

**Report of the Trustees
and
Financial Statements
for the Year Ended 31 March 2021
for
Wessex Psychotherapy and Counselling CIO
Charity Number: 1159779**

Wessex Psychotherapy and Counselling CIO

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For the Year Ended 31 March 2021**

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Wessex Psychotherapy and Counselling CIO

Report of the Trustees for the Year ended 31 March 2021

The Trustees hereby present their report with the financial statements of the Charitable Incorporated Organisation for the year ended 31st March 2021

Trust Information, Structure, Governance and Management:

Constitution: The charitable incorporated organisation was established on 5 January 2015 and is governed by its constitution

Registered Charity Number: 1159779

Trustees: The appointment of trustees is by simple majority of the existing trustees in accordance with paragraph 12 of the constitution. The trustees during the period under review are:

Rev A Budgell
Mrs C A Cole
Mr P G Gibson (Chair)
Mr J J Hepburn

Correspondent: Mr D C Sinclair

Address: Hare Cottage
20 Woodlands
Hazelbury Bryan
Sturminster Newton
Dorset DT10 2DD

Independent Examiner: Sue Wintle
Independent Examiner
27 Bascott Road
Bournemouth
Dorset BH11 8RJ

Bankers: Co-operative Bank plc
PO Box 101
1 Balloon Street
Manchester M60 4EP

Governance

The Charitable Incorporated Organisation is run by the Trustees on a voluntary basis.

Day to day management and control of the provision of counselling is exercised by the Counselling Manager and training by the Service Manager.

Wessex Psychotherapy and Counselling CIO

Report of the Trustees for the Year ended 31 March 2021 Continued

Risk Management

The Trustees are aware of their responsibility for managing risk and seek professional advice and where appropriate put insurance cover in place.

Reserves

The charity does not maintain reserves.

Oversight

The Trustees meet with the Counselling Manager and Service Manager at roughly quarterly intervals to be kept up to date with monthly activity statistics and accounts.

Objectives and Activities

The object and principal activity of the Charitable Incorporated Organisation is to promote for the public benefit the mental, emotional, spiritual and physical health of persons resident in Dorset and (at the discretion of the Charity Trustees) other counties by providing psychotherapy and counselling and by such other means as the Charity Trustees may from time to time decide including supervision and training.

Achievements and performance

Despite the challenges of Covid Lockdown the charity had its most successful year to date delivering 513 (2020: 306) counselling hours with a team of 4 (2020:5) counsellors helping 17 (2020:18) individuals and 3 (2020:4) couples. The team adapted well to counselling remotely online from counsellors' homes during Lockdown, which enabled them to work nationally. The Charitable Incorporated Organisation continues its partnerships with local churches.

Financial Review

The financial statements are exempt from the audit requirements of Section 144(2) Charities Act 2011 but have been subjected to an Independent Examination.

In the year under review the charity generated income from counselling of £13,046 (2020: £9,155) at a cost of £13,676 (2020: £10,178). The charity also received donations of £1,480 (2020: £731) including related income tax recoverable.

Wessex Psychotherapy and Counselling CIO

Report of the Trustees for the Year ended 31 March 2021 Continued

Public Benefit

We confirm that the trustees have paid due regard to the Charities Commission guidance on public benefit in planning the activities the charity should undertake.

Trustees' responsibilities in relation to financial statements

The trustees are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations.

The trustees are required to prepare financial statements for each financial year in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The financial statements are required by law to give a true and fair view of the state of affairs of the charity and of its incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed: and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the applicable law, regulations and the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner

Sue Wintle, Independent Examiner, has expressed her willingness to continue as "Independent Examiner" of the charitable incorporated organisation.

Approved by the trustees and signed on their behalf by:



Josh Hepburn - Trustee

Dated: 28 September 2021

Wessex Psychotherapy and Counselling CIO

Receipts and Payments Accounts for the Year ended 31 March 2021

	y/e 31-3-21		y/e 31-3-20	
Counselling Fees		13046		9155
Donations non-gift aided	937		731	
gift aided	543	<u>1480</u>		<u>731</u>
		14526		9886
Costs of generating funds				
Subcontractor's fees	7925		4400	
Supervision fees	4710		1320	
Travelling	<u> </u>	12635	<u>1138</u>	6858
Charitable Activities				
Training	60		289	
Advertising & Marketing	186		1464	
Affiliation fees			133	
Communications	72		33	
Phone	176		172	
Printing	104		72	
Postage	52		56	
Insurance	107		107	
Administration			500	
Welfare			159	
Room Hire			50	
Sundries	<u> </u>	756	<u> </u>	3035
Governance Costs				
Independent Examiner's Fee	250		250	
Information Commissioners Office	<u>35</u>	<u>285</u>	<u>35</u>	<u>285</u>
		<u>13676</u>		<u>10178</u>
Excess/(Deficit) of receipts over payments		850		(292)
Bank balance as at 31 March 2020		<u>793</u>		<u>1085</u>
Bank balance as at 31 March 2021		<u>1643</u>		<u>793</u>
Liabilities				
Independent Examiner's Fee		250		250

These accounts were approved by the Board of Trustees on 28 September 2021 and signed on its behalf by:

Chair
Peter Gibson



Trustee
Josh Hepburn



Wessex Psychotherapy and Counselling CIO

**Independent Examiner's Report to the Trustees of
Wessex Psychotherapy and Counselling CIO**

I report on the accounts of Wessex Psychotherapy and Counselling CIO for the period ended 31 March 2021, which are set out on page four.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144 (2) of the Charities Act 2011 (the Act)), and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 145 of the Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under Section 145 (5) (b) of the Act); and
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

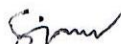
My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently I do not express an audit opinion on the accounts.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- Which gives me reasonable cause to believe that, in any material respect, the requirements:
 - a. to keep proper accounting records in accordance with Section 130 of the Act; and
 - b. to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Charities Act 2011 and the regulations made there under have not been met;
- or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Sue Wintle
Independent Examiner
27 Bascott Road
Bournemouth
Dorset BH11 8RJ



Dated: 12-10-2021