

# YEOVIL HEARTBEAT

England & Wales · Charity number 1160305

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2015-02-03

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Cardiac Rehabilitation Department  
Yeovil District Hospital  
Higher Kingston  
Yeovil  
Somerset  
BA21 4AT

**Phone** 01935384884

**Email** [cardiac.rehab@ydh.nhs.uk](mailto:cardiac.rehab@ydh.nhs.uk)

**Website** [www.yeovilheartbeat.org.uk](http://www.yeovilheartbeat.org.uk)

## Activities

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**Objects:** THE OBJECTS OF THE CIO ARE PRESERVATION AND PROTECTION OF GOOD HEALTH FOR THE PUBLIC BENEFIT IN YEOVIL AND DISTRICT FOR PATIENTS WHO HAVE SUFFERED HEART RELATED CONDITIONS BY PROVIDING FACILITIES TO ENABLE THEM TO UNDERGO AN EXERCISE PROGRAMME MONITORED BY APPROPRIATELY TRAINED STAFF AND BY SUPPORTING CARDIAC REHABILITATION AND EDUCATION IN THE AREA COVERED BY YEOVIL DISTRICT HOSPITAL.

**Activities:** The charity provides support to a cardiac rehabilitation programme, including exercise classes and counselling services, for all cardiac patients in the catchment area of Yeovil District Hospital. Fundraising events and private donations enable the charity to maintain and replace gym equipment for the rehabilitation unit and to fund specialist training for the cardiac staff at YDH.

## Classification

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- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Elderly/old People, People With Disabilities

## Geography

- Dorset
- Somerset

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£57,613	£50,483	-	-
2024-03-31	£62,697	£50,421	-	-
2023-03-31	£29,872	£28,687	-	-
2022-03-31	£25,890	£24,276	-	-
2021-03-31	£15,381	£21,188	-	-

## Trustees

Name	Role	Appointed
<b>Ashley Davidson</b>	Chair	2014-04-01
Andrew Woods		2023-10-09
Anthony Love		2023-10-09
Henry Philip Eveleigh		2014-04-01
Janet Margaret Bamford		2024-12-09
John Sims Hayward		2014-04-01
Paul Hurt		2014-04-01
Rita Janice Hurt		2014-04-01
TERENCE STREET		2014-04-01
Terence Edward Hort		2025-04-14

**YEOVIL HEARTBEAT**

England & Wales - Charity number 1160305

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# Accounts

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# Yeovil Heartbeat

Charity Registration Number: 1160305

## Trustees' Annual Report and Financial Statements for the Year Ended 31 March 2025

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# Yeovil Heartbeat

## Trustees' Annual Report and Financial Statements 2024-25

### 1) Administrative Details

#### Trustees:

Ashley Davidson	Chair
Andrew Woods	Secretary
Anthony Love	Treasurer
Rita Hurt	
Henry Philip Eveleigh	
Terence Street	
John Hayward	
Paul Hurt	
Janet Margaret Bamford	Appointed 09/12/2024

#### Contact address:

Yeovil Heartbeat,  
Cardiac Rehabilitation Dept,  
Yeovil District Hospital,  
Higher Kingston,  
Yeovil BA21 4AT

#### Independent Examiner:

Mr Timothy Cooper, ACA ICAEW.

# Yeovil Heartbeat

## Trustees' Annual Report and Financial Statements 2024-25

### 2) Trustees' Annual Report

The Trustees submit their annual report following the provisions of SORP (FRS 102).

#### **Structure and Management:**

Yeovil Heartbeat is a registered CIO (2015) and is governed by its constitution (revised 2015).

The trustees are all volunteers. The Trustees are authorised to co-opt new members to fill vacancies in order to ensure adequate representation and diversity. The trustees work with Yeovil District Hospital (YDH) Cardio Department to try to ensure the department is represented on the board of trustees.

The Trustees are aware of their responsibilities regarding public benefit in accordance with the guidance issued by the Charity Commission.

Management decisions are taken by the trustees in their regular meetings. Decisions are informed by advice from the YDH Cardio Department staff and from the team of Phase 4 qualified gym instructors. Regular liaison takes place between these bodies.

#### **Objectives and Activities:**

The purpose of the charity is to support the work of the Cardiac Rehabilitation Unit at YDH, especially the Phase 4 exercise classes, which allow cardiac patients in the local area a lifelong option to maintain their cardiac health.

The department provides Phases 1, 2, 3 and 4 of cardiac rehabilitation from the unit based at YDH. All staff costs for Phases 1 to 3 are met by the NHS Trust. The exercise equipment for phases 3 and 4 and the staff costs for the phase 4 provision are met by the charity along with specialised training needs for the staff.

Regular maintenance of gym equipment is overseen by phase 4 instructor Eddy Turner. Where equipment needs replacing/renewing he will refer to the trustees. The payment rate for gym instructors is set by the trustees and is reviewed annually. It is benchmarked against the rates for local gyms and by the income from gym fees.

Volunteers assist with fund raising events, the upkeep of the gym and assisting patients in Phase 3 sessions.

#### **Achievements and Performance:**

The Cardiac rehabilitation unit provides information, support and exercise options for all cardiac patients who attend YDH. Patients can also be referred in by other hospitals or their GP. Counselling services are provided and funded where necessary.

We see assisted approximately 250 to 350 new patients this year, enabling them to return to their lives healthier and more knowledgeable on how to maintain and improve their cardiac

# Yeovil Heartbeat

## Trustees' Annual Report and Financial Statements 2024-25

health. Many patients return for the voluntary Phase 4 sessions to maintain and further improve their fitness.

Despite the recent hospital merger, we continue to support the local Acute coronary syndrome, arrhythmia and heart failure teams assisting with training costs that the newly merged Trust is unable to provide. This ensures that the Specialist nurses are fully up to date with the latest research and treatment options in their field.

There were no major fundraising events held this year, but significant contributions were received from the 2024 Yeovil Rotary Club Community Xmas draw; Taryn Monk's sponsored marathon and the sale of surplus Yeovil Heartbeat clothing and other merchandise by Eddy Turner. The 200 Club continues to provide a regular monthly income. Donations from current and ex patients also add valuable amounts.

Plans are advanced to hold a summer 2025 grand prize draw in collaboration with Yesterday's Farming and to once again link up with the Yeovil Concert Band to hold an Xmas 2025 charity concert and raffle.

# Yeovil Heartbeat

## Trustees' Annual Report and Financial Statements 2024-25

### 3) Financial Statement

The financial position of Yeovil Heartbeat is strong with a trading balance of £24,736 at the year end and with £220,000 held in Designated Reserves.

**The Reserves Policy**, which was unanimously approved by the trustees at their meeting on 8<sup>th</sup> April 2024, sets out why Yeovil Heartbeat holds its particular level of reserves and how the Trustees seek to ensure financial stability and sustainability.

Retaining a floating fund of approximately £20,000 for day-to-day trading, at present the Charity has £220,000 in Unrestricted Reserve funds. These are allocated to two Designated Reserve Funds:

- 1) **Trading Contingency Reserve Fund.** The Trustees believe that £20,000 of unrestricted reserves (equating to approximately 6 months' operating expenditure) is an adequate and appropriate minimum level of reserves for a resilient business model, allowing the Charity to continue to provide rehabilitation services in the case of a period of severely reduced income (e.g. a pandemic).
- 2) **Gym Refurbishment Reserve Fund.** The Trustees have assigned £200,000 of unrestricted reserves to be retained for refurbishment of the gym and the gym equipment. There are currently 20 professional cardiovascular exercise machines which are in use on a daily basis and all except 4 machines are over 8 years old. Currently they are maintainable but they are showing significant signs of wear. The Trustees want to anticipate replacing them when the cost of maintaining them becomes uneconomic and also to be able to refurbish the gym itself.

Yeovil Heartbeat's principal source of funds is from donations and gym fees from patients who voluntarily attend our cardiac rehabilitation sessions. We also receive funds from the profit from our 200 Club, bank interest, fundraising events (e.g. sponsored runs, band concert and raffles), sundry clothing sales and book sales.

Yeovil Heartbeat's principal outgoings are for gym instructor fees, gym equipment, maintenance, training, counselling and sundry clothing and expenses.

Yeovil Heartbeat does not have an Investment Policy but we have historically retained 648 ordinary shares in Barclays Bank.

The principal risk we face is from a severe downturn in attendees of our cardiac rehabilitation sessions (e.g. from a pandemic) resulting in revenue loss, whilst having to maintain our operating expenses. We have mitigated this risk by allocating a Trading Contingency Reserve of £20,000.

# Yeovil Heartbeat

## Trustees' Annual Report and Financial Statements 2024-25

### 4) Income and Expenditure Account

#### Income and Expenditure Account As at 31 March 2025

		2025	2024
	Notes	£	£
Income	1	57,613	62,697
Operating Expenses	2	(50,483)	(50,421)
Operating Income		7,129	12,275
Interest Received	3	3,282	3,351
Surplus on Operating Activities		10,411	15,626
Funds Bought Forward LY		232,420	216,794
Funds Carried Forward TY		242,832	232,420
Reserved Funds		220,000	220,000
<b>Trading Balance</b>		<b>22,832</b>	<b>12,420</b>
Stocks	6	1,904	1,187
<b>Equity Balance</b>		<b>24,736</b>	<b>13,607</b>

# Yeovil Heartbeat

## Trustees' Annual Report and Financial Statements 2024-25

### 5) Balance Sheet

#### Balance Sheet As at 31 March 2025

	Notes	2025 £	2024 £
<b>Assets</b>			
Cash and Cash Equivalents	4	244,980	245,577
Accounts Receivable	5	2,494	5,043
Stocks	6	1,904	1,187
Total Assets		<u>249,378</u>	<u>251,808</u>
<b>Liabilities</b>			
Accounts Payable	7	(2,042)	(412)
Accruals	8	(2,600)	(17,788)
Total Liabilities		<u>(4,642)</u>	<u>(18,200)</u>
<b>Net Assets</b>		<u>244,736</u>	<u>233,608</u>
<b>Reserves</b>			
Trading Contingency Reserve		20,000	20,000
Gym Refurbishment Reserve		200,000	200,000
Total Reserves		<u>220,000</u>	<u>220,000</u>
<b>Equity Balance</b>		<u>24,736</u>	<u>13,608</u>

# Yeovil Heartbeat

## Trustees' Annual Report and Financial Statements 2024-25

### 6) Notes to the Financial Statements

- 1) Income from charitable activities as stated above in the Financial Statement.
- 2) Operating Expenses for charitable activities as stated above in the Financial Statement.
- 3) Interest is received from NatWest bank and Manchester Building Society. We also hold new accounts with Cambridge and Counties Building Society and Redwood Bank but no interest has been paid in this financial year.
- 4) Cash in hand and cash at banks at beginning of year.
- 5) Debtors at year end.
- 6) 648 ordinary shares held in Barclays Bank plc at valuation.
- 7) Creditors at year end.
- 8) Payment obligations for services received, mainly Gym Instructor fees pending.

# Yeovil Heartbeat

## Trustees' Annual Report and Financial Statements 2024-25

### 7) Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Society as required by section 130 of the Act; or
2. The accounts do not accord with those records; or
3. The accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signature:



Date: 14<sup>th</sup> January 2026

Name: Timothy Cooper, ACA ICAEW.

184 St Johns Road

Woking

Surrey

# Yeovil Heartbeat

## Trustees' Annual Report and Financial Statements 2024-25

### 8) Statement of Trustees' Responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards.

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that period.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees on 14th January 2026 and signed on their behalf by:

Signature:



Date: 15/1/26.

Name and position: Ashley Davidson Chair

Signature:



Date:

16/01/26

Name and position: Andrew Woods Secretary

**YEOVIL HEARTBEAT**

England & Wales - Charity number 1160305

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# Accounts

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# **Yeovil Heartbeat**

**Charity Registration Number: 1160305**

## **Trustees' Annual Report and Financial Statements for the Year Ended 31 March 2024**

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# Yeovil Heartbeat

## Trustees' Annual Report and Financial Statements 2023-24

### 1) Administrative Details

#### Trustees:

Ashley Davidson	Chair
Andrew Woods	Secretary
Anthony Love	Treasurer
Rita Hurt	
Henry Philip Eveleigh	
Terence Street	
John Hayward	
Paul Hurt	
Alan Wickes	(resigned 01/06/2024)
Anne Caines	(resigned 01/01/2024)
Denise Street	(resigned 01/12/2023)

#### Contact address:

Yeovil Heartbeat,  
Cardiac Rehabilitation Dept,  
Yeovil District Hospital,  
Higher Kingston,  
Yeovil BA21 4AT

#### Independent Examiner:

Mr Timothy Cooper, ACA ICAEW.

# Yeovil Heartbeat

## Trustees' Annual Report and Financial Statements 2023-24

### 2) Trustees' Annual Report

The Trustees submit their annual report following the provisions of SORP (FRS 102).

#### **Structure and Management:**

Yeovil Heartbeat is a registered CIO (2015) and is governed by its constitution (revised 2015).

The trustees are all volunteers. The Trustees are authorised to co-opt new members to fill vacancies in order to ensure adequate representation and diversity. The trustees work with Yeovil District Hospital (YDH) Cardio Department to try to ensure the department is represented on the board of trustees.

The Trustees are aware of their responsibilities regarding public benefit in accordance with the guidance issued by the Charity Commission.

Management decisions are taken by the trustees in their regular meetings. Decisions are informed by advice from the YDH Cardio Department staff and from the team of Phase 4 qualified gym instructors. Regular liaison takes place between these bodies.

#### **Objectives and Activities:**

The purpose of the charity is to support the work of the Cardiac Rehabilitation Unit at YDH, especially the Phase 4 exercise classes, which allow cardiac patients in the local area a lifelong option to maintain their cardiac health.

The department provides Phases 1, 2, 3 and 4 of cardiac rehabilitation from the unit based at YDH. All staff costs for Phases 1 to 3 are met by the NHS Trust. The exercise equipment for phases 3 and 4 and the staff costs for the phase 4 provision are met by the charity along with specialised training needs for the staff.

Regular maintenance of gym equipment is overseen by phase 4 instructor Matthew King. Where equipment needs replacing/renewing he will refer to the trustees. The payment rate for gym instructors is set by the trustees and is reviewed annually. It is benchmarked against the rates for local gyms and by the income from gym fees.

Volunteers assist with fund raising events, the upkeep of the gym and assisting patients in Phase 3 sessions.

#### **Achievements and Performance:**

The Cardiac rehabilitation unit provides information, support and exercise options for all cardiac patients who attend YDH. Patients can also be referred in by other hospitals or their GP. Counselling services are provided and funded where necessary.

We have assisted approximately 250 to 350 new patients this year, enabling them to return to their lives healthier and more knowledgeable on how to maintain and improve their

# **Yeovil Heartbeat**

## **Trustees' Annual Report and Financial Statements 2023-24**

cardiac health. Many patients return for the voluntary Phase 4 sessions to maintain and further improve their fitness.

This year has been one of great change for the cardiac rehabilitation unit as the Trust has merged with Taunton Musgrove Hospital to create Somerset NHSFT. YDH cardiac rehabilitation unit (with the support of Yeovil Heartbeat) continues to meet all local and national targets set.

Fundraising has been somewhat limited since COVID, but the charity remains in a healthy financial position as a result of donations and occasional fundraising activities.

# Yeovil Heartbeat

## Trustees' Annual Report and Financial Statements 2023-24

### 3) Financial Statement

The financial position of Yeovil Heartbeat is strong with a trading balance of £12,420 at the year end and with £220,000 held in Designated Reserves.

**The Reserves Policy**, which was unanimously approved by the trustees at their meeting on 8<sup>th</sup> April 2024, sets out why Yeovil Heartbeat holds its particular level of reserves and how the Trustees seek to ensure financial stability and sustainability.

Retaining approximately a £15,000 floating fund for day-to-day trading, at present the Charity has £220,000 in Unrestricted Reserve funds. These are allocated to two Designated Reserve Funds:

- 1) **Trading Contingency Reserve Fund.** The Trustees believe that £20,000 of unrestricted reserves (equating to approximately 6 months' operating expenditure) is an adequate and appropriate minimum level of reserves for a resilient business model, allowing the Charity to continue to provide rehabilitation services in the case of a period of severely reduced income (e.g. a pandemic).
- 2) **Gym Refurbishment Reserve Fund.** The Trustees have assigned £200,000 of unrestricted reserves to be retained for refurbishment of the gym and the gym equipment. There are currently 20 professional cardiovascular exercise machines which are in use on a daily basis and all except 4 machines are over 7 years old. Currently they are maintainable but they are showing significant signs of wear. The Trustees want to anticipate replacing them when the cost of maintaining them becomes uneconomic and also to be able to refurbish the gym itself.

Yeovil Heartbeat's principal source of funds is from donations and gym fees from patients who voluntarily attend our cardiac rehabilitation sessions. We also receive funds from the profit from our 200 Club, bank interest, fundraising events (e.g. sponsored runs, band concert and a dog show) and sundry clothing and book sales.

Yeovil Heartbeat's principal outgoings are for gym instructor fees, gym equipment, maintenance, training, counselling and sundry clothing and expenses.

Yeovil Heartbeat does not have an Investment Policy but we have historically retained 648 ordinary shares in Barclays Bank.

The principal risk we face is from a severe downturn in attendees of our cardiac rehabilitation sessions (e.g. from the pandemic) resulting in revenue loss, whilst having to maintain our operating expenses. We have mitigated this risk by allocating a Trading Contingency Reserve of £20,000.

# Yeovil Heartbeat

## Trustees' Annual Report and Financial Statements 2023-24

### 4) Income and Expenditure Account

#### Income and Expenditure Account As at 31 March 2024

		2024	2023
	Notes	£	£
Income	1	62,697	28,640
Operating Expenses	2	(50,421)	(9,179)
Operating Income		12,275	19,461
Interest Received	3	3,351	1,232
Surplus on Operating Activities		15,626	20,693
Funds Bought Forward LY		216,794	196,101
Funds Carried Forward TY		232,420	216,794
Reserved Funds		220,000	210,000
<b>Trading Balance</b>		<b>12,420</b>	<b>6,794</b>
Stocks	6	1,187	948
Equity Balance		13,607	7,742

# Yeovil Heartbeat

## Trustees' Annual Report and Financial Statements 2023-24

### 5) Balance Sheet

#### Balance Sheet

As at 31 March 2024

	Notes	2024 £	2023 £
<b>Assets</b>			
Cash and Cash Equivalents	4	245,577	216,794
Accounts Receivable	5	5,043	0
Stocks	6	1,187	948
Total Assets		<u>251,808</u>	<u>217,742</u>
<b>Liabilities</b>			
Accounts Payable	7	(412)	0
Accruals	8	(17,788)	0
Total Liabilities		<u>(18,200)</u>	<u>0</u>
<b>Net Assets</b>		<u>233,608</u>	<u>217,742</u>
<b>Reserves</b>			
Trading Contingency Reserve		20,000	10,000
Gym Refurbishment Reserve		200,000	200,000
Total Reserves		<u>220,000</u>	<u>210,000</u>
<b>Equity Balance</b>		<u>13,608</u>	<u>7,742</u>

# Yeovil Heartbeat

## Trustees' Annual Report and Financial Statements 2023-24

### 6) Notes to the Financial Statements

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- 8) Payment obligations for services received, mainly Gym Instructor fees pending.

# Yeovil Heartbeat

## Trustees' Annual Report and Financial Statements 2023-24

### 7) Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Society as required by section 130 of the Act; or
2. The accounts do not accord with those records; or
3. The accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signature:



Date: 21/05/25

**Name: Timothy Cooper, ACA ICAEW.**

184 St Johns Road  
Woking  
Surrey

# Yeovil Heartbeat

## Trustees' Annual Report and Financial Statements 2023-24

### 8) Statement of Trustees' Responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards.

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The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees on 9<sup>th</sup> June 2025 and signed on their behalf by:

**Signature:**

**Date:**



9/6/25.

**Name and position: Ashley Davidson      Chair**

**Signature:**

**Date:** 9/6/2025



**Name and position: Andrew Woods      Secretary**

**YEOVIL HEARTBEAT**

England & Wales - Charity number 1160305

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# Accounts

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Registered Charity 1160305

The Steph Talbot Cardiac Rehabilitation Unit  
Level 3, Yeovil District Hospital,  
Yeovil  
Somerset  
BA21 4AT  
Tel: 01935 384884

Email: [www.yeovilheartbeat.org.uk](http://www.yeovilheartbeat.org.uk)

### **YEovil HEARTBEAT TRUSTEES REPORT FOR THE PERIOD 01/04/2022 TO 31/03/2023**

COVID Pandemic continued to affect the Charity's work throughout the period of this report. Fund-raising efforts have been extremely limited. The Gym opened, but initially for a limited number of cardiac patients at each Phase 4 class, although the number of classes held each week went back to pre-COVID levels. Phase 3 classes for those who have recently had heart events and required advice with exercise and confidence issues were continued throughout the period but with strict cleansing routines for all equipment. Gradually the numbers attending both the free Phase 3 and paid for Phase 4 classes were opened to larger numbers but have **only just** returned to pre-COVID numbers. Cleansing of equipment was initially conducted stringently throughout each session to maintain infection control, but this was gradually reduced to personal choice by the end of the period.

Most receipts during the year have come from Donations, Building Society Interest, the '200 Club' Lottery and gym fees, although the latter is still reduced from pre Covid levels. The level of receipts, although increased slightly from our last report, is less than in previous years. The cost to participants attending **Phase 4** classes was raised towards the end of the period from £3 to £4 a session to maintain receipts at an acceptable level. Donations made to the Charity more than doubled from the previous year. The '200 Club' continues to be a real bonus for the Charity with increasing numbers of participants, now over 300, thereby boosting revenue from that source. Building Society interest has increased slightly. We were again able to resume our annual Band Concert which gave a healthy profit, but our Seasonal Dinner Dance was unfortunately cancelled at the last minute due to lack of interest, again a hangover from Covid.

Expenditure again centered around the provision of gym facilities, although Instructors fees are now accounted for as an excess of gym receipts over fees paid. With the numbers attending classes not yet reaching pre Covid levels costs for new equipment have been reduced to just consumables, there has been no expenditure on major items of gym equipment. There has been an increase in fees paid for the provision of courses for Staff continued professional development, mainly due to the commencement of educational activity post COVID. The costs for counseling services have slightly decreased over the year, it is considered to be an extremely effective tool in the assistance to patients and their families suffering the after-effects of cardiac problems. Sundries accounted for some costs including 'Thank you' presentations to very valuable volunteers, numbers used throughout the period reduced. Charity Trustees Meetings were held regularly, but not at previous periodicities.

The Charity has maintained a healthy financial position, despite some concerns remaining over the problems of COVID and the continued considerable reduction in the numbers of attendees. However, there are signs that confidence is returning, and numbers are increasing, it is hoped that during the next report period numbers will increase and full fund raising will resume.

Signed: Alan Wickes  
Position Held: Honorary Chairman  
Dated: 10<sup>th</sup> November 2022

**RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2023**

RECEIPTS	£	PAYMENTS	£
Balance of funds at 1 <sup>st</sup> April 2022	196,101		
Donations	19,661	Staff Costs	
Excess of Gym Fees over Instructors Fees	2,678	Course Fees	3,815
Profit from Merchandise	185	Staff Uniforms	342
Profit from Regalia Sales	53	Gym Expenses	
Profit from Band Concert	758	New Equipment	250
Profit from Xmas Draw	705	Equipment Repairs & Servicing	1,837
From 200 Club	4,600	Gym Office Equipment	1,118
Investment Income		Counselling	1,350
Bank Interest	252	Presents for Volunteers	124
Building Society Interest	922	Postage & Stationery	286
Barclays Share Dividend	58	Sundry Items	57
<b>TOTAL RECEIPTS</b>	<b>29,872</b>	<b>TOTAL PAYMENTS</b>	<b>9,179</b>
		<b>Balances at 31<sup>st</sup> March 2023</b>	
		Building Society 1	86,340
		Building Society 2	66,932
		Bank	63,508
		Cash in Hand	14
	<u>£225,973</u>		<u>216,794</u>
			<u>£225,973</u>

Signed *J. A. Smith* (Hon. Treasurer)

Date *4/7/2023*

**AUDITOR'S STATEMENT**

I have examined the above Receipts and Payments Account and confirm that it is in accordance with the books and records made available to me and shows the cash balances in hand at 31<sup>st</sup> March 2023.

Signed *G. Nicholas*  
 Name *GERALD NICHOLAS*

Date *16/8/2023*  
 Address *TANDRICE,*  
*ASHLANDS RD,*  
*CREW KERNE, TA18 7BP*

NOTE Yeovil Heartbeat also hold 648 Barclays PLC Ordinary Shares – Value at 31<sup>st</sup> March 2023 £948

**RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2023**

RECEIPTS	£	PAYMENTS	£
Balance of funds at 1 <sup>st</sup> April 2022	196,101		
Donations	19,661	Staff Costs	
Excess of Gym Fees over Instructors Fees	2,678	Course Fees	3,815
Profit from Merchandise	185	Staff Uniforms	342
Profit from Regalia Sales	53	Gym Expenses	
Profit from Band Concert	758	New Equipment	250
Profit from Xmas Draw	705	Equipment Repairs & Servicing	1,837
From 200 Club	4,600	Gym Office Equipment	1,118
Investment Income		Counselling	1,350
Bank Interest	252	Presents for Volunteers	124
Building Society Interest	922	Postage & Stationery	286
Barclays Share Dividend	58	Sundry Items	57
<b>TOTAL RECEIPTS</b>	<b>29,872</b>	<b>TOTAL PAYMENTS</b>	<b>9,179</b>
		<b>Balances at 31<sup>st</sup> March 2023</b>	
		Building Society 1	86,340
		Building Society 2	66,932
		Bank	63,508
		Cash in Hand	14
	<u>£225,973</u>		<u>216,794</u>
			<u>£225,973</u>

Signed J. A. [Signature] (Hon. Treasurer)

Date 4/7/2023

**AUDITOR'S STATEMENT**

I have examined the above Receipts and Payments Account and confirm that it is in accordance with the books and records made available to me and shows the cash balances in hand at 31<sup>st</sup> March 2023.

Signed G. Nicholas  
Name GERALD NICHOLAS

Date 16/8/2023  
Address TANDRICE,  
ASHLANDS RD,  
CREW KERNE, TA18 7BP

NOTE Yeovil Heartbeat also hold 648 Barclays PLC Ordinary Shares – Value at 31<sup>st</sup> March 2023 £948

**YEOVIL HEARTBEAT**

England & Wales - Charity number 1160305

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# Accounts

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Registered Charity 1160305

The Steph Talbot Cardiac Rehabilitation Unit  
Level 3, Yeovil District Hospital,  
Yeovil  
Somerset  
BA21 4AT  
Tel: 01935 384884

Email: [www.yeovilheartbeat.org.uk](http://www.yeovilheartbeat.org.uk)

### **YEovil HEARTBEAT TRUSTEES REPORT FOR THE PERIOD 01/04/2021 TO 31/03/2022**

The continuing COVID Pandemic has again severely curtailed the Charity's work throughout the period of this report. No fund-raising efforts have taken place. The Gym remained closed for the early part of the period apart from Phase 3 classes for those who have recently had heart events and required advice with exercise and confidence issues. The Phase 4 classes, for the ongoing support of cardiac patients, did recommence but with much reduced numbers allowed, only ten attendees per class. Thorough cleansing of equipment was conducted throughout each session to maintain infection control.

Most receipts in the period have come from Donations, Building Society Interest, the '200 Club' Lottery and gym fees although reduced from pre Covid levels. The level of receipts, although increased from our last report, is again reduced from previous years, donations made to the Charity and Gymnasium fees doubled from last year but are down on pre Covid years. The '200 Club' continues to be a real bonus for the Charity with increasing numbers of participants thereby boosting revenue from that source. Building Society interest has remained fairly constant.

The major items of expenditure centered on gym facilities with an increase in the payments to Fully Trained instructors and provision of courses for their continued professional development. With reduced numbers attending classes costs for new equipment have fallen significantly. The costs for counseling services have increased fourfold but is considered to be an extremely effective tool in the assistance of patients and their families suffering the after-effects of cardiac problems. Sundries accounted for some costs including presentations to retiring Trustees along with the maintenance and consumables for the Identity card system and credit card reader.

The number of Volunteers used throughout the period reduced. There were a few Trustees Meetings held but not at previous periodicities.

The Charity has maintained a healthy financial position despite the problems of COVID and it is hoped that fund raising can resume in the financial year 2022/2023.

Signed: Alan Wickes  
Position Held: Honorary Chairman  
Dated: 10<sup>th</sup> November 2022

RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2022

RECEIPTS	£	PAYMENTS	£
Balance of funds at 1 <sup>st</sup> April 2021	194,487		
Donations	9,360	Staff Costs	
Gym Fees	10,198	Instructors Fees	18,394
Profit from Merchandise	9	Courses	1,191
From 200 Club	4,100	Staff Uniforms	260
Refund of Course Fee	1,185	Gym Expenses	
Investment Income		New Equipment	208
Bank Interest	5	Repairs and Servicing	1,118
Building Society Interest	1,014	Gym Office Equipment	171
Barclays Share Dividend	19	Identity Card System	307
		Counselling	1,950
		Gifts and Presentations	291
		Vitamin Oils	197
		Web Site Fees	108
		Postage and Stationery	81
<b>TOTAL RECEIPTS</b>	<b>25,890</b>	<b>TOTAL PAYMENTS</b>	<b>24,276</b>
		<b>Balances at 31<sup>st</sup> March 2022</b>	
		Building Society 1	85,486
		Building Society 2	66,865
		Bank	43,750
		Cash in Hand	0
			196,101
	<u>£220,377</u>		<u>£220,377</u>

Signed J. A. Hunt (Hon. Treasurer)

Date 31/5/22

AUDITOR'S STATEMENT

I have examined the above Receipts and Payments Account and confirm that it is in accordance with the books and records made available to me and shows the cash balances in hand at 31<sup>st</sup> March 2022.

Signed G. Nicholas  
 Name GERALD NICHOLAS

Date 4-10-2022  
 Address TANDRIDGE, ASHLANDS RD,  
 CREWKERNE, TA18 7BP

NOTE Yeovil Heartbeat also hold 648 Barclays PLC Ordinary Shares – Value at 4<sup>th</sup> April 2022 (146.62) £950

RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2022

RECEIPTS	£	PAYMENTS	£
Balance of funds at 1 <sup>st</sup> April 2021	194,487		
Donations	9,360	Staff Costs	
Gym Fees	10,198	Instructors Fees	18,394
Profit from Merchandise	9	Courses	1,191
From 200 Club	4,100	Staff Uniforms	260
Refund of Course Fee	1,185	Gym Expenses	
Investment Income		New Equipment	208
Bank Interest	5	Repairs and Servicing	1,118
Building Society Interest	1,014	Gym Office Equipment	171
Barclays Share Dividend	19	Identity Card System	307
		Counselling	1,950
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		Vitamin Oils	197
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		Postage and Stationery	81
<b>TOTAL RECEIPTS</b>	<b>25,890</b>	<b>TOTAL PAYMENTS</b>	<b>24,276</b>
		<b>Balances at 31<sup>st</sup> March 2022</b>	
		Building Society 1	85,486
		Building Society 2	66,865
		Bank	43,750
		Cash in Hand	0
			196,101
	<u>£220,377</u>		<u>£220,377</u>

Signed J. A. Hunt (Hon. Treasurer)

Date 31/5/22

AUDITOR'S STATEMENT

I have examined the above Receipts and Payments Account and confirm that it is in accordance with the books and records made available to me and shows the cash balances in hand at 31<sup>st</sup> March 2022.

Signed G. Nicholas  
 Name GERALD NICHOLAS

Date 4-10-2022  
 Address TANDRIDGE, ASHLANDS RD,  
 CREWKERNE, TA18 7BP

NOTE Yeovil Heartbeat also hold 648 Barclays PLC Ordinary Shares – Value at 4<sup>th</sup> April 2022 (146.62) £950

**YEOVIL HEARTBEAT**

England & Wales - Charity number 1160305

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# Accounts

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Registered Charity 1160305

The Steph Talbot Cardiac Rehabilitation Unit  
Level 3, Yeovil District Hospital,  
Yeovil  
Somerset  
BA21 4AT  
Tel: 01935 384884

Email: [www.yeovilheartbeat.org.uk](http://www.yeovilheartbeat.org.uk)

**YEovil HEARTBEAT TRUSTEES REPORT FOR THE PERIOD 01/04/2020 TO 31/03/2021**

The COVID Pandemic has severely affected the Charity's work throughout the whole period of this report. All the planned fund raising efforts had to be cancelled and the Gym has been closed for much of the time apart from Phase 3 classes for those who have recently had heart events and require advice with exercise and confidence issues.

The majority of receipts in the period have come from Donations, Building Society Interest, The 200 Club Lottery and, whenever possible, Gym fees. The level of receipts is however much reduced from previous years, donations are down to a third of last financial year, gymnasium fees are considerably reduced, but the 200 Club continues to be a real bonus for the Charity with receipts up on the previous years. Building Society interest has remained constant.

The major items of expenditure have centered on gym facilities and the payment of Fully Trained instructors although costs for new equipment have fallen significantly. Staff costs appear substantially higher than in previous years as they have not been offset against income (the income has been zero for a substantial proportion of the year as all classes were suspended) The costs for counseling services have also fallen to around a sixth of the previous year. Sundries accounted for some costs along with the provision of Blood pressure monitors for patient use, Galaxy Tablets to assist staff on the Wards and the purchase of a Card Reader to reduce handling of Cash.

In order to meet COVID requirements there was a need to purchase additional items so that the gym could reopen safely even with very limited numbers of patients.

The number of Volunteers used throughout the period was considerably reduced and there were no Trustees Meeting held.

The Charity has maintained a healthy financial position despite the problems of COVID and it is hoped that fund raising can resume in the next financial year.

Signed: Alan Wickes  
Position Held: Honorary Chairman  
Dated: 6<sup>th</sup> July 2021

**RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2021**

RECEIPTS	£	PAYMENTS	£
Balance of funds at 1 <sup>st</sup> April 2020	200,294		
Donations	5,752	Staff Costs	
Gym Fees	3,284	Staff Remuneration	14,615
Profit from Merchandise	72	Courses	625
From 200 Club	3,900	Staff Uniforms	157
Investment Income		Gym Expenses	
Bank Interest	20	New Equipment	1,969
Building Society Interest	1,337	Repairs and Servicing	437
Barclays Share Dividend	16	Gym Office Equipment	189
Uncashed Cheque 2019-20	1,000	Blood Pressure Monitors	564
		Samsung Galaxy Tablets	617
		Covid Hygiene Requirements	1,066
		Credit Card Reader	119
		Counselling	495
		Presentations and Presents	155
		Lottery Licence	20
		Web Site Fees	36
		Stationery	110
		Sundry Items	14
<b>TOTAL RECEIPTS</b>	<b>15,381</b>	<b>TOTAL PAYMENTS</b>	<b>21,188</b>
		<b>Balances at 31<sup>st</sup> March 2021</b>	
		Building Society 1	84,640
		Building Society 2	66,697
		Bank	43,150
		Cash in Hand	194,487
	<u>£215,675</u>		<u>£215,675</u>

Signed J. C. St. J. (Hon. Treasurer)

Date 27/9/2021

**AUDITOR'S STATEMENT**

I have examined the above Receipts and Payments Account and confirm that it is in accordance with the books and records made available to me and shows the cash balances in hand at 31<sup>st</sup> March 2020.

Signed G. J. Nicholas  
Name G. J. NICHOLAS

Date 19.10.2021  
Address TANDRIDGE  
ASHLANDS ROAD  
CREWKERNE, TA18 7BP

NOTE Yeovil Heartbeat also hold 648 Barclays PLC Ordinary Shares – Value at 27<sup>th</sup> September 2021 £1,207