

Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 March 2021  
for  
HEALTHWATCH KINGSTON UPON THAMES

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for the Year Ended 31 March 2021

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Report of the Trustees  
for the Year Ended 31 March 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

## **OBJECTIVES AND ACTIVITIES**

### **Objectives and aims**

The objects of the Charity (the "Objects") are the advancement of health and the relief of those in need including by reason of youth, age, ill-health, disability or financial hardship primarily for the population of Kingston upon Thames by:

- a) providing information and advice to the general public about local health and social care services;
- b) making the views and experiences of members of the general public known to health and social care providers;
- c) enabling local people to have a voice in the development, delivery and equality of access to local health and care services and facilities and;
- d) providing training and the development of skills for volunteers and the wider community in understanding, scrutinizing, reviewing and monitoring local health and care services and facilities.

All the work of HWK fits into one or more of these charitable activities

### **Public benefit**

All of HWK's work is focused on:

- seeking improvements (or the amelioration of potential service reductions) in health and social care services that are used by the residents of RB Kingston; and
- providing information and advice to the residents of RB Kingston, by signposting people to relevant services and by explaining how to raise concerns or make complaints with service providers.

### **Grantmaking**

In 2019/20 HWK worked with the SW London and St. Georges' Mental Health Trust, supporting a partnership approach to hosting mental health awareness events. The Trust provided £2000 to HWK for community work. As part of this HWK made two grants of £200. There were plans to use the remainder of funding in 2020/21 but due to the coronavirus pandemic this did not happen. Ideas for future community mental health awareness events will be explored in 2021/22 until the grant is utilised. All future events associated with the residual grant will be co-branded with the Mental Health Trust Partner Fund and other key partners.

### **Volunteers**

Everyone involved in HWK, other than its employees, are volunteers. This includes our board of eight Trustees that became seven on 26 January 2021 and then reduced further to six on 31 March 2021. During this time, HWK recruited a new member of the Board (who began in May 2021). As at year end, there were 81 volunteers in total. HWK volunteers engage in a wide range of activities including:

- Carrying out Enter & View visits
- Scoping HWK new projects, developing, undertaking, and analysing surveys
- Being part of a Task Group
- Gathering feedback from the public
- Helping at events and other community engagement activities
- Promoting the role of Healthwatch Kingston
- Conducting outreach activity in connection with the Time to Change Kingston programme

It is estimated that volunteers contributed more than 4,985 hours of their time in 2020/21.

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**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

Work continued from 2019/20

**1. Task Groups**

Healthwatch Kingston (HWK) continued to work with the volunteers ('Active Affiliates') participating in four task groups covering Community Care, Hospital, Mental Health, and Learning Disability services. Each task group worked to complete work began in 2019/20 (or earlier). Task Group members were also invited to support the staff team with new project work that focused on the impact of the pandemic during 2020/21 and this is described in the section headed 'New Work in 2020/21' below. Our work with young people (aged 13-17 years) is described in the section below headed 'Youth Out Loud!'.

**2. Open Meetings**

As reported in previous reports, at the start of 2018/19, the bi-monthly meetings of the task groups were consolidated onto the same day so that all task group members could meet before their individual task group meetings to hear from outside speakers and to receive updates on HWK work. These 'Open Meetings' have made it easier for more members of our community to take part in HWK's work. The Open Meetings were switched from Face to Face to online during the pandemic in response to Government guidance and attendance fluctuated between 15-30 attendees during 2020/21. The Open Meetings continue to provide an opportunity for richer conversations and exchanges of learning amongst HWK volunteers and with commissioners and providers of health and social care services.

**3. Provision of Emotionally Unstable Personality Disorder for Kingston Residents**

Early in 2017, people with 'lived experience of Personality Disorder' informed HWK about a lack of specialist services for residents. In November 2017, having exhausted earlier requests for satisfactory information from commissioners, we made a formal referral to the Kingston Health Overview Panel. In response, a business case for an interim Personality Disorder service was approved by the Kingston and Richmond Clinical Commissioning Group (CCG) Finance Committee. South West London and St George's Mental Health Trust was due to implement the new PD service from 19 April 2019 and spot purchasing was available. We continued our monitoring of specialist service provision to people with Emotionally Unstable Personality Disorder (EUPD) throughout 2019/20. Although the CCG and the Mental Health Trust had taken steps to provide an alternative service, HWK was still hearing concerns from local people that service capacity did not meet local need. We learned that a service specification was to be created and requested that service users and local people be involved in this process.

During 2020/21, HWK further monitored progress of specialist service provision to people with EUPD. The Chair of Trustees wrote to SWL CCG Mental Health leads in June 2020, asking for clarification on: Whether the EUPD service in Kingston was fully operational and comparable to the service provided to residents of the other five SWL boroughs. If it was not yet fully operational, whether there was scope for user involvement in its design; whether the service was available to everyone with EUPD, as HWK had been told that it covers only a fraction; if so, what was the rationale for this, and what was the provision for people with EUPD who are not eligible; and what volume of spot purchasing had taken place?

The response to the letter from CCG Mental Health commissioning leads was discussed at both the HWK Mental Health Task Group and HWK Board and it was felt a further letter was required to explore the core unresolved issues identified. The questions were: What was the scope of the service provided for people in Kingston? Does a significant cohort fall outside it? Was a future service in design and was there scope for Patient and Public Involvement in shaping it?

Our current impact in this area: We reconnected with SWL CCG Mental Health commissioning leads on 11 December 2020, when it was agreed that input should be sought from RBK Public Health about the estimated size of the Kingston population who may be living with EUPD at the present time. CCG leads also re-confirmed that spot purchasing of specialised EUPD services would be made available to people identified with EUPD by the system. HWK have also asked SWL Primary Care commissioning leads about how integrated community mental health providers are made aware of the availability of spot purchasing. The Mental Health Trust Transformation Programme may also provide a vehicle for improvement / harmonisation of the Kingston EUPD service with other SW London boroughs. HWK Mental Health Task Group members have also been invited to take part in the planned workshops to co-design new services.

**4. Ideas and experiences shared with us**

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During the year, we heard from 4,239 people who engaged with us through our projects and outreach in 2020-21. An 100% increase over our previous year. People shared 18,489 experiences, views and concerns about health and social care. As part of this, we specifically engaged and supported 2,656 people about Covid-19 in 2020-21, who shared 4,342 experiences, views and concerns with us.

**5. Signposting to Advice and Information**

711 people sought help through the section of our website set up to provide information and advice. 448 people contacted us by telephone, email or our online 'contact us' form.

**6. Outreach and Engagement**

12,822 people visited our website in 2020-21. 379 social media posts reached 101,760 people. During 2020-21, HWK attended or hosted over 513 meetings, presentations and workshops (over 230 in 2019-20). We published 7 reports about the improvements people would like to see to health and social care services. From this, we made 25 recommendations for improvement. We also published 9 surveys and 6 newsletters, doubling our subscribers during this period.

New work in 2020/21

**7. Mental Health Task Group**

Our Mental Health Task Group (MHTG) exists to influence positive change in Mental Health services in Kingston. After reporting last year on the extended survey period, we shared that our Kingston iCope report was rescheduled for publication in September 2020. This was to facilitate additional time for the formal response from the provider due to the then initial coronavirus pandemic pressures.

The MHTG ran a service user experience review of the iCope Kingston Psychological Therapies Service (which closed the end of 2019). Progress on the reporting of this project has been hampered for a range of reasons, including Covid-19. The report has been restructured and is in the process of being finalised. Recommendations are now drafted, based on a revised analysis of the report content. We will note service development updates made since our initial research, as it is important for us to publish what service users shared with us, even though delayed. The final report will be submitted to Camden and Islington NHS Foundation Trust (the provider) and South West London Clinical Commissioning Group (the commissioner) of the Kingston iCope service for their formal responses to the report's recommendations which will be incorporated into the report before HWK publishes it.

**8. Hospital Services Task Group**

Our work with Kingston Hospital NHS Trust continues to be a priority for Healthwatch Kingston. The regular face-to-face, Kingston Hospital Healthwatch Forum meetings were postponed during the first part of the year due to Covid-19 pressures on the hospital and the need for patient safety. These began again virtually on 2 December and included an update on the hospital's response to Covid-19, maternity services, dentistry and their Dementia and Delirium strategy.

At the end of 2019 and the beginning of 2020, through our Hospital Services Task Group (HSTG), we conducted a series of Enter and View adult inpatient wards at Kingston Hospital. During 2020/21, HWK and Kingston Hospital mutually agreed an extended timeline to complete our report for publication due to the unprecedented impact of the coronavirus pandemic and the need to prioritise a local response. We do, however, always have in mind the patients who shared their experiences with us to make this report and its recommendations. We have been eager to publish this report, so they know we have listened. HWK made nine recommendations to Kingston Hospital and their formal response is published in our Enter and View report (completed on 31 March 2021). Our impact in this area was illustrated by Kingston Hospital sharing the findings, recommendations and their planned action relating to our report at their Patient Experience Committee in mid-June 2021. Kingston Hospital has also agreed to update HWK on actions they have taken in response to recommendations about discharge from hospital in our 'What was leaving Hospital like?' report, (published in December 2019, at the time our Enter and View visits began), at the Kingston Hospital Healthwatch Forum later in 2021.

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The Kingston Hospital Freedom to Speak Up Guardian joined a HSTG online meeting on 11 June 2020. This proved to be an extremely informative and positive meeting in which more information about the role was shared. We learned about projects to support culture change at the hospital that aim to encourage more open dialogue between staff and more opportunities to air grievances or complaints. The HSTG also welcomed the opportunity to promote the importance of such a role at Kingston Hospital, especially to establish a culture of openness, diversity and inclusion. HWK continued to monitor complaints and procedures at the hospital in our analysis of experiences, views and concerns shared about hospital services through responses to our surveys and other virtual, engagement activities.

### **9. Community Care Task Group**

To illustrate our collaborative impact, our Community Care Task Group (CCTG) published a 'Then and Now' case study in the HWK Annual 2020/21 Report to Healthwatch England, which covered six years of work. It demonstrates how it can take patience, persistence and time to achieve significant change; a measure of the value of Healthwatch involvement. In 2015, the CCTG was alerted to concerns about the quality of Care at Home services available in Kingston, particularly those being provided by the council. One of the three agencies originally commissioned by the council was no longer being used and services were being purchased on an ad hoc basis to keep up with demand. After various community engagement activities run by HWK during the six year period, during the autumn/winter of 2020/21, home care agencies were invited by the council to apply to join the Framework. Many more home care agencies applied than was originally anticipated (including some newly established agencies, even in the midst of the pandemic). It is hoped that using a wider range of agencies will increase the level of choice that service users can exercise and ensure that the service more effectively meets their needs and helps them to retain as much independence as they can for as long as possible. Although the Framework focuses on the 550 people receiving Care at Home from the council, it is also hoped that the arrangements will have a positive impact on the care market and benefits for the larger number of people who fund their own care.

In order to develop links with people experiencing care in the community that are part of GP Patient Participation Groups, HWK also engaged Kingston Clinical Commissioning Group (CCG) leads further in 2020/21 to explore how best to achieve this and met on a regular basis with POHWER (the Independent Health Complaints Advocacy service) to discuss partnership working. With the support of CCG colleagues, GP managers have been contacted to share HW Kingston's 'Test and Trace Service' survey with their Patient Participation Groups.

### **10. Learning Disability Task Group**

The HWK Learning Disability Task Group (LDTG) held monthly online Zoom meetings from the beginning of the Covid-19 crisis (March 2020) to support regular contact with LDTG members. HWK attended the Kingston Mencap "Let's Talk" meeting, to gather local people's views on NHS and social care services during Covid. Attendees enjoyed the session, talking about what was good, as well as what wasn't, and the differences they have found, with services adjusting to being "Covid safe".

Numbers attending the LDTG had grown slowly but in January 2021, we discussed how the LDTG could fit into the "Let's Talk" meetings and help further increase engagement with people living with a learning disability, their families, carers and advocates. HWK also ran some Enter and View training sessions for LDTG members, so that they can join HWK staff on visits to GP practices, once it is safe to do so.

### **11. All Age Learning Disabilities Partnership Board**

HWK had intended for the 'End of Year' All Age Learning Disability Partnership Board community event to take place in April 2020, but due to the pandemic, the event was rearranged, and redesigned. Partners worked together to assess how best to progress the event planning and other work of the Partnership Board, considering the Covid-19 public health and safety restrictions.

The Board continued to work through its two work groups and focused on previously agreed projects. One work group on health and wellbeing, looked at good physical and mental health services to keep people well and how to ensure health and social care services work well together. The other on communications, looked at good information and support to help people with a learning disability, their families, carers and advocates to make choices and get the right services.

HW Kingston supports the Partnership Board, which is independently co-chaired by our Chief Executive Officer and people living with a learning disability. Our 'Year in Review' report captured the work of the Partnership and was launched at the new online community event in December 2020.

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## **12. Time to Change Kingston**

Time to Change (TTC) was the national campaign to reduce mental health stigma and discrimination. Mind and Rethink Mental Illness ran the national TTC project funded by the Department of Health and Social Care, Comic Relief and the Big Lottery Fund. TTC created a network of hubs across the country to combine the insights from the national campaign with local knowledge to support communities, workplaces and schools to help end the negative attitudes and behaviours towards people experiencing mental health problems. HWK and Kingston Council bid for funds to establish Kingston as the second funded hub in London in April 2019, with the Royal Borough of Kingston as Hub Host and HWK as Hub Coordinator. HWK then employed one staff member on behalf of the Time to Change Kingston (TTCK) partnership who coordinated campaigns, the TTCK Champions Fund and events, and reported our impact quarterly to Time to Change national leads.

During 2020/21, we continued to build upon and maintain engagement with Champions and the public but considering Government Coronavirus guidance, HW Kingston with TTCK quickly adopted remote engagement, with meetings transitioning to the online platform, Zoom. As part of a raft of Champion project related work, the TTCK partnership also ran key events linked to Mental Health Awareness Week in May 2020, World Mental Health Day in October 2020 and Time to Talk Day in February 2021.

In 2018 the Royal Borough of Kingston (RBK) completed a needs assessment for its Korean community, the largest in the UK. HWK recognised that identifying and supporting the health and social care of a hard-to-reach community was especially important in tackling health inequalities and the stigma of mental health issues so set about developing the means to open a more constructive and supportive dialogue. TTCK, supported by HWK and other partners (including Royal Borough of Kingston and Mind in Kingston), set up multi-stakeholder engagement meetings with the Korean community in November 2020. Community groups were encouraged to own the project and develop plans to help reduce mental health stigma, facilitated by money from the TTCK Champions Fund. Empowered by the support provided, the TTCK Korean engagement project group invested time and energy to create mental health top tips in Korean. Graphically illustrated by a TTCK Hub Champion and translated by Korean attendees, the top tips were shared during Kingston Korean Senior Citizens (KKSC) zoom sessions and then printed and given out with Christmas cards and seasonal goodie bags to 150 people just before Christmas last year. Through collaborative working, we have begun to build stronger relationships with community leaders. The positive feedback and success of the project has provided Time to Change Kingston and the HWK team with key learning and a better understanding of how to establish constructive dialogue about stigmas associated with mental health, particularly in the Korean community.

Encouraged by progress in the Korean Community, supported by HWK and TTCK, Kingston residents from the Tamil community are building a website in Tamil offering basic information about mental health and signposting to local Tamil services. This will, once Covid-19 restrictions are lifted, be supported by a video featuring prominent people in the Tamil community talking about mental health. Taken together, the goal of achieving acceptance that there is no stigma in having a mental health problem will be an important first step for people to be willing to seek and accept help.

In 2020-21 Time to Change Kingston outreach and engagement activities contributed to the following outputs:  
35 Champions (20 in the previous year) who had conversations with more than 1200 members of the public (400 previously) at 37 public facing events (10 last year). Our Champions worked to reduce mental health stigma in Kingston volunteering over 1725 hours (600 hours last year) planning events, activities and campaigns.

In January 2021, Mind and Rethink Mental Illness announced that the Time to Change national campaign, would end on 31st March 2021. As a result, our local TTCK partnership funding from Time to Change also ended. However, at the beginning of our local Hub campaign the 21 organisations in our TTCK partnership signed up to creating a self-sustaining Hub to support the work of TTCK beyond the end of the national campaign. HWK agreed to act as Hub Coordinator and employ the coordinator post (on behalf of the partnership) for the agreed two years that ran up to the end of March 2021. Plans were put in place to ensure that from 1st April 2021, HWK will continue commitments outlined in its 'TTC Employer Pledge' action plan and involve interested Champions in its mental health engagement activities. HWK will also remain as a partner of the TTCK Steering Group, supporting activities on an ad hoc basis. HWK will however, pass on the coordination role to Mind in Kingston, to continue the support of our TTCK Champions.

## **13. Thrive Kingston Mental Health Strategy Planning and Implementation Group**

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HWK continued to provide support (chair and administration) to this group during 2020/21. In response to the coronavirus pandemic in March 2020, the Mental Health Strategy Planning and Implementation Group (MHSPIG) temporarily became the Kingston Covid-19 Mental Health Response Strategy Group. As the 'Thrive Kingston Mental Health Strategy' was due to end on 31 March 2021, and given the consensus to complete unfinished relevant plans, the Group agreed there was a need for a review and refreshed strategy to incorporate emergent mental health needs due to Covid-19. In December 2020, the group became the Mental Health and Wellbeing Subgroup (MHW) for the new RBK led Communities Taskforce (CTF) to avoid duplication, to support planning and provide scrutiny of a Kingston-wide, coordinated approach to address mental health needs, while augmenting and benefiting from the momentum across south west London and south London.

The MHW regularly reports to the CTF and is in the process of reviewing evidence to create a refreshed Mental Health Strategy and priorities for Kingston.

#### **14. 'Youth Out Loud!'**

Youth Out Loud! (YOL!), is a group of young people aged 13-17 from Kingston and Richmond helping to improve NHS care and the wellbeing of young people. YOL! is supported by HWK and Healthwatch Richmond.

Due to Covid-19 pressures on Kingston Hospital and service re-design, it was decided that a new 'virtual 15 Steps Challenge' would be beneficial for both Youth Out Loud! and the sexual health clinic, rather than the originally planned pre-pandemic review. 'Mystery shopping' scenarios have been reviewed by YOL! and the 'virtual' review has been re-scheduled to take place in 2021-22.

Our work with YOL! focused on giving teenagers appropriate information on local and national services, raising awareness of young people's experiences, and growing the number of YOL! members. We also provided opportunities for young people to develop skills and experiences through our Digital Youth Project.

YOL! work in 2020/21 included recruiting 6 new members during 2020/21. 11 dedicated YOL! members contributed 175 hours volunteering time. These young people produced, 2 YOLTalks! Podcasts (another is now in production specifically for mental health). These were distributed through social media and by 65 youth organisations and schools and covered: food, eating and body perceptions during lockdown; and experiences of being LGBTQ+

We worked with YOL! to collect 1,761 experiences of health, care and wellbeing during the 2020 lockdown from 346 young people. Our resulting report, Young People's Wellbeing During the Covid-19 Crisis (published in October 2020), gives local service providers key learnings around mental health, physical exercise and health, and the availability of online support and information that will help them better to meet the needs of young people in Kingston and Richmond. We shared our experience, success, and achievements from supporting YOL! during the pandemic by presenting to 42 Healthwatch local organisations at the national Healthwatch Week virtual conference in November 2020.

The shift to remote work and life created a need for YOL! to boost engagement online. After revamping the website, YOL! enhanced its presence on social media.

HWK and Richmond also worked with young people and local organisations to promote wellbeing, events and local services or campaigns including a Cooking Challenge, Sexual Health Week 2020 and Mental Health Awareness Week 2020. YOL! posted daily during the height of the pandemic. As a result, our YOL! website received five times more visitors than last year (from 441 in 2019-20 to 2352 in 2020-21).

Through the #FreeFromCookingChallenge, YOL! ran a campaign through social media, to promote cooking as a great way to improve mental and physical health. YOL! challenged young people to cook something that is 'free from' something. During lockdown not all ingredients were easy to obtain. This was particularly difficult and stressful if you had a food allergy. Trying out new recipes that were 'free from' was a great way to improve wellbeing, learn new skills and helped raise awareness about food allergies. YOL! showed that 'free-from' food can be delicious and people shared their 'free from' culinary creations via YOL! social media.

#### **15. Adult Safeguarding**

In 2018, we established the Community Reference Group 'translating adult safeguarding stories into evidence'. The Kingston Safeguarding Adults Board (KSAB) agreed that the Adult Safeguarding Community Reference Group (CRG) would continue to be available through HWK for residents to discuss their safeguarding experiences in an independent, safe space. Anonymised CRG reporting from HWK would then be shared accordingly with the KSAB. However, because of Covid-19, no CRG meetings took place during 2020/21. HWK continues its active participation in the KSAB.



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In our 2019-20 Annual Report to Healthwatch England we shared how HWK had worked with the council and the KSAB to develop a Making Safeguarding Personal pilot and this work was shared with London safeguarding professionals and service users at the London Safeguarding Adults Board (LSAB) conference in February 2020.

Due to the local response to the pandemic, the council requested a 2-month postponement to the planning and set-up phases of the Making Safeguarding Personal pilot. A decision was then taken to run the project remotely. After HWK and council safeguarding leads developed the engagement tools, the pilot began in October 2020, focusing on people living with a learning disability who had experienced the Kingston safeguarding process. The council then agreed to extend the pilot into 2021-22 and widened the scope to also include mental health.

In addition, at the end of 2020, HW Kingston's Chief Executive Officer was asked to chair the Voices workgroup of the LSAB. In January 2021, acknowledging our involvement in the development of the London Safeguarding Voices Group (LSVG) concept, HWK was commissioned by the London Association of Directors of Adult Social Services (LondonADASS) via Healthwatch England, to coordinate the establishment of the group. The LSVG will bring together three people with lived experience of Safeguarding from each London borough. HWK are working with local Safeguarding Adults Board Chairs and Managers, and local Healthwatch organisations to identify a range of local representatives with lived experience of Safeguarding, tapping into and sharing local approaches. This initiative will support the LSAB to ensure its work is co-produced and more person-centred in future.

#### **16. Responding to Covid-19**

In March 2020, many people in the community began to discover a very substantial number of the NHS and social care services they depended on were either reduced or stopped altogether. The pandemic meant finite resources were diverted, with priority given to the sudden new emergency that required the development and provision of treatments urgently needed by people contracting Covid-19. Throughout 2020-21, HWK worked collaboratively with many organisations including Kingston Council, South West London NHS colleagues and the Kingston voluntary and community sector to seek the views and experiences of residents to help the NHS and other providers prioritise. This work to balance service provision continues during what is hoped are the latter stages of the pandemic, through to national and local recovery and the vital reinstatement of treatments and care as the burden of Covid-19 treatment and care on providers recedes.

In playing its part in the local response to coronavirus, HWK ensured the valuable insights given to us by people across the community through our surveys and engagement were shared with Healthwatch England and local commissioners, providers and other system leaders. This assisted the task of providing services which were operating as best they could during the pandemic. We also helped Government guidelines reach across the community, and greatly increased our public health messaging, helping to coordinate both borough and south west London communications and engagement in support of the NHS Covid-19 'Test and Trace' and vaccination programmes.

Other ways we supported our local Covid response included:

- Promoting a wide range of Covid-19 materials from the NHS and the Council in Easy Read on the HW Kingston website and through social media
- Ensuring that Covid-19 materials were provided in Korean and other languages
- Engaging with hesitant people who were seeking clarification about the vaccine
- Supporting grassroots groups with digital inclusion to enable food support initiatives
- Providing online drop-ins to support community connection and mental wellbeing
- Establishing weekly online sessions with health and wellbeing activities for young people through Youth Out Loud!
- Helping people to access the services and guidance they needed through signposting
- Quickly transitioning our HW Kingston bi-monthly Open Meetings to an online platform
- "See YOU at NOON on ZOOM."

#### **Internal and external factors**

A SWOT analysis was undertaken by the board in autumn 2017.

#### **FINANCIAL REVIEW**

##### **Principal funding sources**

HWK's primary source of funding is the money it receives through its contract with the RBK for the provision of a Healthwatch in Kingston. The initial 2+1+1 year contract was extended by 1 year in 2020/21 (to cover 2021/22). The contract value is £129k per annum which is paid in quarterly instalments.

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**FINANCIAL REVIEW**

**Reserves policy**

For the year 2020/21, the Board agreed a policy of maintaining the equivalent of 3 months' funding from RB Kingston, i.e. £32,500.

**FUTURE PLANS**

Our six priority work areas for 2021/22 are:

**1. Response to and recovery from the coronavirus pandemic:**

1a. Continue to gather views and experiences of NHS and social care services during and after the coronavirus pandemic, to ensure commissioners, providers and other system leaders respond appropriately to the health and care needs of local people.

**2. NHS and Social Care transformation :**

2a. Monitor the commissioning, provision and transformation of health and care in Kingston, in particular the introduction of the south-west London Integrated Care System.

**3. Learning Disability :**

3a. Support meaningful engagement with local people with a learning disability in the work of HW Kingston, including Enter and View training.

3b. Provide chair and administrative support for the 'Kingston All Ages Learning Disability Partnership Board' (2018-22 Strategy - Year 4).

**4. Mental Health :**

4a. Provide chair and administrative support for the 'Kingston Communities Taskforce - Mental Health and Wellbeing Subgroup' (with the work of the subgroup incorporating the refresh of the 'Thrive Kingston' Mental Health and Wellbeing Strategy).

4b. Continue to monitor progress of and engagement with specialist service provision to people with Emotionally Unstable Personality Disorder (EUPD).

**5. Young People :**

5a. Support Youth Out Loud! (YOL!) to review health and care services (we will do this in partnership with Healthwatch Richmond).

5b. Support delivery (with other partners including Healthwatch Richmond) of the Digital Youth Project (year 3) to complete a series of short health and care films and podcasts by young people for young people.

5c. Support YOL! to develop its online and social media.

**6. Safeguarding :**

6a. Continue membership of the Kingston Safeguarding Adults Board.

6b. Continue to deliver the Kingston Making Safeguarding Personal pilot (Year 2).

6c. Continue support for the London Safeguarding Adults Board, Safeguarding VOICES and Conference Planning Groups (Year 3) to ensure people with lived experience of safeguarding are integral to safeguarding systems and processes across London.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, the Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**Recruitment and appointment of new trustees**

No new appointments were made in 2020/21.

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**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Organisational structure**

The Board determines HWK's priorities, budgets, its policies and procedures and its "position" on matters of public interest in health and social care. The staff are employed by the board and carry out the operational work of HWK. The Chief Officer makes recommendations to the board and makes reports on the progress of the work.

The task groups, and their participating "active affiliates" operated during the year in accordance with terms of reference that were updated in April 2019.

**Induction and training of new trustees**

No inductions were undertaken in 2020/21 as no new appointments were made.

**Wider network**

In addition to the board members and active affiliates, HWK also communicated regularly during the year with the several hundred people and voluntary organisations on its mailing list. HWK is part of the wider HW network - it provides reports to HW England and participates in the London HW and SW London HW networks.

**Related parties**

In order to undertake its work, HWK maintains working relationships with senior staff in adults' and children's social care services at RB Kingston and the main commissioners and providers of NHS services in Kingston, i.e.:

- Kingston Clinical Commissioning Group (CCG)
- Kingston Hospital NHS Foundation Trust
- South West London and St George's Mental Health Foundation Trust
- Your Healthcare
- Achieving for Children.

During 2020/21, HWK had a seat, by legal right, on the Kingston Health and Wellbeing Board and also had a seat on the following bodies:

- Joint Overview and Scrutiny (STP/ICS level)
- Local Health Overview and Scrutiny Panel
- Kingston Clinical Commissioning Group Governing Body
- Kingston Adult Safeguarding Board
- 'Thrive Kingston' Mental Health Strategy Planning and Implementation Group
- Kingston All Age Learning Disability Partnership Board
- Kingston Hospital NHS Trust Healthwatch Forum
- SW London (SWL) Mental Health Trust Healthwatch Forum
- SWL Health and Care Partnership
- SWL Patient and Public Engagement Steering Group
- Kingston and Richmond Local Safeguarding Children Board
- Kingston Hospital Acute Care Learning Disability Collaborative
- Time to Change Kingston Steering Group
- Suicide Prevention Steering Group
- Kingston Emotional Health and Wellbeing Board (CAMHS)

Other groups in which HWK participates include:

- SWL Healthwatch Network
- Kingston Chief Officers Network
- Voluntary and Community Sector Partnership Board

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

08429159 (England and Wales)

**Registered Charity number**

1159377

## HEALTHWATCH KINGSTON UPON THAMES

### Report of the Trustees for the Year Ended 31 March 2021

#### **Registered office**

Siddeley House Suite 3  
2nd Floor  
50 Canbury Park Road  
Kingston upon Thames  
Surrey  
KT2 6LX

#### **Trustees**

James David Waugh Civil servant  
Nigel Macdonald Spalding Retired  
Grahame John Mark Snelling Safeguarding Officer  
William Max Ostrom Consultant  
Elizabeth Meerabeau Chair  
Nike Kay Alesbury Consultant (resigned 31.3.21)  
Winnifred Groves (resigned 26.1.21)  
Scotty McLeod

#### **Independent Examiner**

Mary E Ryan  
FCCA  
Ark Accountancy  
Chartered Certified Accountant  
31 Cheam Road  
Epsom  
Surrey  
KT17 1QX

Approved by order of the board of trustees on 28 September 2021 and signed on its behalf by:

Elizabeth Meerabeau - Trustee

**Independent examiner's report to the trustees of HEALTHWATCH KINGSTON UPON THAMES ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mary E Ryan  
FCCA  
Ark Accountancy  
Chartered Certified Accountant  
31 Cheam Road  
Epsom  
Surrey  
KT17 1QX

12 October 2021

# HEALTHWATCH KINGSTON UPON THAMES

## Statement of Financial Activities for the Year Ended 31 March 2021

|                                    | Notes | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | 31.3.21<br>Total<br>funds<br>£ | 31.3.20<br>Total<br>funds<br>£ |
|------------------------------------|-------|----------------------------|--------------------------|--------------------------------|--------------------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>  |       |                            |                          |                                |                                |
| Donations and legacies             |       | 4,000                      | 152,900                  | 156,900                        | 164,334                        |
| <b>EXPENDITURE ON</b>              |       |                            |                          |                                |                                |
| <b>Charitable activities</b>       |       |                            |                          |                                |                                |
| Charitable activities              |       | -                          | 160,516                  | 160,516                        | 122,117                        |
| Administration costs               |       | -                          | 21,803                   | 21,803                         | 28,263                         |
| <b>Total</b>                       |       | -                          | 182,319                  | 182,319                        | 150,380                        |
| <b>NET INCOME/(EXPENDITURE)</b>    |       | 4,000                      | (29,419)                 | (25,419)                       | 13,954                         |
| <b>Transfers between funds</b>     | 9     | 2,693                      | (2,693)                  | -                              | -                              |
| <b>Net movement in funds</b>       |       | 6,693                      | (32,112)                 | (25,419)                       | 13,954                         |
| <b>RECONCILIATION OF FUNDS</b>     |       |                            |                          |                                |                                |
| <b>Total funds brought forward</b> |       | 8,013                      | 70,043                   | 78,056                         | 64,102                         |
| <b>TOTAL FUNDS CARRIED FORWARD</b> |       | 14,706                     | 37,931                   | 52,637                         | 78,056                         |

The notes form part of these financial statements

## HEALTHWATCH KINGSTON UPON THAMES

### Balance Sheet 31 March 2021

|  | Notes | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | 31.3.21<br>Total<br>funds<br>£ | 31.3.20<br>Total<br>funds<br>£ |
|--|-------|----------------------------|--------------------------|--------------------------------|--------------------------------|
| <b>CURRENT ASSETS</b>                        |       |                            |                          |                                |                                |
| Debtors                                      | 7     | -                          | 1,400                    | 1,400                          | -                              |
| Cash at bank and in hand                     |       | 14,706                     | 38,836                   | 53,542                         | 82,239                         |
|  |       | <u>14,706</u>              | <u>40,236</u>            | <u>54,942</u>                  | <u>82,239</u>                  |
| <b>CREDITORS</b>                             |       |                            |                          |                                |                                |
| Amounts falling due within one year          | 8     | -                          | (2,305)                  | (2,305)                        | (4,183)                        |
|  |       | <u>14,706</u>              | <u>37,931</u>            | <u>52,637</u>                  | <u>78,056</u>                  |
| <b>NET CURRENT ASSETS</b>                    |       |                            |                          |                                |                                |
|  |       | <u>14,706</u>              | <u>37,931</u>            | <u>52,637</u>                  | <u>78,056</u>                  |
| <b>TOTAL ASSETS LESS CURRENT LIABILITIES</b> |       |                            |                          |                                |                                |
|  |       | <u>14,706</u>              | <u>37,931</u>            | <u>52,637</u>                  | <u>78,056</u>                  |
| <b>NET ASSETS</b>                            |       |                            |                          |                                |                                |
|  |       | <u>14,706</u>              | <u>37,931</u>            | <u>52,637</u>                  | <u>78,056</u>                  |
| <b>FUNDS</b>                                 | 9     |                            |                          |                                |                                |
| Unrestricted funds                           |       |                            |                          | 14,706                         | 8,013                          |
| Restricted funds                             |       |                            |                          | 37,931                         | 70,043                         |
| <b>TOTAL FUNDS</b>                           |       |                            |                          | <u>52,637</u>                  | <u>78,056</u>                  |

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 28 September 2021 and were signed on its behalf by:

Elizabeth Meerabeau - Trustee

The notes form part of these financial statements

Notes to the Financial Statements  
for the Year Ended 31 March 2021

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

|                       |               |
|-----------------------|---------------|
| Fixtures and fittings | - 33% on cost |
| Computer equipment    | - 50% on cost |

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.



Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**2. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

|                             | 31.3.21      | 31.3.20      |
|-----------------------------|--------------|--------------|
|                             | £            | £            |
| Depreciation - owned assets | -            | 262          |
| Other operating leases      | 7,235        | 9,805        |
|                             | <u>7,235</u> | <u>9,805</u> |

**3. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

**4. STAFF COSTS**

The average monthly number of employees during the year was as follows:

|                           | 31.3.21  | 31.3.20  |
|---------------------------|----------|----------|
|                           |          |          |
| Charitable activity staff | 5        | 4        |
|                           | <u>5</u> | <u>4</u> |

No employees received emoluments in excess of £60,000.

**5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

|                                    | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | Total<br>funds<br>£ |
|------------------------------------|----------------------------|--------------------------|---------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>  |                            |                          |                     |
| Donations and legacies             | -                          | 164,334                  | 164,334             |
| <b>EXPENDITURE ON</b>              |                            |                          |                     |
| <b>Charitable activities</b>       |                            |                          |                     |
| Charitable activities              | 626                        | 121,491                  | 122,117             |
| Administration costs               | -                          | 28,263                   | 28,263              |
| <b>Total</b>                       | <u>626</u>                 | <u>149,754</u>           | <u>150,380</u>      |
| <b>NET INCOME/(EXPENDITURE)</b>    | <u>(626)</u>               | <u>14,580</u>            | <u>13,954</u>       |
| <b>Transfers between funds</b>     | <u>146</u>                 | <u>(146)</u>             | <u>-</u>            |
| <b>Net movement in funds</b>       | <u>(480)</u>               | <u>14,434</u>            | <u>13,954</u>       |
| <b>RECONCILIATION OF FUNDS</b>     |                            |                          |                     |
| <b>Total funds brought forward</b> | 8,493                      | 55,609                   | 64,102              |

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

|                                    | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | Total<br>funds<br>£ |
|------------------------------------|----------------------------|--------------------------|---------------------|
| <b>TOTAL FUNDS CARRIED FORWARD</b> | <b>8,013</b>               | <b>70,043</b>            | <b>78,056</b>       |

**6. TANGIBLE FIXED ASSETS**

|                                   | Fixtures<br>and<br>fittings<br>£ | Computer<br>equipment<br>£ | Totals<br>£ |
|-----------------------------------|----------------------------------|----------------------------|-------------|
| <b>COST</b>                       |                                  |                            |             |
| At 1 April 2020 and 31 March 2021 | 786                              | 3,527                      | 4,313       |
| <b>DEPRECIATION</b>               |                                  |                            |             |
| At 1 April 2020 and 31 March 2021 | 786                              | 3,527                      | 4,313       |
| <b>NET BOOK VALUE</b>             |                                  |                            |             |
| At 31 March 2021                  | -                                | -                          | -           |
| At 31 March 2020                  | -                                | -                          | -           |

**7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|               | 31.3.21<br>£ | 31.3.20<br>£ |
|---------------|--------------|--------------|
| Other debtors | 1,400        | -            |

**8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|                  | 31.3.21<br>£ | 31.3.20<br>£ |
|------------------|--------------|--------------|
| Other creditors  | -            | 3,583        |
| Accrued expenses | 2,305        | 600          |
|                  | <b>2,305</b> | <b>4,183</b> |

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

9. MOVEMENT IN FUNDS

|                                  | At 1.4.20<br>£ | Net<br>movement<br>in funds<br>£ | Transfers<br>between<br>funds<br>£ | At<br>31.3.21<br>£ |
|----------------------------------|----------------|----------------------------------|------------------------------------|--------------------|
| <b>Unrestricted funds</b>        |                |                                  |                                    |                    |
| General fund                     | 8,013          | -                                | 2,693                              | 10,706             |
| SW London & St George's MH Trust | -              | 4,000                            | -                                  | 4,000              |
|                                  | <u>8,013</u>   | <u>4,000</u>                     | <u>2,693</u>                       | <u>14,706</u>      |
| <b>Restricted funds</b>          |                |                                  |                                    |                    |
| RB Kingston                      | 52,603         | (25,696)                         | -                                  | 26,907             |
| Time to Change                   | 8,733          | (6,040)                          | (2,693)                            | -                  |
| Youth out Loud                   | 5,373          | (915)                            | -                                  | 4,458              |
| CGC/HWE                          | 3,334          | 3,232                            | -                                  | 6,566              |
|                                  | <u>70,043</u>  | <u>(29,419)</u>                  | <u>(2,693)</u>                     | <u>37,931</u>      |
| <b>TOTAL FUNDS</b>               | <u>78,056</u>  | <u>(25,419)</u>                  | <u>-</u>                           | <u>52,637</u>      |

Net movement in funds, included in the above are as follows:

|                                  | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|----------------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b>        |                            |                            |                           |
| SW London & St George's MH Trust | 4,000                      | -                          | 4,000                     |
| <b>Restricted funds</b>          |                            |                            |                           |
| RB Kingston                      | 136,000                    | (161,696)                  | (25,696)                  |
| Time to Change                   | 13,668                     | (19,708)                   | (6,040)                   |
| Youth out Loud                   | -                          | (915)                      | (915)                     |
| CGC/HWE                          | 3,232                      | -                          | 3,232                     |
|                                  | <u>152,900</u>             | <u>(182,319)</u>           | <u>(29,419)</u>           |
| <b>TOTAL FUNDS</b>               | <u>156,900</u>             | <u>(182,319)</u>           | <u>(25,419)</u>           |

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

9. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

|                                  | At 1.4.19<br>£ | Net<br>movement<br>in funds<br>£ | Transfers<br>between<br>funds<br>£ | At<br>31.3.20<br>£ |
|----------------------------------|----------------|----------------------------------|------------------------------------|--------------------|
| <b>Unrestricted funds</b>        |                |                                  |                                    |                    |
| General fund                     | 8,493          | -                                | (480)                              | 8,013              |
| SW London & St George's MH Trust | -              | (626)                            | 626                                | -                  |
|                                  | <u>8,493</u>   | <u>(626)</u>                     | <u>146</u>                         | <u>8,013</u>       |
| <b>Restricted funds</b>          |                |                                  |                                    |                    |
| NHS Wandsworth CCG Grassroots    | 146            | -                                | (146)                              | -                  |
| RB Kingston                      | 47,536         | 5,067                            | -                                  | 52,603             |
| Digital Youth                    | 7,927          | -                                | (7,927)                            | -                  |
| Time to Change                   | -              | 8,733                            | -                                  | 8,733              |
| Youth out Loud                   | -              | (2,554)                          | 7,927                              | 5,373              |
| CGC/HWE                          | -              | 3,334                            | -                                  | 3,334              |
|                                  | <u>55,609</u>  | <u>14,580</u>                    | <u>(146)</u>                       | <u>70,043</u>      |
| <b>TOTAL FUNDS</b>               | <u>64,102</u>  | <u>13,954</u>                    | <u>-</u>                           | <u>78,056</u>      |

Comparative net movement in funds, included in the above are as follows:

|                                  | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|----------------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b>        |                            |                            |                           |
| SW London & St George's MH Trust | -                          | (626)                      | (626)                     |
| <b>Restricted funds</b>          |                            |                            |                           |
| RB Kingston                      | 141,500                    | (136,433)                  | 5,067                     |
| Time to Change                   | 19,500                     | (10,767)                   | 8,733                     |
| Youth out Loud                   | -                          | (2,554)                    | (2,554)                   |
| CGC/HWE                          | 3,334                      | -                          | 3,334                     |
|                                  | <u>164,334</u>             | <u>(149,754)</u>           | <u>14,580</u>             |
| <b>TOTAL FUNDS</b>               | <u>164,334</u>             | <u>(150,380)</u>           | <u>13,954</u>             |

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

9. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

|                                  | At 1.4.19<br>£ | Net<br>movement<br>in funds<br>£ | Transfers<br>between<br>funds<br>£ | At<br>31.3.21<br>£ |
|----------------------------------|----------------|----------------------------------|------------------------------------|--------------------|
| <b>Unrestricted funds</b>        |                |                                  |                                    |                    |
| General fund                     | 8,493          | -                                | 2,213                              | 10,706             |
| SW London & St George's MH Trust | -              | 3,374                            | 626                                | 4,000              |
|                                  | <u>8,493</u>   | <u>3,374</u>                     | <u>2,839</u>                       | <u>14,706</u>      |
| <b>Restricted funds</b>          |                |                                  |                                    |                    |
| NHS Wandsworth CCG Grassroots    | 146            | -                                | (146)                              | -                  |
| RB Kingston                      | 47,536         | (20,629)                         | -                                  | 26,907             |
| Digital Youth                    | 7,927          | -                                | (7,927)                            | -                  |
| Time to Change                   | -              | 2,693                            | (2,693)                            | -                  |
| Youth out Loud                   | -              | (3,469)                          | 7,927                              | 4,458              |
| CGC/HWE                          | -              | 6,566                            | -                                  | 6,566              |
|                                  | <u>55,609</u>  | <u>(14,839)</u>                  | <u>(2,839)</u>                     | <u>37,931</u>      |
| <b>TOTAL FUNDS</b>               | <u>64,102</u>  | <u>(11,465)</u>                  | <u>-</u>                           | <u>52,637</u>      |

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

|                                  | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|----------------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b>        |                            |                            |                           |
| SW London & St George's MH Trust | 4,000                      | (626)                      | 3,374                     |
| <b>Restricted funds</b>          |                            |                            |                           |
| RB Kingston                      | 277,500                    | (298,129)                  | (20,629)                  |
| Time to Change                   | 33,168                     | (30,475)                   | 2,693                     |
| Youth out Loud                   | -                          | (3,469)                    | (3,469)                   |
| CGC/HWE                          | 6,566                      | -                          | 6,566                     |
|                                  | <u>317,234</u>             | <u>(332,073)</u>           | <u>(14,839)</u>           |
| <b>TOTAL FUNDS</b>               | <u>321,234</u>             | <u>(332,699)</u>           | <u>(11,465)</u>           |

**10. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2021.

## HEALTHWATCH KINGSTON UPON THAMES

### Detailed Statement of Financial Activities for the Year Ended 31 March 2021

|  | 31.3.21<br>£ | 31.3.20<br>£ |
|--|--------------|--------------|
| <b>INCOME AND ENDOWMENTS</b>                 |              |              |
| <b>Donations and legacies</b>                |              |              |
| Donations                                    | 1,500        | 1,500        |
| Grants                                       | 19,400       | 21,334       |
| RBK Contract                                 | 136,000      | 141,500      |
|  | <hr/>        | <hr/>        |
|  | 156,900      | 164,334      |
| <b>Total incoming resources</b>              | <hr/>        | <hr/>        |
|  | 156,900      | 164,334      |
| <b>EXPENDITURE</b>                           |              |              |
| <b>Charitable activities</b>                 |              |              |
| Wages  | 144,527      | 107,387      |
| Social security                              | 7,346        | 6,085        |
| Pensions                                     | 3,798        | 2,613        |
| Advertising & recruitment                    | 360          | 1,327        |
| Sundries                                     | 1,826        | 794          |
| DBS checks                                   | 58           | 678          |
| Training                                     | 508          | 2,175        |
| Payroll service                              | 1,124        | 1,058        |
| Other staffing costs                         | 969          | -            |
|  | <hr/>        | <hr/>        |
|  | 160,516      | 122,117      |
| <b>Support costs</b>                         |              |              |
| <b>Management</b>                            |              |              |
| Other operating leases                       | 7,235        | 9,805        |
| Insurance                                    | 1,982        | 2,282        |
| Telephone                                    | 1,496        | 1,691        |
| Postage and stationery                       | 608          | -            |
| Hospitality                                  | 41           | 1,293        |
| Subscriptions                                | 40           | 40           |
| Equipment                                    | 279          | 1,044        |
| Staff travel                                 | 3            | 365          |
| Volunteers expenses                          | 18           | 195          |
| Consumables & cleaning                       | -            | 458          |
| Expenses reimbursed                          | 100          | -            |
| Photocopier maintenance                      | 2,482        | 3,750        |
| Legal & professional                         | 955          | 1,185        |
| Office move & decoration                     | 1,899        | -            |
| Depreciation of tangible and heritage assets | -            | 262          |
|  | <hr/>        | <hr/>        |
|  | 17,138       | 22,370       |
| <b>Finance</b>                               |              |              |
| Bank charges                                 | 270          | -            |

## HEALTHWATCH KINGSTON UPON THAMES

### Detailed Statement of Financial Activities for the Year Ended 31 March 2021

|                                 | 31.3.21<br>£         | 31.3.20<br>£       |
|---------------------------------|----------------------|--------------------|
| <b>Finance</b>                  |                      |                    |
| <b>Information technology</b>   |                      |                    |
| IT facilities                   | 3,795                | 4,609              |
| <b>Governance costs</b>         |                      |                    |
| Independent examiners fee       | 600                  | 600                |
| Trustees training               | -                    | 684                |
|                                 | <hr/> 600            | <hr/> 1,284        |
| Total resources expended        | <hr/> 182,319        | <hr/> 150,380      |
| <b>Net (expenditure)/income</b> | <hr/> <hr/> (25,419) | <hr/> <hr/> 13,954 |