



37 SPRINGBANK CRESCENT | WINSFORD | CHESHIRE | CW7 1HR
info@hivitality.org.uk | 0330 0433 696

31st January 2025

HiVitality is charity, registered with the Charity Commission in England and Wales, Registration Number 1160307.

Our registered address is:

- **37 Springbank Crescent***
Winsford, Cheshire
CW7 1HR

this will change in the course of 2025 to **45 Springbank Crescent*

Our Trustees are:

- **Christopher McFarlane Baxter** – Chair
chair@hivitality.org.uk
- **Emma Aciro** – Secretary
secretary@hivitality.org.uk
- **Kevin Bazeley** – Treasurer
treasurer@hivitality.org.uk
- **Angela MacLagan** – Trustee
newsletter@hivitality.org.uk
- **Nick Maxwell** – Trustee
volunteers@hivitality.org.uk
- **Ian Finch** – Trustee
media@hivitality.org.uk

HiVitality is the **National Community for Adults Living with HIV** (formerly the National HIV Long-Term Survivors' Group). We are a peer-support group, primarily running wellbeing retreats across the UK for adults of all backgrounds diagnosed with HIV.

Our secondary mission is to engage with organisations in the public and private sectors to educate and inform about the reality of living with HIV in 21st Century Britain, as well as current medicines and treatments, and thus break down stigma surrounding the subject.

Through our primary and secondary functions of providing support; promoting wellbeing; and addressing stigma, we are compliant with the legislation regarding the requirements for benefitting the public, or a portion of it.

Our organisation is run by the Trustees, all volunteers; we have a pro-active, operational Board. At the time we hold retreats, we also rely on additional volunteers, some of whom act as facilitators in group therapy sessions; while others are qualified professionals providing therapeutic treatments.

Recruitment of Trustees has traditionally been from within the HIV community and related healthcare sector; though we are taking steps to broaden our professional base.

HiVitality is unique in its purpose; no other HIV-AIDS-related charity in the UK works exclusively for the wellbeing of its members through peer-support. Currently, 100% of our funds go directly to our residential wellbeing retreats.

Originally founded in 1992, the charity had grown organically over a number of years. I, Christopher McFarlane Baxter, as an independent business professional, was invited to assume the position of Chair early in 2024, with the mission of professionalising the organisation and renewing the Board.

This process has involved a complete redesign of the brand and website, to bring a fresher, more corporate image to the charity, while maintaining the openness of a diverse peer-support group.

While our income has been modest, and the organisation has traditionally held four residential wellbeing retreats per year, we are currently in the process of drafting an ambitious five-year business plan, in which we will aim to run one retreat-per-month, and ramp up our fundraising activity with a view to purchasing our own hotel / retreat centre / conference facility at the end of the five years.

We have provisionally calculated an approximate figure of £2.5 million in order to be able to achieve this:

- £100k-per-year for the duration of the five-year plan, for 12 retreats-per-year
- £2m towards the cost of a property purchase at the end of the five year period

We have secured the generous patronage of the Janek Latosinski Charitable Trust, and are in the process of negotiating the extent to which they can contribute towards our fundraising target.

We also in talks with our official Patron, Lord Smith of Finsbury, to renegotiate the support he is able to offer; as well as capitalising on our corporate connections; and ramping up our grant funding application activity with the assistance of independent, external professionals.

Treasurers Report, HiVitality, Fiscal year ending 31 March 2024

1. The accounts of HiVitality for 2023/24 have been prepared on an accruals basis in line with accounting practice adopted in 2022/23
2. At 31 March 2024 HiVitality bank balance was £28,136.08 an inflow of £13,198.22 on the prior year end. The bank balance was held across 2 accounts, £12,792.07 in our current account and £15,344.01 in our 32-day access, interest bearing account.
3. On a like for like basis income was £45,466 for the year, an increase of £12,847 on the prior year. Income was divided into £35.4k from grants, £6.5k from retreat fees, £2.3k from donations, £1.0k of other income, and £0.4k from interest received. Of the grant income £7.5k relates to the ViiV23 grant which was incorrectly missed from 2023 revenues.
4. Expenditure decreased by £1,039 from the prior year to a total of £37,151. Expenditure was broken down as £29.7k for accommodation, £1.0k for facilitator & therapy, £5k for members & trustees travel and just over £1.4k of other expenses. These other expenses included £0.8k for the website redesign.
5. This led to an operating profit for the year of £8,315, largely driven by the recognition of ViiV23 grant income missed from 22/23 accounts.
6. The balance sheet assets beyond the bank total include prepayments of deposits to Shallowford House for retreats through 2024 & 2025 totalling £3,375 see Note 2 to the accounts
7. Balance sheet liabilities include Deferred Income of £4,750 being the balance of Post Code Lottery grant (Total £25k received April 23) which is for the June 2024 Shallowford retreat, see Note 3 to the accounts
8. Cashflow forecast for the following 12 months shows receipt of JLCT grant of £7,500 to pay for the Scottish Retreat in August plus standard Shallowford retreat incomes based on £80/head. Expenditure forecast includes retreats for March, June, August, December & March 25. Cash remains positive throughout with a balance of just under £2.6k forecast at end of the fiscal year 2024/25.

Treasurers report prepared by

Kevin Bazeley ACMA CGMA
treasurer@hivitality.org.uk

Signed:



Dated: 18 Aug 2024

Income Statements

For the years 2018/2019 to 2023/2024



	Current Yr 2023/2024 £	2022/2023 £	2021/2022 £	2020/2021 £	2019/2020 £	2018/2019 £
Income						
Grants	35,420	16,328	10,800	500	10,725	9,960
Retreat Fees	6,450	7,175	6,211	300		1,032
Donations	2,288	6,768	9,155	81	8,531	7,468
Karadoo	305	942	425	197	183	505
Amazon Smile	67	99	84	49	30	37
Interest Received	367	-	-	-	-	
Other Income	570	1,307	549	30	145	165
Total income	45,466	32,619	27,224	1,157	19,614	19,167
Expenditure						
Accommodation	(29,713)	(30,769)	(19,935)	-	(13,848)	(14,938)
Facilitators & Therapists Expenses	(982)	(2,333)	(2,288)	-	(1,476)	(2,297)
Members' Travel	(3,042)	(4,123)	(2,733)	-	(1,411)	(1,996)
Trustee costs	(2,030)	(209)	-	(60)	(40)	(150)
website	(840)	-	(132)	(72)	(144)	(27)
Admin	-	(64)	(136)	(55)		(76)
Phone	(24)	(60)	(55)	(69)		
Subscriptions	(364)	-	-	-	(304)	(109)
Fund Raising Materials	-	(180)	-	(35)		
Professional Fees	(120)	-	-	-	(64)	(443)
Sundry	(36)	(452)	(291)	-	(169)	(40)
Total Expenses	(37,151)	(38,190)	(25,570)	(291)	(17,456)	(20,077)
Surplus / (Deficit)	8,315	(5,571)	1,654	865	2,158	(910)

Balance Sheet

2023/2024



	Note	2023/2024	2022/2023	2021/2022	2020/2021	2019/2020	2018/2019
Cash at bank	2	28,136	14,938	28,547	23,241	13,575	11,418
Prepayments		3,375	3,125	3,375	500	0	0
Total Assets		31,511	18,063	31,922	23,741	13,575	11,418
Deferred Income	3	(4,750)	(7,540)	(15,828)	(9,300)	-	-
Creditors		(7,923)	-	-	-	-	-
Total Liabilities		(12,673)	(7,540)	(15,828)	(9,300)	-	-
Net Assets / (Liabilities)		18,838	10,523	16,094	14,441	13,575	11,418
Reserves							
Yr End Balance Prior Year		10,523	16,094	14,441	13,575	11,418	12,328
General fund surplus for the year		8,315	(5,571)	1,654	865	2,158	-910
Closing Balance		18,838	10,523	16,094	14,441	13,575	11,418
		-	-	-	-	-	-

Cashflow Forecast

for next 12



	03/2024	04/2024	05/2024	06/2024	07/2024	08/2024	09/2024	10/2024	11/2024	12/2024	01/2025	02/2025	03/2025
	£	£	£	£	£	£	£	£	£	£	£	£	£
Cash In													
Grants						7,500	#						
Retreat Fees			2,000			2,000			2,000			2,000	
Donations													
Karadoo		50	50	50	50	50	50	50	50	50	50	50	50
Amazon Smile													
Interest Received		50	50	40	40	40	30	30	30	20	20	20	20
Other Income													
Total Cash In	-	100	2,100	90	90	9,590	80	80	2,080	70	70	2,070	70
Cash Out													
Accommodation		(7,083)	#	#	(7,000)	#	(7,500)	#	(7,000)	#	(7,000)	#	#
Facilitators & Therapists Expenses		#	#	(500)	#	#	(500)	#	#	#	(500)	#	(500)
Members' Travel		#	#	(750)	#	#	(750)	#	#	#	(750)	#	(750)
Trustee costs		#	#	#	#	#	#	#	#	#	#	#	#
website		#	(840)	#	#	#	#	#	#	#	#	#	#
Admin													
Phone													
Subscriptions													
Fund Raising Materials													
Professional Fees													
Sundry		(50)	(50)	(50)	(50)	(50)	(50)	(50)	(50)	(50)	(50)	(50)	(50)
Total Cash Out	-	(7,133)	(890)	(1,300)	(7,050)	(50)	(8,800)	(7,050)	(50)	(1,300)	(7,050)	(50)	(1,300)
Net Cash Movement	-	(7,033)	1,210	(1,210)	(6,960)	9,540	(8,720)	(6,970)	2,030	(1,230)	(6,980)	2,020	(1,230)
Cash Balance	28,136	21,103	22,313	21,103	14,143	23,683	14,963	7,993	10,023	8,793	1,813	3,833	2,603

Category	(Multiple Items)
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Row Labels	Sum of Total Income	Sum of Total Expenditure	Sum of Net cost
JUL23 SCOTLAND	£7,630.00	(£6,393.02)	£1,236.98
Shallowford Aug 23	£7,790.00	(£7,420.42)	£369.58
Shallowford Dec 23	£6,360.00	(£6,493.65)	(£133.65)
Shallowford Dec 24	£0.00	£0.00	£0.00
Shallowford Dec 25	£0.00	£0.00	£0.00
Shallowford Jun 24	£0.00	£0.00	£0.00
Shallowford Mar 24	£6,460.00	(£9,008.60)	(£2,548.60)
Shallowford Mar 25	£0.00	£0.00	£0.00
Shallowford May 23	£6,090.00	(£5,979.25)	£110.75
Shallowford May 25	£0.00	£0.00	£0.00
Shallowford Sep 24	£0.00	£0.00	£0.00
ViiV23	£7,540.00	£0.00	£7,540.00
Grand Total	£41,870.00	(£35,294.94)	£6,575.06

Prepayment or deferred income (All)

Row Labels	Sum of Prepayment	
(blank)	£	-
Shallowford May 23	£	-
Shallowford Mar 24	£	-
Shallowford Jun 24	£	625.00
Shallowford Sep 24	£	625.00
Shallowford Dec 24	£	625.00
ViiV23	£	-
Shallowford Aug 23	£	-
Shallowford Dec 23	£	-
JUL23 SCOTLAND	£	-
Shallowford Mar 25	£	500.00
Shallowford May 25	£	500.00
Shallowford Dec 25	£	500.00
Total	£	3,375.00

Prepayment or deferred income	Deferred Income
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Row Labels	Sum of Deferred Income
Shallowford Jun 24	-4,750.00
Grand Total	-4,750.00

Independent Examiner's Report on the Accounts

Report to the Trustees of HiVitality

Registered Charity 1160307

On the Accounts for the Year ending 31st March 2024

Respective Responsibilities of Trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act) and that an Independent Examiner is needed.

It is my responsibility to:

- Examine the accounts (under section 43(3)(a) of the Act)
- Follow the procedure laid down in the general Directions given by the Charities Commission (under section 43(7)(b) of the Act); and
- State whether particular matters have come to my attention.

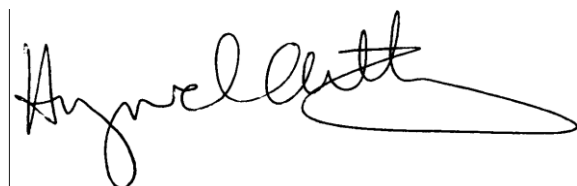
Basis for Independent Examiner's statement

I carried out the examination of the accounts with General Directions given by the Charities Commissioners, including a review of the accounting records kept by the charity and comparing them with those records, including a consideration of any unusual items or disclosures in the said accounts and seeking explanation from the trustees on such matters. Those procedures do not provide all the evidence that would be required in an audit and in consequence I do not declare an audit opinion on the said accounts.

Independent Examiner's Statement

Regarding my examination, nothing has come to my attention which:

1. Gives reasonable cause to believe that there in any material respect the requirements:
 - a. To keep accounting records in accordance with section 41 of the 1993 Act; and
 - b. To prepare accounts which accord with the accounting records and comply with the accounting requirements of the Act have not been met; or
2. To which, in my opinion, attention should be drawn to enable a proper understanding of the accounts to be reached.

A handwritten signature in black ink, appearing to read 'Hywel Anthony', with a long horizontal flourish extending to the right.

Hywel Anthony Sept 2024
Darling Farm High Street Mickleton
Chipping Campden Gloucestershire GL55 6RJ