

Wessex Pastoral Counselling CIO

England & Wales · Charity number 1159779

Details

Other names	WESSEX PSYCHOTHERAPY AND COUNSELLING CIO, WPC
Status	Registered
Legal form	CIO
Registered	2015-01-05
Register	View on the Charity Commission register

Contact

Address	20 Woodlands Hazelbury Bryan Sturminster Newton DT10 2DD
Phone	07747024880
Email	admin@w-p-c.org.uk
Website	www.w-p-c.org.uk

Activities

Objects: TO PROMOTE FOR THE PUBLIC BENEFIT THE MENTAL, EMOTIONAL, SPIRITUAL AND PHYSICAL HEALTH OF PERSONS RESIDENT IN THE COUNTIES OF DORSET AND SOMERSET AND (AT THE DISCRETION OF THE CHARITY TRUSTEES) IN NEIGHBOURING COUNTIES BY PROVIDING PSYCHOTHERAPY AND COUNSELLING AND BY SUCH OTHER MEANS AS THE CHARITY TRUSTEES MAY FROM TIME TO TIME DECIDE.

Activities: Provision of psychotherapy and counselling to individuals, couples and families in Dorset and surrounding counties and to resource the church through supervision and training.

Classification

- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** People With Disabilities, The General Public/mankind

Geography

- Dorset
- Somerset
- Wiltshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1,983	£2,643	-	-
2024-03-31	£6,207	£5,939	-	-
2023-03-31	£11,219	£11,729	-	-
2022-03-31	£9,524	£9,263	-	-
2021-03-31	£14,526	£13,676	-	-

Trustees

Name	Role	Appointed
CAROL ANN COLE		2016-11-22
JOSHUA JAMES HEPBURN		2016-11-22

Wessex Pastoral Counselling CIO

England & Wales - Charity number 1159779

Accounts

**Report of the Trustees
and
Financial Statements
for the Year Ended 31 March 2025
for
Wessex Pastoral Counselling CIO**

Charity Number: 1159779

Wessex Pastoral Counselling CIO

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For the Year Ended 31 March 2025**

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Wessex Pastoral Counselling CIO

Report of the Trustees for the Year ended 31 March 2025

The Trustees hereby present their report with the financial statements of the Charitable Incorporated Organisation for the year ended 31st March 2025

Trust Information, Structure, Governance and Management:

Constitution: The charitable incorporated organisation was established on 5 January 2015 as Wessex Psychotherapy and Counselling CIO but changed its name on 9 May 2024 to Wessex Pastoral Counselling CIO to better reflect the wider range of help it now offers and carries out. It is governed by its constitution

Registered Charity Number: 1159779

Trustees: The appointment of trustees is by simple majority of the existing trustees in accordance with paragraph 12 of the constitution. The trustees during the period under review are:

Mrs C A Cole
Mr P G Gibson (Retired 24 June 2024)
Mr J J Hepburn (Chair)

Correspondent: Mr D C Sinclair

Address: Hare Cottage
20 Woodlands
Hazelbury Bryan
Sturminster Newton
Dorset DT10 2DD

Independent Examiner: Sue Wintle
Independent Examiner
27 Bascott Road
Bournemouth
Dorset BH11 8RJ

Bankers: Co-operative Bank plc
PO Box 101
1 Balloon Street
Manchester M60 4EP

Governance

The Charitable Incorporated Organisation is run by the Trustees on a voluntary basis.

Day to day management and control is exercised by the Service Manager.

Wessex Pastoral Counselling CIO

Report of the Trustees for the Year ended 31 March 2025 Continued

Risk Management

The Trustees are aware of their responsibility for managing risk and seek professional advice and where appropriate put insurance cover in place.

Reserves

The charity maintains reserves equivalent to one month's expenditure.

Oversight

The Trustees meet with the Service Manager at roughly four monthly intervals to be kept up to date with monthly activity and accounts and to discuss the future direction of the charity.

Objectives and Activities

The object and principal activity of the Charitable Incorporated Organisation is to promote for the public benefit the mental, emotional, spiritual and physical health of persons resident in Dorset and (at the discretion of the Charity Trustees) other counties by providing psychotherapy and counselling and by such other means as the Charity Trustees may from time to time decide including supervision and training.

Achievements and performance

The team of 1 (2024:3) counsellor(s) delivered 26 (2024: 136) counselling hours, helping 6 (2024:14) individuals and 1 (2024:1) couple. The team have ceased counselling to focus on delivering training in parenting and pastoral care.

Financial Review

The financial statements are exempt from the audit requirements of Section 144(2) Charities Act 2011 but have been subjected to an Independent Examination.

In the year under review the charity generated income from counselling of £1,115 (2024: £5,483) at a cost of £2,643 (2024: £5,939). The charity also received donations of £868 (2024: £724) including related income tax recoverable.

Wessex Pastoral Counselling CIO

**Report of the Trustees
for the Year ended 31 March 2025
Continued**

Public Benefit

We confirm that the trustees have paid due regard to the Charities Commission guidance on public benefit in planning the activities the charity should undertake.

Trustees' responsibilities in relation to financial statements

The trustees are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations.

The trustees are required to prepare financial statements for each financial year in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The financial statements are required by law to give a true and fair view of the state of affairs of the charity and of its incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the applicable law, regulations and the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner

Sue Wintle, Independent Examiner, has expressed her willingness to continue as "Independent Examiner" of the charitable incorporated organisation.

Approved by the trustees and signed on their behalf by:

Carol Cole - Trustee



Dated: 29 April 2025

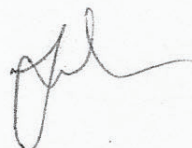
Wessex Pastoral Counselling CIO

Receipts and Payments Account
for the Year ended 31 March 2025


	y/e 31-3-25		y/e 31-3-24	
Counselling Fees		1115		5483
Donations non-gift aided	868		724	
gift aided	0	<u>868</u>	0	<u>724</u>
		1983		6207
Costs of generating funds				
Subcontractor's fees	875		4445	
Travelling	<u>0</u>	875	<u>103</u>	4548
Charitable Activities				
Communications	569		105	
Phone	181		166	
Printing	85		122	
Postage	11		51	
Stationery	0		0	
Insurance	137		122	
Administration	500		500	
Sundries		1483	<u>40</u>	1106
Governance Costs				
Independent Examiner's Fee	250		250	
Information Commissioners Office	<u>35</u>	<u>285</u>	<u>35</u>	<u>285</u>
		<u>2643</u>		<u>5939</u>
Excess/(Deficit) of receipts over payments		(660)		268
Bank balance as at 31 March 2023		<u>1662</u>		<u>1394</u>
Bank balance as at 31 March 2024		<u>1002</u>		<u>1662</u>
Liabilities				
Independent Examiner's Fee		250		250

These accounts were approved by the Board of Trustees on 29 April 2025 and signed on its behalf by:

Chair
Josh Hepburn



Trustee
Carol Cole



Wessex Pastoral Counselling CIO

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

Report to the trustees of Wessex Pastoral Counselling CIO, on accounts for the year ended 31st March 2025

Respective responsibilities of Trustees and examiner

The charity's trustees consider that an audit is not required for this year (under section 144(2) of the Charities Act 2011 (the Act)) and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts (under section 145 of the Act);
- To follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Act), and
- To state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

1. Which gives me reasonable cause to believe that, in any material respect, the Members of the PCC have not met the requirements to ensure that:
 - a. Proper accounting records are kept (in accordance with section 41 of the Act); and
 - b. Accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed... *Sue W*

Date... 08/09/2025.....

Sue Wintle
Association of Charity Independent Examiners
27 Bascott Road
Bournemouth
Dorset BH11 8RJ

Wessex Pastoral Counselling CIO

England & Wales - Charity number 1159779

Accounts

**Report of the Trustees
and
Financial Statements
for the Year Ended 31 March 2024
for
Wessex Psychotherapy and Counselling CIO**

Charity Number: 1159779

Wessex Psychotherapy and Counselling CIO

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Wessex Psychotherapy and Counselling CIO

Report of the Trustees for the Year ended 31 March 2024

The Trustees hereby present their report with the financial statements of the Charitable Incorporated Organisation for the year ended 31st March 2024

Trust Information, Structure, Governance and Management:

Constitution: The charitable incorporated organisation was established on 5 January 2015 and is governed by its constitution

Registered Charity Number: 1159779

Trustees: The appointment of trustees is by simple majority of the existing trustees in accordance with paragraph 12 of the constitution. The trustees during the period under review are:

Rev A Budgell (resigned 29 April 2024)

Mrs C A Cole

Mr P G Gibson (Chair)

Mr J J Hepburn

Correspondent: Mr D C Sinclair

Address: Hare Cottage
20 Woodlands
Hazelbury Bryan
Sturminster Newton
Dorset DT10 2DD

Independent Examiner: Sue Wintle
Independent Examiner
27 Bascott Road
Bournemouth
Dorset BH11 8RJ

Bankers: Co-operative Bank plc
PO Box 101
1 Balloon Street
Manchester M60 4EP

Governance

The Charitable Incorporated Organisation is run by the Trustees on a voluntary basis.

Day to day management and control is exercised by the Service Manager.

Wessex Psychotherapy and Counselling CIO

Report of the Trustees for the Year ended 31 March 2024 Continued

Risk Management

The Trustees are aware of their responsibility for managing risk and seek professional advice and where appropriate put insurance cover in place.

Reserves

The charity maintains reserves equivalent to one month's expenditure.

Oversight

The Trustees meet with the Service Manager at roughly four monthly intervals to be kept up to date with monthly activity statistics and accounts and discuss the future direction of the charity.

Name Change

Having received the consent of the Charity Commission to change the name of the charity to Wessex Pastoral Counselling CIO to better reflect the wider range of help it offers and carries out the Trustees ratified this decision on 9 May 2024.

Objectives and Activities

The object and principal activity of the Charitable Incorporated Organisation is to promote for the public benefit the mental, emotional, spiritual and physical health of persons resident in Dorset and (at the discretion of the Charity Trustees) other counties by providing psychotherapy and counselling and by such other means as the Charity Trustees may from time to time decide including supervision and training.

Achievements and performance

The counselling team was joined by a placement trainee between September 2023 and January 2024. The team of 3 (2023:2) counsellors delivered 120 (2023: 256) counselling hours 47% compared to the year ending in 2023) helping 14 (2023:13) individuals and 1 (2023:3) couple(s). The team continue to counsel nationally, remotely, online from counsellors' homes as well as face to face locally.

Financial Review

The financial statements are exempt from the audit requirements of Section 144(2) Charities Act 2011 but have been subjected to an Independent Examination.

In the year under review the charity generated income from counselling of £5,483 (2023: £10,403) (53% compared to the year ending in 2023) at a cost of £5,939 (2023: £11,729) (51% compared to the year ending in 2023). The charity also received donations of £724 (2023: £816) including related income tax recoverable.

Wessex Psychotherapy and Counselling CIO

**Report of the Trustees
for the Year ended 31 March 2024
Continued**

Public Benefit

We confirm that the trustees have paid due regard to the Charities Commission guidance on public benefit in planning the activities the charity should undertake.

Trustees' responsibilities in relation to financial statements

The trustees are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations.

The trustees are required to prepare financial statements for each financial year in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The financial statements are required by law to give a true and fair view of the state of affairs of the charity and of its incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed: and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the applicable law, regulations and the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner

Sue Wintle, Independent Examiner, has expressed her willingness to continue as "Independent Examiner" of the charitable incorporated organisation.

Approved by the trustees and signed on their behalf by:

Carol Cole - Trustee



Dated: 25 June 2024

Wessex Psychotherapy and Counselling CIO

**Receipts and Payments Account
for the Year ended 31 March 2024**

	y/e 31-3-24	y/e 31-3-23
Counselling Fees	5483	10403
Donations non-gift aided	724	816
gift aided	0 <u>724</u>	0 <u>816</u>
	6207	11219
 Costs of generating funds		
Subcontractor's fees	4445	8050
Supervision fees	0	108
Travelling	<u>103</u> 4548	<u>0</u> 8158
 Charitable Activities		
Office Equipment	0	2145
Communications	105	131
Phone	166	199
Printing	122	120
Postage	51	60
Stationery		4
Insurance	122	122
Administration	500	500
Welfare		5
 Sundries	 <u>40</u> 1106	 <u>0</u> 3286
 Governance Costs		
Independent Examiner's Fee	250	250
Information Commissioners Office	<u>35</u> <u>285</u> <u>5939</u>	<u>35</u> <u>285</u> <u>11729</u>
 Excess/(Deficit) of receipts over payments	 268	 (510)
Bank balance as at 31 March 2023	<u>1394</u>	<u>1904</u>
Bank balance as at 31 March 2024	<u>1662</u>	<u>1394</u>
 Liabilities		
Independent Examiner's Fee	250	250

These accounts were approved by the Board of Trustees on 25 June 2024 and signed on its behalf by:

Chair

Peter Gibson



Trustee

Carol Cole



Wessex Psychotherapy and Counselling CIO

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

Report to the trustees of Wessex Psychotherapy and Counselling CIO, on accounts for the year ended 31st March 2024

Respective responsibilities of Trustees and examiner

The charity's trustees consider that an audit is not required for this year (under section 144(2) of the Charities Act 2011 (the Act)) and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts (under section 145 of the Act);
- To follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Act), and
- To state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

1. Which gives me reasonable cause to believe that, in any material respect, the Members of the PCC have not met the requirements to ensure that:
 - a. Proper accounting records are kept (in accordance with section 41 of the Act); and
 - b. Accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed...*SueW*.....

Date... 28/08/2024.....

Sue Wintle
Association of Charity Independent Examiners
27 Bascott Road
Bournemouth
Dorset BH11 8RJ

Wessex Pastoral Counselling CIO

England & Wales - Charity number 1159779

Accounts

**Report of the Trustees
and
Financial Statements
for the Year Ended 31 March 2023
for
Wessex Psychotherapy and Counselling CIO**

Charity Number: 1159779

Wessex Psychotherapy and Counselling CIO

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Wessex Psychotherapy and Counselling CIO

Report of the Trustees for the Year ended 31 March 2023

The Trustees hereby present their report with the financial statements of the Charitable Incorporated Organisation for the year ended 31st March 2023

Trust Information, Structure, Governance and Management:

Constitution: The charitable incorporated organisation was established on 5 January 2015 and is governed by its constitution

Registered Charity Number: 1159779

Trustees: The appointment of trustees is by simple majority of the existing trustees in accordance with paragraph 12 of the constitution. The trustees during the period under review are:

Rev A Budgell
Mrs C A Cole
Mr P G Gibson (Chair)
Mr J J Hepburn

Correspondent: Mr D C Sinclair

Address: Hare Cottage
20 Woodlands
Hazelbury Bryan
Sturminster Newton
Dorset DT10 2DD

Independent Examiner: Sue Wintle
Independent Examiner
27 Bascott Road
Bournemouth
Dorset BH11 8RJ

Bankers: Co-operative Bank plc
PO Box 101
1 Balloon Street
Manchester M60 4EP

Governance

The Charitable Incorporated Organisation is run by the Trustees on a voluntary basis.

Day to day management and control is exercised by the Service Manager.

Wessex Psychotherapy and Counselling CIO

Report of the Trustees for the Year ended 31 March 2023 Continued

Risk Management

The Trustees are aware of their responsibility for managing risk and seek professional advice and where appropriate put insurance cover in place.

Reserves

The charity maintains reserves equivalent to one month's expenditure.

Oversight

The Trustees meet with the Service Manager at roughly four monthly intervals to be kept up to date with monthly activity statistics and accounts and discuss the future direction of the charity.

Objectives and Activities

The object and principal activity of the Charitable Incorporated Organisation is to promote for the public benefit the mental, emotional, spiritual and physical health of persons resident in Dorset and (at the discretion of the Charity Trustees) other counties by providing psychotherapy and counselling and by such other means as the Charity Trustees may from time to time decide including supervision and training.

Achievements and performance

One team member left at the end of April to focus on her own practice. She was replaced in September. The team of 2 (2022:2) counsellors deliver 256 (2022: 285) counselling hours (90% compared to the year ending in 2022) helping 13 (2022:10) individuals and 3 (2022:2) couples. The team continue to counsel nationally, remotely, online from counsellors' homes as well as face to face locally.

Financial Review

The financial statements are exempt from the audit requirements of Section 144(2) Charities Act 2011 but have been subjected to an Independent Examination.

In the year under review the charity generated income from counselling of £10,403 (2022: £7,835) (133% compared to the year ending in 2022) at a cost of £11,729 (2022: £9263). The charity also received donations of £816 (2022: £1,689) including related income tax recoverable.

Wessex Psychotherapy and Counselling CIO

**Report of the Trustees
for the Year ended 31 March 2023
Continued**

Public Benefit

We confirm that the trustees have paid due regard to the Charities Commission guidance on public benefit in planning the activities the charity should undertake.

Trustees' responsibilities in relation to financial statements

The trustees are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations.

The trustees are required to prepare financial statements for each financial year in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The financial statements are required by law to give a true and fair view of the state of affairs of the charity and of its incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed: and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the applicable law, regulations and the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner

Sue Wintle, Independent Examiner, has expressed her willingness to continue as "Independent Examiner" of the charitable incorporated organisation.

Approved by the trustees and signed on their behalf by:



Carol Cole - Trustee

Dated: 25 April 2023

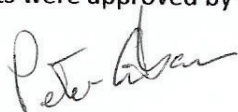
Wessex Psychotherapy and Counselling CIO

**Receipts and Payments Account
for the Year ended 31 March 2023**

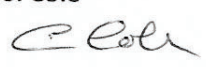
	y/e 31-3-23	y/e 31-3-22
Counselling Fees	10403	7835
Donations non-gift aided	816	1689
gift aided	0 <u>816</u>	0 <u>1689</u>
	<u>11219</u>	<u>9524</u>
Costs of generating funds		
Subcontractor's fees	8050	5900
Supervision fees	108	2499
Travelling	<u>0</u>	<u>8399</u>
Charitable Activities		
Advertising & Marketing		53
Office Equipment	2145	
Communications	131	102
Phone	199	178
Printing	120	120
Postage	60	5
Stationery	4	
Insurance	122	122
Administration	500	
Welfare	5	
Room Hire		
Sundries		<u>579</u>
Governance Costs		
Independent Examiner's Fee	250	250
Information Commissioners Office	<u>35</u> <u>285</u> <u>11729</u>	<u>35</u> <u>285</u> <u>9263</u>
Excess/(Deficit) of receipts over payments	(510)	261
Bank balance as at 31 March 2022	<u>1904</u>	<u>1643</u>
Bank balance as at 31 March 2023	<u>1394</u>	<u>1904</u>
Liabilities		
Independent Examiner's Fee	250	250

These accounts were approved by the Board of Trustees on 25 April 2023 and signed on its behalf by:

Chair
Peter Gibson



Trustee
Carol Cole



Wessex Psychotherapy and Counselling CIO

**Independent Examiner's Report to the Trustees of
Wessex Psychotherapy and Counselling CIO**

I report on the accounts of Wessex Psychotherapy and Counselling CIO for the period ended 31 March 2023, which are set out on page four.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144 (2) of the Charities Act 2011 (the Act)), and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 145 of the Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under Section 145 (5) (b) of the Act); and
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently I do not express an audit opinion on the accounts.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- Which gives me reasonable cause to believe that, in any material respect, the requirements:
 - a. to keep proper accounting records in accordance with Section 130 of the Act; and
 - b. to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Charities Act 2011 and the regulations made there under have not been met;
- or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Sue Wintle
Independent Examiner
27 Bascott Road
Bournemouth
Dorset BH11 8RJ



Dated: 8-8-2023

Wessex Pastoral Counselling CIO

England & Wales - Charity number 1159779

Accounts

**Report of the Trustees
and
Financial Statements
for the Year Ended 31 March 2022
for
Wessex Psychotherapy and Counselling CIO
Charity Number: 1159779**

Wessex Psychotherapy and Counselling CIO

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For the Year Ended 31 March 2022**

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Wessex Psychotherapy and Counselling CIO

Report of the Trustees for the Year ended 31 March 2022

The Trustees hereby present their report with the financial statements of the Charitable Incorporated Organisation for the year ended 31st March 2022

Trust Information, Structure, Governance and Management:

Constitution: The charitable incorporated organisation was established on 5 January 2015 and is governed by its constitution

Registered Charity Number: 1159779

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Rev A Budgell
Mrs C A Cole
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Correspondent: Mr D C Sinclair

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Governance

The Charitable Incorporated Organisation is run by the Trustees on a voluntary basis.

Day to day management and control is exercised by the Service Manager.

Wessex Psychotherapy and Counselling CIO

Report of the Trustees for the Year ended 31 March 2022 Continued

Risk Management

The Trustees are aware of their responsibility for managing risk and seek professional advice and where appropriate put insurance cover in place.

Reserves

The charity maintains reserves equivalent to one month's expenditure.

Oversight

The Trustees meet with the Service Manager at roughly quarterly intervals to be kept up to date with monthly activity statistics and accounts and discuss the future direction of the charity.

Objectives and Activities

The object and principal activity of the Charitable Incorporated Organisation is to promote for the public benefit the mental, emotional, spiritual and physical health of persons resident in Dorset and (at the discretion of the Charity Trustees) other counties by providing psychotherapy and counselling and by such other means as the Charity Trustees may from time to time decide including supervision and training.

Achievements and performance

Two trainee counsellors qualified during the year and chose to work for other organisations upon registration. They were not replaced. Although the smaller team of 2 (2021:4) counsellors had reduced capacity it still managed to deliver 285 (2021: 513) counselling hours (56% compared to the year ending in 2021) helping 10 (2021:17) individuals and 2 (2021:3) couples. The team continue to counsel nationally, remotely, online from counsellors' homes but are also counselling people face to face again.

Financial Review

The financial statements are exempt from the audit requirements of Section 144(2) Charities Act 2011 but have been subjected to an Independent Examination.

In the year under review the charity generated income from counselling of £7,835 (2021: £13,046) (58% compared to the year ending in 2021) at a cost of £9,263 (2021: £13,676). The charity also received donations of £1,689 (2021: £1,480) including related income tax recoverable.

Wessex Psychotherapy and Counselling CIO

Report of the Trustees for the Year ended 31 March 2022 Continued

Public Benefit

We confirm that the trustees have paid due regard to the Charities Commission guidance on public benefit in planning the activities the charity should undertake.

Trustees' responsibilities in relation to financial statements

The trustees are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations.

The trustees are required to prepare financial statements for each financial year in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The financial statements are required by law to give a true and fair view of the state of affairs of the charity and of its incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed: and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the applicable law, regulations and the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner

Sue Wintle, Independent Examiner, has expressed her willingness to continue as "Independent Examiner" of the charitable incorporated organisation.

Approved by the trustees and signed on their behalf by:

Anne Budgell - Trustee



Dated: 26 April 2022

Wessex Psychotherapy and Counselling CIO

**Receipts and Payments Account
for the Year ended 31 March 2022**

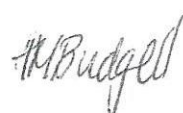
	y/e 31-3-22	y/e 31-3-21
Counselling Fees	7835	13046
Donations non-gift aided	1689	937
gift aided	0 <u>1689</u>	543 <u>1480</u>
	9524	14526
 Costs of generating funds		
Subcontractor's fees	5900	7925
Supervision fees	2499	4710
Travelling	_____ 8399	_____ 12635
 Charitable Activities		
Training		60
Advertising & Marketing	53	186
Affiliation fees		
Communications	102	72
Phone	178	176
Printing	120	104
Postage	5	52
Insurance	122	107
Administration		
Welfare		
Room Hire		
Sundries	_____	_____ 756
 Governance Costs		
Independent Examiner's Fee	250	250
Information Commissioners Office	<u>35</u> <u>285</u> <u>9263</u>	<u>35</u> <u>285</u> <u>13676</u>
 Excess/(Deficit) of receipts over payments		
Bank balance as at 31 March 2021	261	850
Bank balance as at 31 March 2022	<u>1643</u>	<u>793</u>
	<u>1904</u>	<u>1643</u>
 Liabilities		
Independent Examiner's Fee	250	250

These accounts were approved by the Board of Trustees on 26 April 2022 and signed on its behalf

Chair
Peter Gibson



Trustee
Anne Budgell



Wessex Psychotherapy and Counselling CIO

**Independent Examiner's Report to the Trustees of
Wessex Psychotherapy and Counselling CIO**

I report on the accounts of Wessex Psychotherapy and Counselling CIO for the period ended 31 March 2022, which are set out on page four.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144 (2) of the Charities Act 2011 (the Act)), and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 145 of the Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under Section 145 (5) (b) of the Act); and
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently I do not express an audit opinion on the accounts.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- Which gives me reasonable cause to believe that, in any material respect, the requirements:
 - a. to keep proper accounting records in accordance with Section 130 of the Act; and
 - b. to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Charities Act 2011 and the regulations made there under have not been met;
- or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Sue Wintle
Independent Examiner
27 Bascott Road
Bournemouth
Dorset BH11 8RJ



Dated: 18-5-2022

Wessex Pastoral Counselling CIO

England & Wales - Charity number 1159779

Accounts

**Report of the Trustees
and
Financial Statements
for the Year Ended 31 March 2021
for
Wessex Psychotherapy and Counselling CIO
Charity Number: 1159779**

Wessex Psychotherapy and Counselling CIO

**Index to the Financial Statements
For the Year Ended 31 March 2021**

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Report of the Reporting Accountant	5

Wessex Psychotherapy and Counselling CIO

Report of the Trustees for the Year ended 31 March 2021

The Trustees hereby present their report with the financial statements of the Charitable Incorporated Organisation for the year ended 31st March 2021

Trust Information, Structure, Governance and Management:

Constitution: The charitable incorporated organisation was established on 5 January 2015 and is governed by its constitution

Registered Charity Number: 1159779

Trustees: The appointment of trustees is by simple majority of the existing trustees in accordance with paragraph 12 of the constitution. The trustees during the period under review are:

Rev A Budgell
Mrs C A Cole
Mr P G Gibson (Chair)
Mr J J Hepburn

Correspondent: Mr D C Sinclair

Address: Hare Cottage
20 Woodlands
Hazelbury Bryan
Sturminster Newton
Dorset DT10 2DD

Independent Examiner: Sue Wintle
Independent Examiner
27 Bascott Road
Bournemouth
Dorset BH11 8RJ

Bankers: Co-operative Bank plc
PO Box 101
1 Balloon Street
Manchester M60 4EP

Governance

The Charitable Incorporated Organisation is run by the Trustees on a voluntary basis.

Day to day management and control of the provision of counselling is exercised by the Counselling Manager and training by the Service Manager.

Wessex Psychotherapy and Counselling CIO

Report of the Trustees for the Year ended 31 March 2021 Continued

Risk Management

The Trustees are aware of their responsibility for managing risk and seek professional advice and where appropriate put insurance cover in place.

Reserves

The charity does not maintain reserves.

Oversight

The Trustees meet with the Counselling Manager and Service Manager at roughly quarterly intervals to be kept up to date with monthly activity statistics and accounts.

Objectives and Activities

The object and principal activity of the Charitable Incorporated Organisation is to promote for the public benefit the mental, emotional, spiritual and physical health of persons resident in Dorset and (at the discretion of the Charity Trustees) other counties by providing psychotherapy and counselling and by such other means as the Charity Trustees may from time to time decide including supervision and training.

Achievements and performance

Despite the challenges of Covid Lockdown the charity had its most successful year to date delivering 513 (2020: 306) counselling hours with a team of 4 (2020:5) counsellors helping 17 (2020:18) individuals and 3 (2020:4) couples. The team adapted well to counselling remotely online from counsellors' homes during Lockdown, which enabled them to work nationally. The Charitable Incorporated Organisation continues its partnerships with local churches.

Financial Review

The financial statements are exempt from the audit requirements of Section 144(2) Charities Act 2011 but have been subjected to an Independent Examination.

In the year under review the charity generated income from counselling of £13,046 (2020: £9,155) at a cost of £13,676 (2020: £10,178). The charity also received donations of £1,480 (2020: £731) including related income tax recoverable.

Wessex Psychotherapy and Counselling CIO

Report of the Trustees for the Year ended 31 March 2021 Continued

Public Benefit

We confirm that the trustees have paid due regard to the Charities Commission guidance on public benefit in planning the activities the charity should undertake.

Trustees' responsibilities in relation to financial statements

The trustees are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations.

The trustees are required to prepare financial statements for each financial year in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The financial statements are required by law to give a true and fair view of the state of affairs of the charity and of its incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed: and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the applicable law, regulations and the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner

Sue Wintle, Independent Examiner, has expressed her willingness to continue as "Independent Examiner" of the charitable incorporated organisation.

Approved by the trustees and signed on their behalf by:



Josh Hepburn - Trustee

Dated: 28 September 2021

Wessex Psychotherapy and Counselling CIO

**Receipts and Payments Accounts
for the Year ended 31 March 2021**

	y/e 31-3-21		y/e 31-3-20	
Counselling Fees		13046		9155
Donations non-gift aided	937		731	
gift aided	543	<u>1480</u>		<u>731</u>
		14526		9886
Costs of generating funds				
Subcontractor's fees	7925		4400	
Supervision fees	4710		1320	
Travelling	<u>12635</u>		<u>1138</u>	6858
Charitable Activities				
Training	60		289	
Advertising & Marketing	186		1464	
Affiliation fees			133	
Communications	72		33	
Phone	176		172	
Printing	104		72	
Postage	52		56	
Insurance	107		107	
Administration			500	
Welfare			159	
Room Hire			50	
Sundries	<u>756</u>		<u>3035</u>	
Governance Costs				
Independent Examiner's Fee	250		250	
Information Commissioners Office	<u>35</u>	<u>285</u>	<u>35</u>	<u>285</u>
		<u>13676</u>		<u>10178</u>
Excess/(Deficit) of receipts over payments		850		(292)
Bank balance as at 31 March 2020		<u>793</u>		<u>1085</u>
Bank balance as at 31 March 2021		<u>1643</u>		<u>793</u>
Liabilities				
Independent Examiner's Fee		250		250

These accounts were approved by the Board of Trustees on 28 September 2021 and signed on its behalf by:

Chair
Peter Gibson



Trustee
Josh Hepburn



Wessex Psychotherapy and Counselling CIO

**Independent Examiner's Report to the Trustees of
Wessex Psychotherapy and Counselling CIO**

I report on the accounts of Wessex Psychotherapy and Counselling CIO for the period ended 31 March 2021, which are set out on page four.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144 (2) of the Charities Act 2011 (the Act)), and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 145 of the Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under Section 145 (5) (b) of the Act); and
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently I do not express an audit opinion on the accounts.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- Which gives me reasonable cause to believe that, in any material respect, the requirements:
 - a. to keep proper accounting records in accordance with Section 130 of the Act; and
 - b. to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Charities Act 2011 and the regulations made there under have not been met;
- or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Sue Wintle
Independent Examiner
27 Bascott Road
Bournemouth
Dorset BH11 8RJ



Dated: 12-10-2021