

# **ENCOURAGEMENT THROUGH THE ARTS AND TALKING (ETAT)**

**Registered charity number 1159712**

**Annual Report of the Trustees**

**6 April 2021 to 5 April 2022**

Encouragement Through the Arts and Talking (ETAT) was registered as a Charity (CIO) on 22 December 2014. Our aim is to encourage the wellbeing of lonely and isolated people of a wide variety of age groups, backgrounds and abilities through artistic and social activities. Our first ETAT group meets in Pimlico, London. It is run by “Encouragers”, most of whom are volunteers, and the beneficiaries are known as “Friends”.

Following government guidance, the doors to the Thamesbank Centre where we deliver ETAT remained closed until May 2021 when we began meeting in person once again and because the weather was good we had the luxury of running sessions from the Thamesbank Centre garden. This had the added benefit of encouraging our Friends, some of whom were anxious about returning to an indoor setting, to try ETAT again. These sessions were mostly social, interspersed with arts activities, but by August we were welcoming a growing number of people each week. During this time one of the projects that Friends took part in, and of which they were particularly proud, was the decoration of ‘Foundation Stones’ for inclusion in the foundations of the UK Holocaust Memorial.

Sadly, a number of Friends passed away during Covid-19. One of the most poignant losses was that of Ruby, 97, who was one of the very first people ever to attend ETAT. Other regulars’ lives have been severely impacted by the pandemic. Some moved into full-time care or lost all confidence and no longer wanted to leave their homes. These losses and changes mean that there have been fewer Friends attending ETAT sessions.

However, more positively, the loss of Ruby also inspired a new project that focused on collecting life stories, to ensure that all our Friends record something of their own histories. During these rather dark times we wanted to shine a spotlight on how everyone's story is unique, special and of value to others. These sessions saw our Friends engage in a range of activities using the spoken word, creative writing, painting and drawing to share their life stories.

We are now fully operational and back to offering two ETAT sessions a week at the Thamesbank Centre, on Tuesdays and Thursdays. Whilst the number of Friends attending ETAT has reduced since pre-pandemic days, it is abundantly clear that our services are needed now more than ever. So many of those in our community who were already isolated and lacking in confidence before the pandemic have had their confidence further eroded as they stopped going out and interacting with others. We also see heightened levels of anxiety in many Friends. We are therefore mindful that we need to provide an environment in which they feel comfortable and safe and to offer activities that support them to come out of this very dark period and move forward.

Due to the setbacks that the pandemic has caused for us at ETAT, we are not planning to establish any further ETAT groups in other locations this year. Fortunately, our principal funders understand this and are willing to support us into the future. For the present we are focusing on increasing the number of people who attend our current sessions and actively reaching out into the community to engage individuals who may not have heard of us but who could benefit from ETAT's activities.

With that in mind we have held some open days and are talking to a range of partner organisations, including the local social prescribing team, OpenAge, Westminster Almshouses and The Single Homeless Project, about referring individuals who they think might benefit from ETAT's work.

Grateful thanks are due once again to Peabody, who generously allow us to operate from the Thamesbank Centre free of charge. Enormous thanks also go to the trustees of the late Dr Mary Catterall, who have given us significant funding once again, and to those trusts, companies and individuals who have provided financial and in-kind support to enable us to continue our work over the last very testing year.

As a consequence of the generosity of our supporters, the financial position of ETAT is very stable. Reserves as the year end 5 April 2022 stood at £40,642, which reflects c70% of annual running costs.

An increase in the funding from Dr Catterall's Trust by £10,000 to £30,000pa was received and reserves now currently stand at £68,000 as at 31 December 2022. This position allows us to look forward to 2023 as a year of consolidation and, hopefully, an expansion of the ETAT offering to an increasing number of Friends.

Diane Yeo

Trustee



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Encouragements Through the Arts and Talking

1159712

## Receipts and payments accounts

CC16a

For the period  
from

06-Apr-21

To

05-Apr-22

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Grants	6,400	9,884	-	16,284	34,023
Legacy (including tax rebate)	25,519			25,519	20,000
Donations	1,768	-	-	1,768	1,633
Gift Aid	-			-	256
Interest	12	-	-	12	5
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>33,699</b>	<b>9,884</b>	<b>-</b>	<b>43,583</b>	<b>55,917</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>33,699</b>	<b>9,884</b>	<b>-</b>	<b>43,583</b>	<b>55,917</b>
<b>A3 Payments</b>					
Contractors	25,377	9,534	-	34,911	28,614
Fund raiser fees	3,706		-	3,706	1,606
Gift cards	238		-	238	-
Refreshments	802		-	802	686
Materials	595	350	-	945	822
Insurance	360		-	360	345
Bank charges and similar	96		-	96	69
Rent	600		-	600	-
Travel costs	115		-	115	53
Printing and stationery	-		-	-	51
Domain and internet charges	57		-	57	57
Property hire	1,103		-	1,103	-
<b>Sub total</b>	<b>33,049</b>	<b>9,884</b>	<b>-</b>	<b>42,933</b>	<b>32,303</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>33,049</b>	<b>9,884</b>	<b>-</b>	<b>42,933</b>	<b>32,303</b>
<b>Net of receipts/(payments)</b>	<b>650</b>	<b>-</b>	<b>-</b>	<b>650</b>	<b>23,614</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>40,116</b>		<b>-</b>	<b>40,116</b>	<b>16,502</b>
<b>Cash funds this year end</b>	<b>40,766</b>	<b>-</b>	<b>-</b>	<b>40,766</b>	<b>40,116</b>

## Categories

### B1 Cash funds

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
Bank funds	40,753	-	-
Cash funds	13	-	-
	-	-	-
<b>Total cash funds</b>	<b>40,766</b>	<b>-</b>	<b>-</b>
(agree balances with receipts and payments account(s))	OK	OK	OK

### B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

### B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

### B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Computer	454	-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

### B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval



Section A

Independent Examiner's Report

Report to the trustees/  
members of

Charity Name

ENCOURAGEMENT THROUGH THE ARTS AND TALKING

On accounts for the year  
ended

5TH APRIL 2022

Charity no  
(if any)

1159712

Set out on pages

2 TO 3 HERewith

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and  
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

Z. M. McEOWN

Date:

23-12-2022

Name:

LAURA M. MCEOWN

Relevant professional  
qualification(s) or body  
(if any):

FCCA

Address:

2 THE GRANARY, SANDLOW GREEN FARM  
HOLMES CHAPEL ROAD, HOLMES CHAPEL  
CHESHIRE CW4 8AS

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**