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CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' annual report (including Directors' report) for the period

From: 01/07/2023 **Period start date** **To: 30/06/2024** **Period end date**

Charity name: Ashok Tree Foundation

Charity registration number:1158960

Company number:

Objectives and activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Address the comprehensive needs of the specific village of Paliapattu in Tiruvannamalai, Tamil Nadu, India, by supporting the Yogi Ashokananda Foundation, registered India Charity, BK 4/50. The foundation addresses specific needs in London, in Partnership with Yogiville Gurukul and other Yoga/Meditation communities
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Projects in the U.K. in India / 5 key programs: 1. Education - primary school in India and funding for advanced education. 2. Healthy Body - yoga classes/workshops in India & UK Hearing Camp in India in collaboration with MERF Institute and Rotary Club 3. Healthy Mind - Meditation classes/workshops in India & UK 4. Healthy Food - Hot nutritional meals for students, faculty and adults in need India 5. Environmental & Animal Awareness
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In setting our objectives and planning our activities our Trustees have considered the Charity Commission's public benefit guidance.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	

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Policy on grant making	Para 1.38	Grants are issued via partnership agreement with Yogi Ashokananda Foundation, Indian registered charity, BK4/50 . All projects to receive grants are pre-approved through a business planning and review process with our partner.
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	Ashok Tree Foundation is supported 100% by volunteers, sponsors and supporters on a grassroots basis. Various groups of volunteers in the UK and India manage the Foundation, plan fundraising events, host events, teach community classes and provide health care.
Other		The Ashok Tree Foundation has a generous group of sponsors who have contributed through personal donations, enabled corporate donations and organised / managed events.

Achievements and performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	**Weekly Yoga Classes** - A key value of the Ashok Tree Foundation is to ensure yoga is available to all who require it regardless of their mental or physical abilities and financial status. Over 60 people participate in 7+ weekly yoga classes across UK, being delivered by volunteer certified teachers from Yogiville Gurukul. Classes are delivered online and in studio, with studio space donated either by corporate partners or the teachers. **Weekly Meditation Classes** – Regular Meditation classes are offered in several London locations with 15+ regular participants weekly. The meditation sessions are offered on a volunteer basis by the certified teachers from Yogiville Gurukul who guide the meditation sessions. The meditation on self – ATMA Kriya Meditation - helps to manage stress, still the mind and body and provides a more balanced approach to day to day life. The teachers provide meditation / mindfulness tips and techniques to the participants to encourage their own development through regular practice. **Sita Devi Charity School** - The Sita Devi Charity School continues to operate as a full primary school. We were fortunate to educate 172 students with 8 teachers guiding lessons. Receiving a well-rounded education based on the Indian national curriculum, complemented with daily lessons in yoga, meditation, 3 languages,

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		Tamil, Hindi & English. This year was particularly challenging as we admitted an additional 60 children from the local government school, when the school suddenly closed due to an unsafe building. The closure of the local government school was without warning, creating huge distress amongst the community. In this rural environment, where school attendance rates, particularly for girls, are already low,. **Healthy Food** –We support the Yogi Ashokananda Foundation's food program, where they provide daily hot mails for the 12 adults in need. They were selected due to their varying degrees of disabilities and whom are overlooked by the government food schemes and their own families and communities. We continue to directly support the daily food program at the school for all students and faculty. **Health Clinic -** In partnership with Yogi Ashokananda Foundation, the health clinic, 20 metres from the school facilities, provides first aid services to the students and school staff. This facility also provides oversight on the children's nutritional needs. **Hearing Camp -** In partnership with Yogi Ashokananda Foundation, MERF Institute from Chennai and the Rotary club, conducted 2 more hearing camps, building on the success from previous year. 120 pre-qualified people participated, all were tested and consulted by team of doctors and residents from MERF Institute onsite at Sita Devi Charity School and facilities. The team of doctors were supported onsite with Yogi Ashokananda Foundation team and with gracious sponsorship from Rotary Club and other grants organized by MERF, we were able to provide 65 people (adults and children) with hearing aid devices, improving their hearing, confidence and general wellbeing.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

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Financial review

Review of the charity's financial position at the end of the period	Para 1.21	ASHOK TREE FOUNDATION CHARITY NUMBER 1158960 RECEIPTS AND PAYMENTS ACCOUNT FOR THE PERIOD 01.07.2022 - 30.06.2023 2024 / 2024 / 2023 / 2023 Total receipts (unrestricted funds) / 8940.68 / / 6,763.17 Payments made Grants made / 13,369 / / 22,032 Cost of fundraising / / / 0 Bank charges / 31 / / 46 IT Services / 124 / / 0 Accountancy / / / 0 / -13,523 / / -22,078 Surplus / (deficit) / -4,582 / / -15,315 Reserves b/fwd / 13,359 / / 28,674 Reserves c/fwd / 8,777 / / 13,359 Bank balance / 8,777 / / 13,359
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Primarily the reserves are allocated to the Grants issued to manage the committed operational expenses in India. Any surplus will be allocated to the expansion of the school project in India.
Amount of reserves held	Para 1.22	As above in in 1.21 Financial Position
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
	Para 1.46	

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A description of the principal risks facing the charity		
Other		

Structure, governance and management

Description of charity's trusts:		
Type of governing document: for example, trust deed, memorandum and articles of association etc	Para 1.25	**Constitution**
How is the charity constituted? for example limited company, unincorporated association, CIO	Para 1.25	**CIO**
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Apart from the first charity trustees, every appointed trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. Every charity trustee must have Particular experience based on specific role description if working as a management trustee or Specific skill or experience which the CIO requires at the time or Specific experience in the communities served by the CIO or Ability to be key stakeholder in the CIO's fundraising plans; plans will be focused on individuals, corporates or 3rd sector grants

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Policies Available: Complaints Conflict of Interest Investment Risk Management Volunteers Children

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		Health & Safety Paying Staff
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	

Reference and administrative details

Charity name	**Ashok Tree Foundation**
Other name the charity uses	
Registered charity number	**1158960**
Charity's principal address	454 Honeypot Lane **London, HA7 1JW**

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ashok Kumar	Vice Chair		
2	Michele Carvalho	Head of Projects		
3	Francesca Quaradeghini			
4	Melvyn Carlile	Chairman		
5	Willow Kemp			
6	Malcolm Berger			
7	Kwok Ying Chan	Finance Manager		
8	Richard Manley	Head of Legal		
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Corporate trustees – names of the directors at the date the report was approved

Director name	

Name of trustees holding title to property belonging to the charity

Trustee name	**Dates acted if not for whole year**

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (optional information)

Type of adviser	**Name**	**Address**

Name of chief executive or names of senior staff members (optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

Other optional information

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Declarations

The company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including directors' report) above.

Signed on behalf of the charity's trustees/directors

Signature(s):	Mel Carlile
Full name(s)	Melvyn Carlile
Position	Trustee, Chairman
Date:	Apr 10 2025 13:35 BST