# SOUTHAMPTON ATHLETIC CLUB CIO

England & Wales · Charity number 1158398

## Details

| | |
|---|---|
| Status | Registered |
| Legal form | CIO |
| Registered | 2014-08-29 |
| Register | View on the Charity Commission register |

## Contact

| | |
|---|---|
| Address | 43 Moorgreen Road<br>West End<br>Southampton<br>SO30 3EB |
| Phone | 07717501265 |
| Email | TREASURER4SAC@GMAIL.COM |
| Website | www.SouthamptonAthleticclub.org.uk |

## Activities

**Objects:** THE PROMOTION OF COMMUNITY PARTICIPATION IN HEALTHY RECREATION FOR THE BENEFIT OF THE INHABITANTS OF SOUTHAMPTON AND THE SURROUNDING AREA BY THE PROVISION OF FACILITIES FOR ATHLETICS AND ATHLETIC RELATED ACTIVITIES.

**Activities:** The activities of the charity include track and field athletics, cross country running, road running and triathlon. The club organises and provides coaching, training and competitive teams (where appropriate) for these activities. These activities are provided to all age groups from children to veterans. The club is also committed to improving the facilities for athletics in the Southampton area.

## Classification

- **How:** Provides Services
- **What:** Amateur Sport
- **Who:** The General Public/mankind

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## Geography

- Hampshire
- Southampton City

## Finances

| Period end | Income | Expenditure | Assets | Employees |
|---|---|---|---|---|
| 2024-09-30 | £57,807 | £62,158 | - | - |
| 2023-09-30 | £68,699 | £62,292 | - | - |
| 2022-09-30 | £64,570 | £58,365 | - | - |
| 2021-09-30 | £87,924 | £43,580 | - | - |
| 2020-09-30 | £37,420 | £23,905 | - | - |

## Trustees

| Name | Role | Appointed |
|---|---|---|
| **Tracey Helen Jones** | Chair | 2021-01-25 |
| Deborah Ann Callaway | | 2021-01-25 |
| Derek William Warn | | 2021-01-25 |
| Diane Reavey | | 2021-01-25 |
| RICHARD MCKENZIE PEARSON | | 2014-08-29 |

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**SOUTHAMPTON ATHLETIC CLUB CIO**

England & Wales - Charity number 1158398

# Accounts

CHARITY COMMISSION FOR ENGLAND AND WALES

# Independent examiner's report on the accounts

## Section A Independent Examiner's Report

**Report to the trustees**

Charity Name
Southampton Athletic Club CIO

**On accounts for the year ended** 30th September 2023

**Charity no (if any)** 1158398

**Set out on pages** 3 to 19

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30 09 2023.

**Responsibilities and basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete* [ ] *if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* *Please delete the words in the brackets if they do not apply.*

**Signed:** [signature] **Date:** 20/07/2024

**Name:** Julian Brooke FCCA – H&E Accountants

| | |
|---|---|
| **Relevant professional qualification(s) or body (if any):** | Association of Chartered Certified Accountants |
| **Address:** | 4 Chepstow Close<br>Chandlers Ford<br>SO53 4SA |

## Section B Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

| | |
|---|---|
| **Give here brief details of any items that the examiner wishes to disclose.** | No items to disclose |

CHARITY COMMISSION FOR ENGLAND AND WALES

| Southampton Athletic Club CIO | 1158398 |
|---|---|

# Draft Receipts and payments accounts

**CC16a**

| For the period from | 01/10/2022 | To | 30/09/2023 |
|---|---|---|---|

## Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last year to the nearest £ |
|---|---|---|---|---|---|
| **A1 Receipts** | | | | | |
| Membership Fees (net of refunds) | 53,893 | - | - | 53,893 | 46,491 |
| Charitable and Corporate Donations | 590 | - | - | 590 | 136 |
| Club Race - Netley 10k road race | 11,859 | - | - | 11,859 | 4,524 |
| Income from hosting track meetings | 273 | - | - | 273 | 2,896 |
| Sale of refreshments | | - | - | - | 1,766 |
| Sale of merchandise | 164 | - | - | 164 | 2,650 |
| Hosting events | | - | - | - | 1,120 |
| EDM Hire | 135 | - | - | 135 | - |
| Interest received on deposits | 135 | - | - | 135 | 29 |
| EA Grant | 1,150 | | | 1,150 | |
| Council Grant | | | | - | 4,491 |
| Other income | 500 | - | - | 500 | 467 |
| *Sub total (Gross income for AR)* | 68,699 | - | - | 68,699 | 64,570 |
| **A2 Asset and investment sales,** | | | | | |
| | - | - | - | - | - |
| | - | - | - | - | - |
| *Sub total* | - | - | - | - | - |
| *Total receipts* | 68,699 | - | - | 68,699 | 64,570 |
| **A3 Payments** | | | | | |
| Club race - Netley 10k road race | 7,253 | - | - | 7,253 | 5,518 |
| Expenses of hosting track events | 293 | - | - | 293 | 3,359 |
| Purchase of refreshments | | - | - | - | 853 |
| Merchandise costs | 238 | - | - | 238 | 537 |
| Professional fees | 600 | - | - | 600 | 600 |
| Website Costs | 3,600 | - | - | 3,600 | - |
| Cost of hiring training venues | 20,078 | - | - | 20,078 | 16,786 |
| Registration with England Athletics | 8,658 | - | - | 8,658 | 7,540 |
| Travel and Accommodation | 5,034 | - | - | 5,034 | 1,480 |
| Entry fees to races and leagues | 1,507 | - | - | 1,507 | 1,819 |
| Coaching and Officials courses | 425 | - | - | 425 | 743 |
| Coaching Stipends - Academy | 200 | - | - | 200 | 150 |
| Affiliation fees | 3,136 | - | - | 3,136 | 2,588 |
| Training Grants & Support (Solent) | 1,100 | - | - | 1,100 | - |
| Trophies engravings and prizes | | - | - | - | 614 |
| Social events (net of contributions) | 2,082 | - | - | 2,082 | 2,354 |
| Cabin equipping and repair costs | | - | - | - | 734 |
| Other expenditure (inc bank and DD | 2,294 | - | - | 2,294 | 1,852 |
| *Sub total* | 56,498 | - | - | 56,498 | 47,527 |
| **A4 Asset and investment** | | | | | |
| Purchase of Equipment | 5,794 | - | - | 5,794 | 10,838 |
| | - | - | - | - | - |
| *Sub total* | 5,794 | - | - | 5,794 | 10,838 |
| *Total payments* | 62,292 | - | - | 62,292 | 58,365 |
| *Net of receipts/(payments)* | 6,407 | - | - | 6,407 | 6,205 |
| A5 Transfers between funds | - | - | - | - | - |
| A6 Cash funds last year end | - | - | - | - | - |
| *Cash funds this year end* | 6,407 | - | - | 6,407 | 6,205 |

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## Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---|---|---|---|---|
| **B1 Cash funds** | Fixed term deposits | 72,746 | - | - |
| | Cash at bank | 121,057 | 1,005 | - |
| | Cash in hand | - | - | - |
| | ***Total cash funds*** (agree balances with receipts and payments account(s)) | 193,803 | 1,005 | - |

| | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---|---|---|---|---|
| **B2 Other monetary assets** | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |

| | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|---|---|---|---|
| **B3 Investment assets** | | | - | - |
| | | | - | - |
| | | | - | - |

| | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|---|---|---|---|
| **B4 Assets retained for the charity's own use** | Equipment | unrestricted | - | 5,794 |
| | Merchandise | unrestricted | - | 2,713 |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|---|---|---|---|---|
| **B5 Liabilities** | | | - | |
| | | | - | |
| | | | - | |
| | | | - | |

Signed by one or two trustees on behalf of all the trustees

| Signature | Print Name | Date of approval |
|---|---|---|
| | Tracey Jones | 30/7/2024 |
| | Deborah Callaway | 30/7/2024 |

CHARITY COMMISSION
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

**From 01/10/2022 Period start date To 30/09/2023 Period end date**

**Charity name: Southampton Athletic Club CIO**

**Charity registration number: 1158398**

## Objectives and Activities

| | SORP reference | |
|---|---|---|
| Summary of the purposes of the charity as set out in its governing document | Para 1.17 | The objectives of the club are established in the constitution which was approved by the trustees on August 28th 2014. The object of the club is the promotion of community participation in healthy recreation for the benefit of the inhabitants of Southampton and the surrounding area by the provision of facilities for athletics and athletic related activities. In setting our objective and planning our activities the trustees have given careful consideration to the Charity Commission's general guidance on public benefit |
| Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts. | Para 1.17 and 1.19 | The club is managed by a Management Committee which meets regularly throughout the year. For the year ending 30 September 2023 the Committee held five full meetings which included the 2022 AGM in December.<br><br>Serving Committee members through the year were:<br>Tracey Jones<br>Debbie Callaway<br>Diane Reavey<br>Elizabeth Pugh<br>Michelle Dorrington<br>Emily Fry<br>Mary Axtell<br>Richie Pearson<br>Tim Hall<br>Jon Tilt<br>Nicci Bolinger |

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| | | Derek Warn<br>Hannah Willson<br>Noel O'Dowd<br><br>The club has an open member's policy and membership of the club is open to anyone who is eligible to join an athletic club under the rules of England Athletics. The club charges a membership fee which the committee considers to be at an affordable level, while providing excellent value for money for track and/or indoor facility users.<br><br>The 2022/2023 season has seen the completion of a normal athletics calendar across winter 2022/23 and summer 2023 and Southampton AC maintained its participation in a full range of National and Regional Leagues. The club has regrettably been unable to host any league or open competitions during 2023, because of the repeated vandalism of our portacabins, which has left us with no indoor space to administer such events. With the development of Southampton Sports Centre edging closer, we are very hopeful of securing some temporary accommodation from the project team ahead of our permanent club house being completed to be in a position to host track fixtures in 2024.<br><br>The overall membership levels have continued to grow along with the number of officials and volunteers supporting the club's athletes. The academy has continued to operate at capacity and as at the year-end 2023 there were 520 competing members.<br><br>(see membership report attached) |
| Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit | Para 1.18 | All the charity trustees are volunteers, and have regard to the public benefit guidance when carrying out their duties, whether in administration, safeguarding and in the provision and facilitation of athletic related activities for members |

**Additional information (optional)**

You may choose to include further statements where relevant about:

| | SORP reference | |
|---|---|---|
| Policy on grant making | Para 1.38 | |

| | | |
|---|---|---|
| Policy on social investment including program related investment | Para 1.38 | |
| Contribution made by volunteers | Para 1.38 | |
| Other | | |

## Achievements and Performance

| | SORP reference | |
|---|---|---|
| Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole. | Para 1.20 | SAC were committed to competing in the following leagues in 2022/23, and with the exception of one issue with coach transport arranged, all fixtures were attended.<br><br>• National Athletic League (NAL)<br>• Southern Athletic League<br>• Young Athletes Development League (YDL) Lower Age group<br>• Wessex Track & Field League<br>• Hampshire Cross Country League<br>• Wessex Cross Country League<br>• Cross Country 6 League<br>• Hampshire Road Race League<br>• RR10 League<br>• Hampshire Vets Track & Field League<br><br>The pressure on our volunteers continued, specifically officials, which was evident in the junior league fixtures, in particular when on occasions we struggled to fulfil our requirement. On a positive note, we are actively recruiting volunteers and are offering assistance with course fees, uniform and officiating equipment. Our aims for 2024, while the development will be progressing is to host 3 league fixtures this coming year and 2/3 Open meetings at Southampton, which are always well received.<br><br>We continue to remain optimistic that 2024/2025 will see the plans for the sports centre come to life with new stands and |

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| | | athletics club house and facilities. The Council's application for Levelling-up funding was approved in early 2023.<br><br>We have continued to invest in our Pole Vault academy with over £4,000 of new poles acquired and a new senior men's javelin has been purchased to help the growing group of senior throwers, using the Martin Hedges Fund. The club also offered individual £100 bursaries to two members to assist with specific training or competition goals during the season. Our sprint group benefitted from biomechanical support from Solent University over a four-month period, which was subsidised by a £900 grant. Having purchased an all-electronic start system and EDM measuring equipment last year, our intention remains to integrate a Photo Finish system when the track is able to have it installed. The EDM measuring equipment has been hired out to neighbouring Portsmouth AC on three occasions in the summer.<br><br>**Chair's Report**<br><br>I am honoured to have been club Chair for another year and we have had an interesting twelve months with a few low points, but many more highs and reasons to celebrate.<br>As we continue to grow and evolve, this year brought a major change to our club in the form of a new website and club branding. We asked 'Can you build us a website?' and we received a website, new club branding and some innovative ways of working that the committee will be exploring in the coming months with improved club governance and shared working. It is good to see the new logo starting to make an appearance at club training nights.<br>We had to say goodbye to three long standing loyal members of Southampton AC: Pete Wareing, Mary Axtell and Rod Lock.<br>Pete had been involved with SAC for over 40 years as a coach to the junior sprint group, official and sidekick to Tim Hall managing the UK Women's Athletics League team.<br>Less than a month later Rod Lock passed away. Rod was a dedicated coach and many of the club's senior endurance athletes having been coached by him |

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| | | during his 25 years with the club. He was made Vice President of the British Milers Club (BMC) and awarded a BMC Lifetime Services to Coaching Award in 2022.<br>We also said goodbye to SAC Club President, Mary Axtell, whose athletic career and SAC membership spanned almost 70 years, when at the age of 11, she was winning races and 'beating the boys'! Mary was involved and passionate about athletics and Southampton AC and she was determined that the Club should have the best possible facilities at Southampton. It is hoped that 2024 will bring solid news and the first spade in the ground for a modern spectator stand and club facilities.<br>In June the council approved plans for the sports centre development, and in November the contractors were formally appointed. We do not yet have firm details but we have been promised some temporary interim accommodation for 2024 which will enable us to hold some Track and Field fixtures at the Southampton track. The development should not impact on the track facilities and all updates will be posted on the club website.<br>This year we launched the Martin Hedges Sponsorship fund as a permanent reminder of the very generous donation left to the Club in 2020. Two successful beneficiaries of the fund are Tom Odell and Jack Higgins. Both used the funds to support competing in National championships, and both achieved new Personal Bests in 100m and 200m for Tom, and 400m for Jack. Applications for the 2024 fund will be taken in April. The Martin Hedges fund also supported a project in athlete testing in the senior sprint group, in collaboration with Solent University, on the impact of winter training on athletes against specific measures. A full report is on the club website.<br>Our Track and Field teams showed resilience and maintained their league positions in the senior leagues in both the Southern League (SAL) and National League (NAL). The Vets' team performed well with the men's team coming second to Basingstoke, and the ladies team only 8 points behind the winners Winchester, 558 points to 566.<br>In the junior leagues, SAC came bottom of the table for the LAG YDL, and with the league now moving to regional rounds, this |

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| | | provides the opportunity for SAC to build on their performance in 2024.<br>In the Wessex League SAC finished mid-table overall with the best performance from the U13 Boys team who finished in joint 4th place.<br>The winter season has started well for the junior athletes with a record number of athletes attending the first Sportshall, with over 40 athletes taking part and an equal number at the match on the 17th December.<br>The Cross Country leagues are also well attended and I'm looking forward to seeing similar numbers at the Hampshire Cross Country Championships on the 6th January.<br>Our seniors are having an equally impressive winter season with standout team performances at the Southern Road Relays and the Women's Vets team winning silver, the Men' Masters V40 and the V60+ coming in 4th.<br>Individual success was achieved with Alex Teuten in his marathon debut with a time of 2:19.22, taking the win and course record at Abingdon.<br><br>Congratulations to Zakariya Mahamed on winning the Great South Run 2023 in 46:41!<br><br>Many congratulations too to Mahamed Mahamed running 2:08.40 on his Marathon debut in Valencia in December, the second fastest British athlete in the country this year which places him 7th on the All Time British Rankings List, and a New Club Record, eclipsing Chris Bunyon's 2:10.55 at Boston in 1983<br>I would like to finish by thanking all the athletes, coaches, team managers, officials, committee and volunteers for their continued support, and hope that the next twelve months bring us success across the cross country, road running, Sportshall, Track and Field and the start of the very much needed improvements at the Sports Centre. |

**Additional information (optional)**

You may choose to include further statements where relevant about:

| | | |
|---|---|---|
| Achievements against objectives set | Para 1.41 | |

| | | |
|---|---|---|
| Performance of fundraising activities against objectives set | Para 1.41 | |
| Investment performance against objectives | Para 1.41 | |
| Athletic Performance & Achievement | | Athletic Achievement for the year to 30 September 2023 is detailed in a separate report (attached) |

## Financial Review

| | | |
|---|---|---|
| Review of the charity's financial position at the end of the period | Para 1.21 | After a year of relative normality, the main issue over the summer season has been the Club's inability to host fixtures due to the historic vandalism to our portacabins. Membership fees have increased by 16% from £46.4k to £53.8k, partially due to the increased number of members in the last financial year and also due to the rise in the annual fee from £100 to £120 with effect from April 2023. The Club has entered teams in all age-group competitions throughout the winter X-Country season and summer league fixtures that Southampton AC is affiliated to and we are hoping to host three home fixtures in 2024. Having increased the England Athletics individual athlete registration fee from £16 to £17 on the 1st April 2023, EA have proposed a further increase to £19 with effect from 1st April 2024. The Committee have proposed that this £2 increase per athlete be absorbed by the Club for the coming year.<br><br>The operating surplus for the financial year to the end of September 2023 was £6,407. The cost of hiring training venues has risen back to pre-covid levels at £20.1k and will continue to rise, with inflationary increases due on an annual basis, agreed within the SLA until December 2025, when the agreement is due for renewal. 5% was negotiated on 1st January 2023, with a lower amount anticipated for 2024. Further investment has been made into Club |

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| | | equipment with new and second-hand poles purchased for a discounted amount of £4,623, together with a senior men's javelin for £855 and academy training equipment as required. The Martin Hedges fund (donation received in 2021 amounting to £42.4k) has a current balance of 26.9k which is retained in reserves at the present time and is still intended to be used to improve Club resources in conjunction with the Sports Centre development and log-awaited provision of a club house facility. We are actively looking to purchase Photo-finish equipment costing £20K and improve the throws area.<br><br>An individual athlete support fund was trialled in 2023, and the two applications were approved to assist with specific athlete requests. The new Club website was unveiled towards the end of 2023, and has been received very well. A 50% interim payment of £3,600 has been made, with the balance made in December 2023. An ongoing maintenance payment is being negotiated to keep the site up to date.<br><br>We took the decision to arrange subsidised coach travel to 6 league fixtures this summer, which was well received by the senior league athletes, but much less so by our junior athletes. The Committee has therefore decided to support further coach travel this summer for certain NAL and SAL fixtures once the venues have been confirmed. Quotes will be assessed and coaches booked in advance as last year. The YDL has undergone a restructure recently, which should result in reduced travel for our younger athletes, but the position will be reviewed again at the end of the summer season, to determine if coach travel might be beneficial gong forwards. The Expenses policy has been finalised and distributed among the membership to encourage participation. On request, travel and accommodation subsidies were agreed for individual athletes competing in the English National Cross-Country Championships in March 2023.<br><br>We have not earned any income from Open meetings as already advised in 2023, but are looking to revisit this situation during 2024. We are continuing to liaise closely with Southampton Council to keep |

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| | | the Athletic Club needs at the forefront of the development agenda.<br><br>Richie Pearson retired as race director of the Netley 10k after a long association, for which the Committee extends its sincere thanks. Alice Burch took over the role for the road race in 2023, and generated net income of £4,606. The Committee fully appreciates Alice's hard work in arranging the race, however due to the lack of support from Club members in providing assistance on the day, we have reluctantly decided to give up the tenure to arrange the Netley 10k in the future. Southampton competition kit is being sold by Alexandra Sports however there remains outstanding stock of £2,713 which is still owned by the Club. £1,165 worth of this clothing was sold by Alexandra Sports online in 2023 and will be invoiced shortly. This decision was taken for practical reasons, mainly because of the time taken to administer the process and the loss of our storage facility, and we make a decision after this summer relating to the remaining stock, of the old design. In addition to the more recently designed vests and crop tops being sold directly to members by Alexandra Sports going forwards, personalised tee-shirts and hoodies are also available to be purchased by club members from 'Just a Little Bit' who provide polo shirts to Club volunteers, who are vital to the operation of Club activities. This year these were purchased by the club at a cost of £238.<br><br>Bank charges have again increased to £1,634 as the collection fees for our subscriptions from London & Zurich, have risen slightly due to the increased membership. Going forwards these costs will be deducted at source from the membership fees, so the accounts will reflect the net income. The percentage remains unchanged.<br><br>In pre-pandemic years it would normally be the committee's policy to allocate approximately 30% of the operating surplus arising that year to the forward funding reserve, however the small operating surpluses in the last two financial years have been retained in liquid funds to ensure that winter training venue and competition liabilities can be met during the |

| | | |
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| | | season, as normal athletic activities have gradually resumed.<br><br>We will continue to monitor activities and undertake financial reviews where necessary to help to determine the level of reserve funds required. At present, deposit monies are being specifically retained for investment in the proposed new club house and to improve facilities, and to use updated technology such as photo finish, once the Sports Centre development has been completed, although with costs currently rising, we are comfortable using a proportion of these funds to support league and training activities as required. |
| Statement explaining the policy for holding reserves stating why they are held | Para 1.22 | The purpose of the reserve headings are as detailed below:<br><br>General Reserves - At the discretion of the management committee these reserves are available to use in the future on capital projects or to fund the ongoing activities of the club as required;<br><br>Forward Funding Reserve - This reserve is set aside to meet any major or capital expenditure of the club that may be incurred in future periods. This expenditure is of a non recurrent or cyclical nature and is not intended to be used to cover the ongoing daily activities of the club. |
| Amount of reserves held | Para 1.22 | Fixed term deposits - unrestricted £72,746.64<br><br>Cash at bank at 30/09/2023 - unrestricted £122,061.79 (including donation of £42,436.40 from the Estate of the Late Martin Hedges)<br>restricted £1,005 from donations<br><br>I have recently reviewed the interest income received from term deposits. |
| Reasons for holding zero reserves | Para 1.22 | Not applicable |
| Details of fund materially in deficit | Para 1.24 | Not applicable |
| Explanation of any uncertainties about the charity continuing as a going concern | Para 1.23 | Not applicable |

**Additional information (optional)**
You may choose to include further statements where relevant about:

| | | |
|---|---|---|
| The charity's principal sources of funds (including any fundraising) | Para 1.47 | |
| Investment policy and objectives including any social investment policy adopted | Para 1.46 | |
| A description of the principal risks facing the charity | Para 1.46 | |
| Other | | |

## Structure, Governance and Management

| | | |
|---|---|---|
| Description of charity's trusts: | | |
| Type of governing document (trust deed, royal charter) | Para 1.25 | CONSTITUTION |
| How is the charity constituted? (e.g unincorporated association, CIO) | Para 1.25 | CHARITABLE INCORPORATED ORGANISATION |
| Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | Trustees are elected at the AGM.<br><br>In 2021, the Chair advised the AGM on changes to the interpretation of the Constitution which was set up in 2014 with two governing bodies; a Board of Trustees which granted delegated authority to the Committee. Advice received from England Athletics suggested that this structure placed the Board of Trustees in a potentially difficult situation from a governance perspective which has resulted in the move to one governing body. All existing Trustees were made aware of this change and given the option to join the committee. The second procedural change concerned the election of Committee members. Hitherto the whole Committee stood down at the AGM and put themselves forward for re-election if they so wished. |

| | | |
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| | | With the growth of the junior section of our club (The Academy), Under 15s represent a large proportion of our members. However, under the current club bye-laws, U15s are not eligible to vote at the club's AGM in 2022. A proposal, which was approved at the AGM recommended a change to the bye-laws to allow a parent/guardian to have a proxy vote for an U15 member.<br><br>In addition, at this year's AGM the longest serving one third of the Committee membership stood down and subsequently were re-elected. SAC's continuing intention is to review governance and club policies as part of the 10 Year Strategy. This is also a precondition set by England Athletics for their affiliation renewal process. |

**Additional information (optional)**
You may choose to include further statements where relevant about:

| | | |
|---|---|---|
| Policies and procedures adopted for the induction and training of trustees | Para 1.51 | |
| The charity's organisational structure and any wider network with which the charity works | Para 1.51 | |
| Relationship with any related parties | Para 1.51 | |
| Other | | |

## Reference and Administrative details

| | |
|---|---|
| Charity name | Southampton Athletic Club CIO |
| Other name the charity uses | |
| Registered charity number | 1158398 |
| Charity's principal address | 43 Moorgreen Road<br>West End<br>Southampton<br>SO30 3EB |

**Names of the charity trustees who manage the charity**

| | Trustee name | Office (if any) | Dates acted if not for whole year | | Name of person (or body) entitled to appoint trustee (if any) |
|---|---|---|---|---|---|
| 1 | Mary Axtell | Club President | Until April 2023 | | |
| 2 | Tim Hall | Vice-Chair | | | |
| 3 | Richard Pearson | | | | |
| 4 | Tracey Jones | Chair | | | |
| 5 | Deborah Callaway | Treasurer | | | |
| 6 | Derek Warn | | | | |
| 7 | Diane Reavey | Secretary | | | |
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Corporate trustees – names of the directors at the date the report was approved

| Director name | | |
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Name of trustees holding title to property belonging to the charity

| Trustee name | Dates acted if not for whole year | |
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## Funds held as custodian trustees on behalf of others

| | |
|---|---|
| Description of the assets held in this capacity | |
| Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects | |
| Details of arrangements for safe custody and segregation of such assets from the charity's own assets | |

**Additional information (optional)**

**Names and addresses of advisers (Optional information)**

| | Type of adviser | Name | Address |
|---|---|---|---|
| | | | |
| | | | |
| | | | |
| | | | |
| | **Name of chief executive or names of senior staff members (Optional information)** | | |
| | | | |

## Exemptions from disclosure

Reason for non-disclosure of key personnel details

## Other optional information

## Declarations

**The trustees declare that they have approved the trustees' report above.**

**Signed on behalf of the charity's trustees**

| | | |
|---|---|---|
| **Signature(s)** | | |
| **Full name(s)** | Tracey Jones | Deborah Callaway |
| **Position (eg Secretary, Chair, etc)** | Chair | Treasurer |
| **Date** | 10/07/2024 | |

**SOUTHAMPTON ATHLETIC CLUB CIO**

England & Wales - Charity number 1158398

# Accounts

CHARITY COMMISSION FOR ENGLAND AND WALES

# Independent examiner's report on the accounts

## Section A Independent Examiner's Report

| | | | |
|---|---|---|---|
| **Report to the trustees/ members of** | Charity Name<br>Southampton Athletic Club CIO | | |
| **On accounts for the year ended** | 30th September 2022 | **Charity no (if any)** | 1158398 |
| **Set out on pages** | 3 to 18<br>(Insert page numbers of accounts covered by this report) | | |

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 28th September 2020.

**Responsibilities and basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

| | | | |
|---|---|---|---|
| **Signed:** | | **Date:** | 08/06/2023 |
| **Name:** | Julian Brooke FCCA – H&E Accountants | | |
| **Relevant professional qualification(s) or body (if any):** | Association of Chartered Certified Accountants | | |
| **Address:** | 4 Chepstow Close<br>Chandlers Ford, Eastleigh<br>SO53 4SA | | |

| Section B | Disclosure |
| --- | --- |
| | Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners). |
| **Give here brief details of any items that the examiner wishes to disclose.** | No items to disclose. |

CHARITY COMMISSION FOR ENGLAND AND WALES

| Southampton Athletic Club CIO | 1158398 |
|---|---|

# Receipts and payments accounts

**CC16a**

| For the period from | 01/10/2021 | To | 30/09/2022 |
|---|---|---|---|

## Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last year to the nearest £ |
|---|---|---|---|---|---|
| **A1 Receipts** | | | | | |
| Membership Fees (net of refunds) | 46,491 | - | - | 46,491 | 37,435 |
| Charitable and Corporate Donations | 136 | - | - | 136 | 42,580 |
| Club Race - Netley 10k road race | 4,524 | - | - | 4,524 | 810 |
| Income from hosting track meetings | 2,896 | - | - | 2,896 | 3,495 |
| Sale of refreshments | 1,766 | - | - | 1,766 | 1,531 |
| Sale of merchandise | 2,650 | - | - | 2,650 | 1,148 |
| Hosting events | 1,120 | - | - | 1,120 | 925 |
| Members contribution to travel | - | - | - | - | - |
| Interest received on deposits | 29 | - | - | 29 | - |
| Council Grant | 4,491 | | | 4,491 | |
| Other income | 467 | - | - | 467 | - |
| ***Sub total** (Gross income for AR)* | 64,570 | - | - | 64,570 | 87,924 |
| **A2 Asset and investment sales, (see table).** | | | | | |
| | - | - | - | - | - |
| | - | - | - | - | - |
| ***Sub total*** | - | - | - | - | - |
| ***Total receipts*** | 64,570 | - | - | 64,570 | 87,924 |
| **A3 Payments** | | | | | |
| Club race - Netley 10k road race | 5,518 | - | - | 5,518 | - |
| Expenses of hosting track events | 3,359 | - | - | 3,359 | 4,460 |
| Purchase of refreshments | 853 | - | - | 853 | - |
| Merchandise costs | 537 | - | - | 537 | 2,606 |
| Professional fees | 600 | - | - | 600 | 639 |
| Cost of hiring training venues | 16,786 | - | - | 16,786 | 13,103 |
| Registration with England Athletics | 7,540 | - | - | 7,540 | 6,750 |
| Travel and Accommodation | 1,480 | - | - | 1,480 | 188 |
| Entry fees to races and leagues | 1,819 | - | - | 1,819 | 100 |
| Coaching and Officials courses | 743 | - | - | 743 | 1,161 |
| Coaching Stipends - Academy | 150 | - | - | 150 | 601 |
| Affiliation fees | 2,588 | - | - | 2,588 | 1,612 |
| Trophies engravings and prizes | 614 | - | - | 614 | - |
| Social events (net of contributions) | 2,354 | - | - | 2,354 | - |
| Cabin equipping and repair costs | 734 | - | - | 734 | 7,506 |
| Other expenditure (inc bank and DD | 1,852 | - | - | 1,852 | 1,807 |
| ***Sub total*** | 47,527 | - | - | 47,527 | 40,533 |
| **A4 Asset and investment purchases, (see table)** | | | | | |
| **Purchase of Equipment** | 10,838 | - | - | 10,838 | 3,047 |
| | - | - | - | - | - |
| ***Sub total*** | 10,838 | - | - | 10,838 | 3,047 |
| ***Total payments*** | 58,365 | - | - | 58,365 | 43,580 |
| ***Net of receipts/(payments)*** | 6,205 | - | - | 6,205 | 44,344 |
| **A5 Transfers between funds** | - | - | - | - | - |
| **A6 Cash funds last year end** | - | - | - | - | - |
| ***Cash funds this year end*** | 6,205 | - | - | 6,205 | 44,344 |

## Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---|---|---|---|---|
| **B1 Cash funds** | Fixed term deposits | 71,918 | - | - |
| | Cash at bank | 113,608 | 1,005 | - |
| | Cash in hand | - | - | - |
| | ***Total cash funds*** (agree balances with receipts and payments account(s)) | 185,526 | 1,005 | - |

| | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---|---|---|---|---|
| **B2 Other monetary assets** | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |

| | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|---|---|---|---|
| **B3 Investment assets** | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|---|---|---|---|
| **B4 Assets retained for the charity's own use** | Equipment | unrestricted | - | 10,838 |
| | Merchandise | unrestricted | - | 3,877 |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|---|---|---|---|---|
| **B5 Liabilities** | | | - | |
| | | | - | |
| | | | - | |
| | | | - | |
| | | | - | |

| Signed by one or two trustees on behalf of all the trustees | Signature | Print Name | Date of approval |
|---|---|---|---|
| | | Tracey Jones | |
| | | Deborah Callaway | |

CHARITY COMMISSION
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

**From** **01/10/2021** **Period start date** **To** **30/09/2022** **Period end date**

**Charity name: Southampton Athletic Club CIO**

**Charity registration number: 1158398**

## Objectives and Activities

| | SORP reference | |
|---|---|---|
| Summary of the purposes of the charity as set out in its governing document | Para 1.17 | The objectives of the club are established in the constitution which was approved by the trustees on August 28th 2014. The object of the club is the promotion of community participation in healthy recreation for the benefit of the inhabitants of Southampton and the surrounding area by the provision of facilities for athletics and athletic related activities. In setting our objective and planning our activities the trustees have given careful consideration to the Charity Commission's general guidance on public benefit |
| Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts. | Para 1.17 and 1.19 | The club is managed by a Management Committee which meets regularly throughout the year. For the year ending 30 September 2022 the Committee held seven full meetings which included the 2021 AGM.<br><br>Serving Committee members through the year were:<br>Tracey Jones<br>Mary Axtell<br>Diane Reavey<br>Debbie Callaway<br>David Blackman<br>Elizabeth Pugh<br>Zoe Bond<br>Richie Pearson<br>Nicci Blandford (was Bollinger)<br>Jon Tilt<br>Michael Coker<br>Alice Burch<br>Matt Coffey<br>Derek Warn<br>Michelle Dorrington<br>Emily Fry |

| | | |
|---|---|---|
| | | Becky Mulley<br><br>The club has an open member's policy and membership of the club is open to anyone who is eligible to join an athletic club under the rules of England Athletics. The club charges a membership fee which the committee considers to be at an affordable level, while providing excellent value for money for track and/or indoor facility users.<br><br>The 2021/2022 season has seen the completion of a near normal athletics calendar across winter 2021/22 and summer 2022 and Southampton AC has had much to celebrate over the last twelve months.<br><br>The highlight of the winter season came with the senior mens cross country team. Southampton showed that they are capable of competing and winning against the best in England with the Senior Mens team winning the Southern Cross Country Cup in January 2022 and a Month later winning the English Cross Country Cup. The Winning team with both the Southern and the English Cross Country Cups. Mahamed Mahamed, Zakariya Mahamed, Alexander Teuten, Peter Hart, Jacob O'Hara and Rikki James.<br><br>The overall membership levels have continued to grow along with the number of officials and volunteers supporting the club's athletes. The academy has doubled in size since December 2020 and there are currently 93 young athletes on the waiting list for the academy. As at 31st October 2022 there were 518 competing members. |
| Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit | Para 1.18 | All the charity trustees are volunteers, and have regard to the public benefit guidance when carrying out their duties, whether in administration, safeguarding and in the provision and facilitation of athletic related activities for members |

**Additional information (optional)**

You may choose to include further statements where relevant about:

| | SORP reference | |
|---|---|---|
| Policy on grant making | Para 1.38 | |
| | | |

| | | |
|---|---|---|
| Policy on social investment including program related investment | Para 1.38 | |
| Contribution made by volunteers | Para 1.38 | |
| Other | | |

## Achievements and Performance

| | SORP reference | |
|---|---|---|
| Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole. | Para 1.20 | SAC were committed to competing in the following leagues in 2021/22. There were still occasional issues with scheduled matches being cancelled, but generally athletes were travelling regularly to competitions again following Covid.<br><br>• National Athletic League (NAL)<br>• Southern Athletic League<br>• Young Athletes Development League (YDL) Lower Age group<br>• Wessex Track & Field League<br>• Hampshire Cross Country League<br>• Wessex Cross Country League<br>• Cross Country 6 League<br>• Hampshire Road Race League<br>• RR10 League<br>• Hampshire Vets Track & Field League<br><br>The pressure on our volunteers continued, specifically officials, which was evident in the league fixtures when on occasions we were again unable to fulfil our requirement. On a positive note, we did host 3 junior league fixtures this year and one senior one, and we were again able to hold Opens at Southampton, which are always well received.<br><br>Early in 2022 England Athletics awarded the Coach of the Year to Jon Tilt for his dedication to coaching and building a welcoming and inclusive group, he attended the Hall of Fame and Awards evening in October.<br><br>The Commonwealth Games Queens Baton Relay came to Southampton in the summer and out of the ten baton bearers, two were from SAC, Rob Shenton and Tony Fern. Rob is a member of Jon Tilt's training group |

| | | |
|---|---|---|
| | | and also a Mental Health Champion and one of the founders of our #RunAndTalk programme. Tony is part of the Fabric of SAC and in February he was awarded Life membership for service to SAC, together with Michael Coker, Richie Pearson and Jon Tilt.<br><br>Over the last 12 months the Sports Centre has been the target for repeated vandalism which has now left our three cabins virtually unusable. This however, did not dampen our resolve to continue and the club members came together to personally store valuable equipment and assist in moving the remainder to a more secure location near the track. We are hoping that 2023 will bring good news and we will see the plans for the sports centre come to life with new stands and athletics club house and facilities. The Council's application for Levelling-up funding was approved in early 2023.<br><br>We have invested a portion of the Martin Hedges fund in supporting the Pole Vault Academy, the highlight of which was Lexi Trott being picked for English Schools in the summer, quite an achievement for a first year U15 athlete. We also purchased an all-electronic start system which will integrate seamlessly with a Photo Finish system when the track is able to have it installed, and usage of EDM measuring equipment has been implemented throughout the summer.<br><br>Our senior team in the National Athletic League (NAL) were not able to hold onto their place in the Premier division and were relegated to the Championship league. Our other senior team, in the Southern Athletics League (SAL) also faced relegation with the team finishing in the relegation zone but with another club withdrawing from that league we have kept our place in Division 1. While this may not be the best result for SAC the prospects for the future are promising with a new wave of junior athletes ready to take their place in the senior teams and over a dozen senior records broken this season. I would like to finish by thanking all the athletes, coaches, team managers, officials, committee and volunteers for their continued support and hope that the next twelve months bring us success across the cross country, road running, sportshall, Track and Field and the start of the long-awaited and very much |

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|---|---|---|
| | | needed improvements at the Sports Centre.<br><br>In December 2021 we launched our 10 Year strategy. This has been worked on over the last few years, initiated by the member survey by England Athletics in 2019. This strategy will give direction as to how the club develops, and will inform any long term decisions. The aim is to involve our members in the future direction of the club, with focus groups and projects to mark the way forward in achieving our objectives.<br><br>Our twice postponed Netley 10K event finally took place in May 2022. The event was well supported and a success due to the substantial efforts of Richie Pearson. |

**Additional information (optional)**

You may choose to include further statements where relevant about:

| | | |
|---|---|---|
| Achievements against objectives set | Para 1.41 | |
| Performance of fundraising activities against objectives set | Para 1.41 | |
| Investment performance against objectives | Para 1.41 | |
| Athletic Performance & Achievement | | Athletic Achievement for the year to 30 September 2022 is detailed in a separate report (attached) |

## Financial Review

| | | |
|---|---|---|
| Review of the charity's financial position at the end of the period | Para 1.21 | After the previous two years of restrictions on athletics competition and training, the summer season of 2022 has at last adopted a feeling of normality. Membership fees of £46.4k have increased 24% in this financial year and have recovered to the pre-pandemic level of 2019, which is very encouraging. Although there have been occasional cancellations, the Club has entered teams in all age-group competitions throughout the winter X-Country season and summer league fixtures that Southampton AC is affiliated to. We agreed to host two lower age Youth Development League and one Wessex League fixture to ensure that our athletes were able to take part in as many club competitions as possible. The Club continues to suffer from the delay to the Sports Centre development, although we have welcomed some cleaning and track repairs which have improved the facility in the short term.<br><br>The operating surplus for the financial year to the end of September 2022 was £6,205. The cost of hiring training venues at £16.8k is still low (in comparison to £22.6k two years ago) because of the effect of further Covid closures during the winter months and the closure of the track for 6 weeks in the summer to enable the repairs to be carried out. We are fully expecting facility costs to increase back to pre-Covid levels and have extended this provision further to include the thriving pole vault group. Further investment has been made into Club equipment with new and second-hand poles purchased for £1k, together with an EDM measuring device for £2.8k, Electronic Starting system for £4.5k and additional Academy training equipment purchased. The Martin Hedges fund (donation received last year amounting to £42.4k) has been mostly retained in reserves at the present time and is intended to be used to improve Club resources in conjunction with the Sports Centre development and log-awaited provision of a club house facility. We are actively looking to purchase Photo-finish equipment costing £20K and improve the throws area and website as well as setting up an individual athlete support fund to assist with specific requests.<br>We took the decision not to arrange coach travel to league fixtures this summer, because of the escalating level of the |

| | | |
|---|---|---|
| | | **quotes obtained at the height of the fuel** price uncertainty between March and June 2022. The Committee have decided that we will look to provide coach travel as an option to support our league teams in 2023, where appropriate and will seek early costings in this respect as soon as all the fixtures are posted. We were expecting higher travel claims than the amount of £1.5k, and the Committee has acknowledged that the policy needed to be more widely publicised. The Expenses policy has therefore been re-written and once the provision of coach travel has been agreed, a further decision will be made to decide mileage rate, or whether to set a fixed travel sum per fixture. We are keen to help our members more to encourage participation.<br><br>Regrettably, it is very unlikely that the Club will be in a position to host any fixtures in 2023, either League or Open competitions as a direct result of the repeated targeted vandalism to the Club's portacabins. This began following the refurbishment and repairs undertaken earlier this year, and despite our ongoing attempts to secure them, the cabins have been destroyed. This will of course be damaging both due to loss of income and competitive opportunities for our members and is extremely disappointing. The limited open meeting programme that was possible in 2022 earned net income of £1.2k and this had been planned to be extended in 2023, before the issues arising with the cabins. We are continuing to liaise closely with Southampton Council to keep the Athletic Club needs at the forefront of the development agenda.<br><br>The Club's agreement with main facility provider, Active Nation expired on 31/12/2020. We met and agreed and signed a new 5-year contract with no increase to basic cost in early 2022, also adding a training option on Wednesday evenings after the academy sessions.<br><br>The Netley 10k road race deferred from 2020 was finally completed, with costs in this financial year-to date of £5.5k. Additional income of £4.3k was earned from this year's race and a full analysis of the ongoing breakeven point is being carried out ahead of arranging the race in 2023. Southampton competition kit will be sold by Alexandra Sports in the future. This decision was taken for practical reasons, |

| | | |
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| | | mainly because of the time taken to administer the process and the loss of our storage facility. Our remaining supply of kit valued at £3,877 will be sold online, with the net proceeds to be returned to the Club. Newly designed vests and crop tops will be sold directly to members going forwards at the slightly increased prices of £18 & £20. To continue to help attract more helpers, who are vital to the operation of Club activities, polo shirts were provided to coaches, officials and team managers this year at a cost of £537.<br><br>Bank charges have again increased to £1.5k as the collection fees for our subscriptions from London & Zurich, have risen slightly. Last year England Athletics increased their fee for individual athletes to £16, and they have advised that this will rise again to £17 from April 2023. The club have absorbed these increases since the pandemic and membership fees will be reviewed for next season. In pre-pandemic years it would normally be the committee's policy to allocate approximately 30% of the operating surplus arising that year to the forward funding reserve, however the small operating surpluses in the last two financial years have been retained in liquid funds to ensure that winter training venue and competition liabilities can be met during the season, as normal athletic activities have gradually resumed.<br><br>We will continue to monitor activities and undertake financial reviews where necessary to help to determine the level of reserve funds required. At present, deposit monies are being specifically retained for investment in the proposed new club house and to improve facilities, and to use updated technology such as photo finish, once the Sports Centre development has been completed, although with costs currently rising, we are comfortable using a proportion of these funds to support league and training activities as required. |
| Statement explaining the policy for holding reserves stating why they are held | Para 1.22 | The purpose of the reserve headings are as detailed below:<br><br>General Reserves - At the discretion of the management committee these reserves are available to use in the future on capital |

| | | |
|---|---|---|
| | | projects or to fund the ongoing activities of the club as required;<br><br>Forward Funding Reserve - This reserve is set aside to meet any major or capital expenditure of the club that may be incurred in future periods. This expenditure is of a non recurrent or cyclical nature and is not intended to be used to cover the ongoing daily activities of the club. |
| Amount of reserves held | Para 1.22 | Fixed term deposits - unrestricted £71,918<br><br>Cash at bank at 30/09/2022 - unrestricted £113,608 (including donation of £42436.40 from the Estate of the Late Martin Hedges) restricted £1,005 from donations<br><br>I am currently reviewing the interest income received to ensure that optimum rates are applied. |
| Reasons for holding zero reserves | Para 1.22 | Not applicable |
| Details of fund materially in deficit | Para 1.24 | Not applicable |
| Explanation of any uncertainties about the charity continuing as a going concern | Para 1.23 | Not applicable |

**Additional information (optional)**

You may choose to include further statements where relevant about:

| | | |
|---|---|---|
| The charity's principal sources of funds (including any fundraising) | Para 1.47 | |
| Investment policy and objectives including any social investment policy adopted | Para 1.46 | |
| A description of the principal risks facing the charity | Para 1.46 | |
| Other | | |

## Structure, Governance and Management

| | | |
|---|---|---|
| Description of charity's trusts: | | |
| Type of governing document (trust deed, royal charter) | Para 1.25 | CONSTITUTION |
| How is the charity constituted? (e.g unincorporated association, CIO) | Para 1.25 | CHARITABLE INCORPORATED ORGANISATION |
| Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | Trustees are elected at the AGM.<br><br>In 2021, the Chair advised the AGM on changes to the interpretation of the Constitution which was set up in 2014 with two governing bodies; a Board of Trustees which granted delegated authority to the Committee. Advice received from England Athletics suggested that this structure placed the Board of Trustees in a potentially difficult situation from a governance perspective which has resulted in the move to one governing body. All existing Trustees were made aware of this change and given the option to join the committee. The second procedural change concerned the election of Committee members. Hitherto the whole Committee stood down at the AGM and put themselves forward for re-election if they so wished.<br><br>With the growth of the junior section of our club (The Academy), Under 15s represent a large proportion of our members. However, under the current club bye-laws, U15s are not eligible to vote at the club's AGM. A proposal, which was approved at the AGM recommended a change to the bye-laws to allow a parent/guardian to have a proxy vote for an U15 member.<br><br>In addition, at this year's AGM the longest serving one third of the Committee membership stood down and subsequently were re-elected. SAC's continuing intention is to review governance and club policies as part of the 10 Year Strategy. This is also a precondition set by England Athletics for their affiliation renewal process. |

**Additional information (optional)**
You may choose to include further statements where relevant about:

| | | |
|---|---|---|
| Policies and procedures adopted for the induction and training of trustees | Para 1.51 | |

| | | |
|---|---|---|
| The charity's organisational structure and any wider network with which the charity works | Para 1.51 | |
| Relationship with any related parties | Para 1.51 | |
| Other | | |

## Reference and Administrative details

| | |
|---|---|
| Charity name | Southampton Athletic Club CIO |
| Other name the charity uses | |
| Registered charity number | 1158398 |
| Charity's principal address | 43 Moorgreen Road<br>West End<br>Southampton<br>SO30 3EB |
| | |

**Names of the charity trustees who manage the charity**

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|---|---|---|---|---|
| 1 | Mary Axtell | Club President | | |
| 2 | Tim Hall | Vice-Chair | | |
| 3 | Richard Pearson | | | |
| 4 | Tracey Jones | Chair | | |
| 5 | Deborah Callaway | Treasurer | | |
| 6 | Derek Warn | | | |
| 7 | Diane Reavey | Secretary | | |
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Corporate trustees – names of the directors at the date the report was approved

| Director name | | |
|---|---|---|
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |

Name of trustees holding title to property belonging to the charity

| Trustee name | Dates acted if not for whole year | |
|---|---|---|
| | | |
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## Funds held as custodian trustees on behalf of others

| | |
|---|---|
| Description of the assets held in this capacity | |
| Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects | |
| Details of arrangements for safe custody and segregation of such assets from the charity's own assets | |

**Additional information (optional)**

**Names and addresses of advisers (Optional information)**

| | Type of adviser | Name | Address |
|---|---|---|---|
| | | | |
| | | | |
| | | | |
| | | | |
| | **Name of chief executive or names of senior staff members (Optional information)** | | |
| | | | |

## Exemptions from disclosure

Reason for non-disclosure of key personnel details

## Other optional information

## Declarations

**The trustees declare that they have approved the trustees' report above.**

**Signed on behalf of the charity's trustees**

| | | |
|---|---|---|
| **Signature(s)** | | |
| **Full name(s)** | Tracey Jones | Deborah Callaway |
| **Position (eg Secretary, Chair, etc)** | Chair | Treasurer |
| **Date** | 30/04/2023 | |

**SOUTHAMPTON ATHLETIC CLUB CIO**

England & Wales - Charity number 1158398

# Accounts

CHARITY COMMISSION
FOR ENGLAND AND WALES

# Independent examiner's report on the accounts

## Section A Independent Examiner's Report

| | | | |
|---|---|---|---|
| **Report to the trustees/ members of** | Southampton Athletic Club CIO | | |
| **On accounts for the year ended** | 30th September 2021 | **Charity no (if any)** | 1158398 |
| **Set out on pages** | 3 to 17 (remember to include the page numbers of additional sheets) | | |

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 28th September 2020.

**Responsibilities and basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

| | | | |
|---|---|---|---|
| **Signed:** | | **Date:** | 07/07/2022 |
| **Name:** | Julian Brooke FCCA – H&E Accountants | | |
| **Relevant professional qualification(s) or body (if any):** | Association of Chartered Certified Accountants | | |
| **Address:** | 4 Chepstow Close<br>Chandlers Ford, Eastleigh<br>SO53 4SA | | |

| Section B | Disclosure |
| --- | --- |
| | Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners). |
| **Give here brief details of any items that the examiner wishes to disclose.** | No items to disclose. |

CHARITY COMMISSION FOR ENGLAND AND WALES

| Southampton Athletic Club CIO | 1158398 |
|---|---|

# Receipts and payments accounts

CC16a

| For the period from | 01/10/2020 | To | 30/09/2021 |
|---|---|---|---|

## Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last year to the nearest £ |
|---|---|---|---|---|---|
| **A1 Receipts** | | | | | |
| Membership Fees (net of refunds) | 37,435 | - | - | 37,435 | 25,116 |
| Charitable and Corporate Donations | 42,580 | - | - | 42,580 | 954 |
| Club Race - Netley 10k road race | 810 | - | - | 810 | 7,868 |
| Income from hosting track meetings | 3,495 | - | - | 3,495 | 1,839 |
| Sale of refreshments | 1,531 | - | - | 1,531 | 950 |
| Sale of merchandise | 1,148 | - | - | 1,148 | 527 |
| Hosting events | 925 | - | - | 925 | - |
| Members contribution to travel | - | - | - | - | - |
| Interest received on deposits | - | - | - | - | - |
| Other income | - | - | - | - | 167 |
| ***Sub total** (Gross income for AR)* | 87,924 | - | - | 87,924 | 37,421 |
| **A2 Asset and investment sales, (see table).** | | | | | |
| | - | - | - | - | |
| | - | - | - | - | - |
| ***Sub total*** | - | - | - | - | - |
| ***Total receipts*** | 87,924 | - | - | 87,924 | 37,421 |
| **A3 Payments** | | | | | |
| Club race - Netley 10k road race | - | - | - | - | 854 |
| Expenses of hosting track events | 4,460 | - | - | 4,460 | 81 |
| Purchase of refreshments | - | - | - | - | - |
| Merchandise costs | 2,606 | - | - | 2,606 | - |
| Professional fees | 639 | - | - | 639 | 639 |
| Cost of hiring training venues | 13,103 | - | - | 13,103 | 9,114 |
| Registration with England Athletics | 6,750 | - | - | 6,750 | 5,130 |
| Travel and Accommodation | 188 | - | - | 188 | 358 |
| Entry fees to races and leagues | 100 | - | - | 100 | 1,058 |
| Coaching and Officials courses | 1,161 | - | - | 1,161 | 1,372 |
| Coaching Stipends - Academy | 601 | - | - | 601 | - |
| Affiliation fees | 1,612 | - | - | 1,612 | 2,595 |
| Trophies engravings and prizes | - | - | - | - | - |
| Social events (net of contributions) | - | - | - | - | - |
| Cabin equipping and repair costs | 7,506 | - | - | 7,506 | - |
| Other expenditure (inc bank and DD | 1,807 | - | - | 1,807 | 1,272 |
| ***Sub total*** | 40,533 | - | - | 40,533 | 22,473 |
| **A4 Asset and investment purchases, (see table)** | | | | | |
| Purchase of Equipment | 3,047 | - | - | 3,047 | 1,432 |
| | - | - | - | - | - |
| ***Sub total*** | 3,047 | - | - | 3,047 | 1,432 |
| ***Total payments*** | 43,580 | - | - | 43,580 | 23,905 |
| ***Net of receipts/(payments)*** | 44,344 | - | - | 44,344 | 13,516 |
| **A5 Transfers between funds** | - | - | - | - | - |
| **A6 Cash funds last year end** | - | - | - | - | - |
| ***Cash funds this year end*** | 44,344 | - | - | 44,344 | 13,516 |

## Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---|---|---|---|---|
| **B1 Cash funds** | Fixed term deposits | 71,918 | - | - |
| | Cash at bank | 107,403 | 1,005 | - |
| | Cash in hand | - | - | - |
| | ***Total cash funds*** | 179,321 | 1,005 | - |
| | (agree balances with receipts and payments account(s)) | Agreement Error | Agreement Error | OK |

| | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---|---|---|---|---|
| **B2 Other monetary assets** | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |

| | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|---|---|---|---|
| **B3 Investment assets** | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|---|---|---|---|
| **B4 Assets retained for the charity's own use** | Equipment | unrestricted | - | 3,323 |
| | Merchandise | unrestricted | - | 5,819 |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|---|---|---|---|---|
| **B5 Liabilities** | | | - | |
| | | | - | |
| | | | - | |
| | | | - | |
| | | | - | |

| Signed by one or two trustees on behalf of all the trustees | Signature | Print Name | Date of approval |
|---|---|---|---|
| | | Tracey Jones | 30/04/2022 |
| | | Deborah Callaway | 30/04/2022 |

CHARITY COMMISSION
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

**From** **01/10/2020** **Period start date** **To** **30/09/2021** **Period end date**

**Charity name: Southampton Athletic Club CIO**

**Charity registration number: 1158398**

## Objectives and Activities

| | SORP reference | |
|---|---|---|
| Summary of the purposes of the charity as set out in its governing document | Para 1.17 | The objectives of the club are established in the constitution which was approved by the trustees on August 28th 2014. The object of the club is the promotion of community participation in healthy recreation for the benefit of the inhabitants of Southampton and the surrounding area by the provision of facilities for athletics and athletic related activities. In setting our objective and planning our activities the trustees have given careful consideration to the Charity Commission's general guidance on public benefit |
| Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts. | Para 1.17 and 1.19 | The club is managed by a Management Committee which meets regularly throughout the year. For the year ending 30 September 2021 the Committee held nine full meetings which included the 2020 AGM.<br><br>Serving Committee members through the year were:<br>Tracey Jones<br>Mary Axtell<br>Diane Reavey<br>Debbie Callaway<br>David Blackman<br>Elizabeth Pugh<br>Zoe Bond<br>Nicci Bollinger<br>Jon Tilt<br>Michael Coker<br>Alice Burch<br>Richie Pearson |

| | | |
|---|---|---|
| | | The club has an open member's policy and membership of the club is open to anyone who is eligible to join an athletic club under the rules of England Athletics. The club charges a membership fee and the committee strives to keep these fees at an affordable level.<br><br>In 2020/21 SAC was still responding to the ever changing situation regarding COVID-19 with much of the early winter training and competitions cancelled or severely restricted. The Track and Field season had a delayed and compacted season and most leagues managed to hold at least two fixtures with competitions organised locally to minimise travel.<br><br>The CC6 fixtures started with a series of Virtual races and congratulations to those that took part. Sadly the Academy, and many other training groups, faced difficult training conditions and the much-loved Sportshall events were cancelled.<br><br>The overall membership levels have remained good with just under 400 competing members. |
| Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit | Para 1.18 | All the charity trustees are volunteers, and have regard to the public benefit guidance when carrying out their duties, whether in administration, safeguarding and in the provision and facilitation of athletic related activities for members |

**Additional information (optional)**

You may choose to include further statements where relevant about:

| | SORP reference | |
|---|---|---|
| Policy on grant making | Para 1.38 | |
| Policy on social investment including program related investment | Para 1.38 | |
| Contribution made by volunteers | Para 1.38 | |
| Other | | |

## Achievements and Performance

| | SORP reference | |
|---|---|---|
| Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole. | Para 1.20 | SAC were committed to competing in the following leagues in 2020/21. Due to the impact of the pandemic, many of the leagues were held in local divisions and had a reduced number of fixtures.<br><br>• National Athletic League (NAL)<br>• Southern Athletic League<br>• Young Athletes Development League (YDL) Lower and Upper Age group<br>• Wessex Track & Field League<br>• Hampshire Cross Country League<br>• Wessex Cross Country League<br>• Cross Country 6 League<br>• Hampshire Road Race League<br>• RR10 League<br>• Hampshire Vets Track & Field League<br><br>The pressure on our remaining volunteers, specifically officials, was evident in the league fixtures when on occasion we were unable to fulfil our requirement and despite best efforts could not host additional fixtures. We were again able to hold Opens at Southampton and, for the first time in recent history, we held an Endurance Event in July. Much thanks to Noel O'Dowd for organising this and using local companies to provide the entry system and chip timing. We look forward to this becoming a regular event on our competition calendar.<br><br>Our Track and Field home fixtures ended in September with a visit from Southampton City Mayor and Sheriff. Our Club President, Mary Axtell, was host for the day and both guests had a tour of the track and the Mayor found some time to talk to some of our younger Academy athletes.<br><br>Another notable visitor was Richard Browning of Gravity Industries who set three Guinness World Records at the Southampton track in 400mH, 100m and Pole Vault using a Jetpack!<br><br>During the summer Nicci Bollinger, Rob Shenton and Gemma Barry launched the #RunandTalk programme. They host monthly 5k runs, set at your pace, to |

| | | |
|---|---|---|
| | | support all members with a focus on getting out and enjoying running and having a chat. The programme is a great opportunity to meet new members and run with others.<br><br>A huge thanks this year goes to Diane Reavey, her family and Jon Tilt's training group for giving the cabins a much needed facelift along with making them watertight, building false walls and redecorating inside and out. A huge undertaking producing dramatic results.<br><br>This year a small group of the committee turned their hand to detective work. It's not every day an email arrives with the message 'Someone from Australia has left you some money in their will' and with multiple checking of facts this turned out to be from the estate of Martin Hedges who was a runner with Southampton Amateur Athletic Club in the 1960s and sadly passed away June 2020, leaving a portion of his estate to SAC. SAC will be looking to invest this money into the club to improve what it offers the athletes and has already purchased an EDM (Electronic Distance Measurement System) for use on long throws, and is investigating Photo Finish / Electronic Start systems for the track.<br><br>In October we all lost a dear friend when Dave Blackman tragically passed away. Dave was part of the fabric of the club, Membership secretary, volunteer, athlete and all round amazing indiviual who will be missed by all.<br><br>We end the year with good news, Jon Tilt was awarded Regional Coach of the year for the South East Region and was shortlisted as one of two coaches for the England Athletics Coach of the year award.<br><br>In December we launched our 10 Year strategy. This has been worked on over the last few years, initiated by the member survey by England Athletics in 2019. This strategy will give direction as to how the club develops, and will inform any long term decisions. The aim is to involve our members in the future direction of the club, with focus groups and projects to mark the way forward in achieving our objectives.<br><br>Once again our Netley 10K event has been postponed for another year, currently scheduled to take place in May 2022. |

| | | |
|---|---|---|
| | | You will all, hopefully, have seen the public consultation from Southampton City Council on the redevelopment of the Outdoor Sports Centre. We will continue to work with SCC on refining their plans for the Athletics track and look forward to seeing these plans implemented and for the athletics facilities to be developed to meet the needs of SAC and the athletic community now and for the future.<br><br>A huge thank you to all the athletes, coaches, team managers, officials, committee and volunteers for their continued support in what has once again been a challenging year. |

**Additional information (optional)**
You may choose to include further statements where relevant about:

| | | |
|---|---|---|
| Achievements against objectives set | Para 1.41 | |
| Performance of fundraising activities against objectives set | Para 1.41 | |
| Investment performance against objectives | Para 1.41 | |
| Athletic Performance & Achievement | | Athletic Achievement for the year to 30 September 2021 is detailed in a separate report (attached) |

## Financial Review

| | | |
|---|---|---|
| Review of the charity's financial position at the end of the period | Para 1.21 | This has again been an extraordinary year due to the restrictions on athletics competition in the summer season of 2021 and again in the winter months where multiple lockdowns prevented indoor and outdoor training.<br><br>Membership fees of £37.4k have increased in this financial year to 80% of the pre-pandemic levels, with some members opting to take a reduced subscription offered by the Club as a result of Covid-19. The X-Country season was almost cancelled in its entirety, and the restricted summer season and lack of athletics activity in schools made it difficult to both retain and attract membership. In particular the delays to the Sports Centre development & improvement to the existing facilities which have deteriorated significantly, continues to be a factor.<br><br>The operating surplus (excluding the charitable donation received of £42,580) was £1,764. Because of the reduced costs of hiring training venues due to Covid-19 of £13.1k (in comparison to £22.6k two years ago) and the localisation of league fixtures, which negated the necessity to pay travel and hotel costs to athletes (£7.7k two years ago), the Committee took the decision to invest surplus funds into the purchase of poles and other training equipment, principally for the Aacdemy and throws group (free acquisition of £1,000 of throwing equipment through a donation from Eveque)<br><br>The Club's agreement with main facility provider, Active Nation expired on 31/12/2020. We have met and have agreed a new 5 year contract with no increase to basic cost.<br><br>In addition, the Cabins were in very poor condition and repair costs of £7.5k were deemed necessary with the Sports Centre redevelopment not expected prior to 2023. Southampton Council have agreed to assist with a grant of £4.4k which will be received in the next financial year. To try to attract more helpers, who are vital to the operation of Club activities, polo shirts were offered to coaches, officials and team managers. The cost of £860 was included in equipment costs. |

| | | |
|---|---|---|
| | | No costs were incurred for the Netley 10k road race, which has been deferred to 2022. The income earned in 2020 of circa. £8k has been retained to cover the associated costs.<br><br>Bank charges appear high as they include £987 in collection fees for our subscriptions from London & Zurich, our new provider. These were cheaper than GoCardless whose charges were previously netted off against receipts.<br><br>Donations and bequests - During this financial year, the Club received an extraordinary donation of £42.4k from the will of the late Martin Hedges, a former member who had emigrated to Australia and sadly passed away in June 2020. The Committee's intention is to invest these funds into improving systems and resources to improve our athletic experience for competition and training. Suggestions from our members have been submitted and are being thoroughly researched by a sub-group.<br><br>In pre-pandemic years it would normally be the committee's policy to allocate approximately 30% of the operating surplus arising that year to the forward funding reserve, however the small operating surplus in this financial year has been retained in liquid funds to ensure that winter training venue and competition liabilities can be met in 2022, when normal athletic activities are expected to resume.<br><br>Once we have have a full year of unrestricted activity, a financial review will be undertaken to determine the level of reserve funds required. Deposit monies are being specifically retained for investment in the proposed new club house, and to use updated technology such as EDM measuring and photo finish and electric start systems, once the Sports Centre development has been completed.<br><br>It is also the aim to monitor closely the benefit to members of hosting the Netley 10k and various types of open competitions against the individual costs incurred to determine the best use of membership subscription. |

| | | |
|---|---|---|
| Statement explaining the policy for holding reserves stating why they are held | Para 1.22 | The purpose of the reserve headings are as detailed below:<br><br>General Reserves - At the discretion of the management committee these reserves are available to use in the future on capital projects or to fund the ongoing activities of the club as required;<br><br>Forward Funding Reserve - This reserve is set aside to meet any major or capital expenditure of the club that may be incurred in future periods. This expenditure is of a non recurrent or cyclical nature and is not intended to be used to cover the ongoing daily activities of the club. |
| Amount of reserves held | Para 1.22 | Fixed term deposits - unrestricted £71,918<br><br>Cash at bank at 30/09/2021 - unrestricted £107,403 (including donation of £42436.40 from the Estate of the Late Martin Hedges) restricted £1,005 from donations |
| Reasons for holding zero reserves | Para 1.22 | Not applicable |
| Details of fund materially in deficit | Para 1.24 | Not applicable |
| Explanation of any uncertainties about the charity continuing as a going concern | Para 1.23 | Not applicable |

**Additional information (optional)**

You may choose to include further statements where relevant about:

| | | |
|---|---|---|
| The charity's principal sources of funds (including any fundraising) | Para 1.47 | |
| Investment policy and objectives including any social investment policy adopted | Para 1.46 | |
| A description of the principal risks facing the charity | Para 1.46 | |
| Other | | |

## Structure, Governance and Management

| | | |
|---|---|---|
| Description of charity's trusts: | | |
| Type of governing document (trust deed, royal charter) | Para 1.25 | CONSTITUTION |
| How is the charity constituted? (e.g unincorporated association, CIO) | Para 1.25 | CHARITABLE INCORPORATED ORGANISATION |
| Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | Trustees are elected at the AGM.<br><br>The Chair advised the AGM on changes to the interpretation of the Constitution which was set up in 2014 with two governing bodies; a Board of Trustees which granted delegated authority to the Committee. Advice received from England Athletics suggested that this structure placed the Board of Trustees in a potentially difficult situation from a governance perspective which has resulted in the move to one governing body. All existing Trustees were made aware of this change and given the option to join the committee. The second procedural change concerns the election of Committee members. Hitherto the whole Committee stood down at the AGM and put themselves forward for re-election if they so wished. Henceforth the longest serving one third of the Commitee membership will stand down and stand again for re-election if they wish. SAC's intention is to review governance and club policies as part of the 10 Year Strategy. This is also a precondition set by England Athletics for their affiliation renewal process. |

**Additional information (optional)**
You may choose to include further statements where relevant about:

| | | |
|---|---|---|
| Policies and procedures adopted for the induction and training of trustees | Para 1.51 | |
| The charity's organisational structure and any wider network with which the charity works | Para 1.51 | |
| Relationship with any related parties | Para 1.51 | |

| | | |
|---|---|---|
| | | |
| Other | | |

## Reference and Administrative details

| | |
|---|---|
| Charity name | Southampton Athletic Club CIO |
| Other name the charity uses | |
| Registered charity number | 1158398 |
| Charity's principal address | 43 Moorgreen Road<br>West End<br>Southampton<br>SO30 3EB |
| | |

**Names of the charity trustees who manage the charity**

| | Trustee name | Office (if any) | Dates acted if not for whole year | | Name of person (or body) entitled to appoint trustee (if any) |
|---|---|---|---|---|---|
| 1 | Mary Axtell | Club President | | | |
| 2 | Tim Hall | Vice-Chair | | | |
| 3 | Richard Pearson | | | | |
| 4 | Tracey Jones | Chair | | | |
| 5 | Deborah Callaway | Treasurer | | | |
| 6 | Derek Warn | | | | |
| 7 | Diane Reavey | Secretary | | | |
| 8 | | | | | |
| 9 | | | | | |
| 10 | | | | | |
| 11 | | | | | |
| 12 | | | | | |
| 13 | | | | | |
| 14 | | | | | |
| 15 | | | | | |
| 16 | | | | | |
| 17 | | | | | |
| 18 | | | | | |
| 19 | | | | | |
| 20 | | | | | |

Corporate trustees – names of the directors at the date the report was approved

| Director name | | |
|---|---|---|
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |

Name of trustees holding title to property belonging to the charity

| Trustee name | Dates acted if not for whole year | |
|---|---|---|
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |

## Funds held as custodian trustees on behalf of others

| | |
|---|---|
| Description of the assets held in this capacity | |
| Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects | |
| Details of arrangements for safe custody and segregation of such assets from the charity's own assets | |

**Additional information (optional)**

**Names and addresses of advisers (Optional information)**

| | Type of adviser | Name | Address |
|---|---|---|---|
| | | | |
| | | | |
| | | | |
| | | | |

| | Name of chief executive or names of senior staff members (Optional information) |
|---|---|
| | |

## Exemptions from disclosure

Reason for non-disclosure of key personnel details

## Other optional information

## Declarations

**The trustees declare that they have approved the trustees' report above.**

**Signed on behalf of the charity's trustees**

| | | |
|---|---|---|
| **Signature(s)** | | |
| **Full name(s)** | Tracey Jones | Deborah Callaway |
| **Position (eg Secretary, Chair, etc)** | Chair | Treasurer |
| **Date** | 30/04/2022 | |

# Southampton Athletic Club

Registered Charity Number 1158398

## Track and Field League Positions in 2021

With the season being competed locally some leagues adopted a performance based scoring to enable the leagues to produce comparable results across the divisions and some continued with the more traditional points per event results. The final league positions are below.

| League & Division | Position | Total No of teams |
|---|---|---|
| Wessex | 16 | 25 |
| LAG YDL – Southern South West | 5th | 6 |
| UAG YDL – Southern South West | 4th | 6 |
| SAL | 31 | 96 |
| NAL – Premiership | 13 | 16 |

## Athletic Achievement

Individual notable athletic achievements this year were:

- Oliver Bromby first individual GB vest for indoors 60m and finished 2nd in the UK for 60m
- Dan Offiah making the Semi- final of the England Athletics National Championships for 10m
- Zakariya Mahamed came 9th in the 8KXC U23 SPAR European Cross Country Championships
- Mahamed Mahamed came 17th in Müller British Athletics 10,000m Championships & European 10,000m Cup
- Lucy Short finished 4th in the rankings for 800m in V35.

## The Academy

The Academy has gradually grown in size over the last twelve months and is now home to 115 athletes, 55 in the Fundamental Academy (school years 4&5) and 61 in the Foundation (yrs 6&7) and over 100 on the waiting list. We have also grown in our coaching team with 10 regular coaches including two volunteers for their Duke of Edinburgh award. This summer season ended with a game of rounders and we said goodbye to two coaches who left to start university and the older athletes who graduated from the Academy to continue their athletics in the event level groups.

A highlight of the year from the Academy goes to Megan Watts who made a film of the July Wessex League, the video can still be seen on the clubs Facebook pages.

## Throws Group

A difficult year with very restricted facility usage and reduced competitive opportunities, however there were still some very impressive performances.

Olivia Austen took silver in the discus at both English Schools and U17 England Athletics National Championships and was awarded her first England vest, taking the title at the Schools International event in September. Olivia finished the season at 2nd in the UK U17 discus rankings, 11th in the shot and 20th in the hammer.

Anna Merritt took the bronze medal in the hammer at the English Schools Championships and placed 5th at the U20 England Championships. Anna was 5th in the U20 UK hammer rankings and also broke the Hampshire County U20 hammer record.

Elizabeth Adamson also won a bronze medal in the discus at the English Schools Championships and finished the season at 12th in the UK U20 rankings in this event.

Gracie Jenvey won a bronze medal at the U17 England Athletics National Championships in the hammer and also finished 8th in the English Schools and 4th in the UK School Games. Gracie finished the season at 8th in the UK U17 hammer rankings.

Jasmine Larsen won a bronze medal at the U17 England Athletics National Championships in the javelin, and also placed 4th in the English Schools and 6th in the UK School Games. Jasmine finished the season at 8th in the UK U17 javelin rankings.

Jessica Bennett took 4th place in the English Schools Championships in the hammer and finished the season at 8th in the UK U20 hammer rankings.

Brad Jenvey placed 7th in the U20 England Championships and 9th in the English Schools in the javelin and finished the season at 9th in the UK U20 javelin rankings.

Joshua Douglas was ranked 6th in the U23 UK discus rankings and 8th in the U23 UK shot rankings and won the bronze medal in the England Athletics National U23 Championships and 4th place in the shot. Josh also took his first senior Hampshire title in the shot and placed 2nd in the discus.

Olly Coulibaly had a great season in the U13 age-group, taking Hampshire titles in both the discus and shot and placing 2nd in the javelin. He finished the season ranked 2nd in the UK in the discus and 8th in the shot.

Aaron Axtell finished 1st in the UK U13 hammer rankings with a performance that also ranked him 32nd in the UK all-time list for this age-group.

Other Hampshire County medalists were golds for Olivia Austin in the U17 discus and shot and silver in the hammer; Gracie Jenvey in the U17 hammer and Jasmine Larsen in the U17 javelin. Anna Merrit took gold in the U20 hammer and Brad Jenvey silver in the U20 javelin. In the U17 boys age-group, Travis Scottow won gold in the shot and finished the season ranked 18th in the UK and Jacob Axtell won gold in the javelin and finished the season ranked 21st in the UK. Both have a further year in this age-group.

Samantha Callaway and Rhys Allen, who are members of the local training group and still second claim members of SAC won Great Britain vests in 2021, with Sam throwing the discus for GB U20 in the Loughborough International and placing 8th in the European U20 Championships in Tallin and Rhys also throwing the discus for GB U20 in the Loughborough International and GB U18 in the Manchester International and also the shot for England U18s at Moulton in September.

### Junior Sprint Group, Pete Wareing

We have only been back to full training since March2021. But still achieved lots of PBS. Training was very fragmented last year- but we still saw lots of good improvements, And this year with training going so well, I expect some big performances. The core group works very well together helping and encouraging each other. A well balanced group of Athletes that the club is well pleased with. We have kept our numbers up all Winter. Average for Tuesdays 24. Attendance at all sessions has been really good. I am looking forward to a successful 2022.

**Katy and Tim's Sprint Group**

In what turned out to be a busy 3½ month track season, many athletes had notable performances:

- Codi Atkinson finished the U15 age group top of the club rankings for 100m (12.28) and 200m (25.54), both PBs.
- Jess Heads gained PB's in the 100m (13.81) and 200m (29.13)
- Lucy Davis improved her 100m PB to 13.18 seconds
- Zian Matthias reduced her 200m PB to 28.06 seconds
- Maddie Annells took her legal 100m time down to 13.0 in the 100m and improved her 200m PB to 26.86 breaking the 27 sec barrier for the first time.
- Tabitha Proudley in her first year as an U20 and learning a new event, 400m Hurdles, ran a PB of 69.4
- Tom Hockley took half a second off his 200m time to run a PB of 22.9 and dipped under 50 seconds for the first time in the 400m to set a PB of 49.93
- Joe Bass took 2 seconds off last year's 400m PB to run 53.6
- James Mitchell took 3.6 seconds off his 400m PB also running 53.6
- Rowan Gomanee started the season running his first ever 400m in the Southampton Open with 53.53, and finished topping the club rankings for U17 men in 52.68
- Tom Odell improved his 100m PB from last year to run 11.4 and almost took 2 seconds off his 200m time to run a PB of 23.4
- Harry McIlroy topped the U17 men's club rankings for the 200m in 23.1 and gaining a 100m PB of 11.4
- Alex Burchill had a fantastic season consistently running under her 400 PB of 62.07. In her last 400m of the season she broke the 60 second barrier for the first time to run 58.44. The wait all season was worth it. Alex's progression extended to the 400 hurdles event (67.27 sec) and in the shorter sprints where her 200m PB was lowered to 26.81.

The U20 women's 4x100m relay team broke the club record achieving 50.2 seconds and ranked 3rd in the South East of England. A time to aim for next year.

The season cultivated in the Hampshire County Championships, held at the end of August, with many of the group competing at Portsmouth:

**2021 County Championship Finalists**

| | | | | |
|---|---|---|---|---|
| U20 | Lucy Davis | 100m | 1st | |
| U17 | Harry McIlroy | 100m | 2nd | |
| U17 | Tom Odell | 100m | 3rd | |
| U17 | Maddie Annells | 100m | 5th | |
| U17 | Harry McIlroy | 200m | 2nd | |
| U20 | Lucy Davis | 200m | 2nd | |
| U15 | Codi Atkinson | 200m | 4th | |
| U17 | Maddie Annells | 200m | 4th | |
| U17 | Tom Odell | 200m | 5th | |
| U17 | Zian Matthias | 200m | 7th | |
| U17 | James Mitchell | 400m | 2nd | 53.6 |
| U17 | Joe Bass | 400m | 4th | 53.6 |

Although not in our group, Emily Fry jumped 5.03m in the Senior Long Jump to become County Champion; and has been a constant presence in the SAL

## Jon and Rich's group (The Mercury Project)

A relatively quiet year for the group with some good solid performances.

- Callum Gregson won the Hampshire schools and set a new 400m hurdles best of 56.78
- Kaytlin Roberts set new bests for the 200 and 400 (27.4/61.5)
- Liam Higgins lowered his 400m time to 51.06 and his brother Jack showed his consistency running under 49 seconds several times.
- Rob Shenton continued improving his 800 and 1500m times and is striving for Invictus games selection in 2022.

Jack, Liam, Callum and Ciaran Dunnion represented the club in the NAL covering 200, 400, hurdles and relays between them.

Jon won Coach of the Year for South East region

## Pete Haynes

Camille King, competing for GB in the World Ironman in the Netherlands. She collected a bronze medal in her age category.

Patrick Atkinson won gold at the Hampshire u15s 1500 this summer and went on to collect Hampshire vests at xc.

Tom Cully has supported the club in the National and Southern athletic league. in the 5000m and 3000sc. Tom is a very dependable athlete for the club on the roads and xc.

Ben Brown won gold at the Hampshire u17s 1500m champs. Finished with a silver at the UK school games 1500m. Came away with a bronze at the Great South run 5k. Ben also won the Lakeside 5k series and the Eastleigh 10k road race.

## Steve Philips and Jim Davies

Many athletes from the group have made significant improvements this season and there are so many people we could discuss who have run personal bests or have competed in teams for the club at county, southern and national events but some of the stand out performers include:

**Fiona de Mauny**

1. 2:11.89 for 800 (fastest vet 35 in the UK in 2021)
2. 5th over 800 at the England Championships

**Natalie Griffiths**

1. Has run PBs over 800 (2:15.48), 1500 (4:30.17), 3000 (9:38.78), 5K (16:44.94) and 10K (35:47) this season
2. 71st in the UK over 3000m in 2021
3. 66th in the UK over 5000m in 2021
4. Part of the team who finished 4th at the national road relays

**Lilly Hawkins**

1. Has run PBs over 400 (59.53), 800 (2:04.83), 1500 (4:15.63), 3K (9:40.80) and 5K (16:26) this season
2. 24th in the UK over 800 in 2021 and 197th on the UK all time list
3. 25th in the UK over 1500 in 2021 and 201st on the UK all time list
4. 6th in the European XC trials over 1 mile
5. Competed in the British Champs over 1500
6. Part of the team who finished 4th at the national road relays

**Catriona Witcombe**

1. Has run PBs over 800 (2:10.32), 1500 (4:32.71) and 3K (9:50.74) this season
2. 72nd in the UK over 800 in 2021
3. 4th over 800 at the Scotland Championships

**Alex Bruce-Littlewood**

1. 11th fastest in the UK over 5 miles in 2021
2. Ran his fastest 3K (8:23.49) and 5K (14:32.98) since 2014
3. Part of the winning team in the south of England XC relays
4. Part of the team who finished 8th in the National XC relays

**William Bryan**

1. 12th at the Great North Run in 64:58 (PB and 20th in the UK in 2021)
2. 5th at the Great South Run in 49:05 (PB and 10th in the UK in 2021)
3. Ran a new PB for 5000m on the track - 14:25
4. Part of the winning team in the south of England XC relays

**Sam Costley**

1. Has run PBs over 800 (1:55.76), 1500 (3:51.88), 3K (8:26.29), 5K (14:48.36) and 10K (30:50) this season
2. 2nd at the Senior England Championships (3K steeplechase)
3. 2nd at the South of England Championships) (3K steeplechase)
4. 3rd at the U23 England Championships (3K steeplechase)
5. Part of the team who finished 8th in the National XC relays

**Pete Hart**

1. Has run PBs over 800 (2:07.55), 1500 (4:00.83), 3K (8:44.67), 5K (14:51), and 10K (30:13) this season
2. 19th fastest in the UK over 5 miles in 2021
3. Part of the team who finished 8th in the National XC relays
4. 4th at the South of England Championships (5000m)

**Rikki James**

1. Has run PBs over 1500 (3:56), 3K (8:28), 5K (14:24) and 10K (30:05) this season
2. 90th in the UK over 10K in 2021

**Aiden Lennan**

1. Has run PBs over 800 (2:00.49), 1500 (3:58.10), 3K (8:32.03), 5K (14:30), 5 miles (23:58) and 10K (30:28) this season
2. 10th fastest in the UK over 5 miles in 2021

**Jacob O'Hara**

1. Has run PBs over 1500 (4:00.55), 3K (8:33.61), 5K (14:55), 5 miles (24:38), 10K (31:00) and 10 miles (50:48) this season
2. 2nd at the Eastleigh 10K
3. 19th at the Great South Run

**Scott Pulley**

1. Has run PBs over 800 (1:58.58), 5 miles (26:43) and 10K (33:22) this season

**SOUTHAMPTON ATHLETIC CLUB CIO**

England & Wales - Charity number 1158398

# Accounts

CHARITY COMMISSION
FOR ENGLAND AND WALES

# Independent examiner's report on the accounts

## Section A Independent Examiner's Report

| | | | |
|---|---|---|---|
| **Report to the trustees/ members of** | Charity Name<br>Southampton Athletic Club CIO | | |
| **On accounts for the year ended** | 30th September 2020 | **Charity no (if any)** | 1158398 |
| **Set out on pages** | 3 to 19<br>(remember to include the page numbers of additional sheets) | | |

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 28th September 2020.

**Responsibilities and basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

| | | | |
|---|---|---|---|
| **Signed:** | | **Date:** | 20/01/2020 |
| **Name:** | Julian Brooke FCCA – H&E Accountants | | |
| **Relevant professional qualification(s) or body (if any):** | Association of Chartered Certified Accountants | | |
| **Address:** | 4 Chepstow Close<br>Chandlers Ford, Eastleigh<br>SO53 4SA | | |

## Section B Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

No items to disclose.

| Southampton Athletic Club CIO | 1158398 |
|---|---|

# Receipts and payments accounts

CC16a

CHARITY COMMISSION FOR ENGLAND AND WALES

| For the period from | 01/10/2019 | To | 30/09/2020 |
|---|---|---|---|

## Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last year to the nearest £ |
|---|---|---|---|---|---|
| **A1 Receipts** | | | | | |
| Membership Fees (net of refunds) | 25,116 | - | - | 25,116 | 46,497 |
| Charitable and corporate donations | 954 | - | - | 954 | 812 |
| Club race - Netley 10k road race | 7,868 | - | - | 7,868 | 9,123 |
| Income from hosting track meetings | 1,839 | - | - | 1,839 | 4,715 |
| Sale of refreshments | 950 | - | - | 950 | 2,175 |
| Sale of merchandise | 527 | - | - | 527 | 2,662 |
| Hosting events | - | - | - | - | 810 |
| Members contributions towards travel | - | - | - | - | 964 |
| Interst received on deposits | - | - | - | - | 174 |
| Other income | 167 | - | - | 167 | 1,274 |
| ***Sub total****(Gross income for AR)* | 37,420 | - | - | 37,420 | 69,207 |
| **A2 Asset and investment sales, (see table).** | | | | | |
| | - | - | - | - | |
| | - | - | - | - | - |
| ***Sub total*** | - | - | - | - | - |
| ***Total receipts*** | 37,420 | - | - | 37,420 | 69,207 |
| **A3 Payments** | | | | | |
| Club race - Netley 10k road race | 854 | - | - | 854 | 3,085 |
| Expenses of hosting track events | 81 | - | - | 81 | 3,284 |
| Purchase of refreshments | - | - | - | - | - |
| Merchandise costs | - | - | - | - | 3,021 |
| Professional fees | 639 | - | - | 639 | 840 |
| Cost of hiring training venues ** | 9,114 | - | - | 9,114 | 22,641 |
| Registration with England Athletics | 5,130 | - | - | 5,130 | 7,725 |

| | | | | | |
|---|---|---|---|---|---|
| Travel and Accommodation | 358 | - | - | 358 | 7,777 |
| Entry fees to races and leagues | 1,058 | - | - | 1,058 | 2,620 |
| Coaching and officials' courses | 1,372 | - | - | 1,372 | 1,098 |
| Affiliation fees | 2,595 | - | - | 2,595 | 2,287 |
| Trophies engravings and prizes | - | - | - | - | 1,798 |
| Social events (net of contributions) | - | - | - | - | - |
| Other expenditure | 1,272 | - | - | 1,272 | 1,853 |
| ***Sub total*** | 22,473 | - | - | 22,473 | 58,027 |

**** (inc refund in 2020 of £198 - Covid)**

| | | | | | |
|---|---|---|---|---|---|
| **A4 Asset and investment purchases, (see table)** | | | | | |
| **Purchase of Equipment** | 1,432 | - | - | 1,432 | 2,529 |
| | - | - | - | - | |
| ***Sub total*** | 1,432 | - | - | 1,432 | 2,529 |
| ***Total payments*** | 23,905 | - | - | 23,905 | 60,556 |
| ***Net of receipts/(payments)*** | 13,516 | - | - | 13,516 | 8,650 |
| **A5 Transfers between funds** | - | - | - | - | - |
| **A6 Cash funds last year end** | - | - | - | - | - |
| ***Cash funds this year end*** | 13,516 | - | - | 13,516 | 8,650 |

## Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---|---|---|---|---|
| **B1 Cash funds** | Fixed term deposits | 71,918 | - | - |
| | Cash at bank | 63,059 | 1,005 | - |
| | Cash in hand | - | - | - |
| | ***Total cash funds*** (agree balances with receipts and payments account(s)) | 134,977 | 1,005 | - |

| | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---|---|---|---|---|
| **B2 Other monetary assets** | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |

| | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|---|---|---|---|
| **B3 Investment assets** | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|---|---|---|---|
| **B4 Assets retained for the charity's own use** | Equipment | unrestricted | - | 11,888 |
| | Merchandise | unrestricted | - | 4,717 |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| | | | |
|---|---|---|---|
| | | - | - |
| | | - | - |
| | | - | - |

## B5 Liabilities

| Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|---|---|---|---|
| Provision to Creditor - Active Nation | Cash at Bank | 4,500 | |
| (currently under investigation but due to be paid by March 2021) | | - | |
| | | - | |
| | | - | |
| | | - | |

Signed by one or two trustees on behalf of all the trustees

| Signature | Print Name | Date of approval |
|---|---|---|
| | Debbie Callaway | 31/7/2021 |
| | Tracey Jones | 9/7/2021 |

CHARITY COMMISSION
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

**From** **01/10/2019** **Period start date** **To** **30/09/2020** **Period end date**

**Charity name: Southampton Athletic Club CIO**

**Charity registration number: 1158398**

## Objectives and Activities

| | SORP reference | |
|---|---|---|
| Summary of the purposes of the charity as set out in its governing document | Para 1.17 | The objectives of the club are established in the constitution which was approved by the trustees on August 28th 2014. The object of the club is the promotion of community participation in healthy recreation for the benefit of the inhabitants of Southampton and the surrounding area by the provision of facilities for athletics and athletic related activities. In setting our objective and planning our activities the trustees have given careful consideration to the Charity Commission's general guidance on public benefit |
| Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts. | Para 1.17 and 1.19 | The club is managed by a Management Committee which meets regularly throughout the year. For the year ending 30 September 2020 the Committee held six full meetings which included the 2019 AGM.<br>Serving Committee members through the year were:<br><br>Tracey Jones<br>Mary Axtell<br>Tim Hall<br>Debbie Callaway<br>Diane Reavey<br>Stuart Saint<br>Elizabeth Pugh<br>Zoe Bond<br>David Blackman<br>Michael Coker<br>Jon Tilt<br>Nicci Bolinger<br><br>The club has an open member's policy and membership of the club is open to anyone |

| | | |
|---|---|---|
| | | who is eligible to join an athletic club under the rules of England Athletics. The club charges a membership fee and the committee strives to keep these fees at an affordable level.<br><br>Last year the club invested in new membership software which continues to be very successful in automating the reporting and accounting of all new membership applications, saving volunteer time and also allowing effective communications to all members through the LoveAdmin portal.<br><br>The year has been dominated by the impact of COVID-19 and the club's energies have been focussed on providing appropriate responses and actions to meet government guidelines.<br><br>Despite this overall membership levels have remained good with 373 competing members. |
| Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit | Para 1.18 | All the charity trustees are volunteers, and have regard to the public benefit guidance when carrying out their duties, whether in administration, safeguarding and in the provision and facilitation of athletic related activities for members |

**Additional information (optional)**

You may choose to include further statements where relevant about:

| | SORP reference | |
|---|---|---|
| Policy on grant making | Para 1.38 | |
| Policy on social investment including program related investment | Para 1.38 | |
| Contribution made by volunteers | Para 1.38 | |
| Other | | |

## Achievements and Performance

| | SORP reference | |
|---|---|---|
| Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole. | Para 1.20 | SAC were committed to competing in the following leagues on 2019/.20. Due to the impact of the pandemic, the majority of these were cancelled, and in the case of the winter season, fixtures were not completed.<br><br>• National Athletic League (NAL) formerly the British Athletic League (BAL) and the UK Women's League (UKWAL)<br>• Southern Athletic League<br>• Young Athletes Development League (YDL) Lower and Upper Age group<br>• Wessex Track & Field League<br>• Hampshire Cross Country League<br>• Wessex Cross Country League<br>• Cross Country 6 League<br>• Hampshire Road Race League<br>• RR10 League<br>• Sportshall<br>• Hampshire Vets Track & Field League<br><br>Athletic Achievement for the year to 30 September 2020 is detailed in a separate report.<br><br>SAC were able to respond swiftly to the National Lockdown announced in March 2020, immediately suspending membership renewals and entries to the Netley 10K. Good communications were maintained throughout the club with regular updates to the website, Facebook and WhatsApp groups. Coaching groups were able to adapt to changes and continued to motivate and provide training for their athletes. SAC coaches worked together to ensure a safe phased return to training on the track.<br>SAC successfully hosted 3 Open Meets in September 2020; two specifically for throwing events and one for track and pole vault. These meetings were held with strict adherence to England Athletics guidelines and delivered many personal bests for SAC athletes and those from surrounding clubs.<br>SAC also invested in WiFi and contactless payments on site for refreshment and kit sales in line with COVID-19 restrictions.<br>The SAC Academy was able to resume in August 2020 with 4 summer courses at the Outdoor Sports Centre, and regular weekly Academy sessions started in September.<br>Membership numbers remain healthy with |

| | | |
|---|---|---|
| | | 90 active members and a further 30 on the waiting list.<br>SAC Committee have started work on the recommendations of the England Athletics Club Review made in late 2019 with a redesigned website, a review of athlete club records and a, biography SAC's internationals athletes. Work is also underway on formalising Club policies and procedures.<br>Discussions with Southampton City Council on the redevelopment of the Outdoor Sports Centre are progressing, albeit slowly. |

**Additional information (optional)**
You may choose to include further statements where relevant about:

| | | |
|---|---|---|
| Achievements against objectives set | Para 1.41 | |
| Performance of fundraising activities against objectives set | Para 1.41 | |
| Investment performance against objectives | Para 1.41 | |
| Athletic Performance & Achievement | | **Athletic Achievement for 2019/20**<br><br>In a normal year Southampton Athletic Club would celebrate its athletes and volunteers at the annual awards evening. The Club's athletic year ending in autumn 2020 was far from normal. Despite the challenges of the year, the missed competitions, with creative solutions to coaching and training through the year, the club has an impressive list of Athletic Achievements.<br><br>The information here was sourced from 'The Power of 10 Website' and directly from the |

| | | |
|---|---|---|
| | | coaches, it does not claim to be a complete list of achievements but highlights a few.<br><br>The 2019/20 Season before March 2020 started well with the following athlete achievements:<br><br>• **Mahamed Mahamed** Winning both the BUCS Cross Country Championships in February 2020 and the CAU Inter County Championships (inc. British Athletics Cross Country Challenge) In March 2020<br>• **Laura Brenton** won an England Vest for road running and finished 17th at the 3k Armagh International Road Races<br>• **Zakariya Mahamed** won the English National Cross Country for U20M and came 15th in the Senior International Cross Country in Spain winning his first England Vest<br>• Five Athletes from SAC represented Hampshire in the U15W English Schools Cross Country in Liverpool, **Iszy Hinkley**, **Annie Mann**, **Katie Youp**, **Robyn Fossa** and **Lucy Philips**. Robyn and Annie both qualified for the Schools International which unfortunately did not take place.<br>• **Thomas Hockley** winning silver in the England Athletics U17 indoor 400m Championships in February 2020<br>• **Jack Higgins** winning bronze in the England Athletics U20 indoor 400m Championships<br>• **Adam Jones** gaining the qualifying standard and competing in the British Indoor Championships in February finishing 7th<br>• **Tracy Bezance**, British Masters Indoors W55 Champion 400m and 200m<br>• **Mark Collins**, British Masters Indoors M45 Silver 200m and Bronze 60m |

| | | |
|---|---|---|
| | | In a very difficult year for Southampton AC throwers, with all outdoor age-group championship competition cancelled, the junior athletes in particular had limited opportunities, but produced some great performances to achieve multiple PB's and impressive National rankings, which has provided the motivation to keep up their training through the challenging winter months, hopefully in preparation for a successful summer season in 2021. Notable achievements were from:<br><br>**Joshua Douglas** UK U20 discus ranking - 1st;<br><br>**Anna Merritt** UK U20 hammer ranking - 3rd & discus - 11th;<br><br>**Brad Jenvey** UK U20 javelin ranking - 4th;<br><br>**Jessica Bennett** UK U20 hammer ranking - 11th;<br><br>**Elizabeth Adamson** UK U20 discus ranking - 10th;<br><br>**Olivia Austin** UK U17 discus ranking - 4th;<br><br>**Gracie Jenvey** UK U17 hammer ranking - 8th;<br><br>**Jasmine Larsen** UK U17 javelin ranking - 7th;<br><br>**Travis Scottow** UK U15 shot ranking - 2nd & discus - 4th;<br><br>**Jacob Axtell** UK U15 javelin ranking - 4th<br><br>**In addition, Chris Scott won a bronze medal in the Senior British Championships in September 2020 in the discus** |

## Financial Review

| | | |
|---|---|---|
| Review of the charity's financial position at the end of the period | Para 1.21 | The operating surplus in this extraordinary year (surplus before purchase of equipment and excluding restricted receipts and payments) was £15,348 (2019: £12,509). This was specifically inflated by delayed payments due to Active Nation totalling £4,500 relating to the accounting year, but not settled until after the year end, and the impact of cancelled activities e.g. league competitions, the awards evening and indoor facility hire. In addition, the accounts show the benefit of £9,707 income from the postponed Netley 10K race (which will hopefully take place later in 2021) and our late season open meetings, where costs totalling approximately £4,000 will be deferred to the 2021 accounts.<br><br>As a result of the Covid-19 pandemic and the loss of 4 months of athletic activity, including most of the competitive season in the summer of 2020, the committee agreed to offer individual members a 40% reduction in their 2020 subscription to be paid by way of refund, or the option of a reduction to their 2021 subscription, which will be payable in April. The membership understandably fell from 476 in 2019 to 373 in 2020, as a result of Covid-19 and the committee are expecting a further potential fall resulting from a number of reasons including the continuing situation with the pandemic, the lack of investment and further deterioration of the athletics track at the Southampton Sports Centre and the challenge of the new Sports Centre which is due to open adjacent to the track in nearby Winchester.<br><br>Donations and bequests - During this year, the club received entry fees for the 'Mile of Miles' Charitable race amounting to £883.30, which was then subsequently donated in full to the Charity MIND. |

| | | |
|---|---|---|
| | | It would normally be the committee's policy to allocate approximately 30% of the operating surplus arising in the year to the forward funding reserve, however on the assumption that athletic activity will be able to recommence from the start of the summer season, the costs that will be payable, which will also include league hosting and travel costs (£9,221 in 2019) are expected to exceed the expected income from subscriptions, open meetings and donations, once all the payments delayed from the previous year are completed. The Club currently has a surplus position in the General Reserve accounts which will comfortably cover the deficit, and enable the Cub to absorb the subscription reductions and keep the fees at the same level to support our members in this challenging year.<br><br>We will be undertaking a review of the charity's internal financial controls during 2020-21 and also have an ongoing review of our expenses policy to ensure that we continue to strike a balance between supporting the athletes in a sustainable way that avoids a loss in a normal accounting period (not affected by Covid-19 pandemic) |
| Statement explaining the policy for holding reserves stating why they are held | Para 1.22 | The purpose of the reserve headings are as detailed below:<br><br>General Reserves - At the discretion of the management committee these reserves are available to use in the future on capital projects or to fund the ongoing activities of the club as required;<br><br>Forward Funding Reserve - This reserve is set aside to meet any major or capital expenditure of the club that may be incurred in future periods. This expenditure is of a non recurrent or cyclical nature and is not intended to be used to cover the ongoing daily activities of the club. |

| | | |
|---|---|---|
| Amount of reserves held | Para 1.22 | Fixed term deposits – unrestricted £71,918<br><br>Cash at bank at 30/9/2020 – unrestricted £63,059 (restricted £1,005 from donations) |
| Reasons for holding zero reserves | Para 1.22 | Not applicable |
| Details of fund materially in deficit | Para 1.24 | Not applicable |
| Explanation of any uncertainties about the charity continuing as a going concern | Para 1.23 | Not applicable |

**Additional information (optional)**

You may choose to include further statements where relevant about:

| | | |
|---|---|---|
| The charity's principal sources of funds (including any fundraising) | Para 1.47 | |
| Investment policy and objectives including any social investment policy adopted | Para 1.46 | |
| A description of the principal risks facing the charity | Para 1.46 | |
| Other | | |

## Structure, Governance and Management

| | | |
|---|---|---|
| Description of charity's trusts: | | |
| Type of governing document (trust deed, royal charter) | Para 1.25 | CONSTITUTION |
| How is the charity constituted? (e.g unincorporated association, CIO) | Para 1.25 | CHARITABLE INCORPORATED ORGANISATION |
| Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | Trustees are appointed by the management committee of the club or by members of the club at the Annual General Meeting |

**Additional information (optional)**
You may choose to include further statements where relevant about:

| | | |
|---|---|---|
| Policies and procedures adopted for the induction and training of trustees | Para 1.51 | |
| The charity's organisational structure and any wider network with which the charity works | Para 1.51 | |
| Relationship with any related parties | Para 1.51 | |
| Other | | |

## Reference and Administrative details

| | |
|---|---|
| Charity name | Southampton Athletic Club CIO |
| Other name the charity uses | |
| Registered charity number | 1158398 |
| Charity's principal address | 43 Moorgreen Road<br>West End<br>Southampton<br>SO30 3EB |
| | |

**Names of the charity trustees who manage the charity**

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|---|---|---|---|---|
| 1 | Mary Axtell | Club President | | |
| 2 | Tim Hall | Vice-Chair | | |
| 3 | Richard Pearson | | | |
| 4 | Alan Cropp | | | |
| 5 | Rebecca Mulley | | At AGM – Dec 2019 | |
| 6 | Derek Warn | | At AGM – Dec 2019 | |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |
| 11 | | | | |
| 12 | | | | |
| 13 | | | | |
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| 15 | | | | |
| 16 | | | | |
| 17 | | | | |
| 18 | | | | |
| 19 | | | | |
| 20 | | | | |

Corporate trustees – names of the directors at the date the report was approved

| Director name | | |
|---|---|---|
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |

Name of trustees holding title to property belonging to the charity

| Trustee name | Dates acted if not for whole year | |
|---|---|---|
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |

## Funds held as custodian trustees on behalf of others

| | |
|---|---|
| Description of the assets held in this capacity | |
| Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects | |
| Details of arrangements for safe custody and segregation of such assets from the charity's own assets | |

**Additional information (optional)**

**Names and addresses of advisers (Optional information)**

| Type of adviser | Name | Address |
|---|---|---|
| | | |
| | | |
| | | |
| | | |

**Name of chief executive or names of senior staff members (Optional information)**

| |
|---|
| |

## Exemptions from disclosure

Reason for non-disclosure of key personnel details

| |
|---|
| |

## Other optional information

| |
|---|
| |

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

| | | |
|---|---|---|
| Signature(s) | | |
| Full name(s) | DEBORAH CALLAWAY | |
| Position (eg Secretary, Chair, etc) | TREASURER - | |
| Date | 31/7/2021 | |