

# **ENCOURAGEMENT THROUGH THE ARTS AND TALKING (ETAT)**

**Registered charity number 1159712**

**Annual Report of the Trustees**

**5 April 2020 to 4 April 2021**

Encouragement Through the Arts and Talking (ETAT) has had a second challenging but ultimately fulfilling year.

ETAT was registered as a Charity (CIO) on 22 December 2014. Our aim is to encourage the wellbeing of lonely and isolated people of a wide variety of age groups, backgrounds and abilities through artistic and social activities. Our first ETAT Group meets in Pimlico, London. It is run by “Encouragers”, most of whom are volunteers, and the beneficiaries are known as “Friends”.

Following government guidance, the doors to the Thamesbank Centre where we deliver ETAT have mostly remained closed since March 2020. Throughout the Covid-19 pandemic we have retained one part time worker who, supported by volunteer Encouragers, has kept in touch with all our Friends, providing regular phone calls to see how they are and to ensure they have medical and food supplies and are aware of additional support available to them. In addition, our Encouragers have distributed ETAT arts folders which include a variety of art materials and activities aimed at encouraging our Friends to stay creative and keep occupied at home.

In October we had a brief window of opportunity between lockdowns when Friends were welcomed back to ETAT. During those sessions, we engaged them in a range of arts activities including painting, making wind chimes and producing a Remembrance Day display of poppies using crafting skills including lino printing.

Friends were understandably slow to return. Many were fearful about meeting indoors, albeit in a well-aired, fully sanitised space in which social distancing was taken extremely seriously. Others could not wait to come back, and we were really pleased that 18 individuals benefited from ETAT’s activities during this short but valuable time.

Since then, we have been working hard to find innovative ways to engage our Friends in activities that stimulate their minds and relieve some of the intense isolation that many are now feeling. We have developed stronger partnerships with other organisations in the community, such as the Abbey Centre and Open Age, and we believe that, going forward, these new partnerships will help to ensure that even more lonely and isolated people will be able to benefit from ETAT’s work.

Leading up to Christmas, some of our Friends took part in our first Zoom activity. Organised by Open Age and The Old Vic, they sang and signed 'The Twelve Days of Christmas' together with new Friends from across the City of Westminster.

Throughout the Covid-19 pandemic our main task has been to keep our Friends happy and occupied. We telephone them regularly, make sure they have food and medicines, put them in touch with one another and encourage them to work on their packs of art materials to create works of art for future exhibition.

Now, with the outline of a road map opening up in front of us, we are planning how to resume face to face activities. We are really keen to ensure that those who have been shielding as well as those who have been self-isolating can engage with ETAT once again as it is clear that this period has had a huge impact on their quality of life.

We need to create a 'new normal' at ETAT, with smaller groups and shorter sessions to ensure that we can accommodate everyone safely. Our arts Encouragers will support Friends to reflect their experiences during the pandemic, using a range of media including the spoken word and visual arts and leading to an exhibition as soon as regulations allow.

During this difficult period, we have, thankfully, continued to be supported by generous grants and donations. Our running costs were reduced in line with the reduction in operations. As a result, we have sufficient funds in place for the continued operation of ETAT for Financial Year 2021-22 and will be aiming to have a financial reserve of between 4-6 months' costs at the end of Financial Year 2021-22.

Grateful thanks are due once again to Peabody, who are working hard to enable us to return to Thamesbank Centre. Enormous thanks also go to the trustees of the late Dr Mary Catterall who have given us generous three-year funding and to those trusts, companies and individuals who have provided financial and in-kind support to enable us to continue our work over the last very difficult year.

Diane Yeo

Trustee



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Encouragements Through the Arts and Talking

1159712

## Receipts and payments accounts

CC16a

For the period  
from

06-Apr-20

To

05-Apr-21

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Grants	16,000	18,023	-	34,023	22,850
Legacy	20,000			20,000	20,000
Donations	1,633	-	-	1,633	5,069
Gift Aid	256			256	434
Interest	5	-	-	5	13
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>37,894</b>	<b>18,023</b>	<b>-</b>	<b>55,917</b>	<b>48,366</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>37,894</b>	<b>18,023</b>	<b>-</b>	<b>55,917</b>	<b>48,366</b>
<b>A3 Payments</b>					
Contractors	11,894	16,720	-	28,614	50,769
Fund raiser fees	1,606		-	1,606	2,534
Consultancy	-		-	-	540
Cost of fund raising events			-	-	4,279
Refreshments	233	453	-	686	
Materials	495	327	-	822	
Insurance	345	-	-	345	345
Bank charges and similar	69	-	-	69	158
Repairs	-	-	-	-	21
Travel costs	33	20	-	53	573
Printing and stationery	51	-	-	51	326
Domain and internet charges	57	-	-	57	180
Property hire		-	-	-	1,500
<b>Sub total</b>	<b>14,783</b>	<b>17,520</b>	<b>-</b>	<b>32,303</b>	<b>61,225</b>
<b>A4 Asset and investment purchases, (see table)</b>					
Purchase of computer	-	-	-	-	454
	-	-	-	-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>454</b>
<b>Total payments</b>	<b>14,783</b>	<b>17,520</b>	<b>-</b>	<b>32,303</b>	<b>61,679</b>
<b>Net of receipts/(payments)</b>	<b>23,111</b>	<b>503</b>	<b>-</b>	<b>23,614</b>	<b>- 13,313</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>16,502</b>		<b>-</b>	<b>16,502</b>	<b>29,815</b>
<b>Cash funds this year end</b>	<b>39,613</b>	<b>503</b>	<b>-</b>	<b>40,116</b>	<b>16,502</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank funds	39,489	503	-
	Cash funds	124	-	-
		-	-	-
	<b>Total cash funds</b>	<b>39,613</b>	<b>503</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Computer	454	-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	



Section A

Independent Examiner's Report

Report to the trustees/  
members of

ENCOURAGEMENT THROUGH THE ARTS AND TALKING

On accounts for the year  
ended

5TH APRIL 2021

Charity no  
(if any)

1159712

Set out on pages

2 TO 3 HEREWITH

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and  
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

Signed:

Z. M. Mckeown

Date:

15.10.2021

Name:

LAURA M MCKEOWN

Relevant professional  
qualification(s) or body  
(if any):

FCCA

Address:

2 THE GRANARY, SANDLOW GREEN FARM  
HOLMES CHAPEL ROAD, HOLMES CHAPEL  
CHESHIRE CW4 8AS

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.