



Registered Charity 1160305

The Steph Talbot Cardiac Rehabilitation Unit
Level 3, Yeovil District Hospital,
Yeovil
Somerset
BA21 4AT
Tel: 01935 384884

Email: www.yeovilheartbeat.org.uk

YEovil HEARTBEAT TRUSTEES REPORT FOR THE PERIOD 01/04/2022 TO 31/03/2023

COVID Pandemic continued to affect the Charity's work throughout the period of this report. Fund-raising efforts have been extremely limited. The Gym opened, but initially for a limited number of cardiac patients at each Phase 4 class, although the number of classes held each week went back to pre-COVID levels. Phase 3 classes for those who have recently had heart events and required advice with exercise and confidence issues were continued throughout the period but with strict cleansing routines for all equipment. Gradually the numbers attending both the free Phase 3 and paid for Phase 4 classes were opened to larger numbers but have **only just** returned to pre-COVID numbers. Cleansing of equipment was initially conducted stringently throughout each session to maintain infection control, but this was gradually reduced to personal choice by the end of the period.

Most receipts during the year have come from Donations, Building Society Interest, the '200 Club' Lottery and gym fees, although the latter is still reduced from pre Covid levels. The level of receipts, although increased slightly from our last report, is less than in previous years. The cost to participants attending **Phase 4** classes was raised towards the end of the period from £3 to £4 a session to maintain receipts at an acceptable level. Donations made to the Charity more than doubled from the previous year. The '200 Club' continues to be a real bonus for the Charity with increasing numbers of participants, now over 300, thereby boosting revenue from that source. Building Society interest has increased slightly. We were again able to resume our annual Band Concert which gave a healthy profit, but our Seasonal Dinner Dance was unfortunately cancelled at the last minute due to lack of interest, again a hangover from Covid.

Expenditure again centered around the provision of gym facilities, although Instructors fees are now accounted for as an excess of gym receipts over fees paid. With the numbers attending classes not yet reaching pre Covid levels costs for new equipment have been reduced to just consumables, there has been no expenditure on major items of gym equipment. There has been an increase in fees paid for the provision of courses for Staff continued professional development, mainly due to the commencement of educational activity post COVID. The costs for counseling services have slightly decreased over the year, it is considered to be an extremely effective tool in the assistance to patients and their families suffering the after-effects of cardiac problems. Sundries accounted for some costs including 'Thank you' presentations to very valuable volunteers, numbers used throughout the period reduced. Charity Trustees Meetings were held regularly, but not at previous periodicities.

The Charity has maintained a healthy financial position, despite some concerns remaining over the problems of COVID and the continued considerable reduction in the numbers of attendees. However, there are signs that confidence is returning, and numbers are increasing, it is hoped that during the next report period numbers will increase and full fund raising will resume.

Signed: Alan Wickes
Position Held: Honorary Chairman
Dated: 10th November 2022

RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2023

RECEIPTS	£	PAYMENTS	£
Balance of funds at 1 st April 2022	196,101		
Donations	19,661	Staff Costs	
Excess of Gym Fees over Instructors Fees	2,678	Course Fees	3,815
Profit from Merchandise	185	Staff Uniforms	342
Profit from Regalia Sales	53	Gym Expenses	
Profit from Band Concert	758	New Equipment	250
Profit from Xmas Draw	705	Equipment Repairs & Servicing	1,837
From 200 Club	4,600	Gym Office Equipment	1,118
Investment Income		Counselling	1,350
Bank Interest	252	Presents for Volunteers	124
Building Society Interest	922	Postage & Stationery	286
Barclays Share Dividend	58	Sundry Items	57
TOTAL RECEIPTS	29,872	TOTAL PAYMENTS	9,179
		Balances at 31st March 2023	
		Building Society 1	86,340
		Building Society 2	66,932
		Bank	63,508
		Cash in Hand	14
			216,794
	£225,973		£225,973

Signed *J. E. Smith* (Hon. Treasurer)

Date *4/7/2023*

AUDITOR'S STATEMENT

I have examined the above Receipts and Payments Account and confirm that it is in accordance with the books and records made available to me and shows the cash balances in hand at 31st March 2023.

Signed *G. Nicholas*
Name *GERALD NICHOLAS*

Date *16/8/2023*
Address *TANDRIDGE,*
ASHLANDS RD,
CREW KERNE, TA18 7BP

NOTE Yeovil Heartbeat also hold 648 Barclays PLC Ordinary Shares – Value at 31st March 2023 £948

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