

# STRATHAVEN ASTHMATIC RELIEF ACTION UK

England & Wales · Charity number 1159285

## Details

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**Other names** SARA UK, THE ASTHMA CHARITY

**Status** Registered

**Legal form** CIO

**Registered** 2014-11-19

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** The English Barn  
Chapel Street  
Thatcham  
Berkshire  
RG18 4QL

**Phone** 01189628201

**Email** [tom.mccann@hotmail.co.uk](mailto:tom.mccann@hotmail.co.uk)

## Activities

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**Objects:** THE OBJECTS OF THE CIO ARE:3.1 THE RELIEF OF PERSONS SUFFERING FROM ASTHMA AND ITS RELATED DISORDERS THROUGHOUT THE UNITED KINGDOM BY THE PROVISION OF SUPPORT, EDUCATION AND PRACTICAL ADVICE; AND 3.2 SUCH OTHER PURPOSES AS ARE CHARITABLE ACCORDING TO THE LAWS OF ENGLAND AND WALES FOR THE BENEFIT OF THE PUBLIC.

**Activities:** We help people with Asthma and related health disorders

## Classification

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- **How:** Provides Services, Acts As An Umbrella Or Resource Body
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities

## Geography

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- Throughout England

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-04-05		£0	£0	-
2024-04-05		£0	£0	-
2023-04-05	£148,452	£105,112		-
2022-04-05	£123,891	£87,942		-
2021-04-05	£20,102	£12,055		-

## Trustees

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Name	Role	Appointed
THOMAS DIAMOND MCCANN	Chair	2013-08-27
MARGOT JANE MCCANN		2013-08-27

**STRATHAVEN ASTHMATIC RELIEF ACTION UK**

England & Wales - Charity number 1159285

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# Accounts

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# STRATHAVEN ASTHMATIC RELIEF ACTION LTD (SARA UK)

# INVOICE

16B Richfield Avenue,  
Reading  
Berkshire  
RG1 8EQ

07889 732812

Date.....

No.

<b>GOODS</b>	
<b>SOLD TO:</b> Buyers Details	
<b>OTHER DETAILS</b>	

- This invoice has been for second hand margin supply
- These goods are sold as seen with no guarantee
- These goods are sold as seen with 3 months guarantee to refund cost or replacement where possible

<input type="checkbox"/> Cash	<b>PRICE</b>	£ _____
<input type="checkbox"/> Bank Transfer	<b>VAT @ 20%</b>	£ _____
<input type="checkbox"/> Debit Card	<b>TOTAL</b>	£ _____
<input type="checkbox"/> Credit Card		

SELLER SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

BUYER SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

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<input type="checkbox"/> Debit Card		
<input type="checkbox"/> Credit Card	<b>TOTAL</b>	£ _____

SELLER SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

BUYER SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

**STRATHAVEN ASTHMATIC RELIEF ACTION UK**

England & Wales - Charity number 1159285

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# Accounts

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Strathaven Asthmatic Relief Action UK Reg no 1159285 (SARA UK)

Meeting date 1<sup>st</sup> Dec 2015 7.30pm

Conference call on 07882417140 or 01189628201 to is confirmed.

AGENDA

- 1) To approve the minutes of the previous meeting.
- 2) Report on any outstanding issues raised from the previous meeting.
- 3) Charity commission update.
- 4) Reports or updates from members.
- 5) Fund raising options.
- 6) For filling the charities objectives, new modal articles for the trading company and reports.
- 7) Trustee's declaration of interest.
- 8) Future meetings time table for the coming year.
- 9) Member's issues.
- 10) Date of next meeting.

## 2024 Meetings for Strathaven Asthmatic Relief Action UK no1159285 (SARA UK)

Date, time and location of Meeting of meeting

Sat 06-04-2024 at 7.30 PM

The English Barn Chaple St Thatcham Berkshire rg184ql

Agenda

Members T McCann, M McCann

- 1) Apologies.
- 2) Minutes of the last meeting.
- 3) The Future work of the charity and going into a dormant state for the foreseeable future.
- 4) Matters outstanding.
- 5) Progress of 03 Bennet rd.
- 6) Progress on payments card facilities and Bank and accounts update.
- 7) Future stock purchase from Argos and other companies.
- 8) Any other business.
- 9) Meeting closed.

### Summary

This document outlines the agenda for a charity meeting, including attendance, apologies, and review of previous minutes. Key topics discussed are the charity's potential move to a dormant state, updates on outstanding matters, the status of 03 Bennet Road, progress on payment card facilities and banking, future stock purchases from Argos and other suppliers, and any other business.

The charity is considering entering a dormant state and ceasing trading for four years due to a combination of factors discussed at the recent meeting. These include unresolved matters requiring further attention, ongoing financial updates regarding payment card facilities and banking, and the need to reassess future stock purchases from suppliers such as Argos. By suspending operations, the charity aims to safeguard its assets and ensure compliance with regulatory requirements while addressing outstanding issues, ultimately positioning itself for a potential relaunch when circumstances are more favourable.

All other items discussed on the agenda were covered and deemed to be dealt with satisfactorily. Following a vote, it was agreed that the charity should cease trading and enter a state of dormancy, effective from 04/04/2024 21.07pm.

Sign

Date

**Strathaven Asthmatic Relief Action UK 1159285**  
**Accounts from 05-04-2023- 05-04-2024**

The accounts for the year 2023 to 2024 had zero income, zero expenses and zero assets for this time period, because the charity is entering a dormant state for this

period. This means there will be minimal financial activity, and the reporting requirements may be adjusted accordingly.

Thomas McCann  
Chairman

**STRATHAVEN ASTHMATIC RELIEF ACTION UK**

England & Wales - Charity number 1159285

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# Accounts

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SARA UK 2018-19 INCOME EXPENCES 560 ACCOUNT	DATE	DISCRIPTION	WAGE
<p>ALL RENT INCOME IS FROM SARA LTD TO PAY RENT FOR BENNET ABD RICHFIELD. DONATION ARE FROM CAR PARKING, FOOTBAL PARKING, FESTIVAL TOILET, OR INDEVIUAL OF THE PUBLIC.</p> <p>STOCK PURCHASES ARE FOR THE CHARITY TO HELP IN ITS CHARITABLE WORKS.</p>	4/9/2018	LOAN REPAYMENT	
	4/11/2018	RENT INCOME	
	4/18/2018	RENT INCOME	
	4/24/2018	DONATION	
	4/25/2018	RENT INCOME	
	5/2/2018	RENT INCOME	
	5/9/2018	RENT INCOME	
	5/16/2018	RENT INCOME	
	5/23/2018	RENT INCOME	
	5/30/2018	RENT INCOME	
	6/4/2018		
	6/6/2018	RENT INCOME	
	6/13/2018	RENT INCOME	
	6/19/2018	STOCK PURCHASE	
	6/20/2018	RENT INCOME	
	6/26/2018	RENT INCOME	
	6/27/2018	RENT INCOME	
	7/4/2018	RENT INCOME	
	7/11/2018	RENT INCOME	
	7/19/2018	RENT INCOME	
	1/25/1900	RENT INCOME	
	8/3/2018	RENT INCOME	
	8/8/2018	RENT INCOME	
	8/15/2018	RENT INCOME	
	8/22/2018	RENT INCOME	
	8/28/2018	TOBBY FUND RAISONG CAR PARKING FESTIVAL STOCK SOFAS LOAN REPAYMENT	
	8/29/2018	RENT INCOME	
9/3/2018	VAT REFUND		
9/5/2018	RENT INCOME		
9/12/2018	RENT INCOME FESTIVAL & FOOTBALL PARKING		
9/17/2019	NEW SOFA STOCK		
9/19/2019	RENT INCOME		
9/20/2018	NEW STOCK		
9/26/2019	RENT INCOME		
10/3/2018	RENT INCOME		
10/10/2018	RENT INCOME		
10/15/2018	NEW SOFAS		
10/17/2018	RENT INCOME		
10/24/2018	RENT INCOME		
10/31/2018	DONATION RENT INCOME		
11/7/2018	RENT INCOME		
11/12/2018	LOAN REPAYMENT		
11/14/2018	RENT INCOME		
11/16/2018	DONATION		

11/17/2018 DONATION  
11/21/2018 RENT INCOME  
11/28/2018 RENT INCOME  
12/3/2018 LOAN REPAYMENT  
12/4/2018 LOAN REPAYMENT  
12/12/2018 RENT INCOME  
12/19/2018 RENT INCOME  
RENT INCOME  
DONATION  
12/20/2018 RENT  
12/27/2018 RENT INCOME  
1/2/2019 RENT INCOME  
1/4/2019 LOAN REPAYMENT  
1/8/2019 RENT INCOME  
STOCK SOFAS  
STOCK SOFAS  
1/9/2019 RENT INCOME  
1/14/2019 RENT INCOME  
1/16/2019 RENT INCOME  
1/17/2019 RENT INCOME  
RENT  
1/23/2019 RENT INCOME  
1/30/2019 RENT INCOME  
2/6/2019 RENT INCOME  
STOCK  
2/12/2018 RENT INCOME  
2/13/2019 RENT INCOME  
RENT INCOME  
2/14/2019 RENT INCOME  
2/15/2019 RENT INCOME  
RENT INCOME  
RENT  
3/6/2019 RENT INCOME  
LOAN REPAYMENT  
3/18/2019 RENT INCOME  
3/20/2019 RENT INCOME  
3/21/2019 RENT  
4/1/2019 RENT INCOME  
RENT BENNET

we have to pay through this to claim VAT

we have to pay through this to claim VAT



NAME /BUSINESS	AMOUNT IN	AMOUNT OUT
SARA LTD		500
SARA LTD	440	
SARA LTD	440	
PUBLIC	50	
SARA LTD	440	
SARA LTD	440	
SARA LTD	440	
SARA LTD	440	
SARA LTD	440	
SARA LTD	440	
SARA LTD	440	
SARA LTD	440	
SARA LTD	440	
SARA LTD	440	
SARA LTD	440	
SARA LTD	440	
SARA LTD	440	
SARA LTD	440	
SARA LTD	440	
SARA LTD	440	
SARA LTD	440	
SARA LTD	440	
DONATION	881	
DONATION	2565	
		4000
TRUSTEE LOAN		2000
SARA LTD	440	
HMRC	5000	
SARA LTD	440	
SARA LTD	440	
	2344.55	
		5000
SARA LTD	440	
		2344.55
SARA LTD	440	
SARA LTD	440	
SARA LTD	440	
		3000
SARA LTD	440	
SARA LTD	440	
	415	
SARA LTD	440	
SARA LTD	440	
TRUSTEE LOAN		2000
SARA LTD	440	
	40	

	300	
SARA LTD	440	
SARA LTD	440	
		600
BRIXHAM LOAN		1400
SARA LTD	440	
SARA LTD	7500	
SARA LTD	440	
	70	
THAMES PROPRTY		7500
SARA LTD	440	
SARA LTD	440	
BRIXHAM LOAN		1400
SARA LTD	775	
		775
		775
SARA LTD	440	
SARA LTD	5530	
SARA LTD	440	
SARA LTD	1000	
		7000
SARA LTD	440	
SARA LTD	440	
SARA LTD	440	
		330 x
SARA LTD	1100	x
SARA LTD	2000	x
SARA LTD	440	x
SARA LTD	800	x
SARA LTD	2000	x
SARA LTD	500	x
		7000 x
SARA LTD	1500	x
		1400 x
SARA LTD	6500	x
SARA LTD	400	x
		7000 x
SARA LTD	4000	x
		4000 x

64824.05

59524.55

statements say £59568

64824.05

59524.55

# **Strathaven Asthmatic Relief Action UK**

**Annual Report and Financial Statements**

**Year Ending 5 April 2023**

**Registered Charity Number: 1159285**

## **Strathaven Asthmatic Relief Action UK**

### **Contents for the Financial Statements for year ending 5 April 2023**

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<b>Independent Examiner's Report</b>	<b>P5</b>
<b>Statement of Financial Activities</b>	<b>P 7</b>
<b>Balance Sheet</b>	<b>P 9</b>
<b>Statement of Cash Flows</b>	<b>P 10</b>
<b>Notes</b>	<b>P11</b>

## **Strathaven Asthmatic Relief Action UK**

### **Report of the Trustees for the year ending 2023**

## **1. Establishments and Purposes**

Strathaven Asthmatic Relief Action UK was incorporated as a Charity Incorporated Organisation (CIO) on the 19 November 2014 and is governed by its CIO constitution. It was set up for the relief of persons suffering from Asthma and its related disorders throughout the United Kingdom by the provision of support, and education and practical advice, and other such purposes as are charitable according to the laws of England and Wales for the benefit of the public.

## **2. Trustees and Officers**

During this year the following served as trustees:

Thomas McCann      Chairman

Mrs Margot McCann

## **3. Address**

The principal address of the charity is

The English Barn

Chapel Street

Thatcham

Berkshire

RG184QL

## **4. Structure, Governance and Management**

The charity trustees manage the affairs of the CIO and for that purpose exercise their powers to perform their functions in the way each decides in good faith would be most likely to further the purposes of the CIO.

**Strathaven Asthmatic Relief Action UK**

Any decision taken by the trustees is made either at a meeting of the trustees; or by resolution in writing or electronic form agreed by all of the charity trustees, which may comprise either a single document or several documents containing the text of the resolution in like form to each of which one or more charity trustees has signified their agreement.

## **5. Reserves**

The trustees do not currently consider it necessary to hold reserves due to the nature of the charity which is to disburse funds to causes which further its charitable objectives.

# **Strathaven Asthmatic Relief Action UK**

## **Independent Examiner Report to the Trustees of Strathaven Asthmatic Relief Action UK**

I report on the accounts of the charity for the year end 5 April 2022 which are set out on the pages below.

### **Respective responsibilities of the trustees and the examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity trustees consider that an audit is not required for this year under section 144 of the charities Act 2011 (the charities act) and that a independent examination is needed.

: examine the accounts under section 145 of the charities act;

: to follow the procedures laid down in the general directions given by the charity Commission under section 145(5)(b) of the charities act and

: to state whether particular matters have come to our attention

## **Basis of independent examiners report**

Our examination was carried out in accordance with the general Direction given by the charity commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a true and fair view and the report is limited to those matters set out in the statement below.

## **Independent examiner< statement**

In connection with my examination, no matters have come to my attention:

1. Which gives me reasonable cause to believe that in any material respect, the requirements  
: to keep accounting records in accordance with section 130 of the Charities Act

## **Strathaven Asthmatic Relief Action UK**

: to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met or

: to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Andrew Stuart FCA  
AS and Accountants Ltd  
137 Wellington Street  
Slough  
Berkshire  
SL11XW

## **Strathaven Asthmatic Relief Action UK**

Statement of Financial Activities for the year ended 5 April 2023

	Year ended 5 April 2023	2023	2022
	Unrestricted	Total	Total
	Funds	Funds	Funds
	£	£	£
<b>INCOMING RESOURCES</b>			
Voluntary income			
Sales	105,681	105,681	87,109
Donation	42,771	42,771	36,782
	-----	-----	-----
	148,452	148,452	123,891
	-----	-----	-----
Total Income Resources	148,452	148,452	123,891
	-----	-----	-----
<b>RESOURCES EXPENDED</b>			
Cost of generating funds			
Cost of goods sold	74,220	74,220	63,289
Wages	12,209	12,209	8,908
Fund-raising costs and administration	14,473	14,473	12,003
Governance	4,210	4,210	3,742
Total Resources Expended	105,112	105,112	87,942
	-----	-----	-----
NET INCOMING RESOURCES	43,340	43,340	35,949
Total funds brought forward	11,070	11,070	10,806
Total funds carried forward	-----	-----	-----
	54,410	54,410	46,755
	=====	=====	=====

**Strathaven Asthmatic Relief Action UK**

**Balance sheet at 5 April 2023**

		<b>2023</b>	<b>2022</b>
	Note	funds	funds
		£	£
Current Assets		27,200	10,267
		3,394	4,280
		-----	-----
		<b>30,594</b>	<b>14,555</b>
<b>Current Liabilities</b>			
Accruals		-	-
Other creditors		-	-
		-----	-----
		-	-
<b>Total assets less current liabilities</b>		<b>30,594</b>	<b>14,555</b>
		-----	-----
<b>Funds</b>			
Unrestricted funds		30,594	14,555
		-----	-----
		<b>30,594</b>	<b>14,555</b>
		=====	=====

The financial statements were approved by the board of trustees on Wed 19<sup>th</sup> June 2023 and were signed on its behalf by chairman THOMAS MCCANN Chairman

SIGNED

**Strathaven Asthmatic Relief Action UK**

**Statements of Cash Flows**

For the year ended 5 April 2023

	2023		2022
	-----		
	Unrestricted	Restricted	Total
Total			
Funds	Funds	Funds	Funds
£	£	£	£
<b>Cash flows from operating activities</b>			
Net income/ (expenditure) per sofas	6,201	-	2,680
8,047			
Less investment income	-	-	-
-			
Increase/decrease in debtors	-	-	-
-			
Decrease/increase in creditors	-	-	-
-			
	-----	-----	-----
	6,201	-	2,680
-			
<b>Cash flows from investing activities</b>			
Investment income	-	-	-
-			
	-----	-----	-----
<b>Net increase/decrease in cash:</b>			
	4,425	-	3,578
-			

Total cash as at 6 April 2021	6,201	-	3,578
	-----	-----	-----
	10,676	-	3,578
	=====	=====	=====

## Strathaven Asthmatic Relief Action UK

### Notes to the Financial Statements For the year ended 5 April 2023

#### 1) ACCOUNTING POLICIES

##### Basis of preparation

The financial statements have been prepared in accordance with accounting and reporting by Charities: Statement of recommended Accounting applicable to charities preparing their accounts in accordance with the Financial Reporting Standards for Small Entities (effective January 2015).

##### Incoming resources

All incoming resources are recognised once the charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of the incoming resources can be measured with sufficient reliability.

##### Resources expended

Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accountable for on an accruals basis and has been classified under headings that aggregate all cost relating to the category.

##### Taxation

The charity is exempt from Corporation Tax on its charitable activities.

##### Funds structure

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charities objectives.

Restricted funds are funds which are to be used in accordance with specific restriction imposed by the donor or trust deed.

Further explanation of the nature and purpose of each fund, where material, is included in the notes to the financial statement.

2) Trustees

None of the trustees (or any person connected with them) received any remuneration or reimbursed expenses during the year.

3) Employees

There were an average of 5 employees during the year.

## Strathaven Asthmatic Relief Action UK

### Notes to the financial statements for the year 5 April 2023

4) Debtors	2023	2022
Receivable from associated companies	-	-
	-----	-----
	-	-
	=====	=====
5) Creditors	-	-
Accruals	-----	-----
	=====	=====

6) Movements in funds	on 5 April 2023	income	resources	on 5 April 2022
	£	£	£	£
Unrestricted funds	54,410	148,452	10,210	46,755
	=====	=====	=====	=====

# **Strathaven Asthmatic Relief Action UK**

**Annual Report and Financial Statements**

**Year Ending 5 April 2023**

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# **Strathaven Asthmatic Relief Action UK**

## **Independent Examiner Report to the Trustees of Strathaven Asthmatic Relief Action UK**

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### **Respective responsibilities of the trustees and the examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity trustees consider that an audit is not required for this year under section 144 of the charities Act 2011 (the charities act) and that a independent examination is needed.

: examine the accounts under section 145 of the charities act;

: to follow the procedures laid down in the general directions given by the charity Commission under section 145(5)(b) of the charities act and

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## **Basis of independent examiners report**

Our examination was carried out in accordance with the general Direction given by the charity commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a true and fair view and the report is limited to those matters set out in the statement below.

## **Independent examiner< statement**

In connection with my examination, no matters have come to my attention:

1. Which gives me reasonable cause to believe that in any material respect, the requirements  
: to keep accounting records in accordance with section 130 of the Charities Act

## **Strathaven Asthmatic Relief Action UK**

: to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met or

: to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Andrew Stuart FCA  
AS and Accountants Ltd  
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## **Strathaven Asthmatic Relief Action UK**

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Total funds carried forward	-----	-----	-----
	54,410	54,410	46,755
	=====	=====	=====

**Strathaven Asthmatic Relief Action UK**

**Balance sheet at 5 April 2023**

		<b>2023</b>	<b>2022</b>
	Note	funds	funds
		£	£
Current Assets		27,200	10,267
		3,394	4,280
		-----	-----
		<b>30,594</b>	<b>14,555</b>
<b>Current Liabilities</b>			
Accruals		-	-
Other creditors		-	-
		-----	-----
		-	-
<b>Total assets less current liabilities</b>		<b>30,594</b>	<b>14,555</b>
		-----	-----
<b>Funds</b>			
Unrestricted funds		30,594	14,555
		-----	-----
		<b>30,594</b>	<b>14,555</b>
		=====	=====

The financial statements were approved by the board of trustees on Wed 19<sup>th</sup> June 2023 and were signed on its behalf by chairman THOMAS MCCANN Chairman

SIGNED

**Strathaven Asthmatic Relief Action UK**

**Statements of Cash Flows**

For the year ended 5 April 2023

	2023		2022
	-----		
	Unrestricted	Restricted	Total
	Funds	Funds	Funds
	£	£	£
<b>Total</b>			
<b>Funds</b>			
<b>£</b>			
<b>Cash flows from operating activities</b>			
Net income/ (expenditure) per sofas 8,047	6,201	-	2,680
Less investment income	-	-	-
-			
Increase/decrease in debtors	-	-	-
-			
Decrease/increase in creditors	-	-	-
-			
	-----	-----	-----
	6,201	-	2,680
-			
<b>Cash flows from investing activities</b>			
Investment income	-	-	-
-			
	-----	-----	-----
<b>Net increase/decrease in cash:</b>			
	4,425	-	3,578
-			

Total cash as at 6 April 2021	6,201	-	3,578
	-----	-----	-----
	10,676	-	3,578
	=====	=====	=====

## Strathaven Asthmatic Relief Action UK

### Notes to the Financial Statements For the year ended 5 April 2023

#### 1) ACCOUNTING POLICIES

##### Basis of preparation

The financial statements have been prepared in accordance with accounting and reporting by Charities: Statement of recommended Accounting applicable to charities preparing their accounts in accordance with the Financial Reporting Standards for Small Entities (effective January 2015).

##### Incoming resources

All incoming resources are recognised once the charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of the incoming resources can be measured with sufficient reliability.

##### Resources expended

Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accountable for on an accruals basis and has been classified under headings that aggregate all cost relating to the category.

##### Taxation

The charity is exempt from Corporation Tax on its charitable activities.

##### Funds structure

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charities objectives.

Restricted funds are funds which are to be used in accordance with specific restriction imposed by the donor or trust deed.

Further explanation of the nature and purpose of each fund, where material, is included in the notes to the financial statement.

2) Trustees

None of the trustees (or any person connected with them) received any remuneration or reimbursed expenses during the year.

3) Employees

There were an average of 5 employees during the year.

## Strathaven Asthmatic Relief Action UK

### Notes to the financial statements for the year 5 April 2023

4) Debtors	2023	2022
Receivable from associated companies	-	-
	-----	-----
	-	-
	=====	=====
5) Creditors	-	-
Accruals	-----	-----
	=====	=====

6) Movements in funds	on 5 April 2023	income	resources	on 5 April 2022
	£	£	£	£
Unrestricted funds	54,410	148,452	10,210	46,755
	=====	=====	=====	=====

**STRATHAVEN ASTHMATIC RELIEF ACTION UK**

England & Wales - Charity number 1159285

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# Accounts

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# **Strathaven Asthmatic Relief Action UK**

## **Annual Report and Financial Statements**

**Year Ending 5 April 2021**

**Registered Charity Number: 1159285**

# **Strathaven Asthmatic Relief Action UK**

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# **Strathaven Asthmatic Relief Action UK**

## **Report of the Trustees for the year ending 2021**

### **1. Establishments and Purposes**

**Strathaven Asthmatic Relief Action UK was incorporated as a Charity Incorporated Organisation (CIO) on the 19 November 2014 and is governed by its CIO constitution. It was set up for the relief of persons suffering from Asthma and its related disorders throughout the United Kingdom by the provision of support, and education and practical advice, and other such purposes as are charitable according to the laws of England and Wales for the benefit of the public.**

### **2. Trustees and Officers**

**During this year the following served as trustees:**

**Thomas McCann            Chairman**

**Mrs Margot McCann**

**Thomas McCann Junior**

### **3. Address**

**The principal address of the charity is**

**5 Seaford Gardens**

**Woodley**

**Reading**

**Berkshire**

**RG53LN**

### **4. Structure, Governance and Management**

**The charity trustees manage the affairs of the CIO and for that purpose exercise their powers to perform their functions in the way each decides in good faith would be most likely to further the purposes of the CIO.**

**Strathaven Asthmatic Relief Action UK**

**Any decision taken by the trustees is made either at a meeting of the trustees; or by resolution in writing or electronic form agreed by all of the charity trustees, which may comprise either a single document or several documents containing the text of the resolution in like form to each of which one or more charity trustees has signified their agreement.**

## **5. Reserves**

**The trustees do not currently consider it necessary to hold reserves due to the nature of the charity which is to disburse funds to causes which further its charitable objectives.**

# **Independent Examiner Report to the Trustees of Strathaven Asthmatic Relief Action UK**

**I report on the accounts of the charity for the year end 5 April 2021 which are set out on the pages below.**

## **Respective responsibilities of the trustees and the examiner**

**The charity's trustees are responsible for the preparation of the accounts. The charity trustees consider that an audit is not required for this year under section 144 of the charities Act 2011 (the charities act) and that an independent examination is needed.**

**: examine the accounts under section 145 of the charities act;**

**: to follow the procedures laid down in the general directions given by the charity Commission under section 145(5)(b) of the charities act and**

**: to state whether particular matters have come to our attention**

## **Basis of independent examiners report**

**Our examination was carried out in accordance with the general Direction given by the charity commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a true and fair view and the report is limited to those matters set out in the statement below.**

## **Independent examiner's statement**

**In connection with my examination, no matters has come to my attention:**

- 1. Which gives me reasonable cause to believe that in any material respect, the requirements**

**: to keep accounting records in accordance with section 130 of the Charities Act**

## **Strathaven Asthmatic Relief Action UK**

**: to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met or**

**: to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.**

**Andrew Stuart FCA  
AS and Accountants Ltd  
137 Wellington Street  
Slough  
Berkshire  
SL11XW**

## Statement of Financial Activities for the year ended 5 April 2021

2020		Year ended 5 April 2021		2021
		Unrestricted		Total
Total		Funds		
Funds	Funds			
£		£		£
<b>INCOMING RESOURCES</b>				
<b>Voluntary income</b>				
<b>Sales</b>		<b>15,101</b>		<b>15,101</b>
<b>11,043</b>				
<b>Donation</b>		<b>5,002</b>		<b>5,002</b>
<b>12,210</b>				
-----	-----	-----		
		<b>20,102</b>		<b>20,102</b>
<b>23,253</b>		-----		
-----	-----			
<b>Total Income Resources</b>		<b>20,102</b>		<b>20,102</b>
<b>23,253</b>		-----		
-----	-----			
<b>RESOURCES EXPENDED</b>				
<b>Cost of generating funds</b>				
<b>Cost of goods sold</b>		<b>6,107</b>		<b>6,107</b>
<b>5,011</b>				
<b>Wages</b>		<b>2,081</b>		<b>2,081</b>
<b>7,060</b>				
<b>Fund-raising costs and administration</b>		<b>3,867</b>		<b>3,867</b>
<b>7,570</b>				
<b>Governance</b>		<b>1,000</b>		<b>1,000</b>
<b>-</b>				
<b>Total Resources Expended</b>		<b>12,055</b>		<b>12,055</b>
<b>19,641</b>		-----		-----
-----	-----			

<b>NET INCOMING RESOURCES</b>	<b>8,047</b>	<b>8,047</b>
<b>3,569</b>		
<b>Total funds brought forward</b>	<b>10,806</b>	<b>10,806</b>
<b>10,806</b>		
<b>Total funds carried forward</b>	<b>- - - - -</b>	<b>- - - - -</b>
<b>-----</b>		
	<b>18,853</b>	<b>18,853</b>
<b>14,375</b>		
<b>=====</b>	<b>=====</b>	
<b>=====</b>		

## **Strathaven Asthmatic Relief Action UK**

### **Balance sheet at 5 April 2021**

		<b>2021</b>
<b>2020</b>		<b>-----</b>
<b>-----</b>		
<b>funds</b>	<b>Note</b>	<b>funds</b>
		<b>£</b>
<b>£</b>		
<b>Current Assets</b>		<b>30,991</b>
<b>7,360</b>		
		<b>4,100</b>
<b>3,232</b>		
<b>-----</b>		<b>-- - - - -</b>
<b>10,631</b>		<b>35,091</b>
<b>Current Liabilities</b>		
<b>Accruals</b>		<b>1,087</b>
<b>860</b>		
<b>Other creditors</b>		<b>-</b>
<b>2,411</b>		

-----	-----
3,271	1,087
<b>Total assets less current liabilities</b>	<b>34,004</b>
<b>13,902</b>	-----
-----	-----
<b>Funds</b>	
<b>Unrestricted funds</b>	<b>34,004</b>
<b>13,902</b>	-----
-----	-----
<b>13,902</b>	<b>34,004</b>
=====	=====

The financial statements were approved by the board of trustees on 12 MAY 2022 and were signed on its behalf by chairman THOMAS MCCANN Chairman  
SIGNED

## Strathaven Asthmatic Relief Action UK

### Statements of Cash Flows

For the year ended 5 April 2021

**2021**

**2020**

-----	-----		
<b>Total</b>	<b>Total</b>	<b>Unrestricted</b>	<b>Restricted</b>

Funds	Funds	Funds	Funds
£	£	£	£
<b>Cash flows from operating activities</b>			
<b>Net income/ (expenditure) per sofas</b>		<b>8,047</b>	<b>-</b>
<b>8,047</b>	<b>13,902</b>		
<b>Less investment income</b>		<b>-</b>	<b>-</b>
<b>-</b>	<b>-</b>		
<b>Increase/decrease in debtors</b>		<b>-</b>	<b>-</b>
<b>-</b>	<b>-</b>		
<b>Decrease/increase in creditors</b>		<b>-</b>	<b>-</b>
<b>-</b>	<b>(13,455)</b>		
-----	-----	-----	-----
<b>-</b>	<b>447</b>	<b>-</b>	<b>-</b>
<b>Cash flows from investing activities</b>			
<b>Investment income</b>		<b>-</b>	<b>-</b>
<b>-</b>	<b>-</b>		
-----	-----	-----	-----
<b>-</b>	<b>447</b>	<b>-</b>	<b>-</b>
<b>Net increase/decrease in cash:</b>			
<b>-</b>	<b>447</b>	<b>-</b>	<b>-</b>
<b>Total cash as at 6 April 2020</b>		<b>3,578</b>	<b>-</b>
<b>3,578</b>	<b>3,419</b>		
-----	-----	-----	-----
<b>3,578</b>	<b>3,866</b>	<b>3,578</b>	<b>-</b>
=====	=====	=====	
=====	=====	=====	

# **Strathaven Asthmatic Relief Action UK**

## **Notes to the Financial Statements For the year ended 5 April 2021**

### **1) ACCOUNTING POLICIES**

#### **Basis of preparation**

**The financial statements have been prepared in accordance with accounting and reporting by Charities: Statement of recommended Accounting applicable to charities preparing their accounts in accordance with the Financial Reporting Standards for Small Entities (effective January 2015).**

#### **Incoming resources**

**All incoming resources are recognised once the charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of the incoming resources can be measured with sufficient reliability.**

#### **Resources expended**

**Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accountable for on an accruals basis and has been classified under headings that aggregate all cost relating to the category.**

#### **Taxation**

**The charity is exempt from Corporation Tax on its charitable activities.**

#### **Funds structure**

**Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charities objectives.**

**Restricted funds are funds which are to be used in accordance with specific restriction imposed by the donor or trust deed.**

**Further explanation of the nature and purpose of each fund, where material, is included in the notes to the financial statement.**

#### **2) Trustees**

**None of the trustees ( or any person connected with them) received any remuneration or reimbursed expenses during the year.**

#### **3) Employees**

**There were an average of 6 employees during the year.**

# Strathaven Asthmatic Relief Action UK number 1159285

## Notes to the financial statements for the year 5 April 2021

### 4) Debtors

2021	2020		
Receivable from associated companies			-
-			
-----	-----	-	-

=====

### 5) Creditors

-	1,546		
Accruals			
-----	-----	-	1,546

=====

6) Movements in funds resources on 5 April 21		on 5 April 2020	income
£	£	£	£
Unrestricted funds			
18,853	34,004	10,210	20,102
=====	=====	=====	

