



Trustees' Annual Report, 2021

For the period from 1 January 2021 - 31 December 2021

The Talking Taboos Foundation, registered charity number 1159222

Structure, Governance and management

Talking Taboos is limited by guarantee and its governing document is its Articles of Association dated 19 February 2017.

The charitable company is a Registered Charity, number 1159222. The charitable company is incorporated in England and Wales No. 08821654 and has its registered offices at Hartham Park, Corsham SN13 0RP. The members of the trustee board hold no shares in the charitable company, but each member is a guarantor to an amount not exceeding £1, in the event of the winding up of the charitable company.

Risk Review

The board of trustees has examined the major strategic, business and operational risks which the charitable company faces and confirms that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks.

Public Benefit Statement

The trustees are aware of the Charity Commission guidance on public benefit and take it into account when making decisions about the activities and finances of the charity.

Objectives and Activities

The objects of the Charity are the advancement of physical and mental health and the advancement of education into physical and mental health and healthcare for the public benefit, by such exclusively charitable means as the Trustees shall in their discretion determine charitable, and in particular (but without limitation) by the promotion of educational programmes and dialogue and (save for purposes incidental and ancillary to those objects), no other purposes.

The charity's major activity for this period has been research, collaboration and local community activity on the topic of Loneliness. The primary focus has been on understanding and exploring the opportunity to increase connection and reduce loneliness at community events.

During this period Talking Taboos did not make grants or provide social investment.

All trustees are voluntary and contribute their time for at least two governance meetings per year, plus an annual strategy meeting, as well as time in between meetings to facilitate the development of new activities and partnerships for the charity.

Trustee Recruitment and Appointment

Trustees are appointed based on expertise and experience in one or more of the following areas: taboo topics, research, design or communications, fundraising and partnerships, community outreach, financial and business administration, as well as lived experience of taboo topics.

Under the Articles of Association, decisions on appointments must be made by the board.

Trustee Induction and Training

New trustees are provided with the Charity Commission Welcome Pack, the Articles of Association, the charity's Trustee Handbook, and access to archived documents showing the history of the charity and significant projects and evaluation data. They also complete a Declaration of Interests Form and a Statement of Expertise.

Trustees are actively encouraged to attend board meetings to ensure that they are always up to date with the latest activities of the charitable company.

The charity is run by the board of trustees supported by a voluntary executive.

Project managers, researchers, designers, communications specialists are engaged on a freelance basis for specific projects or community workshops. During the year under review the charity engaged three contractors on an ad hoc basis to support the development and delivery of the community Loneliness project and engaged a subcontractor to support the board of trustees to develop the Charity's strategic direction.

The charitable company is the sole shareholder of the company Common Collective Limited, incorporated in England and Wales No. 11005094.

Achievements and Performance

During the 2019–20 financial year, Talking Taboo's main achievements have been as follows:

Loneliness

- Participation as part of the Connection Coalition, run by the Jo Cox Foundation
- Connect Through Cooking community classes that allowed us to test and explore ideas for fostering connections

- Online during the lock down period
- Outdoor in Bevendean Community Gardens Brighton
- At the Brighton and Hove Food Partnership (funded by a National Lottery Community Grant)
- Research and co-design events with the general public and event organisers to explore barriers to tackling Loneliness and opportunities to help foster greater community connections, particularly for people at risk of or experiencing Loneliness
- Collaboration with experts in the field of social connection and Loneliness

These activities have created spaces for community connection during a time of increased social isolation as well as furthered the Charity's understanding of what works in community events for reducing loneliness .

Our focus during the current period continues to be on tackling loneliness at a community level, to inspire action and resources that enable event organisers and members of the community to tackle the issue of Loneliness, free from fear of stigma.

Strategy

During the year the board also worked with a freelance consultant to review the charity's strategy and set out a clear framework for how the charity decides what to work on and which activities to undertake in the coming years.

Financial Review

The charity is in a sustainable financial position and unrestricted reserves increased in the year from £40,766 to £48,320 (including £17,000 accrual). This increase was largely due to a donation of profits from Common Collective totalling £33,000. We also received £1,420 in funds from the National Lottery Community Fund: Local Connections Round Two to run activities in Brighton . The board will continue to focus on funding and partnership strategy to boost the charity's income further.

Common Collective Limited was profitable in the year ended 31 December and continues to be profitable in the current financial year, having successfully navigated the challenges of the pandemic and continuing to strengthen and grow its partnerships. The charity therefore expects to receive another significant donation into core funds in the next financial year, ensuring our financial stability and allowing the charity to sustain its reach in the coming financial year.

The charity has no staff members, and this limits its capacity to act strategically and have the biggest impact on its beneficiaries. This is something we will address in the coming year by appointing a Development Manager and Director, both on a part time basis.

Reserves policy and going concern

The trustees have adopted a policy of maintaining sufficient cash reserves to cover ongoing overheads for the foreseeable future. The charity will only commit to expenditure it can cover with current reserves held, and that the charity will hold 3 months' salaries and overheads in cash as a minimum

The trustees have prepared a budget and have concluded that the charity continues to be a going concern for the foreseeable future. On that basis they have continued to adopt the going concern basis when preparing the financial statements.

Statement Of Trustees' Responsibilities

The trustees are responsible for preparing a trustees' report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

So far as the Board of Trustees are aware:

- there is no relevant information of which the charity's independent examiners are unaware; and
- they have taken all steps that they ought to have taken as Trustees in order to make themselves aware of any relevant information and to establish that the Charity's independent examiners are aware of that information.

The trustees' report was approved by order of the board of trustees on 20 October 2022 and signed on the board's behalf by:

A handwritten signature in black ink, appearing to read 'Vincent Nolan', is written over a horizontal dotted line.

Vincent Nolan, Chair of Trustee Board



**THE TALKING TABOOS FOUNDATION
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021**



Purple Lime Accountancy

The Talking Taboos Foundation
Unaudited Financial Statements
For The Year Ended 31 December 2021

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**The Talking Taboos Foundation
Company Information
For The Year Ended 31 December 2021**

Directors	Mrs Alison Drake Mr Giles Gibbons Ms Katherine Jennings Mr Vincent Nolan
Company Number	08821654
Registered Office	Hartham Park Hartham Lane Corsham SN13 0RP
Accountants	Purple Lime Accountancy Hartham Park Hartham Lane Corsham SN13 0RP

**The Talking Taboos Foundation
Accountants' Report
For The Year Ended 31 December 2021**

In accordance with the engagement letter dated , and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the company from the accounting records and information and explanations you have given to us.

This report is made to the directors in accordance with the terms of our engagement. Our work has been undertaken to prepare for approval by the directors the financial statements that we have been engaged to compile, to report to the directors that we have done so, and to state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's directors for our work or for this report.

You have acknowledged on the balance sheet as at year ended 31 December 2021 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 2006. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

Signed



Oli Thomas

23/08/2022

Purple Lime Accountancy
Hartham Park Hartham Lane
Corsham
SN13 0RP

The Talking Taboos Foundation
Profit and Loss Account
For The Year Ended 31 December 2021

	2021
	£
TURNOVER	34,420
Staff costs	(23,743)
Other charges	(2,757)
	<hr/>
NET PROFIT	<u><u>7,920</u></u>

The Talking Taboos Foundation
Balance Sheet
As at 31 December 2021

	2021
	£
Current assets	49,703
Creditors: Amounts Falling Due Within One Year	(633)
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NET CURRENT ASSETS	49,070
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TOTAL ASSETS LESS CURRENT LIABILITIES	49,070
Accruals and deferred income	(750)
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NET ASSETS	48,320
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CAPITAL AND RESERVES	48,320
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Notes

1. Average Number of Employees

Average number of employees, including directors, during the year was as follows: 3

2. General Information

The Talking Taboos Foundation is a private company, limited by shares, incorporated in England & Wales, registered number 08821654. The registered office is Hartham Park Hartham Lane, Corsham, SN13 0RP.

For the year ending 31 December 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions.

On behalf of the board

Alison Drake

Mrs Alison Drake

Director

Katherine Jennings

Ms Katherine Jennings

Director

Mr Vincent Nolan

Mr Vincent Nolan

Director

23/08/2022

**The Talking Taboos Foundation
Trading Profit and Loss Account
For The Year Ended 31 December 2021**

	2021	
	£	£
TURNOVER		
Grants and subsidies received		34,420
STAFF COSTS		
Subcontractor costs	23,743	
		(23,743)
OTHER CHARGES		
Insurance	148	
Advertising and marketing costs	990	
Accountancy fees	750	
Subscriptions	286	
Sundry expenses	583	
		(2,757)
NET PROFIT		<u><u>7,920</u></u>



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
THE TALKING TABOOS FOUNDATION

On accounts for the year
ended

31 December 2021

Charity no
(if any)

1159222

Set out on page

1

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 December 2021**.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

23/08/2022

Name:

Mr O Thomas

Relevant professional
qualification(s) or body
(if any):

The Association of Chartered Certified Accountants

Address:

Purple Lime Accountancy Ltd

Hartham Park, Corsham SN13 0RP