

Charity Registration No. 1159782

SURVIVORS IN TRANSITION
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021

SURVIVORS IN TRANSITION

LEGAL AND ADMINISTRATIVE INFORMATION

CEO

Fiona Ellis

Trustees

Andrew Dewhurst
Emma Marriott
Kate Hughes (Chair)
Alison Mann
Mark Davies
Allison Chaplin

Trustee advisors

Emma Bond
Charlotte Johns
Kerri Read

Charity number

1159782

Principal address

84 Fore Street
Ipswich
Suffolk
IP4 1LB

Independent examiner

Helen Rumsey FCA
Ensors Accountants LLP
Connexions
159 Princes Street
Ipswich Suffolk
IP1 1QJ

Bankers

Lloyds Bank Plc
1 Legg Street
Chelmsford
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SURVIVORS IN TRANSITION

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SURVIVORS IN TRANSITION

CHAIR'S STATEMENT FOR THE YEAR ENDED 31 DECEMBER 2021

Whilst Covid-19 and the Government's response to the pandemic continued to impact on how Survivors in Transition (SiT) delivered service, the charity consistently provided a quality experience to survivors of sexual abuse. The Charity's funding increased on the previous year and SiT was able to continue to grow reserves whilst maintaining service levels. Our vision remains "to provide a safe, supportive environment to build self-esteem and independence through a range of effective interventions to ensure every survivor who accesses our service lives healthier and happier lives". We continued to deliver services against the agreed strategic plan, concentrating on three priority areas (Services & Support, Impact & Influence and Developing & Strengthening the Charity).

In 2021 SiT as in the previous year provided support and therapeutic services including groups remotely using digital technology. The Charity did not draw on the Government's furlough scheme or any emergency funding schemes as all staff were able to continue to work remotely.

During 2021 SiT continued to develop and refine our support service aimed at young people – Tope - a self-referral, 13 years plus service. We are thankful for the support of Suffolk Police and Crime Commissioner and Ministry of Justice who provided funding for this important project.

We remain grateful to funding partners in particular The Big Lottery. The Charity continued to receive statutory funding from two local CCGs – West Suffolk, and Ipswich and East Suffolk CCGs to provide support and counselling services. We are also appreciative of the Ministry of Justice and Suffolk Police and Crime Commissioner for their support of SiT, without which we would not be able to provide the range of services to the number of survivors that we do.

In 2021 the Board met via Zoom on 7 occasions. The Trustees play a critical role in working with the Chief Executive to set the strategic direction to ensure financial stability and to monitor the quality of our provision. No new Trustees joined the Board and no Trustees resigned during the period.

I would like to thank all my fellow Trustees, Fiona Ellis the Chief Executive and her team for their passion, commitment and hard work during a challenging year.



Kate Hughes
Chair of Survivors in Transition

Date: 4th August 2022

SURVIVORS IN TRANSITION

TRUSTEES' REPORT FOR THE YEAR ENDED 31 DECEMBER 2021

The Trustees present their report and accounts for the year ended 31 December 2021.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Charities Act 2011 and the Statement of Recommended Practice FRS102 SORP - updated October 2019.

Structure, governance and management

Governing document

Survivors in Transition (SiT) is a Charitable Incorporated Organisation (CIO) registered with the Charity Commission in January 2015 under charity number 1159782. It is governed by a foundation model constitution. The charity meets the definition of a public benefit entity and the Board of Trustees have paid due regard to guidance published by the Charity Commission on the public benefit of the Charity.

Trustees

Kate Hughes (Chair)	PR / Marketing & Operational Link
Dr Emma Marriott	Clinical Lead
Alison Mann	Service User Involvement
Andrew Dewhurst	Strategy / Business Development
Mark Davies	Finance
Allison Chaplin	Safeguarding, Commissioning & Contracts

Organisational structure

The charity Trustees are responsible for the general control and management of the charity. The Trustees give their time freely and receive no remuneration or other financial benefits.

The Trustees meet six weekly and are responsible for all decisions taken in relation to the running of the organisation and its services. The day-to-day management of the centre, facilities and projects is delegated to the staff overseen by the CEO. In 2021 SiT employed 7 full time and 6 part time staff. Due to ongoing Covid restrictions we did not utilise volunteers in the delivery of services.

The Chair and CEO meet weekly to discuss operational issues against the strategic plan. The strategic plan was reviewed against 2021 performance and continues to be a living document across the organisation. The Service User Group (SUG) is an integral part of the planning and governance of SiT, however due to restrictions imposed during the pandemic they were unable to meet to discuss and feedback ideas on funding and projects. It is intended that once Covid-19 restrictions are relaxed the SUG will recommence.

Recruitment and appointment of Trustees

We review our recruitment of Trustees' process annually and have refreshed the Trustee selection, handbook and induction processes. The existing Trustees are responsible for the recruitment of new Trustees. We seek to identify people who have a personal interest in the work of SiT and are willing to volunteer to help our broader work. Potential trustees are invited to attend Trustees' meetings as observers and are given more details of the charity's aims and activities and, if all agree, they are then proposed as new Trustees at the subsequent Trustees' meeting. This process allows due consideration of the person's eligibility, personal competence, specialist knowledge and skills. New Trustees are then expected to follow an induction programme.

Risk management

The Trustees have assessed the risks the charity faces and have drawn up a risk register which identifies the major risks by area of activity, the nature of those risks, the likelihood of the risks happening, and the measures taken to manage them. The Chair of Trustees and the CEO review the risk register monthly at their meetings and update the Trustees accordingly, by way of standing item at Trustees' meetings.

SURVIVORS IN TRANSITION

TRUSTEES' REPORT FOR THE YEAR ENDED 31 DECEMBER 2021

The Trustees are satisfied that systems are in place, or arrangements are in hand, to manage the risks that have been identified. In particular, insurance cover is in place and the finances of the organisation are kept under review. Appropriate Disclosure and Barring (DBS) checks, supported by annually reviewed policies, are made for all those who work with service users.

Objectives and activities

SiT's charitable objective

To promote and protect the good health of men and women and young people 13+ who have experienced any form of childhood sexual abuse through the provision of a support centre for such support and counselling as deemed appropriate.

Our objectives

1. Directly supporting adult survivors of childhood sexual abuse (Services and Support)
2. Raising awareness of childhood sexual abuse and its impact (Influence)
3. Conducting & supporting research and education
4. Developing and strengthening the charity

Strategic plan

SiT has a duty to ensure that it is able to meet its charitable objectives in the most effective way possible. In order to do this, our strategic plan is based on a number of factors. Amongst these factors are:

- Changes in the wider environment in which SiT operates
- Opportunities for growth and collaborative working that are or become available
- SiT's own strengths and weaknesses.

Use of volunteers

Volunteers continue to be an important resource in both our therapeutic and support offers. Normally volunteers are involved in most of our activities, however in 2021, as in the previous year, this was changed to reflect Covid-19 restrictions. All our Trustees give their time on a voluntary basis. We encourage all service users who have completed interventions to be involved in voluntary activities and to share their skills with others. All those volunteers working with service users are DBS checked and receive a robust induction and appropriate training.

Future developments

The charity continues to grow and seek new funding sources in order to meet the needs of our service users. During the year the charity launched a helpline aimed to support young people called Tope - a self-referral, 13 years plus service.

Activities and achievements

How our activities deliver public benefit

The charity carries out a wide range of activities in pursuance of its charitable aims. The Trustees consider that these activities, summarised below, provide benefit to both survivors of sexual violence and our wider community.

We continue to perform well and meet identified targets despite the growing demand for our service and impact of Covid-19 on service delivery. We continue to respond effectively and efficiently and as an organisation we continue to focus on what survivors of sexual abuse want rather than what we think they want. Our focus remains firmly on the individual and how they make sense of the world. During this period, we received 681 referrals from a range of referrers including self; this is a 40% increase on the previous year. Of those survivors engaging with SiT, 75% identified as female, 24% as male and 1% as transgender.

Survivors are referred to SiT from across the county, with the majority living in Ipswich, Suffolk Coastal or Bury St Edmunds. Most clients were referred to SiT by the local mental health trust NSFT (40%), GPs / Health (19%) or were self-referrals (21%).

SURVIVORS IN TRANSITION

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 DECEMBER 2021

Regular activities

In 2021, activity has been delivered largely remotely online rather than from our premises in Ipswich. However, SiT continued to provide daily support from 9am to 5pm Monday to Friday. During the week over 350 survivors regularly receive support through group and 1:1 interventions. SiT's support workers and therapeutic practitioners offer a range of interventions post referral and assessment.

Partnership working

In developing our service offer we are pleased to work in partnership with other local charities and the statutory sector across Suffolk.

Financial review

Income increased by £155,265 over the previous year. Statutory funding sources – CCGs, Ministry of Justice and the Police and Crime Commissioner remain our main source of income. Total incoming resources for the year 1st January to 31st December 2021 amounted to £581,506 compared to £426,241 for the year 1st January to 31st December 2020.

Reserves policy and going concern

At the year end the Charity had cash at bank of £248,348, £124,056 of which was held in separate reserves accounts. Unrestricted funds totaled £219,134 at the year end. The Trustees have reviewed the reserves of the charity in 2021 and have achieved the objective of holding three months' operating costs. In the event of a significant drop in funding, the Trustees consider reserves at this level to be sufficient for the Charity's current activities to continue whilst consideration is given to ways in which additional funds can be raised.

All the Charity's funders are pleased with the measures that the Charity has put in place to support clients during the ongoing pandemic and have confirmed funding for 2022. This combined with the Charity's reserves policy and significant cash reserves provides the basis for the charity to be considered a going concern.

Principal funding sources

Suffolk Police & Crime Commissioner
The Big Lottery Fund
Ipswich & East Clinical Commissioning Group
West Suffolk Clinical Commissioning Group
Ministry of Justice

Investment policy and objectives

The charity has no long-term investments. Our cash reserves are held in a deposit account. The interest earned is considered by the Trustees as an unrestricted income source.

SURVIVORS IN TRANSITION

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 DECEMBER 2021

Statement of Trustees' responsibilities

The charity Trustees are responsible for preparing an annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity Trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing the financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees and signed on their behalf by:



Kate Hughes

Chair of Trustees

Board of Trustees

..... 4th August 2022

SURVIVORS IN TRANSITION

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SURVIVORS IN TRANSITION

I report to the Trustees on my examination of the accounts of Survivors in Transition (the Charity) for the year ended 31 December 2021.

Responsibilities and basis of report

As the Trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). You are satisfied that the Charity is not required by charity law to be audited and have chosen instead to have an independent examination.

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of The Institute of Chartered Accountants in England and Wales (ICAEW).

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Helen Rumsey FCA

Ensors Accountants LLP
Connexions
159 Princes Street
Ipswich
Suffolk
IP1 1QJ

Dated: 15th August 2022

SURVIVORS IN TRANSITION

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 DECEMBER 2021

		Unrestricted funds	Restricted funds	Total 2021	Total 2020
	Notes	£	£	£	£
<u>Income from:</u>					
Donations and legacies	3	160,538	111,500	272,038	199,569
Charitable activities	4	213,300	89,116	302,416	223,000
Other trading activities	5	7,052	-	7,052	3,672
Total income		380,890	200,616	581,506	426,241
<u>Expenditure on:</u>					
Raising funds	6	1,467	-	1,467	4,419
Charitable activities	7	180,836	350,786	531,622	434,296
Total expenditure		182,303	350,786	533,089	438,715
Net income/(expenditure)		198,587	(150,170)	48,417	(12,474)
Transfers between funds		-	-	-	-
Net movement in funds		198,587	(150,170)	48,417	(12,474)
Fund balances at 1 January 2021		20,547	185,621	206,168	218,642
Fund balances at 31 December 2021		219,134	35,451	254,585	206,168

SURVIVORS IN TRANSITION

BALANCE SHEET

AS AT 31 DECEMBER 2021

		2021		2020	
	Notes	£	£	£	£
Fixed assets					
Tangible assets	13		28,544		22,850
			28,544		22,850
Current assets					
Debtors	14	57,815		54,931	
Cash at bank and in hand	15	248,348		206,748	
		306,163		261,679	
Creditors: amounts falling due within one year	16	80,122		78,361	
Net current assets			226,041		183,318
Total assets less current liabilities			254,585		206,168
Funds of the charity					
Restricted funds	19	35,451		185,621	
Unrestricted funds		219,134		20,547	
			254,585		206,168

4th August 2022

Approved by the Board of Trustees on and signed on their behalf by:



.....
Kate Hughes
Trustee

SURVIVORS IN TRANSITION

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 DECEMBER 2021

	Note	2021 £	2020 £
Cash flow from operating activities	21	56,150	24,512
Cash flow from investing activities			
Purchase of tangible fixed assets		(14,550)	(22,514)
Sale proceeds from disposal of tangible fixed assets		-	-
		<u>(14,550)</u>	<u>(22,514)</u>
Increase / (decrease) in cash & cash equivalents in the year		<u>41,600</u>	<u>1,998</u>
Cash & cash equivalents at the beginning of the year		206,748	204,750
Total cash & cash equivalents at the end of the year		<u><u>248,348</u></u>	<u><u>206,748</u></u>

SURVIVORS IN TRANSITION

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2021

1 Accounting policies

1.1 Accounting convention

These accounts have been prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"), "Accounting and Reporting by Charities" the Statement of Recommended Practice for charities applying FRS 102, the Charities Act 2011 and UK Generally Accepted Accounting Practice as it applies from October 2019.

The charity is a Public Benefit Entity as defined by FRS 102.

The accounts have been prepared on the historical cost convention. The principal accounting policies adopted are set out below.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest pound.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2015 which has since been withdrawn.

1.2 Going concern

The accounts have been prepared on the going concern basis as the Trustees consider there to be sufficient funding to ensure the Charity meets its current liabilities as they fall due and there are no material uncertainties regarding the going concern status of the charity. The Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus, the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

Details of the nature and purpose of each fund is set out in Note 19.

1.4 Incoming resources

Donations, legacies and other forms of voluntary income are recognised as incoming resources when receivable, except insofar as they are incapable of financial measurement. Resources relating to a specific time period are recognised over that period.

Income from charitable activities is accounted for when earned, receipt is probable and the amount can be quantified with reasonable accuracy.

1.5 Resources expended

Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates.

SURVIVORS IN TRANSITION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2021

1 Accounting policies (Continued)

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Leasehold property improvements	20% reducing balance basis
Office equipment	20% reducing balance basis
Computer equipment	20% - 50% reducing balance basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset and is recognised in net income/(expenditure) for the year.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any). Where it is not possible to estimate the recoverable amount of an individual asset, the charity estimates the recoverable amount of the cash-generating unit to which the asset belongs.

1.8 Cash and cash equivalents

Cash and short-term deposits in the balance sheet comprise cash at bank and in hand and short-term deposits with an original maturity of three months or less.

1.9 Operating leases

Rentals payable under operating leases are charged against income on a straight-line basis over the lease term.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Pensions

The Charity operates a defined contribution pension scheme for all qualifying employees. Contributions are charged in the accounts as they become payable in accordance with the rules of the scheme.

1.12 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments. Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument. Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measure at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

SURVIVORS IN TRANSITION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2021

1 Accounting policies (Continued)

1.12 Financial instruments (Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measure at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest rate method.

2 Critical estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3	Income from donations and legacies	Unrestricted	Restricted	Total	Total
		funds	funds	2021	2020
		£	£	£	£
	Grants	130,036	111,500	241,536	192,980
	Donations and legacies	30,502	-	30,502	6,589
		<u>160,538</u>	<u>111,500</u>	<u>272,038</u>	<u>199,569</u>

4	Income from charitable activities	Unrestricted	Restricted	Total	Total
		funds	funds	2021	2020
		£	£	£	£
	Suffolk Police and Crime Commissioner	-	76,616	76,616	60,000
	Suffolk County Council	-	10,500	10,500	7,000
	Ipswich Borough Council	-	2,000	2,000	8,000
	NHS West Suffolk CCG	60,000	-	60,000	60,000
	NHS Ipswich & East Suffolk CCG	152,300	-	152,300	88,000
	Partnerships	1,000	-	1,000	-
		<u>213,300</u>	<u>89,116</u>	<u>302,416</u>	<u>223,000</u>

SURVIVORS IN TRANSITION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2021

5	Other trading activities	Unrestricted	Restricted	Total	Total
		funds	funds	2021	2020
		£	£	£	£
	Community fundraising	1,500	-	1,500	3,419
	Room hire	4,185	-	4,185	40
	Other income	1,367	-	1,367	213
		<u>7,052</u>	<u>-</u>	<u>7,052</u>	<u>3,672</u>
6	Expenditure on raising funds			Total	Total
				2021	2020
				£	£
Costs directly allocated to activities:					
	Cost of goods sold			<u>-</u>	<u>-</u>
				-	-
Support costs allocated to activities:					
	Advertising			<u>1,467</u>	<u>4,419</u>
				1,467	4,419
				<u>1,467</u>	<u>4,419</u>

SURVIVORS IN TRANSITION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2021

7 Expenditure on charitable activities	Therapy and counselling £	Total 2021 £	Total 2020 £
Costs directly allocated to activities:			
Wages and salaries	92,177	92,177	117,539
Social security	4,717	4,717	6,372
Pension costs	2,711	2,711	3,399
Counselling	87,824	87,824	76,116
Activities	50	50	50
Travel costs	4,536	4,536	4,068
	<u>192,015</u>	<u>192,015</u>	<u>207,544</u>
Support costs allocated to activities:			
Wages and salaries	212,794	212,794	111,070
Social security	18,637	18,637	9,207
Pension costs	4,440	4,440	2,524
Staff expenses	2,234	2,234	217
Bookkeeper fees	10,080	10,080	9,780
Rent and rates	13,987	13,987	13,510
Utilities	4,138	4,138	3,391
Cleaning	3,179	3,179	2,806
Training	7,555	7,555	5,242
Recruitment	1,709	1,709	1,125
Insurance	2,318	2,318	2,367
Subscriptions	2,672	2,672	1,093
Print, postage and stationery	2,657	2,657	2,142
Telephone	10,094	10,094	8,315
Computer costs	21,059	21,059	19,776
Repairs and renewals	6,007	6,007	3,588
Entertaining and gratuities	641	641	66
Bank charges	142	142	119
Depreciation	8,856	8,856	14,914
Governance costs	6,602	6,602	6,516
Venue / Room hire	(194)	(194)	389
(Profit)/Loss on disposal of fixed assets	-	-	1,094
Research costs	-	-	7,501
	<u>339,607</u>	<u>339,607</u>	<u>226,752</u>
	<u>531,622</u>	<u>531,622</u>	<u>434,296</u>

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated proportionately to total direct costs allocated to each project area.

SURVIVORS IN TRANSITION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2021

8 Governance costs	Total	Total
	2021	2020
	£	£
Independent examination fees	3,300	1,740
Accountancy fees	2,346	3,775
Professional fees	956	1,001
	<u>6,602</u>	<u>6,516</u>
9 Independent examiner's remuneration	2021	2020
	£	£
Independent examination fees	3,300	1,740
Payroll	1,877	1,589
Advisory	1,212	932
	<u>8,410</u>	<u>4,261</u>
10 Employees	2021	2020
	£	£
Employment costs		
Wages and salaries	304,970	228,609
Social security costs	23,354	15,579
Pensions	7,151	5,924
	<u>335,475</u>	<u>250,112</u>

There was one employee whose remuneration exceeded £60,000 during 2021 (2020: None).

Number of employees

	2021	2020
The average monthly number of employees during the year was:	13	10

Key management remuneration

Total remuneration paid to key management personnel during the year was £71,827 (2020: £65,352).

11 Pensions

The Charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the Charity in an independently administered fund. The charge for the year in respect of the defined contribution scheme was £7,151 (2020: £5,924).

12 Trustees

None of the trustees (or any persons connected with them) received any remuneration or reimbursed expenses during this year or the prior year. No donations were made by Trustees during the current or prior year.

SURVIVORS IN TRANSITION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2021

13 Tangible fixed assets

	Leasehold property improvements	Office equipment	Computer equipment	Total
	£	£	£	£
Cost				
At 1 January 2021	22,175	6,485	16,046	44,706
Additions	-	377	14,173	14,550
Disposals	-	-	-	-
At 31 December 2021	22,175	6,862	30,219	59,257
Depreciation				
At 1 January 2021	14,192	1,983	5,681	21,856
Charge for the year	3,431	919	4,506	8,856
Eliminated on disposal	-	-	-	-
At 31 December 2021	17,623	2,902	10,187	30,712
Carrying amount				
At 31 December 2020	7,983	4,502	10,365	22,850
At 31 December 2021	4,552	3,960	20,032	28,544

14 Debtors

	2021 £	2020 £
Amounts falling due within one year:		
Debtors	275	-
Prepayments	1,790	2,931
Accrued Income	55,750	52,000
	57,815	54,931

15 Cash at bank and in hand

	2021 £	2020 £
Cash at bank	124,292	107,703
Cash reserves	124,056	99,045
	248,348	206,748

16 Creditors

	2021 £	2020 £
Amounts falling due within one year:		
Other creditors	2,921	5,593
PAYE	7,486	4,334
Pensions	1,398	935
Lease liabilities	199	847
Accruals	4,365	4,152
Deferred Income	63,753	62,500
	80,122	78,361

SURVIVORS IN TRANSITION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2021

16 Creditors (continued)

Reconciliation of deferred income	2021 £	2020 £
Deferred income at 1 January	62,500	-
Amount released to Statement of Financial Activities	(62,500)	-
Amount deferred in the year	63,753	62,500
Deferred income at 31 December	<u>63,753</u>	<u>62,500</u>

17 Analysis of net assets between funds

For the year ended 31 December 2021

	Unrestricted £	Restricted £	Total £
Fund balances at 31 December 2021 are represented by:			
Tangible assets	27,571	973	28,544
Current assets/(liabilities)	<u>191,563</u>	<u>34,478</u>	<u>226,041</u>
	<u>219,134</u>	<u>35,451</u>	<u>254,585</u>

For the year ended 31 December 2020

	Unrestricted £	Restricted £	Total £
Fund balances at 31 December 2020 are represented by:			
Tangible assets	21,634	1,216	22,850
Current assets/(liabilities)	<u>(1,087)</u>	<u>184,405</u>	<u>183,318</u>
	<u>20,547</u>	<u>185,621</u>	<u>206,168</u>

18 Operating lease commitments

Lessee

At the reporting date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2021 £	2020 £
Within one year	15,046	8,546
Between two and five years	56,250	-
In over five years	-	-
	<u>71,296</u>	<u>8,546</u>

Operating lease payments recognised as an expense in the period totaled £15,553 (2020: £14,053).

SURVIVORS IN TRANSITION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2021

19 Restricted funds

For the year ended 31 December 2021

	Balance at 1 January 2021	Income	Expenditure	Transfers	Balance at 31 December 2021
Suffolk Police & Crime Commissioner	100,779	76,616	(177,395)	-	-
Suffolk County Council	14,560	10,500	(8,000)	-	17,060
Ipswich Borough Council	-	2,000	(2,000)	-	-
Norfolk Community Foundation	980	-	(980)	-	-
Big Lottery	61,838	103,500	(146,947)	-	18,391
Henry Smith	7,464	8,000	(15,464)	-	-
	<u>185,621</u>	<u>200,616</u>	<u>(350,786)</u>	<u>-</u>	<u>35,451</u>

For the year ended 31 December 2020

	Balance at 1 January 2020	Income	Expenditure	Transfers	Balance at 31 December 2020
Suffolk Police & Crime Commissioner	70,221	75,000	(44,442)	-	100,779
Suffolk County Council	14,560	4,000	(4,000)	-	14,560
Ipswich Borough Council	-	6,000	(6,000)	-	-
Norfolk Community Foundation	-	980	-	-	980
Big Lottery	61,839	77,625	(77,626)	-	61,838
Henry Smith	7,464	24,000	(24,000)	-	7,464
People's Health Trust	2,002	-	(2,002)	-	-
Ministry of Justice	34,639	-	(34,639)	-	-
Rope Trust	1,344	-	(1,344)	-	-
West Suffolk Community Chest	4,060	-	(4,060)	-	-
	<u>196,129</u>	<u>187,605</u>	<u>(198,113)</u>	<u>-</u>	<u>185,621</u>

SURVIVORS IN TRANSITION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2021

19 Restricted funds (continued)

Suffolk Police & Crime Commissioner

To provide services to victims of crime. This is used to deliver therapeutic services (groups and 1:1) to victims of sexual abuse in Suffolk.

Suffolk County Council

Recovery Grant - to provide counselling and therapy to survivors of sexual abuse who also present with drug & alcohol dependencies.

Ipswich Borough Council

Funds received to cover administrative expenditure, specifically expenditure such as rent, utilities, insurance and professional fees.

Norfolk Community Foundation

Funds received to cover administrative expenditure, specifically expenditure such as rent, utilities, insurance and professional fees.

Big Lottery

Funding to cover the salaries and associated costs of the Project Manager and Therapeutic Lead, Head of Operations along with half of the costs associated to the CEO.

Henry Smith

Funding to cover half of the salary and associated costs of the CEO.

People's Health Trust

Funding for Community Outreach and Support Worker salary costs.

Ministry of Justice

Rape and Sexual Abuse support fund to provide emotional and practical support for victims of rape and other forms of sexual abuse, which includes funding a specialist CSA worker, group and 1:1 therapeutic support.

Rope Trust

A restricted grant to purchase a defibrillator and associated housing for the center.

West Suffolk Community Chest

To support the provision of services for adult survivors of sexual abuse in Bury St Edmunds.

20 Related parties

There were no current year or prior year related party transactions.

SURVIVORS IN TRANSITION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2021

21 Cash flow from operating activities

	2021	2020
	£	£
Net movement in funds	48,417	(12,474)
Adjustments for:		
Depreciation charge	8,856	14,914
(Profit)/Loss on disposals	-	1,093
Interest income	-	-
	<u>57,273</u>	<u>3,533</u>
Movements in working capital:		
(Increase)/ decrease in debtors	(2,884)	(48,132)
Increase/ (decrease) in creditors	1,761	69,111
	<u>56,150</u>	<u>24,512</u>
Net generated from operating activities		

SURVIVORS IN TRANSITION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2021

22 Prior year comparative statement of financial activities

	Unrestricted funds	Restricted funds	Total 2020
	£	£	£
<u>Income from:</u>			
Donations and legacies	86,964	112,605	199,569
Charitable activities	148,000	75,000	223,000
Other trading activities	3,672	-	3,672
Total income	238,636	187,605	426,241
<u>Expenditure on:</u>			
Raising funds	4,419	-	4,419
Charitable activities	236,183	198,113	434,296
Total expenditure	240,602	198,113	438,715
Net income/(expenditure)	(1,966)	(10,508)	(12,474)
Transfers between funds	-	-	-
Net movement in funds	(1,966)	(10,508)	(12,474)
Fund balances at 1 January 2020	22,513	196,129	218,642
Fund balances at 31 December 2020	20,547	185,621	206,168