

inform to empower

Empowering young people to make healthy informed choices in the area of relationships and sex

"Thank you for letting us know this important information. (This is) very valuable"
Student



"The programme has been really impactful for our community"
Local teacher

"Excellent relatable resources that students engaged well with and staff found straightforward to deliver"
Local teacher

"Thank you for your wonderful lesson"
Student

"We have found the sessions to be a fantastic experience for students"
Local teacher

Trustees Report, Accounts and
Independent Examination

For the period ended 30 November 2024

Legal and Administrative Information	4
Structure, Governance and Management	5
Vision and Values	6
Aims	7
Activities and achievements	8
Future Plans	12
Financial review	14
References	15
Independent Examination	16
Accounts	19

Executive summary

Our Vision is for all young people to have healthy and fulfilling relationships

Respected exists to empower young people to make informed and healthy decisions in the area of relationships and sex. We provide holistic and comprehensive Relationships and Sex Education (RSE) from age 11 through to 16

The Need

Highest rates of most common STI's in England are in 15-24 year olds¹
 Average exposure to internet pornography is age 13 and nearly 30% by age 11^{2,3}
 80% girls age 13 report that they or their peers had experienced sexual abuse in school⁴
 40% teenagers say social media causes them to worry about their body image⁵

The Aim

To empower young people to make informed healthy choices in the area of relationships and sex. Specifically:

- to encourage commitment and respect in relationships
- to improve physical and emotional health and increase self esteem of young people
- to encourage young people to consider the benefits of delaying sexual experience until a long term, committed relationship.
- to contribute towards a decrease in local teen pregnancy and STI rates

The Justification

Many schools do not have a budget allocated to RSE
 Many teachers do not feel equipped or confident to teach RSE^{6,7}
 Many students describe school RSE as ineffective and irrelevant⁸
 Locally, we provide the only comprehensive, holistic RSE programme from age 11-16

Area of activity

Based in Bournemouth. RSE programme available to any secondary school in the UK

The Cost

Total expenditure 2023/24: £39,086

The Activities

We provide:

- Our RSE Programme: ready to use, simple for teachers or Respected team to facilitate
- Teacher training: in-person and online sessions plus online teacher guidance videos

Since starting in 2015, approx 45,000 students have benefitted from our programme, of whom 10,000 were in 2023/24

The Outcome

Over the last year, as a result of the Respected programme :

- 80% 11-13yr olds have a better understanding of what makes a healthy relationship
- Over 60% 11-12 yr olds feel better able to keep themselves safe in online relationships
- 70% 15-16 yr olds have an improved understanding of the benefits of delaying sex
- 44% Yr 9's are more likely to use contraception (who weren't planning to do this anyway)

100% teachers surveyed would recommend our programme to a colleague

The Trustees present their report, together with the independently examined financial statements for the year ended 30th Nov 2024.

Legal and Administrative Information

Respected was registered as a Charitable Incorporated Organisation in January 2015 (number 1160057).

Trustees

The Trustees of the charity at 30 November 2024 were as follows:

Dr Louise Parkin BM MRCGP DFRH
Mr Ben Parkin BM FRCOPHTH MD PGCE (Med)
Dr Sarah Wattley BMBS MSc DCH DFPH
Mrs Geal (Isobel) Stanfield BSc (social science/integrated nursing)
Mr Ronald Jenkinson MEd
Dr Festus Adedoyin FHEA, CMBE

Honorary Treasurer

Mr Robert Lambourne

Staff

Hannah Wells, Operations Coordinator
Hannah Keal, Publicity and Development Lead
Beth Pink, Lead Educator

Principal address

Magna House
103 Provence Drive
Bournemouth BH11 9FE

(Previously until July 2024:

Suite 3
1 Sunburst House
Elliott Road
Bournemouth BH11 8JP)

Independent Examiners

Miss JA Richardson FCA, FCCA, DChA
32 Award Rd
Wimborne BH21 7NT

Bankers

Lloyds Bank
101 High St
Poole BH15 1AJ

Structure, Governance and Management

Governing document

The governing document of the charity is the Respected Constitution which has been submitted to the Charity Commission. This is reviewed periodically by the Trustees and was last updated in July 2020.

Organisational structure

Between 2007 and 2014 the structure was that of an unregistered voluntary organisation called "evaluate Poole". During this time, it delivered over 260 educational sessions to over 13,000 young people in 16 schools in the Bournemouth/Christchurch/Poole (BCP) area. The aim of registering as a charity was to employ staff, expand its work, rewrite the educational programme and raise funds more effectively.

The organisation was registered as a Charitable Incorporated Organisation (CIO) and renamed "Respected" on 20th January 2015 with a transfer of all assets and liabilities from evaluate Poole.

All the Trustees give their time voluntarily and none receive any benefit. Two Trustees are married to each other. Two trustees were reimbursed for out of pocket expenses totalling £1,521 (2023: £1,456). With the acquisition of a Respected credit card, we anticipate a decrease in these reimbursements next year. Throughout the year trustees and their family members have donated a total of £8,390 (2023: £6,819) to unrestricted funds, of which £620 was one off donations for a fundraising event.

The Trustees meet at least once termly to agree the budget, policies, funding, staffing etc. All activities are overseen by them. The Treasurer also attends Trustees meetings. Respected employs 3 part-time staff members: the Operations Coordinator, the Publicity and Development Lead and the Lead Educator, all managed by Louise Parkin (voluntary CEO and Trustee). Their responsibilities are set out in their job descriptions. Respected has a team of fully trained educators, led by the Lead Educator (an experienced youth worker) who facilitate the Respected Programme in local schools. This consists of 2 staff (both qualified secondary school teachers) and the CEO (a qualified GP) and 3 other volunteers.

Leadership and Management

The charity is led by a team of trustees, one of whom also acts voluntarily as the charity's CEO. They have been recruited for their experience and expertise in the areas of Relationships and Sex Education (RSE), teaching, technical and relevant medical knowledge. During 2023/24, they included 3 doctors (including a GP and a Public Health Doctor), a retired head teacher, an ex-midwife and a Senior Lecturer in Business Computing, Analytics and AI. Their appointment is for a fixed term of 2-5 years which may be renewed on the agreement of the other trustees. All trustees undergo training provided by Bournemouth/Christchurch/Poole Community Action Network and comply with Charity Commission guidelines. The CEO has worked as a GP

for over 20 years and has over 15 years of experience in RSE. She line manages the staff, oversees the educator training and schools work and co-writes and quality controls all educational materials used.

Use of Volunteers

Respected is grateful for a number of skilled volunteer educators who are vital to the Educator Team facilitating our programme in local schools. All educators (including volunteers) undergo full training (see below in Training section). During 2024, we appointed a Digital Marketing student (and now graduate) from Bournemouth University (BU) to provide volunteer digital marketing assistance to our Publicity Lead, worked with other volunteer BU students to produce a marketing video and hosted a Marketing Media Production placement student.

Risk Management

Respected has a Safer Recruitment Policy for all staff and volunteers and a Safeguarding Policy. All staff and volunteers going into schools are required to have a clear DBS (Disclosure and Barring Service) Criminal Records Check and follow the Respected Code of Conduct Policy. Safeguarding is included in the regular staff and volunteer mandatory training. We also have Health and Safety, Cyber Security, Social Media, Data Protection and Privacy and Financial Controls policies. The charity is insured for Public and Employer's Liability, Professional indemnity and Management Liability, Fidelity and Cyber security.

Vision and Values

Core Values

We believe...

That each young person:

- is created **unique** and equally **valuable**
- deserves to be treated with **love, dignity and respect**
- deserves **healthy** and **fulfilling** relationships..

...whatever their age, ability, ethnicity, sex, gender identity, sexual orientation or belief system

That mutual **respect** and **commitment** between two people are a fundamental part of healthy relationships

In the **ability of each young person to make healthy decisions** when properly equipped and supported



Our Vision

Our Vision is for all young people to have healthy and fulfilling relationships

Aims

Overall Aim

To empower young people to make healthy, informed choices in the area of relationships and sex.

Specific Aims

- To encourage commitment and respect in relationships.
- To improve the physical and emotional health and self-esteem of young people.
- To encourage young people to consider the benefits of delaying sexual experience until a long term, committed relationship.
- To contribute to a decrease in local teenage pregnancy and sexually transmitted infection rates.

We achieve our aims through the Objects of the charity, namely by the provision of our RSE programme.

Objects

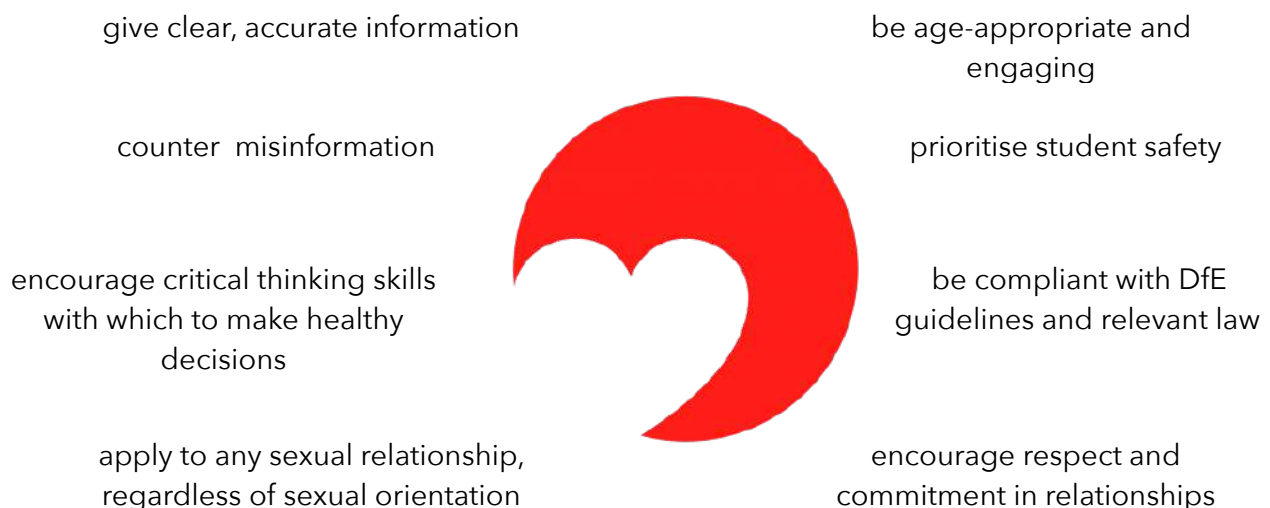
The charity's objects as set out in its Constitution are:

To advance education including but not by way of limitation through the provision of sex and relationship education to children and young people in primary and secondary schools in the Poole and Bournemouth area and such parts of the United Kingdom as the trustees may from time to time determine.

The Trustees have agreed that we will operate in secondary/middle schools only, hoping to expand into primary schools when future resources allow.

Our Pledge

We will provide an RSE Programme which is simple to use and will...



Activities and achievements

Activities

Respected provides holistic Relationships and Sex Education (RSE) to secondary school students. Since its charity registration in January 2015, approximately 45,000 students have benefitted from **our programme**. In the last year, we have also started to offer **teacher training sessions** on how to approach sensitive and difficult topics with their students.

The Respected Programme

Engaging and easy to use The Respected Programme is a set of unique, interactive film-based online educational resources. These are streamed directly from our website and easily facilitated in class by our **Educator Team** (local schools only) or a **teacher**. Each lesson contains:

- 1) **Film**: a short interactive film on the topics of the lesson.
- 2) **Follow On**: interactive activities/discussions allowing students to engage further with key themes raised in the Films.
- 3) **Student help**: detailed resources on where students can go and how to access further help and support on relevant issues.



Relevant to students and compliant

with guidelines Topics covered include influences such as peer pressure, the internet, social media and pornography; grooming and child sexual exploitation; body image and self esteem; consent and coercion/control as well as unplanned pregnancy, contraception and sexually transmitted infections (STI's). It is compliant with the latest Department for Education Guidelines?

Peer led Each Film is presented by 2 young adults who are only a few years older than the older students. This adds credibility and makes them highly relatable for the students.

Supports schools in quality delivery The programme is designed to support staff at every stage, so contains detailed lesson plans, teacher guidance notes and teacher guidance videos on how to facilitate our resources and to approach difficult subjects such as consent and influence of internet pornography with students.

Transparent Schools are also able to preview all resources before parting with any money and parents and carers are able to see exactly what their children will be receiving.

Accessible to all schools A nominal annual membership fee for any school in the country covers the use of the entire programme for 4 year groups.

Training

Full training of all educators in the Educator Team is provided by a GP, our Lead Educator and a recently retired children's safeguarding social worker, all of whom have many years' experience of going into schools. The training includes sessions on the charity's Vision, Values and Aims, current relevant cultural issues for young people, safeguarding, relevant legal issues, contraception and STI's, IT and facilitation skills, followed by an ongoing apprenticeship with the Lead Educator. There are annual safeguarding updates and 3 yearly comprehensive safeguarding training for all staff and volunteers, who also receive regular feedback on their ongoing performance.

Ensuring that services remain relevant

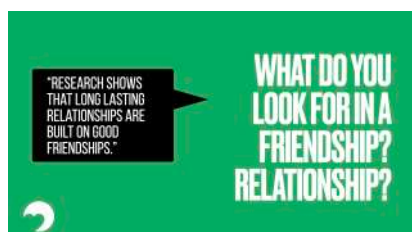
We use data from national research, government guidelines and our own feedback data to ensure that our services remain relevant.

Nationally, there is good evidence for the ongoing need to provide good quality RSE to schools and that young people want it. In an NSPCC survey from 2023 ⁸, many described their experiences of RSE at school as too little, too late, negative, ineffective and irrelevant to their everyday lives. Others made it clear that they wanted 'much more space for sex education. It's important!'. Findings from a 2024 poll of 16 and 17 year olds ⁷ found that schools still felt under confident in delivering some of the more 'taboo' subjects of the curriculum including pornography and sexual assault, both of which are in the Respected Programme. These young people also identified more teacher training and opportunities for pupil feedback as ways to improve their RSE. We already take detailed student feedback (see below) and in the last year have started offering live face to face or online teacher training sessions (as well as our online teacher guidance videos) as part of our package.

Our programme is compliant with both the latest (2020) government guidelines ⁹ as well as the draft guidance put out for consultation by the outgoing government in May 2024.¹⁰ We await further news on this from the new government.

Feedback is taken from teachers and students at the end of their Respected lessons (see Impact section below). The programme is reviewed and updated at least annually to ensure it is kept accurate and up to date.

Over the last year, these measures, as well as recent media coverage, have indicated that there are certain topics which have become much more relevant to young people than when our resources were first developed. For this reason, over the next year, we plan to re-film and perform much more extensive updates on our resources and to include new topics such as sexual assault and positive masculinity. (See 'Future Plans' below).



Ensuring that our services are accessible to the public

The Respected Programme is available to any secondary (or middle) school in the UK to stream directly from our website. It is specifically designed to be easy to facilitate. We are aware of budget constraints for schools, so a nominal annual membership fee covers the use of the entire programme for 4 year groups. This makes our programme highly accessible across the whole country. The charity publicises our programme via email, the website, word of mouth, social media, publicity leaflets and publicity events.

Impact

Since our charity registration in January 2015, approximately 45,000 students have benefitted from our programme. In 2023/24, approximately 10,000 students in 30 schools received our programme both locally and further afield. Over 1,400 local students received it directly from the Respected Educator Team.



Lead Educator Beth with teacher Sarah Mulhern at St Aldhelm's Academy, Poole



Educator Hannah at local school



CEO Louise after teaching at Queen Elizabeth's School, Wimborne

Through our RSE Programme and Specialist Educator/Training Team, we address the issues young people are facing whilst also supporting staff to deliver difficult topics well. As one local Year 10 student commented: *'It covered everything really well'* and a Year 9 described the Respected team as *'very helpful'*. One local teacher commented: *'The programme has been really impactful for our community and it covered sensitive topics really well'*

We measure our success through the use of detailed feedback questionnaires. These are completed in class by students and teachers locally or by telephone interview of teachers who facilitate the programme themselves.

Analysis of feedback from academic year 2023/24 shows that:

91% students think the subjects we cover in our programme are important with 83% rating the programme as good/helpful.

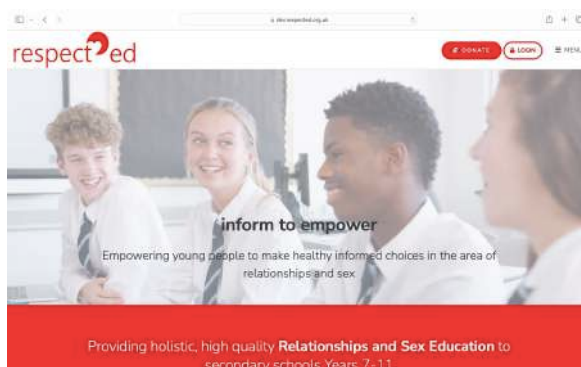
As a result of the programme:

- 80% of Yr 7/8 students have an improved understanding of the differences between a healthy and unhealthy relationship
- 62% Yr 7 students feel better able to keep themselves safe in an online relationship
- 70% of Yr 10/11 students have an improved understanding of why someone might delay sex until a longterm relationship
- 44% Yr 9's are more likely to use contraception (who weren't planning to do this anyway)

98% teachers surveyed rated the programme as good/very good and 100% would recommend it to a colleague.

Website and Social media

Respected's [website](#) is designed to publicise and promote the charity and its work and enable online donations and fundraising support, as well as to provide our educational programme to schools through its membership area. Our social media (Facebook, Instagram, LinkedIn) is designed to raise awareness of relevant issues, publicise the charity and fundraising events, network with other relevant organisations and to develop a community of regular supporters. The website is hosted and managed by Nami IT Solutions and 2able Ltd and the social media accounts managed by the staff. All are overseen by the CEO.



Public Benefit statement

In considering its future strategy, aims and objectives, Respected Trustees have paid due regard to the Charity Commission's general guidance on Public Benefit. The Trustees are satisfied that through its primary activities the charity provides identifiable benefits consistent with its charitable objects. The Trustees do not consider that these activities produce any identifiable detriment or harm. The Trustees are satisfied that any private benefit is incidental to its public benefit activity.

Achievements in the 2023/24 period

The number of schools using our programme has doubled over the last academic year, reaching our target for the year of 30 schools, predominantly locally but a few as far afield as Dunfermline. Overall, approximately 10,000 students received it last year of which 1400 received it directly from the Respected educator team.

We provided in person RSE teacher training sessions in 3 schools.

We established a solid base of impact data for our programme for the last 3 years, including feedback from students and teachers who have facilitated the programme. This shows a high level of satisfaction with:

- 87% students rating our lessons as good/helpful and 95% teachers rating them good/very good
- 98% teachers saying they would recommend our programme to a colleague

The work of Respected is having a significant impact on the wellbeing of young people. As a result of their Respected lessons:

- 85% 11-13 year olds having a better understanding of what makes a healthy relationship
- Nearly 70% 11-12 year olds feeling better able to stay safe in an online friend/relationship
- 67% 13-14 year olds having a better understanding of the impacts of having sex
- Nearly half of Year 9's more likely to use contraception/a condom

This very positive feedback will allow us to apply for further funding and market our programme more widely in BCP/Dorset and beyond, aiming to increase our schools by another 50% in the coming year (see Future Plans below).

Based on our feedback data and experiences of our specialist Educator Team over the last year, we have made interim updates to our programme in line with current topical issues. This includes additional notes for teachers on how to make our lessons more accessible for students with special educational needs. Further more extensive development of the programme is planned for next year (see Future Plans).

We have started to create more meaningful partnerships and networks with local statutory and allied organisations, including BCP Council, Public Health Dorset, Sexual Health Dorset, Dorset Office for the Police Crime Commissioner (OPCC), STARS and the local Sexual Assault Referral Centre, Paragon, Dorset Youth, Talk About Trust, The Shine Project, Dorset Women and St Andrew's Church, Charminster. Our relationship with Bournemouth University continued with hosting a Marketing Media Production placement student, appointing a student (and now graduate) to provide volunteer digital marketing assistance to our Publicity Lead and working with other volunteer students to produce a 'vox pop' marketing video filmed in the Student Union.

Future Plans

Continuing to increase uptake of our programme

We have set a target for the Respected Programme to be used in 45 schools by the end of academic year 2024/25, with a particular focus on BCP/Dorset schools. Over the next 3 years we aim to become the main provider of RSE in Dorset.

Redevelopment of Respected programme

Despite our excellent feedback data, we recognise that the original films in our programme will be 5 years old by November 2025. Youth culture moves on very fast and it is vital that our programme remains up to date and relevant to young people. With this in mind, we plan to redevelop our resources, including a fresh new look, incorporating new topics such as misogyny/positive masculinity, making it more accessible for students of diverse abilities and backgrounds and introducing new teaching techniques/activities to make it even more engaging for students and easier for teachers to use. Any changes made will be based on evidence from relevant national research, our own feedback data and experiences of our educator team and the opinions of local young people, young adults and teachers. Project planning work has already started and a budget allocated.

Funding strategy

Over the next year we will be increasing the number of staff hours dedicated to fundraising and increasing the number of our regular donors, with targets for both. At this stage of our organisation development, whilst still trying to increase uptake of our programme in schools, our main source of funding needs to be from regular donors and also grants/trust rather than school membership fees. Our funding strategy for next year will reflect this aiming for 70% of our income in individual donations and trust grants. Looking further ahead, as we develop relationships with local commissioners in the council and OPCC, we will be pursuing the possibility of statutory funding and increasing our school membership fees.



Fundraising Quiz Night, at NEU Conference, Trustee Ben's sponsored Offa's Dyke Trek and his Welcome Home Team!

Financial review

Principal funding sources

43% of our income this year came from grants and 42% from individuals donations with gift aid, the majority in regular giving. The rest was mainly from fundraising events and school membership fees. Our strategy for next year will follow a similar pattern, whilst aiming for a larger contribution from school membership fees and possibly statutory funding as we grow over the longer term (see above in Future Plans). The following accounts show that Respected has a net surplus of £10,105 compared to a deficit of £7,550 last year. Total funds as at 30th November 2024 were £28,207 compared to £18,102 in 2023.

Reserves Policy

The Trustees have an agreed reserves policy which is reviewed each year. The main consideration in setting the required level of reserves is the moral commitment the Trustees have to its employed staff and to the young people it serves. They have agreed the following statement for the annual report:

Respected is committed to providing high quality Relationships and Sex Education to young people, mainly in the Poole and Bournemouth area. Therefore, if the charity had to close, the Trustees have agreed to have enough money in reserve to cover staff costs for the next 3 months.

At projected 2024/25 costs, the Trustees estimate that they would need £8,288. At the end of this financial year the charity has total cash reserves of £28,207.

Approved by the Trustees on4/3/25.....

A handwritten signature in black ink, appearing to be 'Dr Louise Parkin', written over a horizontal line.

.....

Dr Louise Parkin, Trustee

References

1. UK Health Security Agency. Sexually transmitted infections and screening for chlamydia in England: 2023 report - GOV.UK. <https://www.gov.uk/government/statistics/sexually-transmitted-infections-stis-annual-data-tables/sexually-transmitted-infections-and-screening-for-chlamydia-in-england-2023-report>
2. Children's Commissioner. Evidence on pornography's influence on harmful sexual behaviour among children | Children's Commissioner for England [Internet]. 2023 [cited 2024 Feb 28]. Available from: <https://www.childrenscommissioner.gov.uk/resource/pornography-and-harmful-sexual-behaviour/>
3. British Board of Film Classification (BBFC). Young People, Pornography and Age-verification. <https://www.revealingreality.co.uk/wp-content/uploads/2020/01/BBFC-Young-people-and-pornography-Final-report-2401.pdf> (2020).
4. OFSTED. Review of sexual abuse in schools and colleges. <https://www.gov.uk/government/publications/review-of-sexual-abuse-in-schools-and-colleges/review-of-sexual-abuse-in-schools-and-colleges> (2021).
5. Body image report - Executive Summary. <https://www.mentalhealth.org.uk/explore-mental-health/articles/body-image-report-executive-summary> (2017).
6. Survey on teacher preparedness for new Relationships and Sex Education. <https://dfemedia.blog.gov.uk/2020/01/13/survey-on-teacher-preparedness-for-new-relationships-and-sex-education/> (2020).
7. Sex Education Forum. Young People's RSE Poll 2024. [https://www.sexeducationforum.org.uk/sites/default/files/field/attachment/Young Peoples RSE Poll 2024 - Report.pdf](https://www.sexeducationforum.org.uk/sites/default/files/field/attachment/Young%20Peoples%20RSE%20Poll%2024%20-%20Report.pdf)
8. Renold, E. et al. 'We have to educate ourselves' How young people are learning about relationships, sex and sexuality | NSPCC Learning. <https://learning.nspcc.org.uk/research-resources/2023/how-young-people-are-learning-about-relationships-sex-sexuality> (2023).
9. Relationships Education, Relationships and Sex Education (RSE) and Health Education: Statutory Guidance for Governing Bodies, Proprietors, Head Teachers, Principals, Senior Leadership Teams, Teachers. (2019).
10. Review of the Relationships Education, Relationships and Sex Education (RSE) and Health Education: Statutory Guidance. Government Consultation (May 2024)



Section A

Independent Examiner's Report

Report to the trustees/
members of

Respected

On accounts for the year
ended

30th November 2024

Charity no
(if any)

1160057

Set out on pages

19-22

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **30 / 11 / 2024**.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date: 4th March 2025

Name: Jenifer Anne Richardson

Relevant professional
qualification(s) or body
(if any):

FCA FCCA DChA

Address:	32 Award Road
	Wimborne
	Dorset BH21 7NT

Section B**Disclosure**

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



CHARITY COMMISSION
FOR ENGLAND AND WALES

RESPECTED

1160057

Receipts and payments accounts

CC16a

For the period
from

Period start date
1st December 2023

To

Period end date
30th November 2024

Receipts

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	14,192	50	-	14,242	13,212
Deposit A/C Interest	207	-	-	207	238
School Donations	2,424	-	-	2,424	352
Fundraising Events	4,623	-	-	4,623	1,133
Excess Rates Refund (change of address)	164	-	-	164	-
Gov. Grants, SSP / SMP	- 0	-	-	-	6,568
Gift Aid recovered	6,181	-	-	6,181	5,185
Grants received	21,000	-	-	21,000	398
Insurance claim for damaged Laptop	350	-	-	350	-
Sub total(Gross income for AR)	49,141	50	-	49,191	27,086
A2 Asset and investment sales, (see table).					
Sale of redundant equipment	- 0	- 0	- 0	-	
	- 0	- 0	- 0	-	670
Sub total	- 0	- 0	- 0	-	670
Total receipts	49,141	50	- 0	49,191	27,756
A3 Payments					
Staff wages & Mileage	25,425	-	-	25,425	21,173
Office Rent & Rates	2,508	-	-	2,508	2,494

Printing / Stationery / Advertising / Office Supplies	1,461	-	-	1,461	1,155
Training / Team Building	409	50	-	459	292
Subscriptions	486	-	-	486	227
Website Support & Developement / Updates	4,926	-	-	4,926	5,300
Cost of Promotional activities	1,183	-	-	1,183	1,974
Governance (incl Payroll)	850	-	-	850	1,560
Donation collection charges	201	-	-	201	-
Insurances	793	-	-	793	873
Sub total	38,243	50	-	38,293	35,048
A4 Asset and investment purchases, (see table)					
	- 0	- 0	- 0	-	
Laptops and equipment	793	- 0	- 0	793	258
Sub total	793	- 0	- 0	793	258
Total payments	39,036	50	- 0	39,086	35,306
Net of receipts/(payments)	10,105	-	-	10,105	- 7,550
A5 Transfers between funds	- 0	-	-	-	-
A6 Cash funds last year end	18,102	-	-	18,102	25,652
Cash funds this year end	28,207	-	-	28,207	18,102
	and liabilities at the end of the period				
Categories	Details	Unrestricted funds		Restricted funds	Endowment funds
		to nearest £		to nearest £	to nearest £
B1 Cash funds	Current Account	2,058		-	-
	Deposit Account	26,149		-	-
		-		-	-
	Total cash funds	28,207		-	-

	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds	Restricted funds	Endowment funds
	Details	to nearest £	to nearest £	to nearest £
B2 Other monetary assets	Overpayment of Tax on PAYE	84	-	-
	Donations through People's Fundraising Pending	220	-	-
	Donations through Stripe Pending	5	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Laptops	Unrestricted	610	-
	Autocue	Unrestricted	95	-
	Recording Equipment	Unrestricted	163	-
			-	-
			-	-
			-	-

