



Section A

Independent Examiner's Report

Report to the trustees/ members of	Charity Name Southampton Athletic Club CIO		
On accounts for the year ended	30 th September 2022	Charity no (if any)	1158398
Set out on pages	3 to 18		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 28th September 2020.

Responsibilities and basis of report As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.


**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Date: 08/06/2023

Name:

Julian Brooke FCCA – H&E Accountants

**Relevant professional
qualification(s) or body
(if any):**

Association of Chartered Certified Accountants

Address:

4 Chepstow Close
Chandlers Ford, Eastleigh
SO53 4SA

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

No items to disclose.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Southampton Athletic Club CIO

1158398

Receipts and payments accounts

CC16a

For the period
from

01/10/2021

To

30/09/2022

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Membership Fees (net of refunds)	46,491	-	-	46,491	37,435
Charitable and Corporate Donations	136	-	-	136	42,580
Club Race - Netley 10k road race	4,524	-	-	4,524	810
Income from hosting track meetings	2,896	-	-	2,896	3,495
Sale of refreshments	1,766	-	-	1,766	1,531
Sale of merchandise	2,650	-	-	2,650	1,148
Hosting events	1,120	-	-	1,120	925
Members contribution to travel	-	-	-	-	-
Interest received on deposits	29	-	-	29	-
Council Grant	4,491	-	-	4,491	-
Other income	467	-	-	467	-
Sub total (Gross income for AR)	64,570	-	-	64,570	87,924
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	64,570	-	-	64,570	87,924
A3 Payments					
Club race - Netley 10k road race	5,518	-	-	5,518	-
Expenses of hosting track events	3,359	-	-	3,359	4,460
Purchase of refreshments	853	-	-	853	-
Merchandise costs	537	-	-	537	2,606
Professional fees	600	-	-	600	639
Cost of hiring training venues	16,786	-	-	16,786	13,103
Registration with England Athletics	7,540	-	-	7,540	6,750
Travel and Accommodation	1,480	-	-	1,480	188
Entry fees to races and leagues	1,819	-	-	1,819	100
Coaching and Officials courses	743	-	-	743	1,161
Coaching Stipends - Academy	150	-	-	150	601
Affiliation fees	2,588	-	-	2,588	1,612
Trophies engravings and prizes	614	-	-	614	-
Social events (net of contributions)	2,354	-	-	2,354	-
Cabin equipping and repair costs	734	-	-	734	7,506
Other expenditure (inc bank and DD)	1,852	-	-	1,852	1,807
Sub total	47,527	-	-	47,527	40,533
A4 Asset and investment purchases. (see table)					
Purchase of Equipment	10,838	-	-	10,838	3,047
	-	-	-	-	-
Sub total	10,838	-	-	10,838	3,047
Total payments	58,365	-	-	58,365	43,580
Net of receipts/(payments)	6,205	-	-	6,205	44,344
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	6,205	-	-	6,205	44,344

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Fixed term deposits	71,918	-	-
	Cash at bank	113,608	1,005	-
	Cash in hand	-	-	-
	Total cash funds	185,526	1,005	-

(agree balances with receipts and payments account(s))

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Equipment	unrestricted	-	10,838
	Merchandise	unrestricted	-	3,877
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Tracey Jones	
	Deborah Callaway	



Trustees' Annual Report for the period

From 01/10/2021 Period start date To 30/09/2022 Period
end date

Charity name: Southampton Athletic Club CIO

Charity registration number: 1158398

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The objectives of the club are established in the constitution which was approved by the trustees on August 28 th 2014. The object of the club is the promotion of community participation in healthy recreation for the benefit of the inhabitants of Southampton and the surrounding area by the provision of facilities for athletics and athletic related activities. In setting our objective and planning our activities the trustees have given careful consideration to the Charity Commission's general guidance on public benefit
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>The club is managed by a Management Committee which meets regularly throughout the year. For the year ending 30 September 2022 the Committee held seven full meetings which included the 2021 AGM.</p> <p>Serving Committee members through the year were:</p> <p>Tracey Jones Mary Axtell Diane Reavey Debbie Callaway David Blackman Elizabeth Pugh Zoe Bond Richie Pearson Nicci Blandford (was Bollinger) Jon Tilt Michael Coker Alice Burch Matt Coffey Derek Warn Michelle Dorrington Emily Fry</p>

Becky Mulley

The club has an open member's policy and membership of the club is open to anyone who is eligible to join an athletic club under the rules of England Athletics. The club charges a membership fee which the committee considers to be at an affordable level, while providing excellent value for money for track and/or indoor facility users.

The 2021/2022 season has seen the completion of a near normal athletics calendar across winter 2021/22 and summer 2022 and Southampton AC has had much to celebrate over the last twelve months.

The highlight of the winter season came with the senior mens cross country team. Southampton showed that they are capable of competing and winning against the best in England with the Senior Mens team winning the Southern Cross Country Cup in January 2022 and a Month later winning the English Cross Country Cup. The Winning team with both the Southern and the English Cross Country Cups. Mahamed Mahamed, Zakariya Mahamed, Alexander Teuten, Peter Hart, Jacob O'Hara and Rikki James.

The overall membership levels have continued to grow along with the number of officials and volunteers supporting the club's athletes. The academy has doubled in size since December 2020 and there are currently 93 young athletes on the waiting list for the academy. As at 31st October 2022 there were 518 competing members.

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit

Para 1.18

All the charity trustees are volunteers, and have regard to the public benefit guidance when carrying out their duties, whether in administration, safeguarding and in the provision and facilitation of athletic related activities for members

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	

Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>SAC were committed to competing in the following leagues in 2021/22. There were still occasional issues with scheduled matches being cancelled, but generally athletes were travelling regularly to competitions again following Covid.</p> <ul style="list-style-type: none"> • National Athletic League (NAL) • Southern Athletic League • Young Athletes Development League (YDL) Lower Age group • Wessex Track & Field League • Hampshire Cross Country League • Wessex Cross Country League • Cross Country 6 League • Hampshire Road Race League • RR10 League • Hampshire Vets Track & Field League <p>The pressure on our volunteers continued, specifically officials, which was evident in the league fixtures when on occasions we were again unable to fulfil our requirement. On a positive note, we did host 3 junior league fixtures this year and one senior one, and we were again able to hold Opens at Southampton, which are always well received.</p> <p>Early in 2022 England Athletics awarded the Coach of the Year to Jon Tilt for his dedication to coaching and building a welcoming and inclusive group, he attended the Hall of Fame and Awards evening in October.</p> <p>The Commonwealth Games Queens Baton Relay came to Southampton in the summer and out of the ten baton bearers, two were from SAC, Rob Shenton and Tony Fern. Rob is a member of Jon Tilt's training group</p>

and also a Mental Health Champion and one of the founders of our #RunAndTalk programme. Tony is part of the Fabric of SAC and in February he was awarded Life membership for service to SAC, together with Michael Coker, Richie Pearson and Jon Tilt.

Over the last 12 months the Sports Centre has been the target for repeated vandalism which has now left our three cabins virtually unusable. This however, did not dampen our resolve to continue and the club members came together to personally store valuable equipment and assist in moving the remainder to a more secure location near the track. We are hoping that 2023 will bring good news and we will see the plans for the sports centre come to life with new stands and athletics club house and facilities. The Council's application for Levelling-up funding was approved in early 2023.

We have invested a portion of the Martin Hedges fund in supporting the Pole Vault Academy, the highlight of which was Lexi Trott being picked for English Schools in the summer, quite an achievement for a first year U15 athlete. We also purchased an all-electronic start system which will integrate seamlessly with a Photo Finish system when the track is able to have it installed, and usage of EDM measuring equipment has been implemented throughout the summer.

Our senior team in the National Athletic League (NAL) were not able to hold onto their place in the Premier division and were relegated to the Championship league. Our other senior team, in the Southern Athletics League (SAL) also faced relegation with the team finishing in the relegation zone but with another club withdrawing from that league we have kept our place in Division 1. While this may not be the best result for SAC the prospects for the future are promising with a new wave of junior athletes ready to take their place in the senior teams and over a dozen senior records broken this season. I would like to finish by thanking all the athletes, coaches, team managers, officials, committee and volunteers for their continued support and hope that the next twelve months bring us success across the cross country, road running, sportshall, Track and Field and the start of the long-awaited and very much

		<p>needed improvements at the Sports Centre.</p> <p>In December 2021 we launched our 10 Year strategy. This has been worked on over the last few years, initiated by the member survey by England Athletics in 2019. This strategy will give direction as to how the club develops, and will inform any long term decisions. The aim is to involve our members in the future direction of the club, with focus groups and projects to mark the way forward in achieving our objectives.</p> <p>Our twice postponed Netley 10K event finally took place in May 2022. The event was well supported and a success due to the substantial efforts of Richie Pearson.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Athletic Performance & Achievement		Athletic Achievement for the year to 30 September 2022 is detailed in a separate report (attached)

Financial Review

<p>Review of the charity's financial position at the end of the period</p>	<p>Para 1.21</p>	<p>After the previous two years of restrictions on athletics competition and training, the summer season of 2022 has at last adopted a feeling of normality. Membership fees of £46.4k have increased 24% in this financial year and have recovered to the pre-pandemic level of 2019, which is very encouraging. Although there have been occasional cancellations, the Club has entered teams in all age-group competitions throughout the winter X-Country season and summer league fixtures that Southampton AC is affiliated to. We agreed to host two lower age Youth Development League and one Wessex League fixture to ensure that our athletes were able to take part in as many club competitions as possible. The Club continues to suffer from the delay to the Sports Centre development, although we have welcomed some cleaning and track repairs which have improved the facility in the short term.</p> <p>The operating surplus for the financial year to the end of September 2022 was £6,205. The cost of hiring training venues at £16.8k is still low (in comparison to £22.6k two years ago) because of the effect of further Covid closures during the winter months and the closure of the track for 6 weeks in the summer to enable the repairs to be carried out. We are fully expecting facility costs to increase back to pre-Covid levels and have extended this provision further to include the thriving pole vault group. Further investment has been made into Club equipment with new and second-hand poles purchased for £1k, together with an EDM measuring device for £2.8k, Electronic Starting system for £4.5k and additional Academy training equipment purchased. The Martin Hedges fund (donation received last year amounting to £42.4k) has been mostly retained in reserves at the present time and is intended to be used to improve Club resources in conjunction with the Sports Centre development and long-awaited provision of a club house facility. We are actively looking to purchase Photo-finish equipment costing £20K and improve the throws area and website as well as setting up an individual athlete support fund to assist with specific requests. We took the decision not to arrange coach travel to league fixtures this summer, because of the escalating level of the</p>
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quotes obtained at the height of the fuel price uncertainty between March and June 2022. The Committee have decided that we will look to provide coach travel as an option to support our league teams in 2023, where appropriate and will seek early costings in this respect as soon as all the fixtures are posted. We were expecting higher travel claims than the amount of £1.5k, and the Committee has acknowledged that the policy needed to be more widely publicised. The Expenses policy has therefore been re-written and once the provision of coach travel has been agreed, a further decision will be made to decide mileage rate, or whether to set a fixed travel sum per fixture. We are keen to help our members more to encourage participation.

Regrettably, it is very unlikely that the Club will be in a position to host any fixtures in 2023, either League or Open competitions as a direct result of the repeated targeted vandalism to the Club's portacabins. This began following the refurbishment and repairs undertaken earlier this year, and despite our ongoing attempts to secure them, the cabins have been destroyed. This will of course be damaging both due to loss of income and competitive opportunities for our members and is extremely disappointing. The limited open meeting programme that was possible in 2022 earned net income of £1.2k and this had been planned to be extended in 2023, before the issues arising with the cabins. We are continuing to liaise closely with Southampton Council to keep the Athletic Club needs at the forefront of the development agenda.

The Club's agreement with main facility provider, Active Nation expired on 31/12/2020. We met and agreed and signed a new 5-year contract with no increase to basic cost in early 2022, also adding a training option on Wednesday evenings after the academy sessions.

The Netley 10k road race deferred from 2020 was finally completed, with costs in this financial year-to date of £5.5k. Additional income of £4.3k was earned from this year's race and a full analysis of the ongoing breakeven point is being carried out ahead of arranging the race in 2023. Southampton competition kit will be sold by Alexandra Sports in the future. This decision was taken for practical reasons,

mainly because of the time taken to administer the process and the loss of our storage facility. Our remaining supply of kit valued at £3,877 will be sold online, with the net proceeds to be returned to the Club. Newly designed vests and crop tops will be sold directly to members going forwards at the slightly increased prices of £18 & £20. To continue to help attract more helpers, who are vital to the operation of Club activities, polo shirts were provided to coaches, officials and team managers this year at a cost of £537.

Bank charges have again increased to £1.5k as the collection fees for our subscriptions from London & Zurich, have risen slightly. Last year England Athletics increased their fee for individual athletes to £16, and they have advised that this will rise again to £17 from April 2023. The club have absorbed these increases since the pandemic and membership fees will be reviewed for next season. In pre-pandemic years it would normally be the committee's policy to allocate approximately 30% of the operating surplus arising that year to the forward funding reserve, however the small operating surpluses in the last two financial years have been retained in liquid funds to ensure that winter training venue and competition liabilities can be met during the season, as normal athletic activities have gradually resumed.

We will continue to monitor activities and undertake financial reviews where necessary to help to determine the level of reserve funds required. At present, deposit monies are being specifically retained for investment in the proposed new club house and to improve facilities, and to use updated technology such as photo finish, once the Sports Centre development has been completed, although with costs currently rising, we are comfortable using a proportion of these funds to support league and training activities as required.

Statement explaining the policy for holding reserves stating why they are held

Para 1.22

The purpose of the reserve headings are as detailed below:

General Reserves - At the discretion of the management committee these reserves are available to use in the future on capital

		<p>projects or to fund the ongoing activities of the club as required;</p> <p>Forward Funding Reserve - This reserve is set aside to meet any major or capital expenditure of the club that may be incurred in future periods. This expenditure is of a non recurrent or cyclical nature and is not intended to be used to cover the ongoing daily activities of the club.</p>
Amount of reserves held	Para 1.22	<p>Fixed term deposits - unrestricted £71,918</p> <p>Cash at bank at 30/09/2022 - unrestricted £113,608 (including donation of £42436.40 from the Estate of the Late Martin Hedges) restricted £1,005 from donations</p> <p>I am currently reviewing the interest income received to ensure that optimum rates are applied.</p>
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Not applicable

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CONSTITUTION
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CHARITABLE INCORPORATED ORGANISATION
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>Trustees are elected at the AGM.</p> <p>In 2021, the Chair advised the AGM on changes to the interpretation of the Constitution which was set up in 2014 with two governing bodies; a Board of Trustees which granted delegated authority to the Committee. Advice received from England Athletics suggested that this structure placed the Board of Trustees in a potentially difficult situation from a governance perspective which has resulted in the move to one governing body. All existing Trustees were made aware of this change and given the option to join the committee. The second procedural change concerned the election of Committee members. Hitherto the whole Committee stood down at the AGM and put themselves forward for re-election if they so wished.</p> <p>With the growth of the junior section of our club (The Academy), Under 15s represent a large proportion of our members. However, under the current club bye-laws, U15s are not eligible to vote at the club's AGM. A proposal, which was approved at the AGM recommended a change to the bye-laws to allow a parent/guardian to have a proxy vote for an U15 member.</p> <p>In addition, at this year's AGM the longest serving one third of the Committee membership stood down and subsequently were re-elected. SAC's continuing intention is to review governance and club policies as part of the 10 Year Strategy. This is also a precondition set by England Athletics for their affiliation renewal process.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
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The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Southampton Athletic Club CIO
Other name the charity uses	
Registered charity number	1158398
Charity's principal address	43 Moorgreen Road West End Southampton SO30 3EB

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mary Axtell	Club President		
2	Tim Hall	Vice-Chair		
3	Richard Pearson			
4	Tracey Jones	Chair		
5	Deborah Callaway	Treasurer		
6	Derek Warn			
7	Diane Reavey	Secretary		
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

	Type of adviser	Name	Address
Name of chief executive or names of senior staff members (Optional information)			

Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

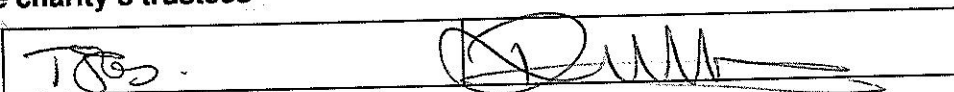
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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Tracey Jones Deborah Callaway

Position (eg Secretary,
Chair, etc)

Chair Treasurer

Date

30/04/2023