

**Report of the Trustees  
and  
Financial Statements  
for the Year Ended 31 March 2025  
for  
Wessex Pastoral Counselling CIO**

**Charity Number: 1159779**

**Wessex Pastoral Counselling CIO**

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For the Year Ended 31 March 2025**

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## **Wessex Pastoral Counselling CIO**

### **Report of the Trustees for the Year ended 31 March 2025**

The Trustees hereby present their report with the financial statements of the Charitable Incorporated Organisation for the year ended 31<sup>st</sup> March 2025

#### **Trust Information, Structure, Governance and Management:**

**Constitution:** The charitable incorporated organisation was established on 5 January 2015 as Wessex Psychotherapy and Counselling CIO but changed its name on 9 May 2024 to Wessex Pastoral Counselling CIO to better reflect the wider range of help it now offers and carries out. It is governed by its constitution

**Registered Charity Number:** 1159779

**Trustees:** The appointment of trustees is by simple majority of the existing trustees in accordance with paragraph 12 of the constitution. The trustees during the period under review are:

Mrs C A Cole  
Mr P G Gibson (Retired 24 June 2024)  
Mr J J Hepburn (Chair)

**Correspondent:** Mr D C Sinclair

**Address:** Hare Cottage  
20 Woodlands  
Hazelbury Bryan  
Sturminster Newton  
Dorset DT10 2DD

**Independent Examiner:** Sue Wintle  
Independent Examiner  
27 Bascott Road  
Bournemouth  
Dorset BH11 8RJ

**Bankers:** Co-operative Bank plc  
PO Box 101  
1 Balloon Street  
Manchester M60 4EP

#### **Governance**

The Charitable Incorporated Organisation is run by the Trustees on a voluntary basis.

Day to day management and control is exercised by the Service Manager.

## **Wessex Pastoral Counselling CIO**

### **Report of the Trustees for the Year ended 31 March 2025 Continued**

#### **Risk Management**

The Trustees are aware of their responsibility for managing risk and seek professional advice and where appropriate put insurance cover in place.

#### **Reserves**

The charity maintains reserves equivalent to one month's expenditure.

#### **Oversight**

The Trustees meet with the Service Manager at roughly four monthly intervals to be kept up to date with monthly activity and accounts and to discuss the future direction of the charity.

#### **Objectives and Activities**

The object and principal activity of the Charitable Incorporated Organisation is to promote for the public benefit the mental, emotional, spiritual and physical health of persons resident in Dorset and (at the discretion of the Charity Trustees) other counties by providing psychotherapy and counselling and by such other means as the Charity Trustees may from time to time decide including supervision and training.

#### **Achievements and performance**

The team of 1 (2024:3) counsellor(s) delivered 26 (2024: 136) counselling hours, helping 6 (2024:14) individuals and 1 (2024:1) couple. The team have ceased counselling to focus on delivering training in parenting and pastoral care.

#### **Financial Review**

The financial statements are exempt from the audit requirements of Section 144(2) Charities Act 2011 but have been subjected to an Independent Examination.

In the year under review the charity generated income from counselling of £1,115 (2024: £5,483) at a cost of £2,643 (2024: £5,939). The charity also received donations of £868 (2024: £724) including related income tax recoverable.



**Wessex Pastoral Counselling CIO**

**Report of the Trustees  
for the Year ended 31 March 2025  
Continued**

**Public Benefit**

We confirm that the trustees have paid due regard to the Charities Commission guidance on public benefit in planning the activities the charity should undertake.

**Trustees' responsibilities in relation to financial statements**

The trustees are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations.

The trustees are required to prepare financial statements for each financial year in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The financial statements are required by law to give a true and fair view of the state of affairs of the charity and of its incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the applicable law, regulations and the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Independent Examiner**

Sue Wintle, Independent Examiner, has expressed her willingness to continue as "Independent Examiner" of the charitable incorporated organisation.

**Approved by the trustees and signed on their behalf by:**

Carol Cole - Trustee



Dated: 29 April 2025

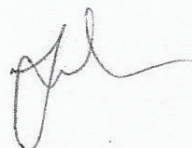
# Wessex Pastoral Counselling CIO

## Receipts and Payments Account for the Year ended 31 March 2025

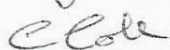
	y/e 31-3-25			y/e 31-3-24		
Counselling Fees			1115			5483
Donations non-gift aided		868			724	
gift aided		0	<u>868</u>		0	<u>724</u>
			1983			6207
<b>Costs of generating funds</b>						
Subcontractor's fees	875			4445		
Travelling	<u>0</u>	875		<u>103</u>	4548	
<b>Charitable Activities</b>						
Communications	569			105		
Phone	181			166		
Printing	85			122		
Postage	11			51		
Stationery	0			0		
Insurance	137			122		
Administration	500			500		
Sundries		1483		<u>40</u>	1106	
<b>Governance Costs</b>						
Independent Examiner's Fee	250			250		
Information Commissioners Office	<u>35</u>	<u>285</u>	<u>2643</u>	<u>35</u>	<u>285</u>	<u>5939</u>
<b>Excess/(Deficit) of receipts over payments</b>			(660)			268
Bank balance as at 31 March 2023			<u>1662</u>			<u>1394</u>
Bank balance as at 31 March 2024			<u>1002</u>			<u>1662</u>
<b>Liabilities</b>						
Independent Examiner's Fee			250			250

These accounts were approved by the Board of Trustees on 29 April 2025 and signed on its behalf by:

Chair  
Josh Hepburn



Trustee  
Carol Cole





**Wessex Pastoral Counselling CIO**

**INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS**

**Report to the trustees of Wessex Pastoral Counselling CIO, on accounts for the year ended 31<sup>st</sup> March 2025**

**Respective responsibilities of Trustees and examiner**

The charity's trustees consider that an audit is not required for this year (under section 144(2) of the Charities Act 2011 (the Act)) and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts (under section 145 of the Act);
- To follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Act), and
- To state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In the course of my examination, no matter has come to my attention:

1. Which gives me reasonable cause to believe that, in any material respect, the Members of the PCC have not met the requirements to ensure that:
  - a. Proper accounting records are kept (in accordance with section 41 of the Act); and
  - b. Accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed... *SueW*.....

Date... 08/09/2025.....

Sue Wintle  
Association of Charity Independent Examiners  
27 Bascott Road  
Bournemouth  
Dorset BH11 8RJ