

REGISTERED CHARITY NUMBER: 1158989

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023
FOR
PARENT CLUB**

Prestons & Jacksons Partnership LLP
364 - 368 Cranbrook Road
Ilford
Essex
IG2 6HY



Trustees' Annual Report for the period

Period start date		Period end date		
From	01	01	2023	To 31 12 2023

Section A

Reference and administration details

Charity name

Parent Club

Other names charity is known by

Kitchen Club

Registered charity number (if any)

1158989

Charity's principal address

73 Oakwood Road

Postcode

NW11 6RJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jonathan Buckland	Chair		
2	Shuvo Loha	Treasurer		
3	Anand Doobay	Secretary		
4	Marianna Champion			
5	Tamara Adenuga		4th May 2023	Board of Trustees
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Chris Brown

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CIO - FOUNDATION REGISTERED 27 OCT 2014
How the charity is constituted (eg. trust, association, company)	CHARITABLE INCORPORATED ORGANISATION ('ASSOCIATION')
Trustee selection methods (eg. appointed by, elected by)	Nomination Committee

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

All new trustees will receive copies of the constitution as well as any relevant guidance from the Charity Commission. In addition, new trustees will receive copies of all Parent Club policies and procedures for their perusal and are encouraged to review them at least annually in line with Parent Club policy.

Summary of the objects of the charity set out in its governing document

TO ADVANCE THE EDUCATION OF PARENTS AND CHILDREN IN THE UK BY PROVIDING THEM WITH OPPORTUNITIES TO ACQUIRE KNOWLEDGE AND SKILLS RELEVANT TO HEALTHY PHYSICAL, MENTAL AND SOCIAL DEVELOPMENT.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Trustees have had regard to the public benefit guides PB1, PB2 and PB3 when making decisions they are relevant to. New trustees must read these documents, which must be taken into consideration when planning the charity's activities for the ahead.

The following statement summarises the way in which the Kitchen Club projects have contributed to the public benefit:

'Our work continues to focus on engaging hard to reach vulnerable families in projects where parents and children work with an experienced food professional to prepare a healthy vegetarian meal with fresh ingredients. Families can also access a rich play and learning environment, with activities facilitated by staff and volunteers. Activities include painting, craftwork, puzzles and storytelling. In consultation with parents, the menu changes for each session, with opportunities for parents to co-lead sessions. Recipe cards are available to take home for each session.

Kitchen Club provides opportunities for informal, experiential learning, fosters networks of accessible, local support and improves mental well-being. We also aim to connect families with further support through signposting and referrals. Preparing and sharing food together makes it easier to establish new relationships and may be particularly attractive to families who cannot easily afford to eat well. It is also a great opportunity to develop social skills. As well as reducing social isolation and improving access to good quality food. Kitchen Club addresses several other key determinants of mental well-being including involvement in learning and opportunities to be valued, take control and influence decisions. Working through food is also an important opportunity to encourage healthy eating, particularly because children growing up in low-income communities are less likely to eat well.

We have a special focus on working with families living in temporary accommodation and insecure housing.'

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

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Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Delivery summary

In 2023, we worked in five settings, delivering 133 sessions, with 480 unique beneficiaries. This compares to 132 sessions, with 433 unique beneficiaries in 2022.

Comet Children's Centre (legacy setting)

11 sessions (Jan–Mar)

30 parents

45 children

A successful legacy project, which continued as planned after the initial period of partnership delivery. Strong attendance and engagement.

Daubeney Children's Centre (legacy setting)

- 21 sessions (June-Dec)

- 29 parents

- 42 children

Sessions delivered according to plan, with good engagement from parents. Good skills development for setting staff, with commitment to continue the project in 2024.

Woodlands Park Children's Centre (core setting)

- 38 sessions (Jan–Dec)

- 49 parents

- 60 children

Positive engagement and feedback from families, with good support from setting management. Improved proportion of NRPF and families in temporary accommodation. Reduced attrition and more consistent attendance over longer periods from target families.

Round Chapel (core setting, families in T.A.)

37 sessions (Jan-Dec)

53 parents

66 children

Continues to be successful in supporting high needs, vulnerable families, with increasing numbers from Home Office-funded temporary accommodation in addition to council-funded hostels. An effective partnership with The Round Chapel Families Project, providing additional staff for signposting/advice and support with recruitment.

Redmond Community Centre (core setting, families in T.A.)

26 sessions (April-Dec)

46 parents

60 children

A successful launch, providing evidence that the 'hostel families' model can be replicated effectively. Strong partnerships established with a range of local organisations including Woodberry Down Children's centre and the Family Support Service. Effectively outreach to 5 local hostels. Good engagement from families, and positive feedback. A very high proportion of families from the target group, including a high proportion from

Home Office-funded accommodation.

Staff & Volunteers

- Chris Brown continued as Chief Executive and Project Co-ordinator (0.8 fte)
- Kimberly Moulinier continued as Family Activities Organiser (0.5 fte)
- Tricia Fisher was recruited as Community Food Organiser on 12-month fixed term contract (0.5 fte), replacing Clare Whitmore
- Amanda Moore was recruited as Session Support Worker on a 6-month fixed term contract 11.5 hrs p/w
- Sessions at Comet and Daubeney were supported by a member of setting staff
- Sessions were supported by 6 regular volunteers

Organisational Development

- Increased focus on families in temporary accommodation. New project established in Woodberry Down, with a further setting planned for 2024
- New, proactive signposting process
- Increased focus on acute material needs, with additional food to take away and supermarket e-vouchers for eligible families
- Increased staffing capacity to support the new signposting and guidance function
- Further structure and guidance around strategies for focus families
- Henry training complete and key approaches agreed
- Solihull Approach staff training & key messaging agreed
- Access to Solihull Approach online parenting course for beneficiaries
- Established as a referral partner for Hackney Food Bank and Hackney baby bank
- New logo and branding agreed, website in progress
- Proprietary recipes developed by Caroline Hire 50% complete
- CRM brief developed and platform agreed
- Focus groups within sessions for Hackney Council equalities policy consultation
- Contributions to policy and practice: Hackney Council Social Connections Leads Group, Woodberry Wetlands community forum, Hackney Temporary Accommodation Action Group (TAAG), Hackney Refugee & Migrant Forum

Key Partnerships

- Children's Centres (Woodlands Park, Daubeney, Comet, Woodberry Down)
- Hackney Food Bank
- Hackney Baby Bank
- Hackney Playbus – referrals and outreach
- Health visitor – referral partner for Refugee/Asylum families
- Family Support Service, inc staff visits to Redmond project
- Museum of Homelessness – staff visits for family crafting sessions
- Bags of Taste – visits to sessions for recruitment + showcase session
- Bridge outcomes partnerships – access to Home Office funded TA
- UCL MASC creative health placement agreed for 2024
- Round Chapel Families project - recruitment, comms & signposting/support worker
- Caris Families - cross-referral partnership, range of support tailored to needs of families in TA
- Hackney VCS – volunteer recruitment + E-voucher grant

Impact

Impact evaluations were carried out across 5 settings (Round Chapel, Woodlands Park, Daubeney, Comet, and Redmond). A total of 68 self-assessment surveys were completed, with space for beneficiaries to also provide written comments.

Self-assessment survey question	% Agree or Strongly Agree
Kitchen Club has helped me to eat more fruit and veg each week	97%
Kitchen Club has helped my child to eat more fruit and veg each week	97%
Kitchen Club has introduced me to new healthy recipes or ingredients'	99%
Kitchen Club has helped me to connect with other local parents	94%
Coming to Kitchen Club has been good for my sense of wellbeing	96%
Kitchen Club has helped me find out about other services & opportunities	94%
Kitchen Club has given me new ideas for play and learning activities	93%
Kitchen Club has helped me to share positive experiences with my child	98%

Example comments:

'It's good that she can cut and see the food being prepared. She now eats a more varied diet because of Kitchen Club'

'I like that there is always be the reading corner out. I also like that there is a variety of things to do. I also like that we are encouraged to do the activities'

'Kitchen Club helped me meet new people. I have made a lot of new friends'

'It is such a nice atmosphere! I was able to connect with the other ladies in the hostel. It helped me make friends'

'It helped me to get involved in the wider community'

'I like that it is a supportive and nurturing environment. It was just me and him in one room. Kitchen Club helped him to learn to socialise'

Brief statement of the charity's policy on reserves

Parent Club aims to maintain reserves equal to at least 3 months of ordinary running costs.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Income

Competition for grant funding remains high. However, we were successful in applications to 14 organisations, receiving total funding of £92,644, comprised of grants ranging from £500 to £30,000.

Expenditure

Expenditure of £110,101, was higher than in 2022, reflecting increased costs, including staffing costs and venue hire costs (in particular for the Redmond project).

Total expenditure = £110,101

Total number of sessions = 133

Cost per session = £828 per session

cf 2022

Total expenditure = £84,698

Total number of sessions = 132

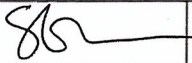
Cost per session = £642 per session

Section F

Other optional information

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Shuvo Loha	
Position (eg Secretary, Chair, etc)	Treasurer	
Date	15th April 2024	

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF PARENT CLUB

Independent examiner's report to the trustees of Parent Club

I report to the charity trustees on my examination of the accounts of Parent Club for the year ended 31st December 2023.

Responsibilities and basis of report

As the charity trustees of the Parent Club you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



A. Patel BA(Hons) BFP FCA

Prestons & Jacksons Partnership LLP
364 - 368 Cranbrook Road
Ilford
Essex
IG2 6HY

Date:16/04/2024.....



CHARITY COMMISSION
FOR ENGLAND AND WALES

Parent Club

1158989

Receipts and payments accounts

CC16a

For the period
from

Period start date
01/01/2023

To

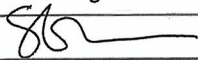
Period end date
31/12/2023

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
The J Van Mars Foundation	30,000		-	30,000	40,000
Leathersellers' Foundation	3,000			3,000	1,500
Charles S French Charitable Trust		3,000		3,000	3,000
The Albert Hunt Trust	2,000			2,000	2,000
Hackney Council				-	14,556
Hackney Giving - Hackney Council Cost of Living		5,000		5,000	-
Rocket Science (GLA)		986		986	8,875
St James Place Charitable Foundation		2,500		2,500	2,500
Groundwork - Comic Relief		4,000	-	4,000	-
Groundwork - Tesco bags of help		1,000		1,000	-
Groundwork - Comic Relief		8,158		8,158	-
Chesterhill Charitable Trust	500		-	500	-
The Beacon Lodge Charitable Trust	-	5,000	-	5,000	-
The Toy Trust		2,500	-	2,500	-
The Vintners' Company		5,000	-	5,000	-
The Mercers Company - Roundchapel		15,000		15,000	
The Mercers Company - Wellbeing		5,000		5,000	
Postcode Society				-	16,863
The Mrs Smith and Mount Trust				-	2,500
The Foyle Foundation				-	5,000
Magic Little Grants				-	500
The Charity of Sir Richard Whittington				-	10,000
Garfield Weston Foundation				-	8,000
Hedley Foundation				-	2,000
Arnold Clark				-	1,000
Morris Charitable Trust				-	2,000
Sub total (Gross income for AR)	35,500	57,144		92,644	120,294
Total receipts	35,500	57,144	-	92,644	120,294
A3 Payments					
Cost of Running Kitchen Clubs	1,430	10,255	-	11,685	9,143
Vouchers		3,000		3,000	
Rent/Hire of Rooms	-	6,809	-	6,809	1,710
Wages/Salaries and National Insurance	34,770	44,376	-	79,146	64,220
Pension Contributions	1,843		-	1,843	1,924
Consultants/Contractors	720	1,800		2,520	2,160
External accountancy costs	600			600	500
Office and IT costs	1,662	91		1,753	367
Insurance	332	-	-	332	332
Bank Interest and Charges	208	-	-	208	186
Recruitment costs	526	-	-	526	763
Sub total	42,091	68,010	-	110,101	84,698
Total payments	42,091	68,010	-	110,101	84,698
Net of receipts/(payments)	- 6,591	- 10,866	-	- 17,457	35,596
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	30,000	52,720	-	82,720	£47,124
Cash funds this year end	23,409	41,854	-	65,263	82,720

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Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	23,409	41,854	-
		-	-	-
		-	-	-
	Total cash funds	23,409	41,854	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Accrued Income - Lottery Community Fund (relating Aug to Dec 2023 - funds to be received in Jan24)		-	35,260
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities				
	PAYE and Employers NIC	Unrestricted	808	23 January 2024
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Shuvo Loha	15th April 2024	

PARENT CLUB

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

b) Statutory Information

Parent Club is a charitable incorporated organisation (CIO) registered with Charity Commission in England and Wales. The registered office address can be found at the information page.

c) Going Concern

The Board are confident that they would be able to secure new funding for the foreseeable future. For this reason, the accounts have been prepared on a going concern basis.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

PARENT CLUB

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2023**

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2023 nor for the year ended 31 December 2022.

There were no trustees' expenses for the year ended 31 December 2023 nor for the year ended 31 December 2022.

3. KEY MANAGEMENT PERSONNEL

Key Management Personnel comprised of the Board of Trustees.

PARENT CLUB

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2023**

4. MOVEMENT IN FUNDS

	At 1/1/23 £	Net movement in funds £	At 31/12/23 £
TOTAL FUNDS	<u>82,720</u>	<u>(17,457)</u>	<u>65,263</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
TOTAL FUNDS	<u>92,644</u>	<u>110,101</u>	<u>(17,457)</u>

Comparatives for movement in funds

	At 1/1/22 £	Net movement in funds £	At 31/12/22 £
Restricted funds			
Funds	47,124	35,596	82,720
TOTAL FUNDS	<u>47,124</u>	<u>35,596</u>	<u>82,720</u>

PARENT CLUB

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 DECEMBER 2023

5. RESTRICTED FUNDS

Analysis of Restricted Funds carried forward as at 31st December 2023

	31.12.23
	£
St James Place Charitable Foundation	1,960
Hackney Giving – Hackney Council Cost of Livint	3,519
The Vintners' Company	5,000
The Beacon Lodge Charitable Trust	2,779
Groundwork - Comic Relief	4,096
Hackney Council	2,000
The Toy Trust	2,500
The Mercer's Company- Roundchapel	15,000
The Mercer's Company- Wellbeing	5,000

TOTAL FUNDS

41,854

6. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2023.