson | | | 3,940 | 1,553 | | 2,387 |
| Get Going NYCC | | | 925 | 743 | | 182 |
| Headingley Orphanage | | 46 | | 46 | | - |
| Hedley Foundation | | 993 | | 993 | | - |
| Hospital Saturday | | 951 | | 89 | | 862 |
| Lidl Toy Trust | | | 555 | 555 | | - |
| Marshall Viggars | | | 550 | 550 | | - |
| Mayors Fund | | 750 | | 102 | | 648 |
| NFU Mutual | | | 6,443 | | | 6,443 |
| NGS | | | 2,260 | 2,016 | | 244 |
| North Yorkshire County Council SEMH | | 10,000 | | 9,482 | | 518 |
| North Yorkshire County Council - PT | | | 500 | 500 | | - |
| North Yorkshire Police PFCC Community Fund | | 3,024 | | 1,844 | | 1,180 |
| People's Health Trust | | 11,977 | 9,981 | 14,692 | | 7,266 |
| Sainsburys Neighbourly | | | 1,000 | 280 | | 720 |
| Screwfix | | 5,000 | | | | 5,000 |
| Scurrah Wainwright | | | 4,740 | 2,948 | | 1,792 |
| Sirius Minerals | | 5,000 | | | | 5,000 |
| Sport England | | 9,962 | | 9,962 | | - |
| Sported Foundation | | | 5,080 | 4,294 | | 786 |
| Stronger Communities | | | 1,000 | 1,000 | | - |
| Thomas Cook Childrens Charity | | 1,942 | | 1,942 | | - |
| Three Guineas Trust | | 3,114 | 5,760 | 6,035 | | 2,839 |
| The National Lottery | 8 | | 43,315 | | | 43,315 |
| Two Ridings Community Fund | | 2,000 | | 1,958 | | 42 |
| Two Ridings Cost of Living Fund | | 2,000 | 3,000 | 2,214 | | 2,786 |
| Wakeham Trust | | 1,200 | | 1,200 | | - |
| Wharfedale Foundation | | 2,500 | | 664 | | 1,836 |
| Whirlwind Trust | | | 4,320 | 690 | | 3,630 |
| Woodsmith Foundation | | | 6,000 | 5,633 | | 367 |
| Yorkshire Young Achievers | | 1,000 | | 1,000 | | - |
| Restricted Funds | | 71,617 | 119,149 | 92,089 | - | 98,677 |
| Designated Funds | | 17,000 | - | - | - | 17,000 |
| Unrestricted Funds | | 4,434 | 6,896 | 3,023 | - | 8,307 |
| Total Funds | | 93,051 | 126,045 | 95,112 | - | 123,984 |

5 Staff Numbers

There were an average of 2 employed staff workers in 2023 (2022: 3). The highest earning employee in the year earned **£7,361**.

6 Trustee Expenses

The Trustees have only reimbursed expenses that are legitimate and consistent with the aims of the Charity. There are no other related party transactions or disclosures.

7 Trustee Remuneration

No Trustees were employed by the Charity or received remuneration for their duties as Trustees in the year. (In the prior year one Trustee was employed earning a total of £9,070)

8 The National Lottery Grant Funding

The grant income from the National Lottery was received early. It was received in the 2023 year, but relates to funding for the 2024 year. Excluding this amount total funds would be £80,669 (£123,984 - £43,315)