

# OVACOME

England & Wales · Charity number 1159682

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2014-12-18

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Ovacome  
Floor 2  
52-54 Featherstone Street  
London

**Phone** 02072996654

**Email** [ovacome@ovacome.org.uk](mailto:ovacome@ovacome.org.uk)

**Website** [www.ovacome.org.uk](http://www.ovacome.org.uk)

## Activities

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**Objects:** THE RELIEF OF WOMEN WHO HAVE, OR HAVE HAD, OVARIAN CANCER (AND/OR CONDITIONS RELATED TO OVARIAN CANCER) AND THEIR FAMILIES AND CARERS, IN PARTICULAR BY THE PROVISION OF ADVICE AND SUPPORT FOR SUCH PERSONS AND BY THE ADVANCEMENT OF EDUCATION GENERALLY IN THIS FIELD.

**Activities:** The Charity's priority is the provision of support and information to those affected by ovarian cancer. Ovacome provides support across the UK in many ways, including; face to face support groups; phone lines; an online forum. Ovacome provides up to date information and raises awareness of the symptoms among the medical community and public. The Charity supports appropriate research.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Other Charitable Activities
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, Other Defined Groups

## Geography

- Northern Ireland
- Scotland
- Throughout England And Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2024-09-30	£744,841	£955,718	£488,154	17
2023-09-30	£938,381	£899,140	£699,031	16
2022-09-30	£815,772	£819,024	£659,790	15
2021-09-30	£631,498	£718,713	£663,042	12
2020-09-30	£494,428	£610,521	-	-

## Trustees

Name	Role	Appointed
<b>Dr CATHRYN MARY HUGHES</b>	Chair	2014-12-18
Adrian Dickinson		2019-02-07
John Paul McKew		2020-01-22
LADY Victoria von Wachter		2017-03-03
MRS LESLEY SAGE		2015-08-28
Michelle Victoria Hill		2023-03-22
Prof SEAN KEHOE FRCOG		2014-12-18
Richard Anthony Riley		2022-03-16
Samixa Bakul Shah		2021-10-20

**OVACOME**

England & Wales - Charity number 1159682

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# Accounts

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# **OVACOME**

**Registered Charity No. 1159682**

## **REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 September 2023**

# OVACOME

## Legal and Administrative Information

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**Registered Charity Number:** 1159682

### **Trustees (Executive Committee Members)**

The trustees who served during the period and up to the date of signing of this report were:

Cathryn Hughes (Chair)  
John Paul McKew (Treasurer)  
Marta Wojcik  
Sean Kehoe (Head of Medical Advisory Board)  
Victoria Von Wachter  
Lesley Sage  
Adrian Dickinson  
Samixa Bakul Shah  
Richard Riley  
Michelle Hill (Appointed May 2023)

### **CEO**

Victoria Clare

### **Patrons**

Jenny Agutter

### **Principal Office**

52-54 Featherstone Street  
London  
EC1Y 8RT

### **Independent Examiner**

Stephen Jones  
Myrus Smith  
Chartered Accountants  
8 Burnell Rd  
Sutton SM1 4BW

### **Bankers**

CAF Bank Limited  
25 Kings Hill Avenue  
Kings Hill  
West Malling  
Kent ME19 4JQ

The trustees are pleased to present their report together with the financial statements of the charity for the year ended 30 September 2023. Legal and administrative information set out on page 2 forms part of this report. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011 and Statement of Recommended Practice: Accounting and Reporting Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS102), issued in October 2019.

## STRUCTURE, GOVERNANCE AND MANAGEMENT

### Legal structure of the charity

The charity is constituted as a charitable incorporated organization (CIO). Ovacom was entered on the Register of Charities No 1159682 on 18 December 2014 and is governed by its constitution adopted also on 18 December 2014. Ovacom was originally established in 1996 as a charity on the Register of Charities and a ltd company at Companies House. It was then converted to a CIO in 2014.

Ovacom has a board of 10 volunteer trustees, including individuals who have been personally affected by the disease and clinicians who specialise in ovarian cancer (OC).

### Recruitment and induction of trustees

The trustees are appointed by the members or the charity trustees and are recruited for their knowledge, skills and experience.

Ovacom is unique within the gynaecology oncology sector as the board includes a majority of trustees whose lives have been directly affected by ovarian cancer. In addition, Ovacom was established as a membership charity. Whilst anyone can access our support without being a member, it is free to become a member and members have certain rights and benefits conferred upon them. Members can vote at the Annual General Meeting (AGM) and they have the opportunity to participate in consultation to set the priorities of the charity and inform future strategic direction of service provision.

Trustees are recruited following an annual trustee board skills audit. Areas for development are identified and then recruitment adverts are circulated among our membership and more widely. Trustees are recruited because of their skills and/or personal experience.

All new trustees are given background information about the charity, are advised about their responsibilities and given an induction into the work of the charity. The training needs of the trustees are reviewed and training is sourced where deemed necessary and appropriate. The full recruitment process takes between 3-6 months.

### Management and administration

The Executive Committee, members of which constitute trustees for the purpose of Charity legislation, administers Ovacom. The Chair, officers and other trustees are appointed (or reappointed) at the AGM. The Executive Committee reviews the profile of trustees periodically and appropriate appointments are made to ensure a balanced committee. No external bodies have the power to appoint trustees and the Executive Committee is ultimately responsible for the charity. The names of trustees who have served since 1 October 2022 are set out under Legal and Administrative Information on page 2 of this document.

# OVACOME

## Trustees Report

### For the year ended 30 September 2023

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The trustees meet via online conference calls monthly to review progress and support development of the charity in line with our organizational aims. The Chief Executive and staff team manage the day to day running of Ovacome and operational delivery based on the strategic direction agreed by the trustees.

#### Remuneration of Key Management Personnel

The remuneration of the charity's key management personnel is set by the Executive Committee, taking into account the charity's financial position and the amount paid for compatible roles in comparable organizations.

### OBJECTIVES AND ACTIVITIES

Currently our head office is in London. Ovacome also has an office base in Dudley, from which we provide services across the West Midlands. As of the 30 September 2023 there are 17 staff (12 full time, 5 part time). Ovacome has 98 registered and active volunteers at the time of writing.

The charity serves:

- People who have been diagnosed with ovarian cancer
- Family members of those diagnosed
- Those who may be at risk of OC
- The general public (by raising awareness of the symptoms)
- The research community by funding opportunities for better understanding and curing ovarian cancer
- Clinicians specializing in ovarian cancer
- Health care providers who may be involved in identifying and treating ovarian cancer

The number of women with ovarian cancer is not thought to be increasing significantly. Around 7,500 new cases are diagnosed each year and this number has remained constant for some time.

1 in 50 women born after 1960 are diagnosed with ovarian cancer in their lifetime. But still:

Only 35% survive ovarian cancer for 10 or more years and there is little awareness of the signs and symptoms of the disease. This means that very often women are diagnosed at the later stages.

The need for Ovacome remains constant. Until all people are aware of the symptoms and able to access treatment, support and information then Ovacome will continue to work to meet the needs of all those affected by the disease. Ovacome works across the UK via our support and information services, and we provide face to face support and work with local charities to improve the support available to all affected by ovarian cancer - regardless of where they live.

Our potential reach. One study suggested that in 2010, 41,000 women were living with ovarian cancer in the UK. They will vary hugely in health, stages of the disease and their support needs but if we assume that there are now more women living with the disease than in 2010 and accept that it is our role to support women with ovarian cancer, their family members, the clinicians that treat them, or those at risk of the disease, then our potential reach is substantially wider than the numbers currently accessing our services.

#### Charity activities

Ovacome has provided a wide range of expert services free to all those affected by ovarian cancer since 1996.

#### We do this by:

##### Supporting those affected by ovarian cancer by providing a friendly community

- Providing opportunities for those affected by ovarian cancer to meet and share their experiences
- Do this both face-to-face and online; via support groups (including local hybrid groups); online workshops; online discussion forum; hybrid members day and health and wellbeing events

##### Raising awareness of ovarian cancer and its symptoms

- Promoting an understanding about the signs and symptoms of ovarian cancer and the patient experience, including targeted messaging to underrepresented groups who are overlooked in mainstream awareness campaigns
- Campaigning to raise awareness of signs and symptoms using our research based B.E.A.T. campaign which supports early diagnosis
- Educating clinicians in the symptoms and impact of ovarian cancer
- Remaining at the forefront of knowledge and innovation in the diagnosis, treatment and communication in all matters related to ovarian cancer
- Working with community groups and other organisations to undertake targeted campaigns in a wide range of formats and languages to ensure that those who face barriers to accessing diagnosis are more aware of the symptoms of the disease.

##### Informing and educating people about the disease

- Providing evidence-based information through our website, magazine, information booklets and across support service platforms
- Building our community networks across the UK to ensure this information is reaching all who need it
- Providing information as requested by our members in a variety of formats and languages as requested
- Working with our world class board of expert advisors to ensure that factually accurate and up to date information is provided in a way that people can understand
- Ensuring empathy, sensitivity and discretion in every stakeholder interaction we have

##### Influencing and advocating

- Advocating for prevention strategies, research and equity of treatment, experience, and outcomes for all those diagnosed with ovarian cancer
- Identify and lead change to address the health inequalities in access to support for all
- Collaborating with other organizations to ensure the voices of the people that we represent are considered by decision-makers
- Fund research, including patient perspective research, as appropriate
- Providing training and information sessions for clinicians on the symptoms of the disease and also on the patient experience

#### Constantly monitoring our success in achieving our strategy

- Regularly seek the views of our membership and the wider community to provide feedback on our actions and the impact they are having
- Regularly review our actions against those providing similar services or partnership organisations

## ACHIEVEMENT AND PERFORMANCE

### Review of the year

We saw a steady demand for our support services across all our various support channels. We provided direct support to 4,374 people through our support line, events, and support groups, and we also saw an increase in safeguarding concerns, and the complexity of support requests. Our qualified support staff provide up-to-date information regarding various areas of OC, including treatments and trials, recovery, and symptoms, whilst also providing much needed emotional support. The community we support varies, from those recently diagnosed, to family and friends concerned about loved ones, people needing information about the BRCA gene (making them more at risk of OC), to those going through treatment, a recurrence, or end of life planning. Our team are available every step of the way, and we are a lifeline for thousands. Our popular online forum remained busy, running 24 hours a day, 7 days a year and with membership reaching over 17,000 members.

During the year we were able to scale up our face to face events, working towards pre pandemic levels of face to face activity in the coming year, once we have effectively assessed need. Our team work closely with our community and listen to their needs – as a result we continued to provide regular weekly online community sessions, through which people are able to relax and participate in an activity (such as choir, crafts, yoga or exercise) with others who have been diagnosed with the disease. This provides invaluable community building opportunities and reduces loneliness, anxiety and isolation for many. A further series of webinars and workshops ran throughout the year, given by experts in their own field of work and particularly by members of our expert advisory panel. We are grateful to all those who have given their time and expertise over the course of the year to support our community. The topics for these clinical and medical updates are requested by members of our community and the attendees have the opportunities to ask questions of experts. Many of these talks and presentations are recorded and shared on our YouTube channel, this is helpful to many thousands of people and we are seeing an increasing number of healthcare providers sharing these webinar resources with their patients.

At the request of our membership we have continued to run the following expert support groups over the course of the year:

- Stoma group. A friendly space for anyone living with a colostomy, ileostomy or urostomy to chat with others in similar circumstances
- End of life matters. A safe space to come together and discuss any issues around the end of life, from practical concerns, to talking to friends & family, to feelings around your own death and dying
- Under 45s group for those diagnosed under the age of 45
- Rare cancers group for those diagnosed with an ovarian cancer that is not high grade serious
- Friends and family group for family members and carers of those diagnosed with the disease

- Bereavement group for anyone who has experienced the death of someone close to them due to ovarian cancer

We continued to run local support groups and to support other gynaecology oncology groups already in existence with grants, facilitation and information or specialist speakers. We have also produced a resource for anyone setting up an independent ovarian cancer support group and can provide information, grants, support and speakers to those committed to providing support at a local level.

Our work has continued within Ovacome to reduce barriers to accessing our services and to improve inclusivity. This has led to our community becoming more diverse. We continue our work to ensure that all members of our community are supported to access diagnoses, treatment and support in a culturally appropriate and accessible way.

Our community language support lines in Cantonese, Mandarin, Polish, Urdu, Bengali, Arabic, Punjabi and Gujarati have continued to meet demand and, as requested, we provide talks and support sessions or translated information in these and other languages. A particular highlight of this work was that our symptoms awareness video in Urdu has now been viewed over 33,000 times and, in pursuance of our work to address inequalities, we have been able to partner with over 100 other charities or organisations to provide factually accurate information in a more targeted way. We were able to reach over 800,000 people from under served groups with targeted health information over the course of the year and as a result we have continued to see our community grow and diversify.

#### **Information provision and awareness raising**

During the financial year, we grew our Expert Advisory Panel of professional volunteers, which now numbers 32. This panel is made up of top clinicians and experts in the field with a variety of specialities, they continue to give the charity access to expert advice and influence. We remain particularly grateful to the professionals, who have given their time voluntarily.

We have further expanded our information and fact sheet offer over the course of the year to continue to meet the requests of our members expressed through our consultation. We now offer 43 information booklets. These resources are reviewed regularly when information or evidence base changes and at least once every two years.

Our Patient Experience in Practice (PEP) training sessions deliver valuable information in an impactful and personalised way and focus on the lived experience of those diagnosed with the disease. These sessions are subdivided into:

- STS sessions – Survivors Teaching Students. This trains medical students to recognise the signs and symptoms of ovarian cancer using the lived experience of those diagnosed with the disease
- EPE sessions - Enhancing Patient Experience. Through which we provide specific information to medical oncologists, surgeons and specialist nurses – all involved in treating those with ovarian cancer. These training sessions provide specialist information on the lived experience of those affected by ovarian cancer and facing barriers to diagnosis, treatment and support.

We delivered 43 such sessions to 1,894 professionals.

# OVACOME

## Trustees Report

### For the year ended 30 September 2023

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#### FUNDRAISING

A huge thank you to all the amazing people that have supported our work through their donations and their fundraising, their support is the reason we are able to continue providing life changing support and vital information to those affected by ovarian cancer.

Due to the London Marathon taking place in October 2022 and then resuming the usual date in April 2023 we had wonderful London Marathon runners raising a total of £88,681 during the financial year.

During the year we saw some of our fundraisers bringing together large groups of people to raise funds and awareness. Some notable challenges were achieved with over 160 people coming together to climb Yr Wyddfa (formerly known as Snowdon, the highest mountain in Wales and England) and raising over £34,000. Over 150 people came together in a challenge to walk 22 miles from Whitby to Saltburn raising £34,000.

Many other people fundraised by taking on individual challenges such as the Jurassic coastal walk challenge, netball tournaments, coffee mornings and sponsored birthday celebrations. A group of five friends came together to cycle from London to Paris in 24 hours, on one of the hottest days in the summer, and raised nearly £44,000.

In April the Touch of Teal event returned to the May Fair hotel and raised a wonderful £16,835. Apricot clothing continued to support our work during ovarian cancer awareness month and they also donated £10,000 to match fund our Big Give campaign.

The monumental efforts made by our community are humbling and we are so grateful for the funds they raise and the creativity and determination that they display in supporting our work.

We would like to thank all our amazing supporters for their kindness and generosity; those who take on such incredible challenges across the UK and those that organise wonderful events and those that bake, sew and knit items to sell and raise funds for our services.

#### FINANCIAL REVIEW

Gross income and expenditure figures for the year ended 30 September 2023 were income of £938,381 (2022 - £815,772) and expenditure of £899,140 (2022 - £819,024), giving an overall surplus of £39,241 (2022 Deficit £3,252). Restricted Funds of £206,355 were received during the year, of which £198,601 were expended, leaving a surplus of £7,754 to carry forward into 2023/24.

As regards Designated Funds, the remaining Designated Funds relate to the Research Fund at the University of Birmingham.

#### Reserve policy

It is the trustees' aim to hold free reserves equating to a period of unrestricted and undesignated expenditure of minimum six months. It is to ensure continued financial security and to provide for contingencies. In addition, Ovacome holds additional funds in designated and restricted funds for designated projects. Ovacome maintains relationships with beneficiaries, in some cases, for many years. To this end it is important that Ovacome maintains a healthy balance of reserves.

# OVACOME

## Trustees Report

### For the year ended 30 September 2023

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On 30 September 2023 the balance of Unrestricted Funds (total funds less Restricted and Designated funds) stood at £576,618. Expenditure from Unrestricted and Undesignated Funds in 2022-23 amounted to £700,539 so the balance at the year-end meets the six month reserves policy. The trustees have considered the current level of reserves and determined that this level is appropriate.

#### Risk management

The trustees actively review the major risks which the charity faces on a regular basis by maintaining an up to date risk register report. The risk register is regularly presented to the trustees and they input within their areas of specialism. The trustees believe that maintaining reserves at adequate levels, combined with an annual review of the controls over key financial systems will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks faced by the charity and believe that the systems in place to mitigate significant risks offer the trust adequate protection.

#### Going concern

The trustees believe that by maintaining reserves at the levels required by the reserves policy and by regularly reviewing the charity's key financial systems, they can ensure that sufficient resources are in place to mitigate significant risks. In the light of Covid-19, the trustees have examined the operational and business risks faced by the charity and believe that the systems and reserves in place offer the charity adequate protection and ensure its continuance as a going concern.

#### Public benefit

Ovacome has referred to the Charity Commission's general guidance on public benefit, including the guidance 'public benefit: running a charity (PB2),' when reviewing its aims and objectives and in planning future activities. In particular, the trustees consider how all activities contribute to its aims and objectives and believe that a clear benefit to the public is demonstrated. This is described in more detail throughout the Review of the Period.

### STATEMENT OF EXECUTIVE COMMITTEE'S RESPONSIBILITIES

The trustees are responsible for preparing the trustees' report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare Financial Statements for each financial year which give a true and fair view of the state of affairs of the charity and of its income and expenditure for that period. In preparing these Financial Statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles of the Charities SORP 2019 (FRS 102)
- make judgements and estimates that are reasonable and prudent
- prepare the Financial Statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

# OVACOME

## Trustees Report

### For the year ended 30 September 2023

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The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the Financial Statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Executive Committee and authorised for issue on 29 April 2024 and signed on its behalf by:



Cathryn Hughes

Trustee and Chair

# OVACOME

## Independent Examiner's Report to the Trustees of Ovacome

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I report to the Charity trustees on my examination of the accounts of Ovacome for the year ended 30 September 2023, which are set out on page 12 to 24.

### Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Stephen Jones FCA  
Myrus Smith  
Chartered Accountants  
8 Burnell Rd  
Sutton  
Surrey SM1 4BW

Date: 29 April 2024

# OVACOME

## Statement of Financial Activities For the year ended 30 September 2023

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
<b>INCOME</b>					
Donations and legacies	2	422,714	170,961	593,675	547,891
Charitable activities - Fundraising	3	301,908	35,394	337,302	266,171
Investment income		7,404	-	7,404	1,710
<b>Total Income</b>		<b>732,026</b>	<b>206,355</b>	<b>938,381</b>	<b>815,772</b>
<b>EXPENDITURE</b>					
Fundraising expenditure	4	176,749	-	176,749	147,559
Charitable activities	5	523,790	198,601	722,391	671,465
<b>Total Expenditure</b>		<b>700,539</b>	<b>198,601</b>	<b>899,140</b>	<b>819,024</b>
<b>Net income/(expenditure) for the year before gains/(losses)</b>		<b>31,487</b>	<b>7,754</b>	<b>39,241</b>	<b>(3,252)</b>
<b>Transfer between funds</b>		<b>(975)</b>	<b>975</b>	<b>-</b>	<b>-</b>
<b>Net Movement in Funds</b>		<b>30,512</b>	<b>8,729</b>	<b>39,241</b>	<b>(3,252)</b>
<b>Reconciliation of funds:</b>					
Funds brought forward		582,871	76,919	659,790	663,042
<b>Funds carried forward</b>		<b>613,383</b>	<b>85,648</b>	<b>699,031</b>	<b>659,790</b>

# OVACOME

## Statement of Financial Activities For the year ended 30 September 2023

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Analysis of prior year total fund;

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
<b>INCOME and ENDOWMENT</b>					
Donations and legacies	2	395,536	152,355	547,891	424,611
Charitable activities - Fundraising	3	242,209	23,962	266,171	205,053
Investment income		1,710	-	1,710	1,834
<b>Total Income</b>		<b>639,455</b>	<b>176,317</b>	<b>815,772</b>	<b>631,498</b>
<b>EXPENDITURE</b>					
Fundraising expenditure		147,559	-	147,559	12,174
Charitable activities	4	470,872	200,593	671,465	706,539
<b>Total Expenditure</b>		<b>618,431</b>	<b>200,593</b>	<b>819,024</b>	<b>718,713</b>
<b>Net income/(expenditure) for the year before gains/(losses)</b>		<b>21,024</b>	<b>(24,276)</b>	<b>(3,252)</b>	<b>(87,215)</b>
<b>Transfer between funds</b>		<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Net Movement in Funds</b>		<b>21,024</b>	<b>(24,276)</b>	<b>(3,252)</b>	<b>(87,215)</b>
<b>Reconciliation of funds:</b>					
Funds brought forward		561,847	101,195	663,042	750,257
<b>Funds carried forward</b>		<b>582,871</b>	<b>76,919</b>	<b>659,790</b>	<b>663,042</b>

# OVACOME

## Balance Sheet

### As at 30 September 2023

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	Notes	£	2023 £	£	2022 £
<b>FIXED ASSETS</b>					
Tangible fixed assets	7		4,837		4,091
			<u>4,837</u>		<u>4,091</u>
<b>CURRENT ASSETS</b>					
Stock		12,465		8,289	
Debtors	8	11,179		25,721	
Cash at bank and in hand:		<u>708,563</u>		<u>693,727</u>	
		732,207		727,737	
CREDITORS: amounts falling due in one year	9	<u>(38,013)</u>		<u>(72,038)</u>	
<b>NET CURRENT ASSETS</b>			<u>694,194</u>		<u>655,699</u>
<b>NET ASSETS TOTALS</b>			<u><b>699,031</b></u>		<u><b>659,790</b></u>
<b>THE FUNDS OF THE CHARITY</b>					
<b>INCOME FUNDS</b>					
	10				
Restricted funds			85,648		76,919
Unrestricted funds:					
General fund		576,618		546,106	
Designated funds		<u>36,765</u>		<u>36,765</u>	
			613,383		582,871
			<u><b>699,031</b></u>		<u><b>659,790</b></u>

Approved by the Executive Committee and authorized for issue on 29 April 2024 and signed on its behalf by:



John Paul McKew (Treasurer and Trustee)

# OVACOME

## Statement of Cash Flows for the year ended 30 September 2023

	Notes	2023 £	2022 £
<b>Cash flow from operating activities</b>			
Net cash provided by operating activities	A	10,014	19,552
<b>Cash flow from investing activities</b>			
Investment income		7,404	1,710
Purchase of fixed assets		(2,582)	(2,298)
<b>Net cash provided by investing activities</b>		<b>4,822</b>	<b>(588)</b>
<b>Change in cash and cash equivalents in the year</b>		<b>14,836</b>	<b>18,964</b>
<b>Cash and cash equivalents at 1 Oct 2022</b>		<b>693,727</b>	<b>674,763</b>
<b>Cash and cash equivalents at 30th Sep 2023</b>	B	<b>708,563</b>	<b>693,727</b>
<b>Notes to the cash flow statement</b>			
<b>A – reconciliation of net movement in funds to net cash flow from operating activities</b>		<b>2023 £</b>	<b>2022 £</b>
<b>Net income/(expenditure) for the year (before investment gains &amp; losses)</b>		39,241	(3,252)
Depreciation charge		1,836	2,414
Investment Income		(7,404)	(1,710)
Decrease/(increase) in stock		(4,176)	(1)
Decrease/(increase) in debtors		14,542	(4,948)
(Decrease)/increase in creditors		(34,025)	27,049
<b>Net cash provided by operating activities</b>		<b>10,014</b>	<b>19,552</b>
<b>B – Analysis of cash and cash equivalents</b>			
Cash at bank and in hand			
- Closing balance of Cash in hand and Bank		708,563	693,727
<b>Total cash and cash equivalents</b>		<b>708,563</b>	<b>693,727</b>

The notes on page 16 to 24 form part of these financial statements

### 1 Accounting Policies

#### **Basis of preparation**

The financial statements have been prepared on a going concern basis under the historical cost convention.

The financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The Charity is a public benefit entity for the purposes of FRS 102 and therefore the Charity also prepares its financial statements in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (The FRS 102 Charities SORP) issued in October 2019 and the Charities Act 2011.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest pound.

#### **Going concern**

The trustees have assessed whether the use of the going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charity to continue as a going concern. The trustees have made this assessment for a period of at least one year from the date of approval of the financial statements. In particular the trustees have considered the charity's forecasts and projections and have taken account of pressures on donation and event income. After making enquiries the trustees have concluded that there is a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The charity therefore continues to adopt the going concern basis in preparing its financial statements.

#### **Income Recognition**

All income is recognised when there is entitlement to the funds, the receipt is probable and the amount can be measured reliably. Income is recognised in the year to which it relates and on an accruals basis. Legacies are included when the legacy is received or when the charity is notified of an impending distribution which can be quantified and receipt is probable, whichever is the earlier. Recoverable taxation is accounted for on an accruals basis.

#### **Expenditure**

Expenditure is accounted for on an accruals basis allocated directly to the expenditure headings as far as practically possible to reflect the activities of the charity. Charitable activities comprise direct expenditure including direct staff costs attributable to the activity.

#### **Employee benefits**

##### **i. Short term benefits**

Short term benefits, including holiday pay and other similar non-monetary benefits, are recognised as an expense in the period in which the service is received.

##### **ii. Pensions**

Ovacome operates a defined contribution plan for its employees. These contributions are recognised as an expense when they are due. Amounts not paid are shown in accruals in the balance sheet.

#### **Fund Accounting**

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor or are raised by the charity for specific restricted purposes.

# OVACOME

## Notes to the accounts for the year ended 30 September 2023

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Unrestricted funds are funds which are available for use at the discretion of the trustees in furtherance of the general objects of the charity.

Designated funds are funds which are available for use at the discretion of the trustees but have been earmarked by them for a specific purpose.

### Fixed Assets and Depreciation

All assets costing more than £1,000 are capitalized.

Depreciation on fixed assets is provided at rates estimated to write off the cost, less estimated residual value, of each asset over its expected useful economic life as follows:

Computer Equipment and Mascot Costume 3 years (straight line basis)

### Stock

Stocks of Ovacom fundraising merchandise are stated at the lower of cost and net realisable value.

### Debtors and Creditors

Debtors and Creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairments are recognised in expenditure.

### Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with bank and other short-term liquid investments with original maturities of three months or less.

### Critical accounting estimates and areas of judgment

In the view of the trustees in applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

### Leases

Operating lease rentals are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

## 2 Donation and Legacies

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£	£
Donations	187,643	136,859	324,502	310,268
Legacies	235,071	34,102	269,173	237,623
	<b>422,714</b>	<b>170,961</b>	<b>593,675</b>	<b>547,891</b>

### 3 Income from Charitable Activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Charitable activities - Fundraising	301,908	35,394	337,302	266,171
	<b>301,908</b>	<b>35,394</b>	<b>337,302</b>	<b>266,171</b>

### 4 Fundraising Expenditure

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Direct Fundraising Expenses	36,764	-	36,764	53,554
Share of staff Cost (note 6.1)	113,649	-	113,649	74,537
Share of Support Costs (note 6.2)	26,336	-	26,336	19,468
<b>Total expenditure</b>	<b>176,749</b>	<b>-</b>	<b>176,749</b>	<b>147,559</b>

### 5 Total Charitable Expenditure

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Direct Charitable Expenses	21,826	73,972	95,798	102,423
Share of staff Cost (note 6.1)	407,527	109,416	516,943	459,679
Share of Support Costs (note 6.2)	94,437	15,213	109,650	109,363
<b>Total expenditure</b>	<b>523,790</b>	<b>198,601</b>	<b>722,391</b>	<b>671,465</b>

## Notes to the accounts for the year ended 30 September 2023

6 Staff Costs(6.1)	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Wages & Salaries	456,735	109,416	566,151	481,956
Social Security Costs	52,468	-	52,468	42,766
Pension Cost	11,973	-	11,973	9,494
	<b>521,176</b>	<b>109,416</b>	<b>630,592</b>	<b>534,216</b>

### Staff Cost allocated to:

Fundraising costs	113,649	-	113,649	74,537
Charitable activities costs	407,527	109,416	516,943	459,679
	<b>521,176</b>	<b>109,416</b>	<b>630,592</b>	<b>534,216</b>

	2023	2022
Staff Numbers (average number of staff)	16	15

No trustee (2022: nil) received reimbursed expenses in the year (2022: nil). One employees received total employment benefits in excess of £60,000, in the current year (2022: one).

The number of employees whoes employee benefits (excluding employers pension cost) exceeded £ 60000 was:

	2023	2022
£ 60001 to £ 70000	-	1
£ 70001 to £ 80000	1	-

Trustees were not paid remuneration in either period.

Key management personnel include the Trustees and the Chief Executive. The total employee benefits (including gross pay and employer national insurance contributions) of the charity's key management personnel were £83,594 (2022: £76,617). Pension contributions paid by the company to key management personnel totalled £1,321 (2022:£1,321). Excluding the trustees there was one key management personnel (2022: one) that received remuneration during the year.

Under FRS 102, employee benefits include gross salary, employers national Insurance, employers pension contributions and benefits in kind.

## Notes to the accounts for the year ended 30 September 2023

6 Support Costs (6.2)	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Rent	19,290	-	19,290	18,487
Printing and Stationary	3,893	55	3,948	6,183
Office Cost	16,337	1,346	17,683	14,017
Professional fee	10,184	-	10,184	8,904
IT and computer Cost	22,730	3,633	26,363	25,430
Insurance	2,220	-	2,220	2,145
Depreciation	1,836	-	1,836	2,414
Staff training and support	19,915	3,633	23,548	18,870
Social media and advertising	21,503	6,546	28,049	27,335
Independent Examination - Governance costs	2,865	-	2,865	5,046
	<b>120,773</b>	<b>15,213</b>	<b>135,986</b>	<b>128,831</b>
<b>Support Cost allocated to:</b>				
Fundraising costs	26,336	-	26,336	19,468
Charitable activities costs	94,437	15,213	109,650	109,363
	<b>120,773</b>	<b>15,213</b>	<b>135,986</b>	<b>128,831</b>

## 7 TANGIBLE FIXED ASSETS

	Computer Equipment £	Mascot costume £	Total 2023 £
<b>Cost</b>			
At 1st Oct 2022	12,246	2,890	15,136
Additions	2,582	-	2,582
At 30 Sep 2023	14,828	2,890	17,718
<b>Depreciation</b>			
At 1st Oct 2022	10,002	1,043	11,045
Provided during year	792	1,044	1,836
At 30 Sep 2023	10,794	2,087	12,881
<b>Net book value</b>			
At 30 Sep 2023	4,034	803	4,837
At 1st Oct 2022	2,244	1,847	4,091

# OVACOME

## Notes to the accounts for the year ended 30 September 2023

### 8 DEBTORS

	2023	2022
	£	£
Prepayments and accrued income	11,179	24,721
Other debtors	-	1,000
	<b>11,179</b>	<b>25,721</b>

### 9 CREDITORS: amounts falling due within one year

	2023	2022
	£	£
Trade creditors	24,379	49,819
Grant payable	7,427	14,547
Accruals	5,960	7,425
Other Creditors	247	247
	<b>38,013</b>	<b>72,038</b>

### 10 ANALYSIS OF FUNDS 2023

	Balance 30 Sep 2022	Income	Expenditure	Funds transfer	Balance 30 Sep 2023
	£	£	£	£	£
<b>Restricted Funds</b>					
Support services	-	100,824	(85,956)	-	14,868
Staying Connected	-	3,802	(3,802)	-	-
Choir	2,342	3,500	(4,344)	-	1,498
OVA to You	4,517	-	(8,075)	3,558	-
STS & PEP	15,276	-	(13,268)	(2,008)	-
West Midland Support HUB	12,642	11,406	(24,048)	-	-
Reach OVA	42,142	48,333	(55,991)	(575)	33,909
Patient's Perspective	-	31,602	(1,657)	-	29,945
Core costs	-	6,888	(1,460)	-	5,428
Sub-total Restricted funds	<b>76,919</b>	<b>206,355</b>	<b>(198,601)</b>	<b>975</b>	<b>85,648</b>
<b>Unrestricted Funds</b>					
General Fund	546,106	732,026	(700,539)	(975)	576,618
Designated Funds -					
- Research Fund	36,765	-	-	-	36,765
Sub-total Designated funds	<b>36,765</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>36,765</b>
<b>Total funds</b>	<b>659,790</b>	<b>938,381</b>	<b>(899,140)</b>	<b>-</b>	<b>699,031</b>

### Fund narrative for 2022-23:

- a) **Support service:** We received funding towards the direct costs of our support services for those affected by ovarian cancer. Thank you for the support we received from E B M Charitable Trust.
- b) **Staying connected:** is our programme of online support, information, and activities for people affected by ovarian cancer.
- c) **Choir:** Funds were provided to enable Ovacome to continue the Ovacome choir.
- d) **Ova to You:** These funds were secured to enable Ovacome to run monthly support events across the UK.
- e) **Survivors Teaching Students (STS) and Patient Experience in Practice (PEP):** Our STS project engages women who have been diagnosed with ovarian cancer to train medical students and clinicians in recognising the symptoms of ovarian cancer. STS is one strand of PEP, our education programme for medical students and healthcare professionals.
- g) **West Midlands Support Hub:** We received funding towards the continuation of our West Midlands Support Hub. Thank you for the support from The Eveson Trust.
- h) **Reach ova:** This work project provides support and information to those who are less well represented within our membership and to those who experience additional health inequalities. These include but are not limited to:
  - Those who are LGBTQIA+.
  - Individuals and community groups that support people of colour and/or ethnic groups other than white.
  - Those over the age of 75 or under 45 at point of diagnosis.
  - Those who are experiencing financial hardship or who have a low income.
  - Those who are rurally isolated.

This funding has been used as per the restrictions to provide specialist resources and targeted groups and campaigns. Thank you for the funding from Gilead Sciences Ltd and Zurich Community Trust to support this work.

- i) **Patient perspective:** We received a legacy to support our patient perspective research.
- j) **Core costs:** We received funding towards our core costs and work to embed sustainability into our service delivery. Thank you to Zurich Community Trust for their support.

### ANALYSIS OF PRIOR YEAR FUNDS 2022

	Balance 30 Sep 2021 £	Income £	Expenditure £	Funds transfer	Balance 30 Sep 2022 £
<b>Restricted Funds</b>					
Support services	-	2,263	(2,263)	-	-
Staying Connected	11,651	33,769	(45,420)	-	-
Choir	-	6,000	(3,658)	-	2,342
OVA to You	5,305	-	(788)	-	4,517
Information resources	3,696	-	(3,696)	-	-
STS & PEP	13,826	32,185	(30,735)	-	15,276
West Midland Support HUB		22,053	(9,411)	-	12,642
Reach OVA	5,885	74,047	(37,790)	-	42,142
Patient's Perspective	60,832	-	(60,832)	-	-
Core costs	-	6,000	(6,000)	-	-
<b>Sub-total Restricted funds</b>	<b>101,195</b>	<b>176,317</b>	<b>(200,593)</b>	<b>-</b>	<b>76,919</b>
<b>Unrestricted Funds</b>					
General Fund	525,082	639,455	(618,431)	-	546,106
<b>Designated Funds -</b>					
- Research Fund	36,765	-	-	-	36,765
<b>Sub-total Designated funds</b>	<b>36,765</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>36,765</b>
<b>Total funds</b>	<b>663,042</b>	<b>815,772</b>	<b>(819,024)</b>	<b>-</b>	<b>659,790</b>

### 11 ANALYSIS OF NET ASSETS BY FUNDS

	Unrestricted Fund £	Restricted Fund £	Total Fund 2023 £
Fixed assets	4,837	-	4,837
Current assets	646,559	85,648	732,207
Current liabilities	(38,013)	-	(38,013)
<b>Net assets 2023</b>	<b>613,383</b>	<b>85,648</b>	<b>699,031</b>

	Unrestricted Fund £	Restricted Fund £	Total Fund 2022 £
Fixed assets	4,091	-	4,091
Current assets	675,094	52,643	727,737
Current liabilities	(72,038)	-	(72,038)
<b>Net assets 2022</b>	<b>607,147</b>	<b>52,643</b>	<b>659,790</b>

### 12 OPERATING LEASE COMMITMENTS

At 30 September 2023 the charity had future minimum commitments in respect of non-cancellable operating leases as follows

	2023	2022
	£	£
<b>Rental expenses</b>		
Not later than 1 year	16,855	11,119
Between 1 and 5 years	2,000	2,000
Total	<u>18,855</u>	<u>13,119</u>

**OVACOME**

England & Wales - Charity number 1159682

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# Accounts

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# **OVACOME**

**Registered Charity No. 1159682**

**REPORT AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED  
30 September 2022**

# OVACOME

## Legal and Administrative Information

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**Registered Charity Number:** 1159682

### **Trustees (Executive Committee Members)**

The trustees who served during the period and up to the date of signing of this report were:

Cathryn Hughes (Chair)  
John Paul McKew (Treasurer)  
Marta Wojcik  
Sean Kehoe (Head of Medical Advisory Board)  
Victoria Von Wachter  
Lesley Sage  
Adrian Dickinson  
Jonathan Brindley (resigned May 2022)  
Robert Leach (resigned May 2022)  
Samixa Bakul Shah (appointed 20 October 2021)  
Richard Riley (appointed April 2022)

### **CEO**

Victoria Clare

### **Patron**

Jenny Agutter

### **Principal Office**

52-54 Featherstone Street  
London  
EC1Y 8RT

### **Independent Examiner**

Stephen Jones  
Myrus Smith  
Chartered Accountants  
8 Burnell Rd  
Sutton SM1 4BW

### **Bankers**

CAF Bank Limited  
25 Kings Hill Avenue  
Kings Hill  
West Malling  
Kent ME19 4JQ

# OVACOME

## Trustees' Report

### For the year ended 30 September 2022

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The trustees are pleased to present their report together with the financial statements of the charity for the year ended 30 September 2022. Legal and administrative information set out on page 2 forms part of this report. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011 and Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) issued in October 2019.

## STRUCTURE, GOVERNANCE AND MANAGEMENT

### Legal structure of the charity

The charity is constituted as a charitable incorporated organization (CIO). Ovacome was entered on the Register of Charities No 1159682 on 18 December 2014 and is governed by its constitution adopted also on 18 December 2014. Ovacome was originally established in 1996 as a charity on the Register of Charities and a ltd company at Companies House. It was then converted to a CIO in 2014.

Ovacome has a board of 9 volunteer trustees, including individuals who have been personally affected by the disease and clinicians who specialize in ovarian cancer (OC).

### Recruitment and induction of trustees

The trustees are appointed by the members or the charity trustees and are recruited for their knowledge, skills and experience.

Ovacome is unique within the gynaecology oncology sector as the board includes a number of trustees whose lives have been directly affected by ovarian cancer. In addition, Ovacome was established as a membership charity. Whilst anyone can access our support without being a member, it is free to become a member and members have certain rights and benefits conferred upon them. Members can vote at the Annual General Meeting (AGM) and they have the opportunity to participate in consultation to set the priorities of the charity and inform future strategic direction of service provision.

Trustees are recruited following an annual trustee board skills audit. Areas for development are identified and then recruitment adverts are circulated among our membership and more widely.

All new trustees are given background information about the charity, are advised about their responsibilities and given an induction into the work of the charity. The training needs of the trustees are reviewed and training is sourced where deemed necessary and appropriate. The full recruitment process takes between 3-6 months.

### Management and administration

The Executive Committee, members of which constitute trustees for the purpose of Charity legislation, administers Ovacome. The Chair, officers and other trustees are appointed (or reappointed) at the AGM. The Executive Committee reviews the profile of trustees periodically and appropriate appointments are made to ensure a balanced committee. No external bodies have the power to appoint trustees and the Executive Committee is ultimately responsible for the charity. The names of trustees who have served since 1 October 2021 are set out under Legal and Administrative Information on page 2 of this document.

# OVACOME

## Trustees' Report

### For the year ended 30 September 2022

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The trustees meet via online conference calls monthly to review progress and support development of the charity in line with our organisational aims. The Chief Executive and staff team manage the day to day running of Ovacome and operational delivery based on the strategic direction agreed by the trustees.

#### Remuneration of Key Management Personnel

The remuneration of the charity's key management personnel is set by the Executive Committee, taking into account the charity's financial position and the amount paid for roles in comparable organizations.

## OBJECTIVES AND ACTIVITIES

Currently our head office is in London. Ovacome also has an office base in Dudley, from which we provide services across the West Midlands. As of the 30 September 2022 there are 17 staff (12 full time, 5 part time). Ovacome has 327 registered and active volunteers at the time of writing.

The charity serves:

- People who have been diagnosed with ovarian cancer
- Family members of those diagnosed
- Those who may be at risk of OC
- The general public (by raising awareness of the symptoms)
- The research community by funding opportunities for better understanding and curing ovarian cancer
- Clinicians specializing in ovarian cancer
- Health care providers who may be involved in identifying and treating ovarian cancer

The number of women with ovarian cancer is not thought to be increasing significantly. Around 7,500 new cases are diagnosed each year and this number has remained constant for some time.

1 in 50 women born after 1960 are diagnosed with ovarian cancer in their lifetime. But still:

Only 35% survive ovarian cancer for 10 or more years and there is little awareness of the signs and symptoms of the disease. This means that diagnosis is predominantly at the later stages.

The need for Ovacome remains constant. Until all people are aware of the symptoms and able to access treatment, support and information then Ovacome will continue to work to meet the needs of all those affected by the disease. Ovacome works across the UK via our support and information services, and we provide face to face support and work with local charities to improve the support available to all affected by ovarian cancer - regardless of where they live.

Our potential reach. One study suggested that in 2010, 41,000 women were living with ovarian cancer in the UK. They will vary hugely in health, stages of the disease and their support needs but if we assume that there are now more women living with the disease than in 2010 and accept that it is our role to support everyone affected by the disease, then our potential reach is substantially wider than the numbers currently accessing our services.

# OVACOME

## Trustees' Report

For the year ended 30 September 2022

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### Charity activities

Ovacome has provided a wide range of expert services free to all those affected by ovarian cancer since 1996.

**We do this by:**

#### **Supporting those affected by ovarian cancer by providing a friendly community**

- Providing face-to-face and online opportunities for those affected by ovarian cancer to meet and share their experiences. We do this via support groups (including local hybrid groups); online workshops; online discussion forum; hybrid members day and health and wellbeing events

#### **Raising awareness of ovarian cancer and its symptoms**

- Promoting an understanding about the signs and symptoms of ovarian cancer and the patient experience, including targeted messaging to underserved groups who are overlooked in mainstream awareness campaigns
- Campaigning to raise awareness of signs and symptoms using our research based B.E.A.T. campaign which supports early diagnosis
- Educating clinicians in the symptoms and impact of ovarian cancer
- Remaining at the forefront of knowledge and innovation in the diagnosis, treatment and communication in all matters related to ovarian cancer
- Working with community groups and other organisations to undertake targeted campaigns in a wide range of formats and languages to ensure that those who face barriers to accessing diagnosis are more aware of the symptoms of the disease.

#### **Informing and educating people about the disease**

- Providing evidence-based information through our website, magazine, information booklets and across support service platforms
- Building our community networks across the UK to ensure this information is reaching all who need it
- Providing information as requested by our members in a variety of formats and languages as requested
- Working with our world class board of expert advisors to ensure that factually accurate and up to date information is provided in a way that people can understand
- Ensuring empathy, sensitivity and discretion in every stakeholder interaction we have

#### **Influencing and advocating**

- Advocating for prevention strategies, research and equity of treatment, experience, and outcomes for all those diagnosed with ovarian cancer
- Identifying and leading change to address the health inequalities in access to support for all
- Collaborating with other organizations to ensure the voices of the people that we represent are considered by decision-makers
- Supporting and funding research on patient perspective
- Providing training and information sessions for clinicians on the symptoms of the disease and also on the patient experience

# OVACOME

## Trustees' Report

### For the year ended 30 September 2022

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#### Constantly monitoring our success in achieving our strategy

- Regularly seek the views of our membership and the wider community to provide feedback on our actions and the impact they are having
- Regularly review our actions against those of our partners and competition

## ACHIEVEMENT AND PERFORMANCE

### Review of the year

In early 2022 we completed our regular biennial consultation of members and service users. Almost 300 people completed the consultation; giving us valuable insight into the ever changing needs and expectations of our community.

We saw a steady increase in demand for our support services across all our various support channels. This amounted to a 12% increase in support requests from our beneficiaries on the previous year. Alongside this, the number of safeguarding concerns and complexity of support requests also increased. We were able to meet the demands of our community and responded appropriately and in a timely way to all of them, meeting our service standards 100% of the time. All staff received both regular and refresher training and a system was put in place to provide regular external clinical supervision for all staff (not just support team staff). Our popular online forum increased in size from 15,000 to over 16,000 members.

Our Staying Connected programme continued throughout the year providing 331 sessions to 2,916 attendees. We also reintroduced face to face options for our local and regional support groups. Our team work closely with our community and listen to their needs – as a result we continued to provide regular weekly community sessions, through which people are able to relax and participate in an activity (such as choir, crafts, yoga or exercise) with others who have been diagnosed with the disease. This provides invaluable community building opportunities and reduces loneliness and isolation for many. A further series of webinars and workshops ran throughout the year, given by experts in their own field of work and particularly by members of our expert advisory panel. We are grateful to all those who have given their time and expertise over the course of the year to support our community. The topics for these clinical and medical updates are requested by members of our community and the attendees have the opportunities to ask questions of experts.

At the request of our membership we have continued to run the following expert support groups over the course of the year:

- Stoma group. A friendly space for anyone living with a colostomy, ileostomy or urostomy to chat with others in similar circumstances.
- End of life matters. A safe space to come together and discuss any issues around end of life, from practical concerns, to talking to friends & family, to feelings around your own death and dying.
- Under 45s group. For those diagnosed under the age of 45.
- Rarer cancers group. For those diagnosed with an ovarian cancer that is not high grade serious.
- Friends and family group. For family members and carers of those diagnosed with the disease.
- Bereavement group. For anyone who has experienced the death of someone close to them due to ovarian cancer.

# OVACOME

## Trustees' Report

### For the year ended 30 September 2022

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We continued to run local support groups and to support other gynaecology oncology groups already in existence with grants, facilitation and information or specialist speakers. We have also produced a resource for anyone setting up an independent ovarian cancer support group and can provide information, grants, support and speakers to those committed to providing support at a local level.

We were incredibly proud to be nominated by members of our community for the National Charity of the Year award and even more delighted to be shortlisted in the top three health charities in the UK.

Our work has continued within Ovacome to reduce barriers to accessing our services and to improve inclusivity. This has led to our community becoming more diverse. We continue our work to ensure that all members of our community are supported to access diagnoses, treatment and support in a culturally appropriate and accessible way.

Our community language support lines in Polish, Urdu, Bengali, Arabic, Punjabi and Gujarati have continued to meet demand and, as requested, we provide talks and support sessions or translated information in these and other languages. A particular highlight was that our symptoms awareness video in Urdu has now been viewed 24,000 times and, in pursuance of our work to address inequalities, we have been able to partner with over 100 other charities or organisations to provide factually accurate information in a timelier fashion.

Ovacome's West Midlands hub and regional focus continued apace, with targeted work undertaken in the North West and across the South East and South West in addition to our national campaigns and support offer.

#### **Information provision and awareness raising**

During the financial year, we continued to diversify and grow our Expert Advisory Panel and professional volunteers, which now numbers 31. This panel is made up of top clinicians and experts in the field with a variety of specialities, they continue to give the charity access to expert advice and influence. We remain particularly grateful to the professionals, who have given their time voluntarily.

We have further expanded our information offer over the course of the year to continue to meet the requests of our members expressed through our consultation. We now offer 43 information booklets. In addition, 8 of the series were fully reviewed during the year.

Our Patient Experience in Practice (PEP) training sessions deliver valuable information in an impactful and personalised way and focus on the lived experience of those diagnosed with the disease. Over the course of the year we delivered 40 such sessions to 1,631 professionals.

Our work to identify and tackle inequalities for those affected by ovarian cancer has continued, with a recognition by many other groups and organisations asking members of Ovacome staff to sit on numerous steering groups and deliver training about the patient perspective and reducing barriers to accessing treatment and support. This has enabled us to improve the experience of many of our members and has encouraged them to feel more secure when self-advocating. All of our training for clinicians centres the patient voice and uses the experiences and stories of our members to inform the work of those receiving the training. This is run in addition to our Survivors Teaching Students programme, which provides volunteers who themselves have experienced a diagnosis of ovarian cancer to speak to medical students and clinicians to raise awareness of the

# OVACOME

## Trustees' Report

### For the year ended 30 September 2022

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signs and symptoms of ovarian cancer. Through these sessions we have been able to build closer working relationships with many clinicians and NHS Trusts. This has also led to partnerships to embed change within some cancer services.

This financial year saw substantial gains in Ovacome's website traffic, leading to higher engagement with services and fundraising. We saw 35% growth in our web traffic, with a total of 245,511 unique visitors to the website over the course of the year.

As of 30th September 2022, Ovacome had a combined following of 35,350 across Facebook, Instagram and Twitter. Across the financial year, our Facebook and Instagram pages had a combined reach of 4,450,296.

## FUNDRAISING

The year began well with the London Marathon runners raising £36,520. In March some of Debbie Baldwin's family members and friends arranged the first Ovacome gala in her memory and raised £39,407.

One of our supporters took on the amazing challenge of cycling from Lands' End to John O'Groats raising over £10,000.

In August we were nominated by Guards Polo Club to be their charity of the year for their Cle De Peau sponsored Ladies Polo Day and through their generosity and hard work they raised £15,000 to support our work.

In September, the Touch of Teal committee organised their first face to face event since 2019 at St John's church, Hyde Park, and raised £7,164. Many models and family members were able to attend and had a wonderful time together for the first time since the pandemic.

Apricot clothing continued to support our work during Ovarian cancer awareness month raising £2,155 and they also donated £10,000 to match fund our Big Give campaign.

Zurich Community Trust continued to support our work over the year with two grants, in total they donated £37,333 in restricted grants that helped us to reach people who face barriers to access.

We were also left a very generous legacy by a beneficiary of our services.

We would like to thank all our amazing supporters for their kindness and generosity; those who take on such incredible challenges across the UK and those that organise wonderful events and those that bake, sew and knit items to sell and raise funds for our services. We are so grateful to our wonderful community of supporters who have been so generous with their donations and through fundraising at a very difficult time to ensure we can continue to be there for anyone affected by ovarian cancer.

# OVACOME

## Trustees' Report

### For the year ended 30 September 2022

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#### FINANCIAL REVIEW

The year ending 30 September 2022 was the seventh full financial year for the incorporated charity. Prior to this the charity was registered as such but in 2014 Ovacome was converted to a CIO. Gross income and expenditure figures for the year ended 30 September 2022 were income of £815,772 (2021 - £631,498) and expenditure of £819,024 (2021 - £718,713), giving an overall deficit of £3,252 (2021 Deficit £87,215). Restricted Funds of £176,317 were received during the year, of which £ 200,593 were expended, leaving a deficit of £24,276 for the year.

As regards Designated Funds, the remaining Designated Funds relate to the Research Fund at the University of Birmingham.

#### Reserve policy

It is the trustees' aim to hold free reserves equating to a period of unrestricted and undesignated expenditure of minimum six months. It is to ensure continued financial security and to provide for contingencies. In addition, Ovacome holds additional funds in designated and restricted funds for designated projects. Ovacome maintains relationships with beneficiaries, in some cases, for many years. To this end it is important that Ovacome maintains a healthy balance of reserves.

At 30 September 2022 the balance of Unrestricted Funds (total funds less Restricted and Designated funds) stood at £546,106. Expenditure from Unrestricted and Undesignated Funds in 2021-22 amounted to £618,431, so the balance at the year-end meets the six month reserves policy. The trustees have considered the current level of reserves and determined that this level is appropriate.

#### Risk management

The trustees actively review the major risks which the charity faces on a regular basis by maintaining an up to date risk register report. The risk register is regularly presented to the trustees and they input within their areas of specialism. The trustees believe that maintaining reserves at adequate levels, combined with an annual review of the controls over key financial systems will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks faced by the charity and believe that the systems in place to mitigate significant risks offer the trust adequate protection.

#### Going concern

The trustees believe that by maintaining reserves at the levels required by the reserves policy and by regularly reviewing the charity's key financial systems, they can ensure that sufficient resources are in place to mitigate significant risks. In the light of Covid-19, the trustees have examined the operational and business risks faced by the charity and believe that the systems and reserves in place offer the charity adequate protection and ensure its continuance as a going concern.

#### Public benefit

Ovacome has referred to the Charity Commission's general guidance on public benefit, including the guidance 'public benefit: running a charity (PB2),' when reviewing its aims and objectives and in planning future activities. In particular, the trustees consider how all activities contribute to its aims and objectives and believe that a clear benefit to the public is demonstrated. This is described in more detail throughout the Review of the Period.

# OVACOME

## Trustees' Report

For the year ended 30 September 2022

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### STATEMENT OF EXECUTIVE COMMITTEE'S RESPONSIBILITIES

The trustees are responsible for preparing the trustees' report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare Financial Statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

In preparing these Financial Statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- prepare the Financial Statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the Financial Statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 and the provision of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Executive Committee and authorised for issue on 24 May 2023 and signed on its behalf by:



Cathryn Hughes

Trustee and Chair

# OVACOME

## Independent Examiner's Report to the Trustees of Ovacome

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I report to the charity trustees on my examination of the accounts of Ovacome for the year ended 30 September 2022, which are set out on pages 12 to 24.

### Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Stephen Jones FCA  
Myrus Smith  
Chartered Accountants  
8 Burnell Rd  
Sutton  
Surrey SM1 4BW

Date: 24 May 2023

# OVACOME

## Statement of Financial Activities For the year ended 30 September 2022

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
<b>INCOME</b>					
Donations and legacies	2	395,536	152,355	547,891	424,611
Charitable activities - Fundraising	3	242,209	23,962	266,171	205,053
Investment income		1,710	-	1,710	1,834
<b>Total Income</b>		<b>639,455</b>	<b>176,317</b>	<b>815,772</b>	<b>631,498</b>
<b>EXPENDITURE</b>					
Fundraising expenditure	4	147,559	-	147,559	12,174
Charitable activities	5	470,872	200,593	671,465	706,539
<b>Total Expenditure</b>		<b>618,431</b>	<b>200,593</b>	<b>819,024</b>	<b>718,713</b>
<b>Net income/(expenditure) for the year before gains/(losses)</b>		<b>21,024</b>	<b>(24,276)</b>	<b>(3,252)</b>	<b>(87,215)</b>
<b>Transfer between funds</b>		<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Net Movement in Funds</b>		<b>21,024</b>	<b>(24,276)</b>	<b>(3,252)</b>	<b>(87,215)</b>
<b>Reconciliation of funds:</b>					
Funds brought forward	10	561,847	101,195	663,042	750,257
<b>Funds carried forward</b>	<b>10</b>	<b>582,871</b>	<b>76,919</b>	<b>659,790</b>	<b>663,042</b>

All income and expenditure derives from continuing activities.

The Statement of Financial Activities includes all gains and losses recognised during the year.

The notes on pages 16 to 24 form part of these financial statements.

# OVACOME

## Statement of Financial Activities For the year ended 30 September 2022

Analysis of prior year total fund;

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
<b>INCOME and ENDOWMENT</b>					
Donations and legacies	2	175,295	249,316	424,611	371,195
Charitable activities - Fundraising	3	178,960	26,093	205,053	119,154
Investment income		1,834	-	1,834	4,079
<b>Total Income</b>		<b>356,089</b>	<b>275,409</b>	<b>631,498</b>	<b>494,428</b>
<b>EXPENDITURE</b>					
Fundraising expenditure	4	12,174	-	12,174	11,398
Charitable activities	5	473,433	233,106	706,539	599,123
<b>Total Expenditure</b>		<b>485,607</b>	<b>233,106</b>	<b>718,713</b>	<b>610,521</b>
<b>Net income/(expenditure) for the year before gains/(losses)</b>		<b>(129,518)</b>	<b>42,303</b>	<b>(87,215)</b>	<b>(116,093)</b>
Transfer between funds		-	-	-	-
<b>Net Movement in Funds</b>		<b>(129,518)</b>	<b>42,303</b>	<b>(87,215)</b>	<b>(116,093)</b>
<b>Reconciliation of funds:</b>					
Funds brought forward	10	691,365	58,892	750,257	866,350
<b>Funds carried forward</b>	<b>10</b>	<b>561,847</b>	<b>101,195</b>	<b>663,042</b>	<b>750,257</b>

The notes on pages 16 to 24 form part of these financial statements.

# OVACOME

## Balance Sheet

As at 30 September 2022

	Notes	£	2022 £	£	2021 £
<b>FIXED ASSETS</b>					
Tangible fixed assets	7		<u>4,091</u>		<u>4,207</u>
			4,091		4,207
<b>CURRENT ASSETS</b>					
Stock		8,289		8,288	
Debtors	8	25,721		20,773	
Cash at bank and in hand		<u>693,727</u>		<u>674,763</u>	
		727,737		703,824	
<b>CREDITORS: amounts falling due in one year</b>					
	9	<u>(72,038)</u>		<u>(44,989)</u>	
<b>NET CURRENT ASSETS</b>					
			<u>655,699</u>		<u>658,835</u>
<b>NET ASSETS TOTALS</b>					
			<u><b>659,790</b></u>		<u><b>663,042</b></u>
<b>THE FUNDS OF THE CHARITY</b>					
<b>INCOME FUNDS</b>					
Restricted funds	10		76,919		101,195
Unrestricted funds:					
General fund		546,106		525,082	
Designated funds		<u>36,765</u>		<u>36,765</u>	
		582,871		561,847	
			<u><b>659,790</b></u>		<u><b>663,042</b></u>

Approved by the Executive Committee and authorized for issue on 24 May 2023 and signed on its behalf by:



John Paul McKew (Treasurer and Trustee)

The notes on pages 16 to 24 form part of these financial statements.

# OVACOME

## Statement of Cash Flows for the year ended 30 September 2022

	Notes	2022 £	2021 £
Cash flow from operating activities			
Net cash provided by operating activities	A	19,552	(109,650)
Cash flow from investing activities			
Investment income		1,710	1,834
Purchase of fixed assets	7	(2,298)	(2,890)
Net cash provided by investing activities		(588)	(1,056)
Change in cash and cash equivalents in the year		18,964	(110,706)
<b>Cash and cash equivalents at 1 Oct 2021</b>		<u>674,763</u>	<u>785,469</u>
<b>Cash and cash equivalents at 30th Sep 2022</b>	B	<u>693,727</u>	<u>674,763</u>
Notes to the cash flow statement			
A – reconciliation of net movement in funds to net cash flow from operating activities		2022 £	2021 £
Net income/(expenditure) for the year (before investment gains & losses)		(3,252)	(87,215)
Depreciation charge	7	2,414	2,000
Investment Income		(1,710)	(1,834)
(Increase)/decrease in stock		(1)	1,162
Increase in debtors		(4,948)	(15,673)
Increase/(decrease) in creditors		27,049	(8,090)
Net cash provided by operating activities		<u>19,552</u>	<u>(109,650)</u>
B – Analysis of cash and cash equivalents			
Cash at bank and in hand			
- Closing balance of Cash in hand and Bank		693,727	674,763
Total cash and cash equivalents		<u>693,727</u>	<u>674,763</u>

The notes on pages 16 to 24 form part of these financial statements.

### 1 Accounting Policies

#### Basis of preparation

The financial statements have been prepared on a going concern basis under the historical cost convention.

The financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The Charity constitutes a public benefit entity for the purposes of FRS 102 and therefore the Charity also prepares its financial statements in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (The FRS 102 Charities SORP) issued in October 2019, the Charities Act 2011 and UK Generally Accepted Accounting Practice.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

#### Going concern

The trustees have assessed whether the use of the going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charity to continue as a going concern. The trustees have made this assessment for a period of at least one year from the date of approval of the financial statements. In particular the trustees have considered the charity's forecasts and projections and have taken account of pressures on donation and event income. After making enquiries the trustees have concluded that there is a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The charity therefore continues to adopt the going concern basis in preparing its financial statements.

#### Income Recognition

All income is recognised when there is entitlement to the funds, the receipt is probable and the amount can be measured reliably. Income is recognised in the year to which it relates and on an accruals basis. Legacies are included when the legacy is received or when the charity is notified of an impending distribution which can be quantified and receipt is probable, whichever is the earlier. Recoverable taxation is accounted for on an accruals basis.

#### Expenditure

Expenditure is accounted for on an accruals basis allocated directly to the expenditure headings as far as practically possible to reflect the activities of the charity. Charitable activities comprise direct expenditure including direct staff costs attributable to the activity. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably

#### Employee benefits

##### i. Short term benefits

Short term benefits, including holiday pay and other similar non-monetary benefits, are recognised as an expense in the period in which the service is received.

##### ii. Pensions

Ovacom operates a defined contribution plan for its employees. These contributions are recognised as an expense when they are due. Amounts not paid are shown in accruals in the balance sheet.

# OVACOME

## Notes to the accounts for the year ended 30 September 2022

### Fund Accounting

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor or are raised by the charity for specific restricted purposes.

Unrestricted funds are funds which are available for use at the discretion of the trustees in furtherance of the general objects of the charity.

Designated funds are funds which are available for use at the discretion of the trustees but have been earmarked by them for a specific purpose.

### Fixed Assets and Depreciation

All assets costing more than £1,000 are capitalized.

Depreciation on fixed assets is provided at rates estimated to write off the cost, less estimated residual value, of each asset over its expected useful economic life as follows:

Computer Equipment and Mascot Costume 3 years (straight line basis).

### Stock

Stocks of Ovacome fundraising merchandise are stated at the lower of cost and net realisable value.

### Debtors and creditors

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairments are recognised in expenditure.

### Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with bank and other short-term liquid investments with original maturities of three months or less.

### Critical accounting estimates and areas of judgment

In the view of the trustees in applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

### Leases

Operating lease rentals are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

## 2 Donation and Legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Donations	157,913	152,355	310,268	314,908
Legacies	237,623	-	237,623	109,703
	<b>395,536</b>	<b>152,355</b>	<b>547,891</b>	<b>424,611</b>

# OVACOME

## Notes to the accounts for the year ended 30 September 2022

### 3 Income from Charitable Activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Charitable activities - Fundraising	242,209	23,962	266,171	205,053
	<b>242,209</b>	<b>23,962</b>	<b>266,171</b>	<b>205,053</b>

### 4 Fundraising Expenditure

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Direct Fundraising Expenses:				
Fundraising Costs	32,699	-	32,699	11,012
Fundraising Materials	20,855	-	20,855	1,162
Staff Costs (note 6.1)	74,537	-	74,537	-
Support Costs (note 6.2)	19,468	-	19,468	-
Total expenditure	<b>147,559</b>	<b>-</b>	<b>147,559</b>	<b>12,174</b>

### 5 Total Charitable Expenditure

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Direct Charitable Expenditure:				
Event Costs	5,967	9,496	15,463	16,978
Website	2,764	6,339	9,103	10,840
Financial Assistance Members	653	350	1,003	630
Information Materials	3,200	2,885	6,085	9,322
Database and Membership	8,956	-	8,956	7,675
Magazine	45,622	3,769	49,391	38,591
Reach Ova Resources	4,090	1,330	5,420	6,561
Film Resources and Photography	726	496	1,222	9,800
PR Costs	3,050	200	3,250	32,131
Raising Awareness Costs	1,048	147	1,195	2,260
Miscellaneous Costs	1,335	-	1,335	1,767
Staff Costs (note 6.1)	311,975	147,704	459,679	476,139
Support Costs (note 6.2)	81,486	27,877	109,363	93,845
Total expenditure	<b>470,872</b>	<b>200,593</b>	<b>671,465</b>	<b>706,539</b>

# OVACOME

## Notes to the accounts for the year ended 30 September 2022

6 Staff Costs(6.1)	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Wages & Salaries	334,766	147,190	481,956	429,360
Social Security Costs	12,365	101	12,766	38,879
Pension Cost	9,381	113	9,494	7,900
	<b>386,512</b>	<b>147,704</b>	<b>534,216</b>	<b>476,139</b>

### Staff Cost allocated to:

Fundraising costs	74,537	-	74,537	-
Charitable activities costs	311,975	147,704	459,679	476,139
	<b>386,512</b>	<b>147,704</b>	<b>534,216</b>	<b>476,139</b>

	<b>2022</b>	<b>2021</b>
Staff Numbers (average number of staff)	15	12

No trustee (2021: nil) received total employee benefits (excluding employer pension costs) in the year (2021: nil). One employee received total employee benefits in excess of £60,000, in the current year (2021: one).

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	<b>2022</b>	<b>2021</b>
£60,001 - £70,000	1	1

No trustee (2021 : nil) received reimbursed expenses in the year (2021 : nil).

Trustees were not paid remuneration in either period.

Key management personnel include the Trustees and the Chief Executive. The total employee benefits (including gross pay and employer national insurance contributions) of the charity's key management personnel were £76,617 (2021: £68,042). Pension contributions paid by the company to key management personnel totalled £1,321 (2021 : £1,317). Excluding the trustees there was one key management personnel (2021 : one) that received remuneration during the year.

Under FRS 102, employee benefits include gross salary, employer's national insurance, employer's pension contributions and benefits in kind.

# OVACOME

## Notes to the accounts for the year ended 30 September 2022

6 Support Costs (6.2)	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Rent	13,240	5,247	18,487	15,123
Printing and Stationary	5,761	422	6,183	4,432
Office Cost	9,844	4,173	14,017	13,201
Professional fee	8,904	-	8,904	16,710
IT and computer Cost	18,504	6,926	25,430	26,272
Insurance	2,145	-	2,145	1,793
Depreciation	2,414	-	2,414	2,000
Staff training and support	17,676	1,194	18,870	10,514
Social media and advertising	17,420	9,915	27,335	-
Governance costs (6.3)	5,046	-	5,046	3,800
	<b>100,954</b>	<b>27,877</b>	<b>128,831</b>	<b>93,845</b>

### Support Cost allocated to:

Fundraising costs	19,468	-	19,468	-
Charitable activities costs	81,486	27,877	109,363	93,845
	<b>100,954</b>	<b>27,877</b>	<b>128,831</b>	<b>93,845</b>

6 Governance Costs (6.3)	2022 £	2021 £
Independent Examiner's fee	2,200	2,200
Accountancy fee	1,600	1,600
AGM expenses	1,246	-
	<b>5,046</b>	<b>3,800</b>

7 TANGIBLE FIXED ASSETS	Computer Equipment £	Mascot costume £	Total 2022 £
<b>Cost</b>			
At 1st Oct 2021	9,948	2,890	12,838
Additions	2,298	-	2,298
At 30 Sep 2022	<b>12,246</b>	<b>2,890</b>	<b>15,136</b>
<b>Depreciation</b>			
At 1st Oct 2021	8,631	-	8,631
Provided during year	1,371	1,043	2,414
At 30 Sep 2022	<b>10,002</b>	<b>1,043</b>	<b>11,045</b>
<b>Net book value</b>			
At 30 Sep 2022	<b>2,244</b>	<b>1,847</b>	<b>4,091</b>
At 1st Oct 2021	1,317	2,890	4,207

# OVACOME

## Notes to the accounts for the year ended 30 September 2022

<b>8 DEBTORS</b>	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Prepayments and accrued income	<b>25,721</b>	<b>20,773</b>
<b>9 CREDITORS: amounts falling due within one year</b>	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Trade creditors	49,819	23,050
Grants payable	14,547	14,547
Accruals	7,425	7,400
Other Creditors	247	(8)
	<b>72,038</b>	<b>44,989</b>

### 10 ANALYSIS OF FUNDS 2022

	<b>Balance 30 Sep 2021</b>	<b>Income</b>	<b>Expenditure</b>	<b>Funds transfer</b>	<b>Balance 30 Sep 2022</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Restricted Funds					
Support services	-	2,263	(2,263)	-	-
Staying Connected	11,651	33,769	(45,420)	-	-
Choir	-	6,000	(3,658)	-	2,342
OVA to You	5,305	-	(788)	-	4,517
Information resources	3,696	-	(3,696)	-	-
STS & PEP	13,826	32,185	(30,735)	-	15,276
West Midland Support HUB	-	22,053	(9,411)	-	12,642
Reach OVA	5,885	74,047	(37,790)	-	42,142
Patient's Perspective	60,832	-	(60,832)	-	-
Core costs	-	6,000	(6,000)	-	-
<b>Sub-total Restricted funds</b>	<b>101,195</b>	<b>176,317</b>	<b>(200,593)</b>	<b>-</b>	<b>76,919</b>
Unrestricted Funds					
General Fund	525,082	639,455	(618,431)	-	546,106
Designated Funds -					
- Research Fund	36,765	-	-	-	36,765
<b>Sub-total Designated funds</b>	<b>36,765</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>36,765</b>
<b>Total funds</b>	<b>663,042</b>	<b>815,772</b>	<b>(819,024)</b>	<b>-</b>	<b>659,790</b>

- a) **Support service:** We received funding towards the direct costs of our support services for those affected by ovarian cancer.
- b) **Staying connected:** is our programme of online support, information, and activities for people affected by ovarian cancer.
- c) **Choir:** Funds were provided to enable Ovacome to continue the Ovacome choir.
- d) **Ova to You:** These funds were secured to enable Ovacome to run monthly support events across the UK.
- e) **Information resources:** These funds enabled us to provide resources and information to those affected by ovarian cancer.
- f) **Survivors Teaching Students (STS) and Patient Experience in Practice (PEP):** Our STS project engages women who have been diagnosed with ovarian cancer to train medical students and clinicians in recognising the symptoms of ovarian cancer. STS is one strand of PEP, our education programme for medical students and healthcare professionals.
- g) **West Midlands Support Hub:** We received funding towards the continuation of our West Midlands Support Hub from trusts and the National Lottery Community Fund.
- h) **Reach ova:** This work project provides support and information to those who are less well represented within our membership and to those who experience additional health inequalities. These include but are not limited to:
  - Those who are LGBTQIA+.
  - Individuals and community groups that support people of colour and/or ethnic groups other than white.
  - Those over the age of 75 or under 45 at point of diagnosis.
  - Those who are experiencing financial hardship or who have a low income.
  - Those who are rurally isolated.

This funding has been used as per the restrictions to provide specialist resources and targeted groups and campaigns. Thank you for the support we have received from Zurich Community Trust and The Worshipful Company of Grocers.

- i) **Patient perspective:** A previous legacy supported our patient perspective research.
- j) **Core costs:** We received funding towards our core costs.

# OVACOME

## Notes to the accounts for the year ended 30 September 2022

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### ANALYSIS OF PRIOR YEAR FUNDS 2021

	Balance 30 Sep 2020 £	Income £	Expenditure £	Funds transfer	Balance 30 Sep 2021 £
Restricted Funds					
Support services				-	-
Staying Connected	3,500	57,137	(48,986)	-	11,651
Choir	-	-	-	-	-
OVA to You	8,681	-	(3,376)	-	5,305
Information resources	-	4,917	(1,221)	-	3,696
STS & PEP		42,771	(28,945)	-	13,826
West Midland Support HUB		-	-	-	-
Reach OVA	46,711	90,720	(131,546)	-	5,885
Patient's Perspective	-	65,000	(4,168)	-	60,832
Core costs	-	14,864	(14,864)	-	-
Sub-total Restricted funds	<u>58,892</u>	<u>275,409</u>	<u>(233,106)</u>	-	<u>101,195</u>
Unrestricted Funds					
General Fund	<u>654,600</u>	<u>356,089</u>	<u>(485,607)</u>	-	<u>525,082</u>
Designated Funds -					
- Research Fund	<u>36,765</u>	-	-	-	<u>36,765</u>
Sub-total Designated funds	<u>36,765</u>	-	-	-	<u>36,765</u>
<b>Total funds</b>	<b><u>750,257</u></b>	<b><u>631,498</u></b>	<b><u>(718,713)</u></b>	-	<b><u>663,042</u></b>

# OVACOME

## Notes to the accounts for the year ended 30 September 2022

### 11 ANALYSIS OF NET ASSETS BY FUNDS

	Unrestricted Fund £	Restricted Fund £	Total Fund 2022 £
Fixed assets	4,091	-	4,091
Current assets	650,818	76,919	727,737
Current liabilities	(72,038)	-	(72,038)
Net assets 2022	<u>582,871</u>	<u>76,919</u>	<u>659,790</u>

	Unrestricted Fund £	Restricted Fund £	Total Fund 2021 £
Fixed assets	4,207	-	4,207
Current assets	602,629	101,195	703,824
Current liabilities	(44,989)	-	(44,989)
Net assets 2021	<u>561,847</u>	<u>101,195</u>	<u>663,042</u>

### 12 OPERATING LEASE COMMITMENTS

At 30 September 2022 the charity had future minimum commitments in respect of non-cancellable operating leases as follows

	2022 £	2021 £
<b>Rental expenses</b>		
Not later than 1 year	5,299	11,119
Between 1 and 5 years	1,690	2,000
Total	<u>6,989</u>	<u>13,119</u>

### 13 RELATED PARTY TRANSACTIONS

There are no other related party transactions during the year and previous year other than those stated on note 6.1.

**OVACOME**

England & Wales - Charity number 1159682

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# Accounts

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# **OVACOME**

Registered Charity No. 1159682

**REPORT AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED  
30 September 2021**

# OVACOME

## Legal and Administrative Information

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Registered Charity Number: 1159682

### Trustees (Executive Committee Members)

The trustees who served during the period and up to the date of signing of this report were:

Cathryn Hughes (Chair)  
John Paul McKew (Treasurer)  
Marta Wojcik  
Sean Kehoe (Head of Medical Advisory Board)  
Victoria Von Wachter  
Lesley Sage  
Adrian Dickinson  
Jonathan Brindley  
Robert Leach

### Director

Victoria Clare

### Patrons

Jenny Agutter

### Principal Office

52-54 Featherstone Street  
London  
EC1Y 8RT

### Independent Examiner

Stephen Jones  
Myrus Smith  
Chartered Accountants  
8 Burnell Rd  
Sutton SM1 4BW

### Bankers

CAF Bank Limited  
25 Kings Hill Avenue  
Kings Hill  
West Malling  
Kent ME19 4JQ

The trustees are pleased to present their report together with the financial statements of the charity for the period ended 30 September 2021. Legal and administrative information set out on page 2 forms part of this report. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011 and Statement of Recommended Practice: Accounting and Reporting Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS102).

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Legal structure of the charity**

The charity is constituted as a charitable incorporated organisation. Ovacome was entered on the Register of Charities No 1159682 on 18 December 2014 and is governed by its constitution adopted also on 18 December 2014. Ovacome was originally established in 1996 as a charity on the Register of Charities and a ltd company at Companies House. It was then converted to a CIO in 2014.

Ovacome has a board of 9 volunteer trustees, including individuals who have been personally affected by the disease and clinicians who specialise in ovarian cancer (OC).

### **Recruitment and induction of trustees**

The trustees are appointed by the members or the charity trustees and are recruited for their knowledge, skills and experience.

Ovacome is unique within the gynaecology oncology sector as the board includes a number of trustees whose lives have been affected by ovarian cancer. In addition, Ovacome was established as a membership charity. Whilst anyone can access our support without being a member, it is free to become a member and members have certain rights and benefits conferred upon them. Members can vote at the Annual General Meeting (AGM) and they have the opportunity to participate in consultation to set the priorities of the charity and inform future strategic direction of service provision.

Trustees are recruited following an annual trustee board skills audit. Areas for development are identified and then recruitment adverts are circulated among our membership and more widely. Trustees are recruited because of their skills and/or personal experience.

All new trustees are given background information about the charity, are advised about their responsibilities and given an induction into the work of the charity. The training needs of the trustees are reviewed and training is sourced where deemed necessary and appropriate. The full recruitment process takes between 3-6 months.

### **Management and administration**

The Executive Committee, members of which constitute trustees for the purpose of Charity legislation, administers Ovacome. The Chair, officers and other trustees are appointed (or reappointed) at the AGM. The Executive Committee reviews the profile of trustees periodically and appropriate appointments are made to ensure a balanced committee. No external bodies have the power to appoint trustees and the Executive Committee is ultimately responsible for the charity. The names of trustees who have served since 1 October 2020 are set out under Legal and Administrative Information on page 2 of this document.

The trustees meet via online conference monthly to review progress and support development of the charity in line with our organisational aims. The Chief Executive and staff team manage the day to day running of Ovacom and operational delivery based on the strategic direction agreed by the trustees.

#### Remuneration of Key Management Personnel

The remuneration of the charity's key management personnel is set by the Executive Committee, taking into account the charity's financial position and the amount paid for compatible roles in comparable organisations.

### OBJECTIVES AND ACTIVITIES

Currently our head office is in London. Ovacom also has an office in Dudley, from which we provide services across the West Midlands. As of the 30 September 2021 there are 14 staff (11 full time, 3 part time).

Ovacom has 278 registered and active volunteers at the time of writing (this includes trustees and the Medical Advisory Board). The charity serves:

- People who have been diagnosed with ovarian cancer
- Family members of those diagnosed
- Those who may be at risk of OC
- The general public (by raising awareness of the symptoms)
- The research community by funding opportunities for better understanding and curing ovarian cancer
- Clinicians specialising in ovarian cancer
- Health care providers who may be involved in identifying and treating ovarian cancer

The number of women with ovarian cancer is not thought to be increasing significantly. Around 7,500 new cases are diagnosed each year and this number has remained constant for some time.

1 in 50 women born after 1960 are diagnosed with ovarian cancer in their lifetime. But still:

*Only 35% survive ovarian cancer for 10 or more years and there is little awareness of the signs and symptoms of the disease. This means that very often women are diagnosed at the later stages.*

The need for Ovacom remains constant. Until all people are aware of the symptoms and able to access treatment, support and information then Ovacom will continue to work to meet the needs of all those affected by the disease. Ovacom works across the UK via our support and information services, and we provide face to face support and work with local charities to improve the support available to all affected by ovarian cancer - regardless of where they live.

Our potential reach. One study suggested that in 2010, 41,000 women were living with ovarian cancer in the UK. They will vary hugely in health, stages of the disease and their support needs but if we assume that there are now more women living with the disease than in 2010 and accept that it is our role to support women with ovarian cancer, their family members, the clinicians that treat them, or those at risk of the disease, then our potential reach is substantially wider than the numbers currently accessing our services. We currently support 18,000 people annually and have over 4,000 registered members).

#### Charity activities

Ovacome has provided a wide range of expert services free to all those affected by ovarian cancer since 1996.

#### We do this by:

##### Supporting those affected by ovarian cancer by providing a friendly community

- Providing opportunities for those affected by ovarian cancer to meet and share their experiences
- Do this both face-to-face (when safe to do so) and online; via support groups (including local hybrid groups); online workshops; online discussion forum; hybrid members day and health and wellbeing events

##### Raising awareness of ovarian cancer and its symptoms

- Promoting an understanding about the signs and symptoms of ovarian cancer and the patient experience, including targeted messaging to underrepresented groups who are overlooked in mainstream awareness campaigns
- Campaigning to raise awareness of signs and symptoms using our research based B.E.A.T. campaign which supports early diagnosis
- Educating clinicians in the symptoms and impact of ovarian cancer
- Remaining at the forefront of knowledge and innovation in the diagnosis, treatment and communication in all matters related to ovarian cancer

##### Informing and educating people about the disease

- Providing evidence-based information through our website, magazine, information booklets and across support service platforms
- Building our community networks across the UK to ensure this information is reaching all who need it
- Providing information as requested by our members in a variety of formats and languages as requested
- Working with our world class board of expert advisors to ensure that factually accurate and up to date information is provided in a way that people can understand
- Ensuring empathy, sensitivity and discretion in every stakeholder interaction we have
- Advocating for prevention strategies, research and equity of treatment, experience, and outcomes for all those diagnosed with ovarian cancer

##### Influencing and advocating

- Identify and lead change to address the health inequalities in access to support for all
- Collaborating with other organisations to ensure the voices of the people that we represent are considered by decision-makers
- Fund research, including patient perspective research, as appropriate

##### Constantly monitoring our success in achieving our strategy

- Regularly seek the views of our membership [and the wider community] to provide feedback on our actions and the impact they are having
- Regularly review our actions against those of our partners and competition

## ACHIEVEMENT AND PERFORMANCE

### Review of the year

We saw a steady increase in demand for our support services across all our various support channels. This amounted to a 54% increase in support requests from our beneficiaries on the previous year, our support team responded to over 2,500 requests. Alongside this, the number of safeguarding concerns and complexity of support requests also increased. We were able to meet the demands of our community and responded appropriately and in a timely way to all of them, meeting our service standards 100% of the time. All staff received both regular and refresher training and a system was put in place to provide regular external clinical supervision for all staff (not just support team staff). Our popular online forum increased in size from 13,700 to over 15,000 members.

Our Staying Connected programme continued throughout the year and grew in popularity – reaching 3,314 attendees with 316 sessions. Our team work closely with our community and listen to their needs – as a result we continued to provide regular weekly community sessions on:

- Exercise
- Yoga
- Choir
- Craft sessions

A further series of webinars and workshops ran throughout the year, given by experts in their own field of work and particularly by members of our expert advisory panel. We are grateful to all those who have given their time and expertise over the course of the year to support our community. These covered topics such as:

- Managing ascites: current and future treatment options, with Professor Roshan Agarwal
- Treating ovarian cancer with anti-angiogenic agents, with Professor Gordon Jayson
- Surgery for ovarian cancer: latest developments, with Professor Sadaf Ghaem-Maghani

At the request of our membership we launched, and continued to run, the following expert support groups over the course of the year:

- Stoma group. A friendly space for anyone living with a colostomy, ileostomy or urostomy to chat with others in similar circumstances.
- End of life matters. A safe space to come together and discuss any issues around end of life, from practical concerns, to talking to friends & family, to feelings around your own death and dying.
- Younger persons group. For those diagnosed under the age of 45.
- Rarer cancers group. For those diagnosed with an ovarian cancer that is not high grade serous.
- Friends and family group. For family members and carers of those diagnosed with the disease.

We continued to run local support groups and to support other gynaecology oncology groups already in existence with grants, facilitation and information or specialist speakers. Some of our local support groups were able to return to face to face and hybrid contact. We have also produced

a resource for anyone setting up an independent ovarian cancer support group and can provide information, grants, support and speakers to those committed to providing support at a local level.

We were incredibly proud to be nominated by members of our community for the Radio 4 'All in the Mind' national award. This was in recognition of our work to support the wellbeing and mental health of our members and beneficiaries. Ovacome was shortlisted in the final three of the group award category.

Our work has continued within Ovacome to reduce barriers to accessing our services and to improve inclusivity. This has led to our community becoming more diverse. Our work will continue in this area and we have undertaken to continue to share our learning and resources with many partner organisations. Our community language support lines in Polish; Urdu; Bengali; Arabic; Punjabi and Gujarati have continued to meet demand and as requested we provide talks and support sessions or translated information in these and other languages. A particular highlight was that our symptoms awareness video in Urdu was viewed 18,000 times and, in pursuance of our work to address inequalities, we have been able to partner with over 90 other charities or organisations to provide information in a timelier fashion. We have taken steps to provide many additional and targeted services to those from groups that are underrepresented within our service users and who face barriers to accessing treatment and support.

Ovacome's West Midlands hub and regional focus continued apace, with targeted work undertaken in the North West and across the South East in addition to our national campaigns and support offer.

#### **Information provision and awareness raising**

During the financial year, we continued to diversify and grow our Expert Advisory Panel and professional volunteers, which now numbers 29. This panel is made up of top clinicians and experts in the field with a variety of specialities, they continue to give the charity access to expert advice and influence. We remain particularly grateful to the professionals who have given their time voluntarily, particularly during the pandemic when they had huge demands placed on them and still made time to support Ovacome.

We have further expanded our information and fact sheet offer over the course of the year to continue to meet the requests of our members expressed through our consultation. We now offer 40 information booklets. In addition, 8 of the series were fully reviewed during the year.

Our work to identify and tackle inequalities for those affected by ovarian cancer has continued, with a recognition by many other groups and organisations asking members of Ovacome staff to sit on numerous steering groups and deliver training about the patient perspective and reducing barriers to accessing treatment and support. These training sessions included many sessions for gynaecology oncology clinicians at conferences such as the European Society of Gynaecology Oncology and specialist nurse training over the course of the year. This has enabled us to improve the experience of many of our members and has encouraged them to feel more secure when self-advocating. All of our training for clinicians centres the patient voice and uses the experiences and stories of our members to inform the work of those receiving the training. This is run in addition to our Survivors Teaching Students programme, which provides volunteers who themselves have experienced a diagnosis of ovarian cancer to speak to medical students and clinicians to raise awareness of the signs and symptoms of ovarian cancer. We have been able to launch these programmes of training for clinicians online during the year and have seen an increase in uptake of these sessions by the clinical community.

This financial year saw substantial gains in Ovacome's web traffic, leading to higher engagement with services and fundraising. In June 2021 Ovacome delivered a media campaign in partnership with GSK and Ovarian Cancer Action, highlighting the experience of those diagnosed with advanced ovarian cancer and the need for them to be given the time to make informed decisions about their care. The campaign called 'Give Her Time', garnered 491 pieces of coverage across broadcast, national, regional and media outlets. It had a social media reach of over 550,000 people. The total reach of the campaign equated to 24.6 million opportunities to see/hear campaign-related news. Other than the Give Her Time campaign, Ovacome achieved 55 pieces of press coverage across print, digital and radio, with combined readership/listeners of over 154 million opportunities. Notable pieces of large-scale coverage included case studies placed in the Mirror Online (25 million monthly unique users), Metro online (12 million monthly unique users), and the Sun Online (30 million monthly users).

As of 30<sup>th</sup> September 2021, Ovacome had a combined following of 30,969 across Facebook, Instagram and Twitter. Across the financial year, our Facebook and Instagram pages had a combined reach of 1,627,364.

### Fundraising

The year began well with the virtual Touch of Teal Gala, to replace the one postponed from March 2020 due to the Covid-19 Pandemic. The Gala had over 176 people attending and in total raised just over £21,000. From October we also saw a substantial increase in fundraisers engaging and taking on fundraising activities and a significant uplift in donations. We hit our December Big Give Christmas Challenge target of £40,000, an increase of £10,000 from the previous year. Over the year we had a great many amazing fundraisers taking on challenges, not only raising considerable funds but also helping to raise awareness of ovarian cancer.

For our March awareness month we hit our fundraising target of £42,000. We enhanced our Ovacome's Teal Walk challenge to incorporate a 'Ovacome Walk with Me' WhatsApp group for people wanting to take on the Teal Walk fundraising challenge to connect with others affected by the disease. Together through March they raised over £16,000. Apricot continued their support of Ovacome despite the pandemic affecting their business. They supported our work from sales and raising awareness through their online shop from one week in March and donated £3,219.

Our second year of the Ovacome short story competition ran between May 2021 and September 2021. We had a significant growth in 251 entries on the previous year, raising £1,610.

The Virtual London Marathon took place in October with some of our runners taking part. One of our fundraisers ran, dressed as an ovary, for the virtual London Marathon, the Great Solo run in February, Great North Run and the Great Manchester Run in September. Our fundraiser was nominated by his friends for the Pride of Britain Award and was shortlisted at regional level. He is now known as 'Mr Ovary'. Many people donated to our work and contacted us for support due to the media coverage. Another of our wonderful supporters, Harri Pereira took on his own set of challenges over the year, to raise awareness of ovarian cancer in loving memory of his mum. Each month Harri used a different figure relating to ovarian cancer and set himself a personal challenge. Some of these included 2,590 burpees in 6 hours, running 4 miles every 4 hours for 48 hours and tackling a rope climb the height of Burj Khalifa, which is 2,772 ft. To date, Harri has raised an incredible £11,604 for Ovacome.

We were successful in our trust and foundation grant fundraising. We secured a large grant of £30,115 from the CAF Resilience Fund, £14,864 from the CAF Patient Organisations Recovery

Fund, £25,000 from Zurich community trust, £9,976 from the National Lottery Community Fund. In total we secured £175,566 from trusts and foundations. We are grateful to all those funders who enabled us to repurpose their grants to better meet the changing needs of our community during the pandemic.

We are so grateful to our wonderful community of supporters who have been so generous with their donations and fundraising commitments to ensure we can continue to be there for anyone affected by ovarian cancer.

## FINANCIAL REVIEW

The year ending 30 September 2021 was the sixth full financial year for the incorporated charity. Prior to this the charity was registered as such but in 2014 Ovacom was converted to a CIO. Gross income and expenditure figures for the year ended 30 September 2021 were income of £631,498 (2020 - £494,428) and expenditure of £718,713 (2020 - £610,521), giving an overall deficit of £87,215 (2020 Deficit £116,093). Restricted Funds of £275,409 were received during the year, of which £233,106 were expended, leaving £42,303 to carry forward, into 2021/22.

As regards Designated Funds, the remaining Designated Funds relate to the Research Fund at the University of Birmingham.

### Reserve policy

It is the trustees' aim to hold free reserves equating to a period of unrestricted and undesignated expenditure of minimum six months. It is to ensure continued financial security and to provide for contingencies. In addition, Ovacom holds additional funds in designated and restricted funds for designated projects. Ovacom maintains relationships with beneficiaries, in some cases, for many years. To this end it is important that Ovacom maintains a healthy balance of reserves.

At 30 September 2021 the balance of Unrestricted Funds (total funds less Restricted and Designated funds) stood at £525,082. Expenditure from Unrestricted and Undesignated Funds in 2020-21 amounted to £485,607, so the balance at the year-end meets the six month reserves policy. The trustees have considered the current level of reserves and determined that this level is appropriate.

### Risk management

The trustees actively review the major risks which the charity faces on a regular basis by maintaining an up to date risk register report. The risk register is regularly presented to the trustees and they input within their areas of specialism. The trustees believe that maintaining reserves at adequate levels, combined with an annual review of the controls over key financial systems will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks faced by the charity and believe that the systems in place to mitigate significant risks offer the trust adequate protection.

### Going concern

The trustees believe that by maintaining reserves at the levels required by the reserves policy and by regularly reviewing the charity's key financial systems, they can ensure that sufficient resources are in place to mitigate significant risks. In the light of Covid-19, the trustees have examined the operational and business risks faced by the charity and believe that the systems and reserves in

# OVACOME

## Trustees Report

### For the year ended 30 September 2021

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place offer the charity adequate protection and ensure its continuance as a going concern.

#### **Public benefit**

Ovacome has referred to the Charity Commission's general guidance on public benefit, including the guidance 'public benefit: running a charity (PB2),' when reviewing its aims and objectives and in planning future activities. In particular, the trustees consider how all activities contribute to its aims and objectives and believe that a clear benefit to the public is demonstrated. This is described in more detail throughout the Review of the Period.

#### **PLANS FOR THE FUTURE**

As shown above in "Review of the Year ended 30 September 2021", the trustees continue to be committed to developing and expanding the charity to meet the requirements of those in need.

#### STATEMENT OF EXECUTIVE COMMITTEE'S RESPONSIBILITIES

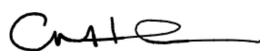
The trustees are responsible for preparing the trustees' report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare Financial Statements for each financial year which give a true and fair view of the state of affairs of the charity and of its income and expenditure for that period. In preparing these Financial Statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles of the Charities SORP 2019 (FRS 102)
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the Financial Statements
- prepare the Financial Statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the Financial Statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Executive Committee and authorised for issue on 19 May 2022 and signed on its behalf by:



Cathryn Hughes

Trustee and Chair

## Independent Examiner's Report to the Trustees of Ovacome

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I report to the trustees on my examination of the accounts of Ovacome for the year ended 30 September 2021.

### Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of independent examination

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Stephen Jones FCA  
Myrus Smith  
Chartered Accountants  
8 Burnell Rd  
Sutton  
Surrey SM1 4BW

Date: 19 May 2022

# OVACOME

## Statement of Financial Activities For the year ended 30 September 2021

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
<b>INCOME</b>					
Donations and legacies	4	175,295	249,316	424,611	371,195
Charitable activities - Fundraising	5	178,960	26,093	205,053	119,154
Investment income		1,834	0	1,834	4,079
<b>Total Income</b>		<b>356,089</b>	<b>275,409</b>	<b>631,498</b>	<b>494,428</b>
<b>EXPENDITURE</b>					
Fundraising expenditure		12,174	0	12,174	11,398
Charitable activities	6	473,433	233,106	706,539	599,123
<b>Total Expenditure</b>		<b>485,607</b>	<b>233,106</b>	<b>718,713</b>	<b>610,521</b>
<b>Net income/(expenditure) for the year before gains/(losses)</b>		<b>(129,518)</b>	<b>42,303</b>	<b>(87,215)</b>	<b>(116,093)</b>
<b>Transfer between funds</b>		<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Net Movement in Funds</b>		<b>(129,518)</b>	<b>42,303</b>	<b>(87,215)</b>	<b>(116,093)</b>
<b>Reconciliation of funds:</b>					
Funds brought forward		691,365	58,892	750,257	866,350
<b>Funds carried forward</b>		<b>561,847</b>	<b>101,195</b>	<b>663,042</b>	<b>750,257</b>

# OVACOME

## Statement of Financial Activities For the year ended 30 September 2021

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Analysis of prior year total fund;

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £	Total Funds 2019 £
<b>INCOME and ENDOWMENT</b>					
Donations and legacies	4	161,978	209,217	371,195	480,559
Charitable activities - Fundraising	5	105,023	14,131	119,154	187,260
Investment income		4,079	0	4,079	5,697
<b>Total Income</b>		<b>271,080</b>	<b>223,348</b>	<b>494,428</b>	<b>673,516</b>
<b>EXPENDITURE</b>					
Fundraising expenditure		11,398	0	11,398	18,501
Charitable activities	6	380,324	218,799	599,123	570,983
<b>Total Expenditure</b>		<b>391,722</b>	<b>218,799</b>	<b>610,521</b>	<b>589,484</b>
<b>Net income/(expenditure) for the year before gains/(losses)</b>		<b>(120,642)</b>	<b>4,549</b>	<b>(116,093)</b>	<b>84,032</b>
<b>Transfer between funds</b>		<b>(1,842)</b>	<b>1,842</b>	<b>0</b>	<b>0</b>
<b>Net Movement in Funds</b>		<b>(122,484)</b>	<b>6,391</b>	<b>(116,093)</b>	<b>84,032</b>
<b>Reconciliation of funds:</b>					
Funds brought forward		813,849	52,501	866,350	782,318
<b>Funds carried forward</b>		<b>691,365</b>	<b>58,892</b>	<b>750,257</b>	<b>866,350</b>

# OVACOME

## Balance Sheet

As at 30 September 2021

	Notes	£	2021 £	£	2020 £
<b>FIXED ASSETS</b>					
Tangible fixed assets	8		4,207		3,317
			<u>4,207</u>		<u>3,317</u>
<b>CURRENT ASSETS</b>					
Stock		8,288		9,450	
Debtors	9	20,773		5,100	
Cash at bank and in hand:		674,763		785,469	
		<u>703,824</u>		<u>800,019</u>	
<b>CREDITORS:</b> amounts falling due in one year	10	(44,989)		(53,079)	
		<u></u>		<u></u>	
<b>NET CURRENT ASSETS</b>			<u>658,835</u>		<u>746,940</u>
			<u></u>		<u></u>
<b>NET ASSETS TOTALS</b>			<u><b>663,042</b></u>		<u><b>750,257</b></u>
<b>THE FUNDS OF THE CHARITY</b>					
<b>INCOME FUNDS</b>					
	11				
Restricted funds			101,195		58,892
Unrestricted funds:					
General fund		525,082		654,600	
Designated funds		<u>36,765</u>		<u>36,765</u>	
			561,847		691,365
			<u><b>663,042</b></u>		<u><b>750,257</b></u>

Approved by the Executive Committee and authorised for issue on 19 May 2022 and signed on its behalf by:



John Paul McKew (Treasurer and Trustee)

The notes on page 17 to 25 form part of these account

# OVACOME

## Statement of Cash Flows for the year ended 30 September 2021

	Notes	2021 £	2020 £
<b>Cash flow from operating activities</b>			
Net cash provided by operating activities	A	(109,650)	(114,608)
<b>Cash flow from investing activities</b>			
Investment income		1,834	4,079
Purchase of fixed assets		(2,890)	(474)
Net cash provided by investing activities		(1,056)	3,605
Change in cash and cash equivalents in the year		(110,706)	(111,003)
<b>Cash and cash equivalents at 1 Oct 2020</b>		<u>785,469</u>	<u>896,472</u>
<b>Cash and cash equivalents at 30th Sep 2021</b>	B	<u>674,763</u>	<u>785,469</u>
Notes to the cash flow statement			
A - reconciliation of net movement in funds to net cash flow from operating activities		2021 £	2020 £
Net income/(expenditure) for the year (before investment gains & losses)		(87,215)	(116,093)
Depreciation charge		2,000	1,834
Investment Income		(1,834)	(4,079)
Decrease/(increase) in stock		1,162	(850)
Decrease/(increase) in debtors		(15,673)	20,339
(Decrease)/increase in creditors		(8,090)	(15,759)
Net cash provided by operating activities		<u>(109,650)</u>	<u>(114,608)</u>
<b>B - Analysis of cash and cash equivalents</b>			
Cash at bank and in hand			
- Closing balance of Cash in hand and Bank		674,763	785,469
Total cash and cash equivalents		<u>674,763</u>	<u>785,469</u>

# OVACOME

## Notes to the Financial Statements For the year ended 30th September 2021

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### 1 Accounting Policies

#### Basis of preparation

The financial statements have been prepared on a going concern basis under the historical cost convention.

The financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The Charity is a public benefit entity for the purposes of FRS 102 and therefore the Charity also prepares its financial statements in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (The FRS 102 Charities SORP) issued in October 2019 and the Charities Act 2011.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest pound.

#### Going concern

The trustees have assessed whether the use of the going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charity to continue as a going concern. The trustees have made this assessment for a period of at least one year from the date of approval of the financial statements. In particular the trustees have considered the charity's forecasts and projections and have taken account of pressures on donation and event income. After making enquiries the trustees have concluded that there is a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The charity therefore continues to adopt the going concern basis in preparing its financial statements.

#### Income Recognition

All income is recognised when there is entitlement to the funds, the receipt is probable and the amount can be measured reliably. Income is recognised in the year to which it relates and on an accruals basis. Legacies are included when the legacy is received or when the charity is notified of an impending distribution which can be quantified and receipt is probable, whichever is the earlier. Recoverable taxation is accounted for on an accruals basis.

#### Expenditure

Expenditure is accounted for on an accruals basis allocated directly to the expenditure headings as far as practically possible to reflect the activities of the charity. Charitable activities comprise direct expenditure including direct staff costs attributable to the activity.

#### Employee benefits

##### i. Short term benefits

Short term benefits, including holiday pay and other similar non-monetary benefits, are recognised as an expense in the period in which the service is received.

##### ii. Pensions

Ovacome operates a defined contribution plan for its employees. These contributions are

# OVACOME

## Notes to the Financial Statements For the year ended 30th September 2021

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recognised as an expense when they are due. Amounts not paid are shown in accruals in the balance sheet.

### **Fund Accounting**

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor or are raised by the charity for specific restricted purposes.

Unrestricted funds are funds which are available for use at the discretion of the trustees in furtherance of the general objects of the charity.

Designated funds are funds which are available for use at the discretion of the trustees but have been earmarked by them for a specific purpose.

### **Fixed Assets and Depreciation**

All assets costing more than £1,000 are capitalised.

Depreciation on fixed assets is provided at rates estimated to write off the cost, less estimated residual value, of each asset over its expected useful economic life as follows:

Computer Equipment 3 years (straight line basis)

### **Stock**

Stocks of Ovacome fundraising merchandise are stated at the lower of cost and net realisable value.

### **Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

### **Cash and cash equivalents**

Cash and cash equivalents include cash in hand, deposits held at call with bank and other short-term liquid investments with original maturities of three months or less.

### **Critical accounting estimates and areas of judgement**

In the view of the trustees in applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

### **Leases**

Operating lease rentals are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

# OVACOME

## Notes to the Financial Statements For the year ended 30th September 2021

### 4 Donation and Legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
Donations	130,592	184,316	314,908	350,638
Legacies	44,703	65,000	109,703	20,557
	<b>175,295</b>	<b>249,316</b>	<b>424,611</b>	<b>371,195</b>

### 5 Income from Charitable Activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £	Total Funds 2019 £
Charitable activities - Fundraising	178,960	26,093	205,053	119,154
	<b>178,960</b>	<b>26,093</b>	<b>205,053</b>	<b>119,154</b>

### 6 Total Charitable Expenditure

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
Direct Charitable Expenses	75,539	61,016	136,555	115,603
Direct staff Cost (note 7.1)	320,273	155,866	476,139	382,825
Support Costs (note 7.2)	77,621	16,224	93,845	100,695
Total expenditure	<b>473,433</b>	<b>233,106</b>	<b>706,539</b>	<b>599,123</b>

# OVACOME

## Notes to the Financial Statements

### For the year ended 30th September 2021

7.1 Staff Costs	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
Wages & Salaries	276,164	153,196	429,360	345,215
Social Security Costs	36,696	2,183	38,879	30,459
Pension Cost	7,413	487	7,900	7,151
	<b>320,273</b>	<b>155,866</b>	<b>476,139</b>	<b>382,825</b>

	2021	2020
Staff Numbers (average number of staff)	12	10

No trustee (2020: nil) received reimbursed expenses in the year (2020: nil). One employee received a salary in excess of £60,000, in the current year (2020: none).

Trustees were not paid remuneration in either period.

Key management personnel include the Trustees and the Chief Executive. The total employee benefits (including gross pay and employer national insurance contributions) of the charity's key management personnel were £68,042 (2020: £66,149. Pension contributions paid by the company to key management personnel totalled £1,317 (2020:£1,317). Excluding the trustees there was one key management personnel (2020: one) that received remuneration during the year.

7.2 Support Costs	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
Rent	11,174	3,949	15,123	23,643
Printing and Stationary	3,930	502	4,432	2,676
Office Cost	9,668	3,533	13,201	11,847
Professional fee	16,710	0	16,710	25,499
IT and computer Cost	20,753	5,519	26,272	16,626
Insurance	1,793	0	1,793	1,807
Depreciation	2,000	0	2,000	1,834
Other Cost	7,793	2,721	10,514	13,163
Independent Examination - Governance costs	3,800	0	3,800	3,600
	<b>77,621</b>	<b>16,224</b>	<b>93,845</b>	<b>100,695</b>

# OVACOME

## Notes to the Financial Statements For the year ended 30th September 2021

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### 8 TANGIBLE FIXED ASSETS

	Computer Equipment	Mascot costume	Total 2021
	£	£	£
<b>Cost</b>			
At 1st Oct 2020	9,948	0	9,948
Additions	0	2,890	2,890
At 30 Sep 2021	<u>9,948</u>	<u>2,890</u>	<u>12,838</u>
<b>Depreciation</b>			
At 1st Oct 2020	6,631	0	6,631
Provided during year	2,000	0	2,000
At 30 Sep 2021	<u>8,631</u>	<u>0</u>	<u>8,631</u>
<b>Net book value</b>			
At 30 Sep 2021	<u>1,317</u>	<u>2,890</u>	<u>4,207</u>
At 1st Oct 2020	<u>3,317</u>	<u>0</u>	<u>3,317</u>

### 9 DEBTORS

	2021	2020
	£	£
Prepayments and accrued income	20,773	5,100
Other debtors	0	0
	<u>20,773</u>	<u>5,100</u>

### 10 CREDITORS: amounts falling due within one year

	2021	2020
	£	£
Trade creditors	23,050	18,459
Grant payable	14,547	28,262
Accruals	7,400	5,154
Other Creditors	(8)	1,204
	<u>44,989</u>	<u>53,079</u>

# OVACOME

## Notes to the Financial Statements For the year ended 30th September 2021

### 11 ANALYSIS OF FUNDS 2021

	Balance 30 Sep 2020	Income	Expenditure	Funds transfer	Balance 30 Sep 2021
	£	£	£	£	£
<b>Restricted Funds</b>					
Reach OVA	46,711	90,720	(131,546)	0	5,885
Survivors Training Students (STS)	0	42,771	(28,945)	0	13,826
Choir	0	0	0	0	0
West Midland Support HUB	0	0	0	0	0
Information resources	0	4,917	(1,221)	0	3,696
OVA to You	8,681	0	(3,376)	0	5,305
Staying connected	3,500	57,137	(48,986)	0	11,651
Support services	0	0	0	0	0
Patient's Perspective	0	65,000	(4,168)		60,832
Core costs	0	14,864	(14,864)		0
<b>Sub-total Restricted funds</b>	<b>58,892</b>	<b>275,409</b>	<b>(233,106)</b>	<b>0</b>	<b>101,195</b>
<b>Unrestricted Funds</b>					
<b>General Fund</b>	<b>654,600</b>	<b>356,089</b>	<b>(485,607)</b>	<b>0</b>	<b>525,082</b>
Designated Funds -					
- Research Fund	36,765	0	0	0	36,765
<b>Sub-total Designated funds</b>	<b>36,765</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>36,765</b>
<b>Total funds</b>	<b>750,257</b>	<b>631,498</b>	<b>(718,713)</b>	<b>0</b>	<b>663,042</b>

a) **Reach ova:** This work project provides support and information to those who are less well represented within our membership and to those who experience additional health inequalities. These include but are not limited to:

- Those who are LGBT and BAMER
- BIPOC individuals and BIPOC led community groups.
- Those over the age of 75 or under 45 at point of diagnosis.
- Those who are experiencing financial hardship or who have a low income.
- Those who are rurally isolated.

This funding has been used as per the restrictions to provide specialist resources and targeted groups and campaigns. Thank you for the support we have received from:

# OVACOME

## Notes to the Financial Statements

### For the year ended 30th September 2021

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- Coronavirus Community Support Fund, distributed by The National Lottery Community Fund.
- Zurich Community Trust
- Postcode Local Trust
- Edward and Dorothy Cadbury Trust
- CAF Resilience Fund
- London Catalyst
- Apricot clothing
- The Julia and Hans Rausing Trust

**b) The Survivors Teaching Students (STS) project:** engages women who have been diagnosed with ovarian cancer to train medical students and clinicians in recognising the symptoms of ovarian cancer. Restricted funding was provided by some trusts, including the Hospital Saturday Fund, an individual, and the Touch of Teal team.

**c) Information resources:** This fund relates to provision of resources and information for those affected by ovarian cancer. We are grateful to the James Tudor Foundation for their support.

**d) Ova to You:** These funds were secured to enable Ovacom to run monthly support events across the UK.

**e) Staying connected:** is our programme of online support, information, and activities for people affected by ovarian cancer. The funds for our Staying Connected online programme were secured from a variety of funders, including Zurich Community Trust, National Lottery Community Fund, and the Welsh Government.

**f) Patient perspective:** A legacy of £65,000 has supported and will continue to support our patient perspective research.

**g) Core costs:** We are grateful to the CAF Patient Organisations Recovery Fund for their grant towards staff wages.

# OVACOME

## Notes to the Financial Statements For the year ended 30th September 2021

### ANALYSIS OF PRIOR YEAR FUNDS 2020

	Balance 30 Sep 2019 £	Income £	Expenditure £	Funds transfer	Balance 30 Sep 2020 £
Restricted Funds					
Reach OVA	4,868	92,615	(50,772)	0	46,711
STS	0	16,163	(16,163)	0	0
Choir	2,072	8,000	(10,393)	321	0
West Midland Support HUB	42,455	28,334	(70,789)	0	0
Information resources	1,664	2,059	(5,244)	1,521	0
OVA to You	1,442	28,352	(21,113)	0	8,681
Staying Connected	0	44,875	(41,375)	0	3,500
Support services	0	2,950	(2,950)	0	0
Sub-total Restricted funds	52,501	223,348	(218,799)	1,842	58,892
Unrestricted Funds					
General Fund	778,183	269,905	(391,646)	(1,842)	654,600
Designated Funds -					
- Research Fund	35,666	1,175	(76)	0	36,765
- Support Fund	0	0	0	0	0
Sub-total Designated funds	35,666	1,175	(76)	0	36,765
<b>Total funds</b>	<b>866,350</b>	<b>494,428</b>	<b>(610,521)</b>	<b>0</b>	<b>750,257</b>

# OVACOME

## Notes to the Financial Statements For the year ended 30th September 2021

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### 12 ANALYSIS OF NET ASSETS BY FUNDS

	Unrestricted Fund £	Restricted Fund £	Total Fund 2021 £
Fixed assets	4,207	0	4,207
Current assets	602,629	101,195	703,824
Current liabilities	(44,989)	0	(44,989)
Net assets 2021	<u>561,847</u>	<u>101,195</u>	<u>663,042</u>

	Unrestricted Fund £	Restricted Fund £	Total Fund 2020 £
Fixed assets	3,317	0	3,317
Current assets	741,127	58,892	800,019
Current liabilities	(53,079)	0	(53,079)
Net assets 2020	<u>691,365</u>	<u>58,892</u>	<u>750,257</u>

### 13 OPERATING LEASE COMMITMENTS

At 30 September 2021 the charity had future minimum commitments in respect of non-cancellable operating leases as follows

	2021 £	2020 £
Rental expenses		
Not later than 1 year	11,119	11,119
Between 1 and 5 years	2,000	2,000
Total	<u>13,119</u>	<u>13,119</u>

### 14 Related Party Transactions:

There have been no related party transactions in the period (nor the comparative period).

**OVACOME**

England & Wales - Charity number 1159682

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# Accounts

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# **OVACOME**

**Registered Charity No. 1159682**

## **REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 30th September 2020**

# OVACOME

## Legal and Administrative Information

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**Registered Charity Number:** 1159682

### **Trustees (Executive Committee Members)**

The trustees who served during the period and up to the date of signing of this report were:

Cathryn Hughes (Chair)  
John Paul McKew (Treasurer)  
Marta Wojcik  
Sean Kehoe (Head of Medical Advisory Board)  
Victoria Von Wachter  
Lesley Sage  
Adele Sewell (resigned 21<sup>st</sup> March 2020)  
Adrian Dickinson  
Jonathan Brindley (appointed 21<sup>st</sup> March 2020)  
Robert Leach (appointed 21<sup>st</sup> March 2020)

### **Director**

Victoria Clare

### **Patrons**

Jenny Agutter

### **Principal Office**

52-54 Featherstone Street  
London  
EC1Y 8RT

### **Independent Examiner**

Stephen Jones  
Myrus Smith  
Chartered Accountants  
8 Burnell Rd  
Sutton SM1 4BW

### **Bankers**

CAF Bank Limited  
25 Kings Hill Avenue  
Kings Hill  
West Malling  
Kent ME19 4JQ

The Trustees are pleased to present their report together with the financial statements of the charity for the period ended 30 September 2020. Legal and administrative information set out on page 2 forms part of this report. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011 and Statement of Recommended Practice: Accounting and Reporting Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS102).

## STRUCTURE, GOVERNANCE AND MANAGEMENT

### Legal structure of the charity

The charity is constituted as a charitable incorporated organisation. Ovacome was entered on the Register of Charities No 1159682 on 18 December 2014 and is governed by its constitution adopted also on 18 December 2014.

Ovacome has a board of 9 volunteer trustees, including individuals who have been personally affected by the disease and clinicians who specialise in ovarian cancer (OC).

### Recruitment and induction of trustees

The Trustees are appointed by the members or the charity trustees and are recruited with regard to their knowledge skills and experience.

Ovacome is unique within the sector as the board includes a number of trustees whose lives have been affected by ovarian cancer. In addition, Ovacome was established as a membership charity. Whilst anyone can access our support without being a member, it is free to become a member and members have certain rights and benefits conferred upon them. They are able to vote at the AGM and they have the opportunity to participate in consultation to set the priorities of the charity and inform future strategic direction of service provision.

Trustees are recruited following an annual trustee board skills audit. Areas for development are identified and then recruitment adverts are circulated among our membership and more broadly. Trustees are recruited because of their skills or personal experience.

All new Trustees are given background information about the charity, are advised about their responsibilities and given an induction into the work of the charity. The training needs of the Trustees are reviewed and training is sourced where deemed necessary and appropriate. The full recruitment process takes between 3-6 months.

### Management and administration

The Executive Committee, members of which constitute Trustees for the purpose of Charity legislation, administers Ovacome. The Chair, officers and other Trustees are appointed (or reappointed) at the Annual General Meeting (AGM). The Executive Committee reviews the profile of Trustees periodically and appropriate appointments are made to ensure a balanced committee. No external bodies have the power to appoint Trustees and the Executive Committee is ultimately responsible for the charity. The names of Trustees who have served since 1 October 2019 are set out under Legal and Administrative Information on page 2 of this document.

The Trustees meet via telephone conference monthly to review progress against the organisational strategy and to support development of the charity in line with our organisational aims. The Chief Executive and staff team manage the day to day running of Ovacom based on the strategic direction set by the trustees.

#### Remuneration of Key Management Personnel

The remuneration of the charity's key management personnel is set by the Executive Committee, taking into account the charity's financial position and the amount paid for compatible roles in comparable organisations.

## OBJECTIVES AND ACTIVITIES

### Objectives

At this time our head office is in London. Ovacom also has an office in Dudley, from which we provide services across the West Midlands. As of the 30th September 2020 there are 11 staff (10 full time, one 21 hours per week).

Ovacom has 278 registered and active volunteers at the time of writing (this includes trustees and the Medical Advisory Board). The charity serves:

- People who are affected by ovarian cancer
- Family members of those diagnosed
- Those who may be at risk of OC
- The general public (by raising awareness of the symptoms)
- The research community by funding opportunities for better understanding and curing ovarian cancer
- Clinicians specialising in ovarian cancer
- Health care providers who may be involved in identifying and treating ovarian cancer.

The number of women with ovarian cancer is not thought to be increasing significantly. Around 7,400 new cases are diagnosed each year and this number has remained constant for some time.

1 in 50 women born after 1960 are diagnosed with ovarian cancer in their lifetime. But still:

*Only 35% survive ovarian cancer for 10 or more years and there is little awareness of the signs and symptoms of the disease. This means that very often women are diagnosed at the later stages.*

The need for Ovacom remains constant. Until all people are aware of the symptoms and able to access better funded services then Ovacom will continue to work to meet the needs of all those affected by the disease. Ovacom works across the UK via our support and information services and we provide face to face support and work with local charities to improve the support available to all affected by ovarian cancer regardless of where they live. We also support women from 120 countries through our Health Unlocked My Ovacom forum.

Our potential reach - one study suggested that in 2010, 41,000 women were living with ovarian cancer in the UK. They will vary hugely in health, stages of the disease and their support needs but if we assume that there are now more women living with the disease than in 2010 and accept that it is our role to support women with ovarian cancer, their family members, the clinicians that treat them, or those at risk of the disease, then our potential reach is substantially wider than the numbers currently accessing our services (around 18000 annually and around 3,700 members).

#### Charity activities

Ovacome has provided a wide range of expert services free to all those affected by ovarian cancer since 1996 and we intend to continue doing so until such time as our services are no longer needed.

#### We do this by:

- Promoting a supportive ovarian cancer community by;
  - Maintaining the ovarian cancer online community forum
  - Providing Reach Ova, Ova to you and regular specialist support groups
  - Providing opportunities for those affected by ovarian cancer to meet and share their experiences
  - Supporting locally formed independent groups by providing factually accurate information and resources
  - Ensuring that we are actively working to remove barriers to accessing support and information.
  
- Raising awareness of ovarian cancer by:
  - Campaigning to raise awareness of signs and symptoms using our evidence based BEAT campaign.
  - Educating clinical students through the survivors Teaching Students (STS) programme
  - Educating the general public through Ovacome at Work
  - Creating culturally sensitive and accessible awareness campaigns to reach those who may not otherwise see or understand mainstream messaging.
  
- Raising awareness of the experience of people affected by ovarian cancer by:
  - Sharing Members stories
  - Amplifying the voice of those affected by ovarian cancer to clinicians, decision makers and the general public in collaboration with other organisations
  - Actively working to show the diversity of those affected by ovarian cancer.
  
- Informing by
  - Providing evidenced based information through different media
  - Providing evidenced based information through our support service
  - Responding to the information needs of the community as quickly as possible.
  - Providing personalized information as requested (through collaboration with our Medical Advisory Board)
  
- We support research by:
  - Advocating for prevention strategies and research
  - Working with researchers to ensure that patient voice is heard
  - Funding Ovacome research at the University of Birmingham

## ACHIEVEMENT AND PERFORMANCE

### Review of the year

Between January – March we conducted the 2020 Ovacome membership consultation to inform our service delivery for the next two years; we received 290 responses.

Between October and March we saw a steady growth in demand for our services and we continued to run our Ova to You programme of regional events, visiting; Dublin, Venues across Scotland, Liverpool, Southampton and Exeter. We were also able to celebrate our volunteers at the annual Ovacome Volunteer Christmas party in December 2019.

The Covid19 pandemic had an immediate impact on our service delivery in March 2020 as we postponed all face-to-face events, among them our Annual Members' day, a health and wellbeing day and numerous regional events. We moved quickly to ensure that all staff could work from home. We were able to divert our phones and also set up another support line to meet increased demand due to the pandemic. Many of our beneficiaries were confused and concerned by the changes to their treatment and also found it initially difficult to shield.

We assessed the needs of our beneficiaries and worked hard to adapt our services to ensure that there was support available online. In March 2020 we launched the Staying Connected service, a support service that provides a range of webinars and workshops to inform our members and maintain a feeling of community. The Staying Connected service has provided talks from leading clinicians and a range of expert speakers on topics such as lymphoedema, exercise following surgery, managing anxiety and too many more to mention. We remain incredibly grateful to those that have given their time to help support our beneficiaries. Staying Connected also provides community building activities such as an online choir, craft workshops, Q&A sessions and yoga, skin care, haircare and relaxation. These have been crucial in reducing the isolation felt by so many of our members during this difficult time. Between 25<sup>th</sup> March and 30<sup>th</sup> September we ran 115 sessions with 1,048 attendees. From May onwards we ran the Staying Connected programme in partnership with Ovarian Cancer Action, this ensured that we didn't duplicate services and to provide the very best support without delay to a great many more people. We are grateful to the OCA staff team for their goodwill and hard work.

- ❑ We continue to support via phone, instant messaging, Skype, text messaging and online, increasing our staff team and adding extra support capacity. We continued to see an increase over the year in support requests and have met 100% of those requests. In 2018-19, we gave support 1,258 times and in 2019-20 we saw this rise to 1,673; a 33% increase.
- ❑ The 24-hour 'My Ovacome' ovarian cancer online forum continues to grow in strength and went from 12,300 users to 13,709 users over the course of the year. Our team have reviewed our interaction with people on the forum and are continuing to engage more proactively and provide more information via the forum, as well as their role in moderating it to ensure it remains factually accurate and supportive.
- ❑ Reach Ova is a targeted project that focuses us on reaching those who are less well represented within our community and membership. As a result, we have been better able to build accessible and inclusive services for those from BIPOC and LGBT+ communities. Some of this work was made possible by the generosity of *Awards for All*.

Other groups reached through this project are;

- Those on a low income or living in poverty
- Those under the age of 45 at point of diagnosis
- Those over the age of 75
- Those who live in rurally isolated areas
- Those diagnosed with rarer forms of the disease
- Those who do not have English as a first language

We knew, from feedback from our community, that many people from these groups were disadvantaged disproportionately by the Covid 19 pandemic. As a result we have deliberately developed services to reach out to them. We have actively run campaigns targeted at these groups and worked with numerous partners to do so. We have also (among many other strategies):

- Provided transcripts of our online sessions in large print
- Set up 6 community language phone lines in: Polish; Urdu; Bengali; Arabic; Punjabi and Gujarati through which we provide interpreters
- Given members financial support to ensure they are able to access online or phone support
- Supported many local support groups financially, practically and technically to move their support online and expand
- Set up new support groups and focus groups to meet the needs of diverse people and written a support handbook for local groups
- Built mutually beneficial partnerships with over 90 community groups and local organisations

#### **Information provision**

During the financial year, we continued to diversify and grow our Medical Advisory Board and professional volunteers. Our Medical Advisory Board, made up of top clinicians in the field with a variety of specialities, continue to give the charity access to expert advice and influence. We remain particularly grateful to the professionals who have given their time voluntarily, particularly during the pandemic when they had huge demands placed on them and still made time to support Ovacom.

We have further expanded our information and fact sheet offer over the course of the year in order to continue to meet the requests of our members expressed through our consultation. We now offer 29 information resources in addition to the 'Living with ovarian cancer' series. Over the course of the year, 5,658 booklets were ordered through the website, a 78.5% increase from the previous financial year.

We have also produced a resource for anyone setting up an independent ovarian cancer support group and additionally we were able to very quickly produce a booklet to support our beneficiaries to access remote appointments.

#### **The Survivors Teaching Students (STS) programme**

This programme provides volunteers who themselves have experienced a diagnosis of ovarian cancer to speak to medical students and clinicians to raise awareness of the signs and symptoms of ovarian cancer. From October to the end of March (before national lockdowns began), we

delivered 11 STS sessions across the UK. We also delivered 3 Ovacome at Work sessions, raising awareness of ovarian cancer signs and symptoms in workplaces using volunteer presenters. The pandemic disrupted delivery of STS as we were unable to deliver face to face sessions as many of our volunteers have compromised immunity due to treatment and many universities cancelled lectures.

#### Research

We provide funding for the team at Birmingham University undertaking research into detection of tumour markers and chemotherapy resistance. The research is undertaken by clinicians who also work with patients. As a result of the Covid 19 pandemic the research was put on hold and our planned research days (where members are invited in to the laboratory) were postponed.

#### Fundraising

Initially from October to February our fundraising was going very well, hitting all targets, particularly a significant target of £30,000 from our 2<sup>nd</sup> Big Give Christmas Challenge. We had filled places on our different challenge events across the country with an increased engagement and commitment from our fundraising community and donors.

Our income was hit hard by the Covid-19 Pandemic from March onwards, particularly because our busiest fundraising months in the year are March (ovarian cancer awareness month) and April, sadly most of our fundraising events were cancelled. This was then compounded by cancellation of the London Marathon in April.

As a result of the pandemic we negotiated a number of partnerships with other organisations, including Ovarian Cancer Action (OCA) and Go Girls to ensure we could best meet the needs of our community without duplicating services. Our partnership with OCA supported both organisations to provide the Staying Connected online service to our members. The joint fundraising strategy was successful, enabling Ovacome to receive an income of £41,375 towards the Staying Connected online support channel. This was crucial funding and we are especially grateful to our partner organisations and the funders who enabled us to meet the rapidly changing and increasing needs of our community at such a difficult time.

A proportion of our fundraisers were personally impacted financially through the lockdown measures and found it very hard to fundraise through their networks. We chose not to launch an emergency campaign as we were aware of the difficulties our many supporters were facing. Instead the Trustees agreed that we would run at a deficit, if need be. Challenge and community events could not take place greatly restricting how our supporters could fundraise. We initially saw income stall. However, fairly quickly, we saw engagements with virtual challenges and events starting to take place as well as an increase in donations. More of our supporters took on our Ovacome Virtual Teal Walk challenge as they were able to participate despite lockdown restrictions.

As a result of the pandemic the Touch of Teal committee were unable to run the Annual Touch of Teal Tea in March 2020, this large fundraising event, planned for March was postponed. The committee made a decision to run a Virtual Gala in the following financial year. This event is organised and run by a dedicated team of fundraisers.

We are so grateful to our wonderful community of supporters who have been so generous with their donations and fundraising commitments to ensure we can continue to be there for anyone

affected by ovarian cancer.

We are especially grateful to Apricot, who through the sales of a designated dress and jewellery, with all profits going to our support work, donated £20,000. Despite the pandemic, Apricot have continued their support of Ovacom.

We were able to change strategic direction in our fundraising and significantly increase our trust and foundation grant funding. We secured a large grant of £86,495 from the Coronavirus Community Support Fund, distributed by The National Lottery Community Fund. In total we secured £211,592.00 from trusts and foundations. We are also grateful to all our funders who enabled us to repurpose their grants to better meet the changing needs of our community as a result of the pandemic.

## FINANCIAL REVIEW

The year ending 30 September 2020 was the fifth full financial year for the incorporated charity. Prior to this the charity was registered as such but in 2014 Ovacom was converted to a CIO. Gross income and expenditure figures for the year ended 30th September 2020 were income of £494,428 (2019 - £673,516) and expenditure of £610,521 (2019 - £589,484), giving an overall deficit of £116,093 (2019 Surplus £84,032). Income in 2018-2019 included one significant legacy of £175,000. Restricted Funds of £223,348 were received during the year, of which £ 218,799 were expended, leaving £58,892 to carry forward, into 2020-21.

As regards Designated Funds, the remaining Designated Funds relate to the Research Fund at the University of Birmingham. The closing balance of £36,765 was carried forward at the end of the year and is expected to be utilised over the coming year.

### Reserve policy

It is the Trustees' aim to hold free reserves equating to a period of unrestricted and undesignated expenditure of six months. It is to ensure continued financial security and to provide for contingencies. In addition, Ovacom holds additional funds in designated and restricted funds for designated projects. Ovacom maintains relationships with beneficiaries, in some cases, for many years. To this end it is important that Ovacom maintains a healthy balance of reserves.

At 30 September 2020 the balance of Unrestricted Funds (total funds less Restricted and Designated funds) stood at £ 654,600. Expenditure from Unrestricted and Undesignated Funds in 2019-20 amounted to £ 391,646, so the balance at the year end meets the six month reserves policy

### Risk management

The Trustees actively review the major risks which the charity faces on a regular basis by maintaining an up to date risk register report. The risk register is regularly presented to the Trustees and they input within their areas of specialism. The trustees believe that maintaining reserves at adequate levels, combined with an annual review of the controls over key financial systems will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks faced by the charity and believe that the systems in place to mitigate significant risks offer the Trust adequate protection.

#### Going concern

The trustees believe that by maintaining reserves at the levels required by the reserves policy and by regularly reviewing the charity's key financial systems, they can ensure that sufficient resources are in place to mitigate significant risks. In the light of Covid-19, the Trustees have examined the operational and business risks faced by the charity and believe that the systems and reserves in place offer the charity adequate protection and ensure its continuance as a going concern.

#### Public benefit

Ovacome has referred to the Charity Commission's general guidance on public benefit, including the guidance 'public benefit: running a charity (PB2),' when reviewing its aims and objectives and in planning future activities. In particular, the Trustees consider how all activities contribute to its aims and objectives and believe that a clear benefit to the public is demonstrated. This is described in more detail throughout the Review of the Period.

## PLANS FOR THE FUTURE

As shown above in "Review of the Year ended 30th September 2020", the Trustees continue to be committed to developing and expanding the charity to meet the requirements of those in need.

#### STATEMENT OF EXECUTIVE COMMITTEE'S RESPONSIBILITIES

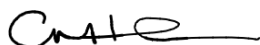
The Trustees are responsible for preparing the Trustees' Report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare Financial Statements for each financial year which give a true and fair view of the state of affairs of the charity and of its income and expenditure for that period. In preparing these Financial Statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles of the Charities SORP 2019 (FRS 102)
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the Financial Statements
- prepare the Financial Statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the Financial Statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Executive Committee and authorised for issue on 29 April 2021 and signed on its behalf by:



Cathryn Hughes

Trustee and Chair

# OVACOME

## Independent Examiner's Report to the Trustees of Ovacom

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I report to the trustees on my examination of the accounts of Ovacom for the year ended 30th September 2020.

### Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of independent examination

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Stephen Jones FCA  
Myrus Smith  
Chartered Accountants  
8 Burnell Rd  
Sutton  
Surrey SM1 4BW

Date: 29 April 2021

# OVACOME

## Statement of Financial Activities For the year ended 30 September 2020

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £	Total Funds 2019 £
<b>INCOME</b>					
Donations and legacies	4	161,978	209,217	371,195	480,559
Charitable activities - Fundraising	5	105,023	14,131	119,154	187,260
Investment income		4,079	0	4,079	5,697
<b>Total Income</b>		<b>271,080</b>	<b>223,348</b>	<b>494,428</b>	<b>673,516</b>
<b>EXPENDITURE</b>					
Fundraising expenditure		11,398	0	11,398	18,501
Charitable activities	6	380,324	218,799	599,123	570,983
<b>Total Expenditure</b>		<b>391,722</b>	<b>218,799</b>	<b>610,521</b>	<b>589,484</b>
<b>Net income/(expenditure) for the year before gains/(losses)</b>		<b>(120,642)</b>	<b>4,549</b>	<b>(116,093)</b>	<b>84,032</b>
<b>Transfer between funds</b>	11	<b>(1,842)</b>	<b>1,842</b>	<b>0</b>	<b>0</b>
<b>Net Movement in Funds</b>		<b>(122,484)</b>	<b>6,391</b>	<b>(116,093)</b>	<b>84,032</b>
<b>Reconciliation of funds:</b>					
Funds brought forward		813,849	52,501	866,350	782,318
<b>Funds carried forward</b>		<b>691,365</b>	<b>58,892</b>	<b>750,257</b>	<b>866,350</b>

# OVACOME

## Statement of Financial Activities For the year ended 30 September 2020

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Analysis of prior year total fund;

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2019 £	Total Funds 2018 £
<b>INCOME and ENDOWMENT</b>					
Donations and legacies	4	378,234	102,325	480,559	691,210
Charitable activities - Fundraising	5	187,260	0	187,260	129,594
Investment income		5,697	0	5,697	366
<b>Total Income</b>		<b>571,191</b>	<b>102,325</b>	<b>673,516</b>	<b>821,170</b>
<b>EXPENDITURE</b>					
Fundraising expenditure		18,501	0	18,501	27,322
Charitable activities	6	515,904	55,079	570,983	355,008
<b>Total Expenditure</b>		<b>534,405</b>	<b>55,079</b>	<b>589,484</b>	<b>382,330</b>
<b>Net income/(expenditure) for the year before gains/(losses)</b>		<b>36,786</b>	<b>47,246</b>	<b>84,032</b>	<b>438,840</b>
<b>Transfer between funds</b>		<b>(161)</b>	<b>161</b>	<b>0</b>	<b>0</b>
<b>Net Movement in Funds</b>		<b>36,625</b>	<b>47,407</b>	<b>84,032</b>	<b>438,840</b>
<b>Reconciliation of funds:</b>					
Funds brought forward		777,224	5,094	782,318	343,478
<b>Funds carried forward</b>		<b>813,849</b>	<b>52,501</b>	<b>866,350</b>	<b>782,318</b>

# OVACOME

## Balance Sheet

As at 30 September 2020

	Notes	£	2020 £	£	2019 £
<b>FIXED ASSETS</b>					
Tangible fixed assets	8		<u>3,317</u>		<u>4,677</u>
			3,317		4,677
<b>CURRENT ASSETS</b>					
Stock		9,450		8,600	
Debtors	9	5,100		25,439	
Cash at bank and in hand:		<u>785,469</u>		<u>896,472</u>	
		800,019		930,511	
CREDITORS: amounts falling due in one year	10	<u>(53,079)</u>		<u>(68,838)</u>	
<b>NET CURRENT ASSETS</b>			<u>746,940</u>		<u>861,673</u>
<b>NET ASSETS TOTALS</b>			<u><b>750,257</b></u>		<u><b>866,350</b></u>
<b>THE FUNDS OF THE CHARITY</b>					
<b>INCOME FUNDS</b>					
	11				
Restricted funds			58,892		52,501
Unrestricted funds:					
General fund		654,600		778,183	
Designated funds		<u>36,765</u>		<u>35,666</u>	
			691,365		813,849
			<u><b>750,257</b></u>		<u><b>866,350</b></u>

Approved by the Executive Committee and authorised for issue on 29 April 2021 and signed on its behalf by:



John Paul McKew (Treasurer and Trustee)

The notes on page 17 to 25 form part of these account

# OVACOME

## Statement of Cash Flows

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	Notes	2020 £	2019 £
<b>Cash flow from operating activities</b>			
Net cash provided by operating activities	A	(114,608)	63,872
<b>Cash flow from investing activities</b>			
Investment income		4,079	5,697
Purchase of fixed assets		(474)	(3,800)
Net cash provided by investing activities		3,605	1,897
Change in cash and cash equivalents in the year		(111,003)	65,769
Cash and cash equivalents at 1 Oct 2019		896,472	830,703
Cash and cash equivalents at 30th Sep 2020	B	785,469	896,472
Notes to the cash flow statement			
<b>A – reconciliation of net movement in funds to net cash flow from operating activities</b>		2020 £	2019 £
Net income/(expenditure) for the year (before investment gains & losses)		(116,093)	84,032
Depreciation charge		1,834	1,703
Investment Income		(4,079)	(5,697)
Decrease/(increase) in stock		(850)	(1,764)
Decrease/(increase) in debtors		20,339	(6,501)
(Decrease)/increase in creditors		(15,759)	(7,901)
Net cash provided by operating activities		(114,608)	63,872
<b>B – Analysis of cash and cash equivalents</b>			
Cash at bank and in hand			
- Closing balance of Cash in hand and Bank		785,469	896,472
Total cash and cash equivalents		785,469	896,472

# OVACOME

## Notes to the Financial Statements For the year ended 30th September 2020

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### 1 Accounting Policies

#### Basis of preparation

The financial statements have been prepared on a going concern basis under the historical cost convention.

The financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The Charity is a public benefit entity for the purposes of FRS 102 and therefore the Charity also prepares its financial statements in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (The FRS 102 Charities SORP) issued in October 2019 and the Charities Act 2011.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest pound.

#### Going concern

The trustees have assessed whether the use of the going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charity to continue as a going concern. The trustees have made this assessment for a period of at least one year from the date of approval of the financial statements. In particular the trustees have considered the charity's forecasts and projections and have taken account of pressures on donation and event income. After making enquiries the trustees have concluded that there is a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The charity therefore continues to adopt the going concern basis in preparing its financial statements.

#### Income Recognition

All income is recognised when there is entitlement to the funds, the receipt is probable and the amount can be measured reliably. Income is recognised in the year to which it relates and on an accruals basis. Legacies are included when the legacy is received or when the charity is notified of an impending distribution which can be quantified and receipt is probable, whichever is the earlier. Recoverable taxation is accounted for on an accruals basis.

#### Expenditure

Expenditure is accounted for on an accruals basis allocated directly to the expenditure headings as far as practically possible to reflect the activities of the charity. Charitable activities comprise direct expenditure including direct staff costs attributable to the activity.

#### Employee benefits

##### i. Short term benefits

Short term benefits, including holiday pay and other similar non-monetary benefits, are recognised as an expense in the period in which the service is received.

##### ii. Pensions

Ovacome operates a defined contribution plan for its employees. These contributions are

# OVACOME

## Notes to the Financial Statements For the year ended 30th September 2020

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recognised as an expense when they are due. Amounts not paid are shown in accruals in the balance sheet.

### **Fund Accounting**

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor or are raised by the charity for specific restricted purposes.

Unrestricted funds are funds which are available for use at the discretion of the trustees in furtherance of the general objects of the charity.

Designated funds are funds which are available for use at the discretion of the trustees but have been earmarked by them for a specific purpose.

### **Fixed Assets and Depreciation**

All assets costing more than £1,000 are capitalised.

Depreciation on fixed assets is provided at rates estimated to write off the cost, less estimated residual value, of each asset over its expected useful economic life as follows:

Computer Equipment 3 years (straight line basis)

### **Stock**

Stocks of Ovacome fundraising merchandise are stated at the lower of cost and net realisable value.

### **Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

### **Cash and cash equivalents**

Cash and cash equivalents include cash in hand, deposits held at call with bank and other short-term liquid investments with original maturities of three months or less.

### **Critical accounting estimates and areas of judgement**

In the view of the trustees in applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

### **Leases**

Operating lease rentals are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

# OVACOME

## Notes to the Financial Statements

For the year ended 30th September 2020

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### 4 Donation and Legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £	Total Funds 2019 £
Donations	141,421	209,217	350,638	252,559
Legacies	20,557	0	20,557	228,000
	<b>161,978</b>	<b>209,217</b>	<b>371,195</b>	<b>480,559</b>

### 5 Income from Charitable Activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £	Total Funds 2019 £
Charitable activities - Fundraising	105,023	14,131	119,154	187,260
	<b>105,023</b>	<b>14,131</b>	<b>119,154</b>	<b>187,260</b>

### 6 Total Charitable Expenditure

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £	Total Funds 2019 £
Direct Charitable Expenses	78,829	36,774	115,603	170,648
Direct staff Cost (note 7.1)	225,669	157,156	382,825	278,535
Support Costs (note 7.2)	75,826	24,869	100,695	121,800
Total expenditure	<b>380,324</b>	<b>218,799</b>	<b>599,123</b>	<b>570,983</b>

# OVACOME

## Notes to the Financial Statements

### For the year ended 30th September 2020

7.1 Staff Costs	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £	Total Funds 2019 £
Wages & Salaries	188,622	156,593	345,215	251,353
Social Security Costs	29,970	489	30,459	21,945
Pension Cost	7,077	74	7,151	5,237
	<b>225,669</b>	<b>157,156</b>	<b>382,825</b>	<b>278,535</b>

	2020	2019
Staff Numbers (average number of staff)	10	7

No trustee (2019: one trustee) received reimbursed expenses in the year (2019: £140).  
No employee received a salary in excess of £60,000, in the current year (2019: none).

Trustees were not paid remuneration in either period.

Key management personnel include the Trustees and the Chief Executive. The total employee benefits (including gross pay and employer national insurance contributions) of the charity's key management personnel were £66,149 (2019: £64,043). Pension contributions paid by the company to key management personnel totalled £1,317 (2019: £1,254). Excluding the trustees there was one key management personnel (2019: two) that received remuneration during the year.

7.2 Support Costs	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £	Total Funds 2019 £
Rent	18,595	5,048	23,643	19,267
Printing and Stationary	752	1,924	2,676	13,297
Office Cost	7,288	4,559	11,847	23,326
Professional fee	25,499	0	25,499	23,020
IT and computer Cost	14,130	2,496	16,626	14,099
Insurance	1,807	0	1,807	1,438
Depreciation	1,834	0	1,834	1,703
Other Cost	2,321	10,842	13,163	23,250
Independent Examination - Governance costs	3,600	0	3,600	2,400
	<b>75,826</b>	<b>24,869</b>	<b>100,695</b>	<b>121,800</b>

# OVACOME

## Notes to the Financial Statements For the year ended 30th September 2020

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### 8 TANGIBLE FIXED ASSETS

	Computer Equipment £	Total 2020 £
<b>Cost</b>		
At 1st Oct 2019	9,474	9,474
Additions	474	474
At 30 Sep 2020	<u>9,948</u>	<u>9,948</u>
<b>Depreciation</b>		
At 1st Oct 2019	4,797	4,797
Provided during year	1,834	1,834
At 30 Sep 2020	<u>6,631</u>	<u>6,631</u>
<b>Net book value</b>		
At 30 Sep 2020	<u><b>3,317</b></u>	<u><b>3,317</b></u>
At 1st Oct 2019	<u>4,677</u>	<u>4,677</u>

### 9 DEBTORS

	2020 £	2019 £
Prepayments and accrued income	5,100	19,595
Other debtors	0	5,844
	<u>5,100</u>	<u>25,439</u>

### 10 CREDITORS: amounts falling due within one year

	2020 £	2019 £
Trade creditors	18,459	26,347
Grant payable	28,262	28,262
Accruals	5,154	5,762
Other Creditors	1,204	8,467
	<u>53,079</u>	<u>68,838</u>

# OVACOME

## Notes to the Financial Statements

### For the year ended 30th September 2020

#### 11 ANALYSIS OF FUNDS 2020

	Balance 30 Sep 2019	Income	Expenditure	Funds transfer	Balance 30 Sep 2020
	£	£	£	£	£
Restricted Funds					
Reach OVA	4,868	92,615	(50,772)	0	46,711
STS	0	16,163	(16,163)	0	0
Choir	2,072	8,000	(10,393)	321	0
West Midland Support HUB	42,455	28,334	(70,789)	0	0
Information resources	1,664	2,059	(5,244)	1,521	0
OVA to You	1,442	28,352	(21,113)	0	8,681
Staying connected	0	44,875	(41,375)	0	3,500
Support services	0	2,950	(2,950)	0	0
Sub-total Restricted funds	52,501	223,348	(218,799)	1,842	58,892
Unrestricted Funds					
General Fund	778,183	269,905	(391,646)	(1,842)	654,600
Designated Funds - - Research Fund	35,666	1,175	(76)	0	36,765
Sub-total Designated funds	35,666	1,175	(76)	0	36,765
Total funds	866,350	494,428	(610,521)	0	750,257

a) **Reach ova:** This work project provides support and information to those who are less well represented within our membership and to those who experience additional health inequalities. These include but are not limited to:

- Those who are LGBT and BAMER
- BIPOC individuals and BIPOC led community groups.
- Those over the age of 75 or under 45 at point of diagnosis.
- Those who are experiencing financial hardship or who have a low income.
- Those who are rurally isolated.

This funding has been used as per the restrictions to provide specialist resources and targeted groups and campaigns. These funds were secured from the following funders:

- Awards for All England
- Coronavirus Community Support Fund, distributed by The National Lottery

# OVACOME

## Notes to the Financial Statements

### For the year ended 30th September 2020

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Community Fund.

- Awards for All Scotland
- Zurich Community Trust

- b) **The STS project:** engages women who have been diagnosed with ovarian cancer to train medical students and clinicians in recognising the symptoms of ovarian cancer. Restricted funding was provided by some trusts and an individual. The funds were expended on wages for the staff member who runs the project and also on reimbursing travel costs to the STS volunteer speakers. These restricted funds were fully expended in the financial year and a transfer made from unrestricted funds to meet the deficit
- c) **Choir:** The funds were provided by The D'Oyly Carte Charitable Trust and the Ashley Family Foundation to enable Ovacome to continue and grow the Ovacome choir. The Ashley Family Foundation enabled us to repurpose the grant of £5,000 from face to face work into an online Choir, enabling it to continue and grow through the pandemic.
- d) **West Midlands Support Hub.** This funding was provided by The People's Project (National Lottery) and was specifically for the purposes of establishing a support hub for the West Midlands. The People's Project funding was fully expended during the financial year and we received a further £27,967.84 from The Big Give match funding programme to enable us to continue this work. The latter was also fully expended for the agreed purposes.
- e) **Information resources:** This fund relates to provision of resources and information for those affected by ovarian cancer. We are grateful to The Albert Hunt Trust for their support
- f) **Ova to You:** These funds were secured to enable Ovacome to run monthly support events across the UK. We received funding to cover:
- a) Ova to You Scotland from The Stafford Trust
  - b) Ova to You Glasgow from James T Howat Charitable Trust
  - c) Ova to You Newcastle from The Shears Foundation
  - d) Ova to You Birmingham from the Birmingham District Nursing Charitable Trust
- g) **Staying connected:** These include online supporting to stay connected among the service users.
- h) **Support services:** These funds were used for producing newsletters.

# OVACOME

## Notes to the Financial Statements

For the year ended 30th September 2020

### ANALYSIS OF PRIOR YEAR FUNDS 2019

	Balance 30 Sep 2018	Income	Expenditure	Funds transfer	Balance 30 Sep 2019
	£	£	£		£
Restricted Funds					
Reach OVA	2,126	9,483	(6,741)	0	4,868
STS	0	11,542	(11,703)	161	0
Choir	2,968	3,000	(3,896)	0	2,072
West Midland Support HUB	0	54,420	(11,965)	0	42,455
Information resources	0	6,444	(4,780)	0	1,664
OVA to You	0	17,436	(15,994)	0	1,442
Sub-total Restricted funds	<u>5,094</u>	<u>102,325</u>	<u>(55,079)</u>	<u>161</u>	<u>52,501</u>
Unrestricted Funds					
General Fund	<u>590,765</u>	<u>565,191</u>	<u>(377,612)</u>	<u>(161)</u>	<u>778,183</u>
Designated Funds -					
- Research Fund	146,307	2,000	(112,641)	0	35,666
- Support Fund	40,152	4,000	(44,152)	0	0
Sub-total Designated funds	<u>186,459</u>	<u>6,000</u>	<u>(156,793)</u>	<u>0</u>	<u>35,666</u>
Total funds	<u><b>782,318</b></u>	<u><b>673,516</b></u>	<u><b>(589,484)</b></u>	<u><b>0</b></u>	<u><b>866,350</b></u>

# OVACOME

## Notes to the Financial Statements For the year ended 30th September 2020

### 12 ANALYSIS OF NET ASSETS BY FUNDS

	Unrestricted Fund	Restricted Fund	Total Fund 2020
	£	£	£
Fixed assets	3,317	0	3,317
Current assets	741,127	58,892	800,019
Current liabilities	(53,079)	0	(53,079)
Net assets 2020	<u>691,365</u>	<u>58,892</u>	<u>750,257</u>

	Unrestricted Fund	Restricted Fund	Total Fund 2019
	£	£	£
Fixed assets	4,677	0	4,677
Current assets	878,010	52,501	930,511
Current liabilities	(68,838)	0	(68,838)
Net assets 2019	<u>813,849</u>	<u>52,501</u>	<u>866,350</u>

### 13 OPERATING LEASE COMMITMENTS

At 30 September 2020 the charity had future minimum commitments in respect of non-cancellable operating leases as follows

	2020	2019
	£	£
<b>Rental expenses</b>		
Not later than 1 year	11,119	11,119
Between 1 and 5 years	2,000	2,000
Total	<u>13,119</u>	<u>13,119</u>

### 14 Related Party Transactions:

There have been no related party transactions in the period (nor the comparative period).