

NOTTINGHAM LIFE COACHING

England & Wales · Charity number 1158664

Details

Status Registered

Legal form CIO

Registered 2014-09-24

Register [View on the Charity Commission register](#)

Contact

Address 78 Burton Road
Carlton
Nottingham
NG4 3DH

Phone 01159878481

Email dawn@photo-plus.co.uk

Activities

Objects: TO ACT AS A RESOURCE FOR YOUNG PEOPLE LIVING IN NOTTINGHAM, NOTTINGHAMSHIRE AND THE SURROUNDING AREAS BY PROVIDING ADVICE AND ASSISTANCE AND ORGANISING PROGRAMMES OF PHYSICAL, EDUCATIONAL AND OTHER ACTIVITIES AS A MEANS OF:(A) ADVANCING IN LIFE AND HELPING YOUNG PEOPLE BY DEVELOPING THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS INDEPENDENT, MATURE AND RESPONSIBLE INDIVIDUALS;(B) ADVANCING EDUCATION;(C) RELIEVING UNEMPLOYMENT;(D) PROVIDING RECREATIONAL AND LEISURE TIME ACTIVITY IN THE INTERESTS OF SOCIAL WELFARE FOR PEOPLE LIVING IN THE AREA OF BENEFIT WHO HAVE NEED BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABILITY, POVERTY OR SOCIAL AND ECONOMIC CIRCUMSTANCES WITH A VIEW TO IMPROVING THE CONDITIONS OF LIFE OF SUCH PERSONS.

Activities: We have been working in Hyson Green in Nottingham City Centre this year providing coaching support to individuals and families. Our aim is to empower parents and carers and others who support children in the ward to improve educational life chances by ensuring that children entering school have sufficient skills to access the curriculum.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Children/young People, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- **Area of benefit:** LIVING IN NOTTINGHAM, NOTTINGHAMSHIRE AND THE SURROUNDING AREAS
- Derby City
- Derbyshire
- Leicester City
- Leicestershire
- Lincolnshire
- Nottingham City
- Nottinghamshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£0	£0	-	-
2024-03-31	£0	£0	-	-
2023-03-31	£10,000	£9,500	-	-
2022-03-31	£10,000	£9,500	-	-
2021-03-31	£10,000	£9,760	-	-

Trustees

Name	Role	Appointed
DAWN SHEILA FANSHAWE		2016-10-31
DR Jodie Pennacchia		2016-10-26
Leon Caleb Ratcliff		2018-06-04

NOTTINGHAM LIFE COACHING

England & Wales - Charity number 1158664

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 06	Month 04	Year 2024		Day 05	Month 04	Year 2025

Section A Reference and administration details

Charity name	Nottingham Life coaching
Other names charity is known by	na
Registered charity number (if any)	1158664
Charity's principal address	78 Burton Road NG4 3DH
Postcode NG4 3DH	

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dawn Fanshawe	chair		
2	Jodie Pennachia	treasurer		
3	Leon Radcliff	Trustee		
4				
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	cio
How the charity is constituted (eg. trust, association, company)	Governing Document
Trustee selection methods (eg. appointed by, elected by)	Appointed by Chair

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

Supporting young people in the East Midlands
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No activity undertaken this year.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

No projects this year

Section E**Financial review****Brief statement of the charity's policy on reserves**

Reserves held in bank account

Details of any funds materially in deficit

none

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F**Other optional information****Section G****Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Dawn Fanshawe	
Full name(s)	Dawn Fanshawe	
Position (eg Secretary, Chair, etc)	Chair	
Date	January 23 2026	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Nottingham Life Coaching No (if any)

Receipts and payments accounts

CC16a

For the period from	Period start date 06 04 2024	To	Period end date 05 04 2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	-	-	-	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	-	-	-	-
A3 Payments					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	-	-	-	-
Net of receipts/(payments)	-	-	-	-	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	-	-	-	-	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
Dawn Fanshawe	DAWN FANSHAWE	23 01 2026

NOTTINGHAM LIFE COACHING

England & Wales - Charity number 1158664

Accounts

TAR 1



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 06/04/23
Period end date

Period start date To 05/04/24

Charity name: Nottingham Life Coaching

Charity registration number: 1158664

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Assisting the life chances of young people in the East midlands through counselling and coaching projects.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	There have been no projects this year. We hope to start again in 24/25
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Not applicable for 23/24

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

TAR 2

TAR 3

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Not applicable for 23/24. There have been no funded projects.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

TAR3

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity holds a small bank surplus. There have been no funded projects this year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Not applicable for 23/24. There have been no funded projects.
Amount of reserves held	Para 1.22	50 pounds
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	New round of fund raising needed for 24/25

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Big Lottery Awards for All.
Investment policy and objectives including any social investment policy adopted	Para 1.46	No investments
A description of the principal risks facing the charity	Para 1.46	Not applicable
Other		

Reference and Administrative details

Charity name	Milton Keynes Council
Charity registration number	1150254
Registered charity number	25 Sutton Road Milton Keynes MK9 1JH
Charity's principal address	

TAR 4

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Charity Incorporated Organisation
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Chair of trustees and board members

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Ongoing training as and when required
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Not applicable
Relationship with any related parties	Para 1.51	None
Other		

Reference and Administrative details

Charity name	Nottingham Life Coaching
Other name the charity uses	
Registered charity number	1158664
Charity's principal address	78 Burton Road Nottingham NG4 3DH

TARS

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dawn Fanshawe	Chair		
2	Jodie Pennachia	Treasurer		
3	Leon Radcliffe	Board member		
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Corporate trustees – names of the directors at the date the report was approved

Director name	
As above	

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year
Not applicable	

TAP 6

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Chair of Trustees

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable

Other optional information

TAP 7

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>David Pove</i>	
Full name(s)	DAVID FROSTHURDE	
Position (eg Secretary, Chair, etc)	CHAIR	
Date	24th January 2025.	



CHARITY COMMISSION
FOR ENGLAND AND WALES

No Tongour Life Coaching
Receipts and payments accounts

CC16a

For the period from 09/04/23 To 09/04/24

Section A Receipts and payments

Unrestricted funds to the nearest £

Restricted funds to the nearest £

Endowment funds to the nearest £

Total funds to the nearest £

Last year to the nearest £

A1 Receipts

Table with 5 columns: Unrestricted funds, Restricted funds, Endowment funds, Total funds, Last year. Includes 'Sub total (Gross income for AIR)' row.

A2 Asset and investment sales, (see table).

Table with 5 columns: Unrestricted funds, Restricted funds, Endowment funds, Total funds, Last year. Includes 'Sub total' and 'Total receipts' rows.

A3 Payments

Table with 5 columns: Unrestricted funds, Restricted funds, Endowment funds, Total funds, Last year. Includes 'Sub total' row.

A4 Asset and investment purchases, (see table)

Table with 5 columns: Unrestricted funds, Restricted funds, Endowment funds, Total funds, Last year. Includes 'Sub total' row.

Total payments

Table with 5 columns: Unrestricted funds, Restricted funds, Endowment funds, Total funds, Last year. Includes '0' in Restricted funds column.

Net of receipts/(payments)

Table with 5 columns: Unrestricted funds, Restricted funds, Endowment funds, Total funds, Last year.

A5 Transfers between funds

Table with 5 columns: Unrestricted funds, Restricted funds, Endowment funds, Total funds, Last year.

A6 Cash funds last year end

Table with 5 columns: Unrestricted funds, Restricted funds, Endowment funds, Total funds, Last year.

Cash funds this year end

Table with 5 columns: Unrestricted funds, Restricted funds, Endowment funds, Total funds, Last year.

2

Section B Statement of assets and liabilities at the end of the period

B1 Cash funds

Categories	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
Details			
Total cash funds			
<small>(agree balances with receipts and payments accounts)</small>			
	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £

B2 Other monetary assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>[Signature]</i>	DAVID FANSHAWE	

NOTTINGHAM LIFE COACHING

England & Wales - Charity number 1158664

Accounts

statement of the
charity's policy on reserves

No reserves kept. Any underspend is kept in the Charity bank account.

Details of any funds materially
in deficit

0+

Further financial review details (Optional information)

You may choose to include
additional information, where
relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Main funding source has always been the Big Lottery

Section F

Other optional information

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Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Dawn Fanshawe

Full name(s)

MRS DAWN FANSHAWE

Position (eg Secretary, Chair,
etc)

CHAIR

Date

30/01/2024

NOTTINGHAM LIFE COACHING

England & Wales - Charity number 1158664

Accounts

Section E

Financial review

Brief statement of the charity's policy on reserves

All reserves are held in the Charities Bank Account

Details of any funds materially in deficit

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

All of our funding currently comes from the Big Lottery.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Dawn Fanshawe

Full name(s)

MRS DAWN FANSHAWE

Position (eg Secretary, Chair, etc)

CHAIR

Date

16/1/2023.

TAR 5

Section B Statement of assets and liabilities at the end of the period

B1 Cash funds

	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
N/A	-	-	-
	-	-	-
	-	-	-
Total cash funds	-	-	-

(agree balances with receipts and payments account(s))

B2 Other monetary assets

	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
N/A	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

	Fund to which asset belongs	Cost (optional)	Current value (optional)
N/A		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

	Fund to which asset belongs	Cost (optional)	Current value (optional)
N/A		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

	Fund to which liability relates	Amount due (optional)	When due (optional)
N/A		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature <i>Dawn Fanshawe</i>	Print Name MRS. DAWN FANSHAWE	Date of approval 16/1/23
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NOTTINGHAM LIFE COACHING

England & Wales - Charity number 1158664

Accounts

Section E

Financial review

Brief statement of the charity's policy on reserves

All reserves kept in bank account.

Details of any funds materially in deficit

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

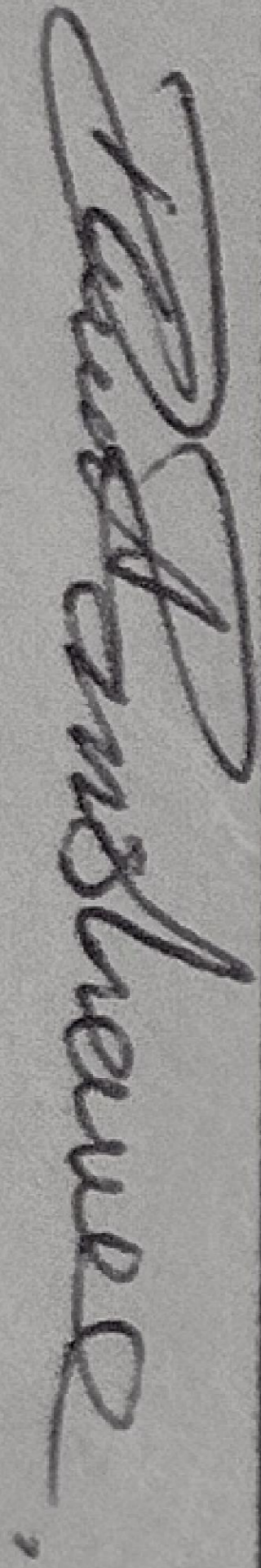
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Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Mrs Dawn Fanshawe	
Position (eg Secretary, Chair, etc)	Chair of Trustees	

Date

11.01.2022
