

REGISTERED CHARITY NUMBER: 1158989

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2024
FOR
PARENT CLUB**

**Prestons & Jacksons Partnership LLP
364 - 368 Cranbrook Road
Ilford
Essex
IG2 6HY**



Trustees' Annual Report for the period

Period start date		Period end date	
From	01 01 2024	To	31 12 2024

Section A Reference and administration details

Charity name Parent Club

Other names charity is known by Kitchen Club

Registered charity number (if any) 1158989

Charity's principal address 73 Oakwood Road

Postcode NW11 6RJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jonathan Buckland	Chair		
2	Shuvo Loha	Treasurer		
3	Anand Doobay	Secretary		
4	Marianna Champion			
5	Tamara Adenuga			
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Chris Brown

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

CIO - FOUNDATION REGISTERED 27 OCT 2014

How the charity is constituted
(eg. trust, association, company)

CHARITABLE INCORPORATED ORGANISATION ('ASSOCIATION')

Trustee selection methods
(eg. appointed by, elected by)

Nomination Committee

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

All new trustees will receive copies of the constitution as well as any relevant guidance from the Charity Commission. In addition, new trustees will receive copies of all Parent Club policies and procedures for their perusal and are encouraged to review them at least annually in line with Parent Club policy.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

TO ADVANCE THE EDUCATION OF PARENTS AND CHILDREN IN THE UK BY PROVIDING THEM WITH OPPORTUNITIES TO ACQUIRE KNOWLEDGE AND SKILLS RELEVANT TO HEALTHY PHYSICAL, MENTAL AND SOCIAL DEVELOPMENT.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Trustees have had regard to the public benefit guides PB1, PB2 and PB3 when making decisions they are relevant to. New trustees must read these documents, which are must be taken into consideration when planning the charity's activities for the ahead.

The following statement summarises the way in which the Kitchen Club projects have contributed to the public benefit:

'Our work continues to focus on engaging hard to reach and vulnerable families in projects where parents and children work with an experienced food professional to prepare a healthy vegetarian meal with fresh ingredients. Families can also access a rich play and learning environment, with activities facilitated by staff and volunteers. Activities include painting, craftwork, puzzles and storytelling. In consultation with parents, the menu changes for each session, with opportunities for parents to co-lead sessions. Recipe cards are available to take home for each session.

Kitchen Club provides opportunities for informal, experiential learning, fosters networks of accessible, local support and improves mental well-being. We also aim to connect families with further support through signposting and referrals. Preparing and sharing food together makes it easier to establish new relationships and may be particularly attractive to families who cannot easily afford to eat well. It is also a great opportunity to develop social skills. As well as reducing social isolation and improving access to good quality food, Kitchen Club addresses several other key determinants of mental well-being including involvement in learning and opportunities to be valued, take control and influence decisions. Working through food is also an important opportunity to encourage healthy eating, particularly because children growing up in low-income communities are less likely to eat well.

We have a special focus on working with families living in temporary accommodation and insecure housing.'

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Summary of delivery

In 2024, we delivered 149 sessions across five settings, supporting 490 unique beneficiaries (*cf* 433 beneficiaries in 2023).

Daubeney Children's Centre (11 sessions, Jan-March)

- 29 parents
- 42 children

This legacy project was delivered according to plan, with effective partnership working and good professional development for setting staff. Provisional agreement in place for work experience placements at Daubeney in 2025.

Woodlands Park Children's Centre (40 sessions, Jan-Dec)

- 47 parents
- 53 children

Our core children's centre project continued to achieve positive engagement and feedback from families. With good support from setting management, there was an increased proportion of NRPF and families in temporary accommodation, with reduced attrition and more consistent attendance from target families.

Round Chapel Old School Rooms (38 sessions, Jan-Dec)

- 62 parents
- 74 children

Our foundational core setting for families in temporary accommodation, this project continued to successfully support high needs, vulnerable families in partnership with The Round Chapel Families Project, who supported sessions with additional staff for signposting and advice, and continued to support through communications to families and referrals-in from other projects.

Redmond Community Centre (39 sessions, Jan-Dec)

- 49 parents
- 61 children

In our first full year of delivery for our second core project for families in temporary accommodation, strong partnerships were established with a range of local organisations including Woodberry Down Children's centre and the Family Support Service. Effective outreach to 5 local hostels ensured good attendance and engagement from families, with a high proportion from the target group, over 90%.

St Peters Church Crypt (21 sessions, June-Dec)

- 37 parents
- 42 children

A successful launch for our third core project for families in T.A., confirming that the hostel families model can be replicated effectively. Outreach focussed on two large local hostels – St Peter's Way and the Metropolitan. Good engagement from families, and positive feedback. A very high proportion of families were from the target group (95+%).

Staff

Chris Brown continued as Chief Executive and Project Co-ordinator, Kimberly Moulinier continued as Family Activities Organiser, and Tricia Fisher continued as Community Food Organiser. Amanda Moore continued as a Session Support Worker. Sessions at Daubeney were supported by a member of setting staff.

Volunteers

6 regular volunteers generously supported our work in 2024, four of whom were former volunteers.

'I started volunteering because I love the project and I wanted to use my experience to do something positive to help other people. In the situation I was in, my confidence went down and being a volunteer at Kitchen Club helped me to feel I was part of something again like in my previous life and made me feel good to be doing that'

Former beneficiary/Kitchen Club volunteer

Organisational Development

- Signposting & referrals process iterated to include a greater range of categories for information/support.
- Increased staffing capacity to support the new signposting and guidance function
- Further structure and guidance around strategies for focus families
- CRM system used successfully across 3 projects for families in TA
- Data from CRM used for case management and for generating reports for key metrics
- Parent Club appointed CVS rep for Hackney Council Social Connections Leads Group
- Branding and website completed, with proprietary recipes published open-source
- Focus on training and support for beneficiaries interested in volunteering

Kitchen Club Internship

We developed a new in-work training programme to help parents secure long term future employment. Following a formal application and interview process, by Dec 2024, we had successfully recruited four former beneficiaries with lived experience of temporary accommodation to join the pilot programme, launching in January 2025.

The 12-month professional development programme is designed to help parents launch careers in the catering and childcare sectors. The programme includes in-work training with the Kitchen Club project, independent study, employability coaching, and additional support with job searches and applications for jobs and further training.

Around 75% of the programme is allocated to working alongside established professionals to deliver Kitchen Club sessions, with 25% dedicated to professional development. Trainees need to commit to a minimum of 8hrs per week, with availability for work between 10am-2.30pm on at least three regular days per week during school term time.

'I am looking forward to doing the traineeship with Kitchen Club. I feel like I want to go back to work but my background was in another area and because of my experience I want to do something that I can contribute my experience and adapt my skills into a new career'

Key Partnerships

- Children's Centres (especially Woodlands Park, Daubeney, Woodberry Down)
- Hackney Food Bank
- Hackney Baby Bank
- Little Village
- Redmond Community Centre
- Hackney Playbus – referrals and outreach
- Health visitor – referral partner for Refugee/Asylum families
- Family Support Service, inc staff visits to Redmond project
- Bridge outcomes partnerships – access to Home Office funded TA
- Round Chapel Families project - recruitment, comms & signposting/support worker
- Hackney VCS – volunteer recruitment + E-voucher grant

Impact

Impact evaluations were carried out across 5 settings (Round Chapel, Woodlands Park, Daubeney, St Peter's, and Redmond). A total of 68 self-assessment surveys were completed, with space for beneficiaries to also provide written comments.

Self-assessment survey question	% Agree or Strongly Agree
Kitchen Club has helped me to eat more fruit and veg each week	97%
Kitchen Club has helped my child to eat more fruit and veg each week	97%
Kitchen Club has introduced me to new healthy recipes or ingredients'	99%
Kitchen Club has helped me to connect with other local parents	94%
Coming to Kitchen Club has been good for my sense of wellbeing	96%
Kitchen Club has helped me find out about other services/opportunities	94%
Kitchen Club has given me new ideas for play and learning activities	93%
Kitchen Club has helped me to share positive experiences with my child	98%

Example comments:

'At Kitchen Club we can sit down and talk with the other parents, have some lunch, and it's all free. It's a relief. At Kitchen Club they make you feel important, and they make you feel good. They listen to you and it's really nice how they treat the mums'

'Kitchen Club is helpful because I found a place where I can forget for a couple of hours about my problems. You can see your kid in a different place playing and you can have a nice lunch and you can also find out a lot of information'

'I went to a lot of other places where I felt that people were thinking what has she done wrong to be in this situation, or treating you like a number, and without empathy or humanity. Finding Kitchen Club was like finding an oasis, where I was treated with dignity and respect'

Creative Health research

A research student from the UCL Ma in Creative Health worked with several Kitchen Club families to explore the impact of temporary accommodation on parenting, mental health and social connection. Participants used photography to document and discuss aspects of their lived experience in temporary accommodation.

The research highlighted Kitchen Club's positive impact in providing practical help, access to additional services, and a space to connect with a network of support:

'X has built meaningful connections through Kitchen Club, where she has met most of the people she knows. These connections extend beyond Kitchen Club, as they spend time together outside of the sessions. These relationships bring her a sense of community. This highlights the importance of VSOs like Kitchen Club in assisting with the development of social connection for families in TA, especially recent arrivals who often lack a social network upon entry into the UK'

X noted that she feels very positive towards Kitchen Club and is grateful for the help they provided. She further emphasised this by explaining that she tells "everyone" in her accommodation to attend Kitchen Club. This further emphasises Kitchen Club's positive role in supporting families in TA to meet their basic needs and build a sense of community.'

Section E Financial review

Brief statement of the charity's policy on reserves

Parent Club aims to maintain reserves equal to at least 3 months of ordinary running costs.

Details of any funds materially in deficit

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Income

Our work was supported by 13 trusts and foundations, for a total of £207,875, comprised of grants ranging from £500 to £50,000. We also launched a new initiative to solicit donations from individuals and businesses – the '24 Carrot' supporters club, which helped us to secure £22,000 of additional funding. Our website also now includes a 'donate' button, from which we received £100.

Expenditure

Expenditure of £141,577 was higher than the previous year (£110K), reflecting increased staffing and venue hire costs, which now include venue hire for the new St Peter's project.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Shuvo Loha

Position (eg Secretary, Chair, etc)

Treasurer

Date

25/04/2025

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF PARENT CLUB

Independent Examiner's Report to the Trustees of Parent Club

I report to the trustees on my examination of the accounts of Parent Club (also known as the Kitchen Club) for the year ended 31st December 2024 which comprise the summary of receipts and payments and the statement of assets and liabilities.

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the accounts. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently I express no audit opinion on the accounts and my report is limited to those specific matters set out in the independent examiner's statement.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Anwer Patel BA (Hons) FCA BFP

**ICAEW
Prestons & Jacksons Partnership LLP
364-368 Cranbrook Road
Ilford Essex
IG2 6HY**

Date: 29/04/2025



Receipts and payments accounts

CC16a

For the period
from

Period start date
01/01/2024

To

Period end date
31/12/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
The J Van Mars Foundation	-	50,000	-	50,000	30,000
Leathersellers	-	-	-	-	3,000
Charles French	-	5,000	-	5,000	3,000
Albert Hunt	-	-	-	-	2,000
Hackney Council	-	-	-	-	-
Hackney Council - Vouchers	-	-	-	-	5,000
Rocket Science (GLA)	-	-	-	-	986
St James Place Charitable Foundation	-	-	-	-	2,500
Groundwork	-	-	-	-	4,000
Groundwork - Tesco bags of help	-	-	-	-	1,000
Groundwork - Roundchapel (Comic Relief)	-	907	-	907	8,158
Chesterhill Charitable Trust	500	-	-	500	500
Beacon Lodge	-	-	-	-	5,000
Toy Trust	-	-	-	-	2,500
Vintners	-	-	-	-	5,000
Mercers Trustees - Roundchapel	-	15,000	-	15,000	15,000
Mercers Trustees - Wellbeing	-	-	-	-	5,000
Society of the holy child Jesus	10,000	-	-	10,000	-
Garfield Weston	10,000	-	-	10,000	-
Society of the holy cross	10,000	-	-	10,000	-
BBC Children in Need	-	15,000	-	15,000	-
Masonic Charitable Trust	5,000	-	-	5,000	-
Postcode Society	25,000	-	-	25,000	-
City Bridge Foundation	-	6,223	-	6,223	-
Lottery Community Fund 2025	-	19,985	-	19,985	-
National Lottery Community Fund - accrued 2024	-	35,260	-	35,260	-
Donations	22,100	-	-	22,100	-
Sub total (Gross income for AR)	82,600	147,375		229,975	92,644

Total receipts	82,600	147,375	-	229,975	92,644
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A3 Payments

Cost of Running Kitchen Clubs	6,564	15,434	-	21,998	11,685
Vouchers	-	2,000	-	2,000	3,000
Training and Staff support	468	3,172	-	3,640	1,679
Rent/Hire of Rooms	-	16,703	-	16,703	6,809
Wages/Salaries and National	28,229	56,922	-	85,151	79,146
Pension Contributions	1,806	-	-	1,806	1,843
Consultants/Contractors	5,140	-	-	5,140	2,520
External accountancy costs	600	-	-	600	600
Office and IT costs	3,011	420	-	3,431	1,753
Insurance	332	-	-	332	332
Bank Interest and Charges	194	-	-	194	208
Recruitment costs	582	-	-	582	526
Sub total	46,926	94,651	-	141,577	110,101

Total payments	46,926	94,651	-	141,577	110,101
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Net of receipts/(payments)	35,674	52,724	-	88,398	-
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A5 Transfers between funds	-	-	-	-	-
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A6 Cash funds last year end	23,409	41,854	-	65,263	£82,720
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Cash funds this year end	59,083	94,578	-	153,661	65,263
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Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	59,083	94,578	-
	Total cash funds	59,083	94,578	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities				
	PAYE and Employers NIC	Unrestricted	3,309	22 January 2025
	Rent invoice from Dec24	Restricted - City Bridge Foundation	1,440	20 January 2025

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Shuvo Loha	25/04/2025

PARENT CLUB

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The financial statements have been prepared on a receipt and payment basis and is comply with all the legal requirements.

Statutory Information

Parent Club is a charitable incorporated organisation (CIO) registered with Charity Commission in England and Wales.

Going Concern

The Board are confident that they have secured sufficient income for the next twelve months. For this reason, the accounts have been prepared on a going concern basis.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

PARENT CLUB

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 DECEMBER 2024

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2024 nor for the year ended 31 December 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2024 nor for the year ended 31 December 2023.

3. STAFF COSTS

	31.12.24	31.12.23
	£	£
Wages and salaries	<u>85,151</u>	<u>79,146</u>
	<u>85,151</u>	<u>79,146</u>

The average monthly number of employees during the year was as follows:

	31.12.24	31.12.23
	<u>5</u>	<u>5</u>
Charitable Activities		

No employees received emoluments in excess of £60,000.

4. KEY MANAGEMENT PERSONNEL

Key Management Personnel comprised of the Board of Trustees.

5. MOVEMENT IN FUNDS

	At 1/1/24	Net movement in funds	At 31/12/24
	£	£	£
Unrestricted funds			
General fund	23,409	35,674	59,083
Restricted funds			
Restricted Funds	41,854	52,724	94,578
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>65,263</u>	<u>88,398</u>	<u>153,661</u>

PARENT CLUB

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 DECEMBER 2024

5. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	82,600	(46,926)	35,674
Restricted funds			
Restricted Funds	147,375	(94,651)	52,724
TOTAL FUNDS	<u>229,975</u>	<u>(141,577)</u>	<u>88,398</u>

Comparatives for movement in funds

	At 1/1/23 £	Net movement in funds £	At 31/12/23 £
Unrestricted funds			
General fund	30,000	(6,591)	23,409
Restricted funds			
Restricted Funds	52,720	(10,866)	41,854
TOTAL FUNDS	<u>82,720</u>	<u>(17,457)</u>	<u>65,263</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	35,500	(42,091)	(6,591)
Restricted funds			
Restricted Funds	57,144	(68,010)	(10,866)
TOTAL FUNDS	<u>92,644</u>	<u>(110,101)</u>	<u>(17,457)</u>

PARENT CLUB

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 DECEMBER 2024

5. MOVEMENT IN FUNDS - continued

Analysis of Restricted Funds carried forward as at 31st Dec 2024:

	31.12.24	31.12.23
BBC Children in Need	2,355	-
Beacon Lodge	-	2,779
Charles French	3,750	-
City Bridge Foundation	3,365	-
Comic Relief	-	4,096
Hackney Council	-	5,519
Jan Van Mars	47,756	-
Lottery Community Fund	19,985	-
St James Place	-	1,960
The Mercers Company - Round Chapel	15,000	15,000
The Mercers Company - Wellbeing	2,367	5,000
Toy Trust	-	2,500
Vintners	-	5,000
	<u>94,758</u>	<u>41,854</u>

6. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2024.