



<b>Trustee's Annual Report for the period</b>							
		Period start date			Period end date		
<b>From</b>	06	April	2023	<b>To</b>	05	April	2024

## Section A

## Reference and administration details

**Charity name** Seafood Down's Syndrome and Special Needs Support Group

**Other names charity is known by**

**Registered charity number (if any)** 1158693

**Charity's principal address** 47 Fullwood Avenue

Newhaven

East Sussex

**Postcode**

**BN9 9SW**

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	David Brown	Co-Chair		Membership
2	Alison Woodman	Co-Chair		Membership
4	Colin Morrison	Treasurer/Secretary		Membership
5	Michelle Evans	Trustee		Membership
6	Lisa Prior	Trustee		Membership
7	Michael Buroni	Trustee		Membership
8	Kevin Tant	Trustee		Membership
9	Jessica Shepherd	Trustee	From March 2024	Membership
10				

**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional Information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional Information)**

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## Section B Structure, governance and management

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation (CIO)
Trustee selection methods (eg. appointed by, elected by)	Elected by members and co-opted by trustees as per constitution

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;

Trustees are inducted by adopting our constitution.

Disclosure and Barring Service checks are carried out prior to the commencement of employment or trusteeship. These checks are renewed every 3 years. (Currently in course)

All trustees give their time voluntarily and receive no remuneration or other benefits.

We risk assess all activities, to minimise the risk of injury.

- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

Provide resources and services for persons affected by Down's Syndrome and/or other additional needs to include the advancement of education and the medical professions.

### Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

At our planning meetings, we keep in mind the Charity Commission's guidance on public benefit.

Our main activities normally include:-

#### Swimming Classes

Children are helped to engage in specially tailored swimming sessions, some with parents and/or siblings in the pool to promote confidence and the more advanced children partake on their own. These sessions run multiple times over each weekend.

#### Music Classes

Our music classes have been scaled back but take place occasionally at our monthly Drop in

#### Drop-in Sessions

We host a monthly family oriented drop-in with activities for all of the family.

#### Advice/Education

We offer warm, positive advice to parents, especially those who have children who are newly diagnosed with extra needs.

#### Speech Therapy

We offer Speech Therapy with a local authority approved therapist monthly to supplement a local hiatus. Currently 10 children benefit from this activity.

#### Youth Club

We run a bi-monthly youth club, inviting children 12 and over to partake in teen related activities to promote independence and improve confidence whilst encouraging friendships.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

We have a number of extremely helpful volunteers who help to provide support in various ways such as admin, play work and fundraising.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

Overall, we support approximately 110 member families. Over the year we continued to use the remainder of the CIN Grant to fund our swimming programme. We continue to run a Youth Club for our older members and our Speech and Language Therapy sessions. We ceased our Music sessions due to poor attendance but continue to have a half hour session at our monthly Drop In which is well received .

Section E Financial review

Brief statement of the charity’s policy on reserves

We do not have a policy on reserves.

Details of any funds materially in deficit

none

Further financial review details (Optional Information)

You **may choose** to include additional information, where relevant about:

- the charity’s principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Sources of funds are: <ul style="list-style-type: none"><li>• Grant from BBC’s Children in Need continued to support our popular swimming sessions and although this expired in 2021 CIN have agreed that we can continue to use the funds received to meet the ongoing swimming costs. These have now been exhausted and unfortunately our request for continued support was not successful. We are actively pursuing alternative avenues to fund this important programme</li><li>• We continued with our ongoing fundraising efforts. Various individual and group fundraising initiatives were undertaken most notably and James Prior with matched funding of £600 from the previous year’s sponsored walk and also through his efforts we received £2,000 from Centrica. The Co Op provided £3,333 to assist with our Youth Club and House Project donated £2000. Our Swimming and Speech Therapy participants donated a further £3,700</li><li>• Total income therefore was £13,455 (up from £10,338 the previous year) against expenditure of £28,132 compared with £30,699. Our cash position has decreased from £78530 to £63,842 and this reflects the spending of the aforementioned CIN grant. Whilst still looking reasonably comfortable this only covers c2 years expenses should we not be successful in sources other funds to replace the discontinued CIN grants</li></ul>
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Section F


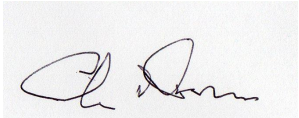
Other optional Information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	David Paul Brown	Colin Morrison
<b>Position (eg Secretary, Chair, etc.)</b>	Co-Chair	Secretary & Treasurer

<b>Date</b>	August 2024
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Seaford Down's Syndrome and Special Needs Support Group			1158693
Receipts and payments accounts			
For the period from	Period start date 6 Apr 2023	To	Period end date 5 Apr 2024

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## Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last Year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Donations	5,023	3,726		8,750	7,104
Fundraising	4,696			4,696	3,234
Grants		0		0	0
				0	0
				0	0
				0	0
				0	0
				0	0
<b>Sub Total (Gross income for AR)</b>	<b>9,719</b>	<b>3,726</b>	<b>-</b>	<b>13,446</b>	<b>10,338</b>
<b>A2 Assets and investment sales, (see table)</b>					
				0	0
				0	0
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>9,719</b>	<b>3,726</b>	<b>-</b>	<b>13,446</b>	<b>10,338</b>
<b>A3 Payments</b>					
Swimming	0	15,126		15,126	18,197
Music	0	731		731	216
Room Hire	3,750	0		3,750	3,210
Equipment	0	0		0	0
Speech	20	6,781		6,801	7,788
General	1,726	0		1,726	1,279
Sensory Integration	0	0		0	0
Telephone	0	0		0	0
Stationery and Postage	0	0		0	0
<b>Sub total</b>	<b>5,496</b>	<b>22,637</b>	<b>-</b>	<b>28,133</b>	<b>30,690</b>
<b>A4 Asset and investment purchases, (see table)</b>					
Per List	0	0		0	0
					0
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>5,496</b>	<b>22,637</b>	<b>0</b>	<b>28,133</b>	<b>30,690</b>
<b>Net of receipts/(payments)</b>	<b>4,224</b>	<b>(18,911)</b>		<b>(14,687)</b>	<b>(20,351)</b>
<b>A5 Transfers between funds</b>	<b>(23,446)</b>	<b>23,446</b>		<b>0</b>	
<b>A6 Cash funds last year end</b>	<b>83,065</b>	<b>(4,535)</b>		<b>78,530</b>	<b>98,881</b>
<b>Cash funds this year end</b>	<b>63,843</b>	<b>0</b>		<b>63,843</b>	<b>78,530</b>

7104  
3234

0

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank	63,843	0	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>63,843</b>	<b>0</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-

Notes

	-	-	-
	-	-	-
	-	-	-
	-	-	-

**B3 Investment assets**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-


**B4 Assets retained for the charity's own use**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
All assets fully depreciated		-	Nil
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

**B5 Liabilities**

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	David Brown	11th Sept. 2024
	Colin Morrison	