

TAR 1



CHARITY COMMISSION  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From 06/04/23  
Period end date

Period start date To 05/04/24

Charity name: Nottingham Life Coaching

Charity registration number: 1158664

### Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Assisting the life chances of young people in the East midlands through counselling and coaching projects.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	There have been no projects this year. We hope to start again in 24/25
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Not applicable for 23/24

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

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## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Not applicable for 23/24. There have been no funded projects.

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

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## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity holds a small bank surplus. There have been no funded projects this year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Not applicable for 23/24. There have been no funded projects.
Amount of reserves held	Para 1.22	50 pounds
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	New round of fund raising needed for 24/25

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Big Lottery Awards for All.
Investment policy and objectives including any social investment policy adopted	Para 1.46	No investments
A description of the principal risks facing the charity	Para 1.46	Not applicable
Other		

## Reference and Administrative details

Charity name	Nuffield Life Foundation
Charity registration number	1150024
Registered charity address	75 Sutton Road, Nottingham, NG1 6BN
Charity's principal address	



## Structure, Governance and Management

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Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Charity Incorporated Organisation
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Chair of trustees and board members

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Ongoing training as and when required
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Not applicable
Relationship with any related parties	Para 1.51	None
Other		

### Reference and Administrative details

Charity name	Nottingham Life Coaching
Other name the charity uses	
Registered charity number	1158664
Charity's principal address	78 Burton Road Nottingham NG4 3DH

**Names of the charity trustees who manage the charity**

Corporate trustees – names of the directors at the date the report was approved	
Director name	
As above	

Name of trustees holding title to property belonging to the charity[illegible]

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**Funds held as custodian trustees on behalf of others**

Description of the assets held in this capacity	Not applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Chair of Trustees

**Additional information (optional)**

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

**Exemptions from disclosure**

**Reason for non-disclosure of key personnel details**

Not applicable

**Other optional information**

7AP27

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>David Drouin</i>	
Full name(s)	DAVID DROUIN	
Position (eg Secretary, Chair, etc)	CHAIR	
Date	24th January 2025.	







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**Section B Statement of assets and liabilities at the end of the period**

Categories

**B1 Cash funds**

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
<b>Total cash funds</b> <small>(agree balances with receipts and payments account(s))</small>	-	-	-

**B2 Other monetary assets**

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-

**B3 Investment assets**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	-	-	-
	-	-	-
	-	-	-
	-	-	-

**B4 Assets retained for the charity's own use**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

**B5 Liabilities**

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	-	-	-
	-	-	-
	-	-	-
	-	-	-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>John Farnshaw</i>	JOHN FARNSHAW	