

**The Sundial House Group & The International Group for
Creative Meditation**

Registered Charity Number: 1158521

**Trustees Annual Report and
Financial Statements**

For the year ended

31st December 2020

Rother Voluntary Action
47 London Road
Bexhill-on-Sea
East Sussex
TN39 3JY

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FOR PERIOD ENDED 31ST DECEMBER 2020

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**REPORT OF THE TRUSTEES
FOR THE PERIOD ENDED 31ST DECEMBER 2020**

The trustees of The Sundial House Group present its annual report and financial statements for the year ended 31st December 2020.

CHARITY INFORMATION

| | |
|-----------------------------------|---|
| Name of Charity: | The Sundial House Group & The International Group for Creative Meditation |
| Principal Address: | Poplars Cottage, Churchland Lane, Sedlescombe, Battle, East Sussex, TN33 0PF |
| Registered Charity Number: | 1158521 |
| Governing Document: | CIO - Foundation Registered at Charity Commission on 10 Sep 2014, amended on 06 Jul 2021 |
| Trustees: | Janet Derwent – Secretary & Chair Paul Derwent – Treasurer Francesco Viglienghi |
| Lead Co-Ordinator: | Janet Derwent |
| Bankers: | HSBC, 100 High Street, Tonbridge, Kent, TN9 1AN |
| Independent Examiner: | Lorraine Brown Deputy CEO & Finance Manager Rother Voluntary Action 47 London Road Bexhill on Sea East Sussex TN39 3JY |

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST DECEMBER 2020**

The trustees of The Sundial House Group present its annual report and financial statements for the year ended 31st December 2020.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Constitution

The Sundial House Group & The International Group for Creative Meditation became a Registered Charity on 10 September 2014. Its Registered Charity Number is 1158521.

Objects & Purpose

The Sundial House Group & The International Group for Creative Meditation sets out to educate and train the general public and humankind in the use and application of creative meditation. The purpose of which is the promotion and protection of the good health of the general public by the provision of this information and training.

The Sundial House Group & The International Group for Creative Meditation works to advance spiritual growth and a spiritual orientation in the world through education into the Laws and Principles of Everyday Living and the development of meditation training and associated ideas.

Public benefit

In writing their trustees report, the trustees of Seeds of Growth have given due regard to the guidance of the charity Commission on public benefit.

Members

Members of The Sundial House Group are deemed to be those students and co-workers who are working with the creative meditation materials.

The Trustees

The trustees who hold office throughout the period are shown on the information page. Trustees having been appointed to serve until such time as they choose to resign or retire. During 2020 Elisabetta Raspini resigned at the beginning of May and Geraldine Dayton retired at the end of April.

Review of Activities

During the year under review, the production and sale of the Sundial House Publications, The Introductory Creative Meditation Papers, The Training Courses in Group Creative Meditation (TGCM) and The International Group for Creative Meditation (IGCM) continued to work with its existing cohort of students and co-workers.

The training programme involving the management of student meditation reports and mentors' replies is co-ordinated and supported by Janet Derwent in the role of TGCM Coordinator for this year. The administration of the correspondence training programme is managed from the Sundial Centre Office by Janet Derwent. This will enable the SDH office to comply with the data protection requirements it seeks to apply. All work undertaken by the Group is managed in such a way that the Data Protection Requirements are met. The SDH, IGCM & International Association for Creative Meditation [IACM] meetings continued to be managed via a teleconferencing platform known as – 'ZOOM' which is both economical and efficient. Working this way is cultivating a group consciousness and ensures the quality of the services being provided.

REPORT OF THE TRUSTEES (Continued)
FOR THE YEAR ENDED 31ST DECEMBER 2020

Some 10 students began the correspondence Training Courses in Creative Meditation and 16 members of the Group for Creative Meditation for this period were working and supported by a team of 8 international mentors and facilitators.

The Inter-Vision Sessions have continued to be available to the 3 IGCM Facilitators. The Inter-Vision Sessions for the TGCM Mentors have also been offered along with individual support when needed. This way of meeting via teleconferencing, reviewing and exchanging ideas continues to supply a quality service and develop a cohesive group field.

Modifications to the meditation reporting form for the IGCM are ongoing and these were introduced with the intention of supporting and encouraging a deeper understanding of the work. An in-house pilot training project for IGCM Facilitators was introduced, designed, and delivered by Francesco Viglienghi.

The bimonthly IGCM creative meditation meetings were introduced at or around the 21st of the month when the group meditation work transitioned into the new Law or Principle. These meetings were facilitated and lead by Elisabetta Raspini and have been well attended and well received. From May of this year Susan Green and Savina Miller have undertaken this service role.

During the year under review the 20th Newsletter – In-Communiqué was published and distributed worldwide as was the annual Full Moon Chart for 2021. Three Sundial Retreats and One-day Sundial Workshop all offered to introduce and support Creative Meditation with the purpose of delivering an understanding of how this work manifests in everyday relationships.

| Sundial House Sponsored Workshops & Retreat offered during 2020 |
|--|
| 'Cultivating Group Radiance' – 26 – 27 June 2020 – residential retreat was postponed |
| Huber – Astrological Psychosynthesis – 25 July – one day online event. |
| 'Supreme Science of Contact' planned for September was postponed to January 2021 |
| The Research & Development Sub-Group started in October 2019 & continued in 2020 |
| A Pilot TGCM Project with the intention of introducing the Laws & Principles of the Soui at play in daily life – was offered bi-monthly as an online Study, Discussion and Meditative experience from the Autumn of 2019 and continued evolving through 2020 |

Due to the Covid-19 pandemic and the lockdown restrictions and the social distancing requirements all residential retreats were postponed. The art of developing and delivering on-line events began in September 2020. Online events are offered adopting a gift economy approach. The group's main income is generated from the training courses and study events that have a set-fee attached. Some bursaries are available for those needing support to take part in the correspondence courses.

REPORT OF THE TRUSTEES (Continued)
FOR THE YEAR ENDED 31ST DECEMBER 2020

International – Inter Group Activities

Throughout 2020 bimonthly online discussion and meditation meetings of the IACM [International Association for Creative Meditation] continued to take place.

The Sundial House Group continues to work with Michael Lindfield, Meditation Groups Inc., Meditation Mount, CA, USA and Marina Bernardi, The Community of Living Ethics, Italy and other Creative Meditation Group Leaders in New Zealand, Brazil, Portugal and Germany. The SDH Group Treasurer is no longer required to manage the funds for this international intergroup initiative.

Sundial House Office & Website

The Sundial House Website www.creativegroupmeditation.org continues to be refreshed as new materials are uploaded for public sharing. The Ripplenet Web Designer Timothy Read continues to manage these adjustments on behalf of the group.

Stock of group materials

The 2020 stock of the Sundial House materials continues to need adjustment to give a more realistic level of SDH assets. The interest in purchasing the SDH books and Compilations decreased during 2020 by almost 60% the equivalent sales in 2019.

Reserves

At the Balance Sheet date, The Sundial House Group had free reserves (i.e. excluding fixed assets and stock) amounting to approximately £22,162 (2019: £21,182). The trustees are satisfied that this is sufficient to meet the needs of The Sundial House Group for the forthcoming financial year.

Risk Assessment

The trustees have identified and reviewed the risks both financial and non-financial to which The Sundial House Group might be exposed. They have taken steps to mitigate the impact of such risks.

Trustees Responsibilities

Laws applicable to charities in England and Wales requires the trustees to prepare an annual report and a financial statement for each financial year, which give a true and fair view of the Trust's financial activities during the year and of its financial position at the end of the year. In preparing financial statements giving a true and fair view, the trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently.
- make judgements and estimates that are reasonable and prudent.
- state whether applicable Accounting Standards and Statements of Recommended Practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on a going concern basis unless it is inappropriate to assume that the Trust will continue in operation.

The trustees are responsible for keeping proper accounting records, which disclose, with reasonable accuracy, the financial position of the Charity, and which enable them to both ascertain the financial position of the Charity and ensure that the financial statements comply with relevant legislation. They are also responsible for safeguarding the assets of the Trust and hence for taking reasonable steps for the

REPORT OF THE TRUSTEES (Continued)
FOR THE YEAR ENDED 31ST DECEMBER 2020

prevention and detection of fraud and other irregularities. The trustees are satisfied that working with advice from the group Accountants they have achieved these requirements in principle.

This report was approved by the Board of Trustees on 29.12.2021

Janet Derwent

Secretary & Chairperson

Janet A. Derwent

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE SUNDIAL HOUSE GROUP &
INTERNATIONAL GROUP FOR CREATIVE MEDITATION**

FOR THE PERIOD ENDED 31ST DECEMBER 2020

I report on the accounts of The Sundial House Group for the period ended 31st December 2020 which are set out on pages 1 to 11.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act 2011,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act 2011, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view, and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act 2011; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: 

L. Brown

Deputy CEO & Finance Manager, Rother Voluntary Action

Dated: 29/12/2021

**RECEIPTS AND PAYMENTS ACCOUNT
FOR THE PERIOD ENDED 31ST DECEMBER 2020**

| Total Funds 2019 £ | | Note | Unrestricted funds £ | Restricted funds £ | Total funds 2020 £ |
|-----------------------------|---|------|----------------------------|--------------------------|-----------------------------|
| | Receipts | | | | |
| 4,524 | Activities | | 3,223 | | 3,223 |
| 2,155 | General donations | | 731 | | 731 |
| 2,093 | Donation towards running costs | | 1,685 | | 1,685 |
| - | Adjustment to donation towards running costs 2017 | | - | | - |
| - | Reimbursed expenses | | - | | - |
| 306 | Misc Income | | 105 | | 105 |
| 1,459 | Publishers Licensing Services | | 626 | | 626 |
| 34 | Interest | | 18 | | 18 |
| 10,570 | Total Receipts | | 6,388 | 0 | 6,388 |
| | Payments | | | | |
| 1,064 | Computer costs | | 2,691 | | 2,691 |
| 2,297 | Office expenses & overheads | | 1,895 | | 1,895 |
| - | Adjustment to overhead costs 2017 | | - | | - |
| 2,579 | Course expenses | | 108 | | 108 |
| 1,166 | Printing, postage, and stationery | | 492 | | 492 |
| 257 | Publications | | 34 | | 34 |
| - | Accountancy | | - | | - |
| - | Travel & conference costs | | - | | - |
| | Marketing & promotional costs | | 185 | | 185 |
| 257 | Sundry expenses | | 3 | | 3 |
| 7,620 | Total Payments | | 5,408 | 0 | 5,408 |
| 2,950 | Net receipts/payments | | 980 | | 980 |
| 18,232 | Fund balances bfwd 1st January | | 21,182 | | 21,182 |
| 21,182 | Fund balances cfwd 31st December | | 22,162 | 0 | 22,162 |

**NOTES TO THE ACCOUNTS
FOR THE PERIOD ENDED 31ST DECEMBER 2020**

1. Receipts and Payments accounts

Receipts and payments accounts are statements that summarise the movement of cash into and out of the organisation during the financial year. In this context "cash" includes cash equivalents, for example, bank accounts where cash can be readily withdrawn to pay for debts as they become due.

2. Trustees' remuneration and benefits

Trustees received no remuneration or benefits in this period

Trustees' expenses

During the year there were no expenses paid to the following Trustees:
Janet Derwent £7.80

3. Previous period comparison

The financial year end of the charity is 31st December 2020. The previous period's figures have been included for comparison.

4. Restricted fund

These are funds given to the charity, subject to specific restrictions set by the donor, but still within the general objects of the charity.