



Penguins Against Cancer

Annual Report & Accounts 2023 - 2024

18th June 2024

Registered Charity Number: 1159905

Contact Address: Weirs End, Hampton Court Road, East Molesey, Surrey, KT8 9BP

Annual Report 06/04/2023 – 05/04/2024

Penguins Against Cancer

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Introduction & Background

Penguins Against Cancer (“**PAC**”) is a charity which was set up on 6th Nov 2013 simply to combat cancer. Its distinctive name can be explained by the fact that the charity’s founders were drawn from **Guy's Hospital Penguins**, the oldest team (the “veterans”) in the oldest rugby club in the world (Guy’s Hospital Rugby Football Club).

But now its members come from a wide range of ages, backgrounds, and professions, all uniting to raise money in support of:

- cancer awareness
- cancer research
- cancer treatment
- hospices

Our motto is "Dare Quam Accipere", which translates from Latin into "It is better to give than to receive".

Scope of This Document

The scope of this document is to provide succinct, relevant information on our charity during our financial year to 5 April 2024, in accordance with Section 7 of the Charity Commission’s document “Charity reporting and accounting: the essentials” (January 2013) to these key stakeholders:

- A.** The Charity Commission
- B.** Our members and fundraisers
- C.** The recipients of our grants

It also serves to provide information to the wider general public, which may stimulate interest in becoming a PAC Member.

Charity Registration Number & Registered Office

Our charity registration number is 1159905 and our contact address is:

Weirs End, Hampton Court Road, East Molesey, Surrey, KT8 9BP

Summary Description of the Purposes (Objects) of the Charity

D. The Aim of PAC

Our aim is the advancement of health and the saving of lives of people affected by cancer.

E. Our Mission Statement

Penguins Against Cancer (PAC) is to raise **£1 million**, in order to make a significant contribution to the fight against cancer.

F. Our Objectives

Our objectives are:

- i. raising awareness of cancer.
- ii. making grants to individuals and organisations involved in cancer research.
- iii. making grants to individuals and organisations involved in cancer treatment and hospices.

Main Activities of the Charity

G. Fundraising

PAC fundraising activities are many and diverse and include (but are not limited to): sponsored cycle rides, formal fundraising dinners, charity golf days, raffles, auctions of donated items, charity runs and occasional sales of “Penguins” merchandise (e.g., Christmas cards).

All PAC fundraising events are designed to be both altruistic and fun, celebrating memories and achievements, rather than mourning loss.

We also encourage members to support us through regular (monthly) standing order donations, direct to the charity bank account.

In addition to these regular monthly donations, other funds, such as one-off donations, or fund-raising events, have been facilitated via an established online fundraising system in this 2023-24 reporting year: **GoFundMe**. There are further details under **Administrative Costs**.

B. Disbursement of Grants

Grants are disbursed from funds raised to individuals and organisations nominated by PAC members, many of whom have had loved ones fall victim to cancer. **To-date (to April 2024) PAC has disbursed 121 grants totalling £445,000, to raising cancer awareness, cancer research, cancer treatment, and hospices.**

Organisations supported in this reporting period:

Bowel Cancer UK, Guy's Cancer Charity, Princess Alice Hospice, Pancreatic Cancer UK, St Luke's Hospice, Lymphoma Action, The Urology Foundation, Institute of Cancer Research, University of Dundee, Action Bladder Cancer, Macmillan Cancer Support, St Christopher's Hospice, Target Ovarian Cancer, Breast Cancer Now, Neuroendocrine Cancer, Birmingham Hospice, Velindre Cancer Centre, Phyllis Tuckwell Hospice, OddBalls Foundation, Royal Marsden Cancer Charity, Greenwich & Bexley Community Hospice.

Our approach enables support to be targeted to particular individuals and organisations which makes the process of staging events to raise money personal, vivid and special. It allows those bereaved and otherwise affected to contribute directly and tangibly to the memory of the cancer victim.

C. Research Grants

In 2023 Penguins Against Cancer launched another two research grants to join the existing research grant that had been in place since 2016. Applications are invited for annual grants; these are reviewed by a specialist committee to ensure criteria is met. The three awards in 2023 were:

Fergus Scholefield Cancer Research:

The **£5,000** 2023 Fergus Scholefield Cancer Research grant has been awarded to Dr Joanna Selfe of the Institute of Cancer Research.

The grant awarded to Dr Selfe will contribute specifically to a project identifying the therapeutic strategies to combat the aggressive MYOD1 (L122R) mutation in paediatric Rhabdomyosarcoma.

Ruth Prosser Women's Cancer Research:

The inaugural (2023) **£5,000 Ruth Prosser Women's Cancer Research** grant has just been awarded to Ms Sarah Savaridas, a Senior Clinical Lecturer at the University of Dundee.

The subject of Ms Savaridas's research work is in breast cancer and the title of her project is "**Abbreviated MRI vs full protocol breast MRI for monitoring response to neoadjuvant chemotherapy. A pilot study**".

Chris Howell Urological Cancer Research:

The inaugural (2023) **£5,000 Chris Howell Urological Cancer Research** grant was awarded to Mr Max Stewart, an MRC Clinical Research Training Fellow at the University of Oxford. This is a joint venture with The Urology Foundation.

The subject of Mr Stewart's research work is "**Reducing the Morbidity of Radical Prostatectomy: Feasibility of intra-operative stimulation of the cavernous nerve**".

Structure, Governance and Management

The Constitution for Penguins Against Cancer was adopted on the 13 December 2014. A copy of our Constitution is available at all times for viewing on our website (www.penguinsagainstcancer.org.uk), under "**Governance**".

The Charity is staffed entirely by its members, who are **all unpaid volunteers**.

A selection of members are elected each year as Officials and Trustees at the Annual General Meeting (AGM). Officials and Trustees wishing to stand for a term greater than one year require annual re-election via the AGM.

One Annual General Meeting, plus (at least) three Trustees' Meetings take place in the course of each year. Each meeting is attended by at least four Trustees in order to be quorate and to vote on motions put forward.

A list of Trustees in post as at the date of this Report & Accounts being approved (1st June 2024) is published as **Appendix 1** in this document.

Monies raised by the charity are disbursed as grants according to nominations made by members; such nominations are made by two members (or one Member supported by a Trustee) and approved by a majority of Trustees expressing an opinion, and in all cases by at least four Trustees.

All details of grants disbursed to-date are viewable on the "**Grants**" section of our website (www.penguinsagainstcancer.org.uk/grants), including PAC letters which accompanied the grant cheques. Letters of thanks from the grant recipients, confirming receipt of their grants as well as how the monies will be spent, are also published on our website, under "**Thanks**" (www.penguinsagainstcancer.org.uk/thanks).

Administrative Costs

Penguins Against Cancer has **no** running costs or administrative costs to dilute the money donated by supporters, so every penny received from donations goes directly to the fight against cancer*:

All administration time and skills are kindly donated free of charge by PAC members. Any associated admin costs are also funded by PAC members out of their own pockets.

** [Donations by supporters to PAC via the established online fundraising GoFundMe site (December 2021 onwards) have small levels of commission deducted at source, however this is more than offset by the amount of GiftAid (see below) PAC receives from such online donations.]*

Gift Aid

This well-established government scheme allows UK charities like us to claim back the basic rate tax already paid on donations by the donor. This means we can legitimately claim back from the Government 25p for every £1 donated, **boosting the value of such donations by a quarter**, provided that the donor is a UK taxpayer and pays more in income tax annually than the amount we are claiming.

Communication

Our website (www.penguinsagainstcancer.org.uk) is our main form of communication to our members, and to the wider public. It provides full details of our fundraising activities (both past and future), together with all relevant information about the charity, including compliance with governance and records of official meetings held. It is kept up to date by a dedicated volunteer Webmaster, we also have a volunteer Social Media Manager who creates posts for PAC on LinkedIn, Facebook, X and Instagram.

We communicate regularly to Members who have joined a community WhatsApp group.

Details of Relevant Organisations to the Charity

Our Bank:

NatWest Bank
45 Park Street
Camberley
Surrey
GU15 3PA

Our Independent Examiner:

Wayne Harris
THB Accountants
1 & 2 Studley Court Mews
Studley Court
Guildford Road
Chobham
Surrey
GU24 8EB

Public Benefit Statement

We hereby confirm that the charity's Trustees have complied with their duty to have due regard to the guidance on public benefit published by the commission in exercising their powers or duties.

2023-2024 Financial Review

Receipts:

- i. PAC's receipts for the year totalled **£147,235.87** (up from £76,115.25 FY22-23).
- ii. Of this, £56,609.21 (38% of the total) came via GoFundMe (after their 1.9% fee was deducted £1,116.13) and £88,310.74 (60% of the total) came direct to the PAC NatWest account, £2,303.74 came from HMRC for Gift Aid (none had been collected for 5 years) and there was £20.09 of interest from a new interest-paying account with NatWest.
- iii. The 10th Anniversary Ball raised £42,113.43 and the Penguin Peloton £42,003.11
- iv. Included in the GoFundMe total is £6,153.50 of Gift Aid that PayPal Giving claim from HMRC automatically on behalf of PAC.
- v. Of the donations direct to the NatWest account, a total of £13,603.00 came from monthly standing order donations. The other direct donations are from such things as one-offs, raffles, GKTWRFC, etc.
- vi. One very significant and generous donation of £20,000 was made during the year by The Graham Kirkham Foundation.

Payments:

- i. A total of **£144,000** was disbursed as outgoing payments by PAC during this reporting year as grants to cancer research, cancer treatment and cancer care hospices. (versus £69,000 disbursed in the previous year, 2022-23)
- ii. All 2023-24 grants are detailed in **Appendix 2** of this report.

Reserves to Carry Forward at Year-End:

- i. **£3,235.87** is the net residual amount from this year's financial activities (£147,235.87 of receipts, less £144,000 disbursed);
- ii. **£15,441.42** of cash reserves were carried forward from the previous year (2022-23);
- iii. Giving total reserves to carry-forward into 2024-25 of **£18,677.29**.
- iv. Reserves policy: the charity has no administrative (staff) costs and so operates on a "zero reserves" policy, but typically with a cash buffer of around £5,000.

Independent Examiner's Report

Independent Examiner's Report to the Trustees of Penguins Against Cancer

Independent examiner's report to the trustees of Penguins Against Cancer ('the Charity')

I report to the charity trustees on my examination of the accounts of the Charity for the year ended 5th April 2024.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). The Charity's trustees consider that an audit is not required for this year under section 144(2) of the Act and that an independent examination is needed.

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

THB LLP
1 & 2 Studley Court Mews
Studley Court
Guildford Road
Chobham
Surrey
GU24 8EB

Date: 29th January 2025

Receipts and payments accounts. Form CC16a



CHARITY COMMISSION
FOR ENGLAND AND WALES

Penguins Against Cancer

1159905

Receipts and payments accounts

CC16a

For the period
from

06/04/2023

To

05/04/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	13,603	-	-	13,603	36,664
Virgin giving	-	-	-	-	-
The 10th Anniversary Ball	42,113	-	-	42,113	-
The Graham Kirkham Foundation	20,000	-	-	20,000	-
Raffles, GKTWRFC, etc	17,823	-	-	17,823	-
Tower to Tower	-	-	-	-	23,474
Four penguins tackle Inbourne Trencholm 2022	-	-	-	-	3,144
The Penguin Pelophone	42,003	-	-	42,003	8,056
Gift aid	8,457	-	-	8,457	4,778
Sub total (Gross income for AR)	144,000	-	-	144,000	76,116
A2 Asset and investment sales, (see table).					
Net residual amount	3,236	-	-	3,236	-
Sub total	3,236	-	-	3,236	-
Total receipts	147,236	-	-	147,236	76,116
A3 Payments					
grants to cancer research, cancer treatment and cancer care hospices.	144,000	-	-	144,000	69,000
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	144,000	-	-	144,000	69,000
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	144,000	-	-	144,000	69,000
Net of receipts/(payments)	3,236	-	-	3,236.78	7,116.00
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	15,442	-	-	15,442	8,326
Cash funds this year end	18,678	-	-	18,678	15,442

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	18,678	-	-
		-	-	-
		-	-	-
	Total cash funds	18,678	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-	
		-	-	
		-	-	
		-	-	
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-	
		-	-	
		-	-	
		-	-	
		-	-	
		-	-	
		-	-	
		-	-	
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Funds	18,678	-	
		-	-	
		-	-	
		-	-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	

Appendix 1

List of Trustees in post at the date of signing this Report

- C E Beardmore *President*
- P Gush *Vice-President*
- G Thomason *Treasurer*
- C Gush *Social Secretary*
- D Gush *Secretary & Webmaster*
- L Aaron *Social Media Manager*
- C A Beardmore
- A Mistlin
- P Davis

Trustees with specific responsibility for the PAC Research Committee:

- S Hughes *Lead Trustee*
- B Challacombe
- I Abbs
- C E Beardmore

Appendix 2

Monies Disbursed as Grants: 2023-2024

Bowel Cancer UK	£5,000.00
Guy's Cancer Charity	£5,000.00
Princess Alice Hospice	£5,000.00
Pancreatic Cancer UK	£5,000.00
St Luke's Hospice	£5,000.00
Lymphoma Action	£5,000.00
The Urology Foundation	£25,000.00
Institute of Cancer Research	£5,000.00
University of Dundee	£5,000.00
Action Bladder Cancer	£5,000.00
Macmillan Cancer Support	£5,000.00
St Christopher's Hospice	£5,000.00
Target Ovarian Cancer	£5,000.00
Pancreatic Cancer UK	£5,000.00
The Urology Foundation	£5,000.00
Breast Cancer Now	£5,000.00
Neuro Endocrine Cancer	£5,000.00
Birmingham Hospice	£5,000.00
St Luke's Hospice	£5,000.00
Velindre Cancer Centre	£5,000.00
Velindre Cancer Centre	£4,000.00
Phyllis Tuckwell Hospice	£5,000.00
OddBalls Foundation	£5,000.00
Royal Marsden Cancer Charity	£5,000.00
Greenwich & Bexley Community Hospice	£5,000.00