

# MOTHERHOOD HEALTH CARE LTD

England & Wales · Charity number 1159894

## Details

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**Other names** MOTHERHOOD HEALTH CARE, MHC

**Status** Registered

**Legal form** Charitable company

**Company number** [07736716](#)

**Registered** 2015-01-12

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 83 Longcroft Rise  
Loughton  
IG10 3ND

**Phone** 02085021941

**Email** [info@motherhoodhealthcare.org](mailto:info@motherhoodhealthcare.org)

**Website** [www.motherhoodhealthcare.org](http://www.motherhoodhealthcare.org)

## Activities

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**Objects:** THE OBJECTS OF THE COMPANY SHALL BE SPECIFICALLY RESTRICTED TO:TO PROMOTE, PROTECT AND IMPROVE HEALTH, PRIMARILY IN SIERRA LEONE AND WITH PARTICULAR REFERENCE TO MATERNAL HEALTH, BY:1.PROVIDING OR ASSISTING IN THE TRAINING OF MIDWIVES, BIRTH ATTENDANTS OR OTHER HEALTH WORKERS;2.IMPROVING COMMUNICATION AND NETWORKS FOR HEALTH WORKERS AND HEALTH FACILITIES AND HELPING HEALTH WORKERS TO REACH PREGNANT WOMEN OR VICE VERSA;3.IMPROVE ACCESS TO HEALTHCARE FOR PREGNANT WOMEN BY BUILDING OR REFURBISHING EXISTING COMMUNITY CENTRES TO PREVENT WOMEN FROM TRAVELLING LONG DISTANCES IN ORDER TO ACCESS HEALTHCARE;4.RAISING AWARENESS ABOUT THE IMPORTANCE OF PRE AND ANTENATAL CARE, SKILLED BIRTH ATTENDANCE DURING CHILDBIRTH AND FAMILY PLANNING;5.BRINGING DIGNITY BACK IN THE LABOUR ROOM, FOR EXAMPLE: BY TRAINING MIDWIVES TO BE MORE COMPASSIONATE TO WOMEN AND REVOLUTIONISE THE WAY SIERRA LEONEANS THINK ABOUT CHILDBIRTH;6.OTHER SUCH MEANS AS THE TRUSTEES MAY DETERMINE.

**Activities:** Providing or assisting in the training of midwives, birth attendants or other health workers.2. Improving communication and networks for health workers and health facilities and helping health workers to

reach pregnant women or vice versa.3. Improve access to healthcare for pregnant women by building or refurbishing existing community centres to prevent women from travelling long distance

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Other Charities Or Voluntary Bodies, The General Public/mankind

## Geography

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- Sierra Leone

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-05-31	-	-	-	-
2024-05-31	-	-	-	-
2023-05-31	-	-	-	-
2022-05-31	£30,000	£28,000	-	-
2021-05-31	£20,000	£19,856	-	-

## Trustees

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Name	Role	Appointed
MARTINMICHAEL JAMES	Chair	2016-11-01
KUMBA FATIMA SAGBA		2015-01-09

**MOTHERHOOD HEALTH CARE LTD**

England & Wales - Charity number 1159894

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# Accounts

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MOTHERHOOD HEALTH CARE  
ANNUAL REPORT  
FOR THE YEAR ENDED  
31 MAY 2022

Charity Number 1159894

MOTHERHOOD HEALTH CARE  
FINANCIAL STATEMENTS  
YEAR ENDED 31 MARCH 2011

**CONTENTS**

Structure, Governance, Management & Objectives  
Activities, Achievements & Performance  
Financial Review  
Responsibilities of Trustees  
Statement of Income & Expenditure

The trustees, who are also directors for the purposes of company law, have pleasure in presenting their report and the financial statements of the charity for the year ended 31<sup>st</sup> May 2022.

**REFERENCE AND ADMINISTRATIVE DETAILS**

<b>Registered charity name</b>	Motherhood Health Care
<b>Charity registration number</b>	1159894
<b>Company registration number</b>	07736716
<b>Registered office</b>	83 Longcroft Rise Loughton Essex United Kingdom IG10 3ND



# Motherhood Health Care™

Saving the lives of Mothers & Babies

## STRUCTURE, GOVERNANCE, MANAGEMENT AND OBJECTIVES

### Constitution, policies and objectives

The charitable company is a company limited by guarantee and was set up by a Memorandum of Association on 11<sup>TH</sup> August 2011 and as charity on September 2015

The principal object of the charitable company is to alleviate the suffering of persons subject to or affected by Maternal mortality and morbidity and to promote maternal and reproductive health amongst women and girls in Sierra Leone and elsewhere.

The above object was modified in September 2014 to combat the salient issue of maternal health and other such means the trustees may determine. Its mission is to save lives of women dying from treatable complications of pregnancy and childbirth by improving access to equitable maternal health services, support and resources; 'no women should die bring life.' This will be achieved through a human rights-based approach that raises awareness about the salient issue of maternal mortality and ensure that the design, delivery and monitoring of maternal healthcare services are tailored around the needs of women in Sierra Leone.

Its work is dedicated to training of midwives and other health professionals, improving communication network, advocacy, raising community awareness of the importance of pre-natal, skilled birth attendants, postnatal care and family planning and at a national level.

There have been no other changes in the objectives since then.

### Method of appointment or election of board of Directors

The management of the charitable company is the responsibility of the board of directors who are appointed and co-opted under the terms of the Articles of Association.

### Policies adopted for the induction and training of board of trustees

Newly elected board members are encouraged to attend a series of training sessions led by the Chair of the Board and the Chief Executive officer. The courses attended equip the board members with skills to carry out their duties as trustees.

The training enables them to understand:

- 1) Their obligation as trustees;
- 2) The importance of the main documents which set out the operational framework for the charity including the memorandum and Articles of association;
- 3) The control of resources and current financial position using the management accounts;
- 4) Their responsibility of the statutory accounts;
- 5) How to translate future plans and objectives into budgets and plans; and
- 6) Use of budgetary control.

## Motherhood Health care

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During induction, they meet key employees and other trustees. As part of the induction training, they are encouraged to attend appropriate external events where these will facilitate the undertaking of their role.

An information pack has been prepared drawing from various charity commission publications signposted through the commission's guide, 'The Essential Trustee'.

### **Organisational structure and decision making**

Motherhood Health Care (MHC) has a Board of Directors (Trustees) who are appointed by open recruitment. The work of the Board is supported by sub-committees and task groups. The organisation has operational staff headed by an Executive Director and other members of staff. Volunteers support various projects within the organisation at both strategic and operational levels.

### **Public Benefit**

MHC has referred to the guidance in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular the trustees consider how planned activities will contribute to the aims and objectives they have set and cover all of these matters in the following detailed pages.

### **ACTIVITIES, ACHIEVEMENTS AND PERFORMANCE**

During the financial year ending 31<sup>st</sup> May 2022 MHC implemented new programmes ensuring that policies which affect the maternal and reproductive health of mothers and babies living in rural areas in Sierra Leone are addressed in a meaningful way. Since the implementation various teams within the organisation have worked on different initiatives to strengthen and represent the maternal health needs of pregnant women, mothers and babies in rural communities.

### **Strategic Direction**

The strategic direction of the organisation focused around key areas of work which include:

- Mobile Medical Clinic
- Training of Mid-wives and other Health Professionals
- Community Engagement Support and Awareness Raising.

### **Mobile Medical Clinic**

Sierra Leone is one of the worst places on earth to be pregnant. The decade long civil war between 1991 and 2002 left the country fragile and most of its infrastructure in ruins. The Ebola outbreak in 2014 and 2015 further decimated the healthcare infrastructure and brought the health sector on its knees.

As a result, half of Sierra Leone health facilities remain dysfunctional with poor road infrastructure and lack of transportation hindering effective care. This is particularly true in rural areas, where clinics are often too far away or otherwise inaccessible or with reach of women's homes, but the need for health care is higher than ever. We provide mobile health clinics for the poor and most vulnerable women and babies in rural and remote areas increasing access to care.

Through our Mobile Health Clinic project, the organisation provides poor vulnerable women rural women with maternal, antenatal and postnatal health care, including educating rural communities on public health issues such as importance of good hygiene and sanitation, nutrition breastfeeding and family planning and how to turn away from health harmful practices such as early in child marriage and FGM.

### **Midwifery and Health Professional Training**

Every year, thousands of women and babies die in Sierra Leone from pregnancy and childbirth-related issues. Women in the poorest and most rural areas in Sierra Leone are at the greatest risk.

One of the many challenges is women are often able to access quality maternity healthcare when they need it, due to a lack of health workers in poor rural areas. This is a major hazard for women who face complications from childbirth or neonatal emergencies at night. Furthermore, the Ebola outbreak in 2014 and 2015 further exacerbated the health worker crisis with 221 recorded health worker deaths. That's why we are training more midwives and other healthcare workers across Sierra Leone to send them back into their communities.

Our aims to strengthen the capacity and capability of health and health-related professionals and institutions. This will help more women in receiving antenatal care, giving birth in health facilities and having postnatal care.

### **Community Engagement Support and Awareness Raising - Maternity Bundle.**

Every mother can remember the joy of holding their baby in their hands for the first time. Now imagine holding your baby in your hands and not having the basic essentials needed for the first few days and weeks. No mother anywhere should have to endure such added stress. However, this is the plight of many poor and vulnerable women living in rural communities.

It is for this reason why we have put together a gift pack called Maternity Bundle, which includes basic essentials such as nappies, baby wipes, lotion, soap etc. This Maternity Bundle will ensure a mother is equipped with the basic essentials to give the best possible care for her and her little one.

### **FINANCIAL REVIEW**

The main source of funding for MHC is grants received from the Donors and Donations. Other sources of funding include donations from friends and families, donations of supplies from pharmaceutical firms and other sources.

From June 1, 2021 to May 31<sup>st</sup> 2022, the total income received was £34,655 compared to £20,000 in 2021 which is an increase of 73%. This was due to donation received.

The total expenditure in this same period was £34,411 compared to £19,860 spent in 2021. This is an increase of 73% mainly due to purchase of the mobile Health Clinic and the project implementation activities which was carried out.

### **Plans for the Future Periods**

The Board of Trustees and the management team are working closely to implement a vigorous fundraising drive to bring in sufficient funds to implement additional new projects.

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## RESPONSIBILITIES OF THE TRUSTEES

The trustees (who are also the directors of Motherhood Health Care for the purposes of company law) are responsible for preparing the Trustees Annual Report and the financial statements in accordance with

applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the situation of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgements and estimates that are reasonable and prudent.
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

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# Motherhood Health Care

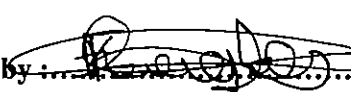
Saving the lives of Mothers & Babies


## Statement of income and expenditure

for the year ended 31<sup>st</sup> May 2022

GBP	Year ended 31 May 2022	Year ended 31 May 2021
<b>Receipt</b>		
Grant income received	-	-
Other income (Donations)	34,655	20,000
<b>Total receipt</b>	<b>34,655</b>	<b>20,000</b>
<b>Expenditure</b>		
Project activities	31,290	18,000
Staff cost (Volunteers)	-	-
Other administrative cost	3,121	1,860
<b>Total expenditure</b>	<b>34,411</b>	<b>19,860</b>
<b>Surplus for the year</b>	<b>244</b>	<b>140</b>

These financial statements were approved by Management

signed on its behalf by  Kumba F. Saqba  
Executive Director

signed on its behalf by  MARTIN JAMES  
FINANCE & OPERATIONS DIRECTOR