

## The Andrew Rodger Trust

### Trustees Annual Report April 2022/2023

#### Charity Commission Registration 1160141

##### Context

Formed in 2014, The Andrew Rodger Trust aims to improve end of life care given by generalist frontline care -providers in low to middle income countries (LMIC) with a focus mainly on Africa. It is named after Andrew Rodger, who died aged 24 in 1982 in South Africa following a car accident in Botswana. He was exploring ways of supporting people and churches at the height of the Apartheid regime with plans for work there in future. He was married to Keri Thomas , who later became the founder of the Gold Standards Framework (GSF) charity used extensively in the UK. See <https://www.gsfinternational.org.uk/gsf-founders-story>

Most care for most people at the end of life is given by generalist frontline care-providers, staff or family carers. Everyone caring for a person in their final years might benefit from some training and support. So there is recognition of the need to train and enable more people caring for those nearing the end of their life across the world, with a rising need in poorer countries.

The burden of serious health-related suffering is rising fastest in low/middle -income countries (LMICs) and is escalating (Katherine Sleeman Kings EAPC 2019 ). It is estimated that in future there will be increased demand for palliative and end of life care. As predicted deaths in LMICs rise 80% of the need for palliative care is thought to come from resource poor / low and middle income (LMIC) countries in the future .See <https://www.gsfinternational.org.uk/andrew-rodger-trust-charity>  
For previous work in Africa see <https://www.gsfinternational.org.uk/gsf-africa>

##### What we do

The objective of this work is enabling ‘gold standard’ care for people nearing the end of life.

This is broadly focussed on enabling generalist frontline providers of care , working closely with palliative care specialists, to improve community support ,reduce the burden of care on hospitals and enable better experience of care and quality of life for those nearing the end of life. We seek to enable care that is **proactive** through earlier recognition of decline , **personalised** to meet clinical needs and personal needs by offering advance care planning discussions, and **coordinated** to ensure the right care at the right time given by all care providers- a gold standard of care .

We seek to play a role in relieving serious health-related suffering (SHRS) and improve palliative and end of life care either directly or by enabling others, supporting more people to have a better experience of care and quality of life, and to live well until they die.

To do this we co-adapt the expertise and lessons learnt from over 25 years of GSF in the UK and worldwide to their local context. This includes; tools and resources, academic and research experience, advocacy at national policy levels, as well as an integration of spiritual values.

Outline of the charity’s work in: \_

1. **Training programmes and mentoring for generalists in palliative/ end of life care, sharing lessons from the UK’s GSF (Gold Standards Framework UK) .**
2. **Research, evaluation studies and academic collaborations**
3. **Spiritual and religious support and training**

The trustees, who remain the same as last year, continue to explore how to support resource-poor countries particularly in Africa provide better care for people nearing the end of their lives. This builds upon the expertise and experience in this area of the UK's Gold Standards Framework Centre (GSF) in End of Life care, from its founder and Chairman Professor Keri Thomas OBE, seeking ways that this work, resources, energy and experience can be applied and adapted for work within the context of resource poor countries.

### **How we do it.**


We work closely with those involved in palliative care in Africa, notably the African Palliative Care Association (APCA), through the APCA International Conference and webinar series, and others involved in palliative care there to map out potential collaborations and pilots in several African countries. For example, the possible development of a Palliative/Supportive care register of identified patients in one area that could lead to spread in other African countries. Prof Keri Thomas received an invitation to speak at the APCA International Conference in Aug 22, and there were discussions of offering small grants for early pilots, called 'Planning Early, Going for Gold' pilots, working with interested palliative care leads. Prof Keri Thomas received an invitation to speak at the APCA International Conference due in Aug 22, and there were discussions of offering small grants for early pilots, called 'Planning Early, Going for Gold' pilots, working with interested palliative care leads. This would continue in 2023-4 onwards, with further details, application forms and supported training workshops on line.

The charity received donations from individuals in previous years and a donation from the asset lock of the UK's GSF Centre CIC, when it became a subsidiary of Hospice UK and later an independent charity. There is a good will relationship between both charities.

The charity has now developed a very comprehensive website [www.gsfinternational.org.uk](http://www.gsfinternational.org.uk), through which examples from the UK, from Africa and from other countries can be shared, with access to training resources and the GSF Virtual Learning Zone. This will be the platform for further communication and development going forward. Donations to the Andrew Rodger Trust are registered for Gift Aid. Some of the previous work is detailed in the GSF Africa section. <https://www.gsfinternational.org.uk/gsf-africa>

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 CHARITY COMMISSION FOR ENGLAND AND WALES	The Andrew Rodger Trust			1160141		CC16a
	Receipts and payments accounts					
	For the period from	Period start date	To	Period end date		
		06/04/2022		05/04/2023		
Section A Receipts and payments						
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year	
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £	
A1 Receipts						
Bank Interest Received	420	-	-	420	-	
	-	-	-	-	12	
	-	-	-	-	4,274	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
Sub total (Gross income for AR)	420	-	-	420	4,286	
A2 Asset and investment sales, (see table).						
	-	-	-	-		
	-	-	-	-	-	
Sub total	-	-	-	-	-	
Total receipts	420	-	-	420	4,286	
A3 Payments						
Professional fees	330	-	-	330	-	
Website design					1,290	
Just giving fees	180	-	-	180	108	
Bank Charges	60	-	-	60	20	
Subscription	177	-	-	177	-	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
Sub total	747	-	-	747	1,418	
A4 Asset and investment purchases, (see table)						
	-	-	-	-		
	-	-	-	-		
Sub total	-	-	-	-	-	
Total payments	747	-	-	747	1,418	
Net of receipts/(payments)	- 327	-	-	- 327	2,868	
A5 Transfers between funds	-	-	-	-	-	
A6 Cash funds last year end	95,896	-	-	95,896	93,028	
Cash funds this year end	95,569	-	-	95,569	95,896	

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	7,107	-	
	Savings Account	88,462	-	-
		-	-	
	<b>Total cash funds</b>	<b>95,569</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
	<i>Mark Thomas</i>	MARK THOMAS		15/12/2023
	<i>Keri Thomas</i>	KERI THOMAS		15/12/2023