

CONGENS GROUP

(A Charitable Incorporated Organisation)

Annual Report and Financial Statements

For Year Ended
31st December 2022

Charity Registration number: 1159464

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Company Information

Charity Registration No. 1159464

Trustees: Janet Mahay, Chair
Grace Peddie, Treasurer
Judith Aldred

Governing Document: Constitution for CIO (Charitable Incorporated Organisation) adopted 1 December 2014

Registered Office: New Bushbury Triangle Resource Centre
74 Stanley Road
Bushbury
Wolverhampton
WV10 9EL

Accountants: Craig Miller
81 Oakley Court
Springmeadow Rd
Edgbaston
Birmingham
B15 2GH

Message from the Chair

Coping with Change

On 22 February, the government lifted all Covid restrictions. There was now an expectation on the public to live with the impacts of coronavirus. Equally, this would have huge implications on voluntary and public sector organisations and the way they work in the community. I am pleased to say ConGens embraced this challenge and successfully navigated its way through this period of change.

Even though all legal requirements to self-isolate following a positive test for Covid had been removed, many people were still apprehensive about mixing in public. Many employers had adopted hybrid working, allowing their staff to fulfil their contract hours at home. Whilst we were also gradually easing towards 'business as usual', this time of transition was an ideal opportunity to kick start an important step in our future plans. As part of our sustainability plan, our goal would be to secure major long term funding that would enable us to employ staff and develop the organisation so we can provide an even greater level of support to our partners and the community.

We are delighted that towards the end of the year we were successful in obtaining funding for three years to realise our ambitions. These will include expanding the range and level of support we provide by delivering activities such as computer workshops, exercise classes, health checks as well as information and support to people in the community who need it most. The years ahead seem full of promise. As we embark on this journey of organisational change, we are excited about the opportunities and possibilities before us.

Not only will we be focussed on delivering this new project, we will also be continuing our normal activity and cementing our relationships with longstanding partners and clients. It has always been a privilege to work in the heart of the community. Unfortunately people continue to be disadvantaged by older age, income, ethnicity and other factors when it comes to accessing resources or information that is open to people generally. It remains our commitment to tackle these social inequalities. In time, we are sure our efforts and those of similar organisations will make some difference to improving the life chances of those we seek to support.

We are always grateful to those who support us, in particular our volunteers, partners and sponsors. Post lockdown, one of our many challenges is to build upon past achievements to ensure our organisation is resilient and prepared for whatever new challenges lay ahead.

Janet Mahay
Chair, ConGens

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Charity adopted its current constitution on 1st December 2014 in registering as a Charitable Incorporated Organisation (CIO) and serves as its governing document and details its objectives and operational management.

The Board will consist of no fewer than 3 Trustees, which can be increased subject to the provisions of the Constitution. Vacancies on the board of trustees or additional trustees may be appointed at any time in accord with the dictates of the constitution. The Trustees deem that the organisation is not subject to Corporation Tax.

The organisation achieved full charity registration on 3rd December 2014, under registration number 1159464.

The trustees all provide their services free of charge. They have a wide range of skills and experience in community engagement and development, and management in the public, private, commercial and voluntary sectors.

The trustees set the overall policy and direction of the organisation.

OBJECTS AND ACTIVITY

The objects of the charity are:

- To relieve financial hardship and to promote social inclusion for the benefit of the public by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate back into society;
- In furtherance of this object, but not otherwise the group shall provide support, experiences and access to resources and information to enable people to improve their confidence and capacity as members of society;
- For the purpose of this clause 'socially excluded' means being excluded from society, or parts of society, as a result of one or more of the following factors: financial hardship; youth or old age; ill health or disability.

All activities of the charity are for public benefit.

Achievements & Performance



Online classes by zoom was a lifeline for many enabling participants to engage in exercise at home which contributed toward physical wellbeing.

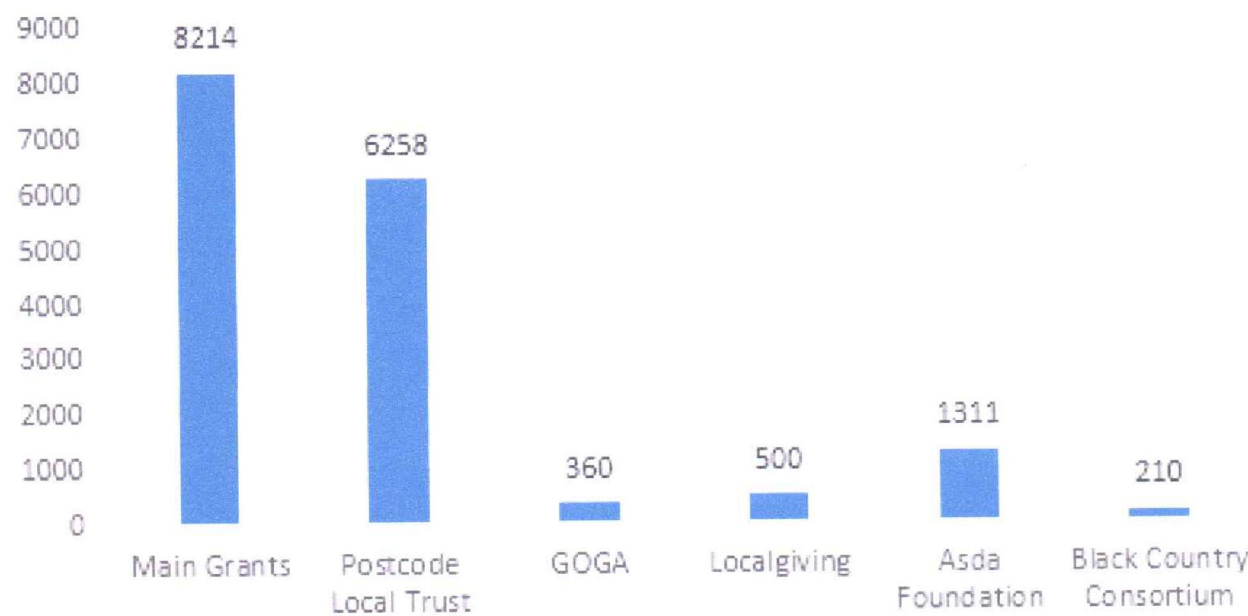
Exercise in the community

9 courses at a range of community venues benefiting over 150 to maintain their health and wellbeing



How we spent our money

We spent a total of £16,853 on charitable activity



Totals by category



Funding and Finance Review

Compared to last year our income almost halved. This is in no way a poor reflection of our output. Coming out of lockdown, our focus was to resume from where we left off pre-pandemic. Identifying and securing funding was not as much of a priority as with previous years due to a slowdown in activity and society as a whole. The amount secured for 2022, £33784.90 was sufficient to fund our activity for the year and into the next.

In keeping with our charitable objectives, our income was utilised to benefit those who needed support the most. With our expenditure for the year being £25,639.29, this helped finance exercise instructors and other health and wellbeing activity. Essential running and administrative costs were kept to a minimum as normal activity had been suspended up until the beginning of the year. We had a healthy balance of £21,366.90 at the end of year to carry forward into the 2023. As society shifts back to a semblance of mortality, this will help us set and work towards our goal of expanding our operations with greater financial stability.

Risk Management

The Trustees review periodically risks it may face in respect of its finances and operations and militate against these with the implementation of policies and procedures in order to eliminate or minimise any potential or adverse impact harm to the charity and the public.

Current policies and procedures include the following:

- Safeguarding Adults
- Safeguarding children
- Health and Safety
- Complaints Policy
- Equality and Diversity policy
- Sustainable Development Policy
- Risk Assessment for activities in public venues and online
- Statement of acceptable use of internet and social media
- Rehabilitation of Offenders Policy
- Safer Recruitment Policy
- Social Media Policy

Statement of Director's responsibilities

The trustees are required under UK Company law to prepare financial statements for each financial year, which give a true and fair view of the company's financial activities during the year and its financial position at the end of the year. In preparing those financial statements, the directors are required to:

- a) Select suitable accounting policies and apply them consistently;
- b) Make judgements and estimates that are reasonable and prudent;
- c) State whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements;
- d) Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the company will continue in operation.

The trustees are responsible for keeping accounting records, which disclose with reasonable accuracy the financial position of the company and which enable them to ensure that the financial position of the statements comply with applicable law and regulations. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The directors have identified the major risks to which the charity are exposed and have adopted suitable mechanisms to manage those risks.

This report has been prepared in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Approval

This report was approved by the directors on 30 October 2023

and signed on their behalf: ...M. P. Mahay.....

Janet Mahay, Chair

Congens Group

Income and expenditure Summary Statement 2022

OPENING BALANCE AS OF 1 JANUARY 2021 - £12,695.36

Income

Grants	33753
Donations	31.9
Fund Raising	
Other	
Interest	
refunds	536.73
Total Income	<u>34,321.63</u>

Expenditure

Projects	1054.63
Equipment	532.23
Administration/Subsidiaries	
Running Costs	2483.05
Expenses - Travel/Refreshments	14.7
Hire - venue/equipment	445.00
Professional fees	21031.64
Petty Cash	
Miscalaneous	78.04

Total Expenditure	<u>25,639.29</u>
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Funds carried forward from last year (if any)	12,659.36	+	
Funds received in year	34,321.63		
	Total		46,980.99
Funds spent in year	25,639.29	-	

CLOSING BALANCE AS OF 31 DECEMBER 2022 **£21,366.90**

Independent Examiners Report

I report on the accounts of the Charity for the year ended 31st December 2022, which are set out on pages

Respective responsibilities of trustees and the examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to

- Examine the accounts under section 145 of the Charities Act;
- To follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act and
- To state whether particular matters have come to my attention.

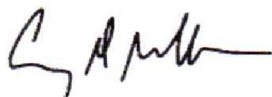
Basis of Independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention (other than that disclosed below):

1. Which gives me reasonable cause to believe that in any material respect, the requirements:
 - To keep accounting records in accordance with section 130 of the Charities Act
2. Attention should be drawn and detail given in order to enable a proper understanding of the accounts to be reached.



Craig Miller
81 Oakley Court
Springmeadow Rd
Edgbaston
Birmingham
B15 2GH

CONGENS GROUP

(A Charitable Incorporated Organisation)

**STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 DECEMBER 2022**

		Unrestricted Funds	Designated Funds	Restricted Funds	Total 2022	Total 2021
	Notes	£	£	£	£	£
<u>Incoming Resources</u>						
incoming resources from generated funds		-	-	-	-	-
Donations, Legacies & other Voluntary Income		-	-	-	-	-
Activities for generating funds	2	-	-	-	-	-
Investment Income	3	-	-	-	-	-
		-	-	-	-	-
Incoming resources from charitable activities	4	-	-	-	33,785	9,700
Other incoming resources	5	-	-	-	537	100
		-	-	-	-	-
Total incoming resources		-	-	-	34,322	9,800
<u>Resources Expended</u>						
Costs of generating funds		-	-	-	-	-
Costs of generating voluntary income		-	-	-	-	-
Fundraising trading: costs of goods sold		-	-	-	-	-
Investment management costs		-	-	-	-	-
Other costs of generating funds		-	-	-	-	-
Charitable Activities		-	-	-	25,519	40,358
Governance Costs		-	-	-	120	120
		-	-	-	-	-
Total Resources Expended	6	-	-	-	25,639	40,478
		-	-	-	-	-
Net incoming (outgoing) resources before transfers			-	-	8,683	30,678
Gross transfers between funds			-	-		
			-	-		
Net Income (expenditure) for the year/ Net movement in funds				-	8,683	30,678
Fund balances as at 31 December 2020					12,659	43,373
Fund balances as at 31 December 2021		-	-		21,342	12,695
		=====	=====	=====	=====	=====

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006

None of the charity's activities were started or discontinued during the current or previous year and all operations continue

There are no recognised gains or losses other than those passing through the income and expenditure account.

CONGENS GROUP**(A Charitable Incorporated Organisation)****BALANCE SHEET****AS AT 31 DECEMBER 2022**

			2021	2020
		£	£	£
Fixed assets				
Tangible Assets	9		22,032	22,032
Current Assets				
Debtors	10	-	-	-
Cash at bank and in hand		21,367		12,695
		-----		-----
Creditors	11	(16900)		(10930)
		-----		-----
Net Current Assets			4,467	1,765
			-----	-----
Total Assets less current liabilities			26,499	23,797
			=====	=====
Income funds				
Restricted funds	12		16,900	10,930
Unrestricted Funds			9,599	12,867
Designated Funds	13			
Other charitable funds			-----	-----
			26,499	23,797
			=====	=====

For the year ended 31/12/2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

- a) The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- b) The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts;

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The accounts were approved by the Board on 30.10.23

Janet Mahay

Janet Mahay, Chair

NOTES TO THE ACCOUNTS

FOR THE PERIOD ENDED 31 DECEMBER 2022

1 Accounting Principles

1.1 Basis of preparation

The accounts have been prepared under the historical cost convention

The charity has taken advantage of the exemption in Financial Reporting Standard No.1 from the requirement to produce a cash flow statement on the grounds that it is a small charity.

The accounts have been prepared in accordance with the Statement of Recommended Practice, "Accounting and Reporting by Charities" issued in March 2005 and the Companies Act 2006

1.2 Incoming Resources

Restricted Grants received in advance at the year end for expenditure in a future accounting period are carried forward as deferred income. Restricted grants received but not fully utilised at the year end are carried forward as balances on the basis that they may become repayable.

Voluntary donations and gifts are accounted for as received.

The charity receives help and support in the form of voluntary assistance in advising the public. No entries are required to be included in the accounts for the financial value of such help.

The charity enjoys the use of various buildings, in some cases at below market rental. Similarly some services are provided on beneficial terms and information is given in the Notes to the Accounts.

Interest receivable on the charity's various bank accounts is allocated in full to unrestricted funds.

Resources expended

a) Cost of generating voluntary funds

These include functions, publicity and fundraising costs. Publicity costs include local promotional advertising, printing leaflets and the cost of producing the annual report.

b) Charitable activities

Resources expended on charitable activities include all costs incurred in the pursuit of the charitable objects of the charity

c) Governance costs

Governance costs include the cost of premises maintenance, the Independent Review together with the cost of the AGM

1.4 Tangible fixed assets and depreciation

All assets costing more than £100 are capitalised. Tangible fixed Assets other than freehold land are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Equipment	0% per annum on the fixed installment basis
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1 **NOTES TO THE ACCOUNTS (CONTINUED)**

FOR THE PERIOD ENDED 31 DECEMBER 2022

Accounting Policies (Continued)

1.5 **Taxation**

The company, being a registered charity with minimal trading income, has been granted exemption from tax under Section 505 of the Income and Corporation Taxes Act 1988. No provision for taxation has therefore been made in these accounts.

The charity is not registered for Value Added Tax (VAT)

2

Activities for generating funds	2022	2021
	£	£
Fundraising activities	-	-

3

Investment Income

4 Interest receivable

Unrestricted Funds	Restricted Funds	Total 2022	Total 2021
£	£	£	£
0	0	0	0

Incoming resources from charitable activities

	Unrestricted Funds	Restricted Funds	Total 2022	Total 2021
	£	£	£	£
Black Country Consortium	-	702	702	6,050
Severn Trent Water	-	-	-	2,000
Asda Foundation	-	-	-	992
National Heritage	-	-	-	658
Heart of England	-	-	-	-
ESC Lottery Fund	-	-	-	-
Main Grants	-	8,214	8,214	-
Localgiving	-	500	500	-
Walsall MBC ESF	-	-	-	-
Walsall MBC Barc	-	-	-	-
Postcode Community Trust	-	23,058	23,058	-
Clothworkers Foundation	-	-	-	-
ASDA empowering local communities	-	1,311	1,311	-
	-	33,785	33,785	9,700
	=====	=====	=====	=====

CONGENS GROUP

(A Charitable Incorporated Organisation)

NOTES TO THE ACCOUNTS (CONTINUED)

5 FOR THE PERIOD ENDED 31 DECEMBER 2022

	2022	2021
	£	£
Other incoming resources		
Other Income		
Refunds	536.73	100
localgiving.com		
	<u>537</u>	<u>100</u>
	=====	=====

6

Total Resources expended	Staff costs	Depreciation	Other costs	Total 2022	Total 2021
	£	£	£		£
Costs of generating funds:					
Fundraising and publicity	-	-	-	-	-
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Charitable expenditure					
Direct Project Costs		-	1,665	1,665	2,479
Staff and Volunteer Costs	15	-		15	145
Premises costs		-	445	445	
Legal and Professional costs		-	20,912	20,912	33,033
Administration Costs		-	2,483	2,483	4,701
	<u>15</u>	<u>-</u>	<u>25,505</u>	<u>25,519</u>	<u>40,358</u>
Costs in furtherance of the Charity's objectives					
Management and Administration	-	-	120	120	120
	<u>15</u>	<u>-</u>	<u>25,625</u>	<u>25,639</u>	<u>40,478</u>
	<u>15</u>	<u>-</u>	<u>25,625</u>	<u>25,639</u>	<u>40,478</u>
	=====	=====	=====	=====	=====

7 Management and administration costs include payments to the Independent Reviewer of £120 (2019-£100) for fees.

Trustees

During the Year no remuneration for services as a director/ trustee and no expenses were paid or were payable, directly or indirectly, out of funds of the charity to any trustee or to any person or persons known to be connected with them

CONGENS GROUP

(A Charitable Incorporated Organisation)

NOTES TO THE ACCOUNTS (CONTINUED)

8 FOR THE PERIOD ENDED 31 DECEMBER 2022

	2022	2021
Employees	Number	Number
Number of employees	-	-
The average number of employees during the period was:	-	-
	<u>-</u>	<u>-</u>
	-	-
	<u>=====</u>	<u>=====</u>
Activities in furtherance of organisations objects		
Management & Administration		

	2022	2021
	£	£
Employment Costs		
Wages and Salaries	-	-
Social security costs	-	-
Pension Costs	-	-
	<u>-</u>	<u>-</u>
	-	-
	<u>=====</u>	<u>=====</u>

There are no employees whose annual emoluments were £60,000 or more.

CONGENS GROUP

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NOTES TO THE ACCOUNTS (CONTINUED)

9 FOR THE PERIOD ENDED 31 DECEMBER 2022

Tangible Fixed Assets	Unrestricted Funds	Restricted Funds	Total 2022
Equipment, F & F			
Cost			
At 1 January 2022	4,763	17,269	22,032
Additions	-	-	-
Disposals	-	-	-
	<u>4,763</u>	<u>17,269</u>	<u>22,032</u>
As 31 December 2022	=====	=====	=====
Depreciation			
At 1 January 2022	-	-	-
Charge for the period	-	-	-
Disposals	-	-	-
	<u>-</u>	<u>-</u>	<u>-</u>
As 31 December 2022	=====	=====	=====
Net Book Value			
As 31 December 2022	4,763	17,269	22,032
	<u>4,763</u>	<u>17,269</u>	<u>22,032</u>
As 31 December 2021	=====	=====	=====

10 Debtors	2022	2021
	£	£
Trade debtors	-	-
other debtors	-	-
Prepayments and accrued income	-	-
	<u>=====</u>	<u>=====</u>

11 Creditors	2022	2021
	£	£
Taxes and social security costs	-	-
Other creditors	-	-
Accruals	16,900	10,930
	<u>16,900</u>	<u>10,930</u>
	=====	=====

CONGENS GROUP

(A Charitable Incorporated Organisation)

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE PERIOD ENDED 31 DECEMBER 2022

12

Restricted Funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds				
	Balance at	Incoming	Resources	Transfers	Balance at
	01-Jan-22	Resources	Expended		31-Dec-22
	£	£	£	£	£
Black Country Consortium	6,050	702	6,652	-	100
Severn Trent Water	2,000		2,000	-	-
Asda Foundation	992		992	-	-
Localgiving		500	500	-	-
Postcode local		23,058	6,258	-	16,800
National Heritage	658		658	-	-
Mains Grant		8,214	8,214	-	-
	1,230		1,230	-	-
ASDA empowering local communities		1,311	1,311	-	-
	10,930	33,785	27,815	-	16,900
	=====	=====	=====	=====	=====

13

Designated Funds

No funds have been set aside out of unrestricted funds by the trustees for specific purposes

14

Commitments under operating leases

At 31st December 2022 the company had no commitments under non- cancellable operating leases

15

Reserves Policy

The directors have considered the level of reserves they wish to retain, appropriate to the charity's needs. This is based on the charity's size and the level of financial commitments held. The directors aim to ensure the charity will be able to continue to fulfill its charitable objectives even if there is temporary shortfall in income or unexpected expenditure. The directors will endeavour not to set aside funds unnecessarily.