

HEALTH & EDUCATION ACADEMY LIMITED

The report of the trustees for the period from 01 April 2024 to 31 March 2025

Introduction

The trustees who are also the directors of the Charity for the purposes of Companies Act, submit their annual report & the financial statements for the year ended 31 March 2025.

Full name: Health & Education Academy Ltd

The legal registration details are :-

<i>Date of incorporation</i>	31/03/2014
<i>Company Registration Number</i>	08969047
<i>The Registered Office is</i>	Hough End Hall, 95 Mauldeth Road West, Chorlton Cum Hardy, Manchester M21 7RL
<i>Charity Registration Number</i>	1158946

Objectives and Activities of the Charity

The charity's aims including the changes or differences it seeks to make through its activities.

An explanation of the charity's main objectives for the year.

THE RELIEF OF SICKNESS AND PRESERVATION OF HEALTH FOR THE PUBLIC BENEFIT OF THE PEOPLE FROM SOUTH ASIAN COMMUNITIES, IN PARTICULAR BUT NOT EXCLUSIVELY BY PROVISION OF GENERIC HEALTH ADVICE BY MEDICAL AND RELATED PROFESSIONALS ON BUILDING HEALTHY LIFE STYLES AND NEED TO HAVE REGULAR HEALTH CHECK UP, COMPLIANCE WITH TREATMENT, SCREENINGS, BALANCED DIET, VACCINATION, GOOD HYGIENIC CONDITIONS AND REGULAR EXERCISE ACCORDING TO THEIR CULTURAL NEEDS BY ARRANGING EDUCATION SEMINARS AND WORKSHOPS ON HEALTH, SAFETY AND WELL BEING ALONG WITH ENCOURAGING THE AMATEUR SPORT AND LEISURE TIME ACTIVITIES.

Share Capital

The company is limited by guarantee and therefore has no share capital.

The members of the Board of Trustees of the Charity during the year ended 31st March 2025 were :-

Dr Tahir Pasha
Ms. Sarah Pasha
Mr. Arshad Khan
Mr. Sajjad Anwar

The members of the Board of Trustees of the Charity at the date the report and accounts were approved were:-

Dr Tahir Pasha
Ms. Sarah Pasha
Mr. Arshad Khan
Mr. Sajjad Anwar

Statement of Directors' and Trustees' Responsibilities

PRINCIPAL FUNDING SOURCES

The funding sources for the charitable company include invoiced fees for services to local authorities in London and Bristol, grants from trusts and foundations and income through other fundraising activities such as art auctions and artwork sales.

STATEMENT OF THE RESPONSIBILITIES OF THE TRUSTEES

The Trustees, who are the charitable company's directors under company law, are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations.

Company law requires the Trustees to prepare financial statements for each financial year. Under that law the Trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The financial statements are required by law to give a true and fair view of the state of affairs of the charitable company and of the results of the charitable company for that period. In preparing these financial statements the Trustees are required to: select suitable accounting policies and then apply them consistently; make judgements and estimates that are reasonable and prudent; prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

SMALL COMPANY EXEMPTIONS

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005) , the provisions of the Charities Act and in accordance with the special provision for small companies under Part 15 of the Companies Act 2006.

STATEMENT OF EXEMPTION FROM AUDIT

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 and that members have not required the company to obtain an audit in accordance with section 476 of the Act.

Method of preparation of accounts

These accounts have been prepared in accordance with the provisions applicable to company's subject to the small companies regime.

This report was approved by the board of trustees on 30.12.2025.

Tahir Pasha
Director and Trustee

Registered number
08969047

HEALTH & EDUCATION ACADEMY LIMITED

Accounts

31 March 2025

HEALTH & EDUCATION ACADEMY LIMITED
Profit and Loss Account
for the year ended 31 March 2025

	2025 £	2024 £
Turnover	170,688	286,799
Other income	19,349	-
Gross profit	<u>190,037</u>	<u>286,799</u>
Staff costs	(88,504)	(106,786)
Depreciation and other amounts written off assets	(550)	(550)
Other charges	(113,184)	(146,938)
Profit before taxation	<u>(12,201)</u>	<u>32,525</u>
Profit	<u>(12,201)</u>	<u>32,525</u>

HEALTH & EDUCATION ACADEMY LIMITED**Registered number: 08969047****Balance Sheet****as at 31 March 2025**

	2025	2024
	£	£
Fixed assets	917,354	917,904
Current assets	195,048	149,066
Creditors: amounts falling due within one year	<u>(39,379)</u>	<u>(8,221)</u>
Net current assets	155,669	140,845
Total assets less current liabilities	1,073,023	1,058,749
Creditors: amounts falling due after more than one year	<u>(37,975)</u>	<u>(11,500)</u>
Net Assets	<u>1,035,048</u>	<u>1,047,249</u>
 Capital and reserves	 <u>1,035,048</u>	 <u>1,047,249</u>
	Number	Number
Average number of employees	<u>11</u>	<u>11</u>

The company is a private company limited by shares and incorporated in England. Its registered office is Hough End Hall, 95 Nell Lane, Mauldeth Road West, Chorlton Cum Hardy, Manchester, England, M21 7JL.

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the micro entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Tahir PASHA

Director

Approved by the board on 17 December 2025

HEALTH & EDUCATION ACADEMY LIMITED
Detailed profit and loss account items
for the year ended 31 March 2025

This schedule does not form part of the statutory accounts

	2025 £	2024 £
Revenue, Grant & Donations		
Revenue, Grant & Donations	<u>170,688</u>	<u>286,799</u>
Other income		
Other operating income	<u>19,349</u>	<u>-</u>
Staff costs		
Wages and salaries	87,934	105,361
Travel and subsistence	<u>570</u>	<u>1,425</u>
	<u>88,504</u>	<u>106,786</u>
Depreciation and other amounts written off assets		
Depreciation	<u>550</u>	<u>550</u>
Other charges		
Premises costs:		
Rent	24,000	12,000
Rates	3,626	3,322
Light and heat	27,967	20,982
Cleaning	<u>765</u>	<u>832</u>
	<u>56,358</u>	<u>37,136</u>
General administrative expenses:		
Telephone and internet	545	684
Postage	70	23
Stationery and printing	815	600
IT Expense	-	62
Subscriptions	45	144
Repairs and maintenance	<u>17,029</u>	<u>30,826</u>
	<u>18,504</u>	<u>32,339</u>
Legal and professional costs:		
Other legal and professional	<u>484</u>	<u>-</u>
	<u>484</u>	<u>-</u>
Other		
Other direct costs	<u>37,838</u>	<u>77,463</u>
	<u>37,838</u>	<u>77,463</u>
	<u>113,184</u>	<u>146,938</u>

HEALTH & EDUCATION ACADEMY LIMITED**Detailed balance sheet items****as at 31 March 2025***This schedule does not form part of the statutory accounts and should NOT be sent to HMRC*

	2025 £	2024 £
Fixed assets		
Land and buildings	915,154	915,154
Plant and machinery etc	2,200	2,750
	<u>917,354</u>	<u>917,904</u>
Current assets		
Other debtors	194,582	147,830
Cash at bank and in hand	466	1,236
	<u>195,048</u>	<u>149,066</u>
Creditors: amounts falling due within one year		
Other taxes and social security costs	6,379	8,221
Other creditors	33,000	-
	<u>39,379</u>	<u>8,221</u>
Creditors: amounts falling due after more than one year		
Other creditors	<u>37,975</u>	<u>11,500</u>
Capital and reserves		
Profit and loss account	<u>1,035,048</u>	<u>1,047,249</u>
Profit and loss account		
Brought forward	1,047,249	1,014,724
Profit	(12,201)	32,525
	<u>1,035,048</u>	<u>1,047,249</u>

**HEALTH & EDUCATION ACADEMY LTD
FOR THE YEAR ENDED 31 MARCH 2025
INDEPENDENT EXAMINER REPORT**

Accotax Accountants & Tax Consultants was appointed as the charitable company's independent examiner during the year and has expressed willingness to continue in that capacity.

We report on the accounts for the period from 1st April 2024 to 31st March 2025

Respective Responsibilities of Trustees and Examiner

The trustees of the charity, who are also its directors for the purposes of company law, are responsible for ensuring that financial statements are prepared in accordance with the Charities Act 2011 and the Companies Act 2006. The trustees have determined that the charity does not require a full audit under the applicable law but is eligible for independent examination, based on the income and asset thresholds set out in the Charities Act 2011.

As the independent examiner, it is my responsibility to:

- Conduct an examination of the accounts in accordance with section 145 of the Charities Act 2011.
- Follow the Directions and guidance issued by the Charity Commission under section 145(5)(b) of the Charities Act 2011.
- Report on any matters arising that should be brought to the attention of the trustees or the public.

Basis of Independent examiner's report

My examination was conducted in line with the Charities Act 2011 and the Charity Commission's guidelines. It involved:

- Reviewing the charity's accounting records.
- Comparing the financial statements against the records kept.
- Seeking explanations from the trustees where necessary regarding unusual or significant entries.

This examination is less extensive than an audit and does not provide the same level of assurance. Consequently, I do not express an opinion on whether the financial statements present a 'true and fair view,' but my findings are limited to the following statements.

Independent examiner's statement

Based on my examination, no issues have come to my attention that would:

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:

to keep accounting records in accordance with section 386 of the Companies Act 2006; and

to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice: Accounting and Reporting by Charities (FRS 102) have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Independent Examiner's Details

Independent Examiner's Name: Mr. Waqas Sagar

Signature:



Professional Qualification: FCCA, ACA

Independent Examiner's Address: 12 London Road Morden, SM4 5BQ

Date: 02/01/2025