



TRUSTEES' ANNUAL REPORT

(April 23 – March 24)

Borderline Arts (CIO)

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Tel: 07754 806814

Address: 119 Osmaston Rd
Derby, DE1 2GD

Charity Number: 1160324



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TRUSTEE AND CHARITY INFORMATION

Charity Name: BORDERLINE ARTS (CIO)

Other names charity is known by: BORDERLINE

Registered Charity Number: 1160324

Charity Address: 119 Osmaston Rd, Derby, DE1 2GD

Names of the charity trustees who manage the charity:

Trustee Name	Office/Role	Dates if not acted for whole year
Sarah Eley	Founder/Coordinator	N/A
Kevin Bagshaw	Chairperson	N/A
Jill Broughton	Adviser	N/A
Pauline Shephard	Secretary	N/A
Lesley Edwards	Treasurer	N/A
Victoria Vaughan	Adviser	N/A

Name of chief executive or names of senior staff members (Optional information):

There are no paid staff working for the charity

DESCRIPTION OF THE CHARITY'S TRUSTS

Type of governing document: Constitution

How the charity is constituted: Charitable Incorporated Organisation

Trustee selection methods: Trustees are appointed during the year as required by decision of the trustees in office.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- *Policies and procedures adopted for the induction and training of trustees;*
- *The charity's organisational structure and wider network with which the charity works;*
- *Relationship with any related parties;*
- *Trustees' consideration of major risks and the system and procedures to manage them*

All trustees give of their time and expertise voluntarily. Trustees do not receive any remuneration or benefits

OBJECTS OF THE CHARITY

Summary of the objects of the charity set out in its governing document

1. To promote and protect the Physical and Mental Health of Sufferers of Borderline Personality Disorder (BPD) and their relatives, dependants and carers through the provision of support, education and practical advice.
2. To advance the education of the general public in all areas relating to BPD, in particular by the provision of training and raising public awareness of BPD.

"Can't believe how lucky I am to live in the same city as the one UK charity for BPD!!"
Art Group Member

ADDITIONAL DETAILS OF OBJECTIVES AND ACTIVITIES *(Optional Information)*

You may choose to include further statements, where relevant, about: policy on grant-making, policy programme related investment and contribution made by volunteers.

A huge contribution is made by member volunteers with their valuable contribution of time and energy and expertise. Without this commitment the Charity would not have been able to achieve so much in this period.

ACTIVITIES CARRIED OUT

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

In planning our activities for the year we kept in mind the Charity Commission guidance on public benefit at our trustees' meetings. The focus of our activities is to raise awareness of Borderline Personality Disorder (BPD) with the general public and provide support for people living with BPD and their carers through education, training and practical advice.

During the year we ran the following activities:

MONTHLY CREATIVE GROUPS

These are free art and writing groups run on a monthly basis for individuals with BPD to come together and engage in creative activities. The groups are free of charge to ensure they are accessible to all those with BPD, as many are on benefits or low income and would otherwise struggle to attend and participate.

However, we have had to put these workshops on hold for the time being, whilst we recruit a Workshops Administrator. Their role will be to promote the sessions and to carry out the admin related to our workshops. Once we have a suitable volunteer in place, we intend to relaunch these creative groups with invigorated energy and hopefully reach out to many people who would benefit from and really enjoy these supportive groups.

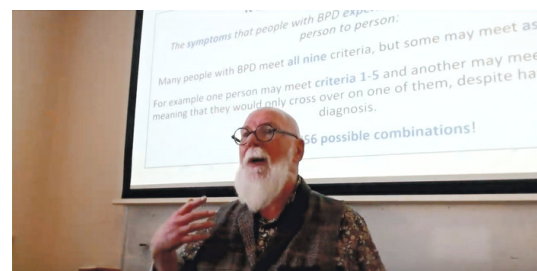
For more information, please head to: www.borderlinearts.org/art-and-writing-groups

Creative Educational Workshops

Our workshops enable participants to:

- * Express their personal thoughts and feelings about BPD.
- * Learn more about the condition.
- * Learn ways to sensitively relate to someone with BPD.

A large part of these sessions uses creative activities to aid learning. We also ensure that those providing the teaching always includes someone with lived experience of BPD (as well as a professional where possible). Both the creativity and firsthand stories help participants to connect with the content on a deeper level than simply listening to facts.



People who've attended have said that the workshop has increased their:

- Understanding of the complexity in which the condition affects those with BPD.
- Confidence in supporting those with BPD, practically and emotionally.

"Thank you so much for your fabulous session; it was such a great learning experience. The combination of instructional content, role play, open discussion and of course creativity worked so well. The students really valued it and it transferred to the online format just fine".

Nottingham University

We conducted two professional training workshops at Nottingham University in November 2023. One was for the MA social work students and one for BA social work students.

Both of these were extremely well received, with excellent feedback from students on how much insight and understanding they have gained about Borderline Personality Disorder.

There were many comments made on how much the informal nature of the talk, with the inclusion of many personal anecdotes and lived experiences, helped develop a sincere understanding of the condition. The professionalism of the course material, booklets and presentation were also highly praised.

Derbyshire NHS Acute Psychiatric Staff

We have also re-commenced running these workshops (on a regular basis) for the ward staff at our local psychiatric hospitals. This was something we were doing pre-pandemic and we are excited that it's now safe enough for us to resume these! We ran one in September 2023 and another in February 2024.

Film Project

We're making great progress with our upcoming film 'On The Borderline' - an exciting collaboration with Smith & Smith Productions. We are moving toward the production phase of our film:



Gav, our script writer has now finished the script for our film! The film is set in a therapy group and shows the reality of life for several adults living with BPD. We have written a proposal to use to try to secure funding!

Once that's in place, we will then be putting call outs for actors and crew etc! Exciting times! You can read more about this by clicking [here](#).

Raising awareness via our website

Our **website** is a useful first port of call for anyone wanting to know all about BPD and what we are doing. We are aware that we have online visitors from all over the world, so it's a really important part of what we do.

Many people with BPD have told us that simply seeing the website and knowing there are people out there who understand BPD and are 'fighting for them' has really helped them feel less alone.

Lots of people who don't have BPD have shared how useful the website and articles are to them in gaining further understanding of the illness and how to support those with the condition.



Additionally, we offer the opportunity to those with BPD across the world to have their artwork or writing showcased. The purpose of this is to raise awareness from a variety of personal experiences and to celebrate their talent.

"Thanks for putting together such a fantastic website – I love it, it's really helpful, informative and inspiring and the art and writing there has made me feel much less alone. I believe what you are doing is very valuable to a lot of people".

"Very professional and informative - a great resource for accurate, comprehensive and up-to-date information on BPD".

One of the elements on our website is our online art and writing galleries, which we continue to add to as detailed below...

ONLINE ART & WRITING GALLERIES



We have continued to run our ongoing online project, in which we invite adults with BPD (anywhere in the world!) to create and submit piece/s of writing or pieces of art expressing their experience of life with BPD.

We then add it to our online galleries.

But what is the purpose of these galleries? Read below to find out:

The Galleries:

- **Showcase, promote & celebrate** the creative work of those diagnosed with BPD
- **Empower** adults with BPD to raise awareness of the condition
- Help **raise awareness** and **tackle the stigma** of BPD

You can find out more or browse the writing gallery [here](#) or browse the art gallery [here](#).

In the next year we will be revamping the website with new branding and graphics, so watch this space!

FINANCIAL REVIEW

Brief statement of the charity's policy on reserves

Cash reserves are regularly reviewed. The Charity holds sufficient cash to cover at least 3 months office costs and planned events and to meet any unforeseen expenditure that may occur.

Details of any funds materially in deficit: Not applicable

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- The charity's principal sources of funds (including any fundraising);
- How expenditure has supported the key objectives of the charity;
- Investment policy and objectives including any ethical investment policy adopted.

St. Peters Littleover and Blagreaves

St Peter's Church and congregation are sponsoring us in 3 increments of £500 over 3 years. We are currently in year 3 of the 3 years.

This support makes a **HUGE difference** to us, enabling us to cover many of our basic costs. This money is so important to us to be able to move forwards and continue to support those with this very debilitating mental illness.

Fundraising

We've been **overwhelmed by the support of so many people this year!** Many people have also supported us through **online fundraisers, Paypal Giving Fund, Local Giving Donations, Easy Fundraising, Amazon Smile, GoFund Me, Facebook birthday fundraisers**, and much more. We also raised a lot of money on Local Giving – through fundraisers, for which we are very grateful. We're so thankful to every single person who has supported us in any way! **THANK YOU!**

Reserves

We have total reserves of £11667, of which we have restricted funds of £2122 specifically for our film project. The board of trustees have also designated a further £8552 for the film project. The remaining £993 is in general reserves, to cover up to 3 months expenses.

CHARITY ACCOUNTS (APRIL 23 – MARCH 24)



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
BORDERLINE ARTS

No (if any)
1160324

CC16a

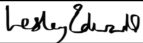

Receipts and payments accounts

For the period from	Period start date	To	Period end date
	01.04.2023		31.03.2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Local Giving donations	374			374	1,289
Workshop income	1,600			1,600	550
Paypal Giving Fund/Go Fund Me	434			434	1,518
Donations & Easy Fundraising	533			533	551
Church donations	500			500	500
Grants	-			-	2,500
Trust Funds	-			-	1,000
Mind Donation	290			290	-
Sub total (Gross income for AR)	3,731			3,731	7,908
A2 Asset and investment sales, (see table).					
Sub total	-			-	-
Total receipts	3,731			3,731	7,908
A3 Payments					
Rent	1,650			1,650	1,650
Insurance	310			310	308
Website & Computer costs	932			932	805
Subscriptions	180			180	180
Publicity & Printing	564			564	392
Office expenses inc. mobile phone	139			139	172
Volunteer expenses	-			-	35
Travel costs re: Workshops				-	27
Sub total	3,775			3,775	3,569
A4 Asset and investment purchases, (see table)					
Sub total	-			-	-
Total payments	3,775			3,775	3,569
Net of receipts/(payments)	- 44			- 44	4,339
A5 Transfers between funds					-
A6 Cash funds last year end	9,589	2,122		11,711	7,372
Cash funds this year end	9,545	2,122		11,667	11,711

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account - Nat West	9,545	2,122	-
				-
				-
	Total cash funds	9,545	2,122	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Lesley Edwards	8.11.24	
		Kevin Bagshaw	8.11.24	

TRUSTEE DECLARATION

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees:

Full name(s):

Lesley Elizabeth Edwards

Position (eg Secretary, Chair, etc):

Treasurer

Date:

17th September 2024

Signature:



Full name(s):

Kevin Bagshaw

Position (eg Secretary, Chair, etc):

Chair

Date:

17th September 2024

Signature:

