



CONGENS GROUP

(A Charitable Incorporated Organisation)

Annual Report and Financial Statements

For Year Ended
31st December 2021

Charity Registration number: 1159464

Contents

Company Information	3
Message from the Chair	4
Structure and Governance	5
Objects and Activity	5
Achievements and Performance	6
Funding and Finance Review	7
Risk management	7
Statement of Director's responsibilities	11
Income and Expenditure Summary	10
Independent Examiners Report	11

Company Information

Charity Registration No. 1159464

Trustees: Janet Mahay, Chair
Grace Peddie, Treasurer
Judith Aldred

Governing Document: Constitution for CIO (Charitable Incorporated Organisation) adopted 1 December 2014

Registered Office: New Bushbury Triangle Resource Centre
74 Stanley Road
Bushbury
Wolverhampton
WV10 9EL

Accountants: Craig Miller
81 Oakley Court
Springmeadow Rd
Edgbaston
Birmingham
B15 2GH

Message from the Chair

Transforming adversity into opportunity

The ongoing pandemic imposed many challenges on the public, charity and third sector. Despite numerous news reports of many businesses large and small and charitable organisations not being able to withstand the impact of Covid-19, many have met the effects of the pandemic head on and come out stronger as a result. After a year of restricted activity due to lockdown, we knew we had to adapt to survive as an organisation. Like other forward thinking organisations, we transformed the adversity brought on by the pandemic into an opportunity to refocus and avail ourselves of the plethora of financial support packages to make groups like ours more resilient.

Reduced direct contact with the community enabled us to review and develop new organisational policies. These included Covid 19 Risk Assessment, Safer Recruitment for Staff and Volunteers, Social Media Policy, Statement of acceptable use of internet and social media, Whistleblowing Policy, Safeguarding Adults, Safeguarding Children. New or updated policies compelled us to rethink how we engage with the public to ensure their wellbeing during our activity or interactions with our partners. Updated policies also provides evidence of good governance. Funders require assurances that their grants are awarded to groups that adhere to high standards of good practice. Additionally,

Our refocusing on organisational development has placed us in a better position to plan for the future. Instead of seeking small scale funding for short term projects, our strategy is to secure significant funding for projects lasting three to five years so we can channel our efforts on supporting people and not on fund raising. The resource centre where we are based is an ideal location for community based activity. We want it to be a hub that matters to local residents, an asset that they chose to use for personal and community events. Working in the heart of the community to achieve greater social justice for the most disadvantaged will align with our core objectives.

Despite the challenges it brought, the pandemic has created many opportunities for us organisationally. We look forward to resuming our work fully in the community when it is safe to do so. Adapting to change particularly during difficult times is one of our strengths. By maintaining a presence through this period of lockdown, we have shown our clients and partners that we are resilient and ready to continue where we left off.

We look forward to next year and meeting whatever challenges it brings. On behalf of the board of trustees, I would like to conclude this message with our sincere thanks to all who continue to support ConGens. Volunteers are the lifeblood of our organisation and we genuinely appreciate all that you do.

Janet Mahay, Chair

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Charity adopted its current constitution on 1st December 2014 in registering as a Charitable Incorporated Organisation (CIO) and serves as its governing document and details its objectives and operational management.

The Board will consist of no fewer than 3 Trustees, which can be increased subject to the provisions of the Constitution. Vacancies on the board of trustees or additional trustees may be appointed at any time in accord with the dictates of the constitution. The Trustees deem that the organisation is not subject to Corporation Tax.

The organisation achieved full charity registration on 3rd December 2014, under registration number 1159464.

The trustees all provide their services free of charge. They have a wide range of skills and experience in community engagement and development, and management in the public, private, commercial and voluntary sectors.

The trustees set the overall policy and direction of the organisation.

OBJECTS AND ACTIVITY

The objects of the charity are:

- To relieve financial hardship and to promote social inclusion for the benefit of the public by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate back into society;
- In furtherance of this object, but not otherwise the group shall provide support, experiences and access to resources and information to enable people to improve their confidence and capacity as members of society;
- For the purpose of this clause 'socially excluded' means being excluded from society, or parts of society, as a result of one of more of the following factors: financial hardship; youth or old age; ill health or disability.

All activities of the charity are for public benefit.

Achievements and Performance

Due to government imposed lockdown, we were only able to continue some of our core activities. We delivered a successful online seated exercise programme for older people to encourage them to participate in regular physical activity. Group exercise was an effective mechanism for getting people moving whilst at home.



Participants were not only motivated to exercise to maintain physical wellbeing, these sessions connected them with likeminded individuals and help reduced feelings of isolation.

Operating under restrictions to reduce the risk of spreading infections, we were able to continue exercise in the community.

Weekly classes were being delivered at three community venues. Rooms were well ventilated and all in attendance wore masks and adhered to social distancing including instructors. During clement weather classes took place outside. Having lived the previous months under restrictions, those attending the classes were grateful to be able to associate with others whilst taking part in exercise.

During 2021 we supported a programme to encourage inactive people become more active. The Get Out Get Active (GOGA) project led by Active Black Country was an initiative to get people in communities to take part in regular physical activity. This project enabled us to involve a diverse cross-section of the community including people with disabilities. 20 people enrolled onto the initial programme which rolled into 2022.



Like ConGens, many other groups and organisations were keen to resume activities as we eased out of lockdown.

In partnership with Care Plus, we provided tuition in IT for residents at three of their supported living housing schemes. Participants learnt basic IT skills that involved browsing the internet and communicating by email. This laid the foundation for delivering IT classes into the following year and at additional housing schemes.

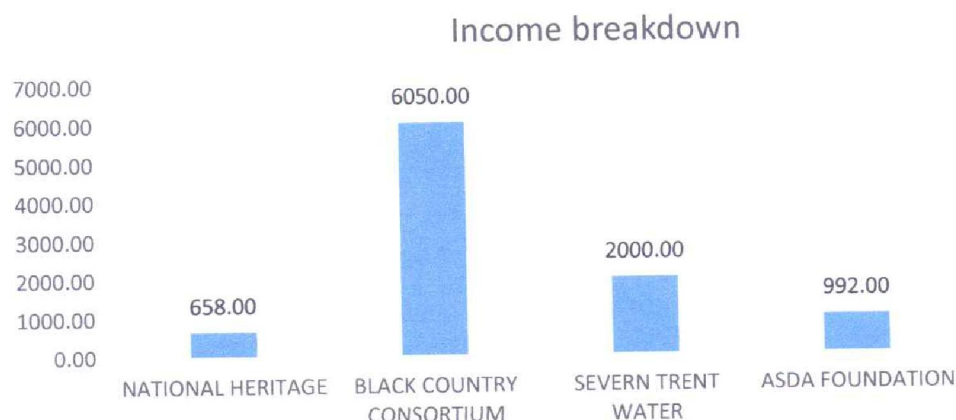


Funding and Finance Review

During 2021 we experienced our lowest level of income since 2016. Income generated exclusively from grants added up to £9800. This decline was purely circumstantial. The previous year we had a record income of £77,202, which was largely due to unprecedented funding being made available to the charity sector to endure the impact of the Covid pandemic. Subsequently we were able to start 2021 with an opening balance of £43,374, which in addition the above income meant we had sufficient funds to continue our activity for the year ahead. Taking advantage of emergency support funding enabled us to focus on supporting the community under the shadow of covid and not relentlessly fundraising.

Expenditure for the year was £40,478.28. Professional fees and projects accounted for most our outlay. The year ended with us being in good financial health as we had an end of year balance of £12,695.36.

As our annual financial commitments are minimal, we are confident we will be able to meet essential running costs for the following year. However, it remains our priority to secure larger, long term funding to meet our needs three to five years ahead.



Risk Management

The Trustees review periodically risks it may face in respect of its finances and operations and militate against these with the implementation of policies and procedures in order to eliminate or minimise any potential or adverse impact harm to the charity and the public.

Current policies and procedures include the following:

- Safeguarding Adults
- Safeguarding children
- Health and Safety
- Complaints Policy

- Equality and Diversity policy
- Sustainable Development Policy
- Risk Assessment for activities in public venues and online
- Statement of acceptable use of internet and social media
- Rehabilitation of Offenders Policy
- Safer Recruitment Policy
- Social Media Policy

Statement of Director's responsibilities

The trustees are required under UK Company law to prepare financial statements for each financial year, which give a true and fair view of the company's financial activities during the year and its financial position at the end of the year. In preparing those financial statements, the directors are required to:

- Select suitable accounting policies and apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements;
- Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the company will continue in operation.

The trustees are responsible for keeping accounting records, which disclose with reasonable accuracy the financial position of the company and which enable them to ensure that the financial position of the statements comply with applicable law and regulations. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The directors have identified the major risks to which the charity are exposed and have adopted suitable mechanisms to manage those risks.

This report has been prepared in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Approval

This report was approved by the directors on 25.10 2022

and signed on their behalf: Janet Mahay

Janet Mahay, Chair

Congens Group

Income and expenditure Summary Statement 2021

OPENING BALANCE AS OF 1 JANUARY 2021 - £43373.64

Income

Grants	9700
Donations	
Fund Raising	
Other	
Interest	
refunds	100.00
Total Income	<u>9,800.00</u>

Expenditure

Projects	2479.45
Equipment	1498.97
Administration/Subsidiaries	273.27
Running Costs	2333.45
Expenses - Travel/Refreshments	144.86
Hire - venue/equipment	
Professional fees	33152.60
Petty Cash	270.88
Miscellaneous	324.80

Total Expenditure **40,478.28**

Funds carried forward from last year (if any)	43,373.64	+	
Funds received in year	9,800.00		
	Total		53,173.64
Funds spent in year	40,478.28	-	

CLOSING BALANCE AS OF 31 DECEMBER 2021 **£12,695.36**

Independent Examiners Report

I report on the accounts of the Charity for the year ended 31st December 2021, which are set out on pages (Insert page number here).

Respective responsibilities of trustees and the examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to

- Examine the accounts under section 145 of the Charities Act;
- To follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act and
- To state whether particular matters have come to my attention.

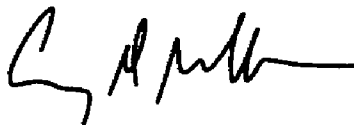
Basis of Independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention (other than that disclosed below):

1. Which gives me reasonable cause to believe that in any material respect, the requirements:
 - To keep accounting records in accordance with section 130 of the Charities Act
2. Attention should continue to be drawn and detail given in order to enable a proper understanding of the accounts to be reached.



.....
Craig Miller
81 Oakley Court
Springmeadow Rd
Edgbaston
Birmingham
B15 2GH

CONGENS GROUP
(A Charitable Incorporated Organisation)

STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 DECEMBER 2021

	Notes	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
<u>Incoming Resources</u>						
incoming resources from generated funds		-	-	-	-	-
Donations, Legacies & other Voluntary Income		-	-	-	-	-
Activities for generating funds	2	-	-	-	-	3,560
Investment Income	3	-	-	-	-	-
		-	-	-	-	3,560
Incoming resources from charitable activities	4	-	-	-	9,700	71,357
Other incoming resources	5	-	-	-	100	2,285
		-	-	-	-	-
Total incoming resources		-	-	-	9,800	77,202
<u>Resources Expended</u>						
Costs of generating funds		-	-	-	-	-
Costs of generating voluntary income		-	-	-	-	-
Fundraising trading: costs of goods sold		-	-	-	-	-
Investment management costs		-	-	-	-	-
Other costs of generating funds		-	-	-	-	-
Charitable Activities		-	-	-	40,358	37,009
Governance Costs		-	-	-	120	100
		-	-	-	-	-
Total Resources Expended	6	-	-	-	40,478	37,109
		-	-	-	-	-
Net incoming (outgoing) resources before transfers		-	-	-	30,678	40,093
Gross transfers between funds		-	-	-	-	-
		-	-	-	-	-
Net Income (expenditure) for the year/ Net movement in funds		-	-	-	30,678	40,093
Fund balances as at 31 December 2020		-	-	-	43,373	3,281
		-	-	-	-	-
Fund balances as at 31 December 2021		-	-	-	12,695	43,373

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006. None of the charity's activities were started or discontinued during the current or previous year and all operations continue

There are no recognised gains or losses other than those passing through the income and expenditure

CONGENS GROUP
(A Charitable Incorporated Organisation)

BALANCE SHEET
AS AT 31 DECEMBER 2021

		2021	2020
		£	£
Fixed assets			
Tangible Assets	9	22,032	20,592
Current Assets			
Debtors	10	-	-
Cash at bank and in hand		12,695	43,374
		-----	-----
Creditors	11	(10930)	(41708)
		-----	-----
Net Current Assets		1,765	1,666
		-----	-----
Total Assets less current liabilities		23,797	22,258
		=====	=====
Income funds			
Restricted funds	12	10,930	19,181
Unrestricted Funds		12,867	3,077
Designated Funds	13		
Other charitable funds		-----	-----
		23,797	22,258
		=====	=====

For the year ended 31/12/2021 the company was a entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

- The memnners have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts;

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The accounts were approved by the Board on.....

 Janet Mahay, Chair

CONGENS GROUP

(A Charitable Incorporated Organisation)

NOTES TO THE ACCOUNTS

FOR THE PERIOD ENDED 31 DECEMBER 2021

1 Accounting Principles

1.1 Basis of preparation

The accounts have been prepared under the historical cost convention

The charity has taken advantage of the exemption in Financial Reporting Standard No.1 from the requirement to produce a cash flow statement on the grounds that it is a small charity.

The accounts have been prepared in accordance with the Statement of Recommended Practice, "Accounting and Reporting by Charities" issued in March 2005 and the Companies Act 2006

1.2 Incoming Resources

Restricted Grants received in advance at the year end for expenditure in a future accounting period are carried forward as deferred income. Restricted grants received but not fully utilised at the year end are carried forward as balances on the basis that they may become repayable.

Voluntary donations and gifts are accounted for as received.

The charity receives help and support in the form of voluntary assistance in advising the public. No entries are required to be included in the accounts for the financial value of such help.

The charity enjoys the use of various buildings, in some cases at below market rental. Similarly some services are provided on beneficial terms and information is given in the Notes to the Accounts.

Interest receivable on the charity's various bank accounts is allocated in full to unrestricted funds.

Resources expended

a) Cost of generating voluntary funds

These include functions, publicity and fundraising costs. Publicity costs include local promotional advertising, printing leaflets and the cost of producing the annual report.

b) Charitable activities

Resources expended on charitable activities include all costs incurred in the pursuit of the charitable objects of the charity

c) Governance costs

Governance costs include the cost of premises maintenance, the Independent Review together with the cost of the AGM

1.4 Tangible fixed assets and depreciation

All assets costing more than £100 are capitalised. Tangible fixed Assets other than freehold land are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Equipment	0% per annum on the fixed instalment basis
-----------	--

CONGENS GROUP
(A Charitable Incorporated Organisation)

1 NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE PERIOD ENDED 31 DECEMBER 2021

Accounting Policies (Continued)

1.5 Taxation

The company, being a registered charity with minimal trading income, has been granted exemption from tax under Section 505 of the Income and Corporation Taxes Act 1988. No provision for taxation has therefore been made in these accounts.

The charity is not registered for Value Added Tax (VAT)

2

Activities for generating funds	2021	2020
	£	£
Fundraising activities	-	3560

3

Investment Income

	Unrestricted	Restricted	Total	Total
	Funds	Funds	2021	2020
	£	£	£	£
4 Interest receivable	0	0	0	0

Incoming resources from charitable activities

	Unrestricted	Restricted	Total	Total
	Funds	Funds	2021	2020
	£	£	£	£
Black Country Consortium	-	6,050	6,050	
Severn Trent Water	-	2,000	2,000	
Asda Foundation	-	992	992	
National Heritage	-	658	658	14,760
Heart of England	-			1,750
ESC Lottery Fund	-			8,007
Main Grants	-			9,540
Localgiving	-			500
Walsall MBC ESF	-			3,869
Walsall MBC Barc	-			2,511
Postcode Community Trust	-			19,181
Clothworkers Foundation	-			4,000
Covid-19 Response	-	-	-	7,239
	-----	-----	-----	-----
	-	9,700	9,700	71,357
	=====	=====	=====	=====

CONGENS GROUP
(A Charitable Incorporated Organisation)

NOTES TO THE ACCOUNTS (CONTINUED)

5 FOR THE PERIOD ENDED 31 DECEMBER 2021

	2021	2020
	£	£
Other Incoming resources		
Other Income		
Refunds	100	250
localgiving.com		2035
	-----	-----
	100	2,285
	=====	=====

6

Total Resources expended	Staff costs	Depreciation	Other costs	Total 2021	Total 2020
	£	£	£		£
Costs of generating funds:					
Fundraising and publicity	-	-	-	-	-
	-----	-----	-----	-----	-----
Charitable expenditure					
Direct Project Costs		-	2,479	2,479	9,186
Staff and Volunteer Costs	145	-		145	491
Premises costs		-		-	2,312
Legal and Professional costs		-	33,033	33,033	20,887
Administration Costs		-	4,701	4,701	4,133
	-----	-----	-----	-----	-----
Costs in furtherance of the Charity's objectives	145	-	40,213	40,358	37,009
Management and Administration	-	-	120	120	100
	-----	-----	-----	-----	-----
	145	-	40,333	40,478	37,109
	-----	-----	-----	-----	-----
	145	-	40,333	40,478	37,109
	=====	=====	=====	=====	=====

7 Management and administration costs include payments to the Independent Reviewer of £120 (2019-£100) for fees.

Trustees

During the Year no remuneration for services as a director/ trustee and no expenses were paid or were payable, directly or indirectly, out of funds of the charity to any trustee or to any person or persons known to be connected with them

CONGENS GROUP
(A Charitable Incorporated Organisation)

8 FOR THE PERIOD ENDED 31 DECEMBER 2021

	2021	2020
Employees	Number	Number
Number of employees	-	-
The average number of employees during the period was:	-	-
	-----	-----
	-	-
	=====	=====
Activities in furtherance of organisations objects		
Management & Administration		
Employment Costs	2021	2020
	£	£
Wages and Salaries	-	-
Social security costs	-	-
Pension Costs	-	-
	-----	-----
	-	-
	=====	=====

There are no employees whose annual emoluments were £60,000 or more.

9 FOR THE PERIOD ENDED 31 DECEMBER 2021

Tangible Fixed Assets	Unrestricted Funds	Restricted Funds	Total 2021
Equipment, F & F			
Cost			
At 1 January 2021	4,763	15,829	20,592
Additions	-	1,440	1,440
Disposals	-	-	-
	-----	-----	-----
As 31 December 2021	4,763	17,269	22,032
	=====	=====	=====
Depreciation			
At 1 January 2021	-	-	-
Charge for the period	-	-	-
Disposals	-	-	-
	-----	-----	-----
As 31 December 2021	-	-	-
	=====	=====	=====
Net Book Value			
As 31 December 2021	4,763	17,269	22,032
	=====	=====	=====
As 31 December 2020	4,763	15,829	20,592
	=====	=====	=====

CONGENS GROUP
(A Charitable Incorporated Organisation)

10

	2021	2020
	£	£
Trade debtors	-	-
other debtors	-	-
Prepayments and accrued income	-	-
	=====	=====

11

Creditors

	2021	2020
	£	£
Taxes and social security costs	-	-
Other creditors	-	-
Accruals	10,930	41,708
	-----	-----
	10,930	41,708
	=====	=====

12

Restricted Funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds				
	Balance at 01-Jan-20	Incoming Resources	Resources Expended	Transfers	Balance at 31-Dec-21
	£	£	£	£	£
Black Country Consortium		6,050		-	6,050
Severn Trent Water		2,000		-	2,000
Asda Foundation		992		-	992
Localgiving				-	-
Church Urban Fund	19,181		19,181	-	-
National Heritage		658		-	658
ESC Lottery Fund	14,760		14,760	-	-
	7,767		6,537	-	1,230
	-----	-----	-----	-----	-----
	41,708	9,700	40,478	-	10,930
	=====	=====	=====	=====	=====

13

Designated Funds

No funds have been set aside out of unrestricted funds by the trustees for specific purposes

14

Commitments under operating leases

At 31st December 2021 the company had no commitments under non- cancellable operating leases