

# POBL CYMRU

England & Wales · Charity number 1158464

## Details

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**Other names** POBL

**Status** Registered

**Legal form** CIO

**Registered** 2014-09-05

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** POBL Cymru  
Neath YMCA  
Pen y Dre Road  
Lletty Nedd  
Neath  
Neath Port Talbot  
SA11 3NG

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**Website** [www.pobl.org.uk](http://www.pobl.org.uk)

## Activities

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**Objects:** 1) THE PROMOTION AND PROTECTION OF GOOD HEALTH AMONG SUFFERERS OF MENTAL ILL HEALTH IN WALES IN PARTICULAR THROUGH THE PROVISION OF EMOTIONAL SUPPORT, INFORMATION AND PRACTICAL ADVICE.2) TO ADVANCE THE EDUCATION OF THE PUBLIC IN ALL AREAS RELATING TO MENTAL ILL HEALTH.

**Activities:** POBL Cymru educates the public & businesses re mental health & the stigma that prevails. We hope to assist people with a mental health condition to overcome the barriers to work and to ensure they get the support & assistance they require to enable them to lead fulfilling lives. We will achieve this by training, mentoring & adopting a 'hands on' attitude to assisting sufferers & their families.

## Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty
- **Who:** People With Disabilities, The General Public/mankind

## Geography

- Bridgend
- Carmarthenshire
- City Of Swansea
- Neath Port Talbot

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	-	-	-	-
2024-03-31	-	-	-	-
2023-03-31	-	-	-	-
2022-03-31	-	-	-	-
2021-03-31	-	-	-	-
2017-03-31	£7,010	£10,097	-	-
2016-03-31	£7,010	£10,097	-	-
2015-03-31	£12,503	£17,194	-	-

## Trustees

Name	Role	Appointed
JOHN EDGAR THOMAS	Chair	2013-07-02
CERI ANNE ILSLEY		
KAREN FRANCIS SMITH		