

REGISTERED CHARITY NUMBER: 1160114

**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 4th APRIL 2024**

FOR

**POPHAM KIDNEY SUPPORT
(PREVIOUSLY KNOWN AS PAUL POPHAM
FUND, RENAL SUPPORT WALES)**

POPHAM KIDNEY SUPPORT
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FOR THE YEAR ENDED 4TH APRIL 2024

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POPHAM KIDNEY SUPPORT

TRUSTEE'S REPORT

FOR THE YEAR ENDED 4TH APRIL 2024

The trustees present their report with the financial statements for the year ended 4th April 2024.

The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

AIMS AND OBJECTIVES

Aims

To improve the quality of life of children, youths and adults with kidney disease and their families and carers in Wales.

Objectives

We achieve our aim through 5 clear objectives

1. Improve the emotional wellbeing of those affected by kidney disease in Wales
2. Improve the financial wellbeing of all those affected by kidney disease in Wales
3. Improve the physical wellbeing of all those affected by kidney disease in Wales
4. Improve knowledge of those affected by kidney disease through education
5. Campaigning for better services

Opening Statement

March 2023 saw the start of our 10-year celebrations with a SPRING BALL. It was an honour to look back over the last 10 years and to see how far the charity had come. From starting off in March 2013 with the sole aim of supporting Morriston Renal Unit, to becoming a registered charity in 2015, launching the then befriending Service with 4 volunteer befrienders, to be renamed Popham Kidney Support in 2021, renaming the Befriending Service to be called Popham Peer Support Service with a team of 20 plus Popham Peer Mentors providing one to one support, group support through kidney cafés, activity support through an Exercise for Health programme and a Kidney Crafters group, and providing education through our Kidney Connectors, plus offering patient grants, counselling and supporting Children & Youths. In June 2023 the Charity received Investors in Volunteer status and were able to celebrate this success with our volunteers in June during Volunteers Week.

The year started with celebrations and ended with growth for the charity and more sadness for the Popham family. It was with great sadness that Paul Popham's wife and the mother of our CEO, Cheryl Ann Popham sadly passed away on the 27th February 2024. It was a tough start to 2024 for the family. Our CEO and the Popham family took comfort in the fact Paul and Cheryl are together again.

The legacy and spirit of Paul and Cheryl lives on through the charity, our CEO, Staff, Volunteer Team and The Board.

POPHAM KIDNEY SUPPORT

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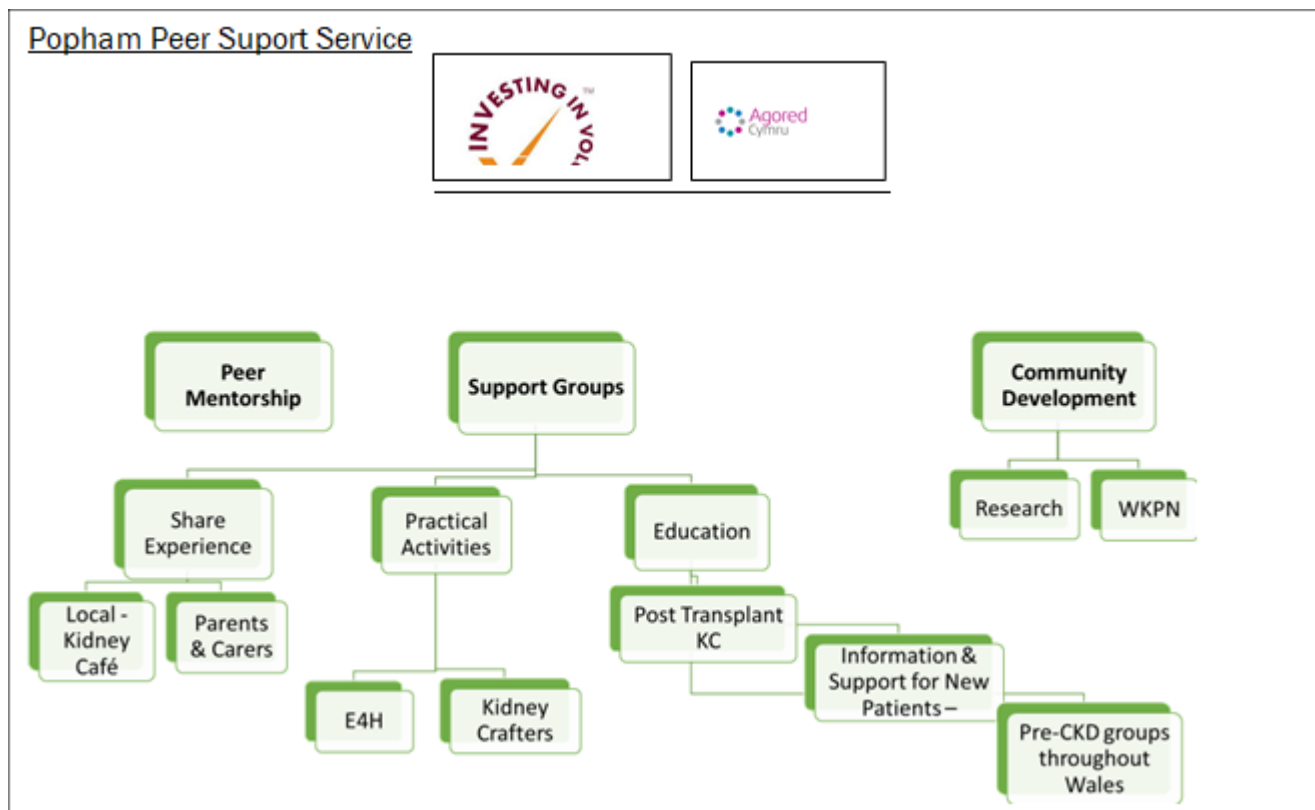
FOR THE YEAR ENDED 4TH APRIL 2024

ACTIVITIES AND ACHIEVEMENTS

Popham Peer Support Service – Our Flagship Service

Popham Peer Support is where a person affected by kidney disease in Wales is recruited and completes an Agored Peer Mentor Skills Training Programme to become a Popham Peer Mentor. As a Popham Peer Mentor they can provide:

- **One to One** Peer Support over the phone or face to face.
- **Group Support** through our Kidney Café
- **Activity based group support**, such as our Exercise for Health Group or Kidney Crafters.
- **Information and/or Educational Support Groups**, where they share knowledge through information on support for new patients and/or pre-CKD groups throughout Wales and Post Transplant Groups – these groups were renamed Kidney Konnectors this year, connecting and collaborating with our NHS Colleagues to deliver educational and informational based groups including a Popham Peer Mentor to talk about the group subject.
- **Community Development**, offering advice on service or research development.



In February 2023 we were awarded a 5-year grant from the National Lottery, People & Places, to develop the Peer Support Service throughout Wales. Our goals for this grant over the 5 years are to:

1. Alleviate fears of over 1200 patients, improving their self-esteem, decreasing loneliness and isolation.
2. Recruit, train, and maintain over 120 volunteers to provide better opportunities and develop their skills.
3. Provide holistic services, led by patients for patients, improving physical and emotional wellbeing and improving knowledge of over five thousand patients.
4. Provide an on-line community to over 16,000 patients, to access educational tools and services available to them facilitated by our peer mentors.

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Over the first year and the course of this financial year, we have developed the service in-line with our 5 year aims.

Our Peer Support Manager (PSM) has collaborated with the team to develop the Kidney Café initiative throughout Wales. The PSM worked with a group of Popham Peer Mentors (PPM) and our Sessional Psychologist to develop a group facilitation training course, recruited four volunteers to establish two new Kidney Cafés alongside an established one in Llynfi Valley. New Kidney Cafes were established in Wrexham and Swansea. Our PSM has developed a Kidney Café toolkit with the support of the group facilitators to help establish Kidney Cafés in all geographical areas where our community lives.

With the support of a new Administration Assistant (also a patient who started with the Charity as a Volunteer Peer Mentor) our Patient Services Co-ordinator (PSC) started to talk to the Virtual Exercise for Health Group members about taking the group to become an in-person group. A walking group commenced in February 2024 in Swansea with the aim to develop others throughout Wales, working with Freedom Leisure facilities and the members of the virtual group.

With the help of PPMs our PSM re-branded our Educational Kidney Cafés which were specifically set-up to educate new patients and post-transplant patients on treatment choices, lifestyle choices, diet, medication, and wellbeing. Our Charity works with NHS Colleagues to facilitate these groups, where our PPMs are normally guest speakers, to educate the group on their lived experience and answer any questions the group may have. These are now called Kidney Konnectors.

During this year we achieved Investors in Volunteers, and we were nominated for the Kings Award for Voluntary Services. We will find out the result of the nomination on the King's Birthday, 14th November 2024. We attended UK Kidney Week and presented our Peer Support Service. As a result, we have received calls from other centres throughout the UK asking for advice and help to support their patients and develop the service.

Due to the increasing demand for the service, and to continue to develop our service and achieve our 5-year outcomes, we have re-structured the operational team. We recruited a Peer Support Co-ordinator to take over the PSM's role, moving the Administration Assistant into this new role. The PSM now manages the team, overseeing the service to ensure we are recruiting, training, and supporting our volunteers, and overseeing the patient services to ensure the patient is receiving the support they need.

To develop and support the PPMs we are now organizing quarterly Volunteer Education, Development and Networking Days, which coincide with our Trustees Quarterly Board meeting. The Trustees join the Volunteers at the end of their session to learn about their work and network with them over lunch.

The PPM and PSC also organise monthly supervision sessions to support the PPMs with their peer mentorship and the PSC co-ordinates regional catchups with the PPMs to discover what services and needs there are in their areas, constantly learning from each other.

Moving forward alongside the Peer Support Steering Group the Board of Trustees are developing a Services Governance Group to audit the service. We are also planning to evaluate the service to establish the number of sessions a Peer Mentorship should take as a guide, and research what service the patient should have access to after the sessions have ended, whether that is signposting to external service providers, or developing an internal 'Befriending Service.' We have recognised that some of our PMs have been supporting Peer Mentees for over 12 months, some over 2 years. We are keen to evaluate whether this is Peer Support or Befriending and how we manage the change.

It has been a great start to our 5-year funding strategy, with lots of exciting plans to develop the service in Year 2 and onwards.

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Volunteer Peer Mentors

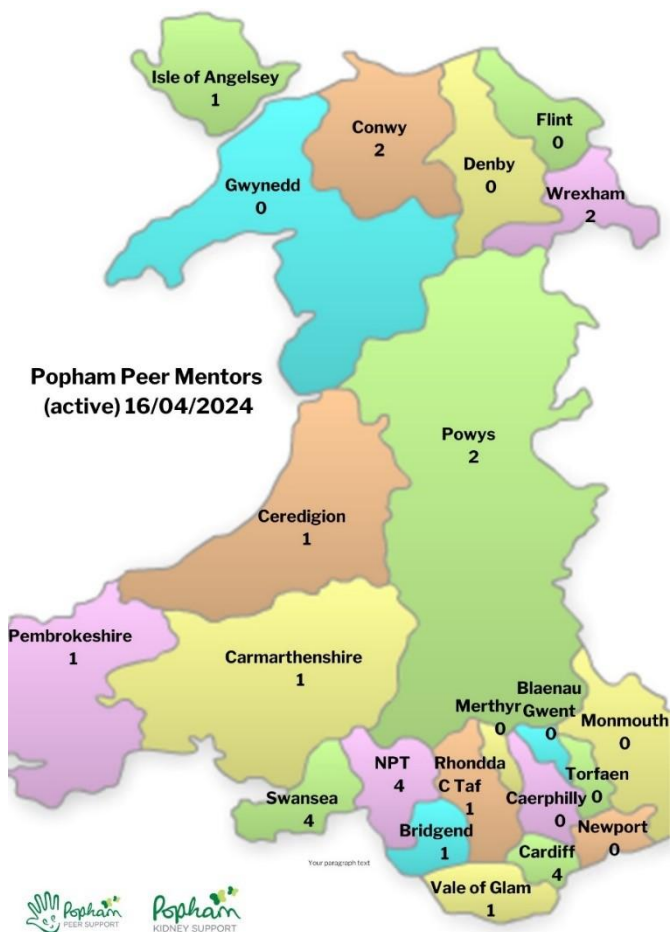
At the end of the financial year May 2023 to April 2024 we have 25 Popham Peer Mentors: 14 Volunteer Peer Mentors in Swansea, 6 in Cardiff, and 5 in North Wales.

| <u>2023 to 2024 Active Peer Mentors</u> | | | |
|--|----|------------------------------|----|
| Patient | 21 | 18 to 30 | 0 |
| Carer | 4 | 31 to 40 | 3 |
| | | 41 to 50 | 6 |
| In Centre Dialysis | 2 | 51 to 60 | 6 |
| Home Hemodialysis | 2 | 61 plus | 10 |
| Transplant | 13 | | |
| | | | |
| Swansea | 14 | | |
| Cardiff | 6 | | |
| North Wales | 5 | | |
| <u>2022 to 2023 Treatment Experience of 13 Transplant Volunteers</u> | | | |
| In Centre Dialysis | 5 | Peritoneal Dialysis | 1 |
| Home Hemodialysis | 2 | Assisted Peritoneal Dialysis | 0 |
| Nocturnal Dialysis | 1 | Cancer | 1 |

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Peer Support Enquiries – One to One Peer Support

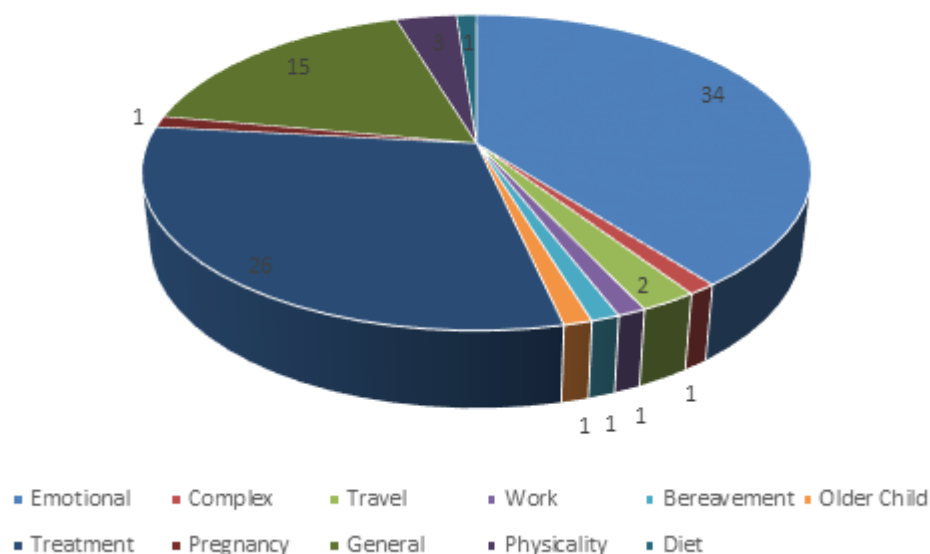
| May 2023 to April 2024 Peer Support Enquiries 86 | | | |
|---|----|---|----|
| Emotional Support - Feeling lonely, anxious, not coping | 34 | Treatment Advice – dialysis, fistula, PD, HD, Nocturnal, Diabetes, Pancreatis transplant and kidney, unit, procedures | 26 |
| Complex | 1 | Pregnancy | 1 |
| Travel | 2 | General | 8 |
| Work | 1 | Physicality | 3 |
| Bereavement | 1 | Diet | 1 |
| Older Child Not Coping with parent diagnosis | 1 | | |

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2023 to 2024 Peer Support Enquiries 86



2023 to 2024 Ongoing Support & signposted to other services

| | | | |
|----------------------------------|----|-------------------------------------|---|
| Financial Support | 11 | Counselling Services | 8 |
| Exercise for Health | 3 | On-Going Support From a Peer Mentor | 8 |
| Post Transplant kidney Café | 3 | Advocacy | 1 |
| Kidney Café Information & Advice | 4 | Swansea Carers | 1 |
| Dietician | 2 | KCUK | 2 |

Group Support – Kidney Café

At the end of our financial year, we had 3 Kidney Cafés in Wrexham, Swansea and Llynfi Valley. with another one in Glan Clwyd in development. Each group is facilitated by a Lead Group Facilitator and supported by a Deputy Group Facilitator. The group facilitators are Popham Peer Mentors and receive group facilitation training. They find the venue, organise the agenda and run the group; we support them to evaluate and co-ordinate the marketing of the Kidney Café and fund any venue hire and refreshments. Each is unique to the area and the attendees' requirements. Llynfi Valley was our first Kidney Café, established in 2019, Swansea was established in May 2023, and Wrexham in February 2024.

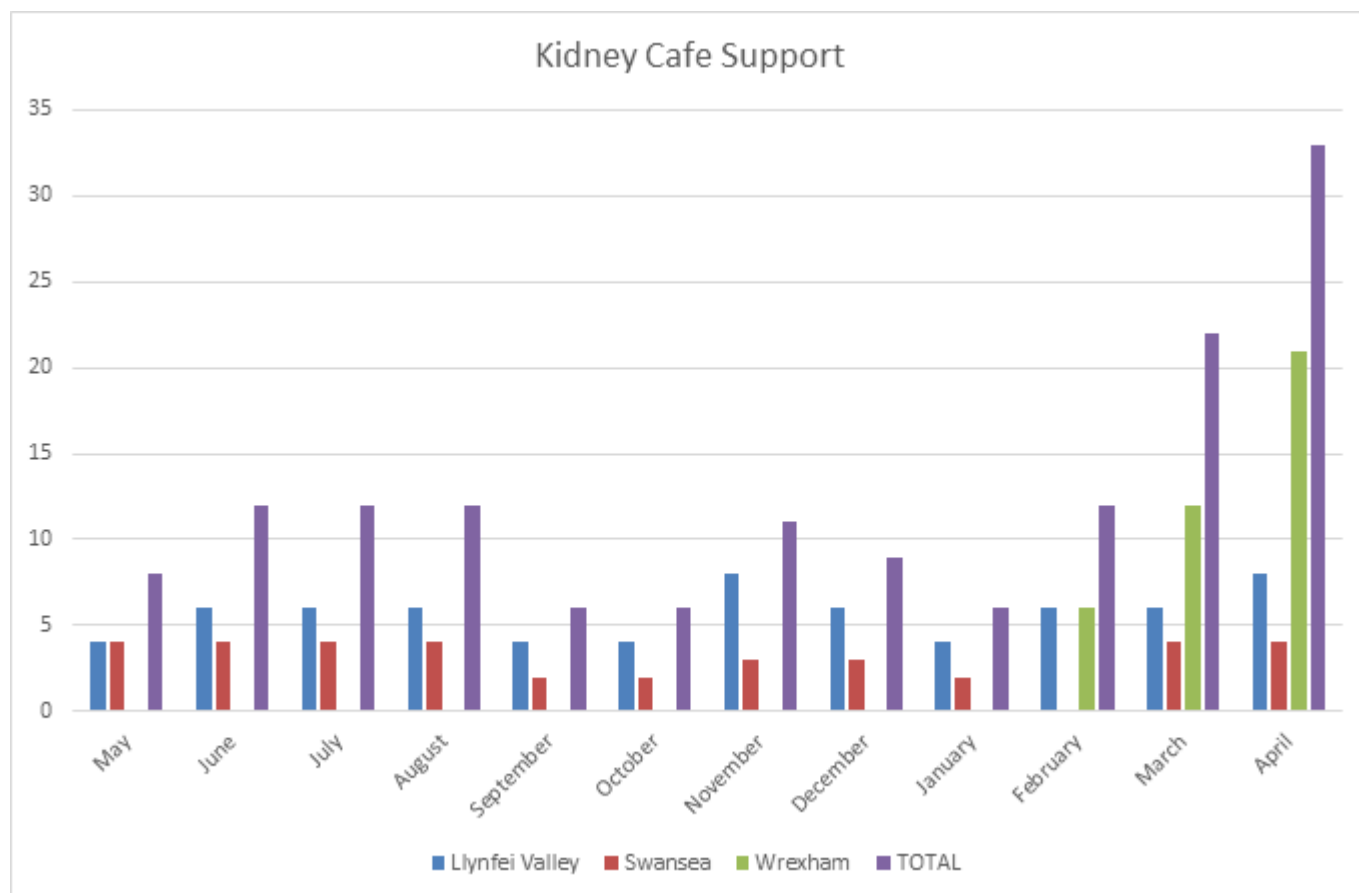
- Llynfi Valley is run out of a Wetherspoons Pub
- Swansea is run out of our office.
- Wrexham is run out of a Community Coffee Shop

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Each Kidney Café takes place monthly, and we try and ensure the days alternate, so that any patient can attend any other kidney café in different areas at any time.



Information or Education Support – Kidney Konnectors

We work with our NHS colleagues in North Wales, Cardiff, and Swansea to facilitate Educational Support Groups for new patients and transplant patients. Some groups are organised by our NHS colleagues, and we help with marketing and providing a Popham Peer Mentor to present to the group; some are facilitated entirely by our Charity, with input from NHS colleagues with educational material.

Facilitated by us.

- CKD Kidney Konnectors, Swansea
- CKD Kidney Konnectors, Narberth
- Post Transplant Kidney Konnectors – Swansea & Cardiff

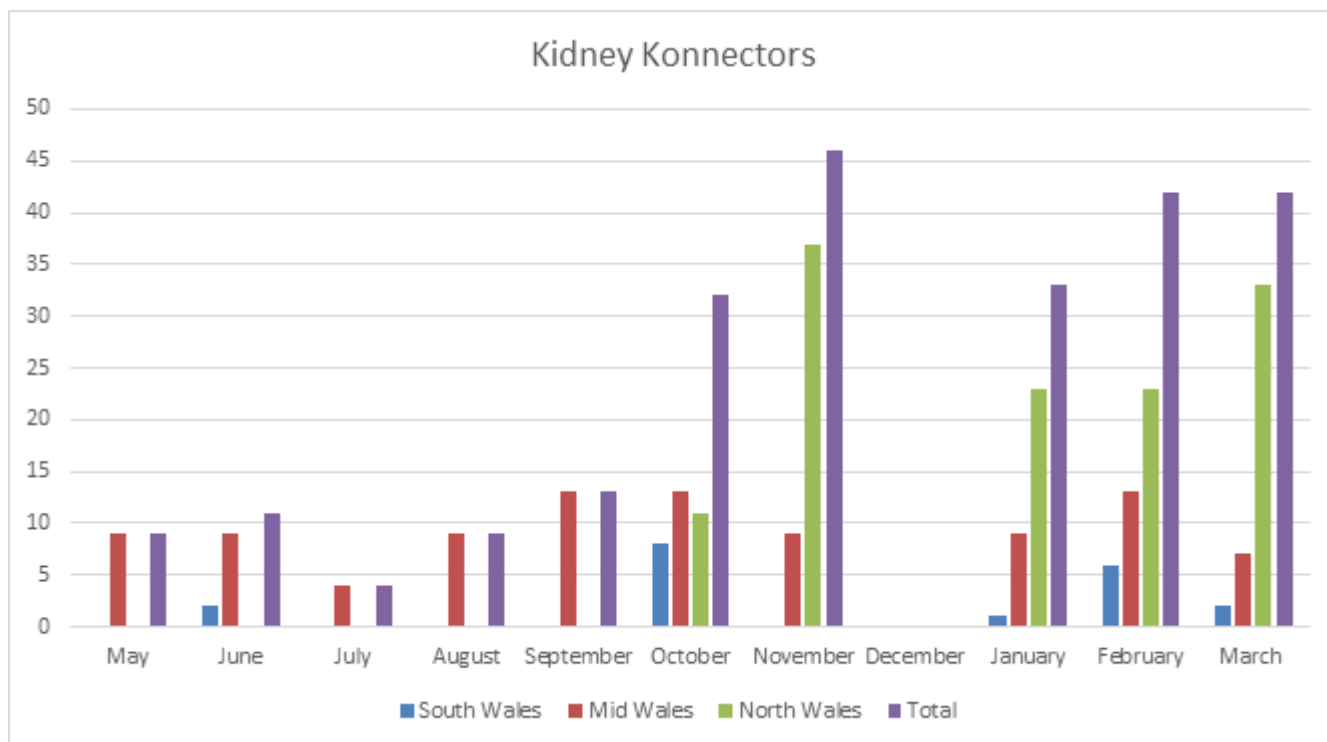
Facilitated by our NHS Colleagues

- CKD Support Group – Cardiff
- Low Clinic North Wales

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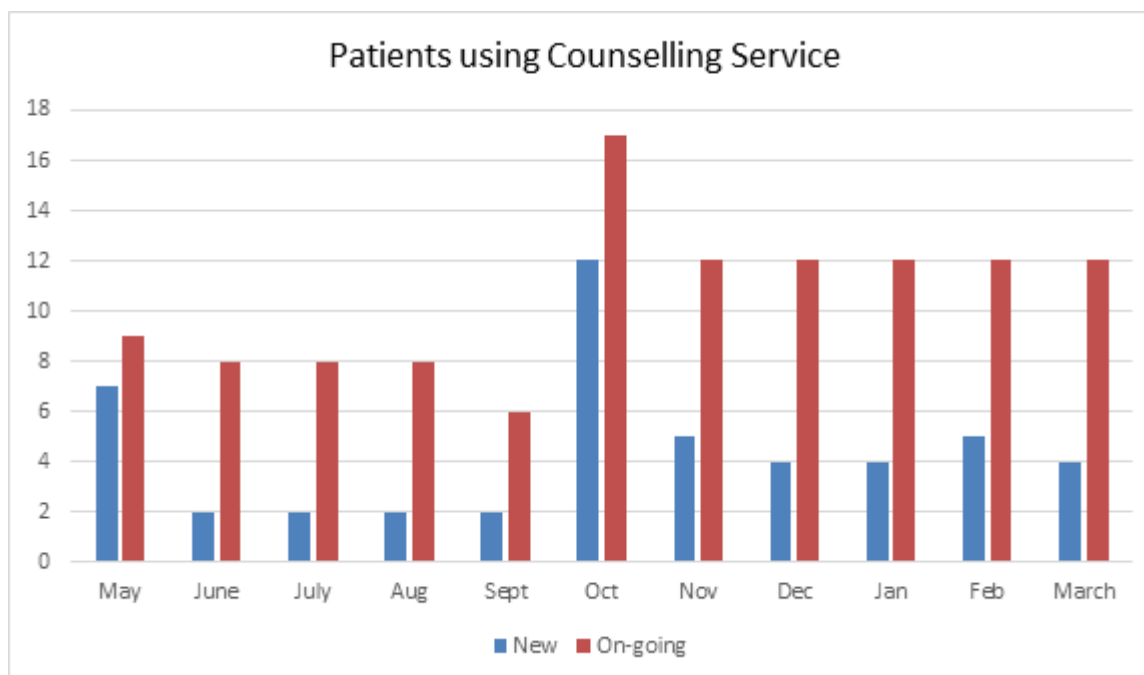
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Counselling Service

Our counselling service is supported by four counsellors, two volunteers and two as a paid for service. Our counsellors supported:



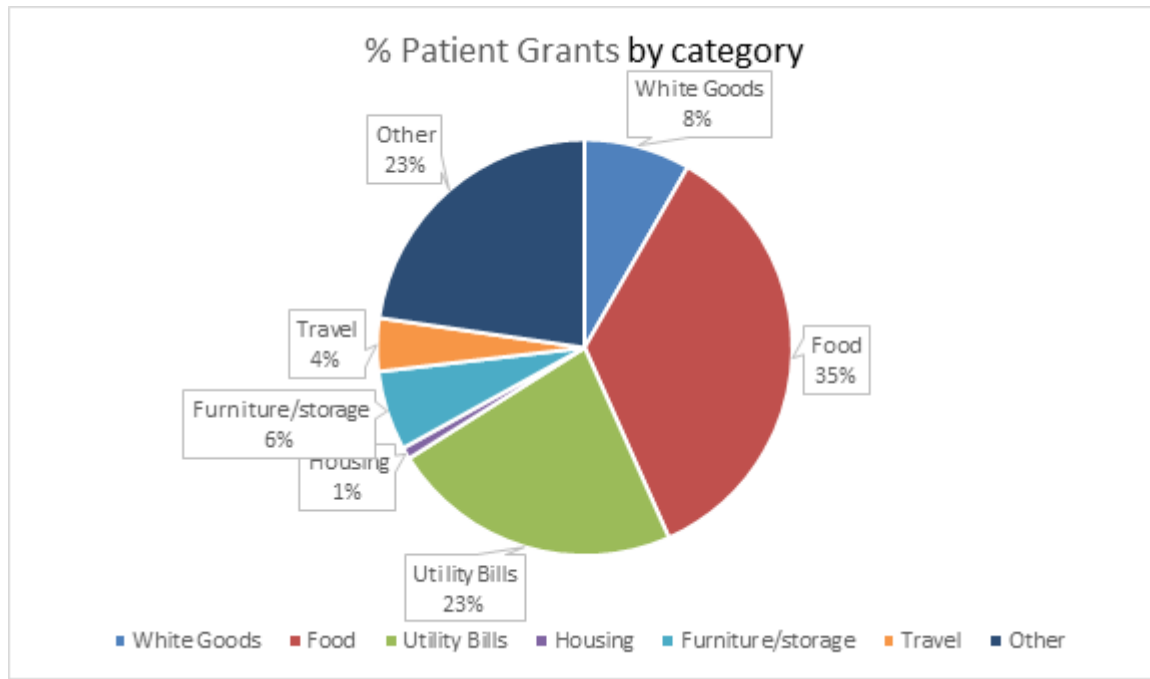
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Patient Grants

We funded 50 Patient Grants to a total value of £7846.39, with an average of £156.93 per grant.



Community Support – Welsh Kidney Patient Network

During the previous year we supported the set-up of this Patient Representative Group which is now called the Welsh Kidney Patient Network. The aim of this group is to review service development, we are part of the group and support its continued development. Our volunteers are very much part of the group. The group has 4 Popham Peer Mentors that met twice during this financial year. One meeting was to review and discuss the new Patient Portal – Patient Knows Best. We created a Webinar around this subject to update our community about the new system and how it works.

General Information & Online Community

Our 5-year outcome to provide an on-line community to over 16000 patients is a work-in-progress. Our aim is to have an educational and support hub on-line where our Kidney Community in Wales can access information and support in one place.

Currently we have four on-line support groups. These are closed support groups on our Charity's Facebook page where people affected by kidney disease can request advice and information from the Charity and each other. We have:

- Parents & Carers
- Post Transplant
- Home Therapies
- New Patients

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Our aim over the next 3 to 5 years is to develop these into the on-line educational and support hub - together with the signposting information we provide, such as our referral partners: StepChange for debt advice; Trussell Trust, Foodbanks - where patients can access information on-line and post questions to a closed forum.

In support of this development, we are recruiting Peer Support Champions who will:

- raise awareness of the service within the NHS;
- support the steering group;
- support the on-line hub with health-related advice.

As part of this development, we have and are:

- Creating informational leaflets on topics such as diet
- Creating a Quarterly Newsletter

We originally provided a KIDS Newsletter for families that attend the Children Kidney Centre. This started during COVID, in the same way that the COVID-19 Newsletter had been established, to disseminate information about COVID and services available. During 2022/2023 we produced one collaborative COVID-19 Newsletter. We therefore decided to explore whether we should produce our own newsletter/magazine. In 2023 we created a Marketing Consortium - made up of our suppliers who provide marketing services for our Charity - to have more of a joint strategic approach. This Consortium comprises of our Public Relations and social media providers, our Graphic Designer and Web Developer. This group supported the development of our first newsletter with the advice, feedback, and involvement of our community through focus groups and surveys. Popham Kidney Chronicle provides information for our kidney community and supporters on services available, and how our supporters helped support our community.



- Developing Webinars:
Patient Knows Best was the last one we developed.
Online seminar for kidney patients – April 2023
<http://kidneypatientconference.wales/>

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- Developing Q&A's

In 2023 we ran a Vascular Access Q&A with the Vascular Access Team in Cardiff & Vale Health Board and a Volunteer Peer Mentor. This was accessible to their patient population helping them to understand the reason for vascular access, the ways that it could be completed and support with myth busting.

https://pophamkidneysupport.org.uk/wp-content/uploads/2022/05/Vascular-Access-QA.mp4?_=1



- Signposting to other services and Social Prescribing as mentioned above, to organizations such as Step Change and Trussel Trust.

Our aim over the next 3 to 5 years is to develop these into the on-line educational and support hub -together with the signposting information we provide, such as our referral partners: StepChange for debt advice; Trussell Trust, Foodbanks - where patients can access information on-line and post questions to a closed forum.

In support of this development, we are recruiting Peer Support Champions who will: - raise awareness of the service within the NHS; will support the steering group; and will support the on-line hub with health-related advice.

Collaborative Projects

Cook & Dine

Cook & Dine is a collaborative project run by Swansea Bay University Health Board, Morriston Hospital, Renal Services. The project aims to demonstrate to people who dialyze in Swansea the benefits of a healthy kidney diet, by bringing them together, teaching them a recipe and how to cook it and then enjoying it together. The first event was in December 2023.



Kidney Cook and Dine event
December 2023

Kidney Charities Together KCT

The KCT communications group campaigns together as 'one voice' annually for World Kidney Day. The group effectively communicates the impact of kidney disease, highlighting the suffering caused, and educating the public about the vital role kidneys play in overall health. The group is made up of the following charities - Kidney Care UK, Kidney Research UK, Kidney Wales, National Kidney Federation, Polycystic Kidney Disease, Popham Kidney Support, and the UK Kidney Association.

<https://www.worldkidneyday.co.uk/>

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Children & Youth Services

Wellbeing Projects

Since 2016, we have been taking children with kidney disease and their families to see a show at Christmas. In 2023 we took them to see Aladdin in the Welsh Millennium Centre, we had lunch in Nandos, Cardiff Bay and enjoyed the West End Musical. We were able to take 50 to see the show. It is a way of families enjoying some family time while meeting others like them in a relaxed social setting.



Parent & Carers Future Plans

Our Parents & Carers Kidney Café had been an initiative that started pre-Covid. During Covid it went on-line. In 2023 we incorporated it with our new Transition & Youth Programme which we piloted in September 2023. While children with kidney disease attended a workshop style education program we put on our Parents & Carers Kidney Café so they too could gain support, in total during the 3 TYP Sessions 14 Parents attended.

Transition Group

The Transition Youth Programme (TYP) is an education programme for children and young adults from 13 years of age and upwards with kidney disease. TYP is designed to equip the children and young adults with the knowledge, tools, and confidence to ease their way into adult services independently. The programme has been in development since early 2021. Between September to November 2023 we piloted the programme, running 1 of the 9 modules each month, followed by a social activity. The first one in September was 'The Future is Bright' – followed by bowling. The module covered in October was 'Wellbeing' followed by Art and in November the module covered was taking control of CKD followed by 'indoor climbing'. In total each session supported 6 children aged between 16 and 18 years of age. It was well received. In 2024 the plan is to hold 3 event days in the year where the children and youths can select to cover 3 modules in one event day, so by the end of the year they would have covered all 9 modules. In January 2024 we took on a Part-Time Children & Youth Officer to support the development of this Programme.

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Transition Youth Programme

Move to adult services with confidence

An 8-session program for children and youths from 13 to 18 years of age under the care of the Children's Kidney Centre, University Hospital Wales.

SESSION 1: The future is bright

Learning Objectives:

You can achieve what you want to achieve, there is support out there, we are here to troubleshoot, facilitate and help. You are not alone!

SESSION 2: Wellbeing

Learning Objectives:

To provide you with the coping mechanisms to improve your emotional wellbeing - to become resilient!



To find out more...

Call Children's Hospital for Wales, Cardiff on

02920 748 998

or email:

martha.dudbridge@wales.nhs.uk

SESSION 3: Take control of CKD

Learning Objectives:

● Understand your condition.

● What is Chronic Kidney Disease (CKD) and how it can manifest in different people.

● How to keep your kidney healthy monitoring your fluid and salt intake and your medication and catheter.

● Empower you to lead consultations with your health care team and manage your medicines.

● To understand your medication, what it's called, what it does, its importance and how to monitor your medication and order it.

● How to manage your medication in certain situations such as: nights out; holidays; run out.

● How to sign up for Patient Knows Best (PKB).

● Preparing for leaving home (university, own place etc).

SESSION 4: Sexual health/Relationships

SESSION 5: Impact daily life/Family & treatment options

SESSION 6: Diet and the kidneys

SESSION 7: Peritoneal Dialysis (PD) & Haemodialysis (HD)

SESSION 8: Transplant



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PATIENT STATISTICS

| Total Patients Supported | 2023 to 2024 | 2022 to 2023 |
|---|--------------|--------------|
| Peer Mentorship | 86 (new) | 121 |
| Counselled | 49 (new) | 16 |
| Kidney Café Support Groups | 149 | 17 |
| Kidney Konnectors / Kidney Café Information & Support | 241 | 27 |
| Q&A's | 100 | 0 |
| On-Line Groups | 129 | 131 |
| Grant Applications | 50 | 53 |
| Wellbeing Projects Funded | 50 | 155 |
| Covid-19 Newsletter | 0 | 1,500 |
| Patient Conference | 21 | 60 |
| Walking Group | 62 | 45 |
| Pediatric Social Worker | 60 | 60 |
| Kidney Crafters | 4 | 4 |
| Patient Representative Group | 4 | 4 |
| Kidney Chronicle | 1,500 | 1,500 |
| General Information Leaflets | 1,000 | 1,500 |
| TYP | 18 | |
| Parents & Carers | 14 | |
| Kidney Charities Together | 6,000 | |
| Cook & Dine | 15 | |
| TOTAL PATIENTS SUPPORTED | 9,552 | 5,192 |
| Direct Touches | 736 | 477 |
| Light Touches | 2,801 | 3,155 |
| Service Development | | 3,000 |
| Collaborative Projects | 6,015 | 1,560 |

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Operational Activity

Fundraising

Our fundraising strategy is to attribute funds raised to the above objectives. This provides transparency for our individual fundraisers, corporate partners, grant and trust providers. Our fundraising approach is to build relationships within the communities we serve throughout Wales, including individuals and commercial businesses within those communities. We monitor and evaluate the services we provide demonstrating to our funders how the charity, its services and beneficiaries have been supported and how they will be developed with their support.

Total raised in the financial year 2023 to 2024 was £197,738 which is a 25% increase on 2022 to 2023

- 75% Grant Funding
- 22% Community Fundraising
- 1% Corporate Support
- 1% Donations
- 1% Other

Cost To Run the Services

- Peer Support Services 29%
- Beneficiary Services 31%
- Running the Charity 40%
- Every £1 donated £0.60 to support children, youths and adults with kidney disease.
- Every £1 donated £0.40 goes to running the charity.

Grant Funding

We have been very fortunate to receive grant funding from regular funders, and this year new funders, to help our charity support people with kidney disease to have a better quality of life. Total Grant Funding equated to £149,058 which is 66% increase on 2022/23. Our National Lottery People & Places 5-year grant commenced in February 2023, in the financial year May 2023 to April 2024 this equated to £71,824. We received an additional of £48,948 from The National Lottery to provide support post covid which enabled us to recruit an Administration Assistant and cover our core costs for the year. We received an internship grant for student support from Swansea University and funding for collaborative work also from Swansea University. We received £12,000 from Moondance Foundation to support the development of our Children & Youth Services.

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Community Funding

March 2023 was the start of our 10th Year as a charity, we kick started the Annual Celebrations with a Spring Ball

- Kim Loosemore organises a Golf Day for the charity on an annual basis. This took place in July 2023 and raised £9,000, £2k more than in 2022.
- Kilometers for Kidneys was introduced for the first time in March/April 2021 and was a huge success with 93 entrants taking part in one of six walking challenges to suit all abilities. The 2nd Year was launched just at the end of this financial year.
- Our Fundraising Committee for the Children's Kidney Centre planned and coordinated various fundraising initiatives, including Rhoose Run with Fontygary Leisure Park.
- Seaview Primary School in Swansea organised a 5k run with their pupils.
- We organised an Offa's Dyke Hike a 50 mile walk along Offa's Dyke.
- We organised Wally's Way a football dinner with local legends
- We are lucky to have the support of the Paul Popham Running Club who raise funds for the charity year on year and despite the effects of the pandemic they still donated funds through various themes.
- Leigh Besley ran 12 Marathons in 12 months!



- Quiz night at The Eagle, Treboeth We are delighted to receive a donation of £500.



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- We were delighted to be named as one of four designated charities for Merched Y Mor.

We are delighted to be named the designated charity of

Merched Y Môr

4 Ladies, 1 Boat! Merched Y Môr are the first all Wales female crew to take on the world's toughest row... The Atlantic Challenge in 2025.



They will row 3,000 miles across the Atlantic Ocean, raising over £125,000 for charities and we, Popham Kidney Support are one of those charities. We can not thank this wonderful team of ladies enough and we will be following their journey over the coming weeks, months and years. If you would like to find out more and/or sponsor the team on this amazing adventure, please contact us on enquiries@pophamkidneysupport.org.uk or by visiting the Merched Y Môr website: www.merchedymor.wales



Denise
Merched Y Môr
crew member

Corporate Support

We are fortunate to gain corporate support from local and national companies who support us as charity of the year or one-off donations, thanks to Friends of The Charity: DWJ Wealth management, FAI Automotive (now called Motus), Swansea Business Society & John Morse Solicitors. In June 2023 we were chosen as the charity for UKKW which took place in The Celtic Manor, Newport. Admiral supported a Business Breakfast with Cardiff University, Business School to raise awareness of Corporate Responsibility hosted by Sian Lloyd and we joined forces with BNI.



Working with charities boosts employee engagement

On January 17th 2023, our CEO Joanne Popham was delighted to speak at Cardiff Business School's breakfast briefing, discussing the benefits of corporate social responsibility (CSR) for businesses and how working with and supporting charities can help.

The event was hosted by our ambassador, well-known journalist and presenter, Sian Lloyd, and James Cross, Head of Service at Admiral Household Claims, who spoke about Admiral's social commitment strategy and how that has helped propel its development and benefit its employees.

The way businesses interact with staff is changing. It's becoming more apparent that staff want more from their employers. Employees want to work within environments which not only focus on their development but also offer a wider sense of purpose.

By engaging employees in a charity partnership, firms can provide huge benefits - ensuring your partnership grows longer and stronger.

The way businesses interact with staff is changing.



Partnering with charities such as ours can provide the platform to create a positive working environment. To become a Corporate Partner visit pophamkidneysupport.org.uk or email joanne@pophamkidneysupport.org.uk

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Specific Campaign

Our biggest Fundraising Challenge is to raise £142,000 for the refurbishment of the Children's Kidney Centre outpatient department. We started the campaign in 2020 and then COVID hit! We were lucky to recruit a Fundraising Committee which sadly disbanded during this financial year, however with their support the committee raised a total of £61,000 at the end of this financial year. Our goal for the following year is to focus on a BRICK Campaign – inviting corporate businesses to support our appeal. Some of the fundraisers who supported this campaign were: Harry Weir, Ffion Mein, Neath Polyphonic Choir, Sarah Greenwood & Family.

Walking the Pembrokeshire coastline to raise over £5000!

Sarah Greenwood completed the 186 mile coastal walk in several stages, starting in October 2022 and finishing in Tenby in April 2023.

Sarah and her family donated her sponsorship funds to go towards our fundraising efforts for the Children's Kidney Centre in Cardiff. The cause is close to Sarah's heart as her son is receiving treatment at the Centre and she has seen the need for refurbishment which will concentrate on creating a warm and friendly environment.

The successful campaign was aided by Sarah's strong support network made up of her dedicated family and friends. They

walked alongside her and also made great efforts to raise funds. Sarah's mother was tireless in spreading the word about the challenge, visiting many towns and sharing information about the cause to raise awareness.

Joanne Popham, Popham Kidney Support CEO, said:

'We would like to express our heartfelt gratitude for Sarah's donation of £5,000 following her sponsored walk. It will truly make a difference and help us provide essential services to our community, and we are deeply grateful for your kindness, generosity and incredible commitment to undertake this challenge.'

You can still support Sarah by visiting: www.justgiving.com/fundraising/Sarah-Greenwood44



Neath Polyphonic Choir Christmas concert in support of Popham Kidney Support



Neath Polyphonic Choir has announced its Christmas concert will take place on December 8 at St David's Church, Neath. The funds raised from the evening will be donated to kidney charity, Popham Kidney Support, to help better the lives of kidney patients and their families across Wales.

The evening of live music which begins at 7pm will feature special guest soloist, Osian Wyn Bowen, as well as Britten Perry Silver Band under its leader, Jeff Pearce. The musical team will be led by the Choir's Music Director, Mark Ritzmann, with Lara Omidvar as Accompanist, and Mary Evans as Assistant Accompanist. The night will also feature Guest Organist, Huw Tregelles Williams.

Tenor soloist, Osian Wyn Bowen, is local to the South Wales area and is a graduate of the Royal Welsh College of Music & Drama Opera School, where he studied under the tutelage of renowned vocal coaches John Fisher and Adrian Thompson.

The event will raise funds in support of local kidney charity, Popham Kidney Support, which is celebrating its tenth anniversary this year. It was originally founded as The Paul Popham Fund, Renal Support Wales, in March 2013, five months after the passing of Paul Popham (father of the Charity's CEO, Joanne Popham) following a courageous battle with kidney cancer. The Charity has grown exponentially in the decade since, supporting over 3,000 people in 2022 alone.

Entry to the concert is £15 per ticket, which includes programme and refreshments. Those aged 16 and under entering for free. To book tickets, please contact the organisers on 07970 027685 or simply pay at the door on the night.

Joanne Popham, Popham Kidney Support CEO, said: 'We're immensely grateful to Neath Polyphonic Choir for their generous support. The funds raised from this concert will make a significant impact on the lives of kidney patients and their families across Wales. It's heartening to see the local community come together to make a difference during the festive season.'

Mark Ritzmann, Music Director, said: 'We're delighted that our Christmas Concert this year will be helping raise funds for the good work of Popham Kidney Support. With some top musicians on board, and a wonderful line up of Christmas music, it promises to be a hugely enjoyable evening filled with the festive spirit.'



We would like to extend our utmost thanks to Harry Weir, for his fantastic fundraising effort in support of the Children's Kidney Centre at the Cardiff & Vale University Hospital. With fantastic support from friends, family, and kind-hearted individuals, Harry raised an amazing £900!

Fantastic Fundraisers: Harry Weir

Harry recently competed for the Welsh team at the British Transplant Games - in which he won gold in the 25m backstroke event - four years after receiving a life-changing kidney transplant. During his treatment, Harry has experienced first-hand the need for refurbishment at the Children's Kidney Centre, which he calls his "second home". He felt a deep sense of empathy for the other young patients who rely on its services and set out to contribute to the refurbishment effort.

The refurbishment of the Children's Kidney Centre will provide a more

comfortable and welcoming environment for young patients and their families, making a challenging situation a little easier to bear.

Harry's efforts are helping to create a space that fosters healing and resilience. Harry's story serves as an inspiration to us all, showing that no matter our age, we can be a force for positive change. The Children's Kidney Centre is a step closer to providing young patients with a more comfortable and supportive environment, thanks to Harry's passion and the collective efforts of those who rallied behind him.



The remarkable journey of Ffion Mein

Ffion Mein, a patient of Children's Kidney Centre knows only too well, how much the outpatients department is in need of refurbishment and so set out to achieve an extraordinary feat by her 13th birthday (July 30).

With an unyielding spirit and determination, Ffion realised the equivalent of a marathon distance (45 kilometres/26 miles) to contribute to the Children's Kidney Centre fundraising campaign. Ffion's journey has been marked by several challenges, as in 2021, she underwent a life-changing kidney transplant, and the following year, a double knee surgery put her mobility on hold, confining her to a wheelchair for a significant period. Undeterred by this setback, Ffion's tenacity and unbreakable spirit shone through, epitomised by this fantastic feat. A significant milestone of Ffion's journey came during a holiday adventure that took her to the summit of Mount Vesuvius.

Scaling the heights of this iconic volcano was more than just a physical

accomplishment, it symbolised Ffion's triumphant return to an active life after the hurdles she had faced. Fuelled by her love for challenges, she resolved to embark on a new quest - to walk a marathon distance by her 13th birthday. The mission she has embraced is not just about accomplishing a physical feat, it was about making a meaningful impact on the lives of countless children who, like her, battle kidney-related challenges. We hope that her effort towards the refurbishment stands as a beacon of optimism for these young warriors, who often spend countless hours per week at the unit.

The £240 raised by Ffion will channel directly into the refurbishment of the Children's Kidney Centre. Thank you Ffion!

POPHAM KIDNEY SUPPORT

TRUSTEE'S REPORT

FOR THE YEAR ENDED 4TH APRIL 2024

FINANCIAL REVIEW

Our fundraising strategy is to attribute funds raised to the above objectives. This provides transparency for our individual fundraisers, corporate partners, grant and trust providers. Our fundraising approach is to build relationships within the communities we serve throughout Wales, including individuals and commercial businesses within those communities. We monitor and evaluate the services we provide demonstrating to our funders how the Charity, its services and beneficiaries have been supported and how they will be developed with their support.

FUTURE

Our ultimate future aspiration is for our Peer Support Service to become part of the patient pathway for Renal Services in Wales. For the Charity to be an exemplar charity for this service within kidney disease and throughout the UK. For our volunteer Peer Mentors to become recognised as the go-to volunteers for advice, support and information alongside their clinician for lived experience - filling the hospitals with a sea of green as they continue to support their fellow Peer Mentees.

To achieve this aspiration, we want to develop the service so there is a consistent and even spread of Peer Mentors throughout Wales. To build on the foundations created to have a team of 123 Volunteer Peer Mentors; supporting over 1200 patients directly with one-to-one peer support; and 6000 in total from the additional services that are run by our Peer Mentors through our support groups -Kidney Cafés and activity-based support groups - Exercise for Health Groups. We want to develop a Patient Hub of information via an on-line forum over the next 5 years.

STRUCTURE, GOVERNANCE AND MANAGEMENT

On the 23 January 2015, the Charity became a Charitable Incorporated Organisation. The Charity is governed by its CIO Foundation governing document. Trustees are appointed to the board through advertisement and referral from current trustees. Upon appointment to the board, Trustees receive an induction pack which contains documents such as our code of conduct, governing document, trustee guidance, prior year financial statements and budgets, and details of the Charity's strategy.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Number: 1160114 The legal name of the Charity is Popham Kidney Support. The legal structure of the Charity is that of CIO (Charitable Incorporated Organisation), registered under the Charity Commission in England & Wales and its governing document is a written constitution.

NOTES:

For further information on this impact report please contact:

Joanne Popham, CEO: joanne@pophamkidneysupport.org.uk

For Media Enquiries contact **Seren Global Media**: info@serenglobalmedia.com

www.facebook.com/paulpopham.fund

www.pophamkidneysupport.org.uk

enquiries@pophamkidneysupport.org.uk

POPHAM KIDNEY SUPPORT

TRUSTEE'S REPORT

FOR THE YEAR ENDED 4TH APRIL 2024

Staff

At the start of 2023, the team consisted of our CEO, a Peer Support Officer, Patient Services Co-ordinator, Fundraising Officer and Project & Administration Co-ordinator. With additional funding from The National Lottery and funding for our Fundraising Office coming to an end our team at the end of the April 2024 consisted of:

- CEO
- Peer Support Officer
- Children & Youth Officer
- Finance Officer
- Peer Support Co-ordinator
- Patient Services Co-ordinator
- Administration Assistant

TRUSTEES

All Trustees who served during the year, or between the year end and this report being approved, were individuals and are members of the Charity.

The Trustees who served in this reporting period were:

Ms L D Orton (Chair)

Mr R Sheffield (Vice Chair)

Mr J Turner

Dr A Mikhail

Mr Roger Hickman

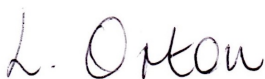
Ms G Sheppard

Ms M Major (appointed May 2023)

Ms K Loosmore (appointed October 2023)

Trustees shown above have served throughout the year, unless otherwise stated.

Approved by order of the board of trustees on30 / 01 /25..... and signed on its behalf by:



.....
Ms L D Orton - Chair

POPHAM KIDNEY SUPPORT

STATEMENT OF TRUSTEE RESPONSIBILITIES

FOR THE YEAR ENDED 4TH APRIL 2024

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

The law applicable to charities in England and Wales, the Charities Act 2011, Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources, including the income and expenditure, of the Charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the Charity and financial information included on the Charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

POPHAM KIDNEY SUPPORT

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES FOR THE YEAR ENDED 4TH APRIL 2024

Independent examiner's report to the trustees of Popham Kidney Support

I report to the trustees on my examination of the financial statements of Popham Kidney Support (the Charity) for the year ended 4th April 2024.

Responsibilities and basis of report

As the trustees of the Charity, you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ("the Act").

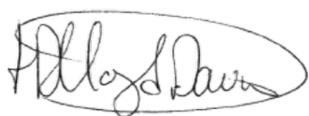
I report in respect of my examination of the Charity's financial statements carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Henry Lloyd Davies

Bevan Buckland LLP
Ground Floor Cardigan House
Castle Court
Swansea Enterprise Park
Swansea
SA7 9LA

Date: 30th January 2025

POPHAM KIDNEY SUPPORT

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 4TH APRIL 2024

| | | Unrestricted funds 2024 £ | Restricted funds 2024 £ | Total funds 2024 £ | Unrestricted funds 2023 £ | Restricted funds 2023 £ | Total funds 2023 £ |
|--|---|------------------------------------|----------------------------------|-----------------------------|------------------------------------|----------------------------------|-----------------------------|
| Notes | | | | | | | |
| Income from: | | | | | | | |
| Donations and legacies | 3 | 5,070 | - | 5,070 | 66,718 | - | 66,718 |
| Charitable activities | 4 | - | 149,058 | 149,058 | 500 | 89,361 | 89,861 |
| Other trading activities | 5 | 42,606 | - | 42,606 | 1,420 | - | 1,420 |
| Bank Interest | | 1,004 | - | 1,004 | 183 | - | 183 |
| Total income | | 48,680 | 149,058 | 197,738 | 68,821 | 89,361 | 158,182 |
| Expenditure on: | | | | | | | |
| Charitable activities | 6 | 34,233 | 172,971 | 207,204 | 77,558 | 107,559 | 185,117 |
| Net income/(expenditure) for the year/ Net movement in funds | | 14,447 | (23,913) | (9,466) | (8,737) | (18,198) | (26,935) |
| Fund balances at 4 th May 2023 | | 51,392 | 32,884 | 84,276 | 60,129 | 51,082 | 111,211 |
| Fund balances at 4 th April 2024 | | 65,839 | 8,971 | 74,810 | 51,392 | 32,884 | 84,276 |

The statement of financial activities includes all gains and losses recognised in the year.


All income and expenditure derive from continuing activities.

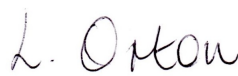
POPHAM KIDNEY SUPPORT

BALANCE SHEET AS AT 4TH APRIL 2024

| Notes | 2024 | | 2023 | |
|--|---------------|---------------|---------------|---------------|
| | £ | £ | £ | £ |
| Current assets | | | | |
| Debtors | - | | - | |
| Cash at bank and in hand | 87,596 | | 96,628 | |
| | 87,596 | | 96,628 | |
| Creditors: amounts falling due within one year | 8 | | | |
| | 12,786 | | 12,352 | |
| Net current assets/(liabilities) | | | | |
| Income funds | | | | |
| Restricted funds | 9 | 8,971 | | 32,884 |
| Unrestricted funds | | 65,839 | | 51,392 |
| | | 74,810 | | 84,276 |

The financial statements were approved by the Trustees on 30/01/25


Mr J Turner
Secretary


.....
Ms L D Orton
Chair

POPHAM KIDNEY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 4TH APRIL 2024

1 ACCOUNTING POLICIES

Basis of preparation

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The accounts are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

Financial reporting standard 102- reduced disclosure exemptions

The charity has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting and Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Critical accounting judgements and key sources of estimation uncertainty

The preparation of the financial statements required management to make judgements, estimates and assumptions that affect the application of policies and reported amounts of assets, liabilities, income, and expenses. The estimates and associated assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and various other factors that are believed to be reasonable under the circumstances, the results of which form the basis of making judgements about carrying values of asset and liabilities that are not readily apparent from other sources.

Actual results in the future may differ from these estimates.

Estimates and underlying assumptions are reviewed on an ongoing basis. The resulting accounting estimates are recognised in the period in which the estimate is revised and in any future periods affected.

Estimation uncertainty

The charity makes estimates and assumptions concerning the future. The resulting accounting estimates will, by definition, seldom equal the related actual results. Management consider there to be no estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

POPHAM KIDNEY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 4TH APRIL 2024

Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus, the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

Incoming resources

All incoming resources are included on the Statement of Financial Position (SOFA) when the charity is legally entitled to the income after any performance conditions have been met, the amounts can be quantified with reasonable accuracy, and it is probable the income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation unless performance conditions require deferral of the amount.

Grants income is accounted for on an accruals basis and is shown in the financial statements when the Charity earns the unconditional right to the funds. Revenue grants are credited directly to the Statement of Financial Activities and capital grants are released over the life of the asset in line with the depreciation policy. Performance related grants are recognised to the extent that the Charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met.

The value of any voluntary help received is not included in the accounts but is described in the Trustees' annual report.

Events and sponsorship income is recognised on the date the event is held.

Interest receivable

Interest on funds held on deposits is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

Resources expended

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Expenditure on charitable activities includes all costs relating to the furtherance of the Charity's objectives as stated in the Trustees report and their associated support costs. Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Governance costs comprise all costs involving public accountability of the Charity and its compliance with regulation and good practice.

There has been no offsetting of assets and liabilities, or income and expenses.

POPHAM KIDNEY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 4TH APRIL 2024

Taxation

The charity is exempt from Corporation Tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

Pension costs and other post-retirement benefits

The charity operates a defined benefit pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate. There is no past service deficit liability at the year end.

Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments held within a deposit or similar account with original maturities of three months or less.

Debtors

Trade and other debtors are recognised at the settlement amount due after any discount offered. Prepayments are valued at the amount prepaid net of any discounts due.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any discounts due.

POPHAM KIDNEY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 4TH APRIL 2024

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 4th April 2024, nor the year ended 4th May 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 4th April 2024, nor the year ended 4th May 2023.

3 DONATIONS AND LEGACIES

| | Unrestricted Funds | Unrestricted Funds |
|---------------------|--------------------|--------------------|
| | 2024 | 2023 |
| | £ | £ |
| Donations and gifts | 5,070 | 66,718 |

POPHAM KIDNEY SUPPORT
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 4TH APRIL 2024

4 CHARITABLE ACTIVITIES

| | 2024 | 2023 |
|--|--------------------|-------------------|
| | £ | £ |
| Grants | 149,058 | 89,861 |
| Other income | - | - |
| | 149,058 | 89,861 |
| Analysis by fund: | | |
| Unrestricted funds | - | 500 |
| Restricted funds | 149,058 | 89,361 |
| | 149,058 | 89,861 |
| Grants | 2024 | 2023 |
| | £ | £ |
| The Albert Hunt Trust | - | 3,000 |
| The Hospital Saturday Fund | - | 2,000 |
| Postcode Community Trust | - | 25,000 |
| The Community Foundation in Wales | - | 1,500 |
| Groundwork | 500 | 1,000 |
| The National Lottery, People and Places, Medium Grant | 120,772 | 25,424 |
| The Moondance Foundation | 12,000 | 18,000 |
| TK Maxx Foundation | - | 500 |
| Swansea University | 7,034 | 2,000 |
| CDF & Vale ULHB | 8,752 | - |
| WCVA 3 rd Sector Resilience Fund | - | 11,437 |
| TOTAL | 149,058 | 89,861 |

POPHAM KIDNEY SUPPORT
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 4TH APRIL 2024

5 OTHER TRADING ACTIVITIES

| | Unrestricted Funds | Unrestricted Funds |
|--------------------------|--------------------|--------------------|
| | 2024 | 2023 |
| | £ | £ |
| Fundraising and events | 42,606 | 1,420 |
| Sponsorships | - | - |
| Other trading activities | 42,606 | 1,420 |

6 CHARITABLE ACTIVITIES

| | 2024 | 2023 |
|---|----------------|----------------|
| | £ | £ |
| Staff costs | 108,335 | 100,724 |
| Printing, postage, stationery and telephone | 5,959 | 7,989 |
| Sundry | 1,795 | 2,036 |
| Marketing and PR (inc. rebrand) | 12,957 | 7,170 |
| Website | 430 | 2,732 |
| Insurance | 1,982 | 2,243 |
| IT and office equipment | 7,864 | 4,954 |
| Event costs | 20,689 | 13,533 |
| Welfare and beneficiary | 37,983 | 31,090 |
| Training | 26 | 1,663 |
| Rent, heat and light | 6,370 | 7,400 |
| Accountancy | 1,591 | 2,400 |
| Recruitment | 1,223 | 1,183 |
| | 207,204 | 185,117 |
| Analysis by fund | | |
| Unrestricted funds | 34,233 | 77,558 |
| Restricted funds | 172,971 | 107,559 |
| | 207,204 | 185,117 |

POPHAM KIDNEY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 4TH APRIL 2024

7 EMPLOYEES

Number of employees

The average monthly number of employees during the year was:

| | 2024 | 2023 |
|--------------------|---------|---------|
| | 5 | 6 |
| Employment costs | 2024 | 2023 |
| | £ | £ |
| Wages and salaries | 108,335 | 100,724 |

There were no employees who received remuneration and benefits totalling more than £60,000 during the period.

Key management personnel

The Trustees are deemed to be the key management personnel of the Charity.

As stated above they were not remunerated during the period.

| 8 CREDITORS | 2024 | 2023 |
|-------------|---------------|---------------|
| | £ | £ |
| HMRC PAYE | 9,685 | 9,952 |
| Accruals | 3,101 | 2,400 |
| | 12,786 | 12,352 |

9 ANALYSIS OF NET ASSETS BETWEEN FUNDS

| | Unrestricted 2024 | Restricted 2024 | Total 2024 | Unrestricted 2023 | Restricted 2023 | Total 2023 |
|----------------------------------|----------------------|--------------------|---------------|----------------------|--------------------|---------------|
| | £ | £ | £ | £ | £ | £ |
| Current assets/ (Liabilities) | 65,839 | 8,971 | 74,810 | 51,392 | 32,884 | 84,276 |

10 RELATED PARTY TRANSACTIONS

During the year Gemeg Accountancy provided accountancy and payroll services to the Charity, totalling £Nil (2023: £243). David Bivens, the proprietor of Gemeg Accountancy, was a trustee of the Charity during the previous year.