

ENCOURAGEMENT THROUGH THE ARTS AND TALKING (ETAT)

Registered charity number 1159712

Annual Report of the Trustees

5 April 2022 to 4 April 2023

Encouragement Through the Arts and Talking (ETAT) was registered as a Charity (CIO) on 22 December 2014. Our aim is to encourage the wellbeing of lonely and isolated people of a wide variety of age groups, backgrounds and abilities through artistic and social activities. Our first ETAT group meets in Pimlico, London. It is run by “Encouragers”, most of whom are volunteers, and the beneficiaries are known as “Friends”.

ETAT took a while to recover from the effects of the Covid-19 epidemic. Most of our Friends were forced to remain at home over the period, throwing them back into the loneliness and isolation that they had been experiencing before they joined the charity and adding fear to the mix.

Once the doors to the Thamesbank Centre where we deliver ETAT reopened, people started to venture out once again, but it has taken a while to build up our numbers once again. Some clients had sadly passed, some had moved away and many were still fearful of coming out and meeting with others.

However, our numbers are steadily growing once more and although they have not yet reached pre-Covid levels the atmosphere is lively, creative and supportive. We are now seeing 35 Friends attend regularly and many more from time to time.

ETAT is now fully operational once again, offering two sessions a week at the Thamesbank Centre, on Tuesdays and Thursdays and it is abundantly clear that our services are needed now more than ever. So many of those in our community who were already isolated and lacking in confidence before the pandemic have had their confidence further eroded as they stopped going out and interacting with others.

Heightened levels of anxiety are still seen in many Friends and we are mindful that we need to provide an environment in which they feel comfortable and safe and to offer activities that support them to come out of this very dark period and move forward.

Our activities were extended this year to include Pottery, which was a great success. It also brought in new members, mostly from sheltered housing, and the end products were exhibited in our Annual Exhibition which we were able to hold for the first time since the pandemic. We have also brought in some very gifted new artists with specific skills to encourage such activities as screen printing, knitting, card making and woodwork in addition to our core activities.

We are now planning to open a further ETAT group in another part of Pimlico where there are high rise estates and a great deal of loneliness and isolation. We are talking to a range of partner organisations, including the local Social Prescribing team, OpenAge, Westminster Almshouses and The Single Homeless Project, about where this second ETAT project should be based and asking them to refer to us individuals who they think might benefit from ETAT's work.

Tragically Su Rawlins, who had been our deputy manager since ETAT's inception, died suddenly just before Christmas 2023 and our hearts go out to her family. We shall all miss Su enormously for her professionalism, her warmth and her friendship.

The financial position of ETAT remains robust, with funding support (particularly from Dr Mary Catterall's Trust and the Peabody Community Fund) being maintained at pre-pandemic levels thereby giving us a significant reserve. This allows us to consider the expansion of service provision mentioned above.

Current reserve levels are at a similar position to the year end position of c£72,000, with funding of £48,000 having been received in the period since March 2023. We will look at the budget requirements for 2024/25 when considering the proposed expansion but the reserve gives us confidence in the proposed strategy.

Grateful thanks are due once again to Peabody, who generously allow us to operate from the Thamesbank Centre free of charge. Enormous thanks also go to the trustees of the late Dr Mary Catterall, who have given us significant funding once again, and to those trusts, companies and individuals who have provided financial and in-kind support to enable us to continue our work over the last very testing year.

Diane Yeo

Trustee



CHARITY COMMISSION
FOR ENGLAND AND WALES

Encouragement Through the Arts and Taking

1159712

Receipts and payments accounts

CC16a

For the period
from

06-Apr-22

To

05-Apr-23

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	16,000	21,790	-	37,790	16,284
Legacy (including tax rebate)	33,217			33,217	25,519
Donations	2,207	-	-	2,207	1,768
Interest	516	-	-	516	12
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	51,940	21,790	-	73,730	43,583
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	51,940	21,790	-	73,730	43,583
A3 Payments					
Contractors	15,545	21,790	-	37,335	34,911
Fund raiser fees	2,475		-	2,475	3,481
Accountancy fees	225			225	225
Gift cards	190		-	190	238
Refreshments	1,435		-	1,435	802
Materials	1,533		-	1,533	945
Insurance	360		-	360	360
Bank charges and similar	72		-	72	96
Rent	-		-	-	600
Travel costs	56		-	56	115
Theatre trip	20		-	20	-
Domain and internet charges	67		-	67	57
Property hire	-		-	-	1,103
Sub total	21,978	21,790	-	43,768	42,933
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	21,978	21,790	-	43,768	42,933
Net of receipts/(payments)	29,962	-	-	29,962	650
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	40,766	-	-	40,766	40,116
Cash funds this year end	70,728	-	-	70,728	40,766

B1 Cash funds

	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
Bank funds	70,578	-	-
Cash funds	150	-	-
	-	-	-
Total cash funds	70,728	-	-

(agree balances with receipts and payments account(s))

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

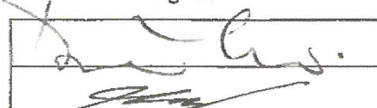

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Computer	454	-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	DIANE LEE	19.1.24
	IAN CORPUZ	19.1.24



CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name

ENCOURAGEMENT THROUGH THE ARTS AND TALKING

On accounts for the year
ended

5TH APRIL 2023

Charity no
(if any)

115 9712

Set out on pages

2 TO 3 HERE WITH.

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Z. M. M. McEOWN

Date:

27/12/2023

Name:

LAURA M. MCEOWN

Relevant professional
qualification(s) or body
(if any):

FCCA

Address:

2 THE GRANARY, SANDLOW GREEN FARM
HOLMES CHAPEL ROAD, HOLMES CHAPEL
CHESHIRE CW4 8AS

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.