

INTOUCH FOUNDATION

England & Wales · Charity number 1158532

Details

Status Registered

Legal form CIO

Registered 2014-09-11

Register [View on the Charity Commission register](#)

Contact

Address Intouch Foundation
241 Manningham Lane
BD8 7ER

Phone 03333350403

Email osman@intouchfoundation.co.uk

Website www.intouchfoundation.co.uk

Activities

Objects: THE PREVENTION OR RELIEF OF POVERTY ANYWHERE IN THE WORLD BY PROVIDING:GRANTS, ITEMS AND SERVICES TO INDIVIDUALS IN NEED AND/OR CHARITIES OR OTHER ORGANISATIONS WORKING TO PREVENT OR RELIEVE POVERTY

Activities: InTouch Foundation is a not for profit organisation and is a community based effort to address the plight of homeless men and women on the streets of Yorkshire. Our dual purpose is to bring attention to this plight and provide an organisation where volunteers can become directly involved in the preparation and feeding of the less fortunate that exist on the edge of our society.

Classification

- **How:** Makes Grants To Organisations, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Pakistan
- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£36,821	£24,282	-	-
2023-12-31	£53,013	£28,675	-	-
2022-12-31	£47,479	£21,801	-	-
2021-12-31	£36,817	£29,364	-	-
2020-12-31	£65,244	£34,240	-	-

Trustees

Name	Role	Appointed
KHAQAN GONDAL BSC HONS		2015-02-10
ZAFEER MOHAMMAD		2014-09-11
ZAHIR AHMED ACMA		2014-09-11

INTOUCH FOUNDATION

England & Wales - Charity number 1158532

Accounts

Trustees' Annual Report for the period

Period start date

Period end date

01 01 2024

31 12 2024

From

To

Section A

Reference and administration details

Charity name

InTouch Foundation

Other names charity is known by

Registered charity number (if any)

1158532

Charity's principal address

173 Allerton Road

Bradford

Postcode

BD157AB

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Zahir Ahmed			Zahir Ahmed (Treasurer)
2	Zafeer Mohammad			Zafeer Mohammad
3	M Khaqan Gondal			M Khaqan Gondal
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Mohammed Osman Gondal

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document	Constitution
How the charity is constituted	CIO
Trustee selection methods	The existing trustees are responsible for the recruitment of new trustees. In selecting new trustees, we seek to identify people who have a firm belief in helping people in need, who regularly attend our events and functions organised by the charity and are willing to help in our broader community work.

Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Potential trustees are invited to attend trustees' meetings as observers and are given more details of the charities aims and objectives and, if all agree, they are then proposed as new trustees at the subsequent trustees' meeting. This process will allow due consideration of the persons eligibility, personal competence, specialist knowledge and skills.

Induction & Training of trustees

Following appointment, new trustees are introduced to their new role and given copies of the constitution and a guide to the policies and procedures adopted by the charity. A number of publications by the Charity Commission are also provided including the guidance on charities and public benefit. This ensures that new trustees' are aware of their responsibilities under the Charities act. Initially, new trustees work with an existing trustee assisting on particular activities and projects run by the charity.

Risk Management

The trustees have assessed the risks the charity faces and have drawn a risk matrix which identifies the major risks by area of activity, the nature of those risks, the likelihood of the risks happening and the measures taken to manage them. The trustees are satisfied that the systems are in place, or arrangements are in hand, to manage the risks that have been identified.

The structure

Governance guidance and strategic direction is all monitored and provided by the trustee board.

The operational activities are managed by our CEO Osman Gondal who report on activities directly to the board at monthly trustee meetings.

Referrals are made to InTouch Foundation by partner organisations via a referral scheme. InTouch Foundation will then provide a food voucher/ food packs sufficient to purchase food for an individual or family for approximately 5-7 days. Therefore, meeting our objective of relief of poverty.

Overseas

We continue to offer micro support economic support programmes and are currently in discussion with overseas partner organisations to develop a hospital for those living in poverty.

Additional details of objectives and activities (Optional information)

The organisation is managed by volunteers. The programmes are also delivered by volunteers.

You may choose to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

We continue at our current location and are distributing hot food weekly as well as supplying food packs to families in need. The funds to sustain this project have been collected through a range of fundraising events along with regular donations by businesses and individuals. The sponsorship has ranged from a one of session to several weeks.

Our volunteer base remains steady with regular as well as ad-hoc volunteers supporting the projects. These volunteers have been involved in operational activities as well as being involved in fundraising activities.

InTouch Foundation this year focussed our overseas work in. In Pakistan we supported young people with Micro economic projects and, food distribution and marriage support.

Section E Financial review

Brief statement of the charity's policy on reserves

The trustees have reviewed the reserves of the charity. Our policy is to hold six months' operating costs for the mobile kitchen.

Details of any funds materially in deficit

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

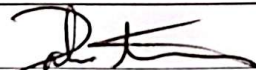

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	ZAHIA AHMED.	Muhammad Aude
Position (eg Secretary, Chair, etc)	TREASURER / TRUSTEE	Trustee
Date	25/10/25	

Intouch Foundation (1158532)
Statement of Financial Activities
for the year ended 31 December 2024

	Notes	2024 Unrestricted £	2024 Restricted £	2024 Total £	2023 Unrestricted £	2023 Restricted £	2023 Total Funds £
Incoming resources							
Incoming resources from generated funds:	1						
General donations (Site)		7,699	-	7,699	41,661	-	41,661
Overseas Projects		-	-	-	-	465	465
F J Legacy		-	-	-	-	-	-
Community Consultation		-	-	-	4,812	-	4,812
BMDC		-	28,502	28,502	-	-	-
Zakah		-	620	620	-	6,075	6,075
Hygiene		-	-	-	-	-	-
Total income resources		7,699	29,122	36,821	46,473	6,540	53,013
Resources expended:							
Operational Costs		1,378	4,999	6,377	13,352	-	13,352
General donations		103	7,802	7,905	8,397	-	8,397
Crisis Award		-	500	500	-	-	-
Gardening Project		-	-	-	-	-	-
Overseas Projects		-	9,500	9,500	-	4,726	4,726
Overseas Emergency Suppliers		-	-	-	-	-	-
Morrisons - Project2		-	-	-	-	-	-
Food Response		-	-	-	-	-	-
UK Qurbani		-	-	-	-	-	-
Depreciation (Van & Mini Bus)		-	-	-	-	-	-
Zakah		-	-	-	-	2,200	2,200
Total resources expended		1,481	22,801	24,282	21,749	6,926	28,675
Net movement in funds		6,218	6,321	12,539	24,724	386	24,339
Total funds brought forward	3	63,581	47,512	111,093	38,857	47,897	86,754
Total funds carried forward		69,799	53,833	123,632	63,581	47,512	111,093

Intouch Foundation (1158532)
Balance Sheet as at 31 December 2023

		2024	2023
Fixed assets:			
Tangible asset: Mobile kitchen 2014 (Van)		7,361	7,361
Tangible asset: Mini Bus 2016		5,640	5,640
less depreciation to date (25%)	2	13,001	13,001
		- 0	- 0
Current assets:			
Debtors		-	-
Cash at Barclays Bank		123,632	111,093
Total current asset		123,632	111,093
Liabilities:			
Creditors falling due within one year		-	-
Net current assets		123,632	111,093
Net assets		123,632	111,093
The funds of the charity:			
Balance brought forward		111,093	86,754
Current years surplus		12,539	24,339
Total charity funds		123,632	111,093

INTOUCH FOUNDATION

England & Wales - Charity number 1158532

Accounts



Trustees' Annual Report for the period

Period start date

Period end date

01 01 2023

31 12 2023

From

To

Section A

Reference and administration details

Charity name

InTouch Foundation

Other names charity is known by

Registered charity number (if any)

1158532

Charity's principal address

Pakistani Community Centre

Jervaulx Crescent,

Bradford

Postcode

BD88JD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Zahir Ahmed			Zahir Ahmed (Treasurer)
2	Zafeer Mohammad			Zafeer Mohammad
3	M Khaqan Gondal			M Khaqan Gondal
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Mohammed Osman Gondal

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document	Constitution
How the charity is constituted	CIO
Trustee selection methods	The existing trustees are responsible for the recruitment of new trustees. In selecting new trustees, we seek to identify people who have a firm belief in helping people in need, who regularly attend our events and functions organised by the charity and are willing to help in our broader community work.

Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Potential trustees are invited to attend trustees' meetings as observers and are given more details of the charities aims and objectives and, if all agree, they are then proposed as new trustees at the subsequent trustees' meeting. This process will allow due consideration of the persons eligibility, personal competence, specialist knowledge and skills.

Induction & Training of trustees
Following appointment, new trustees are introduced to their new role and given copies of the constitution and a guide to the policies and procedures adopted by the charity. A number of publications by the Charity Commission are also provided including the guidance on charities and public benefit. This ensures that new trustees' are aware of their responsibilities under the Charities act. Initially, new trustees work with an existing trustee assisting on particular activities and projects run by the charity.

Risk Management
The trustees have assessed the risks the charity faces and have drawn a risk matrix which identifies the major risks by area of activity, the nature of those risks, the likelihood of the risks happening and the measures taken to manage them. The trustees are satisfied that the systems are in place, or arrangements are in hand, to manage the risks that have been identified.

The structure
Governance guidance and strategic direction is all monitored and provided by the trustee board.

The operational activities are managed by our CEO Osman Gondal who report on activities directly to the board at monthly trustee meetings.

We have a large volunteer base who are actively involved within the charity. This includes Operational site managers along with a fundraising manager and volunteer manager. Who in turn manage their own volunteer teams. Inductions and training for all volunteers are carried out regularly along with continuous site risk assessments.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

Charitable objects

The prevention or relief of poverty anywhere in the world by providing grants, items and services to individuals in need and/or charities or other organisations working to prevent or relieve poverty.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

InTouch Foundation is a not for profit organisation and is a community based effort to address the plight of homeless men and women on the streets of Yorkshire and at times of need abroad. Our dual purpose is to bring attention to this plight and provide an organisation where volunteers can become directly involved in the preparation and feeding of the less fortunate that exist on the edge of our society.

Volunteers are an important resource for our work. Volunteers are involved in all parts of the organisation. All trustees regularly give their time freely. We encourage the wider community to become actively involved and give their time and to share their skills with others.

The organisation is run by volunteers, this includes the board, CEO, Management team and all volunteers.

Food Kitchen

Food is distributed weekly to those in need at our new centre in the heart of Bradford. The site is managed by our manager and who manage their own volunteer team. Currently we are operating on two days and have plans to extend operations to other parts of Yorkshire. Providing meals to individuals from different faiths, races and backgrounds. We are operating from a fixed location we distribute hot food and food pack distribution throughout the Bradford district from this site

Community Kitchen

We continue our hot food distribution from our site. The number of service users are increasing weekly.

Voucher Scheme

Our voucher scheme for individuals and families living in poverty. This scheme is used as an emergency response to provide food vouchers for people who do not have access to funds and are living in poverty.

Referrals are made to InTouch Foundation by partner organisations via a referral scheme. InTouch Foundation will then provide a food voucher/ food packs sufficient to purchase food for an individual or family for approximately 5-7 days. Therefore, meeting our objective of relief of poverty.

Overseas

We continue to offer micro support economic support programmes and are currently in discussion with overseas partner organisations to develop a school for underprivileged children.

Additional details of objectives and activities (Optional information)

The organisation is managed by volunteers. The programmes are also delivered by volunteers.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

We have had a successful relaunch our Bradford site from a new location and are distributing hot food weekly as well as supplying food packs to families in need. The funds to sustain this project have been collected through a range of fundraising events along with regular donations by businesses and individuals. The sponsorship has ranged from a one of session to several weeks.

Our volunteer base remains steady with regular as well as ad-hoc volunteers supporting the projects. These volunteers have been involved in operational activities as well as being involved in fundraising activities.

InTouch Foundation this year focussed our overseas work in Pakistan & Ghana. In Pakistan we supported young people with Micro economic projects and, food distribution and marriage support

Section E

Financial review

Brief statement of the charity's policy on reserves

The trustees have reviewed the reserves of the charity. Our policy is to hold six months' operating costs for the mobile kitchen.

Details of any funds materially in deficit

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

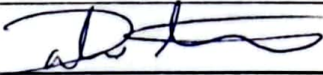

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	ZAHIR AHMAD	Mohammed Goudal
Position (eg Secretary, Chair, etc)	TREASURER	Trustee.
Date	30/10/24.	

Intouch Foundation (1158532)
Statement of Financial Activities
for the year ended 31 December 2023

Notes	2023 Funds £	2023 Funds £	2023 2015 £	2022 Funds £	2022 Funds £	2022 Total Funds £
Incoming resources						
Incoming resources from generated funds	1					
General donations (Site)		41,661	-	41,661	-	40,447
Overseas Projects		-	465	465	4,669	4,669
F J Legacy		-	-	-	-	-
Community Consultation		4,812	-	4,812	-	1,000
BMDC		-	-	-	-	-
Zakah		-	6,075	6,075	1,364	1,364
Hygiene		-	-	-	-	-
Total Income resources		46,473	6,540	53,013	41,447	47,479
Resources expended:						
Operational Costs		13,352	-	13,352	-	7,194
General donations		8,397	-	8,397	-	7,252
Hygiene		-	-	-	221	221
Gardening Project		-	-	-	1,558	1,558
Overseas		-	4,726	4,726	5,576	5,576
Overseas Emergency Suppliers		-	-	-	-	-
Morrisons - Project2		-	-	-	-	-
Food Response		-	-	-	-	-
UK Qurbani		-	-	-	-	-
Depreciation (Van & Mini Bus)		-	-	-	-	-
Zakah		-	2,200	2,200	-	-
Total resources expended		21,749	6,926	28,675	14,666	21,801
Net movement in funds		24,724	-386	24,339	26,780	-1,102
Total funds brought forward	3	38,103	47,897	86,000	11,322	48,999
Total funds carried forward		62,827	47,512	110,339	38,103	47,897

Intouch Foundation (1158532)
Balance Sheet as at 31 December 2023

	2023	2022
Fixed assets:		
Tangible asset: Mobile kitchen 2014 (Van)	7,361	7,361
Tangible asset: Mini Bus 2016	5,640	5,640
less depreciation to date (25%)	2	2
	<u>13,001</u>	<u>13,001</u>
	-0	-0
Current assets:		
Debtors	-	-
Cash at Barclays Bank	110,340	86,001
	-	-
Total current asset	110,340	86,001
Liabilities:		
Creditors falling due within one year	-	-
Net current assets	110,340	86,001
Net assets	110,339	86,001
The funds of the charity:		
Balance brought forward	86,001	60,322
Current years surplus	24,339	25,679
Total charity funds	110,340	86,001


30/10/2024



INTOUCH FOUNDATION

England & Wales - Charity number 1158532


Accounts


Intouch Foundation (1158532)
Statement of Financial Activities
for the year ended 31 December 2022

	Notes	2022 Unrestricted £	2022 Restricted £	2022 Total £	2021 Unrestricted £	2021 Restricted £	2021 Total Funds £
Incoming resources							
Incoming resources from generated funds: 1							
General donations (Site)		40,447	-	40,447	9,798	-	9,798
Overseas Projects		-	4,669	4,669	-	570	570
F J Legacy		-	-	-	-	4,320	4,320
Community Consultation		1,000	-	1,000	-	-	-
BMDC		-	-	-	-	20,527	20,527
Zakah		-	1,364	1,364	-	-	-
Hygeine		-	-	-	1,602	-	1,602
Total Income resources		41,447	6,033	47,479	11,400	25,417	36,817
Resources expended:							
Operational Costs		7,194	-	7,194	10,764	-	10,764
General donations		7,252	-	7,252	127	13,396	13,523
Hygeine		221	-	221	413	-	413
Gardening Project		-	1,558	1,558	-	-	-
Overseas		-	5,576	5,576	-	176	176
Overseas Emergency Suppliers		-	-	-	-	-	-
Morrisons - Project2		-	-	-	-	-	-
Food Response		-	-	-	-	-	-
UK Qurbani		-	-	-	-	-	-
Depreciation (Van & Mini Bus)		-	-	-	-	-	-
Zakah		-	-	-	-	4,487	4,487
Total resources expended		14,666	7,134	21,801	11,305	18,059	29,364
Net movement in funds		26,780	1,102	25,679	95	7,358	7,453
Total funds brought forward	3	11,322	48,999	60,321	11,227	41,641	52,868
Total funds carried forward		38,103	47,897	86,000	11,322	48,999	60,321

Intouch Foundation (1158532)
Balance Sheet as at 31 December 2020

	2022	2021
Fixed assets:		
Tangible asset: Mobile kitchen 2014 (Van)	7,361	7,361
Tangible asset: Mini Bus 2016	5,640	5,640
less depreciation to date (25%)	13,001	13,001
	<u>0</u>	<u>0</u>
Current assets:		
Debtors	-	-
Cash at Barclays Bank	86,001	60,322
Total current asset	86,001	60,322
Liabilities:		
Creditors falling due within one year	-	-
Net current assets	86,001	60,322
Net assets	86,001	60,322
The funds of the charity:		
Balance brought forward	60,322	52,868
Current years surplus	25,679	7,454
Total charity funds	86,001	60,322


1/7/23


1/7/23



Trustees' Annual Report for the period

From Period start date 01 01 2022 **To** Period end date 31 12 2022

Section A Reference and administration details

Charity name InTouch Foundation
Other names charity is known by
Registered charity number (if any) 1158532
Charity's principal address 51 Jervaulx Cres
 Bradford
Postcode BD88JD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	M Osman Gondal			M Osman Gondal
2	Mohammed Mahboob			Mohammed Mahboob (Chair)
3	Zahir Ahmed			Zahir Ahmed (Treasurer)
4	Zafeer Mohammad			Zafeer Mohammad
5	M Khaqan Gondal			M Khaqan Gondal
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Mohammed Osman Gondal

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document

Constitution

How the charity is constituted

CIO

Trustee selection methods

The existing trustees are responsible for the recruitment of new trustees. In selecting new trustees, we seek to identify people who have a firm belief in helping people in need, who regularly attend our events and functions organised by the charity and are willing to help in our broader community work.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Potential trustees are invited to attend trustees' meetings as observers and are given more details of the charities aims and objectives and, if all agree, they are then proposed as new trustees at the subsequent trustees' meeting. This process will allow due consideration of the persons eligibility, personal competence, specialist knowledge and skills.

Induction & Training of trustees

Following appointment, new trustees are introduced to their new role and given copies of the constitution and a guide to the policies and procedures adopted by the charity. A number of publications by the Charity Commission are also provided including the guidance on charities and public benefit. This ensures that new trustees' are aware of their responsibilities under the Charities act. Initially, new trustees work with an existing trustee assisting on particular activities and projects run by the charity.

Risk Management

The trustees have assessed the risks the charity faces and have drawn a risk matrix which identifies the major risks by area of activity, the nature of those risks, the likelihood of the risks happening and the measures taken to manage them. The trustees are satisfied that the systems are in place, or arrangements are in hand, to manage the risks that have been identified.

The structure

Governance guidance and strategic direction is all monitored and provided by the trustee board.

The operational activities are managed by our CEO and board member Osman Gondal who report on activities directly to the board at monthly

trustee meetings.

We have a large volunteer base who are actively involved within the charity. This includes Operational site managers along with a fundraising manager and volunteer manager. Who in turn manage their own volunteer teams. Inductions and training for all volunteers are carried out regularly along with continuous site risk assessments.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

Charitable objects

The prevention or relief of poverty anywhere in the world by providing grants, items and services to individuals in need and/or charities or other organisations working to prevent or relieve poverty.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

InTouch Foundation is a not for profit organisation and is a community based effort to address the plight of homeless men and women on the streets of Yorkshire and at times of need abroad. Our dual purpose is to bring attention to this plight and provide an organisation where volunteers can become directly involved in the preparation and feeding of the less fortunate that exist on the edge of our society.

Volunteers are an important resource for our work. Volunteers are involved in all parts of the organisation. All trustees regularly give their time freely. We encourage the wider community to become actively involved and give their time and to share their skills with others.

The organisation is run by volunteers, this includes the board, CEO, Management team and all volunteers. We only have one paid employee and that is our Van driver who is paid for part time work.

Food Kitchen

Food is distributed weekly to those in need at our new centre in the heart of Bradford. The site is managed by our manager and who manage their own volunteer team. Currently we are operating on two days and have plans to extend operations to other parts of Yorkshire. Providing meals to individuals from different faiths, races and backgrounds.

Emergency Food Response

The pandemic had a major impact on the way we operated. We are now operating from a fixed location we distribute hot food and food pack distribution throughout the Bradford district from this site

Community Kitchen

We have relaunched our hot food distribution from our new site. The number of service users are increasing weekly.

Voucher Scheme

Our voucher scheme for individuals and families living in poverty. This scheme is used as an emergency response to provide food vouchers for people who do not have access to funds and are living in poverty. Referrals are made to InTouch Foundation by partner organisations via a referral scheme. InTouch Foundation will then provide a food voucher sufficient to purchase food for an individual or family for approximately 5-7 days. Therefore meeting our objective of relief of poverty.

Overseas

InTouch Foundation had to put these projects on hold due to the Pandemic and will resume as soon as it is safe to do so.

Period Poverty

InTouch continue our hygiene poverty campaign focussing on School Children that can't afford to pay for Hygiene packs. We are working with numerous agencies to ensure the support is offered throughout the Bradford district

Additional details of objectives and activities (Optional information)

The organisation is managed by volunteers. InTouch Foundation only has one paid employee, the Mobile Kitchen van driver.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

This year we have relaunched our Bradford site and are distributing hot food weekly as well as supplying food packs to families in need. The funds to sustain this project have been collected through a range of fundraising events along with regular donations by businesses and individuals.

We have formed short term partnerships with other charities to allow them access to use our van and site and bring along their volunteers to help in the food distribution. The sponsorship has ranged from a one of session to several weeks.

Our volunteer base remains steady with regular as well as ad-hoc volunteers supporting the projects. These volunteers have been involved in operational activities as well as being involved in fundraising activities.

InTouch Foundation this year focussed our overseas work in Pakistan & Ghana. In Pakistan we supported young people with Micro economic projects and, food distribution and marriage support

Section E**Financial review****Brief statement of the charity's policy on reserves**

The trustees have reviewed the reserves of the charity. Our policy is to hold six months' operating costs for the mobile kitchen.

Details of any funds materially in deficit**Further financial review details (Optional information)**



You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F**Other optional information****Section G****Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	OSMAN GONZALEZ	ZAHIR AHMED
Position (eg Secretary, Chair, etc)	TRUSTEE	TREASURER

Date

1 / 7 / 23

INTOUCH FOUNDATION

England & Wales - Charity number 1158532

Accounts

Trustees' Annual Report for the period

From Period start date 01 01 2021 **To** Period end date 31 12 2021

Section A Reference and administration details

Charity name InTouch Foundation

Other names charity is known by

Registered charity number (if any) 1158532

Charity's principal address 51 Jervaulx Cres

Bradford

Postcode BD88JD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	M Osman Gondal			M Osman Gondal
2	Mohammed Mahboob			Mohammed Mahboob (Chair)
3	Zahir Ahmed			Zahir Ahmed (Treasurer)
4	Zafeer Mohammad			Zafeer Mohammad
5	M Khaqan Gondal			M Khaqan Gondal
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Mohammed Osman Gondal

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <small>(eg. trust deed, constitution)</small>	Constitution
How the charity is constituted <small>(eg. trust, association, company)</small>	CIO
Trustee selection methods <small>(eg. appointed by, elected by)</small>	The existing trustees are responsible for the recruitment of new trustees. In selecting new trustees, we seek to identify people who have a firm belief in helping people in need, who regularly attend our events and functions organised by the charity and are willing to help in our broader community work.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Potential trustees are invited to attend trustees' meetings as observers and are given more details of the charities aims and objectives and, if all agree, they are then proposed as new trustees at the subsequent trustees' meeting. This process will allow due consideration of the persons eligibility, personal competence, specialist knowledge and skills.

Induction & Training of trustees

Following appointment, new trustees are introduced to their new role and given copies of the constitution and a guide to the policies and procedures adopted by the charity. A number of publications by the Charity Commission are also provided including the guidance on charities and public benefit. This ensures that new trustees' are aware of their responsibilities under the Charities act. Initially, new trustees work with an existing trustee assisting on particular activities and projects run by the charity.

Risk Management

The trustees have assessed the risks the charity faces and have drawn a risk matrix which identifies the major risks by area of activity, the nature of those risks, the likelihood of the risks happening and the measures taken to manage them. The trustees are satisfied that the systems are in place, or arrangements are in hand, to manage the risks that have been identified.

The structure

Governance guidance and strategic direction is all monitored and provided by the trustee board.

The operational activities are managed by our CEO and board member Osman Gondal who report on activities directly to the board at monthly

trustee meetings.

We have a large volunteer base who are actively involved within the charity. This includes Operational site managers along with a fundraising manager and volunteer manager. Who in turn manage their own volunteer teams. Inductions and training for all volunteers are carried out regularly along with continuous site risk assessments.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

Charitable objects

The prevention or relief of poverty anywhere in the world by providing grants, items and services to individuals in need and/or charities or other organisations working to prevent or relieve poverty.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

InTouch Foundation is a not for profit organisation and is a community based effort to address the plight of homeless men and women on the streets of Yorkshire and at times of need abroad. Our dual purpose is to bring attention to this plight and provide an organisation where volunteers can become directly involved in the preparation and feeding of the less fortunate that exist on the edge of our society.

Volunteers are an important resource for our work. Volunteers are involved in all parts of the organisation. All trustees regularly give their time freely. We encourage the wider community to become actively involved and give their time and to share their skills with others.

The organisation is run by volunteers, this includes the board, CEO, Management team and all volunteers. We only have one paid employee and that is our Van driver who is paid for part time work.

Mobile Kitchen

We have a mobile catering van which is used to distribute hot food to the homeless and people living in poverty. We have three sites in Yorkshire, Bradford, Keighley and Huddersfield with an average meal distribution of 475 hot meals per week. The sites are managed by individual site managers and have their own respective volunteer teams. Currently we are operating on two days and have plans to extend operations to other parts of Yorkshire. Providing meals to individuals from different faiths, races and backgrounds.

Due to Covid 19 Pandemic the sites were closed due to Government restrictions and the safety of all volunteers and service users.

Emergency Food Response

The pandemic had a major impact on the way we operated. We had to close all sites and moved our response to Frozen meal and food pack

distribution throughout the Bradford district.

Community Kitchen

We received funding from to develop a community kitchen and repair and update our mobile kitchen van, these activities were put on hold due to the pandemic and will be resumed when it is safe to do so.

Voucher Scheme

Our voucher scheme for individuals and families living in poverty. This scheme is used as an emergency response to provide food vouchers for people who do not have access to funds and are living in poverty. Referrals are made to InTouch Foundation by partner organisations via a referral scheme. InTouch Foundation will then provide a food voucher sufficient to purchase food for an individual or family for approximately 5-7 days. Therefore meeting our objective of relief of poverty.

Overseas

InTouch Foundation had to put these projects on hold due to the Pandemic and will resume as soon as it is safe to do so.

Period Poverty

InTouch this year also launched its period poverty campaign focussing on School Children that can't afford to pay for Hygiene packs. We are working with numerous agencies to ensure the support is offered throughout the Bradford district

Additional details of objectives and activities (Optional information)

The organisation is managed by volunteers. InTouch Foundation only has one paid employee, the Mobile Kitchen van driver.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

This year we distributed over 20,000 meals and approximately across the projects. The funds to sustain this project have been collected through a range of fundraising events along with regular donations by businesses and individuals.

We have formed short term partnerships with other charities to allow them access to use our van and site and bring along their volunteers to help in the food distribution. The sponsorship has ranged from a one of session to several weeks.

Our volunteer base remains steady with regular as well as ad-hoc volunteers supporting the projects. These volunteers have been involved in operational activities as well as being involved in fundraising activities.

InTouch Foundation this year focussed our overseas work in Pakistan & Ghana. In Pakistan we supported young people with Micro economic projects and, food distribution and marriage support

Section E

Financial review

Brief statement of the charity's policy on reserves

The trustees have reviewed the reserves of the charity. Our policy is to hold six months' operating costs for the mobile kitchen.

Details of any funds materially in deficit

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

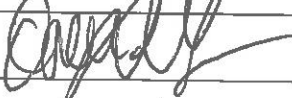

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	OSMAN GOWAL	ZANIR AHMED.
Position (eg Secretary, Chair, etc)	TRUSTEE	TREASURER.

Date


7/8/22


Intouch Foundation (1158532)
Statement of Financial Activities
for the year ended 31 December 2021

	Notes	2021 Unrestricted £	2021 Restricted £	2021 Total £	2020 Unrestricted £	2020 Restricted £	2020 Total Funds £
Incoming resources							
Incoming resources from generated funds:							
General donations (Site)	1	9,798	-	9,798	6,565	-	6,565
Overseas - Pakistan		-	570	570	-	-	-
F J Legacy		-	4,320	4,320	-	-	-
Morrisons - Project1		-	-	-	-	21,500	21,500
Morrisons - Project2		-	-	-	-	24,950	24,950
Food Response		-	-	-	10,658	-	10,658
BMDC		-	20,527	20,527	-	-	-
Zakah		-	-	-	-	1,571	1,571
Hygeine		1,602	-	1,602	-	-	-
Total Income resources		11,400	25,417	36,817	17,223	48,021	65,244
Resources expended:							
Operational Costs		10,764	-	10,764	6,075	-	6,075
General donations (site)		127	13,396	13,523	5,302	-	5,302
Hygeine		413	-	413	-	-	-
Overseas - Ghana		-	-	-	-	-	-
Overseas - Pakistan		-	176	176	-	-	-
Overseas Emergency Suppliers		-	-	-	-	-	-
Morrisons - Project2		-	-	-	-	22,264	22,264
Food Response		-	-	-	399	-	399
UK Qurbani		-	-	-	-	-	-
Depreciation (Van & Mini Bus)		-	-	-	-	-	-
Zakah		-	4,487	4,487	-	200	200
Total resources expended		11,305	18,059	29,364	11,776	22,464	34,240
Net movement in funds		95	7,358	7,453	5,447	25,557	31,004
Total funds brought forward	3	11,227	41,641	52,868	5,780	16,084	21,864
Total funds carried forward		11,322	48,999	60,321	11,227	41,641	52,868

Intouch Foundation (1158532)
Balance Sheet as at 31 December 2020

		2021	2020
Fixed assets:			
Tangible asset: Mobile kitchen 2014 (Van)		7,361	7,361
Tangible asset: Mini Bus 2016		5,640	5,640
less depreciation to date (25%)	2	13,001	13,001
		<u>0</u>	<u>0</u>
Current assets:			
Debtors		-	-
Cash at Barclays Bank		60,322	52,869
Total current asset		<u>60,322</u>	<u>52,869</u>
Liabilities:			
Creditors falling due within one year		-	-
Net current assets		<u>60,322</u>	<u>52,869</u>
Net assets		<u><u>60,322</u></u>	<u><u>52,869</u></u>
The funds of the charity:			
Balance brought forward		52,868	21,864
Current years surplus		7,454	31,004
Total charity funds		<u><u>60,322</u></u>	<u><u>52,868</u></u>


7/8/22.


7/08/22

INTOUCH FOUNDATION

England & Wales - Charity number 1158532

Accounts



Trustees' Annual Report for the period

From	Period start date	To	Period end date
	01 01 2020		31 12 2020

Charity name

InTouch Foundation

Other names charity is known by

Registered charity number (if any)

1158532

Charity's principal address

10 Mornington Villas

Bradford

Postcode

BD87HB

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1 M Osman Gondal			M Osman Gondal
2 Mohammed Mahboob			Mohammed Mahboob (Chair)
3 Zahir Ahmed			Zahir Ahmed (Treasurer)
4 Zafeer Mohammad			Zafeer Mohammad
5 M Khaqan Gondal			M Khaqan Gondal
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Mohammed Osman Gondal

Description of the charity's trusts

Type of governing document <i>(eg. trust deed, constitution)</i>	Constitution
How the charity is constituted <i>(eg. trust, association, company)</i>	CIO
Trustee selection methods <i>(eg. appointed by, elected by)</i>	The existing trustees are responsible for the recruitment of new trustees. In selecting new trustees, we seek to identify people who have a firm belief in helping people in need, who regularly attend our events and functions organised by the charity and are willing to help in our broader community work.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Potential trustees are invited to attend trustees' meetings as observers and are given more details of the charities aims and objectives and, if all agree, they are then proposed as new trustees at the subsequent trustees' meeting. This process will allow due consideration of the persons eligibility, personal competence, specialist knowledge and skills.

Induction & Training of trustees
Following appointment, new trustees are introduced to their new role and given copies of the constitution and a guide to the policies and procedures adopted by the charity. A number of publications by the Charity Commission are also provided including the guidance on charities and public benefit. This ensures that new trustees' are aware of their responsibilities under the Charities act. Initially, new trustees work with an existing trustee assisting on particular activities and projects run by the charity.

Risk Management
The trustees have assessed the risks the charity faces and have drawn a risk matrix which identifies the major risks by area of activity, the nature of those risks, the likelihood of the risks happening and the measures taken to manage them. The trustees are satisfied that the systems are in place, or arrangements are in hand, to manage the risks that have been identified.

The structure
Governance guidance and strategic direction is all monitored and provided by the trustee board.

The operational activities are managed by our CEO and board member Osman Gondal who report on activities directly to the board at monthly trustee meetings.

We have a large volunteer base who are actively involved within the charity. This includes Operational site managers along with a fundraising manager and volunteer manager. Who in turn manage their own volunteer teams. Inductions and training for all volunteers are carried out regularly along with continuous site risk assessments.

Summary of the objects of the charity set out in its governing document

Charitable objects

The prevention or relief of poverty anywhere in the world by providing grants, items and services to individuals in need and/or charities or other organisations working to prevent or relieve poverty.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

InTouch Foundation is a not for profit organisation and is a community based effort to address the plight of homeless men and women on the streets of Yorkshire and at times of need abroad. Our dual purpose is to bring attention to this plight and provide an organisation where volunteers can become directly involved in the preparation and feeding of the less fortunate that exist on the edge of our society.

Volunteers are an important resource for our work. Volunteers are involved in all parts of the organisation. All trustees regularly give their time freely. We encourage the wider community to become actively involved and give their time and to share their skills with others.

The organisation is run by volunteers, this includes the board, CEO, Management team and all volunteers. We only have one paid employee and that is our Van driver who is paid for part time work.

Mobile Kitchen

We have a mobile catering van which is used to distribute hot food to the homeless and people living in poverty. We have three sites in Yorkshire, Bradford, Keighley and Huddersfield with an average meal distribution of 475 hot meals per week. The sites are managed by individual site managers and have their own respective volunteer teams. Currently we are operating on two days and have plans to extend operations to other parts of Yorkshire. Providing meals to individuals from different faiths, races and backgrounds.

Due to Covid 19 Pandemic the sites were closed due to Government restrictions and the safety of all volunteers and service users.

Covid 19 Emergency Response

The Covid 19 pandemic had a major impact on the way we operated. We had to close all sites and moved our response to Frozen meal and food pack distribution via 20 partner organisations throughout the Bradford district. During the first 6 months of the Covid outbreak we distributed over 30,127 meals to families and individuals in need. Working in the heart of many communities where the need was the greatest.

Community Kitchen

We received funding from to develop a community kitchen and repair and update our mobile kitchen van, these activities were put on hold due to the pandemic and will be resumed when it is safe to do so.

Voucher Scheme

Our voucher scheme for individuals and families living in poverty. This scheme is used as an emergency response to provide food vouchers for people who do not have access to funds and are living in poverty. Referrals are made to InTouch Foundation by partner organisations via a referral scheme. InTouch Foundation will then provide a food voucher sufficient to purchase food for an individual or family for approximately 5-7 days. Therefore meeting our objective of relief of poverty.

Overseas

InTouch Foundation had to put these projects on hold due to the Pandemic and will resume as soon as it is safe to do so.

Period Poverty

InTouch this year also launched its period poverty campaign focussing on School Children that can't afford to pay for Hygiene packs. We are working with numerous agencies to ensure the support is offered throughout the Bradford district

Additional details of objectives and activities (Optional information)

The organisation is managed by volunteers. InTouch Foundation only has one paid employee, the Mobile Kitchen van driver.

-
-

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

This year we distributed over 30,000 meals and approximately across the projects. The funds to sustain this project have been collected through a range of fundraising events along with regular donations by businesses and individuals.

We have formed short term partnerships with other charities to allow them access to use our van and site and bring along their volunteers to help in the food distribution. The sponsorship has ranged from a one of session to several weeks.

Our volunteer base remains steady with regular as well as ad-hoc volunteers supporting the projects. These volunteers have been involved in operational activities as well as being involved in fundraising activities.

InTouch Foundation this year focussed our overseas work in Pakistan & Ghana. In Pakistan we supported young people with Micro economic projects and, food distribution and marriage support

Brief statement of the charity's policy on reserves

The trustees have reviewed the reserves of the charity. Our policy is to hold six months' operating costs for the mobile kitchen.

Details of any funds materially in deficit

--

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

--

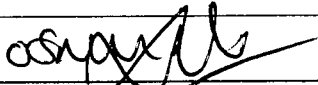
Section F Other optional information

--

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		OSMAN GONDAL
--------------	---	--------------

Full name(s)	ZAMIR AHMED	
--------------	-------------	--

Position (eg Secretary, Chair, etc)	TREASURER	TRUSTEE
-------------------------------------	-----------	---------

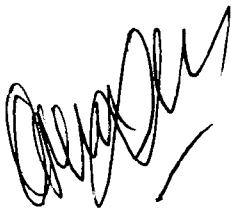
Date	28/1/2021
------	-----------


Intouch Foundation (1158532)
Statement of Financial Activities
for the year ended 31 December 2020

	Notes	2020 Unrestricted £	2020 Restricted £	2020 Total £	2019 Unrestricted £	2019 Restricted £	2019 Total Funds £
Incoming resources							
Incoming resources from generated funds:							
General donations (Site)	1						
Overseas - Pakistan		6,565	-	6,565	33,277	-	33,277
Overseas - Ghana		-	-	-	-	5,007	5,007
Morrisons - Project1		-	21,500	21,500	-	15,017	15,017
Morrisons - Project2		-	24,950	24,950	-	-	-
Food Response		10,658	-	10,658	-	-	-
Emergency Supplies		-	-	-	-	-	-
Zakah		-	1,571	1,571	-	179	179
Total Income resources		17,223	48,021	65,244	33,277	28,443	61,720
Resources expended:							
Operational Costs		6,075	-	6,075	13,783	-	13,783
General donations (site)		5,302	-	5,302	18,923	-	18,923
Emergency Supplies		-	-	-	-	188	188
Overseas - Ghana		-	-	-	-	15,070	15,070
Overseas - Pakistan		-	-	-	-	9,830	9,830
Overseas Emergency Suppliers		-	-	-	-	1,875	1,875
Morrisons - Project2		-	22,264	22,264	-	-	-
Food Response		399	-	399	-	-	-
UK Qurbani		-	-	-	-	150	150
Depreciation (Van & Mini Bus)		-	-	-	3,250	-	3,250
Zakah		-	200	200	-	3,453	3,453
Total resources expended		11,776	22,464	34,240	35,956	30,565	66,522
Net movement in funds		5,447	25,557	31,004	2,679	2,122	4,801
Total funds brought forward	3	5,780	16,084	21,864	8,459	18,207	26,666
Total funds carried forward		11,227	41,642	52,869	5,780	16,084	21,864

Intouch Foundation (1158532)
Balance Sheet as at 31 December 2020

	Notes	2020	2019
Fixed assets:			
Tangible asset: Mobile kitchen 2014 (Van)			
		7,361	7,361
Tangible asset: Mini Bus 2016			
		5,640	5,640
less depreciation to date (25%)			
	2	13,001	13,001
		-	0
Current assets:			
Debtors			
		-	-
Cash at Barclays Bank			
		52,869	21,864
Total current asset		52,869	21,864
Liabilities:			
Creditors falling due within one year			
		-	-
Net current assets		52,869	21,864
Net assets		52,868	21,864
The funds of the charity:			
Balance brought forward			
		21,864	26,665
Current years surplus			
		31,004	4,801
Total charity funds		52,868	21,864


28/01/21


28/1/21



Trustees' Annual Report for the period

From	Period start date	To	Period end date
	01 01 2020		31 12 2020

Charity name

InTouch Foundation

Other names charity is known by

Registered charity number (if any)

1158532

Charity's principal address

10 Mornington Villas

Bradford

Postcode

BD87HB

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1 M Osman Gondal			M Osman Gondal
2 Mohammed Mahboob			Mohammed Mahboob (Chair)
3 Zahir Ahmed			Zahir Ahmed (Treasurer)
4 Zafeer Mohammad			Zafeer Mohammad
5 M Khaqan Gondal			M Khaqan Gondal
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Mohammed Osman Gondal

Description of the charity's trusts

Type of governing document <i>(eg. trust deed, constitution)</i>	Constitution
How the charity is constituted <i>(eg. trust, association, company)</i>	CIO
Trustee selection methods <i>(eg. appointed by, elected by)</i>	The existing trustees are responsible for the recruitment of new trustees. In selecting new trustees, we seek to identify people who have a firm belief in helping people in need, who regularly attend our events and functions organised by the charity and are willing to help in our broader community work.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Potential trustees are invited to attend trustees' meetings as observers and are given more details of the charities aims and objectives and, if all agree, they are then proposed as new trustees at the subsequent trustees' meeting. This process will allow due consideration of the persons eligibility, personal competence, specialist knowledge and skills.

Induction & Training of trustees
Following appointment, new trustees are introduced to their new role and given copies of the constitution and a guide to the policies and procedures adopted by the charity. A number of publications by the Charity Commission are also provided including the guidance on charities and public benefit. This ensures that new trustees' are aware of their responsibilities under the Charities act. Initially, new trustees work with an existing trustee assisting on particular activities and projects run by the charity.

Risk Management
The trustees have assessed the risks the charity faces and have drawn a risk matrix which identifies the major risks by area of activity, the nature of those risks, the likelihood of the risks happening and the measures taken to manage them. The trustees are satisfied that the systems are in place, or arrangements are in hand, to manage the risks that have been identified.

The structure
Governance guidance and strategic direction is all monitored and provided by the trustee board.

The operational activities are managed by our CEO and board member Osman Gondal who report on activities directly to the board at monthly trustee meetings.

We have a large volunteer base who are actively involved within the charity. This includes Operational site managers along with a fundraising manager and volunteer manager. Who in turn manage their own volunteer teams. Inductions and training for all volunteers are carried out regularly along with continuous site risk assessments.

Summary of the objects of the charity set out in its governing document

Charitable objects

The prevention or relief of poverty anywhere in the world by providing grants, items and services to individuals in need and/or charities or other organisations working to prevent or relieve poverty.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

InTouch Foundation is a not for profit organisation and is a community based effort to address the plight of homeless men and women on the streets of Yorkshire and at times of need abroad. Our dual purpose is to bring attention to this plight and provide an organisation where volunteers can become directly involved in the preparation and feeding of the less fortunate that exist on the edge of our society.

Volunteers are an important resource for our work. Volunteers are involved in all parts of the organisation. All trustees regularly give their time freely. We encourage the wider community to become actively involved and give their time and to share their skills with others.

The organisation is run by volunteers, this includes the board, CEO, Management team and all volunteers. We only have one paid employee and that is our Van driver who is paid for part time work.

Mobile Kitchen

We have a mobile catering van which is used to distribute hot food to the homeless and people living in poverty. We have three sites in Yorkshire, Bradford, Keighley and Huddersfield with an average meal distribution of 475 hot meals per week. The sites are managed by individual site managers and have their own respective volunteer teams. Currently we are operating on two days and have plans to extend operations to other parts of Yorkshire. Providing meals to individuals from different faiths, races and backgrounds.

Due to Covid 19 Pandemic the sites were closed due to Government restrictions and the safety of all volunteers and service users.

Covid 19 Emergency Response

The Covid 19 pandemic had a major impact on the way we operated. We had to close all sites and moved our response to Frozen meal and food pack distribution via 20 partner organisations throughout the Bradford district. During the first 6 months of the Covid outbreak we distributed over 30,127 meals to families and individuals in need. Working in the heart of many communities where the need was the greatest.

Community Kitchen

We received funding from to develop a community kitchen and repair and update our mobile kitchen van, these activities were put on hold due to the pandemic and will be resumed when it is safe to do so.

Voucher Scheme

Our voucher scheme for individuals and families living in poverty. This scheme is used as an emergency response to provide food vouchers for people who do not have access to funds and are living in poverty. Referrals are made to InTouch Foundation by partner organisations via a referral scheme. InTouch Foundation will then provide a food voucher sufficient to purchase food for an individual or family for approximately 5-7 days. Therefore meeting our objective of relief of poverty.

Overseas

InTouch Foundation had to put these projects on hold due to the Pandemic and will resume as soon as it is safe to do so.

Period Poverty

InTouch this year also launched its period poverty campaign focussing on School Children that can't afford to pay for Hygiene packs. We are working with numerous agencies to ensure the support is offered throughout the Bradford district

Additional details of objectives and activities (Optional information)

The organisation is managed by volunteers. InTouch Foundation only has one paid employee, the Mobile Kitchen van driver.

-
-

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

This year we distributed over 30,000 meals and approximately across the projects. The funds to sustain this project have been collected through a range of fundraising events along with regular donations by businesses and individuals.

We have formed short term partnerships with other charities to allow them access to use our van and site and bring along their volunteers to help in the food distribution. The sponsorship has ranged from a one of session to several weeks.

Our volunteer base remains steady with regular as well as ad-hoc volunteers supporting the projects. These volunteers have been involved in operational activities as well as being involved in fundraising activities.

InTouch Foundation this year focussed our overseas work in Pakistan & Ghana. In Pakistan we supported young people with Micro economic projects and, food distribution and marriage support



Brief statement of the charity's policy on reserves

The trustees have reviewed the reserves of the charity. Our policy is to hold six months' operating costs for the mobile kitchen.

Details of any funds materially in deficit

--

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

--

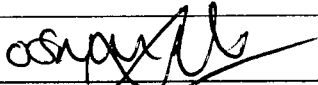
Section F Other optional information

--

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		OSMAN GONDAL
--------------	---	--------------

Full name(s)	ZAHIR AHMED	
--------------	-------------	--

Position (eg Secretary, Chair, etc)	TREASURER	TRUSTEE
-------------------------------------	-----------	---------

Date	28/1/2021
------	-----------