

Company registration number: 8951503

Charity registration number: 1159092



LIFE LEISURE TRUST T/A ANEURIN LEISURE
(A company limited by guarantee
and not having any share capital)

REPORT OF THE TRUSTEES, STRATEGIC REPORT AND
CONSOLIDATED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

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LIFE LEISURE TRUST T/A ANEURIN LEISURE

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**LIFE LEISURE TRUST T/A ANEURIN LEISURE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

Foreword from the Chair of the Board of Trustees

It is a great pleasure to introduce this eighth annual review of Aneurin Leisure. Our mission is to “Improve Community Life” and I am pleased to say that we continue to deliver on this commitment through the services and programmes we provide to the residents of Blaenau Gwent.

We are at an exciting juncture in our development, as a young Leisure Trust, and we look forward to continuing to make a positive impact on creating healthier lifestyles whilst working with partners such as Ysbyty Aneurin Bevan Health Board, Sport Wales and Disability Sport Wales.

Once again, during a continuing tough and challenging financial climate, Aneurin Leisure (Trust) has delivered service improvements and achieved targets agreed in partnership with Blaenau Gwent County Borough Council (BGCBC). Access to the Hardship Fund continued through the 2021/22 financial year which provided stability to the Trust and allowed continued investments to mitigate against the challenges faced by restrictions due to the Covid pandemic. Investments carried out are set out in the 10-year business plan to support continued growth and deliver on our mission statement.

Key investments that were put in place in the 2020/21 financial year have proven to be a big success across all areas and allowed the Trust to be in the best position for a quick post pandemic recovery such as:

- Sports Centre Refurbishments
 - Membership numbers surpassed pre-pandemic levels and the growth continued throughout the financial year.
- Parc Bryn Bach Mini Golf & Go-Karts
 - Both investments have been extremely well received with the return on investment achieved within the first financial year.

The Library Service and Adult Community Education have continued consultation with BGCBC to discuss relocation plans to Trinity Chapel in Abertillery. This relocation will provide residents with improved town centre access and co-located services in a modern, refurbished building.

Catering & Hospitality continued to achieve growth across the business unit sites, with public confidence in the quality of service remaining consistent across the business. Bedwellty House & Park continues to receive positive feedback and maintained a 4.5* rating on Trip Advisor and 5* rating on Facebook for quality of food. Throughout the 2021/22 financial year Bedwellty House & Park were faced with the continued challenge of distancing restrictions which only allowed 30 guests at a wedding.

Since the inception of Aneurin Leisure, partnerships have been important to our success. As well as the key partnership with BGCBC, the Trust has developed many partnerships with agencies and organisations and the relationship with Ysbyty Aneurin Bevan Health Board is flourishing and key projects are arising as a result.

The National Exercise Referral Scheme (NERS) is an established partner on the Neighbourhood Care Network (NCN). The cluster design promotes joint working across practices and the integration of primary care services with key partners such as the Local Health Board, BGCBC and Third Sector. Clusters also have a key role in supporting local health needs assessments, allocating appropriate resources and forecasting the potential future demand on primary care. There have been multiple collaborative projects that have been established in these meetings including Fibromyalgia and Dementia working groups, with the NERS team delivering bespoke classes to contribute to the respective needs.

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The successes achieved across the Trust are in no small part due to the commitment of our employees. Once again, the staff have been our greatest resource, working extremely hard to deliver high quality services to our customers in our facilities and the communities of Blaenau Gwent. I would like to thank the entire team and all our partners for their contribution to the delivery of improved services across the area.

Finally, I would like to thank everyone who has contributed to the continued success of Aneurin Leisure during the year: our Trustees, staff, volunteers, funders and partners and in particular, Blaenau Gwent County Borough Council. Above all, I would like to thank the local community whose interests we serve, for their support and engagement over the past year.

**Lyn Evans
Chair
Board of Trustees**

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The Trustees are pleased to present their annual directors' report which incorporates the strategic report, together with the financial statements of the charity for the year ending 31 March 2022, which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (as amended for accounting periods commencing 1 January 2016).

OBJECTIVES AND ACTIVITIES

The objects of the charity, as set out in its Memorandum and Articles of Association, are:

- to provide or assist in the provision of both indoor and outdoor facilities in the interests of social welfare for recreation or other leisure time occupation of individuals who have need of such by reason of their youth, age, infirmity or disability, financial hardship or social circumstances with the object of improving their conditions of life;
- to promote community participation in healthy recreational activities;
- to provide or assist in the provision of community facilities to be available to all sections of the community without distinction, including use for meetings, lectures and classes and/or other forms of recreation and leisure time occupation with the object of improving the conditions of life for all those who use the facilities;
- to advance the education of the public in the arts through the provision of a theatre/ arts development;
- to advance education in the arts by the establishment and maintenance of an art gallery and/or museum;
- to advance the education of the public through the provision of a library;
- to provide, maintain and equip parks with the object of advancing public education, with particular regard to horticulture, arboriculture, wild plants and wildlife;
- to preserve buildings of historic or architectural importance;
- to develop the capacity and skills of members of the socially and economically disadvantaged community in such a way that they are better able to identify, and help meet, their needs and participate more fully in society; and,
- to pursue such other charitable purposes analogous to any of the above as the Trustees in their absolute discretion shall determine (together the "Objects").

To carry out any other charitable activity subject to the prior written consent of the Charity Commission for England and Wales.

Public benefit

The Trustees confirm that they have complied with the duty in Section 17(5) of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit. The Trust considers how planned activities support its vision of improving community life through Leisure, Learning and Culture which benefits the local population served by the charity. The Trust aims to deliver social outcomes that improve health and wellbeing whilst encouraging staff to strive to improve the quality of service delivery in a commercially sustainable way.

Some of the key activities undertaken in relation to the objects of the charity and to further the charities' purpose for the public benefit are outlined on pages 6 - 21

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STRATEGIC REPORT

ACHIEVEMENTS AND PERFORMANCE

- These accounts represent trading for Aneurin Leisure for the period 1 April 2021 – 31 March 2022.
- Aneurin Leisure has maintained a strong relationship with Blaenau Gwent County Borough Council.
- The Library Service achieved all 12 of the core entitlements of the Welsh Public Library Standards for 2021/22.
- Coalfields Regeneration Trust have withdrawn from the Trinity Chapel project to relocate Abertillery Library and Adult Education service, however, the project continues to move forward with plans now centred around a direct partnership between BGCBC and the Trust. Plans have been revisited to ensure that the project suits the needs of the users to the best effect.
- Community Hubs launched into every library across Blaenau Gwent which has evidenced the strong partnership working with the Local Authority. The project has been extremely well received across the Borough and has allowed the Blaenau Gwent residents to access all Local Authority services in a much more efficient and cost-effective way with 98% of the population of Blaenau Gwent live within 2.5 miles of their nearest library. This demonstrates that residents have easy access to library and council services in one building
- There were 13,632 electronic downloads, 3,156 audio/visual loans and 56,148 book loans. Physical book borrowing has increased by 120% compared to last year, as the services recovers from Covid 19
- In the last quarter of 2021/22, the Library Service worked in partnership with the Local Authority to coordinate the distribution of lateral flow tests. All libraries distributed the tests to residents, providing easy access. Over this period, 3,606 tests were distributed through the Library Service. Without the reach of libraries, widespread community distribution would have been difficult. During this time, library staff reported that they provided lots of information on Covid related enquiries, from assisting with online Covid passes to explaining current restrictions to vulnerable customers.
- In October 2021 a new Sports Library project was launched at our full-time libraries. Funding was made available to loan a range of sporting equipment to library customers, free of charge. Equipment includes kettle bells, resistance bands, badminton sets, rugby balls etc. All the items are loaned using our Library Management System and, therefore, requires the customer to join the library

Who used and benefited from our services?

The Charitable Trust provides leisure, learning and cultural activities to the residents of Blaenau Gwent. Whilst some sections of the community are affluent, many are not and some 21 per cent of areas fall in the 10% most deprived areas in Wales and overall, the majority of its areas are more deprived than the Wales average.

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The Charitable Trust is responsible for the operation, management and development of the following:

- Three Sports Centres (including Sports Development and NERS Facilitators)
- Four Learning Action Centres
- Six Libraries and two home delivery vans
- Bedwellty House & Park
- Parc Bryn Bach

Getting Young People and Communities Active

Sports Development

- The Sports Development team deliver a wide range of sport, physical activity, community engagement and swimming opportunities across Blaenau Gwent which contributes to Sport Wales' 'Vision for Sport' and their mission statement, 'An active nation where everyone can have a lifelong enjoyment of sport.'
- Sports Wales and the Wellbeing of Future Generations (Wales) Act 2015 underpin and embrace the new Vision for Sport in Wales via their new Sports Wales Strategy.
- For the last 5 years, lottery investment has been combined in to one central pot to enable the Gwent region to work collaboratively to impact on the Vision for Sport in Wales and the population of Gwent. This has continued during the 2021/22 funding cycle.
- The regular communication and dialogue among Local Authority officers has provided a platform for continuous learning and the sharing of good practice and innovation over a number of years. The sharing of what works and what doesn't across the Gwent region, means 'Active Gwent' and individual local authorities are in a strong position to submit Partnership Agreements based on local insight, experience, and knowledge of our areas.
- Sports Development continue to deliver inspirational, engaging, and high-quality sport and physical activity programmes, projects, and interventions, particularly for children, young people and their families which are insight led and aligned to Sport Wales Investment Priority Areas:
 - Foundation
 - Participation
 - Progression
 - Performance
 - Succeed
 - Growing Capability, Capacity and Confidence

The team aim to support and deliver:

- The Foundation and Participation priorities via physical literacy development, primary school sport, secondary school sport and community sport.
- The Progression and Performance priorities via club development, partnerships with NGB's, and sustainability of grassroots sports programmes.

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- All programmes are driven by insight gathered from a number of different sources. Extra-curricular secondary school sessions will be selected based on the latest school sport survey (SSS – see below) data and the latent demand. A number of health and wellbeing interventions for secondary schools will be shaped by the School Health Research network data (SHRN). That data stated that a number of children are not meeting the required amount of physical activity minutes per week. A bespoke intervention was implemented to engage with the wider family to help support individuals.
- Previous Primary School SSS data (prior to Covid) presented a significant decrease of sport and physical activity including the number of minutes of PE being delivered during curriculum time. As a result, support packages have been created and delivered to a number of Primary school staff. There was a focus on adapting their current curriculum to the new one. This support will continue throughout the next year(s) and will help the Primary school phase reintroduce sport and physical activity opportunities.
- Sport Wales currently uses the School Sport Survey (SSS) to evaluate the performance of school sport within individual local authorities. Headline measures from Blaenau Gwent's 2022 School Sport Survey include:
 - 95% of pupils would like to do more sport
 - 65% of pupils enjoy PE 'a lot'
 - 31% of pupils participate in organised sport outside of the curriculum at least 3 times per week
 - 22% of pupils 'always' feel their ideas about PE and school sport are listened to
 - 58% of pupils believe PE and sport contribute towards a healthy lifestyle.
- The cross cutting-workforce development programme undertaken across the county borough includes playmakers; ambassador programme, coach education and officer training. This will contribute to growing capability, capacity and confidence priority.
- The team promote equality throughout all provision and programmes. The main objective is to continue to offer sport and physical activity that is accessible to all. Disability inclusion sessions are integrated into all community and school provision. Bespoke 1-to-1 support during mainstream provision is also offered. All coaches and staff have completed disability inclusion training to allow all sessions to be inclusive.
- Disability partnership community engagement has developed with a number of local trusted organisations (LTOs) working together to ensure high quality inclusive sessions are delivered within local communities. Families First, Children with Disability Team, Barnardo's and other agencies are working alongside sports development to establish physical activity sessions within their programmes. These partnerships will continue to create and develop opportunities for everyone.
- The Us Girls brand in Blaenau Gwent has created a legacy that will continue far beyond the brand itself. Both the brand and the delivery tool are still very much utilised in Blaenau Gwent in order to engage with inactive and semi-active females. The 'female only' setting that the project promotes gives young women and girls the confidence to attend sessions and participate in activities in a safe and fun environment without the fear of being judged. Volunteer-led and participant centred sessions remain at the forefront of the project, with an emphasis on engaging the 'right' target group into a more physically active and sporting lifestyle. In 2021/21, a staggering £15,791 was secured to establish new projects in the area. One project will include a 6-week Wellbeing Group supporting secondary age females who have experienced adversity in their lives and are at risk of being removed from their families and/or of being permanently excluded from school. The project will be based at Parc Bryn Bach and will be delivered in partnership with ABUHB and Education.

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- Youth Sport Trust's 'Girls Active' initiative is also delivered in partnership with all four of the secondary schools in Blaenau Gwent, to provide extra-curricular opportunities for female pupils aged 11 to 16.
- Blaenau Gwent's Community Sport model has created a gateway to local 'hard to engage' communities and has provided a platform for young people living in the area. Community Sport in Blaenau Gwent aims to encourage local young people to become more physically active in a safe and fun environment. Delivered in the community, for the community; sessions are current and vibrant, and are delivered by the 'right people', at the 'right time', in the 'right place', for the 'right price', and in the 'right style'. 1 in 3 young people grow up in poverty with only 42% of those from the most deprived households taking part in physical activity 3 or more times a week.
- During the holiday periods, 'Fit and Fed' provision is delivered across the borough in partnership with a multitude of local agencies – Tai Calon, Gwent Police, Rotary, etc. Fit and Fed is a project to help young people receive food and physical activity during the school holidays. Research shows that many young people have access to less food and physical activity once schools break up for the holidays. Fit and Fed is designed to help bridge that gap by providing nutritional meals and sporting provision.
- Welsh Government's 'Summer of Fun' and 'Winter of Wellbeing' funding was secured in the summer of 2021 and winter of 2021/22, which supported the wellbeing of children and young people ages 0-25 via bespoke physical activity interventions and programmes.
- Sports Development intends to build on the current Healthy and Active funded Family Engagement Project to excite and inspire the most vulnerable families across Blaenau Gwent to be active, healthy and participate in activities as a family. A fourth year of funding (£6,000) has been received to aid the delivery of the project. A pathway into activity for the most vulnerable families in Blaenau Gwent will be created. Families will be referred into the programme via Families First/Social Services and will receive bespoke physical activity support, nutritional advice and will be introduced to mindfulness. Families will be able to access sports centre-based classes such as fitness and swimming classes, as well as community-based sessions linked to local sports clubs.
- For those accessing services via community settings, they may not always have the technology available as a school setting would. Digital poverty is high within the area for a number of demographics. A 'Sports Library' and 'Digital Inclusion' scheme has been introduced into the Trust's libraries, whereby families can check-out and loan sports equipment and tablets free of charge.
- Working with Blaenau Gwent's Youth Services Team and their Positive Futures programme has allowed the continuation of Community Safety, Youth Engagement and Sport, and Alternative Education provision. Positive Futures in Blaenau Gwent aims to connect detached youth provision to sport and physical activity. There are a number of high anti-social behaviour hotspots within the area. The level of criminal activity from young people within those areas that have seen high level of engagement has significantly reduced. Friday night football sessions in conjunction with the Cardiff City foundation are extremely popular.
- The Free-Swimming Initiative has a greater emphasis on qualitative projects for the under 16's. The open access for the over 60's has been replaced with individual days across the 3 sports centres which made way for more innovation through the under 16's element.

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- There has been a collaborative project between the Sports Centres and Sports Development through the 'Fit and Fed' programme, which was halted in March 2020 due to the Covid-19 pandemic but was relaunched again in 2021 due to popular demand. Just over 60 young people have accessed free transport, and a free 30-minute swimming lesson delivered by a qualified instructor. The aim has been to introduce basic swimming skills and establish good water swimming habits, giving those living in the hardest to reach areas in Blaenau Gwent (as according to the Welsh index for Multiple Deprivation WIMD report) the opportunity to access aquatics.
- An extra-curricular swimming programme for those children in Year 7 that didn't meet the Key Stage 2 criteria in Year 6 in the Nofio Ysgol has been delivered. A member of the Sports Development team collaborates with the PE departments across the borough to identify individuals and conduct sessions.
- Weekly disability swimming sessions are delivered at each of the sports centres – family swim sessions, structured 'learn to swim' lessons, quiet swim sessions. 45 disabled children currently access this provision.

Aquatics

- There are currently 2,329 children that take part in school swimming Years 3 – 6, with a pass rate of 75% which is 4% higher than the national average:
 - Total No. of Primary School Pupils Swimming: 2,329
 - Number of Girls Swimming: 1,174
 - Numbers of Boys Swimming: 1,155
 - Total No. of Year 6 Pupils Achieving KS 2: 405, 75%
 - Total No. of Year 6 Swimming: 538
 - Number of Year 6 Girls Swimming: 272
 - Number of Year 6 Boys Swimming: 266
 - Number of Year 6 Girls Achieving KS 2: 202, 74%
 - Number of Year 6 Boys Achieving KS 2: 203, 76%
 - Number of Year 6 Achieving KS 2, Abertillery: 91, 60%
 - Number of Year 6 Achieving KS 2, Ebbw Vale: 196, 79%
 - Number of Year 6 Achieving KS 2, Tredegar: 118, 84%
- Swim school provisions are currently 1,477 out of a possible 1,903 (maximum occupancy) children taking part in these lessons;
 - Ebbw Vale Sports Centre – 634/713 – Occupancy 89%
 - Abertillery Sports Centre – 510/630 – Occupancy 81%
 - Tredegar Sports Centre – 419/560 – Occupancy 75%
- Non-swimmers from KS2 are now catered for through the Sports Development AYP swimming. Those who don't pass the criteria at KS2 are invited to Year 7 swimming classes. The current rate is 57 non-swimmers invited with 35 undertaking the lessons, which equates to a 65% uptake.
- The new measurement for Every Child a Swimmer by the end of KS2 (Year 6) will now be measured against the Nofio Ysgol framework which mirrors the Swim Wales learn to swim model.

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- Extra work is being developed between swimming clubs and Aneurin Leisure to make the transition from swimming lessons more focused to swimming length following FINA rules and regulations. Invitations to swimmers from wave 5 – 8 are invited to trial sessions at the swimming clubs in Blaenau Gwent with the aim of retaining them in aquatic activities.
- The swim data collection will now include;
 - Swimming Clubs – Average number of people per lane (6) x number of lanes x number of hours
 - Other aquatic clubs (water polo, canoeing, synchro, octopush, parties) – Average of 20 people per hour x number of hours
 - School numbers to be recorded by numbers of children attending x number of sessions

Adult and Community Learning

- Adult Community Learning's Independent Living Skills classes are for those with mild to moderate learning difficulties or those experiencing issues with their mental health. Learners based at Ebbw Vale Learning Action Centre have created a range of Welsh themed pottery items, including figures of St Dwynwen, Welsh ladies. The students sell their pottery creations via their class Facebook page, and the money raised is then re-invested back into the class in order to purchase supplies and tools for them to continue their sessions, enabling the learners to practice their numeracy and communication skills in a relaxed environment.
- During the Buggy Walks in Parc Bryn Bach the Nurture Equip Thrive project engaged with 32 women who were currently on maternity leave. Due to lockdown all the women discussed with the development workers how isolated they have been feeling as they had their babies during lockdown and were feeling very anxious about leaving the house. They were also worrying about having to return to work and would like support to meet people in similar situations to improve their confidence and anxiety about returning to the work environment. After consultation with the women, they all felt that groups where they could do some physical exercise with their babies would benefit them with their anxiety and also confidence in meeting new people. From the consultation we sourced a tutor to deliver Baby Yoga for the babies 6 months and under and Zumbini (music and movement) for the older babies.
- Both Baby Yoga and Zumbini have been very successful; 9 - 12 women attended each session. From these sessions the women have set up WhatsApp groups to support each other. Due to the success of the sessions, they have continued, with the women being offered reduced Life Membership which means that they can also benefit from the Life Classes including Mother and Baby classes.

Parks & Hospitality

- The popular Mini Mover Sessions continued weekly throughout the 2021/22 period, welcoming new parents and their babies to a session where their little people can enjoy natural stimulation through music and movement while they are able to meet, socialise and share parenting experiences with other new parents.
- The Buggy Walk established at Parc Bryn Bach has continued to increase in number each week with feedback being popular particularly in having a positive impact on the new parents' mental health and how much better they feel following a walk around the lake and chatting to like-minded people.

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- Junior Parc Run recommenced in late Spring 2022 following 15 months of being on hold due to the restrictions surrounding Covid-19. 30-40 young people participate in the free event every Sunday at Parc Bryn Bach supported by their family members and volunteers.
- A brand new Adventure Golf course was launched at Parc Bryn Bach offering families a quality crazy golf experience. The activity was very well attended and well received by the community and visitors.
- The free play area at Parc Bryn Bach remained incredibly popular during the 2021/22 period with tens of thousands of children and their families enjoying the play space.
- During the Winter period Bedwellty House offered a series of 'Silent Discos' for young people aged 11-16 to meet and socialise with disco headsets. These were offered free of charge as part of the Winter of Wellbeing funding.
- The tennis courts within the Bedwellty Park undertook a clean-up and maintenance programme during Spring 2021, which allowed for 2 out of the 3 courts to be opened for the Summer 2021. The courts were free for the community and local cluster schools to use. This was welcomed by the community. Both courts were well used during the peak summer season and into Autumn 2021.
- Round Robin activity days proved a successful option for schools who attended Parc Bryn Bach during the Summer term of 2021. Young people participated in a range of Outdoor Adventure Activities, these activities encouraged team building, logical thinking, and resilience. All schools who participated in 2021 re-booked immediately for 2022, which is encouraging.
- Parc Bryn Bach offered Wildlife Wednesdays during the Summer of 2021; these were free for young people and their families to attend and were in partnership with Gwent Wildlife Trust.

Support for National Health Initiatives Aimed at Improving Overall Wellbeing

- The NERS (National Exercise Referral Scheme) resumed in July 2021 and continued to be affected by limited numbers in classes and restricted consultations. Clients who were defined extremely vulnerable were not able to attend face to face meetings until February 2022. Virtual consultations were offered, but very limited uptake due to confidence of clients using such platforms such as Teams and Zoom. A blended model was undertaken up to the end of March 2022;
 - The NERS team utilised Advagym (digital applications for members). The NERS team proceeded to uploads, classes, workouts, and information for referral clients to take part in exercise at home, outdoors or within the facilities. There are 10 classes and 34 progressive workouts available to the clients.
 - There was an option for clients to undertake their consultation via virtual means. Those who were classed as extremely vulnerable took this option and were provided a login for the Advagym application.
 - There were 567 referrals received between July 2021 and March 2022. This was due to the limited provision and the confidence levels of the clients during this uncertain time.

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- General Practitioners and Health Professionals are submitting more referrals via electronic means. This cuts down the time for contact to be made with the clients, as previously referrals were collected every 2 weeks by the staff.
- Most of the secondary care clinics were postponed during the 2021/22 period due to Covid-19. This limited the number of referrals further as the physio department in Ysbyty Aneurin Bevan submits 20% of all referrals per year (on average 200 referrals per year).
- The NERS fitness class provision was also limited to around 25 classes, with a maximum capacity per class being 12 (usual occupancy is 25). Restrictions eased in February 2022, with the average occupancy raised from 10 to 18 in the classes.
- The NERS team have secured additional funding of £13,781 for 2021/22 through Sport Wales for the 60+ programme. There is £8,600 that has been allotted to 3-months free membership for 200 participants for the over 60's demographic. This is to eliminate the economical barrier to getting active and improve social wellbeing along with the physical and mental wellbeing. There was an uptake of 152 with funding allocated for 150 which is 102% of target.
- The over 60s free swimming is offered across all facilities, Mondays, Tuesdays and Wednesdays. The average daily usage is 38 based on April to September's figures. In all there were 2,964 swims undertaken by the over 60's demographic.
- The NERS programme (National Exercise Referral Scheme) continues to operate on a weekly basis out of Bedwellty House to encourage those community members who aren't as comfortable and confident to attend a Sports Centre to participate in a gentle Tai Chi class in the park. This is a much loved and well received class reaching out to some of the hardest to reach in the community.

GP Referral Case Study

Name: - Christie Weights

	1st Consultation	8 Week Consultation
Weight (kg)	80.3	78.8
Waist (cm)	95	92
Blood pressure	126/82	123/82
Heart Rate	61	60
BMI	26.6	25.1

Achievements

The client has been attending the NeuroFit class 1 x a week for the past 8 weeks. Range of movement in shoulders and legs have increased. The client is now able to do some shoulder rolls and can lift both knees up to hip height.

Activity

Attending 1 class a week and receiving physio treatment and doing home exercise.

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Reason for Attending the Referral Scheme

Neurological condition (The client had a stroke at a young age which left her finding daily activities very difficult and unable to work) client is only 38.

Difficulties you had to overcome

"I Felt a little anxious at first as I was so young but once I realised the NeuroFit class was aimed specifically at my conditions needs I felt more at ease. I felt that way as I feel I should be doing more for a person my age"

Benefits from the Scheme

"I'm improving each week, my range of movement has increase in my shoulders and legs (I can do shoulder rolls and lift both knees to hip height which I couldn't before). I Feel my posture is improving which is allowing me to do sit to stands in the correct manner. I'm also learning how my body works which is helping me understand my limits".

Overall Experience

"I think the class has given me a lot more confidence and I'm able to do more around the house and more activities with my daughter".

Library Service Case Study

Long Covid Sufferer

Janet joined the library in May 2021. Janet explained to the staff that she was suffering from long Covid and as a result it has affected her ability to read. Janet used to be an avid reader, reading a couple of books a week. Long Covid has left Janet unable to focus on the words, very similar to Dyslexia. Library staff recommended stock to help Janet, starting with adult learner titles and progressing to Quick Reads. Janet has praised the library service for helping her recovery with a range of support.

'When I first joined the library, I could only read a page or two of a book. Having the right type of book, has built my confidence, and got my brain back into reading. At the start I couldn't focus or remember the words. Nearly a year on, I am enjoying the Quick Reads, I think I have read most of them now. I am going to move onto light paperback novels soon, that is going to be such big achievement for me'

Library staff also helped Janet set up Borrowbox on her ipad. Janet finds following instructions difficult and has poor memory. Library staff designed a very simple user guide to help Janet log onto Borrowbox in simple steps. From time to time, Janet has needed to bring her ipad into the library, for further help in how to access the app. Staff have demonstrated the Dyslexia friendly accessibility features of BorrowBox, including altering the font style, font size, margins and background. Janet has discovered the sepia background has been particularly helpful in making reading easier for her. Janet has also benefitted from listening to many e-audio titles, which have aided her long Covid recovery, as she suffers from insomnia and anxiety, since her diagnosis.

'Borrowbox has been really helpful. Being able to listen to books, at my own pace has really helped with my brain fog and has helped build my concentration and helps me relax at the same time. I've listened to self-help books to help manage stress and anxiety and in the evenings, I listen to historical novels, they help get me off to sleep. I often wake through-out the night, so I start listening again and they help me drift off again, I find them very soothing'

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'I've not been able to return to work since having long Covid. My local library has been invaluable to me over the year. From helping me get back into reading, helping my mental health and by just having somewhere I can easily walk to and have a friendly chat, all so helpful to getting me back on the road to full recovery'

Supporting Essential Skills

- The Trust's Adult and Community Learning has three externally funded employability projects, which contribute to raising skill levels and improving career prospects across Blaenau Gwent. All projects have been extended until March 2023, bringing the total value of the projects to £4,262,283. Staff in all three projects have worked tirelessly to ensure that the deliverables and outputs for each project remain on target to avoid grant clawback by Welsh Government following the pandemic.
- The first project delivered through Adult and Community Learning is "Working Skills for Adults 2". This project aims to provide qualifications and support to those individuals who are in low-skilled and seasonal employment to enable them to improve their job sustainability and prospects. As at the end of March 2022, the project had exceeded its engagement target by 5% with 649 starts, with 73% of participants achieving a recognised qualification primarily in short course or vocational certificates. A small number of participants have engaged with informal courses such as confidence building or CV writing which does not enable a qualification to be achieved.

The project has formed strong links with local primary schools including Ebbw Fawr Learning Community and Abertillery 3-16 Learning Campus providing continuous professional development learning opportunities to their auxiliary staff.

- Bridges into Work 2 is the second project which is delivered through Adult and Community Learning. Its aim is to engage with those who are economically inactive or have been unemployed for over 3 years and reside in non-Community First areas. The project commenced delivery in January 2016 and robust marketing and delivery plans are in place to ensure that the project will remain on target for its delivery profile until March 2023. The project has engaged with 547 individuals with 28% already securing sustainable employment, which is the highest employability rate of all the Bridges into Work project sponsors. The project to the end of March 2022 has sourced 184 voluntary work placements across Blaenau Gwent, enabling individuals to gain valuable transferable and employment related skills. Relationships have been formed with local employers including The Owl Sanctuary, Gwent Wildlife Trust and Hospice of the Valleys.
- The Nurture, Equip, Thrive project is designed to engage with those employed individuals who wish to improve their job sustainability. Individuals on the project are either under employed or have a work limiting health conditions. To date the project has engaged with 272 individuals, 89 of whom have reported an improvement to their employment through promotion, changing careers or increased responsibility at work plus 20 have returned to work after a period of absence. This project is unique in its offer to employed participants to engage with stress management and anxiety courses which are complemented with individual mentoring and support. The project has expanded to work closely with the local Health Visitors to provide wellbeing opportunities to mums who are looking to return to employment after maternity leave. Additionally, the project delivered 6 face-to-face Coping with Anxiety courses, supporting 38 people. The course helps participants' gain greater understanding of the causes and effects of anxiety and to provide an opportunity to learn effective relaxation and other coping techniques.

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- The core purpose of Adult Community Learning is to enable adults to develop to play a full part in life and work by providing support primarily through a curriculum focussed on improving essential skills. The target group for Adult Community Learning are those individuals who are not in full time education, training or employment, in 2021/22 academic year over 850 individuals participated in a range of essential skills courses.

The curriculum offered by Adult Community Learning is benchmarked against targets which are agreed across the Coleg Gwent partnership. Aneurin Leisure achieved a successful completion rate 94.3% against a benchmark 93% for the academic year 2020/21. The GCSE results for 2020/2021 were extremely pleasing with 92% of English Language learners achieving A or B grades plus 100% of maths learners who took the intermediate or higher course achieved an A*- D grade, with 79% getting an A*-C grade.

- During the academic year 2021/2022 Adult Community Learning welcomed back to its Learning Action Centres a wide variety of clubs and social groups, including Crafty Crafters, Allsorts Stained Glass, Yoga and the Astronomy Society. These clubs and social groups give learners within Adult Community Learning the opportunity to engage in learning for pleasure and wellbeing.

Adult Community Learning Testimonial from Nurture, Equip, Thrive Participant:

HP decided to contact Adult Community Learning after hearing about the service from a friend. Initially she was very nervous about re-engaging with learning as she had not completed any form of learning or education for over twenty years.

In an initial meeting with Working Skills for Adults Development Officer, HP disclosed that she had poor childhood experiences which had affected her education and in adulthood she had suffered a brain tumour, which had resulted in her being unable to work for several years. On returning to the workplace HP secured a role in the caring profession but had realised that this was not the role for her but lacked the skills and qualifications to progress into a different role.

With the support of her Development Officer, HP completed a plan of what employment she would like and enrolled in Adult Community Learning onto a series of short courses designed to improve her confidence and provide low-level generic transferrable skills.

The next step was for HP to complete a CV with the support of her Development Officer, HP realised that she would like to work in a prison supporting others. Whilst continuing her learning journey with Adult Community Learning HP secured role as a custody officer within the prison service.

HP stated *"at the beginning I did not think I would be able to complete an hour in a classroom, but my development officers and tutors were always reassuring me and celebrating all my learning successes however small. I feel that my life has turned a corner"*

Tackling Inequalities

- Adult Community Learning benefitted from several Welsh Government grants which enabled the service to purchase several sets of I-pads, Chrome books and tablets. These devices are being loaned free of charge to learners to enable them to attend the blended learning options available within the service plus they are able to complete assessments and coursework.

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- Adult Community Learning delivers a programme of English for Speakers of Other Languages (ESOL) across Blaenau Gwent. The programme is free of charge and combines formal taught classes together with informal coffee mornings/chatter groups all of which enable the learners to develop their communication in English.
- Free swimming continues to be monitored from a qualitative perspective based on projects supplemented by the Free Swim Initiative funding;
 - The Fit and Fed project run through the Sports Development team and worked in collaboration with the Police Commissioner fund (transportation) and Bryn Farmhouse (community base for children) we have developed a bespoke learn to swim pathway for those youths to take part in aquatics-based activities which is also a lifesaving skill.
 - There is a collaborative project between Aneurin Leisure Trust and Families First (Social Services) to provide 20 free swimming sessions for young carers during our public swimming times. 28% of the 56 cards given out to the young carers had never been in our facilities previously.
 - Disability swimming sessions have been offered to 10 individuals based on referrals from the Disability Sports Officer.
 - 2 hours per week per centre for free unstructured swimming.
 - An allotted amount of free swimming through holiday periods and the summer.
- The over 60's free swim has also been updated as detailed below: -
 - There is now one day per centre per week where over 60 swimming is free of charge during each public/adult swimming session.
 - There is a free aqua aerobics session for over 60's at Tredegar Sports Centre.
 - There is a muscular skeletal pathway for older adults with mobility problems that is pool based. This is being run through the NERS scheme in partnership with the local GP's and physiotherapy department.
- The new approach has been set out to tackle the inequalities that are high on the agenda of the local authority as a whole.
- The Covid-19 pandemic has highlighted new challenges for residents of Blaenau Gwent. Blaenau Gwent has some of the most deprived communities in Wales, the pandemic has further exasperated problems for those living with poor health and poverty. Various services and projects delivered by the Library Service over 2021/22 has supported the equality agenda on a local level and helped bridge the poverty gap.
- The service worked in partnership with the local housing association Tai-Calon during the February half-term, to distribute free 'recipe bags' to residents. People attending the library could receive a bag contain all the contents to make health family meals, including recipe cards and ingredients.

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- To celebrate World Book Day in March 2022, the service worked in partnership with Families First, to provide children with free costumes. The costumes were loaned from local libraries, which worked well, with families joining the library at the same time and borrowing related stock.
- Library space was used by Social Services working with the 'Supporting Change' team, targeting vulnerable, disadvantaged children. Craft activities and reading groups were delivered, which we promoted to the wider community, as well as targeted invitations to families needing support. The aim was to provide inclusive sessions, in neutral settings, with families using libraries on a regular basis.
- The service delivered a very successful 'Winter of Wellbeing' campaign during the last quarter of 2021/22. Families really appreciated having free events. The service delivered a total of 29 events, attended by 596 young people and 152 parents and carers. The campaign has been instrumental for re-engaging with young people, post pandemic. Memberships and issues have risen as a result, compared to February/March last year. Book issues increased by 137% over that period.
 - Sessions were delivered to target all the age ranges from 0-25
 - Example of sessions included –
 - Baby Zumbini
 - Expressive Art (for 16-25 year olds)
 - Dan Anthony Author workshops
 - Crochet taster sessions
 - Louby-Lou interactive Storytelling events
 - Roald Dahl themed Art Sessions
 - Harry Potter themed Art Sessions
 - Lego Club
- BookTrust Cymru's Bookstart packs and Early Years packs were also distributed from libraries, as health checks were still disrupted by the pandemic.
- Outreach provision has been extended further over 2021/22 with an increasing number of group loans to community organisations, community centres and other hard to reach communities. The service maintains strong partnership support with Llanhilleth Miners Institute. Llanhilleth, is an isolated community within Blaenau Gwent. We regularly loan stock, advise on reading material and provide outreach library-based activities, including Summer Reading Challenge events. With support from the Library Service, the Institute has been able to establish their own community-based children's library, with stock provided by the Library Service. Trefil, another isolated community in Tredegar has regular group loans, at Trefil Chapel, where customers are able to access and request library stock.
- The Library Service worked closely with the Sports Development Team over the year, as reading has been added to the Fit and Fed programme. Libraries supported the scheme by providing promotional bags for outreach activity. This programme aims to tackle inequalities that children living in the most disadvantaged areas face, including food poverty, physical inactivity and social isolation. The Fit, Fed and Read has been successful in reaching children, who otherwise, would have encountered barriers to reading.
- Stock promotion is an important aspect for the service to raise awareness of equality. Pride Month and LGBT History Month was promoted in all libraries, with displays, with relevant titles promoted.

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- During the summer of 2021, the service launched the Summer Reading Challenge 'Wild World Heroes'. We offered the physical visits with incentives, as by this time, we were inviting families back to libraries, by managing numbers in buildings. We also offered a digital participation for those families choosing not to engage face to face
- The Library Service worked with Keep Wales Tidy to launch a new litter picking scheme from all libraries. Libraries are now Litter Picking hubs, residents are able to borrow a litter picking kits from their local library, loaned via the Library Management System. A series of drop-in sessions were held across libraries, to raise awareness of the scheme. A community litter-pick event was also held from Ebbw Vale Library, attended by MP, Alun Davies.
- Various health campaigns have been promoted in all libraries, over the year, for example, Mental Health Awareness Week in May 2021.
- Empathy Day was promoted in June 2021, with related stock promotions and online digital activities.
- The service held Dewis Cymru drop-in sessions in all libraries in Oct 21. We worked in partnership to deliver training to community groups, raising awareness of this well-being resource. Library staff also completed the training and signed up as 'Wellbeing' friends within local communities. Working with the Integrated Wellbeing Network (Public Health Wales) within Blaenau Gwent, Brynmawr and Tredegar Libraries have now become 'Wellbeing hubs'. These Libraries form a network of groups and organisations that provide information, resources and signposting to support well-being.
- The Library Service has worked closely with the Aneurin Bevan Local Health Board and have agreed for Abertillery Library to be the base to hold the resources for 'Five ways to Well-being and Melo (mental health resource). Community groups, organisations and individuals are able to collect resource packs from their local library, we also offer a free delivery service, through our home delivery vans.
- Bedwellty House & Park and Parc Bryn Bach were supported with grant funding as part of the Winter of Wellbeing fund, this allowed a range of free activities to be delivered across the sites between November 2021 and March 2022. Over 1,000 young people attended the activities, some families were in awe of what was available to them and welcomed some to participate in activities they may not have been able to fund without the grant. It was an incredible opportunity and well spent grant funding. Activities included Harry Potter teas, cinema evenings, open water group paddle boarding, fairground days, silent discos, magic shows, Animal Encounters and Princess visits. Such an amazing experience seeing so many people benefit and visit the parks through the Winter season.
- Bedwellty House & Park hosted a 'Silent Fireworks evening' for those young people and families who find the loud noises of fireworks frightening. Barnardo's co-ordinated the event while Bedwellty were the host venue. One of the families in attendance said it was the 'Best night of their lives' as have one child who loves fireworks and one child who gets so distressed by the noise - this event covered both bases.
- The play area at Parc Bryn Bach offered a daily quiet hour for families with young people who have additional needs so they could access the equipment in a calm and quiet time. This was complimented by families as a positive offer.

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English for Speakers of Other Languages – Case Study

Z, aged 34 entered Wales with her young daughter after fleeing Afghanistan in Autumn 2021. Z enrolled onto English for Speaker of Other Languages programme plus an ICT class within Adult Community learning. Z was an enthusiastic learner always keen to practice her English with her peers and staff at the Learning Action Centre. Z expressed an interest in running her own beauty business, specialising in working with women who had similar backgrounds to hers. Z's tutor accompanied her to the Blaenau Gwent Learning Zone where she secured a place on a Level 2 Health and Beauty Course which started in September 2022.

Partnerships and Community Engagement

- In partnership with Aneurin Bevan Health Board and Blaenau Gwent County Borough Council, Aneurin Leisure played an active part in the Participatory Budgeting pilot "Your Community, Your Voice". This initiative distributed over £150,000 to local groups and charities within Blaenau Gwent to help with local wellbeing projects.
- Well established links with Tredegar Town Council remained during this season. While the Town Council did not lead any larger events during this period due to the ongoing rates of covid in the area, they were more than supportive of the outdoor and lower scale events held at both parks.
- Tredegar Orpheus Male Voice Choir delivered a Christmas Carol Concert for the public which was well attended within the covid restrictions to offer some Christmas spirit amongst the community.
- Bedwellty House hosted a smaller scale Family Christmas party and Santa's Grotto to spread a little Christmas cheer during a period where covid rates were on the increase. Those who were able to attend were grateful of the opportunity for the children to experience some Christmas cheer.
- The kitchen garden grounds team and volunteers had a very successful season with some bumper crops. Volunteers in the garden and from Blaenau Gwent Youth Services tended to the kitchen garden tirelessly throughout the year. Crops were used as part of the menus in the Orchid House Tea Room. Vegetables were also available to the local community for a small donation should they want them. The Youth Service also donated some of the produce they grew and items they made such as bat boxes to the local shelters and food banks.
- Clubs returned to Parc Bryn Bach during this season with increased membership in the Fishing Club and Running Club.
- Park Run saw its members significantly increase throughout 2021 as the community and Park Run tourists gained confidence in returning to group activity. Competitive races recommenced later into the 2021 season along with Open Water Swimming and Newt series.
- Tredegar Heritage Forum returned to live monthly Historical talks at Bedwellty House in Autumn 2021. This is a free monthly talk to learn about local history and heritage of our locality. They are well attended by the community and also prove to be a social afternoon out for some of the hardest to reach members of the community.
- Tredegar Friendship Group visited Bedwellty House on a monthly basis for a two-course meal and social afternoon. The group of OAPs meet, eat and socialise which is for some the only occasion they go out each month. Costs are kept low for them so it doesn't become a barrier to attending.

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- Bedwellty House hosted a Christmas Market in December 2021, while it operated under restrictions. People attended in given timeslots and browsed and purchased crafts and gifts made by local smaller businesses. It was the first opportunity some of these small businesses had to provide their products in person. It was well received by all and commended on how safe people felt when attending.

Case Study

Young Family/Winter of Wellbeing Events

The funding made available from Welsh Government through the Winter of Wellbeing scheme, enabled the Library Service to deliver a wide range of young people's events during February and March 2022. 29 events were delivered with 596 children and 152 parents and carers.

One family, with three children, aged, 3, 5 and 8 attended all the events in Tredegar Library.

Parent, Kate, explained to staff the value of the sessions.

'It has been great to have so many free events in the library. With the cost of living so high, having free sessions in the library has made a big difference. It's been such a long time since the children have been able to use the library like this, the atmosphere is lovely and cosy and it has got the children in the habit of visiting the library regularly. It's helped them get back into reading too. The library is full of new books!'

Many parents relayed their positive feedback to staff on the campaign, many highlighting the importance aspect of using libraries for building social interaction, following the pandemic. For many young children, it has been their first library experience. The opportunity to mix with other children, for parents to chat has been very much needed and appreciated. Many parents commented on the value of having the library to teach the children how to be a participant of an 'audience' and the much-needed experience of building social skills. The campaign helped the service recover from the pandemic by enabling us to offer exciting, entertaining, and educational sessions. A very important result was the centralising of the social experience of being in a library setting, re-connecting with the community.

'It has been the first visit, for my son Noah, who is 3. He has been in awe of the library, to able to borrow so many books and have such fun, he loves it. We attended the Loubie Lou Storytelling session, this was the first time he had participated in this type of event, with children of a similar age, he loved it. To watch his face, he was mesmerised'

More comments from parents –

- *'It has been so nice to get the children away from screens, they have become so reliant on ipads and gaming. They have made some new friends, it has been so good for them to get hands-on and creative. Sam loved the Lego club, will be coming to the next session'*



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- *'I saw the Loubby-Lou storytelling session advertised on Facebook and decided to take my Grandson Jack, who is nearly 3. We received such a warm welcome, the storyteller, facilitated a fantastic story session with props, keeping both children and adults entertained. It was magical'*
- *'We attended the Harry Potter workshop, it was so nice to have an event where the parents could also participate. We have been coming to the library every week, since this'*
- *'My son loves attending Lego Club, he is Autistic, so usually finds it hard to fit into group activities. The library staff have been great, helping him settle and encouraging him. This is the first club that he has attended, I am thrilled to see him enjoy it so much'*

Case Study

Tackling Loneliness and Isolation

As the service lifted restrictions for group activities in the Autumn of 2021, many people expressed their gratitude to the library service, for helping them combat loneliness and social isolation.

A range of activities and events were held to target isolated people. It was identified from customer enquiries that there was a particular need to support carers in the borough. The service worked with Age Cymru and Gwent Carers hub to deliver a series of drop-in sessions across all libraries.

The service also received funding from social services to purchase coffee machines for all libraries, to facilitate coffee morning events in 'carers corners'.

'I have been caring for my husband, since the start of the pandemic, due to chronic health conditions. I came to the library after seeing a poster for carers sessions. I was so glad I came along. I got all the information I needed, and I have been coming to the library every week, since. I haven't got a lot of time to myself, but the library has been ideal for me, as it is on my doorstep. I have joined the Knit and Natter group, this gets me out of the house and makes me feel so much better, having a nice chat and a cuppa' – Mary.

Singalong sessions were also held during February and March 2022. Invitations were sent to residents of local care homes and sheltered accommodation.

'The session really lifted the spirits of our residents, it was such a feel-good event, everyone came out smiling'
– support worker

'Oh, it was lovely to sign in a group, to be part of something, it really cheered me up' – participant

'It was so emotional, signing the national anthem, it was joyful! I've asked the library for more sessions' – participant

Reading groups recommenced in all libraries in September 2021. Previously, the groups met in outdoor spaces, i.e., parks and cafes. The service still supported the groups, by providing stock and maintained regular contact with members on a one-to-one basis, in preparation for the return of group activities in September 2021.

The social aspect of reading groups, post pandemic, has become even more evident, with positive feedback being relayed to staff.

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'I have forgotten how good coming to the reading group makes me feel. It has been wonderful coming back; we all feel safe. Coming back finally feels like our lives are getting back to normal. I have missed it so much'

'Coming back to the library, is like coming back home. Meeting friends, having a chat and coffee, it really lifts my mood'.

'I suffer with depression; the reading group helps me manage my condition. Being able to join in a group and focus on something good, like reading engrossing and powerful books really helps my mental health. We have all been enjoying the Richard and Judy booklist, we are really grateful for the staff for sourcing all our books'.

Case Study

Impact of Library Services on a New Family

In April 2021 a new family moved into the area. They visited the library, initially to find out more about the services within the community. We were able to help them with several enquiries, from how to register with a GP, how to order recycling bins and information on local schools and playgroups. Following this, the whole family joined the library and all family members have participated in library events and services over the year. The father, Dave, has joined the job club and attends the weekly sessions in the library. The mother, Emma, has participated in a range of library sessions, including creative writing and family history events. The children of varying ages have attended the WOW events and their teenage son, Ethan, has really embraced the digital services, including Libby and Borrowbox. He has also recently registered to use Theory Test on-line. The family are regularly giving feed-back to staff on their appreciation of the service. When the family first moved to the area, they enquired at the library about litter picking, as it very noticeable to them, having moved from a rural area, that some areas in Blaenau Gwent have particular problems with litter. Staff promoted the KeepWalesTidy scheme to them and as a result they have now become litter picking champions, doing regular weekly litterpicks, as a family.

'The library has helped us settle into Ebbw Vale. We have had so much help with so many things. I am amazed at all the extra things on offer. Money has been tight, so having free events has been great. It has helped us feel part of the community, we have all made new friends. As a family we are keen to learn Welsh, the library has helped us with books for the children and language courses for myself and my husband. The bilingual picture books have been helpful, for all of us. We have borrowed litter picking equipment, sports equipment and a tablet! I feel very fortunate to have a library on our doorstep which offers so much'

Cultural Enrichment

- There are various groups that use the free library space for cultural sessions. For example, the Blaina Aberystroth History and Archaeological Society holds weekly sessions in Blaina Library. The service has strong partnership links with Gwent Family Society. Volunteers from this organisation deliver regular help desks in all libraries, promoting FindMyPast and Ancestry.com. The Blaenau Gwent Heritage Forum holds monthly meetings at Tredegar Library and utilises the local studies resources based there. Blaina Heritage Centre is based in the same building as Blaina Library, which provides an ideal link to work jointly on shared Welsh cultural activities. Likewise, a community Museum is based in Tredegar Library. Which attracts many visitors researching the birthplace of Aneurin Bevan, plus other historical information. Library staff and volunteers from the museum work together to provide a range of information and resources to promote Welsh culture.

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Social Responsibility

- As the service continues to re-cover from the pandemic, the social role of libraries, providing vital community support has been further compounded. An increasing number and range of partners worked closely with the service over the year, as libraries have become the 'go-to' place for community engagement.
- Over 2021/22 the Library Service has delivered a staggered approach to pre-Covid delivery, in line with legislation and advice. Every aspect of reinstating services has been risk assessed and approved by BGCBC's Health and Safety Section. As a result, at the end of the year, the service is back to pre-pandemic delivery.
- The Sensory Gardens at both Bedwellty House and Parc Bryn Bach were officially launched during the Summer 2021. These spaces have been developed by the 'Friends of' groups at the sites with the support of team members and some grant funding. The areas have been beautifully designed and offer tranquil and reflective space for members of the community and visitors to the sites. The gardens have an array of native plants and flowers bursting with colour and scent. The wind chimes, water features and seating make it them the perfect space to unwind and remember.
- A regular visitor to Parc Bryn Bach, Shaun Kennedy * outlined how visiting the site during the year and sitting in this space has been a lifeline to him during some of his darker days.
- The friends of groups are an asset to the parks in supporting projects and raising funds. A number of the volunteers within these groups have stated how being part of the group and seeing areas develop in the parks within their weekly gardening sessions gives them a purpose and makes them feel like they are giving something back to the community they live in and love.
- Both parks maintained the grounds to exceptional standards throughout the 2021/22 period with both sites again working closely with the Ecology Officer ensuring each site again achieved the Green Flag Award status.
- Weddings with restricted numbers were welcomed back to Bedwellty House in Autumn 2021, while the circumstances and lower numbers weren't ideal for the Bride and Grooms, the service provided was complimented. Bedwellty House hosted several smaller scale ceremonies and 2 to capacity (limited numbers) during the 2021/22 season.
- Christmas Party Nights returned; while the community were keen to engage in normality and Christmas spirit, restrictions remained in place for a second Christmas season, with rates of infection being particularly high in the locality during this time. All necessary protocols and precautions were delivered with 5 successful party nights being delivered.
- Parc Bryn Bach offered Street Food Thursdays during Summer 2021, local food vendors were invited to serve visitors to the site. Little Dragon Pizza Van and Cluckin Bull were the two resident vendors. The Lake View Kiosk remained open for drinks and ice creams, offering a late-night provision for visitors and the community to Parc Bryn Bach.

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Local Business Partnerships

- Aneurin Leisure continues to offer local, regional and national organisations discounted membership as part of our Life Card membership scheme and our drive to improve health and wellbeing in the workplace. Corporate members are currently enjoying the corporate discounts in the area that Aneurin Leisure operates. This product combines reduced rates for i) gym memberships within our sport centres, ii) corporate hospitality and conferencing at Bedwellty House and Park and iii) Team Building at Parc Bryn Bach.
- The Library Service has continued to support prosperity across the County Borough during 2021/22, as the community recovers from the pandemic. Business start-up sessions were held online in the first quarter of the year but returned face-to-face by the summer. Monthly drop-in sessions are held in every library.
- The service has worked closely with the Regeneration Department of BGCBC to help support local high streets. During the summer the Library Service was the lead partner for a town centre family activity. A story telling treasure hunt was held in all towns, with children starting and finishing in the library. This initiative encouraged families to use and visit their local high street. From feedback received from Elected Members, council officers and local businesses, all have commented that having busy, community focused libraries, helps support the high street by encouraging footfall in town centres. This has been particularly highlighted in Blaenau Gwent, where town centres struggle, particularly in post Covid times. The merger of community hubs into libraries have increased visitor figures considerably in all libraries. The Regeneration Department has also funded digital screens for all libraries, to promote local projects, services, and organisations. As part of this scheme, all libraries have linked to the 'Shop Local' promotion, raising awareness of services by shared advertising.

Marketing and Communications

The start of the year saw the community still experiencing restrictions due to the pandemic. Fortunately, indoor activity was resumed in late May, albeit with continued social distancing requirements across all the Trust's sites. This required the Trust to continue to communicate the need for heightened caution and reduced numbers for attendees, indoors, however, it did allow us to start to resume activity to support the reopening of our sites.

To highlight some of the key activities that were undertaken to support each of the business units:

- Corporate / Aneurin Leisure Trust (ALT) – continued to work to improve the ALT website, with content and updates relating predominantly to the library and adult community learning provision.
- Sports centres – the refurbishment of the gyms required communication both on site and through online support. We introduced Join@Home and Go Learn to improve the customer experience and relaunched the BG Life website. The key objective for redeveloping the website (bglife.co.uk) was to:
 - present a simplified, modern, professional, easy to use and accessible portal for the sports centres within the Trust.
- Through redesigning the website, we were able to focus on the many benefits and facilities that the sports centres offer, including the many classes available, NERS and Sports Development activities and highlighting the many clubs that are local to the area, to name a few.

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- We also reviewed the proposition for corporate memberships, simplifying it so that it was easier to engage with and manage internally. The rollout of this started in late 2021/22 and is building traction.
- Parc Bryn Bach (PBB) – supporting the many on-site activities and ensuring that visitors were able to navigate and engage with the development of the amenities required communication on site and through the relaunch PBB website. These included open water swimming, go-karts and updating the signage within the café. A new sensory garden was also launched which is enjoyed by many.
- In late 2021, night golf was introduced to the park and was supported online. Working with Valleys Regional Park (VRP), the planning started for the introduction of the Wellbeing Work hub, reviewing and visiting other sites such as Llyn Llech Owain to enable the proposition to be honed, in line with Welsh Government objectives.
- Bedwellty House & Park (BHAP) – a raft of events was undertaken at BHAP and supported through social media posts. All sold out quickly, a reflection of the local community's desire to return to 'normal' following the restrictions imposed by the pandemic. Photography was undertaken to support weddings and the café/food, again, restarting following the pandemic. Signage around the park was improved and the brief was finalised to start the development of the relaunch of the BHAP website.
- Library Services – working with BGCBC we redeveloped the libraries' launcher, providing great modernity and usability. Sports Libraries were also introduced, an initiative that enables the community to take out sporting equipment to try new and different sports to aid financial constraints experienced by families and to encourage greater engagement with physical activity to support physical and mental health and wellbeing.
- Adult and Community Learning (ACL) – focusing on supporting the team to meet targets with enrolment and engagement through adult learners' week.
- A new Community Engagement Officer for the Trust was appointed whose remit is to engage with partners and better represent the Trust as a whole. Previously this role has been difficult due to the pandemic but is picking up apace with restrictions being lifted. In addition, the Community Engagement Officer works closely with the Sports Development team, particularly the Family Engagement Programme.
- Continued to work in partnership to support partners and promote the developments and facilities across the Trust. Examples of these are:
 - BGCBC – working with the Biodiversity Officer and Groundwork Wales to promote volunteering at PBB and engaging with the Gwent Wildlife Trust to support activities. Advice and guidance was provided for the sensory garden to produce an area that has indigenous flora and fauna.
 - The Destination Management Group (DMG), continued with additional support in the development of the Blue Plaques project. We supported the Tourism Officer with advertising of the parks to help promote Blaenau Gwent to a wider target audience through maximising affordable media opportunities.
 - Dialogue has been started with the Sustainable Food Co-ordinator to help promote initiatives for greater awareness of healthy eating.

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
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- Welsh Government – in addition to the involvement with the DMG and the South Wales Tourism Group, we continued communication with the Visit Wales team at Welsh Government to promote the parks' facilities to a wider audience with improved visibility of these facilities on their website. We will continue to work closely to gain ratings for the activities so that these can be added to the Visit Wales website to drive tourism to the park.
 - Valley Regional Partnership (VRP) – the bunkhouse has been completed in terms of on-site signage and awareness of VRP's partnership and the website has been updated in preparation for the opening. Planning is well underway for the opening of the Wellbeing Workhub and the Trust continue to support the wider Discovery Gateways with social media communication.
 - PSB Sub-Group – working with partners within the PSB sub-group, we have actively communicated support and facilities available to the Blaenau Gwent community.
 - Chwarae Teg – continued a dialogue with Chwarae Teg throughout the year, particularly highlighting and promoting their training sessions across the Trust.
 - Parkinson's Society – supporting the charity's events to publicise National Parkinson's day.
 - ABUHB – supporting their key initiatives including Dewis, of which we are editors, and the Independent Wellbeing Network. This support has been in the guise of online and event support.
 - Coleg Gwent – attending Freshers' events to promote the Trust's facilities highlighting the resources of the libraries, sports centres and parks and using the opportunity to promote employment and volunteering opportunities.
 - Gain Nutrition – working with a local business to promote their products within the sports centres.
- The new websites for ALT, PBB and sports centres continue to perform well with engagement increasing across the board.
 - Social Media continues to be a popular source of engagement with the community particularly the engagement for funding for events through the summer of fun and winter of wellbeing funding.
 - Both the Aneurin Leisure Trust and Parc Bryn Bach websites have been completed and are improving
 - The internal communication through the staff newsletter has continued and our internal staff survey provided the following feedback:
 - Over 85% of respondents are inspired by the mission/vision.
 - 80% of respondents feel the SMT encourage working towards the vision/mission.
 - 89% of respondents feel supported by their line manager.
 - 90% of respondents feel they work as part of a strong team.
 - 88% of respondents feel that they have flexible working conditions.
 - 84% of respondents feel they're recognised for doing a good job.
 - 78% of respondents feel that they have everything they need to do a good job.
 - 85% of respondents feel that their line managers show a personal interest in their development.
 - 82% of respondents do believe that they're given the opportunity to improve themselves.
 - 73% of respondents believe that there are good career opportunities at the Trust.

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
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- We also hosted the first annual staff event at EVSC which was well attended and enjoyed by all.

Workforce and Workplace Development

- Aneurin Leisure recognises and fully appreciates that our employees are the key to the success of the Trust. The Trust employs c. 230 contracted employees (Full Time Equivalent 133.86) and in addition, utilises casual relief posts (i.e., 24 individuals at the end of March 2022) and is committed to the development, health and wellbeing of all.
- The Trust continues working towards a planned, systematic approach to improving our organisational effectiveness, one that aligns strategy, people and processes to achieve our commitment to continuously improve our customers' experience which is essential to achieving this. The Trust links training and the performance appraisals to our values and strategic priorities.
- The Trust continues to meet with the Trade Unions on a regular basis and has an excellent working relationship.
- The Trust has continued to work in partnership with TSW (Training Services Wales) and a number of frontline supervisors and managers are currently completing training at Level's 3 to 5.
- Delivery of in-house training for Manual Handling, First Aid, Level 2 Food Safety, Level 3 Supervising Food Safety, Health and Safety training for Employees and Level 3 Award in Health and Safety in the Workplace
- New staff and workers receive the Trust's company Induction, day 1 covers the corporate induction whilst over the following 12 weeks they cover their Business Unit and their facility induction.
- Strategic Business Unit Managers are undertaking their performance management cycle process and identifying training needs which forms part of the Trust's annual Training and Development Schedule.

FINANCIAL REVIEW

The group has returned a surplus of £504,900 before FRS 102 pension adjustments for the 12-month period to 31 March 2022, of which £87,378 is from restricted funds. The trading subsidiary, LLT limited has contributed £9,576 to the group surplus.

	£
Group surplus pre-FRS 102 pension adjustments	504,900
Less excess of FRS 102 DB pension cost recognised in P&L over employer contributions	(1,551,000)
Net outgoing resources per SOFA	(1,046,100)
Add actuarial gain on pension fund	4,677,000
Net movement in funds per SOFA	3,630,900

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
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On 1 October 2014 the Trust was admitted to the Greater Gwent Local Government Superannuation scheme (LGPS), a defined benefit scheme. The funding deficit accruing to 30 September 2014 in respect of employees relocating to Aneurin Leisure was retained by Blaenau Gwent County Borough Council (BGCBC). The Trust is, therefore, only responsible for any increase in liabilities occurring after the transfer date, with the Authority acting as a guarantor for the previously accrued net deficit. The pension deficit on an FRS 17 basis on the 1 October 2014 is £4.432m and this deficit remains the obligation of BGCBC; an asset of £4.432m is included in these accounts to reflect this. The pension liability on an FRS 102 basis as at 31 March 2022 has decreased to £9,141m from £12,267m in 2021, thereby generating a cumulative actuarial pension loss of £4.709m since 1 October 2014.

Principal funding sources

Within the period the Trust received £2,798,092 as a management fee from Blaenau Gwent County Borough Council. Grant income for the period amounted to £2,150,537 and the majority of the remaining income was received from our customers.

The income is used to fund the operating costs of the facilities from which we deliver our charitable objectives.

Financial management

The Trust utilises key performance indicators (KPI) to assist in the financial management of the business. Some of the KPI measures include:

- Staff costs as a % of income: 2021/22: 77% (2021: 69%)
- Staff costs as a % of total resources expended: 68% (2021: 67%)

It should be noted that the FRS 102 pension adjustment makes a significant impact. If the 2021 figures are adjusted to remove the FRS 102 increase in the pension service cost the staff costs as a % of income reduces to 49% and the staff costs as % of expenditure reduces to 43%.

Reserves policy

It is the Trust's policy to build up over time sufficient reserves to meet its charitable objectives on a sustainable basis and cover the risks that the Trust faces.

The Trust aims to build up reserves to fund working capital. All annual surpluses not allocated to fund working capital are available to fund investment in property and equipment to improve service quality. The Trust aims to maintain a minimum unrestricted reserve balance of £750,000, excluding any actuarial gains or losses and recognises the need to increase its current level of reserves.

At 31 March 2022 the restricted reserves amounted to a surplus of £609,505. The unrestricted income reserves excluding the DB pension reserve amount to a surplus of £1,263,321 (2021: £845,799). The pension reserve amounted to a deficit of £4,709,000

As at 1 October 2014 the pension deficit of £4,432,000 (FRS17 basis) is the responsibility of Blaenau Gwent County Borough Council.

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

Key risks

The Trust has a 20-year contract which commenced on 1 October 2014 with BGCBC with a review process built in during years 3 and 4 to review overall performance in advance of agreement to continue with the Trust for the following 5 years.

As part of the contract, BGCBC service management fee is agreed at the start of each 5-year period and reviewed annually on progress. The key challenge facing the Trust is to grow the income and control expenditure to support the contracted management fee.

If unsuccessful with attracting funding through various means including the Council, as well as providing investment into key assets, this will limit the Trust's ability to reduce its dependence on the management fee.

The Trust received £2.151m (2021: £3.611m) of grant income in the year, equating to 28% of total incoming resources. The decrease in grants this year mainly relates to the reduction of Covid funding. In the event grant income is reduced in future years associated expenditure currently funded by the grants would also need to be reduced.

PLANS FOR THE FUTURE

The Trust faces a challenging period over the coming years mainly driven by the cost of living crisis which has elevated utility costs to unprecedented levels and this has resulted in the Trust exploring every opportunity to accelerate business plan projects, reduce operational costs where possible and review prices which we hope will ensure that services remain fully available to Blaenau Gwent residents.

Key investments will include solar panel projects at 2 of the 3 sports centres which will enable the running costs to be more sustainable and help to secure the leisure provision for the future.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governance

Life Leisure Trust is a charitable company limited by guarantee as defined by the Companies Act (2006). The charity is governed by its Memorandum and Articles of Association which establishes the objects and powers of the charitable company.

The Trustees

The Trustees are also the Directors in accordance with the Companies Act 2006. The Board is made up of up to eleven Trustees consisting of one employee Trustee, up to two local authority Trustees and up to eight community Trustees.

Employee Trustees are appointed by the senior management team of the Trust for a period of three years.

The local authority, Blaenau Gwent County Borough Council, is entitled to nominate up to two individuals to the Board of Trustees and decide their period of appointment.

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
REPORT OF THE TRUSTEES
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The community Trustees are appointed for a 3-year period, with recruitment process as follows:

- Advert placed in local newspapers, on social media (LinkedIn & Twitter) within the Trust facilities, on the Trust website and other advertising resources as appropriate inviting applications. An information pack is provided outlining the duties and roles of a Trustee and the application process, together with information on the Trust.
- Applications will be shortlisted based on criteria specified within the personal specification and job description and assessment of the applicants' particular skills and expertise to cover both community interest and commercial/business knowledge (such as Finance, Human Resources, Sales and Marketing).
- The Interview/Appointment Panel will comprise of three members and wherever possible panels will have a gender/race balance. Panel members should include two Trustees (Chair and/or Vice Chair, or other Trustee), a Trust Senior Officer (Director of Resources or Director of Operations) with support from the Human Resource Service, where appropriate. In circumstances where there is a need to involve more than three members on an interview panel, then this should be discussed in advance and agreed with the Human Resource Service (it may be necessary on occasions for additional Members to sit in on a panel to observe the process for developmental purposes).
- The appointment of Trustees will be made by the Board of Trustees following recommendations from the Interview/Appointment Panel and be based on not only the assessment of whether individuals are suitable to be Trustees, but also achieve a balance of skills on the Board. For example, it is important to have a balance of business skills and also geographical locations as well as interests (leisure, arts, community education, libraries, overall wellbeing, etc.)
- The Interview/Appointment Panel will recommend to the Board of Trustees of their preferred option to appoint a Trustee and following agreement to proceed, will confirm the offer to the selected candidate(s).
- The offer of appointment to be a member of the Board of Trustees will be subject to satisfactory references being obtained.
- All Trustees are provided with the following documentation on induction;
 - Declaration of Interests form
 - Rehabilitation of Offenders form
 - Equality & Diversity Monitoring form
 - Trustee Code of Conduct Policy
 - Trustee Confidentiality Policy
 - Health & Safety Policy
 - Equal Opportunities Policy
 - Memorandum and Articles of Association
 - Schedule of Matters

All Trustees are also members of the Charitable Trust which is limited by guarantee.

All Trustees receive induction training with regard to the organisation including its powers and objects and the Charitable Trust itself.

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

Trustees will be offered further training opportunities during their tenure.

Structure of the Charity

The Board of Trustees meets quarterly. The Charitable Trust operates a Finance sub-group to advise and report to the Board of Trustees.

A Corporate Director Team manages the day-to-day operations of the Charitable Trust, supported by a Senior Management Team.

Organisational Structure and Decision-Making Process

The Board retains overall accountability for the management of the Charitable Trust.

The day-to-day operations of the Charitable Trust are managed by the Trust's Corporate Directors and Senior Management Team. The Senior Management Team is given strategic direction by the Board of Trustees (the Board) regarding the provision and operation of the services.

The Charitable Trust operates a business planning process whereby strategic priorities and targets directed by the Board and shared with Blaenau Gwent County Borough Council flow from the business plan into quarterly reports and an annual delivery plan. This is fully embedded and central to our planning and budgeting cycles and drives operational performance.

Remuneration of Key Management Personnel

Remuneration of Key Management Personnel is reviewed annually alongside the other employees of the company by the main Board as part of the annual budget setting process.

Related Parties

The Charitable Trust has a relationship with Blaenau Gwent County Borough Council, who provides funding in the form of a management fee to enable the Charitable Trust to carry out its charitable objectives.

The Charitable Trust owns 100% of the ordinary share capital of LLT limited. LLT limited rents camping and caravanning pitches at Parc Bryn Bach.

Co-operation with other organisations

As a community-based organisation operating throughout Blaenau Gwent, Aneurin Leisure structures large elements of its strategic planning and operational service delivery having due regard to partner aims and objectives, particularly Blaenau Gwent County Borough council. Work plans specifically identify how Aneurin Leisure will contribute to delivering on broader social agendas working with the health, education and voluntary sectors.

Risk Management

The Charitable Trust has developed a risk management plan to identify risks and risk mitigation measures at corporate level. The risk register is reviewed on a regular basis. The Trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY AND ITS TRUSTEES

Charity name: Life Leisure Trust

Trading name: Aneurin Leisure

Company registration number: 8951503

Charity registration number: 1159092

Registered office: Bedwellty House
Morgan Street
Tredegar
NP22 3XN

		Date of Appt.	
Trustees:	Mr Lyn Evans – Chair	12/05/14	
	Mrs Donna Hardman	12/05/14	
	Councillor Wayne Hodgins	03/03/17	Resigned 10/12/18 Re-appointed 13/12/18 Resigned 21/09/22 Resigned 21/09/22
	Councillor Lee Parsons	25/05/17	
	Professor Jennifer Ames	24/08/17	
	Mr Richard Dando	26/03/19	
	Mr Stephen Priestnall	27/01/20	
	Ms Andrea Smart	27/01/20	Resigned 03/05/22
	Mr Stephen Dwyer	16/03/20	Resigned 21/09/22
	Mrs Sharon Howell	12/05/14	Resigned 29/03/19
	Mrs Susan Lewis	12/05/14	Resigned 08/06/17
	Mrs Sian Hughes	13/05/14	Resigned 30/09/17
	Mr Philip Hodgson	01/07/14	Resigned 05/05/17
	Mr Barry Esterhuizen	03/02/16	Resigned 27/04/17
	Mr Steven Lewis	14/10/16	Resigned 31/05/17
	Councillor Keren Bender	03/03/17	Resigned 19/05/17
	Ms Tania Frowen	24/08/17	Resigned 26/06/18
	Mr Mark Langshaw	01/12/17	Resigned 18/06/18
	Mr Meirion Morgan	24/08/17	Resigned 03/12/18
	Ms Claire Beynon	01/12/17	Resigned 15/03/19
	Mr Andrew Rogers	25/03/19	Resigned 18/10/19
	Mr Ross Watts	25/03/19	Resigned 14/12/20

Key Management Personnel:

Mrs Nichola Morden-Tew	Director of Resources
Mr Phillip Sykes	Director of Operations

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

Bankers:	Barclays Business Banking South Wales Team 3 rd Floor Windsor Court 3 Windsor Place Cardiff CF10 3ZL
Solicitors (Employment Law):	Capital Law LLP Capital Building Tyndall Street Cardiff CF10 4AZ
Auditors:	Azets Audit Services Limited Chartered Accountants and Statutory Auditors 1-3 Waters Lane Chambers Waters Lane Newport NP20 1LA

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

Statement of Trustees' Responsibilities

The trustees (who are also directors of Life Leisure Trust for the purposes of company law) are responsible for preparing the Trustees' Report (incorporating the strategic report and directors' report) and the financial statements in accordance with applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and the group and of the income and expenditure, of the charitable company and group for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements, and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and the group and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Signed on behalf of the Board of Trustees



Mr Lyn Evans
Trustee

Date 10/12/2022

**REPORT OF THE INDEPENDENT AUDITORS
TO THE TRUSTEES OF LIFE LEISURE TRUST T/A ANEURIN LEISURE**

Opinion

We have audited the financial statements of Life Leisure Trust T/A Aneurin Leisure (the 'parent charitable company') and its subsidiaries (the 'group') for the year ended 31st March 2022 which comprise the consolidated Statement of Financial Activities, the consolidated and parent Balance Sheet, the consolidated Statement of Cash Flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the group's and parent charitable company's affairs as at 31st March 2022, and of the group's incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the group and parent charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the group's or parent charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the Report of the Trustees, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report⁶. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

**REPORT OF THE INDEPENDENT AUDITORS
TO THE TRUSTEES OF LIFE LEISURE TRUST T/A ANEURIN LEISURE**

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report (incorporating the strategic report and the directors' report) for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the strategic report and the directors' report have been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the group and parent charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the strategic report and the directors' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept by the parent charitable company, or returns adequate for our audit have not been received from branches not visited by us; or
- the parent charitable company's financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement, the trustees (who are also the directors of the parent charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the groups and parent charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the group or parent charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed auditor under the Companies Act 2006 and report in accordance with this Act. Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/Our-Work/Audit/Audit-and-assurance/Standards-and-guidance/Standards-and-guidance-for-auditors/Auditors-responsibilities-for-audit/Description-of-auditors-responsibilities-for-audit.aspx>. This description forms part of our auditor's report.

**REPORT OF THE INDEPENDENT AUDITORS
TO THE TRUSTEES OF LIFE LEISURE TRUST T/A ANEURIN LEISURE**

Extent to which the audit was considered capable of detecting irregularities, including fraud

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud.

We obtain and update our understanding of the entity, its activities, its control environment, and likely future developments, including in relation to the legal and regulatory framework applicable and how the entity is complying with that framework. Based on this understanding, we identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. This includes consideration of the risk of acts by the entity that were contrary to applicable laws and regulations, including fraud.

In response to the risk of irregularities and non-compliance with laws and regulations, including fraud, we designed procedures which included:

- Enquiry of management and those charged with governance around actual and potential litigation and claims as well as actual, suspected and alleged fraud;
- Reviewing minutes of meetings of those charged with governance;
- Assessing the extent of compliance with the laws and regulations considered to have a direct material effect on the financial statements or the operations of the entity through enquiry and inspection;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations;
- Performing audit work over the risk of management bias and override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for indicators of potential bias.

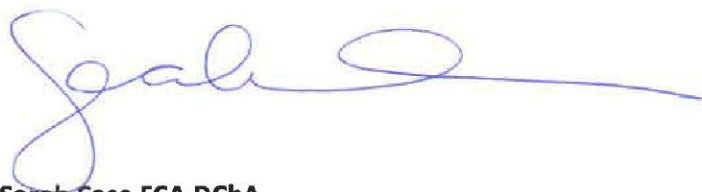
Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

**REPORT OF THE INDEPENDENT AUDITORS
TO THE TRUSTEES OF LIFE LEISURE TRUST T/A ANEURIN LEISURE**

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006 . Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members, for our audit work, for this report, or for the opinions we have formed.



Sarah Case FCA DChA
Senior Statutory Auditor
For and on behalf of
Azets Audit Services
Chartered Accountants and Statutory Auditors
Ty Derw
Lime Tree Court
Cardiff Gate Business Park
Cardiff
CF23 8AB

Date 22-12-2022

Azets Audit Services is eligible to act as an auditor in terms of section 1212 of the Companies Act 2006.

LIFE LEISURE TRUST T/A ANEURIN LEISURE
CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES
(Incorporating the income and expenditure account)
FOR THE YEAR ENDED 31 MARCH 2022

	Note	Unrestricted funds £	Restricted funds £	Total funds 2022 £	Total funds 2021 £
Income and endowments from:					
Donations and legacies	3	9,449	-	9,449	630
Charitable activities	4	6,620,366	1,057,843	7,678,209	7,638,416
Other trading activities	5	9,576	-	9,576	9,479
Total income and endowments		6,639,391	1,057,843	7,697,234	7,648,525
Expenditure on:					
Charitable activities	6	7,774,114	969,220	8,743,334	7,829,024
Total expenditure		7,774,114	969,220	8,743,334	7,829,024
Net (expenditure)/ income	7	(1,134,723)	88,623	(1,046,100)	(180,499)
Transfers between funds	15,16	1,245	(1,245)	-	-
Other recognised gains/(losses):					
Actuarial (losses)/ gains on defined benefit pension schemes	20	4,677,000	-	4,677,000	(5,155,000)
Net movement in funds		3,543,522	87,378	3,630,900	(5,335,499)
Reconciliation of Funds					
Total funds brought forward	15,16	(6,989,201)	522,127	(6,467,074)	(1,131,575)
Total funds carried forward	16,17	(3,445,679)	609,505	(2,836,174)	(6,467,074)

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

The notes on pages 45 - 75 form part of the financial statements

LIFE LEISURE TRUST T/A ANEURIN LEISURE
STATEMENT OF FINANCIAL ACTIVITIES - CHARITY ONLY
(Incorporating the income and expenditure account)
FOR THE YEAR ENDED 31 MARCH 2022

	Note	Unrestricted funds £	Restricted funds £	Total funds 2022 £	Total funds 2021 £
Income and endowments from:					
Donations and legacies	3	9,449	-	9,449	18,596
Charitable activities	4	6,620,366	1,057,843	7,678,209	7,640,509
Total income and endowments		6,629,815	1,057,843	7,687,658	7,659,105
Expenditure on:					
Charitable activities	6	7,764,550	969,220	8,733,770	7,828,602
Total expenditure		7,764,550	969,220	8,733,770	7,828,602
Net (expenditure)/ income	7	(1,134,735)	88,623	(1,046,112)	(169,497)
Transfers between funds	15,16	1,245	(1,245)	-	-
Other recognised gains/(losses):					
Actuarial (losses)/ gains on defined benefit pension schemes	20	4,677,000	-	4,677,000	(5,155,000)
Net movement in funds		3,543,510	87,378	3,630,888	(5,324,497)
Reconciliation of Funds					
Total funds brought forward	15,16	(6,989,194)	522,127	(6,467,067)	(1,142,570)
Total funds carried forward	16,17	(3,445,684)	609,505	(2,836,179)	(6,467,067)

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

The notes on pages 45 - 75 form part of the financial statements

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
CONSOLIDATED BALANCE SHEET
AS AT 31 MARCH 2022**

		2022	2021
	Note	£	£
Fixed assets:			
Tangible assets	9	558,137	58,658
Current assets:			
Stocks	11	23,677	13,999
Debtors	12	5,061,742	5,466,159
Cash at bank and in hand		<u>1,882,967</u>	<u>1,248,082</u>
		6,968,386	6,728,240
Liabilities:			
Creditors: Amounts falling due within one year	13	<u>(827,098)</u>	<u>(986,972)</u>
Net current assets		6,141,288	5,741,268
Total assets less current liabilities		6,699,425	5,799,926
Creditors: Amounts falling due after more than one year	14	<u>(394,599)</u>	-
Net assets excluding pension liability		6,304,826	5,799,926
Defined benefit pension scheme liability	20	(9,141,000)	(12,267,000)
Net (liabilities)/ assets		<u>(2,836,174)</u>	<u>(6,467,074)</u>
The funds of the charity:			
Restricted income funds	15	609,505	522,127
Unrestricted income funds	16	1,263,321	845,799
Pension reserve	16	<u>(4,709,000)</u>	<u>(7,835,000)</u>
		(3,445,679)	(6,989,201)
Total charity funds	17	<u>(2,836,174)</u>	<u>(6,467,074)</u>

These financial statements were approved by the Board of Directors/Trustees on 10-12-2022



Mr Lyn Evans
Trustee

The notes on pages 45 - 75 form part of the financial statements

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
CHARITY BALANCE SHEET
AS AT 31 MARCH 2022**

		2022	2021
	Note	£	£
Fixed assets:			
Tangible assets	9	558,137	58,658
Investments	10	<u>1</u>	<u>1</u>
		558,138	58,659
Current assets:			
Stocks	11	23,677	13,999
Debtors	12	5,065,135	5,469,552
Cash at bank and in hand		<u>1,881,051</u>	<u>1,246,178</u>
		6,969,863	6,729,729
Liabilities:			
Creditors: Amounts falling due within one year	13	<u>(828,581)</u>	<u>(988,455)</u>
Net current assets		<u>6,141,282</u>	<u>5,741,274</u>
Total assets less current liabilities		<u>6,699,420</u>	<u>5,799,933</u>
Creditors: Amounts falling due after more than one year	14	<u>(394,599)</u>	<u>-</u>
Net assets excluding pension liability		<u>6,304,821</u>	<u>5,799,933</u>
Defined benefit pension scheme liability	20	(9,141,000)	(12,267,000)
Net (liabilities)/ assets		<u>(2,836,179)</u>	<u>(6,467,067)</u>
The funds of the charity:			
Restricted income funds	15	609,505	522,127
Unrestricted income funds	16	1,263,316	845,806
Pension reserve	16	<u>(4,709,000)</u>	<u>(7,835,000)</u>
		(3,445,684)	(6,989,194)
Total charity funds	17	<u>(2,836,179)</u>	<u>(6,467,067)</u>

These financial statements were approved by the Board of Directors/Trustees on 10-12-2022

L Evans

Mr Lyn Evans
Trustee

The notes on pages 45 - 75 form part of the financial statements

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
CONSOLIDATED CASH FLOW STATEMENT
AS AT 31 MARCH 2022**

	Note	2022 £	2021 £
Net cash provided by operating activities	20	<u>1,186,749</u>	<u>(633,285)</u>
<i>Cash flows from investing activities:</i>			
Purchase of property plant and equipment	9	<u>(551,864)</u>	<u>-</u>
Net cash provided used in investing activities		<u>(551,864)</u>	<u>-</u>
Change in cash and cash equivalents in the reporting period		634,885	(633,285)
Cash and cash equivalents at the beginning of the reporting period	20	1,248,082	1,881,367
Cash and cash equivalents at the end of the reporting period	20	<u>1,882,967</u>	<u>1,248,082</u>

The notes on pages 45 - 75 form part of the financial statements

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

1. ACCOUNTING POLICIES

Legal form and address

Life Leisure Trust T/A Aneurin Leisure is a private company limited by guarantee incorporated in England and Wales. The registered office is Bedwellty House, Morgan Street, Tredegar, NP22 3XN.

Basis of preparation

The accounts have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

No separate cash flow statement has been presented for the charity itself as the charity has taken advantage of the exemptions in paragraph 1.12 of FRS 102.

Group financial statements

These consolidated financial statements include the financial statements of Life Leisure Trust Limited (the charitable company) and LLT Limited its wholly owned trading subsidiary, made up to 31 March 2022.

These financial statements consolidate the results of the charity and its wholly owned subsidiary on a line-by-line basis.

The trading results of the subsidiary are disclosed in note 10 to these financial statements.

Going concern

The group made a surplus (before defined benefit pension adjustments) of £526,501 for the year ended 31st March 2022 of which £442,125 related to unrestricted funds. The trust is predicted to make a significant deficit for the financial year ending 31st March 2022. The deficit is largely due to the impact of covid-19 and the capacity restrictions in place.

After reviewing the trust's forecasts and projections to the 31st March 2022 and at the time of approving the financial statements the trustees have a reasonable expectation that the trust has adequate resources to continue in operational existence for the foreseeable future. Should support from the Welsh Assembly Hardship Loan not continue and capacity restrictions remain in place the trust will scale down operations as required.

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

1. ACCOUNTING POLICIES (continued)

The Trust were notified in August 2020 that Blaenau Gwent County Borough Council will continue with the Trust for a further 5 year period which will commence on 1st April 2021. Contractual arrangements including the funding arrangements are currently being finalised.

The trustees are of the view that on this basis, the charity is a going concern.

In light of Covid implications, the trustees are aware that there is uncertainty regarding:

- certain figures of both income and expenditure included within the forecasts and projections; and
- level of financial support from Blaenau Gwent County Borough Council

Fund accounting

The charity has various types of funds for which it is responsible, and which require further disclosure. These are as follows:

Restricted funds are earmarked by the donor for specific purposes. Grant income received to fund capital expenditure is held in restricted reserves. The balance is transferred to unrestricted reserves in future years at the same rates as to match the depreciation charges of the related assets.

Revenue funds restricted by the donor are matched against expenditure as appropriate.

Unrestricted funds are expendable at the discretion of the trustees in furtherance of the objects of the charity. In addition to expenditure on the principal activities of the charity these funds can be held in order to fund capital expenditure.

Income recognition

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Certain income is received in advance of the provision of the relevant service and as such is deferred until the service commences.

The management fee is an unrestricted fund which is available for use at the discretion of the Trustees in furtherance of the general objectives of the charitable company. The income is invoiced and recognised in the period to which it relates.

Income from grants is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received, and the amount can be measured reliably. Income from grants is deferred only when the terms and conditions of the grant permit the income to be deferred to future periods.

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

1. ACCOUNTING POLICIES (continued)

Turnover is the amount derived from ordinary activities, and stated after trade discounts, other sales taxes and net of VAT.

Income from grants is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Expenditure recognition

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required, and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

Expenditure on charitable activities includes all costs relating to the furtherance of the charity's objectives as stated in the trustees' report and their associated support costs.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

An analysis has been provided for the charitable activities on a departmental basis.

The departments are defined as follows:

The departments are defined as follows:

- Training and Libraries
- Culture, Parks and Events
- Sports and Fitness
- Central Support Services

Costs where possible are attributed directly to the activity in which they relate. Where costs cannot be directly attributed to particular headings they have been allocated to activities based on income received in the year.

Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Netting off of income against expenditure

It is not the policy of the charitable company to show incoming resources net of expenditure.

Taxation

As a registered charity Life Leisure Trust T/A Aneurin Leisure is entitled to the exemption from taxation in respect of income and capital gains received with sections 478-489 of the Corporation Tax Act 2010 and section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects purposes only.

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

1. ACCOUNTING POLICIES (continued)

Fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses or in cases where fixed assets have been donated to the charity, at valuation at time of acquisition.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures, fittings and equipment	- 20% straight line
Plant and machinery	- 20% straight line
Motor vehicles	- 20% straight line
Computers equipment	- 33% straight line

Assets are capitalised at cost.

Impairment of Tangible Fixed Assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

Investments

Investments relate to 100% of the share capital of the charity's wholly owned trading subsidiary and is recognised at cost.

Stocks

Stocks are valued at the lower of cost and net realisable value. Net realisable value is based on the estimated selling price after taking into account all further costs and excess stocks that are slow moving.

Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

1. ACCOUNTING POLICIES (continued)

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Derecognition of financial assets

Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

Employee Benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

Service Concession Agreements

The charity has service contracts with Blaenau Gwent County Borough Council for the maintenance and operation of the various theatres, libraries, community centres, leisure centres and parks owned by the Local Authority to which it has lease and management service contracts.

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

1. ACCOUNTING POLICIES (continued)

Property, plant and equipment

The buildings and equipment at the various locations are to be leased to the charity as part of the overall contractual relationships with Blaenau Gwent County Borough Council (BGCBC) but BGCBC maintain ultimate control of these assets. Accordingly the access to which the charity has in the use of these assets is to enable it to operate the various venues so that the charity can provide the public service it is contracted to provide, not to effectively own these public service assets. These assets are therefore not recognised on the charity's Balance Sheet.

Any new assets purchased by the Trust remain the property of the Trust.

Receipts

The charity receives agreed management fee income from BGCBC each year which is decreased on an annual basis as per the terms of the Funding and Management Agreement.

Pensions

The charitable company operates a pension scheme providing benefits based on final pensionable pay.

Full details of the Trust's retirement benefit arrangements are set out in note 19 being the Local Government Pension Scheme (LGPS).

This is a funded pension scheme meaning that the employer and employee pay contributions which are invested in a separate fund.

Blaenau Gwent County Borough Council (BGCBC) remain liable for the past service deficit that existed at the Trust's inception. The Trust is responsible for the LGPS movements after the commencement date; however the liability is indemnified by BGCBC.

The cost of providing benefits under defined benefit plans is determined separately for each plan using the projected unit credit method, and is based on actuarial advice.

The change in the net defined benefit liability arising from employee service during the year is recognised as an employee cost. The cost of plan introductions, benefit changes, settlements and curtailments are recognised as incurred.

The net interest element is determined by multiplying the net defined benefit liability by the discount rate, taking into account any changes in the net defined benefit liability during the period as a result of contribution and benefit payments. The net interest is recognised in income/(expenditure) for the year.

Remeasurement changes comprise actuarial gains and losses, the effect of the asset ceiling and the return on the net defined benefit liability excluding amounts included in net interest. These are recognised immediately in other recognised gains and losses in the period in which they occur and are not reclassified to income/(expenditure) in subsequent periods.

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

1. ACCOUNTING POLICIES (continued)

The net defined benefit pension asset or liability in the balance sheet comprises the total for each plan of the present value of the defined benefit obligation (using a discount rate based on high quality corporate bonds), less the fair value of plan assets out of which the obligations are to be settled directly. Fair value is based on market price information, and in the case of quoted securities is the published bid price. The value of a net pension benefit asset is limited to the amount that may be recovered either through reduced contributions or agreed refunds from the scheme.

Operating leases

The charity classifies the lease of gym equipment and motor vehicles as operating leases. Rental charges are charged on a straight line basis over the term of the lease.

2. CRITICAL ACCOUNTING ESTIMATES AND JUDGEMENTS

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods. The following critical accounting estimates and judgements have been made:

Useful economic lives of tangible assets

The annual depreciation charge for tangible assets is sensitive to changes in the estimated useful economic lives and residual values of the assets. The useful economic lives and residual values are re-assessed annually. They are amended when necessary to reflect current estimate, based on technological advancement, future investments, economic utilisation and the physical condition of the assets. See note 9 for the carrying amount of the plant and equipment and above for the useful economic lives for each class of assets.

Defined benefit pension scheme

The present value of the Local Government Pension Scheme defined benefit liability depends on a number of factors that are determined on an actuarial basis using a variety of assumptions. The assumptions used in determining the net cost (income) for pensions include the discount rate. Any changes in these assumptions, which are disclosed in note 19, will impact the carrying amount of the pension liability.

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

3. INCOME FROM DONATIONS AND LEGACIES

<u>Group</u>	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Donations	1,002	-	1,002	630
LLT Limited Covenant	8,447	-	8,447	-
	9,449	-	9,449	630
 <u>Charity</u>				
Donations	1,002	-	1,002	630
LLT Limited Covenant	8,447	-	8,447	17,966
	9,449	-	9,449	18,596

LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

4. INCOME FROM CHARITABLE ACTIVITIES

Group	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Catering income	872,172	-	872,172	200,966
Class income	34,694	-	34,694	14,859
Educational income	21,051	-	21,051	26,590
Grants	1,092,694	1,057,843	2,150,537	3,610,665
Leisure centre income	1,310,916	-	1,310,916	221,840
Management fee	2,798,092	-	2,798,092	3,232,688
Park outdoor activities	236,664	-	236,664	30,695
Reorganisation funding & recharges	-	-	-	164,555
Room hire and rental	109,687	-	109,687	67,701
Sale of goods	30,438	-	30,438	4,845
Service Level Agreement	75,304	-	75,304	55,064
Shows and events	9,086	-	9,086	-
Sundry income	29,568	-	29,568	7,948
	6,620,366	1,057,843	7,678,209	7,638,416

Charity	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Catering income	872,172	-	872,172	200,966
Class income	34,694	-	34,694	14,859
Educational income	21,051	-	21,051	26,590
Grants	1,092,694	1,057,843	2,150,537	3,610,665
Leisure centre income	1,310,916	-	1,310,916	221,840
Management fee	2,798,092	-	2,798,092	3,232,688
Park outdoor activities	236,664	-	236,664	30,695
Reorganisation funding & recharges	-	-	-	164,555
Room hire and rental	109,687	-	109,687	67,701
Sale of goods	30,438	-	30,438	4,845
Service Level Agreement	75,304	-	75,304	55,064
Shows and events	9,086	-	9,086	-
Sundry income	29,568	-	29,568	10,041
	6,620,366	1,057,843	7,678,209	7,640,509

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

4. INCOME FROM CHARITABLE ACTIVITIES (continued)

Grant income was received from the following sources:

<u>Group and charity</u>	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Aneurin Bevan University Health Board	722	14,887	15,609	-
Arts Council of Wales	-	-	-	219,710
Blaenau Gwent County Borough Council	12,605	49,129	61,734	175,593
Cardiff Council	-	4,005	4,005	-
Caerphilly County Borough Council	-	-	-	11,200
Coleg Gwent	274,079	-	274,079	279,512
Coronavirus Job Retention Scheme	-	82,049	82,049	1,032,412
Denbighshire County Council	-	-	-	5,000
Disability Sports Wales	-	19,945	19,945	21,311
European Social Fund	-	477,085	477,085	427,539
Good Things Foundation	-	2,352	2,352	3,936
Learning & Work Institute	-	750	750	700
National Heritage	-	7,911	7,911	5,550
Public Health Wales	-	103,000	103,000	99,600
Sports Council Wales	41,706	243,210	284,916	252,294
Street Games	-	26,000	26,000	15,672
WCVA	-	27,520	27,520	-
Welsh Government	763,582	-	763,582	1,060,636
	1,092,694	1,057,843	2,150,537	3,610,665

Income by activity:

	Group* £	Charity** £
Training and libraries	1,177,298	1,177,298
Culture, parks and events	996,859	1,006,435
Sports and fitness	2,256,766	2,256,766
Central support services	3,256,735	3,256,735
	7,687,658	7,697,234

* Group income includes donations and subsidiary trading income.

**Charity income includes donations and excludes subsidiary trading income

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

5. OTHER TRADING ACTIVITIES

<u>Group</u>	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Subsidiary trading operations	9,576	-	9,576	9,479
	<u>9,576</u>	<u>-</u>	<u>9,576</u>	<u>9,479</u>

LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

6. EXPENDITURE ON CHARITABLE ACTIVITIES

Group	Direct £	Support £	Grants £	Governance £	Total 2022 £	Total 2021 £
Agency and subcontractors	214,076	-	-	-	214,076	49,954
Business support	568,016	62,971	-	10,925	641,912	679,370
Catering costs	385,375	-	-	-	385,375	93,827
Defined benefit FRS102 recognised pension costs (note 19)	2,169,252	-	-	-	2,169,252	1,307,804
Depreciation	51,778	-	-	-	51,778	41,022
Events and show costs	42,755	-	-	-	42,755	891
Irrecoverable VAT	28,496	3,681	-	-	32,177	77,425
Other costs	462,076	-	-	-	462,076	440,269
Premises	842,194	-	-	-	842,194	978,700
Reorganisation costs	75,219	-	-	-	75,219	4,375
Social security	283,130	-	-	-	283,130	274,412
Wages and salaries	3,025,417	507,717	10,256	-	3,543,390	3,880,975
	8,147,784	574,369	10,256	10,925	8,743,334	7,829,024

Charity

Agency and subcontractors	214,076	-	-	-	214,076	49,954
Business support	568,016	62,971	-	10,925	641,912	679,370
Catering costs	385,375	-	-	-	385,375	93,827
Defined benefit FRS102 recognised pension costs (note 19)	2,169,252	-	-	-	2,169,252	1,307,804
Depreciation	51,778	-	-	-	51,778	41,022
Events and show costs	42,755	-	-	-	42,755	891
Irrecoverable VAT	27,380	3,681	-	-	31,061	77,007
Other costs	453,628	-	-	-	453,628	440,265
Premises	842,194	-	-	-	842,194	978,700
Reorganisation costs	75,219	-	-	-	75,219	4,375
Social security	283,130	-	-	-	283,130	274,412
Wages and salaries	3,025,417	507,717	10,256	-	3,543,390	3,880,975
	8,138,220	574,369	10,255	10,925	8,733,770	7,828,602

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

6. EXPENDITURE ON CHARITABLE ACTIVITIES (continued)

Expenditure can be attributed to:

Group	Direct £	Support £	Grants	Governance £	Total 2022 £	Total 2021 £
Training and libraries	1,381,733	152,281	-	-	1,534,014	1,633,901
Culture, parks and events	1,493,620	130,180	10,256	-	1,634,056	1,728,740
Sports and fitness	2,636,157	291,908	-	-	2,928,065	2,613,610
Central support services*	2,636,274	-	-	10,925	2,647,199	1,852,773
	8,147,784	574,369	10,256	10,925	8,743,334	7,829,024

Charity

Training and libraries	1,381,733	152,281	-	-	1,534,014	1,633,901
Culture, parks and events	1,484,056	130,180	10,256	-	1,624,492	1,728,320
Sports and fitness	2,636,157	291,908	-	-	2,928,065	2,613,610
Central support services*	2,636,274	-	-	10,925	2,647,199	1,852,771
	8,138,220	574,369	10,256	10,925	8,733,770	7,828,602

*Costs related to FRS 102 valuation of the pension scheme have been charged to the support category within Central support services and are not allocated across the business.

Support costs have been allocated to the activities based on income received in the year.

7. NET INCOME/(EXPENDITURE)

Net incoming resources are stated after charging:

Group and charity	Total 2022 £	Total 2021 £
Depreciation	51,778	41,022
Operating leases	96,773	60,869
<i>Auditors Remuneration:</i>		
Audit fees	9,000	9,250
Accountancy services	1,500	1,550

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

8. STAFF COSTS

	Total 2022 £	Total 2021 £
<u>Group and charity</u>		
Wages and salaries	3,543,390	3,880,976
Social security costs	283,130	274,412
FRS 102 Pension service costs (see note 19)	<u>2,169,252</u>	<u>1,157,000</u>
	<u>5,995,772</u>	<u>5,312,388</u>

Pension costs also include the impact of the FRS102 actuarial valuation of the service cost of running the DB scheme.

Redundancy costs totalling £75,219 are included in the above costs (2021: £3,183). There were no amounts outstanding at the year end (2021: £nil).

The total number of persons utilised throughout the year comprised a mixture of both contracted staff and relief workers. A number of individuals have only worked minimal shifts to support events. At 31 March 2022 and 2021 the Trust had 69 people in relief posts.

Staff numbers excluding relief workers:

	Headcount 2022	Headcount 2021	FTE 2022	FTE 2021
<u>Group and charity</u>				
Training and libraries	83	79	37.91	38.7
Culture, parks and events	69	47	31.52	25.3
Sports and fitness	123	95	56.19	55.9
Central support services	<u>12</u>	<u>17</u>	<u>5.48</u>	<u>16.8</u>
	<u>287</u>	<u>238</u>	<u>131.1</u>	<u>136.7</u>

Key management personnel

The key management personnel of the charity received benefits totalling £170,597 (2021: £163,761).

These costs consist of gross pay, employers' national insurance contributions and employers pension contributions.

The number of employees whose emoluments amounted to over £60,000 for the period and to whom retirement benefits are accruing under a defined benefit scheme was:

	Total 2022 £	Total 2021 £
£60,000- £70,000	<u>2</u>	<u>2</u>

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

8. STAFF COSTS (continued)

The amount of employers pension contributions paid in respect of the above employee for the period was as follows:

	Total 2022 £	Total 2021 £
Total contributions	<u>23,190</u>	<u>22,343</u>

Transactions with Trustees

During the period Donna Hardman, as the staff Trustee, received remuneration from her employment with the charity but not for her services as a Trustee.

The Memorandum and Articles of Association of the charity (paragraph 19.1) provides the charity with the legal authority to make such payments.

The employee is a staff representative on the Trustee board.

No Trustees were reimbursed for expenses during the current or prior period.

Related Party transactions

During the period the charity recharged its wholly owned trading subsidiary LLT Limited £8,373 (2021: £2,093) for admin, staff time and maintenance costs.

LLT Limited gift aided £2,865 (2021: £17,966) to the charity during the period.

As at 31 March 2022 the LLT owed the charity £1,910 (2021: the charity owed LLT £9,419).

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

9. TANGIBLE FIXED ASSETS

Group	Plant and machinery £	Computer equipment £	Fixtures and fittings £	Motor vehicle £	Total £
Cost					
At 1 April 2021	120,739	8,674	55,576	28,125	213,114
Additions	545,245	-	6,619	-	551,864
Disposals	-	-	(3,033)	-	(3,033)
At 31 March 2022	<u>665,984</u>	<u>8,674</u>	<u>59,162</u>	<u>28,125</u>	<u>761,945</u>
Depreciation					
At 1 April 2021	81,994	6,541	42,533	23,388	154,456
Charge for the year	38,241	2,133	6,667	4,737	51,778
Disposals	-	-	(2,426)	-	(2,426)
At 31 March 2022	<u>120,235</u>	<u>8,674</u>	<u>46,774</u>	<u>28,125</u>	<u>203,808</u>
Net Book Value					
At 31 March 2022	<u>545,749</u>	<u>-</u>	<u>12,388</u>	<u>-</u>	<u>558,137</u>
At 31 March 2021	<u>38,745</u>	<u>2,133</u>	<u>13,043</u>	<u>4,737</u>	<u>58,658</u>

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

10. FIXED ASSET INVESTMENTS - CHARITY

**Investments
in Group
undertakings
£**

Cost as at 31 March 2021 and 31 March 2022 1

Life Leisure Trust owns 100% of the ordinary share capital of LLT Limited, a company registered in England and Wales, company number 09236541. The registered office of the company is the same as the charity. LLT Limited rents camping and caravanning pitches at Parc Bryn Bach.

The results of the company for the year ended 31 March 2022 can be found below:

	Total 2022 £	Total 2021 £
<u>Profit and Loss Account</u>		
Turnover	9,576	9,479
Admin expenses	(6,711)	(2,511)
Operating profit	<u>2,865</u>	<u>6,968</u>
<u>Statement of changes in Equity</u>		
Balance brought forward	1	10,999
Profit and total comprehensive income for the period	2,865	6,968
Distributions to parent charity under gift aid	(2,865)	(17,966)
Balance carried forward	<u>1</u>	<u>1</u>
<u>Balance Sheet</u>		
Current assets:		
Cash at bank and in hand	1,911	1,911
Amount owed by parent	1,484	-
	<u>3,395</u>	<u>1,911</u>
Current liabilities:		
Amounts owed to group undertakings	3,394	1,910
	<u>3,394</u>	<u>1,910</u>
Net current assets	<u>1</u>	<u>1</u>
Capital and reserves:		
Called up share capital	1	1
Profit and loss reserves	-	-
	<u>1</u>	<u>1</u>

The results above are included in the consolidated accounts.

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

11. STOCK

	2022	2021
<u>Group and charity</u>	<u>£</u>	<u>£</u>
Shop items	6,925	6,010
Food and bar	16,752	7,989
	<u>23,677</u>	<u>13,999</u>

12. DEBTORS

<u>Group</u>	2022	2021
	£	£
<i>Amounts falling due within one year:</i>		
Trade debtors	198,160	558,149
Prepayments and accrued income	431,582	476,010
	<u>629,742</u>	<u>1,034,159</u>
<i>Amounts falling due after one year:</i>		
Underwritten pension balance	4,432,000	4,432,000
	<u>5,061,742</u>	<u>5,466,159</u>

Charity

Amounts falling due within one year:

Trade debtors	198,160	558,149
Amounts due from subsidiary undertakings	3,394	3,393
Prepayments and accrued income	431,581	476,010
	<u>633,135</u>	<u>1,037,552</u>
<i>Amounts falling due after one year:</i>		
Underwritten pension balance	4,432,000	4,432,000
	<u>5,065,135</u>	<u>5,469,552</u>

The underwritten pension balances relates to the deficit on the LGPS scheme prior to the Trust's inception (see note 19).

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
<u>Group</u>	£	£
Trade creditors	30,195	56,516
Accruals and deferred income	580,727	765,551
Social security and other taxes	154,121	164,905
Hire purchase	62,055	-
	827,098	986,972
<u>Charity</u>		
Trade creditors	30,195	56,516
Accruals and deferred income	580,727	765,551
Social security and other taxes	154,121	164,905
Amounts due to subsidiary undertakings	1,483	1,483
Hire purchase	62,055	-
	828,581	988,455

Contained in the accruals and deferred balance above is deferred income in relation to weddings, activities, ticket sale income and management fee income which will relates to the 2022/23 financial year.

	2022	2021
<u>Group and Charity</u>	£	£
Balance brought forward	53,234	939,604
Income received in the year	2,965,147	2,346,318
Released to income	(2,814,546)	(3,232,688)
Balance carried forward	203,835	53,234

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

14. CREDITORS: AMOUNTS FALLING DUE AFTER ONE YEAR

	2022	2021
<u>Group and Charity</u>	£	£
Hire purchase	394,599	-
	394,599	-

Hire purchase contracts

The net book value of fixed assets held under hire purchase contracts during the year totalled £455,554 (2021: £nil).

	2022	2021
<u>Group and Charity</u>	£	£
Future minimum lease payments due under finance leases:		
Within one year	62,055	-
In two to five years	297,217	-
In over five years	97,382	-
	456,654	-

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

15. RESTRICTED FUNDS

<u>Group and charity</u>	At 1 April 2021 £	Income £	Expenditure £	Transfers £	At 31 March 2022 £
Aneurin Bevan University					
Health Board	-	14,887	(4,887)	-	10,000
Arts Council of Wales	74,227	-	(86,673)	-	(12,446)
Blaenau Gwent County					
Borough Council	-	49,129	(38,129)	-	11,000
Cardiff Council	-	4,005	(4,005)	-	-
Coronavirus Job Retention					
Scheme	-	82,049	(82,049)	-	-
Disability Sports Wales	2,446	19,945	(21,308)	(1,245)	(162)
European Social Fund	353,948	477,085	(396,795)	-	434,238
Good Things Foundation	1,960	2,352	(78)	-	4,234
Heritage Lottery	11,592	-	-	-	11,592
Learning & Work Institute	3,141	750	(130)	-	3,761
National Heritage	(7,911)	7,911	-	-	-
Neath Port Talbot County					
Borough Council	4,114	-	-	-	4,114
Public Health Wales	-	103,000	(96,207)	-	6,793
Sports Council Wales	26,453	243,210	(212,818)	-	56,845
Street Games	45,453	26,000	(20,725)	-	50,728
WCVA	-	27,520	(5,416)	-	22,104
Welsh Government	5,000	-	-	-	5,000
Wrexham County Borough					
Council	1,704	-	-	-	1,704
Total funds	522,127	1,057,843	(969,220)	(1,245)	609,505

Aneurin Bevan University Health Board was received for the MALD Museums and Libraries Division (formally CyMAL) project to assist with the delivery of Every Child a Member Scheme.

Arts Council of Wales funding was received for delivery of community arts projects within the four Local Authority areas of Blaenau Gwent, Torfaen, Merthyr Tydfil and Caerphilly.

Blaenau Gwent County Borough Council was to provide Adult Community Learning.

Cardiff Council was received for the MALD Museums and Libraries Division (formally CyMAL) project to assist with the delivery of Every Child a Member Scheme

Coronavirus Job Retention Scheme funding was received to cover the wage cost of staff placed on furlough during the Covid-19 pandemic.

Disability Sports Wales funding was received for the provision of quality sporting and physical activity opportunities for disabled people at grass roots level.

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

15. RESTRICTED FUNDS (continued)

European Social Fund grant was received to achieve two main objectives:

1. engage, support and prepare the economically inactive in deprived areas, by teaching them the relevant skills to gain sustainable employment.
2. increase the relevant skills of those individuals currently employed with limited skills.

Heritage Lottery funding was received to achieve four main objectives:

- i. enhancing educational activities within the local heritage attractions.
- ii. delivering the 'Blaenau Gwent in the 1st World War' project, which includes working with volunteers and the community. This project has successfully concluded.
- iii. providing exposure to the arts via the History and Mystery project.
- iv. to deliver a series of workshops to young people in the community on local history via the Voice and Identity project

Good Things Foundation funding received for the public to complete their census digitally.

Learning & Work Institute funding was received to deliver promotional activities during the Adult Learners' week.

National Heritage funding was received for sensory garden project at Parc Bryn Bach.

Neath Port Talbot County Borough Council

MALD Museums and Libraries Division (formally CyMAL) funding to assist with the delivery of Every Child a Member Scheme

Public Health Wales funding was received to facilitate the implementation and maintenance of exercise schemes, with the view of improving the health and wellbeing for patients aged 16 and over at risk of chronic disease.

Sports Council Wales funding was received to achieve six objectives:

- i. to set up a buggy walker group for new parents/carers to meet weekly and enjoy an exercise class with their child via the Sports Lottery Community Chest Grant.
- ii. increase regular participation in sport, improve opportunities for all and develop talented athletes via the LAPA project.
- iii. provide free swimming to eligible participants via the Free Swim Grant.
- iv. to support the delivery of the 'Coaches for the Future' programme.
- v. to develop sports clubs via the 'Thriving Clubs' project.
- vi. to improve the health, happiness and confidence of children by increasing their participation in physical activity via the Physical Literacy project.

Street Games funding was received to deliver the 'Door-step Sport' and 'Us Girls Initiative' as well as the 'Sports Leaders Awards'.

WCVA funding to improve biodiversity, waste minimisation and environmental enhancement.

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

15. RESTRICTED FUNDS (continued)

Welsh Government funding was received to restructure the ground floor of Abertillery library to accommodate Adult Community learning activities.

Wrexham County Borough Council funding was received to achieve three main objectives:

- delivery of 'Every Child a Member' scheme with the libraries.
- delivery of the 'Summer Reading Challenge'.
- delivery of the 'Rugby Stories' project. This project has successfully concluded.

Previous period

	At 1 April 2020 £	Income £	Expenditure £	Transfers £	At 31 March 2021 £
<u>Group and charity</u>					
Arts Council of Wales	96,797	191,408	(213,978)	-	74,227
Blaenau Gwent County Borough Council	-	18,511	(18,511)	-	-
Caerphilly CBC	-	11,200	(11,200)	-	-
Coronavirus Job Retention Scheme	-	1,032,413	(982,796)	(49,617)	-
Denbighshire County Council	-	5,000	(5,000)	-	-
Disability Sports Wales	(109)	21,311	(22,756)	4,000	2,446
European Social Fund	264,456	427,539	(387,664)	49,617	353,948
Good Things Foundation	-	3,936	(1,976)	-	1,960
Heritage Lottery	11,592	-	-	-	11,592
Learning & Work Institute	2,558	700	(117)	-	3,141
National Heritage	-	5,550	(13,461)	-	(7,911)
Neath Port Talbot County Borough Council	4,114	-	-	-	4,114
Public Health Wales	-	99,670	(103,056)	3,386	-
Sports Council Wales	20,954	211,612	(202,113)	(4,000)	26,453
Street Games	35,685	15,672	(5,904)	-	45,453
Welsh Government	-	5,000	-	-	5,000
Wrexham County Borough Council	1,704	-	-	-	1,704
Total funds	<u>437,751</u>	<u>2,049,522</u>	<u>(1,968,532)</u>	<u>3,386</u>	<u>522,127</u>

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

16. UNRESTRICTED FUNDS

Group	As at 1 April 2021 £	Income £	Expenditure £	Transfers £	Actuarial loss on defined benefit pension scheme £	As at 31 March 2022 £
General fund	845,799	6,639,391	(6,223,114)	1,245	-	1,263,321
Defined benefit pension scheme	(7,835,000)	-	(1,551,000)	-	4,677,000	(4,709,000)
	<u>(6,989,201)</u>	<u>6,639,391</u>	<u>(7,774,114)</u>	<u>1,245</u>	<u>4,677,000</u>	<u>(3,445,679)</u>

Charity

General fund	845,806	6,629,815	(6,213,550)	1,245	-	1,263,316
Defined benefit pension scheme	(7,835,000)	-	(1,551,000)	-	4,677,000	(4,709,000)
	<u>(6,989,194)</u>	<u>6,629,815</u>	<u>(7,764,550)</u>	<u>1,245</u>	<u>4,677,000</u>	<u>(3,445,684)</u>

Previous period

Group	As at 1 April 2020 £	Income £	Expenditure £	Transfers £	Actuarial loss on defined benefit pension scheme £	As at 31 March 2021 £
General fund	403,674	5,599,003	(5,153,492)	(3,386)	-	845,799
Defined benefit pension scheme	(1,973,000)	-	(707,000)	-	(5,155,000)	(7,835,000)
	<u>(1,569,326)</u>	<u>5,599,003</u>	<u>(5,860,492)</u>	<u>(3,386)</u>	<u>(5,155,000)</u>	<u>(6,989,201)</u>

Charity

General fund	392,679	5,609,583	(5,153,070)	(3,386)	-	845,806
Defined benefit pension scheme	(1,973,000)	-	(707,000)	-	(5,155,000)	(7,835,000)
	<u>(1,580,321)</u>	<u>5,609,583</u>	<u>(5,860,070)</u>	<u>(3,386)</u>	<u>(5,155,000)</u>	<u>(6,989,194)</u>

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

17. ANALYSIS OF NET ASSETS BETWEEN FUNDS

Group	Unrestricted funds £	Restricted funds £	2022 £
Fixed assets	558,137	-	558,137
Current assets	1,926,881	609,505	2,536,386
Pension debtor	4,432,000	-	4,432,000
Current liabilities	(827,098)	-	(827,098)
Long term liabilities	(394,599)	-	(394,599)
Pension deficit	(9,141,000)	-	(9,141,000)
Total funds	(3,445,679)	609,505	(2,836,174)

Charity

Fixed assets	558,137	-	558,137
Investments	1	-	1
Current assets	1,928,358	609,505	2,537,863
Pension debtor	4,432,000	-	4,432,000
Current liabilities	(828,581)	-	(828,581)
Long term liabilities	(394,599)	-	(394,599)
Pension deficit	(9,141,000)	-	(9,141,000)
Total funds	(3,445,684)	609,505	(2,836,179)

Previous year

Group	Unrestricted funds £	Restricted funds £	2021 £
Fixed assets	58,658	-	58,658
Current assets	1,774,113	522,127	2,296,240
Pension debtor	4,432,000	-	4,432,000
Current liabilities	(986,972)	-	(986,972)
Pension deficit	(12,267,000)	-	(12,267,000)
Total funds	(6,989,201)	522,127	(6,467,074)

Charity

Fixed assets	58,658	-	58,658
Investments	1	-	1
Current assets	1,775,602	522,127	2,297,729
Pension debtor	4,432,000	-	4,432,000
Current liabilities	(988,455)	-	(988,455)
Pension deficit	(12,267,000)	-	(12,267,000)
Total funds	(6,989,194)	522,127	(6,467,067)

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

18. OPERATING LEASES

The group had the following operating leases in place as at 31 March 2022:

<u>Group and Charity</u>	Total 2022 £	Total 2021 £
Due less than 1 year	22,468	22,468
Due 2-5 years	-	-
Due >5 years	-	-
	<u>22,468</u>	<u>22,468-</u>

19. ULTIMATE CONTROLLING PARTY

The ultimate controlling party is the Board of Trustees and management team who are responsible for the strategic and operational decisions of the charity.

20. PENSIONS

The company operates a pension scheme providing benefits based on pensionable pay.

The assets of the scheme are held separately from those of the charity. The contributions are determined by a qualified actuary based on triennial valuations using the projected unit method. The most recent valuation was as at 31 March 2019 which has been updated to reflect conditions at the balance sheet date. The assumptions that have the most significant effect on the results of the valuation are those relating to the rate of return on investments and the rate of increase in salaries and pensions.

There were no amounts outstanding in relation to pension contributions during the current or prior period. Regular employer contributions during the period totalled £618,252 (2021: £600,032).

Local Government Superannuation Scheme (LGPS)

The company participates in the 'Torfaen County Borough Council (Greater Gwent)' pension scheme which is a defined benefit scheme based on final pensionable salary. Certain employees of the company participated in the scheme prior to the company's inception and, as such, assets or liabilities attributable to these individuals were identified at the transfer date i.e. 1st October 2014. As part of the agreement, liability for the proportion of the debt attributable to these employees that relates to the pre-transfer period rests with Blaenau Gwent County Borough Council (BGCBC). Gains and losses relating solely to the period since transfer are recognised in the income statement and statement of other comprehensive income. However, the deficit is underwritten by BGCBC. Pension funding is based on funding advice from the scheme actuary based on a different set of assumptions. The FRS 102 valuation does not impact on the level of contribution that the company and hence ultimately BGCBC has to make.

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

20. PENSIONS (continued)

Changes in the Fair Value of Plan Assets, Defined Benefit Obligation and Net Liability for year end 31 March 2022

Amounts recognised in the Balance Sheet and the Statement of Financial Activities are as follows:

	Assets £(000)	Obligations £(000)	Net (liability)/ asset £(000)
Period ended 31 March 2022			
Fair value of plan assets	25,012	-	25,012
Present value of funded liabilities	-	37,279	(37,279)
Opening Position as at 31 March 2021	25,012	37,279	(12,267)
 Service cost			
Current service cost	-	1,904	(1,904)
Past service cost (including curtailments)	-	-	-
Total Service Cost	-	1,904	(1,904)
 Net interest			
Interest income on plan assets	519	-	519
Interest cost on defined benefit obligation	-	783	(783)
Total net interest	519	783	(264)
 Total defined benefit cost recognised in Profit or (Loss)	519	2,687	(2,168)
 Cash flows			
Plan participants' contributions	208	208	-
Employer contributions	617	-	617
Estimated Benefits paid	(218)	(218)	-
Expected closing position	26,138	39,956	(13,818)
 Remeasurements			
Changes in financial assumptions	-	(3,545)	3,545
Changes in demographic assumptions	-	(214)	214
Other experience	-	77	(77)
Return on assets excluding amounts included in net interest	995	-	995
Total remeasurements recognised in Other Comprehensive Income (OCI)	995	(3,682)	4,677
 Fair value of plan assets	27,133	-	27,133
Present value of funded liabilities	-	36,274	(36,274)
Closing Position as at 31 March 2022	27,133	36,274	(9,141)

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
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20. PENSIONS (continued)

The major categories of plan assets as a percentage of total plan assets are as follows:

Using the most recent asset split and allowing for index returns, where required, on each asset category, the estimated split of assets as at 31 March 2022 is as shown below:

Period Ended	31 March 2022	31 March 2021
	%	%
Equities	81	81
Bonds	16	17
Property	3	2
Cash	0	0

The financial assumptions, as described in the accompanying report, are summarised below:

Period Ended	31 Mar 2022	31 March 2021
	% p.a.	% p.a.
Pension Increase Rate	3.15	2.80%
Salary Increase Rate	3.45	3.10%
Discount Rate	2.75	2.05%

Life expectancy is based on the Funds' VitaCurves with improvements in line with CMI 2018 with a peaked long term rate of 1.25% p.a.

The average future life expectancies at age 65 are summarised below:

	Males	Females
Current Pensioners	2056 years	23.2 years
Future Pensioners*	21.8 years	25.1 years

*Figures assume members aged 45 as at the last formal valuation date.

SENSITIVITY ANALYSIS

The sensitivities regarding the principal assumptions used to measure the scheme liabilities are set out below:

Change in assumptions at 31 March 2022	Approximate % increase to Defined Benefit Obligation	Approximate monetary amount £(000)
0.5% decrease in Real Discount Rate	14%	5,201
0.5% increase in the Salary Increase Rate	2%	697
0.5% increase in the Pension Increase Rate	12%	4,386

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21. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2022 £	2021 £
Net (expenditure)/ income for the reporting period	3,575,170	(5,335,499)
<i>Adjustments for:</i>		
Depreciation charges	51,778	41,022
(Gain)/Loss on disposal	607	-
(Increase)/decrease in stocks	(9,678)	6,539
(Increase)/decrease in debtors	404,417	(592,629)
Increase in creditors	(2,835,547)	5,247,282
Net cash provided by operating activities	<u>1,186,747</u>	<u>(633,285)</u>
Analysis of Cash and Cash Equivalents		
Cash in hand	<u>1,882,967</u>	<u>1,248,082</u>
Total Cash and Cash Equivalents	<u>1,882,967</u>	<u>1,248,082</u>

Analysis of changes in net funds

	At 1 April 2021 £	Cash flows £	New finance leases £	Other non- cash changes £	At 31 March 2022 £
Cash at bank and in hand	1,248,082	634,885	-	-	1,882,967
Obligations under finance lease	-	18,576	(471,863)	(3,367)	(456,654)
	<u>1,248,082</u>	<u>653,461</u>	<u>(471,863)</u>	<u>(3,367)</u>	<u>1,426,313</u>

**LIFE LEISURE TRUST T/A ANEURIN LEISURE
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22. COMPARATIVE STATEMENT OF FINANCIAL ACTIVITY

Group	Unrestricted funds £	Restricted funds £	Total funds 2021 £
Income and endowments from:			
Donations and legacies	430	200	630
Charitable activities	5,589,094	2,049,322	7,638,416
Other trading activities	9,479	-	9,479
Total income and endowments	5,599,003	2,049,522	7,648,525
Expenditure on:			
Charitable activities	5,860,492	1,968,532	7,829,024
Total expenditure	5,860,492	1,968,532	7,829,024
Net (expenditure)/ income	(261,489)	80,990	(180,499)
Transfers between funds	(3,386)	3,386	-
Other recognised gains/(losses):			
Actuarial (losses)/ gains on defined benefit pension schemes	(5,155,000)	-	(5,155,000)
Net movement in funds	(5,419,875)	84,376	(5,335,499)
Reconciliation of Funds			
Total funds brought forward	(1,569,326)	437,751	(1,131,575)
Total funds carried forward	(6,989,201)	522,127	(6,467,074)

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22. COMPARATIVE STATEMENT OF FINANCIAL ACTIVITY (continued)

	Unrestricted funds £	Restricted funds £	Total funds 2021 £
Income and endowments from:			
Donations and legacies	18,396	200	18,596
Charitable activities	5,591,187	2,049,322	7,640,509
Total income and endowments	<u>5,609,583</u>	<u>2,049,522</u>	<u>7,659,105</u>
Expenditure on:			
Charitable activities	5,860,070	1,968,532	7,828,602
Total expenditure	<u>5,860,070</u>	<u>1,968,532</u>	<u>7,828,602</u>
Net (expenditure)/ income	(250,487)	80,990	(169,497)
Transfers between funds	(3,386)	3,386	-
Other recognised gains/(losses):			
Actuarial (losses)/ gains on defined benefit pension schemes	(5,155,000)	-	(5,155,000)
Net movement in funds	<u>(5,408,873)</u>	<u>84,376</u>	<u>(5,324,497)</u>
Reconciliation of Funds			
Total funds brought forward	(1,580,321)	437,751	(1,142,570)
Total funds carried forward	<u>(6,989,194)</u>	<u>522,127</u>	<u>(6,467,067)</u>

