

# ASHOK TREE FOUNDATION

England & Wales · Charity number 1158960

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2014-10-24

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 454 Honeypot Lane  
Stanmore  
London  
HA7 1JW

**Phone** 02087431888

**Email** [info@atcharity.org](mailto:info@atcharity.org)

**Website** [www.atcharity.org](http://www.atcharity.org)

## Activities

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**Objects:** INITIALLY, THE FOUNDATION WILL ADDRESS THE COMPREHENSIVE NEEDS OF THE SPECIFIC VILLAGE OF PALIAPATTU IN TIRUVANNAMALAI, TAMIL NADU, INDIA, IN PARTICULAR BY SUPPORTING THE YOGI ASHOKANANDA FOUNDATION, REGISTERED INDIA CHARITY, BK 4/50. IN SUBSEQUENT PHASES, THE FOUNDATION WILL IDENTIFY ADDITIONAL, EQUALLY NEEDY COMMUNITIES WHO WILL BENEFIT FROM SIMILAR SOLUTIONS. THE FOUNDATION WILL ADDRESS SPECIFIC NEEDS IN LONDON, INITIALLY. THE NEEDS ARE DEFINED BY THESE OBJECTS: 1. TO DEVELOP THE CAPACITY AND SKILLS OF THE MEMBERS OF THE SOCIALLY AND ECONOMICALLY DISADVANTAGED COMMUNITIES IN SUCH A WAY THAT THEY ARE BETTER ABLE TO IDENTIFY, AND HELP MEET, THEIR NEEDS AND TO PARTICIPATE MORE FULLY IN SOCIETY; 2. THE PROMOTION FOR THE BENEFIT OF THE PUBLIC OF URBAN OR RURAL REGENERATION IN AREAS OF SOCIAL AND ECONOMIC DEPRIVATION BY ALL OR ANY OF THE FOLLOWING MEANS: (A) THE RELIEF OF FINANCIAL HARDSHIP: (B) THE RELIEF OF UNEMPLOYMENT: (C) THE ADVANCEMENT OF EDUCATION, TRAINING OR RETRAINING, PARTICULARLY AMONG UNEMPLOYED PEOPLE, AND PROVIDING UNEMPLOYED PEOPLE WITH WORK EXPERIENCE: (D) THE PROVISION OF FINANCIAL ASSISTANCE, TECHNICAL ASSISTANCE OR BUSINESS ADVICE OR CONSULTANCY IN ORDER TO PROVIDE TRAINING AND EMPLOYMENT OPPORTUNITIES FOR UNEMPLOYED PEOPLE IN CASES OF FINANCIAL OR OTHER CHARITABLE NEED THROUGH HELP: (I) IN SETTING UP THEIR OWN BUSINESS, OR (II) TO EXISTING BUSINESSES: (E) THE CREATION OF TRAINING AND EMPLOYMENT OPPORTUNITIES BY THE PROVISION OF WORKSPACE, BUILDINGS, AND/OR LAND FOR USE ON FAVOURABLE TERMS: (F) THE PROVISION OF HOUSING FOR THOSE WHO ARE IN CONDITIONS OF NEED AND THE IMPROVEMENT OF HOUSING IN THE PUBLIC SECTOR OR IN CHARITABLE OWNERSHIP PROVIDED THAT SUCH POWER SHALL NOT EXTEND TO RELIEVING ANY LOCAL AUTHORITIES OR OTHER BODIES OF A STATUTORY DUTY TO PROVIDE OR IMPROVE HOUSING: (G) THE MAINTENANCE, IMPROVEMENT OR PROVISION OF PUBLIC AMENITIES: (H) THE PRESERVATION OF BUILDINGS OR SITES OF HISTORIC OR ARCHITECTURAL IMPORTANCE: (I) THE PROVISION OF RECREATIONAL FACILITIES FOR THE PUBLIC AT LARGE OR THOSE WHO BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABLEMENT, FINANCIAL HARDSHIP OR SOCIAL AND ECONOMIC CIRCUMSTANCES, HAVE NEED OF SUCH FACILITIES: (J) THE PROTECTION OR CONSERVATION OF THE ENVIRONMENT: (K) THE PROVISION OF PUBLIC HEALTH FACILITIES AND CHILDCARE: (L) THE PROMOTION OF PUBLIC SAFETY AND PREVENTION OF CRIME: (M) SUCH OTHER MEANS AS MAY FROM TIME TO TIME BE DETERMINED SUBJECT TO THE PRIOR WRITTEN CONSENT OF THE CHARITY COMMISSIONERS FOR ENGLAND AND WALES. 3. THE PROMOTION OF GOOD HEALTH BY THE PRACTICE, TEACHING AND STUDY OF YOGA; 4. TO ADVANCE THE EDUCATION OF THE GENERAL PUBLIC IN VEDIC CULTURE AND HISTORY, SANSKRIT AND INDIAN CULTURE AND HERITAGE. 5. TO PROMOTE HUMANE BEHAVIOUR TOWARDS ANIMALS BY PROVIDING APPROPRIATE CARE, PROTECTION, TREATMENT AND SECURITY FOR ANIMALS WHICH ARE IN NEED OF CARE AND ATTENTION BY REASON OF SICKNESS, MALTREATMENT, POOR CIRCUMSTANCES OR ILL USAGE AND TO EDUCATE THE PUBLIC IN MATTERS PERTAINING TO ANIMAL WELFARE IN GENERAL AND THE PREVENTION OF CRUELTY AND SUFFERING AMONG ANIMALS.

**Activities:** Projects in the U.K. in India around 5 key programs: 1. Education - primary school in India and funding for advanced education. 2. Healthy Body - yoga classes/workshops in India & UK. 3. Healthy Mind - Meditation classes/workshops in India & UK. 4. Healthy Food - Hot nutritional meals for students in India. 5. Environmental & Animal Awareness

## Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Other Finance, Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief, Arts/culture/heritage/science, Animals, Environment/conservation/heritage, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity, Recreation
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

## Geography

- India
- Throughout London

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-06-30	£15,314	£14,905	-	-
2024-06-30	£8,941	£13,523	-	-
2023-06-30	£6,763	£22,078	-	-
2022-06-30	£23,756	£18,263	-	-
2021-06-30	£26,871	£15,139	-	-

## Trustees

Name	Role	Appointed
MELVYN CARLILE	Chair	2015-11-19
ASHOK KUMAR		2014-08-20
FRANCESCA QUARADEGHINI		2014-08-20
Kwok Ying Chan		2019-06-25
MALCOLM BERGER		2014-08-20
MICHELE CARVALHO		2014-08-20
Richard James Manley		2019-06-25
WILLOW KEMP		2014-08-20

**ASHOK TREE FOUNDATION**

England & Wales - Charity number 1158960

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# Accounts

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**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' annual report (including Directors' report) for the period

**From: 01/07/2024**      **Period start date**      **To: 30/06/2025**      **Period end date**

**Charity name: Ashok Tree Foundation**

**Charity registration number:1158960**

**Company number:**

### Objectives and activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Address the comprehensive needs of the specific village of Paliapattu in Tiruvannamalai, Tamil Nadu, India, by supporting the Yogi Ashokananda Foundation, registered India Charity, BK 4/50.  The foundation addresses specific needs in London, in Partnership with Yogiville Gurukul and other Yoga/Meditation communities
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Projects in the U.K. in India / 5 key programs: 1. Education - primary school in India and funding for advanced education. 2. Healthy Body - yoga classes/workshops in India & UK Hearing Camp in India in collaboration with MERF Institute and Rotary Club 3. Healthy Mind - Meditation classes/workshops in India & UK 4. Healthy Food - Hot nutritional meals for students, faculty and adults in need India 5. Environmental & Animal Awareness
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In setting our objectives and planning our activities our Trustees have considered the Charity Commission's public benefit guidance.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	

Policy on grant making	Para 1.38	Grants are issued via partnership agreement with Yogi Ashokananda Foundation, Indian registered charity, BK4/50 . All projects to receive grants are pre-approved through a business planning and review process with our partner.
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	Ashok Tree Foundation is supported 100% by volunteers, sponsors and supporters on a grassroots basis. Various groups of volunteers in the UK and India manage the Foundation, plan fundraising events, host events, teach community classes and provide health care.
Other		The Ashok Tree Foundation has a generous group of sponsors who have contributed through personal donations, enabled corporate donations and organised / managed events.

## Achievements and performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p><b>Weekly Yoga Classes</b> - A key value of the Ashok Tree Foundation is to ensure yoga is available to all who require it regardless of their mental or physical abilities and financial status. Over 45 people participate in 3 weekly yoga classes across UK, being delivered by volunteer certified teachers from Yogiville Gurukul. Classes are delivered online and in studio, with studio space donated either by corporate partners or the teachers.</p> <p><b>Weekly Meditation Classes</b> – Regular Meditation classes are offered in several London locations and Online with 15+ regular participants weekly. The meditation sessions are offered on a volunteer basis by the certified teachers from Yogiville Gurukul who guide the meditation sessions. The meditation on self – ATMA Kriya Meditation - helps to manage stress, still the mind and body and provides a more balanced approach to day to day life. The teachers provide meditation / mindfulness tips and techniques to the participants to encourage their own development through regular practice.</p> <p><b>Sita Devi Charity School</b> - The Sita Devi Charity School continues to operate as a full primary school. We were fortunate to educate 165 students with 8 teachers guiding lessons. Receiving a well-rounded education based on the Indian national curriculum, complemented</p>
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		<p>with daily lessons in yoga, meditation, 3 languages, Tamil, Hindi &amp; English. This year we continued to support more children who would have attended the local government school if it were to reopen. The local government school had little pressure to resolve their building issues, since so many children were enrolled at Sita Devi Primary School.</p> <p><b>Healthy Food</b> –We support the Yogi Ashokananda Foundation’s food program, where they provide daily hot mails for the 6 adults in need. They were selected due to their varying degrees of disabilities and whom are overlooked by the government food schemes and their own families and communities.</p> <p><b>Health Clinic</b> - In partnership with Yogi Ashokananda Foundation, the health clinic, 20 metres from the school facilities, provides first aid services to the students and school staff. This facility also provides oversight on the children’s nutritional needs.</p>
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**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial review

Review of the charity's financial position at the end of the period	Para 1.21	<table border="1"> <thead> <tr> <th colspan="5">ASHOK TREE FOUNDATION</th> </tr> <tr> <th colspan="5">CHARITY NUMBER 1158960</th> </tr> <tr> <th colspan="5">RECEIPTS AND PAYMENTS ACCOUNT</th> </tr> <tr> <th colspan="5">FOR THE PERIOD 01.07.2024 - 30.06.2025</th> </tr> <tr> <th></th> <th>2025</th> <th>2025</th> <th>2024</th> <th>2024</th> </tr> </thead> <tbody> <tr> <td><b>Total receipts (unrestricted funds)</b></td> <td></td> <td><b>15,313.83</b></td> <td></td> <td><b>8940.68</b></td> </tr> <tr> <td><b>Payments made</b></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Grants made</td> <td>14,874</td> <td></td> <td>14,874</td> <td></td> </tr> <tr> <td>Cost of fundraising</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Bank charges</td> <td>31</td> <td></td> <td>31</td> <td></td> </tr> <tr> <td>IT Services</td> <td>-</td> <td></td> <td>124</td> <td></td> </tr> <tr> <td>Accountancy</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td></td> <td>-14,905</td> <td></td> <td>-15,029</td> </tr> <tr> <td>Surplus / (deficit)</td> <td></td> <td>409</td> <td></td> <td>-6,088</td> </tr> <tr> <td>Reserves b/fwd</td> <td></td> <td>7,272</td> <td></td> <td>13,359</td> </tr> <tr> <td>Reserves c/fwd</td> <td></td> <td>7,681</td> <td></td> <td>7,272</td> </tr> <tr> <td>Bank balance</td> <td></td> <td>7,681</td> <td></td> <td>7,272</td> </tr> </tbody> </table>	ASHOK TREE FOUNDATION					CHARITY NUMBER 1158960					RECEIPTS AND PAYMENTS ACCOUNT					FOR THE PERIOD 01.07.2024 - 30.06.2025						2025	2025	2024	2024	<b>Total receipts (unrestricted funds)</b>		<b>15,313.83</b>		<b>8940.68</b>	<b>Payments made</b>					Grants made	14,874		14,874		Cost of fundraising					Bank charges	31		31		IT Services	-		124		Accountancy							-14,905		-15,029	Surplus / (deficit)		409		-6,088	Reserves b/fwd		7,272		13,359	Reserves c/fwd		7,681		7,272	Bank balance		7,681		7,272
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Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>Primarily the reserves are allocated to the Grants issued to manage the committed operational expenses in India.</p> <p>Any surplus will be allocated to the expansion of the school project in India.</p>																																																																																					
Amount of reserves held	Para 1.22	As above in in 1.21 Financial Position																																																																																					
Reasons for holding zero reserves	Para 1.22																																																																																						
Details of fund materially in deficit	Para 1.24																																																																																						
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23																																																																																						

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
	Para 1.46	

A description of the principal risks facing the charity		
Other		

## Structure, governance and management

Description of charity's trusts:		
Type of governing document: for example, <a href="#">trust deed</a> , <a href="#">memorandum and articles of association</a> etc	Para 1.25	<b>Constitution</b>
How is the charity constituted? for example <a href="#">limited company</a> , <a href="#">unincorporated association</a> , <a href="#">CIO</a>	Para 1.25	<b>CIO</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>Apart from the first charity trustees, every appointed trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.</p> <p>Every charity trustee must have</p> <p>Particular experience based on specific role description if working as a management trustee or</p> <p>Specific skill or experience which the CIO requires at the time or</p> <p>Specific experience in the communities served by the CIO or</p> <p>Ability to be key stakeholder in the CIO's fundraising plans; plans will be focused on individuals, corporates or 3rd sector grants</p>

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Policies Available: Complaints Conflict of Interest Investment Risk Management Volunteers Children
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		Health & Safety Paying Staff
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	

### Reference and administrative details

Charity name	<b>Ashok Tree Foundation</b>
Other name the charity uses	
Registered charity number	<b>1158960</b>
Charity's principal address	454 Honeypot Lane <b>London, HA7 1JW</b>

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ashok Kumar	Vice Chair		
2	Michele Carvalho	Head of Projects		
3	Francesca Quaradeghini			
4	Melvyn Carlile	Chairman		
5	Willow Kemp			
6	Malcolm Berger			
7	Kwok Ying Chan	Finance Manager		
8	Richard Manley	Head of Legal		
9				
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**Corporate trustees – names of the directors at the date the report was approved**

Director name	

**Name of trustees holding title to property belonging to the charity**

Trustee name	Dates acted if not for whole year

**Funds held as custodian trustees on behalf of others**

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity’s objects	
Details of arrangements for safe custody and segregation of such assets from the charity’s own assets	

**Additional information (optional)**

**Names and addresses of advisers (optional information)**

**Type of adviser      Name      Address**


**Name of chief executive or names of senior staff members (optional information)**

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**Exemptions from disclosure**

Reason for non-disclosure of key personnel details

**Other optional information**

## Declarations

The company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including directors' report) above.

Signed on behalf of the charity's trustees/directors

Signature(s):

*Mel Cartile*

Full name(s)

Position

Trustee, Chairman

Date:

<b>ASHOK TREE FOUNDATION</b>				
<b>CHARITY NUMBER 1158960</b>				
<b>RECEIPTS AND PAYMENTS ACCOUNT</b>				
<b>FOR THE PERIOD 01.07.2024 - 30.06.2025</b>				
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**ASHOK TREE FOUNDATION**

England & Wales - Charity number 1158960

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# Accounts

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**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

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		<p>Tamil, Hindi &amp; English. This year was particularly challenging as we admitted an additional 60 children from the local government school, when the school suddenly closed due to an unsafe building. The closure of the local government school was without warning, creating huge distress amongst the community. In this rural environment, where school attendance rates, particularly for girls, are already low,.</p> <p><b>Healthy Food</b> –We support the Yogi Ashokananda Foundation’s food program, where they provide daily hot mails for the 12 adults in need. They were selected due to their varying degrees of disabilities and whom are overlooked by the government food schemes and their own families and communities.</p> <p>We continue to directly support the daily food program at the school for all students and faculty.</p> <p><b>Health Clinic</b> - In partnership with Yogi Ashokananda Foundation, the health clinic, 20 metres from the school facilities, provides first aid services to the students and school staff. This facility also provides oversight on the children’s nutritional needs.</p> <p><b>Hearing Camp</b> - In partnership with Yogi Ashokananda Foundation, MERF Institute from Chennai and the Rotary club, conducted 2 more hearing camps, building on the success from previous year. 120 pre-qualified people participated, all were tested and consulted by team of doctors and residents from MERF Institute onsite at Sita Devi Charity School and facilities. The team of doctors were supported onsite with Yogi Ashokananda Foundation team and with gracious sponsorship from Rotary Club and other grants organized by MERF, we were able to provide 65 people (adults and children) with hearing aid devices, improving their hearing, confidence and general wellbeing.</p>
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**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

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## Financial review

<p>Review of the charity’s financial position at the end of the period</p>	<p>Para 1.21</p>	<table border="1"> <thead> <tr> <th colspan="5">ASHOK TREE FOUNDATION</th> </tr> <tr> <th colspan="5">CHARITY NUMBER 1158960</th> </tr> <tr> <th colspan="5">RECEIPTS AND PAYMENTS ACCOUNT</th> </tr> <tr> <th colspan="5">FOR THE PERIOD 01.07.2022 - 30.06.2023</th> </tr> <tr> <th></th> <th>2024</th> <th>2024</th> <th>2023</th> <th>2023</th> </tr> </thead> <tbody> <tr> <td>Total receipts (unrestricted funds)</td> <td></td> <td>8940.68</td> <td></td> <td>6,763.17</td> </tr> <tr> <td>Payments made</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Grants made</td> <td>13,369</td> <td></td> <td>22,032</td> <td></td> </tr> <tr> <td>Cost of fundraising</td> <td></td> <td></td> <td>0</td> <td></td> </tr> <tr> <td>Bank charges</td> <td>31</td> <td></td> <td>46</td> <td></td> </tr> <tr> <td>IT Services</td> <td>124</td> <td></td> <td>0</td> <td></td> </tr> <tr> <td>Accountancy</td> <td></td> <td></td> <td>0</td> <td></td> </tr> <tr> <td></td> <td></td> <td>-13,523</td> <td></td> <td>-22,078</td> </tr> <tr> <td>Surplus / (deficit)</td> <td></td> <td>-4,582</td> <td></td> <td>-15,315</td> </tr> <tr> <td>Reserves b/fwd</td> <td></td> <td>13,359</td> <td></td> <td>28,674</td> </tr> <tr> <td>Reserves c/fwd</td> <td></td> <td>8,777</td> <td></td> <td>13,359</td> </tr> <tr> <td>Bank balance</td> <td></td> <td>8,777</td> <td></td> <td>13,359</td> </tr> </tbody> </table>	ASHOK TREE FOUNDATION					CHARITY NUMBER 1158960					RECEIPTS AND PAYMENTS ACCOUNT					FOR THE PERIOD 01.07.2022 - 30.06.2023						2024	2024	2023	2023	Total receipts (unrestricted funds)		8940.68		6,763.17	Payments made					Grants made	13,369		22,032		Cost of fundraising			0		Bank charges	31		46		IT Services	124		0		Accountancy			0				-13,523		-22,078	Surplus / (deficit)		-4,582		-15,315	Reserves b/fwd		13,359		28,674	Reserves c/fwd		8,777		13,359	Bank balance		8,777		13,359
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### Additional information (optional)

You may choose to include further statements where relevant about:

<p>The charity’s principal sources of funds (including any fundraising)</p>	<p>Para 1.47</p>	
<p>Investment policy and objectives including any social investment policy adopted</p>	<p>Para 1.46</p>	
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A description of the principal risks facing the charity		
Other		

### Structure, governance and management

Description of charity's trusts:		
Type of governing document: for example, <a href="#">trust deed, memorandum and articles of association etc</a>	Para 1.25	<b>Constitution</b>
How is the charity constituted? <a href="#">for example limited company, unincorporated association, CIO</a>	Para 1.25	<b>CIO</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>Apart from the first charity trustees, every appointed trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.</p> <p>Every charity trustee must have</p> <p>Particular experience based on specific role description if working as a management trustee or</p> <p>Specific skill or experience which the CIO requires at the time or</p> <p>Specific experience in the communities served by the CIO or</p> <p>Ability to be key stakeholder in the CIO's fundraising plans; plans will be focused on individuals, corporates or 3rd sector grants</p>

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	<p>Policies Available:</p> <ul style="list-style-type: none"> <li>Complaints</li> <li>Conflict of Interest</li> <li>Investment</li> <li>Risk Management</li> <li>Volunteers</li> <li>Children</li> </ul>
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		Health & Safety Paying Staff
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	

### Reference and administrative details

Charity name	<b>Ashok Tree Foundation</b>
Other name the charity uses	
Registered charity number	<b>1158960</b>
Charity's principal address	454 Honeypot Lane <b>London, HA7 1JW</b>

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ashok Kumar	Vice Chair		
2	Michele Carvalho	Head of Projects		
3	Francesca Quaradeghini			
4	Melvyn Carlile	Chairman		
5	Willow Kemp			
6	Malcolm Berger			
7	Kwok Ying Chan	Finance Manager		
8	Richard Manley	Head of Legal		
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**Corporate trustees – names of the directors at the date the report was approved**

Director name	

**Name of trustees holding title to property belonging to the charity**

Trustee name	Dates acted if not for whole year

**Funds held as custodian trustees on behalf of others**

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

**Additional information (optional)**

**Names and addresses of advisers (optional information)**

**Type of adviser      Name      Address**


**Name of chief executive or names of senior staff members (optional information)**

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**Exemptions from disclosure**

Reason for non-disclosure of key personnel details

**Other optional information**

## Declarations

The company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including directors' report) above.

Signed on behalf of the charity's trustees/directors

Signature(s):

*Mel Cartile*

Full name(s)

Position

Trustee, Chairman

Date:

**ASHOK TREE FOUNDATION**

England & Wales - Charity number 1158960

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# Accounts

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**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' annual report (including Directors' report) for the period

**From: 01/07/2022**      **Period start date**      **To: 30/06/2023**      **Period end date**

**Charity name: Ashok Tree Foundation**

**Charity registration number:1158960**

**Company number:**

### Objectives and activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Address the comprehensive needs of the specific village of Paliapattu in Tiruvannamalai, Tamil Nadu, India, by supporting the Yogi Ashokananda Foundation, registered India Charity, BK 4/50.  The foundation addresses specific needs in London, in Partnership with Yogiville Gurukul and other Yoga/Meditation communities
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Projects in the U.K. in India / 5 key programs: 1. Education - primary school in India and funding for advanced education. 2. Healthy Body - yoga classes/workshops in India & UK Hearing Camp in India in collaboration with MERF Institute and Rotary Club 3. Healthy Mind - Meditation classes/workshops in India & UK 4. Healthy Food - Hot nutritional meals for students, faculty and adults in need India 5. Environmental & Animal Awareness
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In setting our objectives and planning our activities our Trustees have considered the Charity Commission's public benefit guidance.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	

Policy on grant making	Para 1.38	Grants are issued via partnership agreement with Yogi Ashokananda Foundation, Indian registered charity, BK4/50 . All projects to receive grants are pre-approved through a business planning and review process with our partner.
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	Ashok Tree Foundation is supported 100% by volunteers, sponsors and supporters on a grassroots basis. Various groups of volunteers in the UK and India manage the Foundation, plan fundraising events, host events, teach community classes and provide health care.
Other		The Ashok Tree Foundation has a generous group of sponsors who have contributed through personal donations, enabled corporate donations and organised / managed events.

## Achievements and performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p><b>Weekly Yoga Classes</b> - A key value of the Ashok Tree Foundation is to ensure yoga is available to all who require it regardless of their mental or physical abilities and financial status. Over 60 people participate in 7+ weekly yoga classes across UK, being delivered by volunteer certified teachers from Yogiville Gurukul. Classes are delivered online and in studio, with studio space donated either by corporate partners or the teachers.</p> <p><b>Weekly Meditation Classes</b> – Regular Meditation classes are offered in several London locations with 15+ regular participants weekly. The meditation sessions are offered on a volunteer basis by the certified teachers from Yogiville Gurukul who guide the meditation sessions. The meditation on self – ATMA Kriya Meditation - helps to manage stress, still the mind and body and provides a more balanced approach to day to day life. The teachers provide meditation / mindfulness tips and techniques to the participants to encourage their own development through regular practice.</p> <p><b>Sita Devi Charity School</b> - The Sita Devi Charity School continues to operate as a full primary school. We were fortunate to educate 135 students with 8 teachers guiding lessons. Receiving a well-rounded education based on the Indian national curriculum, complemented with daily lessons in yoga, meditation, 3 languages,</p>
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		<p>Tamil, Hindi &amp; English.</p> <p><b>Healthy Food</b> –We support the Yogi Ashokananda Foundation’s food program, where they provide daily hot meals for the 12 adults in need. They were selected due to their varying degrees of disabilities and whom are overlooked by the government food schemes and their own families and communities.</p> <p>We continue to directly support the daily food program at the school for all students and faculty.</p> <p><b>Health Clinic</b> - In partnership with Yogi Ashokananda Foundation, the health clinic, 20 metres from the school facilities, provides first aid services to the students and school staff. This facility also provides oversight on the children’s nutritional needs.</p> <p><b>Hearing Camp</b> - In partnership with Yogi Ashokananda Foundation, MERF Institute from Chennai and the Rotary club, conducted our first hearing camp. Pre-qualification of 100+ people with known hearing problems, were tested and consulted by team of doctors and residents from MERF Institute onsite at Sita Devi Charity School and facilities. The team of doctors were supported onsite with Yogi Ashokananda Foundation team and with gracious sponsorship from Rotary Club and other grants organized by MERF, we were able to provide 52 people (adults and children) with hearing aid devices, improving their hearing, confidence and general wellbeing.</p>
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**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial review

<p>Review of the charity’s financial position at the end of the period</p>	<p>Para 1.21</p>	<table border="1"> <thead> <tr> <th colspan="4">ASHOK TREE FOUNDATION</th> </tr> <tr> <th colspan="4">CHARITY NUMBER 1158960</th> </tr> <tr> <th colspan="4">RECEIPTS AND PAYMENTS ACCOUNT</th> </tr> <tr> <th colspan="4">FOR THE PERIOD 01.07.2022 - 30.06.2023</th> </tr> <tr> <th></th> <th>2023</th> <th>2023</th> <th>2022</th> </tr> </thead> <tbody> <tr> <td>Total receipts (unrestricted funds)</td> <td></td> <td>6,763.17</td> <td>23,755.69</td> </tr> <tr> <td>Payments made</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Grants made</td> <td>22,032</td> <td></td> <td>17,933</td> </tr> <tr> <td>Cost of fundraising</td> <td>0</td> <td></td> <td>0</td> </tr> <tr> <td>Bank charges</td> <td>46</td> <td></td> <td>80</td> </tr> <tr> <td>Accountancy</td> <td>0</td> <td></td> <td>250</td> </tr> <tr> <td></td> <td></td> <td>-22,078</td> <td>-18,263</td> </tr> <tr> <td>Surplus / (deficit)</td> <td></td> <td>-15,315</td> <td>5,493</td> </tr> <tr> <td>Reserves b/fwd</td> <td></td> <td>28,674</td> <td>23,181</td> </tr> <tr> <td>Reserves c/fwd</td> <td></td> <td>13,359</td> <td>28,674</td> </tr> <tr> <td>Bank balance</td> <td></td> <td>13,359</td> <td>28,674</td> </tr> </tbody> </table>	ASHOK TREE FOUNDATION				CHARITY NUMBER 1158960				RECEIPTS AND PAYMENTS ACCOUNT				FOR THE PERIOD 01.07.2022 - 30.06.2023					2023	2023	2022	Total receipts (unrestricted funds)		6,763.17	23,755.69	Payments made				Grants made	22,032		17,933	Cost of fundraising	0		0	Bank charges	46		80	Accountancy	0		250			-22,078	-18,263	Surplus / (deficit)		-15,315	5,493	Reserves b/fwd		28,674	23,181	Reserves c/fwd		13,359	28,674	Bank balance		13,359	28,674
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<p>The charity’s principal sources of funds (including any fundraising)</p>	<p>Para 1.47</p>	
<p>Investment policy and objectives including any social investment policy adopted</p>	<p>Para 1.46</p>	
<p>A description of the principal risks facing the charity</p>	<p>Para 1.46</p>	
<p>Other</p>		

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## Structure, governance and management

Description of charity's trusts:		
Type of governing document: for example, <a href="#">trust deed</a> , <a href="#">memorandum and articles of association</a> etc	Para 1.25	<b>Constitution</b>
How is the charity constituted? <a href="#">for example limited company, unincorporated association, CIO</a>	Para 1.25	<b>CIO</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>Apart from the first charity trustees, every appointed trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.</p> <p>Every charity trustee must have</p> <p>Particular experience based on specific role description if working as a management trustee or</p> <p>Specific skill or experience which the CIO requires at the time or</p> <p>Specific experience in the communities served by the CIO or</p> <p>Ability to be key stakeholder in the CIO's fundraising plans; plans will be focused on individuals, corporates or 3rd sector grants</p>

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Policies Available: Complaints Conflict of Interest Investment Risk Management Volunteers Children Health & Safety Paying Staff
The charity's organisational structure and any wider	Para 1.51	

network with which the charity works		
Relationship with any related parties	Para 1.51	

**Reference and administrative details**

Charity name	<b>Ashok Tree Foundation</b>
Other name the charity uses	
Registered charity number	<b>1158960</b>
Charity’s principal address	454 Honeypot Lane <b>London, HA7 1JW</b>

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ashok Kumar	Vice Chair		
2	Michele Carvalho	Head of Projects		
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**Corporate trustees – names of the directors at the date the report was approved**

Director name	

**Name of trustees holding title to property belonging to the charity**

Trustee name	Dates acted if not for whole year

**Funds held as custodian trustees on behalf of others**

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity’s objects	
Details of arrangements for safe custody and segregation of such assets from the charity’s own assets	

**Additional information (optional)**

**Names and addresses of advisers (optional information)**

**Type of adviser      Name      Address**


**Name of chief executive or names of senior staff members (optional information)**

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**Exemptions from disclosure**

Reason for non-disclosure of key personnel details

**Other optional information**

## Declarations

The company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including directors' report) above.

Signed on behalf of the charity's trustees/directors

Signature(s):

*Mel Cartile*

Full name(s)

Position

Trustee, Chairman

Date:

<b>ASHOK TREE FOUNDATION</b>				
<b>CHARITY NUMBER 1158960</b>				
<b>RECEIPTS AND PAYMENTS ACCOUNT</b>				
<b>FOR THE PERIOD 01.07.2022 - 30.06.2023</b>				
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<b>Total receipts (unrestricted funds)</b>		<b>6,763.17</b>		<b>23,755.69</b>
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Grants made	22,032		17,933	
Cost of fundraising	0		0	
Bank charges	46		80	
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Reserves c/fwd		13,359		28,674
Bank balance		13,359		28,674

**ASHOK TREE FOUNDATION**

England & Wales - Charity number 1158960

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# Accounts

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## Trustees' annual report (including Directors' report) for the period

From: 01/07/2021      Period start date      To: 30/06/2022      Period end date

Charity name: Ashok Tree Foundation

Charity registration number: 1158960

Company number:

### Objectives and activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Address the comprehensive needs of the specific village of Paliapattu in Tiruvannamalai, Tamil Nadu, India, in particular by supporting the Yogi Ashokananda Foundation, registered India Charity, BK 4/50.  The foundation will address specific needs in London, initially
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Projects in the U.K. in India / 5 key programs: 1. Education - primary school in India and funding for advanced education. 2. Healthy Body - yoga classes/workshops in India & UK 3. Healthy Mind - Meditation classes/workshops in India & UK 4. Healthy Food - Hot nutritional meals for students in India 5. Environmental & Animal Awareness
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In setting our objectives and planning our activities our Trustees have given careful consideration to the Charity Commission's public benefit guidance.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Grants are issued via partnership agreement with Yogi Ashokananda Foundation, Indian registered charity, BK4/50 . All projects to receive grants are pre-approved through a business planning and review process with our partner.
Policy on social investment including	Para 1.38	

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Contribution made by volunteers	Para 1.38	Ashok Tree Foundation is supported 100% by volunteers, sponsors and supporters on a grassroots basis. Various groups of volunteers in the UK and India manage the Foundation, plan fundraising events, host events, teach community classes and provide health care.
Other		The Ashok Tree Foundation has a generous group of sponsors who have contributed through personal donations, enabled corporate donations and organised / managed events.

## Achievements and performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p><b>Weekly Yoga Classes</b> - A key value of the Ashok Tree Foundation is to ensure yoga is available to all who require it regardless of their mental or physical abilities and financial status. Over 60 people per week participate in 7+ yoga classes across UK, being delivered by volunteer certified teachers.</p> <p><b>Weekly Meditation Classes</b> – Regular Meditation classes are offered in several London locations with 15+ regular participants weekly. The meditation sessions are offered on a volunteer basis by the certified teachers from the Yogi Ashokananda School who guide the meditation sessions. The meditation on self – ATMA Kriya Meditation - helps to manage stress, still the mind and body and provides a more balanced approach to day to day life. The teachers provide meditation / mindfulness tips and techniques to the participants to encourage their own development through regular practice.</p> <p><b>Sita Devi Charity School</b> - The Sita Devi Charity School continues to operate as a full primary school. We were fortunate to educate 100 students with 7 teachers guiding lessons. Receiving a well-rounded education based on the Indian national curriculum, complemented with daily lessons in yoga, meditation, 3 languages, Tamil, Hindi &amp; English.</p> <p><b>Healthy Food</b> –We support the Yogi Ashokananda Foundation's food program, where they provide 2 daily hot mails for the 12 adults in need. They were selected due to their varying degrees of disabilities and whom are overlooked by the government food schemes and their own families and communities.</p> <p>We continue to directly support the daily food program at the school for all students and staff.</p> <p><b>Health Clinic</b> - In partnership with Yogi Ashokananda Foundation, the health clinic, 20 metres from the school facilities, provides first aid services to the students and school staff. This facility also provides oversight on the children's nutritional needs.</p>
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## Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial review

Review of the charity's financial position at the end of the period	Para 1.21	<table border="1"> <thead> <tr> <th colspan="5">ASHOK TREE FOUNDATION CIN: 2706071234 RECEIPTS AND PAYMENTS ACCOUNT FOR THE PERIOD 31.07.2020 - 30.06.2021</th> </tr> <tr> <th></th> <th>2020</th> <th>2021</th> <th>2020</th> <th>2021</th> </tr> </thead> <tbody> <tr> <td>Total receipts (unrestricted funds)</td> <td>23,755.69</td> <td></td> <td>26,871.17</td> <td></td> </tr> <tr> <td>Payments made</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Grants made</td> <td>17,933</td> <td></td> <td>15,061</td> <td></td> </tr> <tr> <td>Cost of fundraising</td> <td>0</td> <td></td> <td>25</td> <td></td> </tr> <tr> <td>Bank charges</td> <td>80</td> <td></td> <td>53</td> <td></td> </tr> <tr> <td>Accountancy</td> <td>210</td> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td>18,363</td> <td></td> <td>15,139</td> <td></td> </tr> <tr> <td>Surplus/ (deficit)</td> <td>5,492</td> <td></td> <td>11,732</td> <td></td> </tr> <tr> <td>Reserves held</td> <td>23,181</td> <td></td> <td>11,449</td> <td></td> </tr> <tr> <td>Reserves called</td> <td>26,674</td> <td></td> <td>23,181</td> <td></td> </tr> <tr> <td>Bank balance</td> <td>26,674</td> <td></td> <td>23,181</td> <td></td> </tr> </tbody> </table>	ASHOK TREE FOUNDATION CIN: 2706071234 RECEIPTS AND PAYMENTS ACCOUNT FOR THE PERIOD 31.07.2020 - 30.06.2021						2020	2021	2020	2021	Total receipts (unrestricted funds)	23,755.69		26,871.17		Payments made					Grants made	17,933		15,061		Cost of fundraising	0		25		Bank charges	80		53		Accountancy	210					18,363		15,139		Surplus/ (deficit)	5,492		11,732		Reserves held	23,181		11,449		Reserves called	26,674		23,181		Bank balance	26,674		23,181	
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## Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, governance and management

Description of charity's trusts:		
Type of governing document: for example, <a href="#">trust deed, memorandum and articles of association etc</a>	Para 1.25	<b>Constitution</b>
How is the charity constituted? <a href="#">for example limited company, unincorporated association, CIO</a>	Para 1.25	<b>CIO</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>Apart from the first charity trustees, every appointed trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.</p> <p>Every charity trustee must have</p> <p>Particular experience based on specific role description if working as a management trustee or</p> <p>Specific skill or experience which the CIO requires at the time or</p> <p>Specific experience in the communities served by the CIO or</p> <p>Ability to be key stakeholder in the CIO's</p>

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### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Policies Available: Complaints Conflict of Interest Investment Risk Management Volunteers Children Health & Safety Paying Staff
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	

### Reference and administrative details

Charity name	<b>Ashok Tree Foundation</b>
Other name the charity uses	
Registered charity number	<b>1158960</b>
Charity's principal address	454 Honeypot Lane <b>London, HA7 1JW</b>

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ashok Kumar	Vice Chair		
2	Michele Carvalho	Head of Projects		
3	Francesca Quaradeghini			
4	Raj Salverajah	Head of Finance		
5	Melvyn Carlile	Chairman		
6	Willow Kemp			
7	Malcolm Berger			

8	Kwok Ying Chan	Finance Manager		
9	Richard Manley	Head of Legal		
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**Corporate trustees – names of the directors at the date the report was approved**

Director name	

**Name of trustees holding title to property belonging to the charity**

Trustee name	Dates acted if not for whole year

**Funds held as custodian trustees on behalf of others**

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

**Additional information (optional)**

**Names and addresses of advisers (optional information)**

**Type of adviser      Name                      Address**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (optional information)**

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**Exemptions from disclosure**

Reason for non-disclosure of key personnel details

--

**Other optional information**


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## Declarations

The company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including directors' report) above.

Signed on behalf of the charity's trustees/directors

Signature(s)		
Full name(s)	Michele Carvalho	
Position (for example Secretary, Chair, etc)	Trustee, Head of Projects	
Date	22 February 2023	

<b>ASHOK TREE FOUNDATION</b>				
<b>CHARITY NUMBER 1158960</b>				
<b>RECEIPTS AND PAYMENTS ACCOUNT</b>				
<b>FOR THE PERIOD 01.07.2020 - 30.06.2021</b>				
	<b>2022</b>	<b>2022</b>	<b>2021</b>	<b>2021</b>
<b>Total receipts (unrestricted funds)</b>		<b>23,755.69</b>		<b>26,871.17</b>
<b>Payments made</b>				
Grants made	17,933		15,061	
Cost of fundraising	0		25	
Bank charges	80		53	
Accountancy	250			
		-18,263		-15,139
<b>Surplus / (deficit)</b>		<b>5,493</b>		<b>11,732</b>
Reserves b/fwd		23,181		11,449
Reserves c/fwd		28,674		23,181
Bank balance		28,674		23,181

**ASHOK TREE FOUNDATION**

England & Wales - Charity number 1158960

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# Accounts

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## Trustees' annual report (including Directors' report) for the period

From: 01/07/2020      Period start date      To: 30/06/2021      Period end date

Charity name: Ashok Tree Foundation

Charity registration number: 1158960

Company number:

### Objectives and activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Address the comprehensive needs of the specific village of Paliapattu in Tiruvannamalai, Tamil Nadu, India, in particular by supporting the Yogi Ashokananda Foundation, registered India Charity, BK 4/50.  The foundation will address specific needs in London, initially
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Projects in the U.K. in India / 5 key programs: 1. Education - primary school in India and funding for advanced education. 2. Healthy Body - yoga classes/workshops in India & UK 3. Healthy Mind - Meditation classes/workshops in India & UK 4. Healthy Food - Hot nutritional meals for students in India 5. Environmental & Animal Awareness
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In setting our objectives and planning our activities our Trustees have given careful consideration to the Charity Commission's public benefit guidance.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Grants are issued via partnership agreement with Yogi Ashokananda Foundation, Indian registered charity, BK4/50 . All projects to receive grants are pre-approved through a business planning and review process with our partner.
Policy on social investment including	Para 1.38	

program related investment		
Contribution made by volunteers	Para 1.38	Ashok Tree Foundation is supported 100% by volunteers, sponsors and supporters on a grassroots basis. Various groups of volunteers in the UK and India manage the Foundation, plan fundraising events, host events, teach community classes and provide health care.
Other		The Ashok Tree Foundation has a generous group of sponsors who have contributed through personal donations, enabled corporate donations and organised / managed events.

## Achievements and performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p><b>Weekly Yoga Classes</b> - A key value of the Ashok Tree Foundation is to ensure yoga is available to all who require it regardless of their mental or physical abilities and financial status. Over 200 people per week participate in 20+ yoga classes across UK, being delivered by volunteer certified teachers.</p> <p><b>Weekly Meditation Classes</b> – Regular Meditation classes are offered in several London locations with 50+ regular participants weekly. The meditation sessions are offered on a volunteer basis by the certified teachers from the Yogi Ashokananda School who guide the meditation sessions. The meditation on self – ATMA Kriya Meditation - helps to manage stress, still the mind and body and provides a more balanced approach to day to day life. The teachers provide meditation / mindfulness tips and techniques to the participants to encourage their own development through regular practice.</p> <p><b>Sita Devi Charity School</b> - The Sita Devi Charity School continues to operate as a full primary school. During covid restrictions, primary schools were closed during most of the 2020/21 year and into the 2021/22 start. We were fortunate to continue to educate 70 students with 4 teachers guiding lessons digitally and from home. Receiving a well-rounded education based on the Indian national curriculum, complemented with daily lessons in yoga, meditation, 3 languages, Tamil, Hindi &amp; English. Keeping this going during this difficult time has been a great feat by the administration and teachers of the school, providing much needed focus for the school children and making sure they do not miss their opportunity to grow in a healthy way and avoid the alternative of working in the fields all day with their parents.</p> <p><b>Healthy Food</b> –We support the Yogi Ashokananda Foundation's food program, where they provide 2 daily hot meals for the 17 adults in need. They were selected due to their varying degrees of disabilities and whom are overlooked by the government food schemes and their own families and communities.</p> <p>We continue to directly support the daily food program</p>
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		<p>at the school for all students and staff.</p> <p>The Food program was modified over this period also due to covid restrictions, we provided food to the homes where children were being taught by the teachers and meals for the severely at risk adults in the community, with approximately 90 meals daily.</p> <p><b>Health Clinic</b> - In partnership with Yogi Ashokananda Foundation, the health clinic, 20 metres from the school facilities, provides first aid services to the students and school staff. This facility also provides oversight on the children's nutritional needs.</p> <p><b>Covid Crisis Campaign</b> – This year we ran a special fundraising campaign, Help Indian Hospitals, in collaboration with Yogi Ashokananda Foundation to provide much needed medical equipment directly to the hospitals with the greatest need. Through the funds raised by very generous supporters for this specific campaign, we chose to provide 7 patient monitors 12.1' and 6 3 channel ECG machines to District Hospital in Betul, Madhya Pradesh. We worked with a local team via Yogi Ashokananda Foundation who purchased directly the equipment and delivered it directly to the hospital for immediate use.</p>
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### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

### Financial review

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A description of the principal risks facing the charity	Para 1.46	
Other		

### Structure, governance and management

Description of charity's trusts:		
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Type of governing document: for example, trust deed, memorandum and articles of association etc	Para 1.25	<b>Constitution</b>
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The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	

## Reference and administrative details

Charity name	<b>Ashok Tree Foundation</b>
Other name the charity uses	
Registered charity number	<b>1158960</b>
Charity's principal address	<b>454 Honeypot Lane London, HA7 1JW</b>

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ashok Kumar	Vice Chair		
2	Michele Carvalho	Head of Projects		
3	Francesca Quaradeghini			
4	Raj Salverajah	Head of Finance		
5	Melvyn Carlile	Chairman		
6	Willow Kemp			
7	Malcolm Berger			
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## Corporate trustees – names of the directors at the date the report was approved

Director name	

## Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year


**Funds held as custodian trustees on behalf of others**

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

**Additional information (optional)**

**Names and addresses of advisers (optional information)**

Type of adviser	Name	Address
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**Name of chief executive or names of senior staff members (optional information)**

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**Exemptions from disclosure**

Reason for non-disclosure of key personnel details

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**Other optional information**


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## Declarations

The company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including directors' report) above.

Signed on behalf of the charity's trustees/directors

Signature(s)		
Full name(s)	Michele Carvalho	
Position (for example Secretary, Chair, etc)	Trustee, Head of Projects	
Date	13 January 2021	

<b>RECEIPTS AND PAYMENTS ACCOUNT</b>				
<b>FOR THE PERIOD 01.07.2020 - 30.06.2021</b>				
	<b>2021</b>	<b>2021</b>	<b>2020</b>	<b>2020</b>
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Grants made	15,061		23,970	
Cost of fundraising	25		181	
Bank charges	53		40	
Accountancy				
		-15,139		-24,191
<b>Surplus / (deficit)</b>		11,732		-5,256
<b>Reserves b/fwd</b>		11,449		16,705
<b>Reserves c/fwd</b>		23,181		11,449
<b>Bank balance</b>		23,181		11,449



**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Charity Name  
Ashok Tree Foundation

**On accounts for the year  
ended**

30 June 2021

**Charity no  
(if any)**

1158960

**Set out on pages**

1-8

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/06/2021.

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**

**Date:**

10 February 2022

**Name:**

Martin Short

**Relevant professional  
qualification(s) or body  
(if any):**

Member of the Institute of Chartered Accountants in England & Wales.

**Address:**

3 Preston Parade

Whitstable

Kent CT5 4AA