

## HEALTH & EDUCATION ACADEMY LIMITED

**The report of the trustees for the period from 01 April 2021 to 31 March 2022**

### Introduction

The trustees who are also the directors of the Charity for the purposes of Companies Act, submit their annual report & the financial statements for the year ended 31 March 2022.

**Full name:** Health & Education Academy Ltd

The legal registration details are :-

<i>Date of incorporation</i>	31/03/2014
<i>Company Registration Number</i>	08969047
<i>The Registered Office is</i>	Hough End Hall, 95 Mauldeth Road West, Chorlton Cum Hardy, Manchester M21 7RL
<i>Charity Registration Number</i>	1158946

### Objectives and Activities of the Charity

***The charity's aims including the changes or differences it seeks to make through its activities.***

#### ***An explanation of the charity's main objectives for the year.***

THE RELIEF OF SICKNESS AND PRESERVATION OF HEALTH FOR THE PUBLIC BENEFIT OF THE PEOPLE FROM SOUTH ASIAN COMMUNITIES, IN PARTICULAR BUT NOT EXCLUSIVELY BY PROVISION OF GENERIC HEALTH ADVICE BY MEDICAL AND RELATED PROFESSIONALS ON BUILDING HEALTHY LIFE STYLES AND NEED TO HAVE REGULAR HEALTH CHECK UP, COMPLIANCE WITH TREATMENT, SCREENINGS, BALANCED DIET, VACCINATION, GOOD HYGIENIC CONDITIONS AND REGULAR EXERCISE ACCORDING TO THEIR CULTURAL NEEDS BY ARRANGING EDUCATION SEMINARS AND WORKSHOPS ON HEALTH, SAFETY AND WELL BEING ALONG WITH ENCOURAGING THE AMATEUR SPORT AND LEISURE TIME ACTIVITIES.

### ***Share Capital***

The company is limited by guarantee and therefore has no share capital.

**The members of the Board of Trustees of the Charity during the year ended 31st March 2022 were :-**

Dr Tahir Pasha  
Ms. Sarah Pasha  
Mr. Arshad Khan  
Mr. Sajjad Anwar

**The members of the Board of Trustees of the Charity at the date the report and accounts were approved were:-**

Dr Tahir Pasha  
Ms. Sarah Pasha  
Mr. Arshad Khan  
Mr. Sajjad Anwar

## **Statement of Directors' and Trustees' Responsibilities**

### **PRINCIPAL FUNDING SOURCES**

The funding sources for the charitable company include invoiced fees for services to local authorities in London and Bristol, grants from trusts and foundations and income through other fundraising activities such as art auctions and artwork sales.

### **STATEMENT OF THE RESPONSIBILITIES OF THE TRUSTEES**

The Trustees, who are the charitable company's directors under company law, are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations.

Company law requires the Trustees to prepare financial statements for each financial year. Under that law the Trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The financial statements are required by law to give a true and fair view of the state of affairs of the charitable company and of the results of the charitable company for that period. In preparing these financial statements the Trustees are required to: select suitable accounting policies and then apply them consistently; make judgements and estimates that are reasonable and prudent; prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### **SMALL COMPANY EXEMPTIONS**

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005), the provisions of the Charities Act and in accordance with the special provision for small companies under Part 15 of the Companies Act 2006.

### **STATEMENT OF EXEMPTION FROM AUDIT**

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 and that members have not required the company to obtain an audit in accordance with section 476 of the Act.

### **Method of preparation of accounts**

These accounts have been prepared in accordance with the provisions applicable to company's subject to the small companies regime.

**This report was approved by the board of trustees on 20.12.202.**

**Tahir Pasha**  
**Director and Trustee**



Registered number  
08969047

HEALTH & EDUCATION ACADEMY LIMITED

Accounts

31 March 2022

**HEALTH & EDUCATION ACADEMY LIMITED**  
**Profit and Loss Account**  
**for the year ended 31 March 2022**

	<b>2022</b> <b>£</b>	<b>2021</b> <b>£</b>
<b>Turnover</b>	346,226	319,179
Staff costs	(84,178)	(83,793)
Depreciation and other amounts written off assets	(4,633)	(20,968)
Other charges	(134,462)	(80,549)
<b>Profit before taxation</b>	<u>122,953</u>	<u>133,869</u>
<b>Profit</b>	<u>122,953</u>	<u>133,869</u>

**HEALTH & EDUCATION ACADEMY LIMITED**  
**Registered number: 08969047**  
**Balance Sheet**  
**as at 31 March 2022**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Fixed assets	922,576	852,072
Current assets	105,950	47,702
Creditors: amounts falling due within one year	(21,009)	(15,210)
Net current assets	84,941	32,492
Total assets less current liabilities	1,007,517	884,564
Creditors: amounts falling due after more than one year	(2,500)	(2,500)
<b>Net assets</b>	<b>1,005,017</b>	<b>882,064</b>
<b>Capital and reserves</b>	<b>1,005,017</b>	<b>882,064</b>
	<b>Number</b>	<b>Number</b>
Average number of employees	7	7

The company is a private company limited by shares and incorporated in England. Its registered office is Hough End Hall, 95 Nell Lane, Mauldeth Road West, Chorlton Cum Hardy, Manchester, England, M21 7RN. The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the micro entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Tahir PASHA  
 Director  
 Approved by the board on 20 December 2022

**HEALTH & EDUCATION ACADEMY LIMITED**  
**Detailed profit and loss account items**  
**for the year ended 31 March 2022**

*This schedule does not form part of the statutory accounts*

	<b>2022</b> £	<b>2021</b> £
<b>Revenue, Grant &amp; Donations</b>		
Revenue, Grant & Donations	<u>346,226</u>	<u>319,179</u>
<b>Staff costs</b>		
Wages and salaries	82,883	78,883
Employer's NI	-	3,886
Travel and subsistence	<u>1,295</u>	<u>1,024</u>
	<u>84,178</u>	<u>83,793</u>
<b>Depreciation and other amounts written off assets</b>		
Depreciation	<u>4,633</u>	<u>20,968</u>
<b>Other charges</b>		
Premises costs:		
Rent	16,000	-
Rates	5,944	7,144
Light and heat	<u>12,532</u>	<u>14,732</u>
	<u>34,476</u>	<u>21,876</u>
General administrative expenses:		
Telephone and internet	685	541
Postage	21	-
Stationery and printing	-	124
IT Expense	287	515
Penalties	400	375
Subscriptions	317	239
Equipment expensed	-	1,376
Repairs and maintenance	19,023	33,050
Sundry expenses	<u>-</u>	<u>912</u>
	<u>20,733</u>	<u>37,132</u>
Legal and professional costs:		
Advertising and PR	-	10
Other legal and professional	<u>3,750</u>	<u>-</u>
	<u>3,750</u>	<u>10</u>
Other		
Other direct costs	<u>75,503</u>	<u>21,531</u>
	<u>75,503</u>	<u>21,531</u>
	<u>134,462</u>	<u>80,549</u>

**HEALTH & EDUCATION ACADEMY LIMITED****Detailed balance sheet items****as at 31 March 2022***This schedule does not form part of the statutory accounts and should NOT be sent to HMRC*

	<b>2022</b> £	<b>2021</b> £
<b>Fixed assets</b>		
Land and buildings	915,154	852,458
Plant and machinery etc	3,850	4,400
Furniture, Fixtures and Fittings	3,572	(4,786)
	<u>922,576</u>	<u>852,072</u>
<b>Current assets</b>		
Other debtors	104,101	46,960
Cash at bank and in hand	1,849	742
	<u>105,950</u>	<u>47,702</u>
<b>Creditors: amounts falling due within one year</b>		
Other taxes and social security costs	21,009	-
Other creditors	-	15,210
	<u>21,009</u>	<u>15,210</u>
<b>Creditors: amounts falling due after more than one year</b>		
Other creditors	<u>2,500</u>	<u>2,500</u>
<b>Capital and reserves</b>		
Profit and loss account	<u>1,005,017</u>	<u>882,064</u>
<b>Profit and loss account</b>		
Brought forward	882,064	748,195
Profit	122,953	133,869
	<u>1,005,017</u>	<u>882,064</u>



**HEALTH & EDUCATION ACADEMY LTD  
FOR THE YEAR ENDED 31 MARCH 2022  
INDEPENDENT EXAMINER REPORT**

Accotax Accountants & Tax Consultants was appointed as the charitable company's independent examiner during the year and has expressed willingness to continue in that capacity.

We report on the accounts for the period from 1<sup>st</sup> April 2021 to 31<sup>st</sup> March 2022

**Respective responsibilities of trustees and reporting accountants:**

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

Having satisfied ourselves that the charity is not subject to audit under company law and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 43 of the 1993 Act;
- to follow the procedures laid down in the general directions given by the charity commission under section 43(7)(b) of the 1993 Act; and
- to state whether particular matters have come to our attention.

**Basis of Independent examiner's report:**

Our examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**Independent examiner's statement:**

In connection with our examination, no major matter has come to our attention:

- Which gives us reasonable cause to believe that any material respect the requirements: to keep accounting records in accordance with section 386 of the Companies Act 2006; and to prepare accounts which accord with the accounting records, comply with the accounting requirements of the section 396 of the

Companies Act 2006 and the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

- To which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Mr. Waqas Sagar**  
**FCCA, ACA**

**Accotax**  
**Accountants & Tax Consultants**  
12  
London Road  
Morden  
SM4 5BQ

**Date: 20-12-2022**