



Charity Commission Annual Return 2021

THE POWER OF NUTRITION

Charity registration number: 1160373

Most of the information you give in this form will become publicly available on the Register of Charities. Any field that the Charity Commission will not display will be clearly marked.

This document is a record of the information provided in the Annual Return 2021.

PART A - Charity information

Financial period

Financial period start date

01/01/2021

Financial period end date

31/12/2021

Income and spending

Income £

£ 9,128,376

Spending £

£ 25,238,806

Serious Incidents

For the period of this return, were there any serious incidents in your charity that have not been reported to the Charity Commission?

No

Fundraising - professional fundraiser

Did your charity raise funds from the public?

No

Grantmaking

Was grant making the main way your charity carried out its purposes?

Yes

Government contracts

During the financial period for this annual return, did the charity receive income from contracts (other than grant agreements) with central government or local authorities?

No

Government grants

During the financial period for this annual return, did the charity receive income from grants from central government or local authorities?

Yes

How many grants did your charity receive from central government or local authorities?

1

What was the total value of these grants?

£ 1,256,291

Income from outside the UK

Did your charity receive income from outside the UK ?

Yes

Australia

Overseas government or quasi government bodies

£ 371,002

Overseas charities, NGO's or NPO's

£ 0

Other overseas institutions

£ 0

Individuals resident overseas (for example school fees and memberships)

£ 0

Unknown /Do not know

£ 0

Bangladesh**Overseas government or quasi government bodies**

£ 0

Overseas charities, NGO's or NPO's

£ 0

Other overseas institutions

£ 61,586

Individuals resident overseas (for example school fees and memberships)

£ 0

Unknown /Do not know

£ 0

Ireland**Overseas government or quasi government bodies**

£ 425,169

Overseas charities, NGO's or NPO's

£ 0

Other overseas institutions

£ 0

Individuals resident overseas (for example school fees and memberships)

£ 0

Unknown /Do not know

£ 0

Liechtenstein**Overseas government or quasi government bodies**

£ 0

Overseas charities, NGO's or NPO's

£ 0

Other overseas institutions

£ 259,702

Individuals resident overseas (for example school fees and memberships)

£ 0

Unknown /Do not know

£ 0

Sweden

Overseas government or quasi government bodies

£ 1,221,340

Overseas charities, NGO's or NPO's

£ 0

Other overseas institutions

£ 0

Individuals resident overseas (for example school fees and memberships)

£ 0

Unknown /Do not know

£ 0

Switzerland

Overseas government or quasi government bodies

£ 0

Overseas charities, NGO's or NPO's

£ 0

Other overseas institutions

£ 58,618

Individuals resident overseas (for example school fees and memberships)

£ 0

Unknown /Do not know

£ 0

United States

Overseas government or quasi government bodies

£ 0

Overseas charities, NGO's or NPO's

£ 4,117,385

Other overseas institutions

£ 0

Individuals resident overseas (for example school fees and memberships)

£ 0

Unknown /Do not know

£ 0

Spending outside England & Wales

Did your charity operate outside England and Wales?

Yes

Select countries/territories your charity operated in during the financial period covered by this annual return

- ☒ Bangladesh
- ☒ Benin
- ☒ Burkina Faso
- ☒ Congo (Democratic Republic)
- ☒ Ethiopia
- ☒ India
- ☒ Indonesia
- ☒ Ivory Coast
- ☒ Lesotho
- ☒ Liberia
- ☒ Madagascar
- ☒ Malawi
- ☒ Nigeria
- ☒ Rwanda
- ☒ Tanzania
- ☒ Zambia

Bangladesh	£ 5,565,037
Benin	£ 0
Burkina Faso	£ 0
Congo (Democratic Republic)	£ 0
Ethiopia	£ 10,907,472
India	£ 1,314,091
Indonesia	£ 0
Ivory Coast	£ 0

Lesotho	£ 0
Liberia	£ 0
Madagascar	£ 0
Malawi	£ 4,239,074
Nigeria	£ 0
Rwanda	£ 371,002
Tanzania	£ 0
Zambia	£ 0
Total Spending outside England & Wales	
£ 22,396,676	

Spending outside England & Wales

When spending money or working outside England and Wales, did your charity transfer money other than using the regulated banking system?

No

Spending outside England & Wales

Did your charity have procedures and controls in place to monitor expenditure outside England and Wales?

Yes

Are the trustees satisfied that your charity's risk management policies and procedures adequately covered activities and spending outside England and Wales?

Yes

Trading subsidiaries

Did the charity have any subsidiaries?

No

Trustee payments

Did any of the trustees receive any remuneration, payments or benefits from the charity other than refunds of legitimate trustee expenses?

No

Did any of the trustees resign and then take up employment with the charity?

No

Employees' salaries

Did any of your charity's staff receive total employee benefits of £60,000 or more? Select No if your charity does not have any staff or does not pay any staff.

Yes

For your highest paid member of staff only, what was the total value of their employee benefits?

(For example if your highest paid member of staff received £35,000 enter 35000). If you do not have any staff or did not pay any staff, enter 0 (zero)

£ 192,792

£60,000 to £70,000

3

£70,001 to £80,000

3

£120,001 to £130,000

2

£130,001 to £140,000

1

£150,001 to £200,000

2

Volunteers

How many UK volunteers, excluding trustees, did the charity have during the financial period?

0

Financial controls

Did your charity review its internal financial controls?

Yes

PART B - Financial information

Account type

Does your charity prepare:

Charity only accounts

Income and endowments

Donations & legacies

£ 9,104,098

Of the total donations & legacies
what amount is Legacies

£ 0

Of the total donations & legacies
what amount is Endowments received

£ 0

Other trading activities

£ 0

Investment income

£ 24,278

Income from charitable activities

£ 0

Other income

£ 0

Total Income and endowments

£ 9,128,376

Expenditure

Expenditure on raising funds

£ 1,433,429

Other expenditure

£ 0

**Of the total expenditure on charitable activities
what value is Grants to institutions**

£ 22,497,588

**Of the total expenditure on raising funds
what value is Investment management costs**

£ 0

Expenditure on charitable activities

£ 23,805,377

**Of the total expenditure on charitable activities
what value is Governance costs**

£ 195,889

Total Expenditure

£ 25,238,806

Gains/(losses)**Gains/(losses) on revaluation of fixed assets**

This figure should be prefixed with the minus symbol if it is a negative value.

£ 0

Actuarial gains/(losses) on defined benefit pension schemes

This figure should be prefixed with the minus symbol if it is a negative value.

£ 0

Net gains/(losses) on investments

This figure should be prefixed with the minus symbol if it is a negative value.

£ 0

Other gains/(losses)

This figure should be prefixed with the minus symbol if it is a negative value.

£ 0

Assets

Total fixed assets

£ 161,275

Of the total fixed assets
what value is Fixed asset investments

£ 0

Total current assets

£ 24,018,420

Of the total current assets
what value is Current asset
investments

£ 0

Of the total current assets
what value is Cash at bank and in
hand

£ 14,304,391

Funds

Endowment funds

£ 0

Restricted funds

£ -4,621,609

Unrestricted funds

£ 2,419,678

Total Funds

£ -2,201,931

Liabilities

Creditors due within 1 year

£ 10,908,214

Creditors falling due after one year and provisions

£ 15,473,412

Defined benefit pension scheme asset/(liability)

This figure should be prefixed with a minus symbol if it is a negative value

£ 0

Total net assets/(liabilities)

£ -2,201,931

Additional information**Support costs**

£ 1,302,219

Depreciation charge for the year

£ 19,292

Level of reserves

£ 2,419,678

Average number of employees

20

Privacy statement

Any information you give us will be held securely and processed only in accordance with the rule on data protection. We will not disclose your personal details to anyone unconnected to the Charity Commission unless:

- you have consented to their release; or
- we are legally obliged to disclose them; or
- we regard disclosure as either (a) necessary so that we can properly carry out our statutory functions or (b) necessary in the public interest.

We may share and disclose information about you with relevant public authorities, regulatory bodies and agencies, outside the Charity Commission but only if:

- we can lawfully do so; and

- we decide that disclosure is necessary for national security, crime detection, prevention, and law enforcement, or other issues in the public interest

Information we collect about you

We will use this information:

To enable us to carry out our statutory functions and duties;

This will include the following actions:

- (a) update, consolidate, and improve the accuracy of our records;
- (b) undertake crime detection and prevention and law enforcement and assist the third parties specified above to investigate or prevent crime and carry out law enforcement;
- (c) data analysis, testing, research, statistical and survey purposes

Information we receive from other sources.

Information we receive from other sources

We may combine this information with information you give to us and information we collect about you.

We may use this information and the combined information for the purposes set out above (depending on the types of information we receive).

We will ensure that any such disclosure and use is proportionate; considers your right to respect for your private life; and is done fairly and lawfully in accordance with the data protection principles of the Data Protection Act.

The Data Protection Act 1998 regulates the use of 'personal data', which is essentially any information, however stored, about identifiable living individuals.

As a 'data controller' under the Act, the Charity Commission must comply with it. Any changes we may make to our privacy statement in the future will be set out in the replacement version of this form.

Please check back frequently to see any updates or changes to our privacy policy.

Declaration

This annual return has not been submitted and no Declaration has been made