



Registered Charity 1160305

The Steph Talbot Cardiac Rehabilitation Unit
Level 3, Yeovil District Hospital,
Yeovil
Somerset
BA21 4AT
Tel: 01935 384884

Email: www.yeovilheartbeat.org.uk

YEovil HEARTBEAT TRUSTEES REPORT FOR THE PERIOD 01/04/2021 TO 31/03/2022

The continuing COVID Pandemic has again severely curtailed the Charity's work throughout the period of this report. No fund-raising efforts have taken place. The Gym remained closed for the early part of the period apart from Phase 3 classes for those who have recently had heart events and required advice with exercise and confidence issues. The Phase 4 classes, for the ongoing support of cardiac patients, did recommence but with much reduced numbers allowed, only ten attendees per class. Thorough cleansing of equipment was conducted throughout each session to maintain infection control.

Most receipts in the period have come from Donations, Building Society Interest, the '200 Club' Lottery and gym fees although reduced from pre Covid levels. The level of receipts, although increased from our last report, is again reduced from previous years, donations made to the Charity and Gymnasium fees doubled from last year but are down on pre Covid years. The '200 Club' continues to be a real bonus for the Charity with increasing numbers of participants thereby boosting revenue from that source. Building Society interest has remained fairly constant.

The major items of expenditure centered on gym facilities with an increase in the payments to Fully Trained instructors and provision of courses for their continued professional development. With reduced numbers attending classes costs for new equipment have fallen significantly. The costs for counseling services have increased fourfold but is considered to be an extremely effective tool in the assistance of patients and their families suffering the after-effects of cardiac problems. Sundries accounted for some costs including presentations to retiring Trustees along with the maintenance and consumables for the Identity card system and credit card reader.

The number of Volunteers used throughout the period reduced. There were a few Trustees Meetings held but not at previous periodicities.

The Charity has maintained a healthy financial position despite the problems of COVID and it is hoped that fund raising can resume in the financial year 2022/2023.

Signed: Alan Wickes
Position Held: Honorary Chairman
Dated: 10th November 2022

RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2022

RECEIPTS	£	PAYMENTS	£
Balance of funds at 1 st April 2021	194,487		
Donations	9,360	Staff Costs	
Gym Fees	10,198	Instructors Fees	18,394
Profit from Merchandise	9	Courses	1,191
From 200 Club	4,100	Staff Uniforms	260
Refund of Course Fee	1,185	Gym Expenses	
Investment Income		New Equipment	208
Bank Interest	5	Repairs and Servicing	1,118
Building Society Interest	1,014	Gym Office Equipment	171
Barclays Share Dividend	19	Identity Card System	307
		Counselling	1,950
		Gifts and Presentations	291
		Vitamin Oils	197
		Web Site Fees	108
		Postage and Stationery	81
TOTAL RECEIPTS	25,890	TOTAL PAYMENTS	24,276
		Balances at 31st March 2022	
		Building Society 1	85,486
		Building Society 2	66,865
		Bank	43,750
		Cash in Hand	0
			196,101
	<u>£220,377</u>		<u>£220,377</u>

Signed J. A. Smith (Hon. Treasurer)Date 31/5/22

AUDITOR'S STATEMENT

I have examined the above Receipts and Payments Account and confirm that it is in accordance with the books and records made available to me and shows the cash balances in hand at 31st March 2022.

Signed G. Nicholas
 Name GERALD NICHOLAS

Date 4-10-2022
 Address TANDRAD CE, ASHLANDS RD,
CNEWKEW, TA18 7BP

NOTE Yeovil Heartbeat also hold 648 Barclays PLC Ordinary Shares – Value at 4th April 2022 (146.62) £950

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